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Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt * Exported from MasterCook *

## Almond Bars

Recipe By
Serving Size
:
32 Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker® ${ }^{\text {® }}$ SuperMoist white cake mix |
| 1/2 | cup | butter or margarine -- softened |
| 2 |  | ```eggs Tlmond Topping -- (recipe follows)``` |
|  |  | ALMOND TOPPING |
| 2/3 | cup | sliced almonds |
| 2/3 | cup | butter or margarine |
| 1/2 | cup | sugar |
| 1 | tablespoon | plus 1 teaspoon al1-purpose flour |
| 1 | tablespoon | milk |

Heat oven to $350^{\circ}$. Beat cake mix (dry), butter and eggs with electric mixer on low speed until dough forms or mix with a spoon. Press in bottom of ungreased jelly roll pan, $151 / 2 \times 101 / 2 \times 1$ inch. Bake 20 to 25 minutes or until golden brown and crust begins to pull away from sides of pan or until toothpick inserted in center comes out clean.

Immediately spread Topping over crust. Set oven control to broil. Place pan on middle rack in oven. Broil 2 to 3 minutes or until Topping is golden brown and bubbly (watch carefully-Topping burns easily). Cool completely. Cut into 8 rows by 4 rows.

ALMOND TOPPING:
Cook all ingredients in 2-quart saucepan over low heat, stirring constantly, until sugar is dissolved and mixture thickens slightly.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"32 Bars"

Per serving: 162 Calories (kcal); 10g Total Fat; (54\% calories from fat); 1g Protein; 17 g Carbohydrate; 12 mg Cholesterol; 194 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 Other Carbohydrates

Serving Ideas : Serve these rich bars all alone or with chocolate or coffee ice cream.

NOTES : Almonds
Almonds are the kerne 1 of the fruit of the almond tree. Almonds Page 1

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt come primarily from California, the Mediterranean, Australia and South Africa.

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Nutr. Assoc. : 0 4098 0 2130706543 0 0 0 4098 0 14 0
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* Exported from MasterCook *
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## Almond Bonbons

Recipe By
Serving Size
S
Siseparation Time $: 0: 00$
Categories : Chapter 5 Hand-Shaped \& Pressed Cookies


Heat oven to $375^{\circ}$. Beat flour, butter, powdered sugar, milk and vanilla in large bowl with electric mixer on medium speed, or mix with spoon. Cut almond paste into $1 / 2$-inch slices; cut each slice into fourths.

Shape 1-inch ball of dough around each piece of almond paste. Gently roll to form ball. Place about 1 inch apart on ungreased cookie sheet. Bake 10 to 12 minutes or until set and bottom is golden brown. Remove from cookie sheet to wire rack. Cool completely. Dip tops of cookies into Almond Glaze. Garnish with sliced almonds.

ALMOND GLAZE:
Mix all ingredients until smooth and spreadable.

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Yield:
"36 Cookies"

Per serving: 72 Calories (kcal); 3g Total Fat; (41\% calories from fat); 1g Protein; 10g Carbohydrate; trace Cholesterol; 31mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Try wrapping the dough around candied cherries, dried apricots or malted milk balls instead of the almond paste. Tint the glaze for a more festive look and decorate as desired.

To toast nuts, bake uncovered in ungreased shallow pan in $350^{\circ}$ oven about 10 minutes, stirring occasionally, until golden brown. Or cook in ungreased heavy skillet over medium-1ow heat 5 to 7 minutes, stirring frequently until browning begins, then stirring constantly until golden brown.

To make a really attractive serving tray or for gifts, pack small cookies in mini paper cupcake liners or fluted bonbon cups.
Nutr. Assoc. : 0409800050222130706543213070654300004038

* Exported from MasterCook *


## Almond Macaroons

```
Recipe By : 36 Preparation Time :0:00
Categories : Celebrate with Cookies Chapter 7
```

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | (7 ounce) pac | age almond paste (7 or 8 ounces) |
| 1/4 | cup | al1-purpose flour |
| 1 1/4 | cups | powdered sugar |
| 1/4 | teaspoon | almond extract |
| $2$ |  | egg whites |

Grease cookie sheet. Break almond paste into small pieces in large bowl. Stir in flour, powdered sugar and almond extract. Add egg whites. Beat with electric mixer on medium speed about 2 minutes, scraping bow 1 occasionally, until smooth.

Place dough in decorating bag fitted with \#9 rosette tip. Pipe 1 1/2-inch cookies about 2 inches apart onto cookie sheet. Top each with almond. Refrigerate 30 minutes.

Heat oven to $325^{\circ}$. Bake about 12 minutes or until edges are light brown.
Immediately remove from cookie sheet to wire rack. Cool completely. Store in airtight container.

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Yield:
"36 Cookies"
T(Chi11):
"0:30"

Per serving: 62 Calories (kcal); 3g Total Fat; (42\% calories from fat); 1g Protein; 8g Carbohydrate; Omg Cholesterol; 4mg Sodium

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Don't waste those egg yolks! Place them in a small container, adding enough water to cover yolks completely (to prevent drying). Cover tightly and refrigerate up to 24 hours. Drain water before using.

Make It Your Way
Add 2 teaspoons fine 1 y grated orange pee 1 and 3 drops each red and yellow food color to create Orange-Almond Macaroons.
Nutr. Assoc. : 502200032315897

* Exported from MasterCook *

Almond-Filled Crescents

| Recipe By | : |
| :--- | :--- |
| Serving Size | $\vdots$ |
| Categories | $:$ Chapter 6 |


| Amount | Measure |
| :---: | :---: |
| 1 | Ingredient -- Preparation Method |
| 1 | cup |

Mix powdered sugar, whipping cream and eggs in large bowl with spoon. Stir in flour, baking powder and salt (dough will be stiff). Cover and refrigerate about 1 hour or until firm.

Heat oven to $375^{\circ}$. Break almond paste into small pieces in medium bowl; add butter. Beat with electric mixer on low speed until blended. Beat on high speed until fluffy (tiny bits of almond paste will remain).

Roll one fourth of dough at a time into 10-inch circle on lightly floured surface. Spread one fourth of almond paste mixture (about 1/2 cup) over circle. Cut into 12 wedges. Roll up wedges, beginning at rounded edge. Place on ungreased cookie sheet with points underneath. Repeat with remaining dough and almond paste mixture. Bake 14 to 16 minutes or until golden brown. Remove from cookie sheet to wire rack. Cool completely. Drizzle with Glaze.

## EASY GLAZE:

Mix ingredients until smooth and thin enough to drizzle.

[^0]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt analysis programs and different nutrient databases, variations in results are expected.

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Copyright:
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Yield:
    "48 Cookies"
T(Chi11):
```

Per serving: 119 Calories (kcal); 6g Total Fat; (45\% calories from fat); 2g
Protein; 15g Carbohydrate; 15mg Cholesterol; 71mg Sodium
Food Exchanges: $1 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
Use a metal pie server to pull the cut wedges of dough away from
the circle.
Make It Your way
An 8-ounce can of poppy seed filling can be used instead of almond
paste to make Poppy Seed-Fil1ed Crescents.
Nutr. Assoc. : 0161632180005022409821307065430004038

* Exported from MasterCook *
Animal Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & 18 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | granulated sugar |
| 1/2 | cup | packed brown sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 1 |  | egg |
| 2 | cups | al1-purpose flour |
| 1 | teaspoon | baking powder |
| 1/2 | teaspoon | salt |
| 1/2 | teaspoon | ground cinnamon |

Heat oven to $350^{\circ}$. Beat sugars, butter, vanilla and egg in large bow with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients. (If dough is too soft to shape, cover and refrigerate about 2 hours or until firm.)

Shape dough by 2 tablespoonfuls into slightly flattened balls and ropes. Arrange on ungreased cookie sheet to form animals as desired. Use small pieces of dough for facial features if desired. Bake about 10 to 12 minutes or until edges are golden brown. Remove from cookie sheet to wire rack.

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Page 5

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    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
are expected.
Copyright:
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Yield:
    "18 Cookies"
T(Chi11):
    "2:00"
```

