



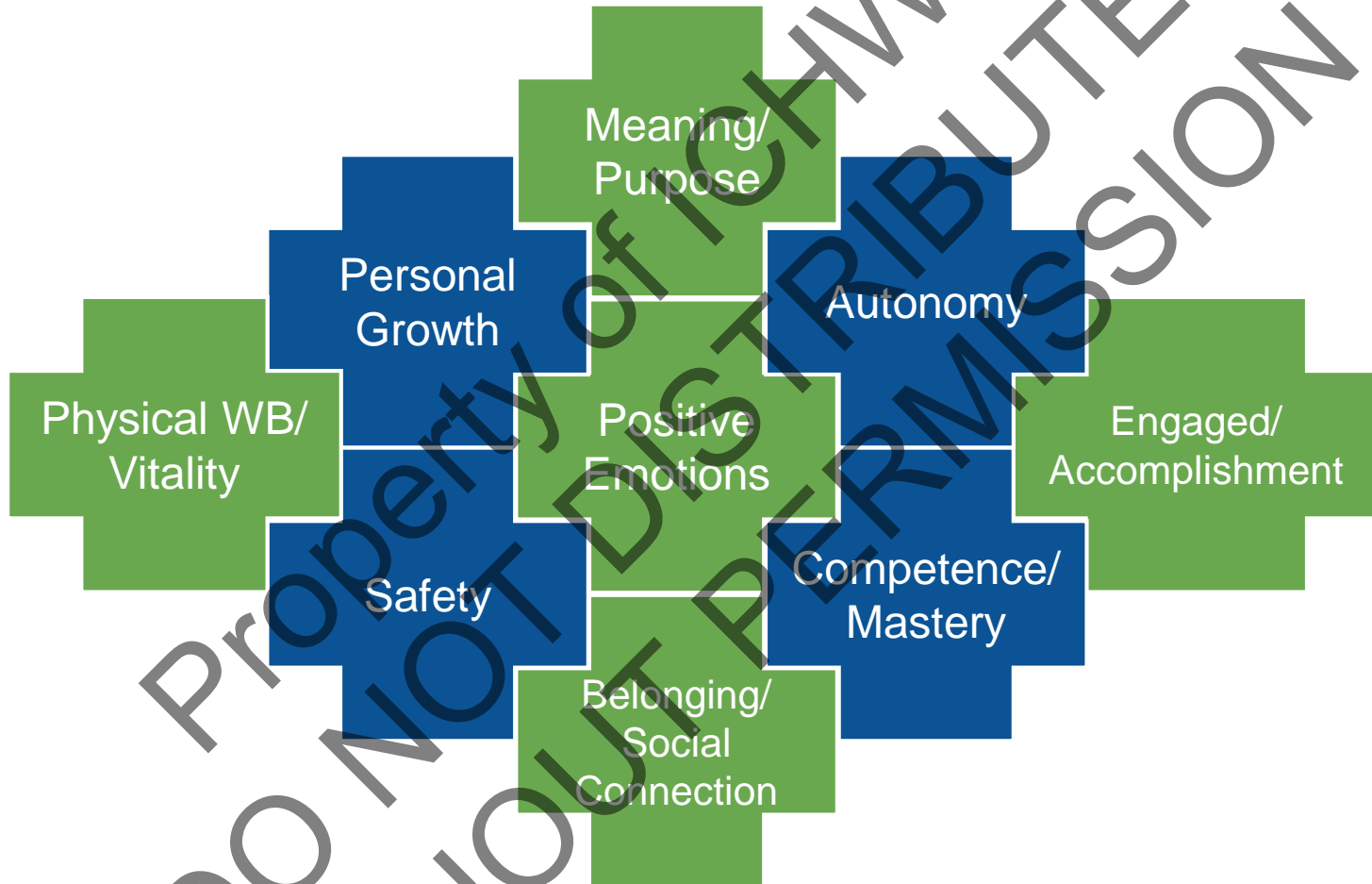
An Integrated Approach to Healthy Workplaces

