sources of iron and vitamin C. The infant breakfast pattern shall contain, at a minimum, each of the following components in the amounts indicated for the appropriate age groups:

(1) Birth through 3 months. 4 to 6 fluid ounces of iron-fortified infant formula.

(2) 4 through 7 months. 4 to 8 fluid ounces of iron-fortified infant formula; and 0 to 3 tablespoons of iron-fortified dry infant cereal (optional).

(3) 8 through 11 months. 6 to 8 fluid ounces of iron-fortified infant formula or 6 to 8 fluid ounces of whole milk; 2 to 4 tablespoons of iron-fortified dry infant cereal; and 1 to 4 tablespoons of fruit or vegetable of appropriate consistency or a combination of both.

(j) Additional foods. Additional foods may be served with breakfasts as desired to participating children over 1 year of

age.

- (k) Choice. To provide variety and to encourage consumption and participation, schools should, whenever possible, provide a selection of menu items and foods from which children may make choices. When a school offers a selection of more than one type of breakfast or when it offers a variety of menu items and foods and milk for choice as a reimbursable breakfast, the school shall offer all children the same selection regardless of whether the children are eligible for free or reduced price breakfasts or pay the school food authority designated full price. The school may establish different unit prices for each type of breakfast offered provided that the benefits made available to children eligible for free or reduced price breakfasts are not affected.
- (l) Nutrition disclosure. School food authorities are encouraged to make

information available indicating efforts to meet the nutrition standards in paragraph (a) of this section.

(m) Implementation of nutrition standards. School food authorities shall comply with the 1990 Dietary Guidelines for Americans as provided in paragraph (a) of this section no later than School Year 1996–97 except that State agencies may grant waivers to postpone implementation until no later than School Year 1998–99. Such waivers shall be granted by the State agency using guidance provided by the Secretary.

5. The section heading of newly redesignated § 220.8a is revised to read as follows:

# § 220.8a Breakfast components and quantities for the meal pattern.

\* \* \* \* \*

## § 220.9 [Amended]

6. In § 220.9, the first sentence of paragraph (a) is amended by adding the words "or § 220.8a, whichever is applicable," after the reference to "§ 220.8".

7. In § 220.13, paragraphs (f)(3) and (f)(4) are redesignated as paragraphs (f)(4) and (f)(5), respectively and a new paragraph (f)(3) is added to read as follows:

## § 220.13 Special responsibilities of State agencies.

\* \* \* \* \* (f) \* \* \*

(3) For the purposes of compliance with the 1990 Dietary Guidelines for Americans and the calorie and nutrient levels specified in § 220.8, the State agency shall follow the provisions specified in § 210.19(a)(1) of this chapter.

\* \* \* \* \*

#### § 220.14 [Amended]

8. In § 220.14, paragraph (h) is amended by removing the reference to "§ 220.8 (a)(1), (b)(1), and (b)(3)" and adding in its place the words "§ 220.8 (g), § 220.8 (i)(2) and (i)(3) or § 220.8a (a)(1), (b)(2), and (b)(3), whichever is applicable."

## Appendix A—[Amended]

9. In Appendix A, Alternate Foods for Meals, Formulated Grain-Fruit Products, paragraph 1(a) is amended by adding the words "or § 220.8a, whichever is applicable" after the reference to "§ 220.8."

## Appendix C—[Amended]

- 10. In Appendix C, Child Nutrition (CN) Labeling Program:
- a. paragraph 2(a) is amended by adding the words "or 210.10a, whichever is applicable," after the reference to "210.10";
- b. the first sentence of paragraph 3(c)(2) is amended by adding the words "or 210.10a, whichever is applicable," after the reference to "210.10" and by adding the words "or 220.8a, whichever is applicable," after the reference to "220.8"; and
- c. the second sentence of paragraph 6 is amended by adding the words "or 210.10a, whichever is applicable," after the reference to "210.10" and by adding the words "or 220.8a, whichever is applicable," after the reference to 220.8".

Dated: June 6, 1995.

#### Ellen Haas,

Under Secretary for Food, Nutrition, and Consumer Services.

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