Per serving: 145 Calories (kcal); 5g Total Fat; (33\% calories from fat); 2g
Protein; 22 g Carbohydrate; 10 mg Cholesterol; 151mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1
Other Carbohydrates
NOTES : Cookie Tips
Some animal forms you make may have very thin parts (like legs,
arms or tails) and thick parts. To prevent the thinner parts from
over-browning, bake on two cookie sheets that have been stacked
together to form one sheet. Or use insulated sheets.
Make It Your way
Have fun spelling your children's names with Letter and Number
Cookies. Prepare dough as directed. Shape level tablespoonfuls
dough into ropes, about 8 inches long and about $1 / 4$ inch thick.
Shape into letters and numbers as desired on ungreased cookie
sheet and bake 8 to 10 minutes. Cool 3 minutes and remove from
cookie sheet. About 3 dozen cookies.
Nutr. Assoc. : 004098000000

* Exported from MasterCook *


## Anise Biscotti

| Recipe By |  |
| :--- | :--- |
| Serving Size | : $42 \quad$ Preparation Time :0:00 |
| Categories | Chapter 5 | Hand-Shaped \& Pressed Cookies


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 2 | teaspoons | anise seed -- ground |
| 2 | teaspoons | grated 1emon pee1 |
| 2 |  | eggs |
| $31 / 2$ | cups | al1-purpose flour |
| 1 | teaspoon | baking powder |
| 1/2 | teaspoon | salt |

Heat oven to $350^{\circ}$. Beat sugar, butter, anise seed, lemon peel and eggs in
large bow with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients. Divide dough in half. Shape each half into rectangle, $10 \times 3$ inches, on ungreased cookie sheet.

Bake about 20 minutes or unti 1 toothpick inserted in center comes out clean. Cool on cookie sheet 15 minutes. Cut crosswise into 1/2-inch slices. Turn slices cut sides down on cookie sheet.

Bake about 15 minutes or until crisp and light brown. Remove from cookie sheet to wire rack.

[^2]```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
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## Description:

"Biscotti are cookies that have been baked twice-first as a loaf, then
a second time sliced-until they are thoroughly dry and crisp."
Copyright:
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Yield:
"42 Cookies"
T(Bake):
"0:35"

Per serving: 79 Calories (kcal); 3g Total Fat; (28\% calories from fat); 1g Protein; 13 g Carbohydrate; 15 mg Cholesterol; 62 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Make It Your Way
To make delicious Orange Biscotti, replace the anise seed and lemon pee1 with 1 tablespoon grated orange peel.
Nutr. Assoc. : 00003218000

* Exported from MasterCook *

Applesauce-Granola Cookies

| Recipe By |  |
| :--- | :--- |
| Serving Size | Preparation Time :0:00 |
| Categories | : Chapter 1 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 1/2 | cup | shortening |
| 1 | teaspoon | vanilla |
| 1 |  | egg |
| 1/2 | cup | app1esauce |
| 2 | cups | al1-purpose flour |
| 2 | cups | granola |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | salt |

Heat oven to $375^{\circ}$. Beat brown sugar, shortening, vanilla and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in applesauce. Stir in remaining ingredients.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 11 to 13 minutes or until almost no indentation remains when touched in center. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

[^3]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt analysis programs and different nutrient databases, variations in results are expected.

```
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "42 Cookies"
```

Per serving: 95 Calories (kcal); 4g Total Fat; (38\% calories from fat); 1g
Protein; 13g Carbohydrate; 4 mg Cholesterol; 45mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
Use either sweetened or unsweetened applesauce in these cookies.
Sweetened applesauce will give you a sweeter cookie.
Nutr. Assoc. : 000000000

* Exported from MasterCook *
Apricot-Cherry Bars
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 30 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories $\vdots$ Chapter 4 Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 1 |  | package |
| $1 / 4$ | cup | Betty Crocker® SuperMoist yellow cake mix |
| $1 / 4$ | cup | butter or margarine -- softened |
| $1 / 4$ | cup | packed brown sugar |
| 1 |  | cup |
| $1 / 2$ | cups | cut-up dried apricots <br> drained chopped maraschino cherries <br> Powdered sugar |

Heat oven to $375^{\circ}$. Grease and flour jelly roll pan, $151 / 2 \times 101 / 2 \times 1$ inch. Beat half of the cake mix (dry), the water, butter, brown sugar and eggs in large bow with electric mixer on medium speed until smooth, or mix with spoon. Stir in remaining cake mix, the apricots and cherries. Spread eventy in pan.

Bake 20 to 25 minutes or until toothpick inserted in center comes out clean. Cool completely. Sprinkle with powdered sugar. Cut into 6 rows by 5 rows.

[^4]Please note, if you should change this recipe it will no longer be an

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Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Per serving: 108 Calories (kcal); 3g Total Fat; (24\% calories from fat); 1g Protein; 20g Carbohydrate; 12 mg Cholesterol; 133mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
Use a kitchen scissors to quickly cut up dried apricots.
Make It Your Way
If you'd like, drizzle these bars with Cherry Glaze instead of sprinkling them with powdered sugar. To make the glaze, use this easy recipe: Mix together 1 cup powdered sugar and 6 tablespoons maraschino juice until smooth. Drizzle over cooled bars.
Nutr. Assoc. : 571904098032182602440970

* Exported from MasterCook *

Banana-Cornmeal Cookies
Recipe By
Serving Size
S 48 Preparation Time :0:00
Categories : Chapter 5

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 1/2 | cup | granulated sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | mashed very ripe banana (1 medium) |
| 1 |  | egg |
| $21 / 2$ | cups | al1-purpose flour |
| 1 | cup | yellow cornmeal |
| 1 | teaspoon | baking powder |
| 1/2 | teaspoon | salt |
| 1 | teaspoon | ground cinnamon |
| 1/4 | cup | granulated sugar |
| 1/2 | teaspoon | ground cinnamon |

Heat oven to $375^{\circ}$. Grease cookie sheet. Beat brown sugar, $1 / 2$ cup granulated sugar, the butter, banana and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, cornmeal, baking powder, salt and 1 teaspoon cinnamon. (If dough is too soft to shape, cover and refrigerate about 2 hours or until firm.)

Mix $1 / 4$ cup granulated sugar and $1 / 2$ teaspoon cinnamon. Shape dough into 1
$1 / 4$-inch balls. Place about 3 inches apart on cookie sheet. Flatten
slightly in crisscross pattern with fork dipped into cinnamon-sugar mixture. Bake 10 to 12 minutes or until light brown. Immediately remove from cookie sheet to wire rack.

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Yield:
"48 Cookies"