Cristina Banks, PhD
Director, Interdisciplinary Center for Healthy Workplaces



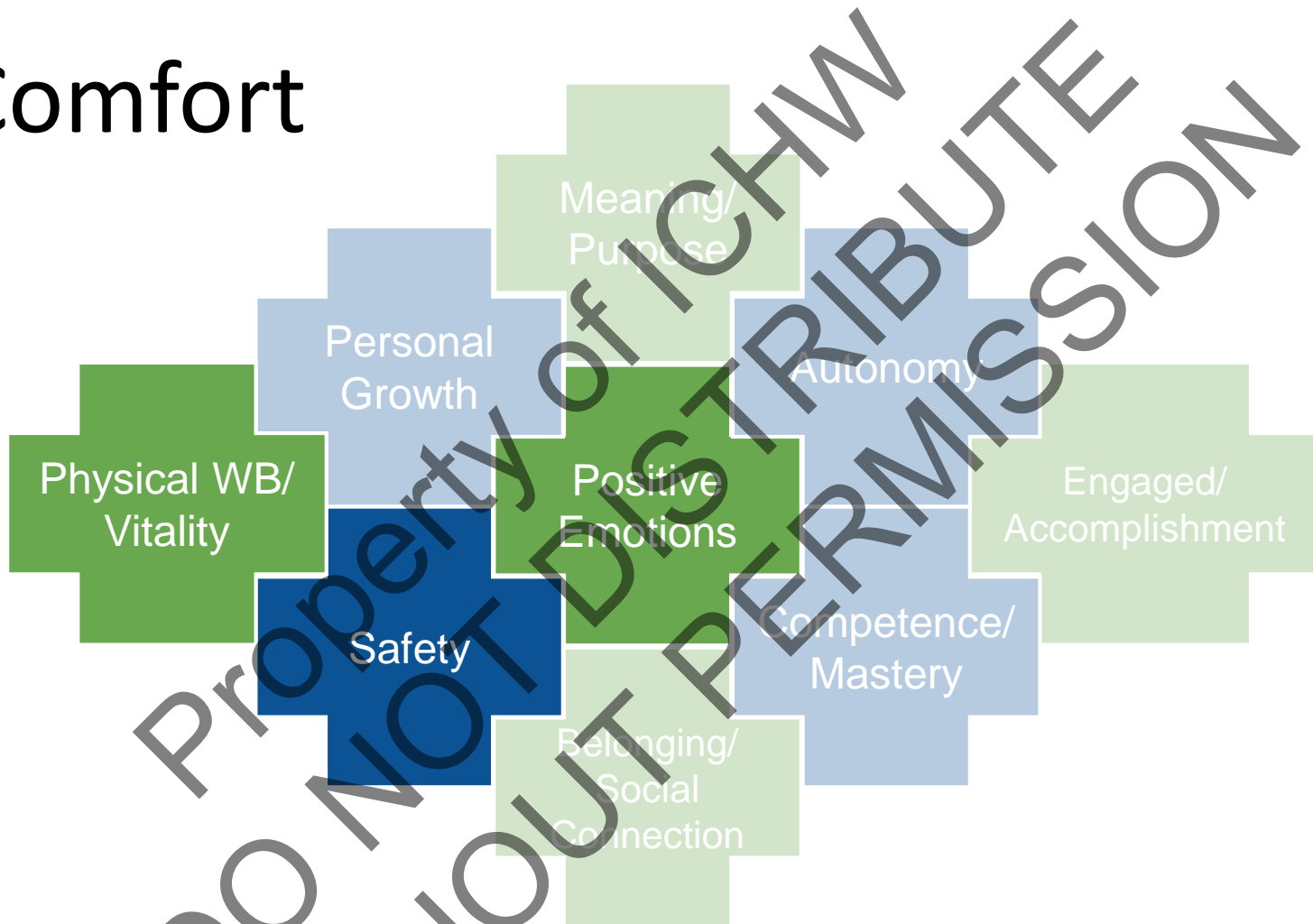
