

University of California, San Francisco

MEMBER SINCE: 2015

PRIMARY ACCOUNT HOLDER: IRENÉ MERRY

MEMBERSHIP OVERVIEW

■ 1,022 sub-account members

- There are more than **1,130** active sessions¹
- Members have registered for more than 166 webinars since January 2019

MEMBER BREAKDOWN

By Gender		By Race		By Title		
Female	73.1%	Asian	22.6%	Professor	8.0%	
Male	21.8%	Black, or African American	6.4%	Associate Professor	10.1%	
Genderqueer, Genderfluid,	0.6%	Hispanic, Latino or Spanish	4.5%	Assistant Professor	29.7%	
Agender, Nonbinary, or		Multiracial	2.7%	Lecturers/Clinicians	3.7%	
Androgynous		White	46.1%	Adjunct Faculty	1.6%	
Unspecified, Not Disclosed	4.5%	Unspecified	15.9%	Postdocs	10.0%	
		Fewer than 1% each American	1.9%	Graduate Students	6.6%	
		Indian/Alaskan Native, Middle		Other, or Unspecified	30.4%	
		Eastern/North African, Native				
		Hawaiian/Pacific Islander				

CORE CURRICULUM

Our Core Curriculum is a series of webinars based on empirical research and focused on the skills necessary to "Thrive in the Academy," defined as having extraordinary writing / research productivity as well as a full, healthy work-life balance.

- Faculty members are taking advantage of the Core Curriculum offerings. The most popular Core Curriculums at the **University of California**, **San Francisco** in the last year were:
 - How to Align Your Time with Your Priorities
 - Mastering Academic Time Management
 - Cultivating Your Network of Mentors, Sponsors & Collaborators

¹ An active session involves someone using and engaging with the NCFDD's membership resources.



MULTI-WEEK COURSES AND GUEST EXPERT WEBINARS

We offer a variety of webinars designed to meet the needs of faculty, postdocs, and graduate students, either via 60- to 90-minute Guest Expert webinars or over a series of interactive, online Multi-Week courses. These professional development sessions focus on member-requested topics including wellness, the job market, rank-specific skill training, and the "big questions" of purpose and passion.

Guest Expert Webinars

- Faculty members are utilizing their access to Guest Expert Webinars. The most registered Guest Expert Webinars were:
 - Managing Multiple Roles: How to be a Faculty Member and an Administrator
 - Resting to Rise: Reduce Burn Out, Find Your Joy for Writing and Life, and Create a Just Academia
 - Twitter: How to Win Followers and Influence People

Multi-Week Courses

- Faculty members are enrolling in Multi-Week Courses, including:
 - Teaching in No Time 2.0
 - How to Craft and Submit a Winning Book Proposal in 4 Weeks

14-DAY WRITING CHALLENGE

The 14-Day Writing Challenge is an opportunity to experiment with daily writing in a supportive environment using our custom-developed WriteNow software. The challenge is simple: we ask faculty and graduate students to write for at least 30 minutes every weekday for two weeks.

- 250 faculty and graduate student members registered for the 14-Day Challenge
- Members have written 23,893 minutes in all 14-Day Challenge sessions since Jan 2019

FACULTY SUCCESS PROGRAM (FSP)

The Faculty Success Program is for tenure-track and tenured faculty who are looking for the perfect combination of empirically tested methods to improve research productivity through intense accountability, coaching, and peer support and to propel their work-life balance and personal growth to a whole new level.

- 59 faculty members have participated / will participate in FSP
- 127 faculty members have participated in the FSP Alumni Program²

² An FSP alum can register multiple times for the FSP Alumni program. As a benefit of institutional membership, FSP alumni have <u>free</u> access to all sessions of the FSP Alumni Program.

2017 – 2019 ALL SESSIONS END-OF-PROGRAM DATA UNIVERSITY OF CALIFORNIA, SAN FRANCISCO



OVERALL SATISFACTION

Participants at **University of California**, **San Francisco** were asked "How would you rate your overall satisfaction with the Faculty Success Program" and 97% of respondents reported that they were satisfied with the program.