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Per serving: 84 Calories (kcal); 2g Total Fat; ( $22 \%$ calories from fat); 1g Protein; 15g Carbohydrate; 4 mg Cholesterol; 58mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    Add an extra crunch to these cookies by rolling the dough balls in
    cornmeal before placing on the cookie sheet.
    Make It Your Way
    Create a great lunch box treat! Make Banana-Cornmeal Sandwich
    Cookies by putting cookies together in pairs with about 1
    tablespoon marshmallow cream each.
Nutr. Assoc. : 0 0 4098 4111 0 0 0 0 0 0 0 0
* Exported from MasterCook *
    Banana-Ginger Jumbles
Recipe By : 42 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies
```

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 1 |  | cup |
| cup | packed brown sugar <br> butter or margarine -- softened |  |
| 1 | $1 / 2$ | cup |
| 1 | tablespoon | grated ging |
| 1 |  | OR |

Heat oven to $375^{\circ}$. Beat brown sugar, butter, shortening, gingerroot and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in bananas and milk. Stir in flour, baking powder and salt.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 9 to 11 minutes or until almost no indentation remains when touched in center: Remove from cookie sheet to wire rack. Sprinkle with powdered sugar while warm.

[^5]Copyright:
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Yield:
"42 Cookies"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
Per serving: 102 Calories (kcal); 5g Total Fat; (43% calories from fat); 1g
Protein; 13g Carbohydrate; 9mg Cholesterol; 81mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : *If using ground ginger, stir in with the flour.
    Make It Your Way
    Wholesome goodness is just an ingredient away with whole
    wheat-Banana-Ginger Cookies. Substitute 2 3/4 cups whole wheat
    flour for the all-purpose flour.
    Check out the new, supermoist and plump baking raisins. You'11
    find them in the baking aisle in the supermarket. Give them a try
    in Banana-Raisin Cookies. Omit gingerroot and stir in 1 cup golden
    raisins with flour.
Nutr. Assoc. : 0 4098 0 0 0 2130706543 3218 4111 0 0 0 0 0
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* Exported from MasterCook *
Banana-Nut Bars
Recipe By
Serving Size
: $24 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 2 Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1 | cup | mashed very ripe bananas (2 medium) |
| 1/3 | cup | vegetable oil |
| 2 |  | eggs |
| 1 | cup | a11-purpose flour |
| 1 | teaspoon | baking powder |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | ground cinnamon |
| 1/4 | teaspoon | salt |
| 1/2 | cup | chopped nuts Cream Cheese Frosting -- (recipe follows) |
|  |  | CREAM CHEESE FROSTING |
| 1 | (3 ounce) pack | kage cream cheese -- softened |
| 1/3 | cup | butter or margarine -- softened |
| 1 | teaspoon | vani11a |
| 2 | cups | powdered sugar |

Heat oven to $350^{\circ}$. Grease rectangular pan, $13 \times 9 \times 2$ inches. Mix sugar, bananas, oil and eggs in large bowl with spoon. Stir in flour, baking powder, baking soda, cinnamon and salt. Stir in nuts.

Spread batter in pan. Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool completely. Frost with Cream Cheese Frosting. Cut into 6 row by 4 rows. Store covered in refrigerator.

CREAM CHEESE FROSTING:
Mix cream cheese, butter and vanilla in medium bowl. Gradually beat in powdered sugar with spoon until smooth and spreadable.

[^6]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
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Yield:
"24 Bars"

Per serving: 185 Calories (kcal); 9g Total Fat; (42\% calories from fat); 2g
Protein; 25g Carbohydrate; 26 mg Cholesterol; 111mg Sodium
Food Exchanges: $1 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1 Other Carbohydrates
NOTES : Cookie Tips
When baking bar cookies, be sure to use the correct size pan to prevent under- or overbaking them. The three most common pan sizes are $8 \times 8 \times 2$ inches, $9 \times 9 \times 2$ inches or $13 \times 9 \times 2$ inches.

Make It Your Way
For those who really love the flavor of bananas, create Double Banana-Nut Dessert. Don't frost the bars. Instead, cut the bars into 12 to 16 pieces and top with banana-nut ice cream. Drizzle with chocolate syrup.
Nutr. Assoc. : 04111032180000002130706543000000

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* Exported from MasterCook *
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B7ack-Eyed Susans

| Recipe By | : |
| :--- | :--- | :--- |
| Serving Size | $\vdots 6 \quad$ Preparation Time $: 0: 00 \quad$ Chapter 3 |
| Categories | Kid Cookies |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 3/4 | cup | butter or margarine -- softened |
| 1/2 | cup | sugar |
| 1 | teaspoon | vanilla |
| 12 | drops | yellow food color |
| 1 |  | egg |
| 1 | (3 ounce) pac | kage cream cheese -- softened |
| 2 | cups | a11-purpose flour |
| 3 | dozen | (about) large semisweet chocolate chips |

Beat butter, sugar, vanilla, food color, egg and cream cheese in large
bow with electric mixer on medium speed, or mix with spoon. Stir in
flour. Cover and refrigerate about 2 hours or until firm.
Heat oven to $375^{\circ}$. Shape dough into 1 1/4-inch balls. Place about 2 inches
apart on ungreased cookie sheet. Make 3 cuts with scissors in top of each ba11 about three-fourths of the way through to make 6 wedges. Spread wedges apart slightly to form flower petals (cookies will flatten as they bake).

Bake 10 to 12 minutes or until set and edges begin to brown. Immediately press 1 chocolate chip in center of each cookie. Remove from cookie sheet to wire rack.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Cut balls from top into 6 wedges about $3 / 4$ way through dough.

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Description:
"The interesting shape and color of these cookies make them a real
plus on a mixed cookie tray."
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"36 Cookies"
T(Chi11):
"2:00"

Per serving: 94 Calories (kcal); 6 g Total Fat; (53\% calories from fat); 1g Protein; 10g Carbohydrate; 8 mg Cholesterol; 53mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Make It Your Way
Change Black-Eyed Susans into Spring Blossoms in a snap of the fingers! Leave the dough plain or tint dough with food coloring as desired. Additionally, try rolling the balls in colored sugar. Use chocolate-covered candies, mints or décor sprinkles for the centers.
Nutr. Assoc. : 40980056410001379

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* Exported from MasterCook *
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## Brandied Fruit Drops

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 60 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 1 Easy Drop Cookies


Heat oven to $350^{\circ}$. Grease cookie sheet. Beat brown sugar, butter, brandy and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder, cardamom, cinnamon and nutmeg. Stir in remaining ingredients.

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Drop dough by rounded teaspoonfuls about 2 inches apart onto cookie sheet. Bake 9 to 11 minutes or until light brown. Remove from cookie sheet to wire rack.

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Yield:
"60 Cookies"

Per serving: 71 Calories (kcal); 3g Total Fat; (39\% calories from fat); 1g Protein; 10g Carbohydrate; 6 mg Cholesterol; 38 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : Currants
Currants are seedless, dried zante grapes and look like miniature raisins. Raisins can be used instead of currants.
"I Don't Have That"
1 teaspoon brandy extract mixed with $1 / 3$ cup water can be substituted for the brandy.
Nutr. Assoc. : 43354098032180000020148309030240

```
* Exported from MasterCook *
```


## Brandy Snap Cups

Recipe By
Serving Size
:
St Preparation Time :0:00

Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/4 | cup | butter or margarine |
| 1/4 | cup | dark corn syrup |
| 2 | tablespoons | plus 2 teaspoons brown sugar |
| 1 | teaspoon | brandy |
| 6 | tablespoons | a11-purpose flour |
| 1/4 | teaspoon | ground ginger |
| 4 | cups | mixed fresh strawberries and raspberries |
| 2/3 | cup | raspberry jam -- melted |

Heat oven to $350^{\circ}$. Heat butter, corn syrup and brown sugar to boiling in 1 $1 / 2$-quart saucepan, stirring frequently; remove from heat. Stir in brandy. Mix flour and ginger; gradually stir into syrup mixture. Drop dough by heaping teaspoonfuls at least 5 inches apart onto lightiy greased cookie sheets or line sheets with baking parchment paper. Bake until cookies have spread into 4 - or 5 -inch rounds and are golden brown, 3 to 4 minutes (watch carefully as these cookies brown quick7y).

Cool cookies 1 to 3 minutes before removing from cookie sheets. Working quickly, shape over inverted drinking glass about 2 to $21 / 2$ inches in

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt diameter. Allow cookies to harden; remove gently and place on wire racks. Cool completely. If cookies become too crisp to shape, return to oven to soften about 1 minute. Fill each cookie cup with $1 / 4$ cup berries. Drizzle with jam.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Description:
    "These crispy, thin cookies have a delicate, crisp texture and a
    subtle flavor that complements fruit."
Copyright:
    "@ Genera1 Mi11s, Inc. 1998."
Yield:
    "15 Cookies"
T(Bake):
```

Per serving: 108 Calories (kcal); 3g Total Fat; (25\% calories from fat); 1g Protein; 20g Carbohydrate; 8mg Cholesterol; 47mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 1 Other Carbohydrates

NOTES : Make It Your way
Delight and dazzle your guests with an extra fancy dessert, Chocolate Berry Cups. First, drizzle chocolate syrup on the dessert plate in any pattern you desire. Next, fill the cookie cup with ice cream and top with fresh berries. Pass the chocolate syrup for those wanting just a little more to top their dessert!
Nutr. Assoc. : 2220433500034110

```
* Exported from MasterCook *
```

    Brown Sugar Drops
    | Recipe By |  |
| :--- | :--- |
| Serving Size | : $60 \quad$ Preparation Time $: 0: 00$ |

Categories : Chapter 1 Easy Drop Cookies


Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Heat oven to $400^{\circ}$. Beat brown sugar, butter, shortening, milk and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 9 to 11 minutes or until almost no indentation remains when touched in center. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely. Spread with Light Brown Glaze.