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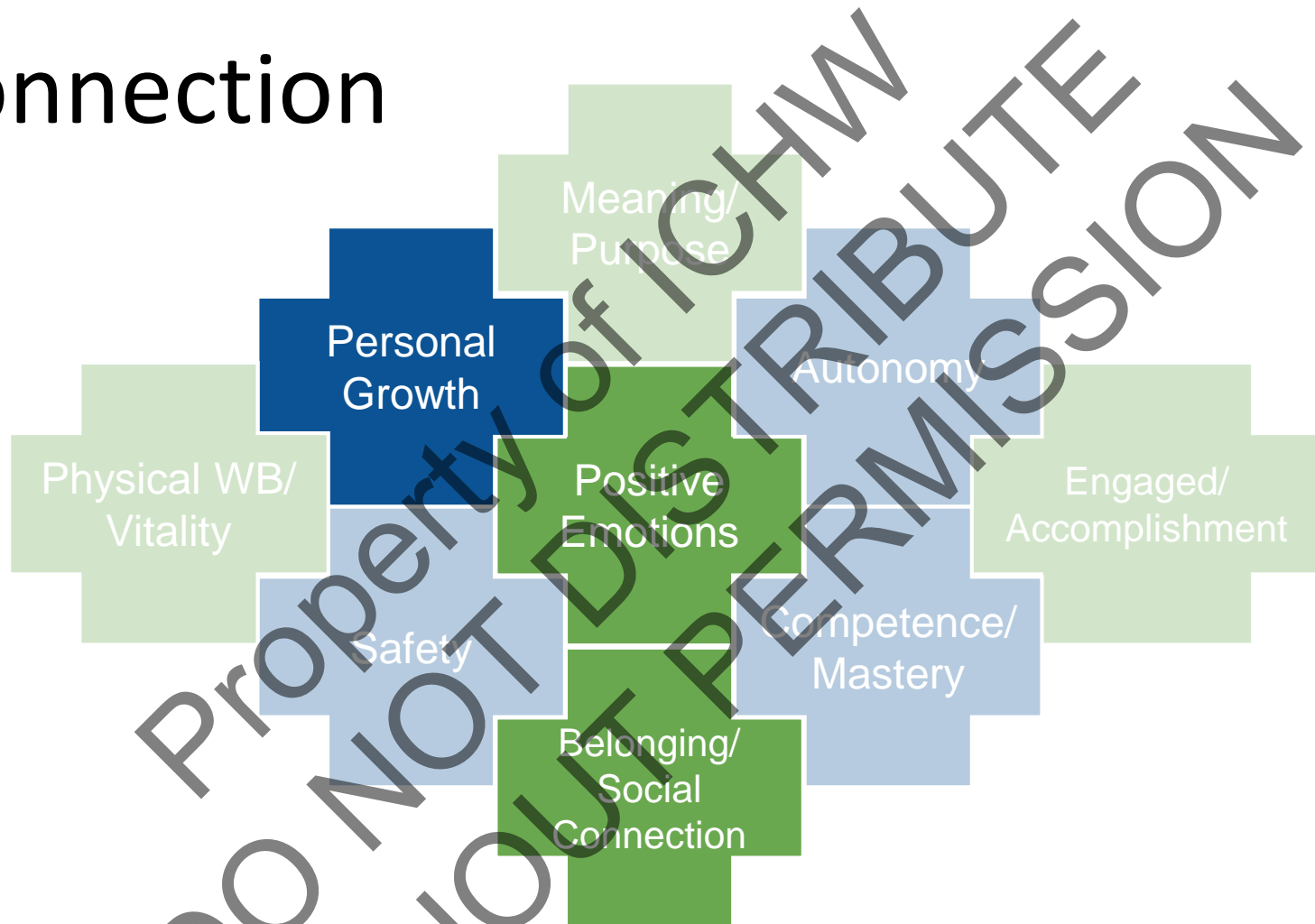


