

TABLE 1.—DURATION AND SEQUENCE OF SPECIFIC ACTIVITIES FOR TEST 1, IN MINUTES—Continued
[42 CFR part 84, subpart H]

Activity	Service time—							
	3 minutes	5 minutes	10 minutes	15 minutes	30 minutes	45 minutes	1 hour	2, 3, and 4 hours
Walks at 4.8 km. (3 miles) per hour.	3	5	3	4	8	12	18	
Sampling and readings	2	2	2	2	2	
Walks at 4.8 km. (3 miles) per hour.	3	5	8	12	18	
Sampling and readings	2	2	2	2	2	
Walks at 4.8 km. (3 miles) per hour.	6	13	16	
Sampling and readings	2	2	2	

TABLE 2.—DURATION AND SEQUENCE OF SPECIFIC ACTIVITIES FOR TEST 2, IN MINUTES
[42 CFR part 84, subpart H]

Activity	Service time—							
	3 minutes	5 minutes	10 minutes	15 minutes	30 minutes	45 minutes	1 hour	2, 3 and 4 hours ¹
Sampling and readings	2	2	2	2	2
Walks at 4.8 km. (3 miles) per hour.	1	1	3	4	6	10.
Carries 23 kg. (50 pound) weight over overcast.	1 time in 2 minutes.	1 time in 2 minutes.	2 times in 4 min-utes.	3 times in 6 min-utes.	4 times in 8 min-utes.	5 times in 10 minutes.
Walks at 4.8 km. (3 miles) per hour.	1	3	3	3	5.
Climbs vertical treadmill ² (or equivalent).	1	1	1	1	1	1	1	1.
Walks at 4.8 km. (3 miles) per hour.	1	1	2	3	5
Climbs vertical treadmill (or equivalent).	1	1	1	1.
Sampling and readings	2	2	2	2.
Walks at 4.8 km. (3 miles) per hour.	2	2	3	5	11.
Climbs vertical treadmill (or equivalent).	1	1	1	1	1.
Carries 23 kg. (50 pound) weight over overcast.	1 time in 2 minutes.	3 times in 6 min-utes.	4 times in 8 min-utes.	5 times in 10 min-utes.	5 times in 10 minutes.
Sampling and readings	2	2	2	2.
Walks at 4.8 km. (3 miles) per hour.	1	3	3	3	
Climbs vertical treadmill (or equivalent).	1	1	1	1	1	Then repeat above activities once.
Walks at 4.8 km. (3 miles) per hour.	2	2	3	
Climbs vertical treadmill (or equivalent).	1	1	
Carries 20 kg. (45 pound) weight and walks at 4.8 km. (3 miles) per hour.	1	2	
Walks at 4.8 km. (3 miles) per hour.	1	2	1	4	
Sampling and readings	2	2	2	2	

¹ Total test time for Test 2 for 2-hour, 3-hour, and 4-hour apparatus is 2 hours.² Treadmill shall be inclined 15° from vertical and operated at a speed of 1 foot per second.