LIGHT BROWN GLAZE:
Mix all ingredients until smooth and spreadable.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker \({ }^{\circledR}\) Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® \({ }^{\circledR}\) use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "© General Mills, Inc. 1998."
Yield:
    "60 Cookies"
```

Per serving: 132 Calories (kcal); 5 g Total Fat; (34\% calories from fat); 1g
Protein; 21g Carbohydrate; 7 mg Cholesterol; 80 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1
Other Carbohydrates
NOTES : Make It Your Way
We've got three more ways we think you'll enjoy to make this
cookie. How about Applesauce-Brown Sugar Drops? Simply substitute
1 cup applesauce for the $1 / 2$ cup milk. Then stir in $11 / 2$
teaspoons ground cinnamon, $1 / 4$ teaspoon ground cloves and 1 cup
raisins.
Or try Cherry-Brown Sugar Drops. Stir in 1 cup chopped,
well-drained maraschino cherries. Press an additional cherry half
in each cookie before baking, if desired. Omit the glaze. This
version makes about 6 dozen cookies.
Finally, there's whole wheat-Brown Sugar Drops. Substitute 2 cups
whole wheat flour for 2 cups of the al1-purpose flour. Stir in 1
cup chopped pecans. Press a pecan half in each cookie before
baking, if desired. Omit the glaze.
Nutr. Assoc. : 040980032180002130706543000409804138

* Exported from MasterCook *
Brownie Crinkles
Recipe By
Serving Size
: $42 \quad$ Preparation Time :0:00
Categories : Chapter 8 Special Cookies/Special Diets

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker® ${ }^{\text {® }}$ Sweet Rewards ${ }^{\text {® }}$ 1ow-fat |
|  |  | Page 16 |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
                                    fudge brownie mix
    1/4 cup water
    1/4 cup fat-free, cholesterol-free egg product
    OR
    egg
    powdered sugar
Heat oven to 350*. Grease cookie sheet. Mix brownie mix (dry), water and
egg product with spoon about 50 strokes or until well blended.
Shape dough by rounded teaspoonfuls into balls. Roll in powdered sugar. Place about 2 inches apart on cookie sheet. Bake 10 to 12 minutes or until almost no indentation remains when touched lightly in center. Immediately remove from cookie sheet to wire rack.
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Description:
    "You're not going to believe how rich, fudgy and chewy these cookies
    really are."
Copyright:
    "@ General Mil1s, Inc. 1998.'
Yield:
    "42 Cookies"
```

Per serving: 62 calories (kcal); 1g Total Fat; (14\% calories from fat); 1g
Protein; 13g Carbohydrate; 0mg Cholesterol; 101mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1
Other Carbohydrates
Serving Ideas : Serve these cookies with fat-free vanilla yogurt and fat-free
chocolate fudge ice-cream topping.
Nutr. Assoc. : 572203220021307065430

* Exported from MasterCook *
Brownie Drop Cookies
Recipe By : 48 Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 |  |  |
| 1/4 |  |  |
| 1 |  | egg |
| 1/2 | cup | chopped nuts |

Heat oven to $375^{\circ}$. Lightly grease cookie sheet. Mix brownie mix, water and egg in large bowl with spoon. Stir in nuts (dough will be stiff).
Drop dough by rounded teaspoonfuls onto cookie sheet. Bake 6 to 8 minutes Page 17

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt or until set. Cool slightly; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"48 Cookies"

Per serving: 46 calories (kcal); $1 g$ Total Fat; ( $26 \%$ calories from fat); $1 g$ Protein; 8 g Carbohydrate; 4 mg Cholesterol; 30mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates

NOTES : Make It Your Way
For extra fudgy cookies, try Double Chocolate Drops. Just stir in 1/2 cup semisweet chocolate chips.

Indulge in Coffee Liqueur Brownie Drops by substituting coffee liqueur for the water.
Nutr. Assoc. : 5721000

* Exported from MasterCook *


## Bumb7ebees

| Recipe By | : |
| :--- | :--- |
| Serving Size | Preparation Time :0:00 |
| Categories | Chapter 3 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | peanut butter |
| 1/2 | cup | shortening |
| 1/3 | cup | packed brown sugar |
| 1/3 | cup | honey |
| 1 |  | egg |
| $13 / 4$ | cups | al1-purpose flour |
| 3/4 | teaspoon | baking soda |
| 1/2 | teaspoon | baking powder |
| 8 | dozen | pretze 1 twists |
| 8 | dozen | pretze1 sticks |

Beat peanut butter, shortening, brown sugar, honey and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and baking powder. Cover dough with plastic wrap and refrigerate about 2 hours or until firm.

Heat oven to $350^{\circ}$. Shape dough into 1-inch balls (dough will be slightly sticky). For each cookie, place 2 pretzel twists side by side with the bottoms (the bottom comes to a rounded point, similar to the bottom of a heart shape ) touching on ungreased cookie sheet. Place 1 ball of dough on center, and flatten slightly. Break 2 pretzel sticks in half. Gently press 3 pretzel stick halves into dough for stripes on bee. Break fourth pretzel

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt piece in half. Poke pieces into 1 end of dough for antennae.

Bake 11 to 13 minutes or until light golden brown. Immediately remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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```
Description:
    "These "cute-as-a-bug" cookies are perfect for a child's birthday
    party."
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "48 Cookies"
T(Chi11):
```

Per serving: 81 Calories (kcal); 4 g Total Fat; (39\% calories from fat); 2g Protein; 11g Carbohydrate; 4mg Cholesterol; 101mg Sodium Food Exchanges: $1 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

NOTES : Cookịe Tips
Cookies baked on dark sheets may brown too quickly. You can prevent this by either lowering the temperature of the oven by $25^{\circ}$ or lining the sheets with aluminum foil or baking parchment paper.
Nutr. Assoc. : 000000009239240

```
* Exported from MasterCook *
```

```
                                    Butter Crunch Clusters
```

```
Serving Size : 24 Preparation Time :0:10
```

Categories : Chapter 8 Special Cookies/Special Diets

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | butter or margarine |
| 2/3 | cup | packed brown sugar |
| 1 | tablespoon | corn syrup |
| 2 | cups | Cheerios ${ }^{\text {® }}$ cereal 1 |
| 1 | cup | salted cocktail peanuts or Spanish peanuts |

Heat butter in 3-quart saucepan over low heat until melted. Stir in brown sugar and corn syrup. Heat to boiling over medium heat, stirring constantly. Boil and stir 1 minute; remove from heat.

Stir in cereal and peanuts until well coated. Drop mixture by tablespoonfuls onto waxed paper; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"24 Cookies"

Per serving: 103 Calories (kcal); 7g Total Fat; (57\% calories from fat); 2g Protein; 10g Carbohydrate; 0mg Cholesterol; 73mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
If you would like to reduce the fat, look for reduced-fat peanuts in the nut or snacks section of the supermarket.

Make It Your way
To make Apple-Cinnamon Butter Crunch Clusters, use Apple Cinnamon Cheerios ${ }^{\circledR}$.
Nutr. Assoc. : 4098002795078