BETTER WORK-LIFE BALANCE

Faculty at **University of California**, **San Francisco** reported better work-life balance after completing the Faculty Success Program. 89% of participants responded positively when asked "How would you describe your work-life balance NOW in comparison to when you started the Faculty Success Program?"



IMPROVED WRITING PRODUCTIVITY

When participants at University of California, San Francisco were asked "How would you describe your writing and research productivity NOW in comparison to when you started the Faculty Success Program?", 92% of respondents reported an increase.

2017 – 2019 ALL SESSIONS END-OF-PROGRAM DATA ALL FACULTY SUCCESS PROGRAM PARTICIPANTS







OVERALL SATISFACTION

BETTER WORK-LIFE BALANCE IMPROVED WRITING PRODUCTIVITY

NOTES:

- Overview is based on data from the Faculty Success Program end-of-program survey for all sessions in 2017, 2018 and 2019
- Survey results for single institutions as compared to the larger FSP participant population will have greater variability in findings.



FACULTY SUCCESS PROGRAM DATA OVERVIEW

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO

2017 – 2019 ALL SESSIONS END-OF-PROGRAM DATA

How would you rate your overall satisfaction with the Faculty Success Program?

Overall Satisfaction	97%			96%	
	University of California, San Francisco			Overall Participant	
	Percent	Count		Percent	Count
Very Satisfied	69.4%	25		71%	2,244
Somewhat Satisfied	27.8%	10		25%	801
Somewhat Dissatisfied	2.8%	1		3%	97
Very Dissatisfied	0.0%	0		1%	18
Total		36			3,160

How would you describe your work-life balance NOW in comparison to when you started the Faculty Success Program?

My work-life balance is better than when I started the program
My work-life balance is worse than when I started the program

Total

University of California, San Francisco		Overall Participant		
Percent	Count	Percent	Count	
88.9%	32	89%	2,810	
11.1%	4	11%	350	
	36		3,160	

How would you describe your writing and research productivity NOW in comparison with when you started the Faculty Success Program?

My productivity has increased My productivity has decreased

Total

University of California, San Francisco		Overall Participant	
Percent	Count	Percent	Count
91.7%	33	94%	2,974
8.3%	3	6%	186
	36		3,160

NOTES:

- Overview is based on data from the Faculty Success Program end-of-program survey for all sessions in 2017, 2018 and 2019. 3,136 participants responded to the survey overall, 36 from University of California, San Francisco
- Survey results for single institutions as compared to the larger FSP participant population will have greater variability in findings.
- The NCFDD targets and has had the following survey results per session:

Productivity increase >90% Work-life balance improvement >80% Overall satisfaction >90%



SELECT MEMBER FEEDBACK / TESTIMONIALS

I feel so fortunate to have participated in the Faculty Success Program. I wish I had learned all of this years ago! It would have made graduate school, and starting a new job so much easier. I have encouraged many of my friends and colleagues to sign up, it is life-changing. Learning how to create a semester, weekly and daily plan is critical, learning how important it is to get rest, to let go of limiting beliefs, to prioritize and to WRITE EVERY DAY, are also key. I learned so much, I have so much more to learn, and I am so grateful for my fantastic accountability group and coach. I can't say enough positive things about the program.

Renata C. Gallagher, MD, PhD Professor of Clinical Pediatrics University of California, San Francisco

KEY CONTACTS AT THE NATIONAL CENTER FOR FACULTY DEVELOPMENT & DIVERSITY

Institutional Membership	Holly Ketterer, PhD	313-316-4693
Institutional Membership Renewals	Cassandra Pettiford	313-720-2744
Faculty Programs Registrations	Hillary Gnewkowski	313-720-2397
On-Campus and Virtual Workshops	Ryan Blocker	313-720-0112