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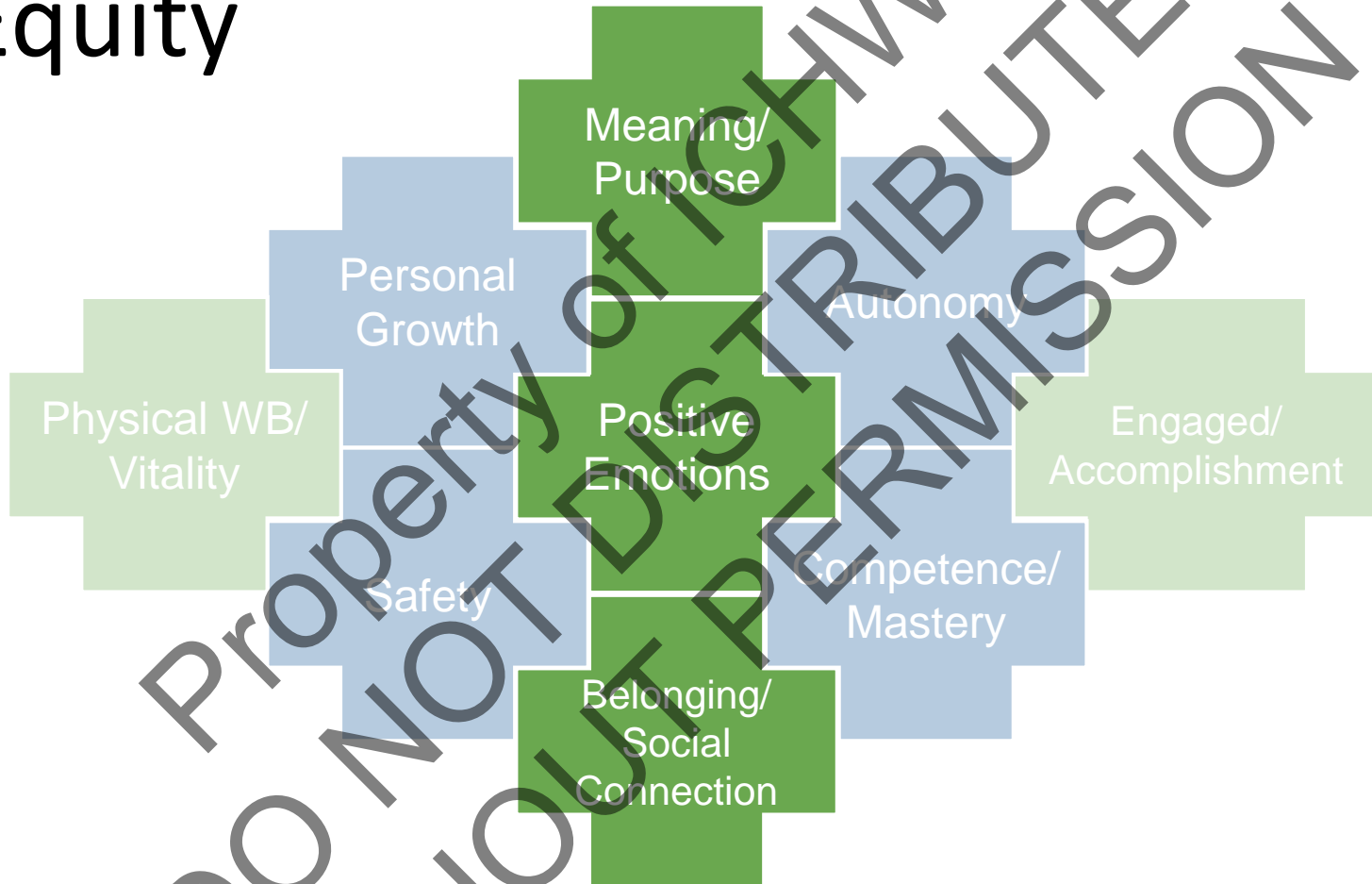
Comfort