```
* Exported from MasterCook *
```

Butterscotch Shortbread
Recipe By
Serving Size
S 48 Preparation Time :0:00
Categories $\quad$ : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $1 / 2$ | cup | butter or margarine -- softened |
| $1 / 2$ | cup | shortening |
| $1 / 2$ | cup | packed brown sugar |
| $21 / 4$ | cup | granulated sugar |
| 1 | cups | al1-purpose flour |
|  | teaspoon salt |  |

Heat oven to $300^{\circ}$. Beat butter, shortening and sugars in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour and salt. (Dough will be dry and crumbly; use hands to mix completely.)

Roll dough into rectangle, $15 \times 71 / 2$ inches, on lightly floured surface. Cut into 1 1/2-inch squares. Place about 1 inch apart on ungreased cookie sheet. Bake about 25 minutes or until set. (These cookies brown very little, and the shape does not change.) Remove from cookie sheet to wire rack.

[^7]```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Description:
    "Shortbread comes from Scotland. Originally it was made in a large
    round cake with spokes notched like rays, radiating from the center,
    to symbolize the rays of the sun. In the eighteenth century, the
    triangular wedges were called "Petticoat Tails.""
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "48 Cookies"
T(Bake):
    "0:25"
Per serving: 70 Calories (kcal); 4g Total Fat; (52% calories from fat); 1g
Protein; 8g Carbohydrate; Omg Cholesterol; 68mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0
Other Carbohydrates
NOTES : Cookie Tips
        This dough makes great cut-out cookies. After baking you can leave
        them plain, make sandwich cookies or frost them.
Nutr. Assoc. : 4098 0 0 0 0 0
* Exported from MasterCook *
    Butterscotch-Oatmeal Crinkles
Recipe By : % 00 Preparation Time :0:00
Categories : Chapter 5
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 2 & cups & packed brown sugar \\
\hline 1/2 & cup & butter or margarine -- softened \\
\hline 1/2 & cup & shortening \\
\hline 1 & teaspoon & vanilla \\
\hline 2 & & eggs \\
\hline 2 1/4 & cups & al1-purpose flour \\
\hline 2 & cups & old-fashioned or quick-cooking oats \\
\hline 1 1/2 & teaspoons & baking powder \\
\hline 1/2 & teaspoon & salt \\
\hline 1/2 & cup & granulated or powdered sugar \\
\hline \multicolumn{3}{|l|}{Heat oven to \(350^{\circ}\). Grease cookie sheet. Beat brown sugar, butter,} \\
\hline \multicolumn{3}{|l|}{shortening, vanilia and eggs in large bowl with electric mixer on medium} \\
\hline \multicolumn{3}{|l|}{speed, or mix with spoon. Stir in flour, oats, baking powder and salt.} \\
\hline \multicolumn{3}{|l|}{Shape dough into 1-inch balls; roll in granulated sugar. Place about 2} \\
\hline \multicolumn{3}{|l|}{inches apart on cookie sheet. Bake 10 to 12 minutes or until almost no} \\
\hline \multicolumn{3}{|l|}{indentation remains when touched lightly in center. Immediately remove} \\
\hline from cook & ie sheet to wi & re rack. \\
\hline
\end{tabular}
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
"© General Mills, Inc. 1998."
Yie1d:
"60 Cookies"

Per serving: 93 Calories (kcal); 4g Total Fat; (34\% calories from fat); 1g Protein; 14g Carbohydrate; 6 mg Cholesterol; 53mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    You can use either light brown or dark brown sugar in your
    recipes. The larger amount of molasses gives dark brown sugar its
    darker color and stronger flavor.
    If your want to add a crunchy texture to these oatmeal cookies,
    lightly toast the oatmeal before adding it to the other
    ingredients.
Nutr. Assoc. : 0 4098 0 0 3218 0 20223 0 0 1440
```

* Exported from MasterCook *
Candy Corn Shortbread
Recipe By
Serving Size
S
36 $\quad$ Preparation Time :0:00
Categories : Chapter 3 Kid Cookies


Beat butter and sugar in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour. Divide dough into 6 equal parts. Combine 3 parts dough; mix with 10 drops yellow food color and 4 drops red food color to make orange dough. Combine 2 parts dough; mix with 7 drops yellow food color to make yellow dough. Leave remaining part dough plain.

Pat orange dough into 3/4-inch-thick rectangle, $9 \times 2$ inches, on plastic wrap. Pat yellow dough into $1 / 2$-inch-thick rectangle, $9 \times 13 / 4$ inches. Place yellow rectangle centered on orange rectangle. Shape plain dough into 9 -inch roll, $3 / 4$ inch in diameter. Place roll on center of yellow rectangle. Wrap plastic wrap around dough, pressing dough into triangle so that dough will resemble a kernel of corn when sliced. Refrigerate about 2 hours or until firm.

Heat oven to $350^{\circ}$. Cut dough into $1 / 4$-inch slices. Place about 1 inch apart on ungreased cookie sheet. Bake 10 to 12 minutes or until set. Remove from cookie sheet to wire rack.

Stack dough so that the orange rectangle is on the bottom and the uncolored roll of dough is on top.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

## Description:

"What's Halloween without candy corn? These tender, buttery cookie
wedges look just like giant pieces of the Halloween favorite."
Copyright:
"© General Mills, Inc. 1998."
Yie7d:
"36 Cookies"
T(Chi11):
"2:00"

Per serving: 64 Calories (kca1); 4g Total Fat; (53\% calories from fat); 1g Protein; 7 g Carbohydrate; 0 mg Cholesterol; 45 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES : Shortbread is one of the simplest doughs to mix with only 3 basic ingredients-margarine or butter, sugar and flour.
Nutr. Assoc. : 40980056414706

* Exported from MasterCook *


## Cappuccino-Pistachio Shortbread

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 32 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 5
Hand-Shaped \& Pressed Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 | tablespoons | cappuccino-flavored instant coffee mix (dry) |
| 1 | tablespoon | water |
| 3/4 | cup | butter or margarine -- softened |
| 1/2 | cup | powdered sugar |
| 2 | cups | al1-purpose flour |
| 1/2 | cup | chopped pistachio nuts |
| 1 | ounce | semisweet baking chocolate or white baking bar |
| 1 | teaspoon | shortening |

Heat oven to $350^{\circ}$. Dissolve coffee mix in water in medium bow 1 . Add butter and powdered sugar. Beat with electric mixer on medium speed until creamy, or mix with spoon. Stir in flour and nuts, using hands if necessary, until stiff dough forms.

Divide dough in half. Shape each half into a ball. Pat each ball into 6 -inch round, about $1 / 2$ inch thick, on 1 ightly floured surface. Cut each round into 16 wedges. Arrange wedges about $1 / 2$ inch apart and with pointed ends toward center on ungreased cookie sheet. Bake about 15 minutes or until golden brown. Immediately remove from cookie sheet to wire rack. Cool completely.

Place chocolate and shortening in small microwavable bowl. Microwave uncovered on Medium (50\%) 3 to 4 minutes, stirring after 2 minutes, until mixture can be stirred smooth and is thin enough to drizzle. Drizzle over cookies.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"32 Cookies"
T(Bake) ${ }^{10: 15 "}$

Per serving: 97 Calories (kcal); 6 g Total Fat; ( $55 \%$ calories from fat); 1 g Protein; 10g Carbohydrate; 12mg Cholesterol; 10mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0
Other Carbohydrates

```
NOTES : Cookie Tips
        Instant flavored coffees are very popular and come in individual
        envelopes, boxes of envelopes, cans, canisters and jars. Use your
        favorite flavor in this recipe.
        For a Christmas theme, look for red or green pistachios! These
        colors would also work for Valentine's or Saint Patrick's Day. If
        you'd like, drizzle cookies with both semisweet and white
        chocolate.
Nutr. Assoc. : 2482 0 1553 0 0 1139 2132 0
```

```
* Exported from MasterCook *
```

                                    Carame1 Apple Cookies
    $\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 24 \text { Preparation Time :0:00 }\end{array}$
$\begin{array}{ll}\text { Serving Size } \\ \text { Categories } & \text { Chapter 3 }\end{array}$

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | shortening |
| $11 / 2$ | teaspoons | vanilla |
| 2 |  | eggs |
| 3 | cups | al1-purpose flour |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | salt |
|  |  | Red paste food color, if desired |
|  |  | About 24 wooden sticks with rounded ends |
|  |  | Carame1 Glaze -- (recipe follows) |
|  |  | CARAMEL GLAZE |
| 1 | (14 ounce) pa | ckage vanilla caramels |
| 1/4 | cup | water |

Heat oven to $400^{\circ}$. Beat sugar, butter and shortening in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in vanilla and eggs. Stir in flour, baking soda and salt. Stir in food color to tint dough red.

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
```

Rol1 dough $1 / 4$ inch thick on lightly floured cloth-covered surface. Cut with 3 -inch round or apple-shaped cookie cutter. Place 2 inches apart on ungreased cookie sheet. Insert wooden stick into side of each cookie. Bake 8 to 9 minutes or until edges are light brown. Coo 12 minutes; remove from cookie sheet to wire rack. Cool completely. Spread top third of each cookie (opposite wooden stick) with Caramel Glaze. Hold cookie upright to allow glaze to drizzle down cookie.

CARAMEL GLAZE:
Heat caramels and water in 2-quart saucepan over low heat, stirring
frequently, until melted and smooth. If glaze becomes too stiff, heat over low heat, stirring constantly, until softened.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"24 Cookies"

Per serving: 237 Calories (kcal); 10 g Total Fat; ( $38 \%$ calories from fat); 3 g Protein; 34g Carbohydrate; 17 mg Cholesterol; 167 mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 1/2 Other Carbohydrates

```
NOTES : Make It Your Way
    Here's another fall idea, try making Leaf Cookies. Make the dough
    as directed above-except omit red food color paste and Caramel
    Glaze. Divide dough into 3 equal parts. Stir 8 drops yellow food
    color into 1 part dough to make yellow dough. Stir 8 drops yellow
    and 3 drops red food color into another part dough to make orange
    dough. Stir 10 drops red, 8 drops green and 3 drops yellow food
    color into remaining dough to make brown dough.
    Drop small portions of each of the 3 colors of dough close
    together in random pattern onto lightly floured cloth-covered
    surface. Rol1 doughs together into marbled pattern to 1/8-inch
    thickness. Cut with 2 1/2- to 3-inch leaf-shaped cookie cutter.
    place on ungreased cookie sheet. Bake 6 to 7 minutes or until no
    indentation remains when touched in center. Remove from cookie
    sheet; cool on wire rack. About 4 dozen cookies.
Nutr. Assoc. : 0 4098 0 0 3218 0 0 0 0 0 2130706543 0 0 251 0
```

* Exported from MasterCook *
Carame1 Candy Bars
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 48 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 2 Super Bars and Brownies
Amount Measure Ingredient -- Preparation Method

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    (14 ounce) package vanilla caramels
                                    cup milk
    cups all-purpose flour
    cups quick-cooking or old-fashioned oats
\(1 / 2 \quad\) cups packed brown sugar
        teaspoon baking soda
    1/2 teaspoon salt
        egg
        cup butter or margarine -- softened
    (6 ounce) package semisweet chocolate chips (1 cup)
        cup chopped walnuts
        OR
        cup dry-roasted peanuts
```

Heat oven to $350^{\circ}$. Heat caramels and milk in 2-quart saucepan over low heat, stirring frequently, until smooth; remove from heat.

Mix flour, oats, brown sugar, baking soda and salt in large bowl with spoon. Stir in egg and butter until mixture is crumbly. Press half of the crumbly mixture in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Bake 10 minutes.

Sprinkle chocolate chips and walnuts over baked layer. Drizzle with caramel mixture. Sprinkle with remaining crumbly mixture; press gently into carame 1 mixture. Bake 20 to 25 minutes or until golden brown. Cool 30 minutes. Loosen edges from sides of pan. Cool completely. Cut into 8 rows by 4 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"48 Bars"
T(Cool):
"0:30"

Per serving: 162 Calories (kcal); 8 g Total Fat; (40\% calories from fat); 2g Protein; 23 g Carbohydrate; 5 mg Cholesterol; 121mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

## NOTES : Cookie Tips

 For a holiday or housewarming gift, wrap individual bars in colored plastic wrap and pack in a basket with a bow.Make It Your Way If you love the chocolate and peanut butter flavor combination, make Chocolate Peanut Bars by substituting chocolate caramels for the vanilla caramels and peanut butter chips for the chocolate chips. Use peanuts rather than walnuts. Delicious!
Nutr. Assoc. : 2510020223000040984886002130706543

```
* Exported from MasterCook *
Carame1 Fudge Bars
    Page 26
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
Serving Size : 24 Preparation Time :0:00
```

Categories : Chapter 4 Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| $\begin{array}{ll}1 & \\ & 1 / 4\end{array}$ | package | Betty Crocker® Supreme brownie mix (with pouch of Chocolate Flavor Syrup) milk |
| 1 | teaspoon | vanilia |
| 1 |  | egg |
| 1/2 | (14 ounce) pa | ckage vanilla caramels (25 caramels) |
| 1 | (14 ounce) can | sweetened condensed milk |

Heat oven to $350^{\circ}$. Grease bottom only of rectangular pan, $13 \times 9 \times 2$ inches. Mix brownie mix (dry; do not add chocolate syrup from pouch), milk, vanilla and egg with spoon; reserve 1 cup. Press remaining brownie mixture in bottom of pan. Bake 10 minutes.

Heat caramels and chocolate syrup from pouch in 2-quart saucepan over medium-1ow heat, stirring occasionally, until caramels are melted. Stir in milk. Pour over baked layer. Break up reserved brownie mixture; sprinkle over carame1.

Bake 25 to 30 minutes or until bubbly around edges. Cool completely; refrigerate for easier cutting. Cut into 4 rows by 6 rows. Store tightly covered and, if desired, in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"These bars are more like a candy, and if you like "ooey-gooey"
sweets, you'11 love these. Make sure to keep them stored in the
refrigerator so they don't get too soft."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"24 Bars"

Per serving: 201 Calories (kcal); 4g Total Fat; (17\% calories from fat); 3g
Protein; 39 g Carbohydrate; 14 mg Cholesterol; 135 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 2
1/2 Other Carbohydrates

```
NOTES : Make It Your Way
    Make Chocolate-Carame1 Fudge Bars by substituting
    chocolate-flavored sweetened condensed milk for regular.
Nutr. Assoc. : 5721 0 0 0 251 0
```

* Exported from MasterCook *
Caramel-Pecan Cookies
Recipe By :

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Serving Size : 32 Preparation Time :0:00
Categories : Chapter 3
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1/2 & cup & packed brown sugar \\
\hline 1/2 & cup & butter or margarine -- softened \\
\hline 2 & tablespoons & water \\
\hline 1 & teaspoon & vanilla \\
\hline 1 1/2 & cups & a11-purpose flour \\
\hline 1/8 & teaspoon & salt \\
\hline 8 & & vanilla carame1s \\
\hline 160 & & \begin{tabular}{l}
pecan halves (about 2 1/4 cups) \\
Chocolate Glaze -- (recipe follows)
\end{tabular} \\
\hline & & CHOCOLATE GLAZE \\
\hline 1 & ounce & unsweetened baking chocolate \\
\hline 1 & cup & powdered sugar \\
\hline 1 & teaspoon & vanilla \\
\hline 2 & teaspoons & water (2 to 4 teaspoons) \\
\hline
\end{tabular}

Heat oven to \(350^{\circ}\). Beat brown sugar, butter, water and vanilla in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt.

Cut each caramel into 4 pieces with sharp knife. For each cookie, group 5 pecan halves on ungreased cookie sheet.

Shape 1 teaspoon dough around each carame1 piece to form a bal1. Press bal1 firmly onto center of each group of pecans.

Bake 12 to 15 minutes or unti 1 set but not brown. Immediately remove from cookie sheet to wire rack. Cool completely. Spread tops of cookies with Chocolate G1aze.