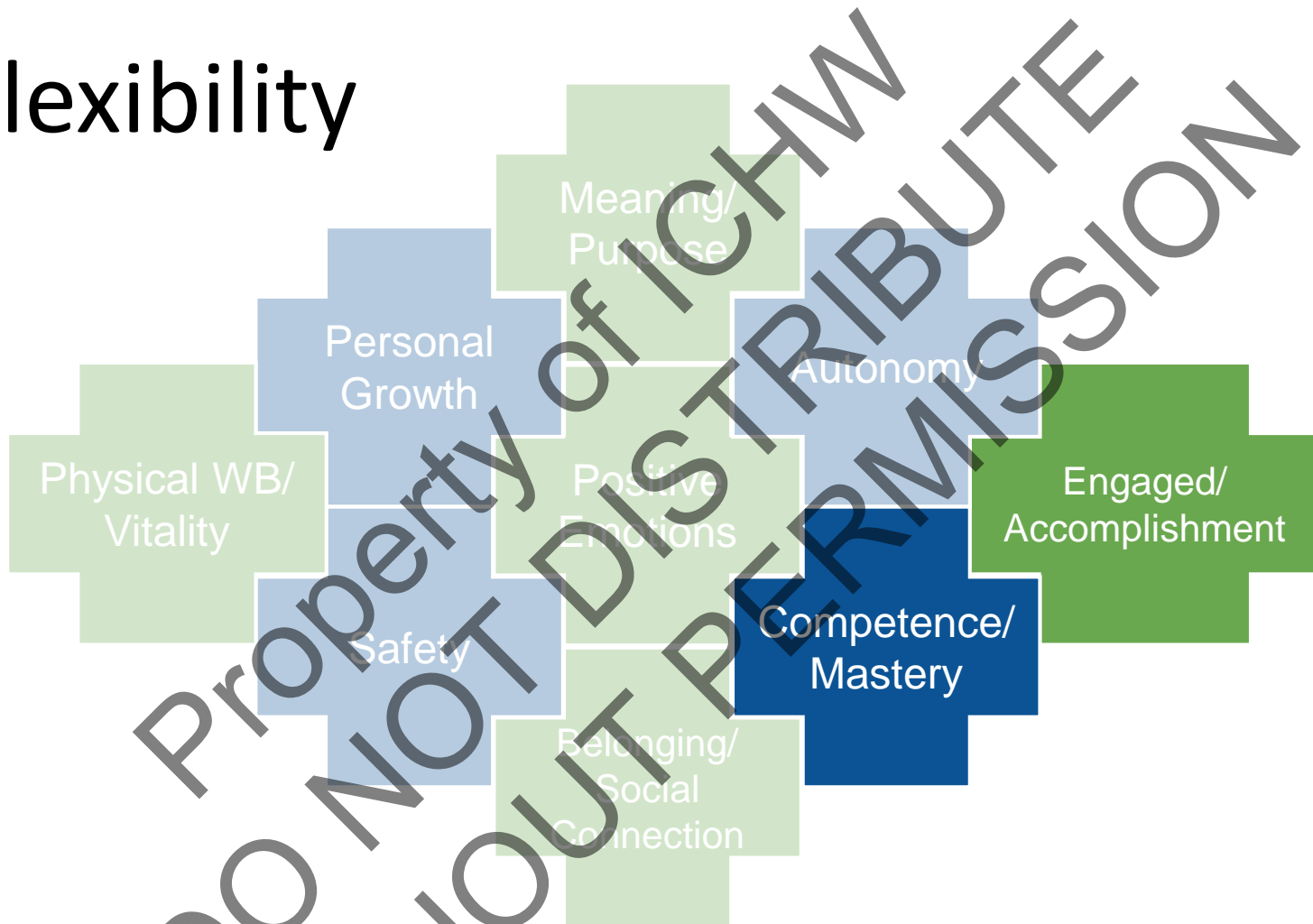
Connection



Equity



Flexibility



Predictability



Privacy



Safety



Assessment Tool

- Privacy
- Flexibility
- Predictability
- Equity
- Comfort
- Connection
- Safety

Hot Spots

- Harsh or Low Lighting
- Extreme Temperature
- Noise Pollution
- Safety
- Access to Healthy Food
- Social Isolation
- Organizational Policies
- Workspace Design
- Uncomfortable Furniture

Facilities Mgmt Inventory

1.	--
2.	--
3.	--
4.	--

HR Inventory

1.	--
2.	--
3.	--
4.	--

Ergonomics Inventory

1.	--
2.	--
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Intervention

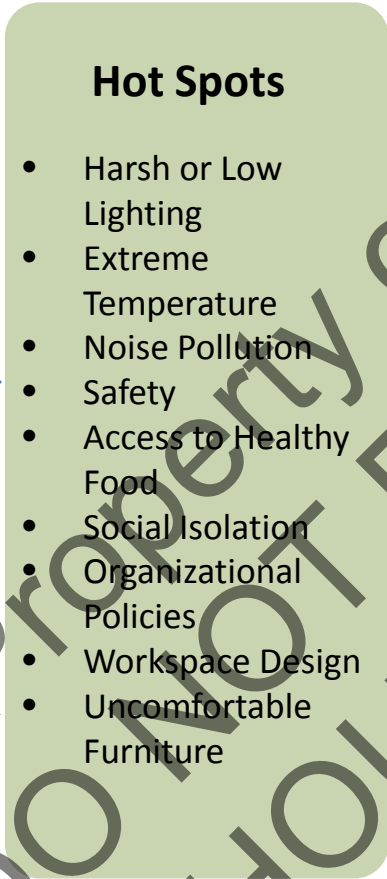
- Introduce living plants
- Create plug&play workstations in quiet zones
- Devices to spread natural light