CHOCOLATE GLAZE:
Melt chocolate in 1-quart saucepan over low heat, stirring occasionally. Stir in powdered sugar, vanilla and water until smooth and spreadable.
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.
Description:
"These adorable cookie confections look like turtles. Kids will love making and eating them!"
Copyright:
"@ Genera1 Mil1s, Inc. 1998."
Yield:
"32 Cookies"

```

Per serving: 135 Calories (kcal); 8 g Total Fat; (53\% calories from fat); 1g Protein; 15g Carbohydrate; trace Cholesterol; 49mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Make It Your Way

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt For a bit more chocolate flavor, substitute chocolate caramels for the vanilla caramels.
Nutr. Assoc. : 04098000025144312130706543002132001582
```

* Exported from MasterCook *
Carrot-Molasses Cookies

```
```

Recipe By (% Perving Size : 42 Preparation Time :0:00

```
Categories : Chapter 4 Fix 'Em with a Mix
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & package & Betty Crocker \({ }^{\text {® }}\) SuperMoist carrot cake mix \\
\hline 1/4 & cup & butter or margarine -- softened \\
\hline 2 & tablespoons & light molasses \\
\hline 2 & & eggs \\
\hline 1/2 & cup & chopped nuts, if desired \\
\hline 1 & tub & Betty Crocker \({ }^{\oplus}\) Rich \& Creamy cream cheese \\
\hline
\end{tabular}

Beat half of the cake mix (dry), the butter, molasses and eggs in large bowl with electric mixer on medium speed until smooth, or mix with spoon. Stir in remaining cake mix and the nuts. Refrigerate about 2 hours or until chilled.

Heat oven to \(375^{\circ}\). Lightly grease cookie sheet. Drop dough by rounded teaspoonfuls about 2 inches apart onto cookie sheet. Bake 8 to 10 minutes or until edges are set (centers will be soft). Remove from cookie sheet to wire rack. Cool completely. Frost with frosting. (Cover and refrigerate any remaining frosting.)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\) cookbooks. Because MasterCook and Betty Crocker® \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"42 Cookies"
T(Chil1):
"2:00"

Per serving: 73 Calories (kcal); 3g Total Fat; (35\% calories from fat); 1g
Protein; 11g Carbohydrate; 9 mg Cholesterol; 92 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; \(1 / 2\) Fat; \(1 / 2\)
Other Carbohydrates
NOTES : Cookie Tips
Great! You don't have to shred carrots by hand for this homey, old-fashioned cookie.
"I Don't Have That"
Honey or maple-flavored syrup can be substituted for the molasses.
Nutr. Assoc. : 5710409839343218267721307065430
Page 29

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
```

* Exported from MasterCook *

```

\section*{Carrot-Raisin Bars}

Recipe By : 48 Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & package & Betty Crocker \({ }^{\text {® }}\) SuperMoist carrot cake mix \\
\hline 1/2 & cup & vegetable oil \\
\hline 1/4 & cup & water \\
\hline 2 & & eggs \\
\hline 3/4 & cup & raisins \\
\hline 1/2 & cup &  \\
\hline 1 & tub & Betty Crocker \({ }^{\circledR}\) Rich \& Creamy cream cheese
frosting \\
\hline
\end{tabular}

Heat oven to \(350^{\circ}\). Grease and flour jelly roll pan, \(151 / 2 \times 101 / 2 \times 1\) inch. Mix cake mix (dry), oil, water and eggs in large bow with spoon. Stir in raisins and nuts. Spread evenly in pan.

Bake 15 to 20 minutes or until bars spring back when touched lightly in center. Cool completely. Frost with frosting. Cut into 8 rows by 6 rows.
```

Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
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Yield:
"48 Bars"
Per serving: 120 Calories (kcal); 5g Total Fat; (39% calories from fat); 1g
Protein; 18g Carbohydrate; 8mg Cholesterol; 88mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1
Other Carbohydrates
NOTES : Make It Your Way
If you love coconut, you'11 love our Carrot-Raisin Coconut Bars.
Stir in 1 cup coconut with the raisins and nuts.
Using orange juice instead of the water gives these bars a nice
flavor boost.
Nutr. Assoc. : 5710 0 0 0 0 0 1170 0

* Exported from MasterCook *
Cherry-Almond Bars
Recipe By :
Serving Size : 24 Preparation Time :0:00
Page 30

```
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Categories : Chapter 2 Super Bars and Brownies

```
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & (10 ounce) jar & maraschino cherries \\
\hline 1 & cup & al1-purpose flour \\
\hline 1/2 & cup & butter or margarine -- softened \\
\hline 1/4 & cup & powdered sugar \\
\hline 2 & & eggs \\
\hline 1 & cup & sliced almonds \\
\hline 1/2 & cup & granulated sugar \\
\hline 1/4 & cup & al1-purpose flour \\
\hline 1/2 & teaspoon & \begin{tabular}{l}
baking powder \\
Pink Glaze -- (recipe follows)
\end{tabular} \\
\hline & & PINK GLAZE \\
\hline 1/2 & cup & powdered sugar \\
\hline 2 1/4 & teaspoon & almond extract \\
\hline 2 & teaspoons & reserved maraschino cherry juice (2 to 3 teaspoons) \\
\hline
\end{tabular}

Heat oven to \(350^{\circ}\). Drain cherries, reserving juice for Pink Glaze. Chop cherries; set aside. Mix 1 cup flour, the butter and powdered sugar with spoon. Press in ungreased square pan, \(9 \times 9 \times 2\) inches. Bake about 10 minutes or until set.

Beat eggs in medium bowl with fork. Stir in cherries and remaining
ingredients except Pink Glaze. Spread over baked layer. Bake 20 to 25 minutes or until golden brown. Cool completely. Drizzle with Pink Glaze. Cut into 6 rows by 4 rows.

PINK GLAZE:
Mix all ingredients until smooth and thin enough to drizzle.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.

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Yield:
"24 Bars"

Per serving: 143 Calories (kcal); 7g Total Fat; (45\% calories from fat); 2g Protein; 18g Carbohydrate; 16mg Cholesterol; 66mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1 Other Carbohydrates
NOTES : Maraschino Cherries
Is that pronounced "mar-uh-SKEE-noh" or "mar-uh-SHEE-noh?" Either way is fine. Although any cherry will do, these sweet beauties are generally made from Royal Ann cherries. They are soaked in a sugar syrup and dyed red or green. The red cherries are flavored with almond and the green with mint.

Make It Your way Green Cherry-Almond Bars are just as attractive as pink ones. Page 31
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Replace the red maraschino cherries in the bars with green ones and replace red maraschino cherry juice in the glaze with green. This makes a great treat to serve for Saint Patrick's Day.
Nutr. Assoc. : 409704098032180000213070654300000

```
* Exported from MasterCook *

Chocolate Chip Cookies
Recipe By
Serving Size
: \(60 \quad\) Preparation Time \(: 0: 00\)
Categories \(\vdots\) Chapter 4 Fix 'Em with a Mix


Heat oven to \(350^{\circ}\). Beat half of the cake mix (dry), the butter, vanilla and eggs in large bowl with electric mixer on medium speed until smooth, or mix with spoon. Stir in remaining cake mix, the nuts and chocolate chips.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until edges are set (centers will be soft). Cool 1 minute; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

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Yield:
"60 Cookies"

Per serving: 71 Calories (kcal); \(4 g\) Total Fat; (46\% calories from fat); 1g Protein; 9 g Carbohydrate; 6 mg Cholesterol; 72 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2
Other Carbohydrates
NOTES : *If using chocolate chip cake mix, bake 12 to 15 minutes. If using yellow cake mix, decrease butter to \(1 / 3\) cup.

Cookie Tips
Did you know that frozen nuts are easier to chop than room temperature nuts?

The cap on the vanilla extract bottles are a handy little measure, most caps hold between \(1 / 2\) and 1 teaspoon.

Page 32

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Nutr. Assoc. : 570940980004886
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* Exported from MasterCook *

```

\section*{Chocolate Chip Sandwich Cookies}
\begin{tabular}{ll} 
Recipe By & : \(48 \quad\) Preparation Time :0:00 \\
Serving Size & \(\vdots\) Easy Drop Cookies \\
Categories & : Chapter 1
\end{tabular}
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 1/4 & cups & packed brown sugar \\
\hline 1/2 & cup & butter or margarine -- softened \\
\hline 1 & & egg \\
\hline \(11 / 4\) & cups & al1-purpose flour \\
\hline 1/4 & teaspoon & baking soda \\
\hline 1/8 & teaspoon & salt \\
\hline 1 & cup & miniature semisweet chocolate chips Chocolate Frosting -- (recipe follows) \\
\hline 2 & ounces & CHOCOLATE FROSTING unsweetened baking chocolate \\
\hline 2 & tablespoons & butter or margarine \\
\hline 2 & cups & powdered sugar \\
\hline 3 & tablespoons & hot water \\
\hline
\end{tabular}

Heat oven to \(350^{\circ}\). Lightly grease cookie sheet. Beat brown sugar, butter and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt. Stir in chocolate chips.