Intervention

- Introduce healthy food vending machines
- Convene task force to create social interest group

Intervention

- Introduce sit/stand desks
- Swap furniture for ergo-comfortable seating



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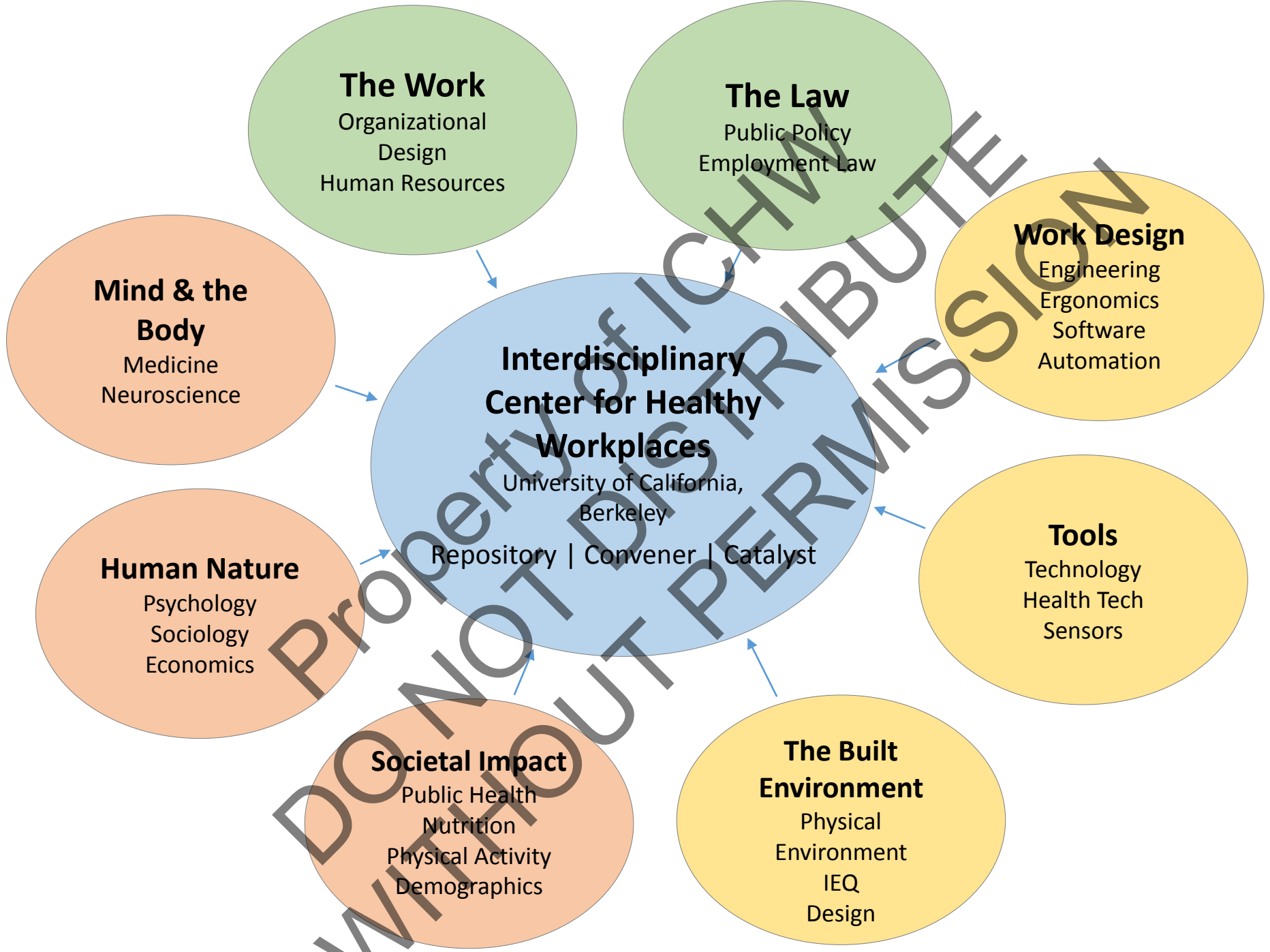
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