Drop dough by level teaspoonfuls about 2 inches apart onto cookie sheet (dough will flatten and spread). Bake 8 to 10 minutes or until golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely. Spread 1 teaspoon Chocolate Frosting between bottoms of pairs of cookies.

\section*{CHOCOLATE FROSTING:}

Me7t chocolate and butter in 2-quart saucepan over low heat, stirring occasionally; remove from heat. Stir in powdered sugar and hot water until smooth and spreadable. (If frosting is too thick, add more water. If frosting is too thin, add more powdered sugar.)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\) cookbooks. Because MasterCook and Betty Crocker® \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"48 Cookies"

Per serving: 99 Calories (kcal); 4g Total Fat; (36\% calories from fat); 1g Protein; 16g Carbohydrate; 4 mg Cholesterol; 46mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
NOTES : Cookie Tips
These little sandwich cookies will get soft during storage due to the moisture in the frosting.
"I Don't Have That"
About 1 cup of canned frosting can be used if you don't feel like making the frosting from scratch.
Nutr. Assoc. : 04098000041492130706543000409800
```

* Exported from MasterCook *

```

Chocolate Chip-Pecan Bars
Recipe By
Serving Size \(\quad 32 \quad\) Preparation Time :0:00 Categories \(\vdots\) Chapter 4 Fix 'Em with a Mix
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & package & Betty Crocker \({ }^{\circledR}\) SuperMoist French vanilla cake mix \\
\hline 1/2 & cup & butter or margarine -- softened \\
\hline 2 & cups & pecan halves \\
\hline & cup & butter or margarine \\
\hline 1/2 & (6 ounce) \({ }^{\text {cup }}\) pac & packed brown sugar \\
\hline
\end{tabular}

Heat oven to \(350^{\circ}\). Mix cake mix (dry) and \(1 / 2\) cup butter in medium bowl, using pastry blender or crisscrossing 2 knives, until crumbly. Press firmly in bottom of ungreased rectangular pan, \(13 \times 9 \times 2\) inches. Bake 8 to 10 minutes or until 1ight brown.

Sprinkle pecan halves evenly over baked layer. Heat \(2 / 3\) cup butter and the brown sugar to boiling in 2-quart saucepan over medium heat, stirring occasionally; boil and stir 1 minute. Spoon mixture evenly over pecans.

Bake about 20 minutes or until bubbly and light brown. Sprinkle chocolate chips over warm bars; cool. Cut into 8 rows by 4 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\ominus}\) Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.
copyright:
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Yield:
"32 Bars"

Per serving: 206 Calories (kcal); 14g Total Fat; (58\% calories from fat); 1g Protein; 21g Carbohydrate; 0mg Cholesterol; 181mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; \(21 / 2\) Fat; 1 1/2 Other Carbohydrates

NOTES : Cookie Tips
A pastry blender is a very efficient, easy-to-use tool to have on hand. It blends butter or shortening into dry ingredients without Page 34

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt much effort. Pastry blenders are inexpensive and can be found in the cooking and baking utensil section of most discount stores.
"I Don't Have That"
white- or yellow-flavored mix can be substituted for the French vanilla.
Nutr. Assoc. : 571440980409804886
* Exported from MasterCook *

Chocolate Cookies
Recipe By
Serving Size
: \(48 \quad\) Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix


Heat oven to \(350^{\circ}\). Mix cake mix (dry), oil and eggs in large bow 1 with spoon until dough forms.

Shape dough into 1-inch balls; roll in sugar. Place about 2 inches apart on ungreased cookie sheet. Bake 8 to 10 minutes or until set. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® \({ }^{\circledR}\) cookbooks. Because MasterCook and Betty Crocker \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"The tops of these cookies look crinkled, and they have a soft, chewy texture.
Copyright:
"@ General Mil1s, Inc. 1998."
Yield:
"48 Cookies"

Per serving: 59 Calories (kcal); 2g Total Fat; (35\% calories from fat); 1g Protein; 9 g Carbohydrate; 8 mg Cholesterol; 82 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2
Other Carbohydrates
NOTES : Make It Your Way
To make Chocolate Chip Chocolate Cookies, stir in 2/3-cup miniature semisweet chocolate chips into the dough.
Nutr. Assoc. : 890032180
```

* Exported from MasterCook *

```

Chocolate Drop Cookies
Page 35

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Recipe By \begin{tabular}{l} 
Serving Size \\
S \\
Separation Time \(: 0: 00\)
\end{tabular}
Categories : Chapter 1 Easy Drop Cookies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & sugar \\
\hline 1/2 & cup & butter or margarine -- softened \\
\hline 1/3 & cup & buttermilk \\
\hline 1 & teaspoon & vanilla \\
\hline 2 & ounces & unsweetened baking chocolate -- melted and cooled \\
\hline 1 & & egg \\
\hline \(13 / 4\) & cups & al1-purpose flour \\
\hline 1/2 & teaspoon & baking soda \\
\hline 1/2 & teaspoon & salt \\
\hline 1 & cup & \\
\hline & cup & Chocolate Frosting -- (recipe follows) \\
\hline & & CHOCOLATE FROSTING \\
\hline 2 & ounces & unsweetened baking chocolate \\
\hline 2 & tablespoons & butter or margarine \\
\hline 2 & cups & powdered sugar \\
\hline 3 & tablespoons & hot water \\
\hline
\end{tabular}

Heat oven to \(375^{\circ}\). Grease cookie sheet. Beat sugar, butter, buttermilk, vanilla, chocolate and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt. Stir in nuts.

Drop dough by rounded tablespoonfuls about 2 inches apart onto cookie sheet. Bake 8 to 10 minutes or until almost no indentation remains when touched in center. Immediately remove from cookie sheet to wire rack. Cool completely. Frost with Chocolate Frosting.

CHOCOLATE FROSTING:
Melt chocolate and butter in 2-quart saucepan over low heat, stirring occasionally; remove from heat. Stir in powdered sugar and hot water until smooth and spreadable. (If frosting is too thick, add more water. If frosting is too thin, add more powdered sugar.)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.
```

Description:
"This very old-fashioned cookie is a time-tested classic. It bakes up
into a tender, cake-like cookie adorned with an incredibly fudgy
chocolate frosting."
Copyright:
"@ Genera1 Mi11s, Inc. 1998."
Yield:
"36 Cookies"

```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt 1 Other Carbohydrates
```

NOTES : Make It Your Way
If you love chocolate-covered raisins, add them to this cookie to
make Raisin-Filled Chocolate Drops. Stir in 1 cup semisweet- or
milk chocolate-covered raisins with the nuts. Serve with a cup of
rich, ful1-bodied coffee or a glass of ice cold milk.
Nutr. Assoc. : 0 4098 0 0 2132 0 0 0 0 2677 2130706543 0 0 2132 4098 0 0

```
* Exported from MasterCook *
                    Chocolate Linzer Hearts
Recipe By \(\begin{aligned} & \text { Berving. Size } \\ & \text { Se } \\ & \text { Separation Time }: 0: 00\end{aligned}\)
\(\begin{array}{ll}\text { Serving Size } & \text { : } \\ \text { Categories } & \text { Celebrate with Cookies }\end{array}\)
    Chapter 7
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & butter or margarine -- softened \\
\hline 1/2 & cup & sugar \\
\hline 1 & teaspoon & vanilla \\
\hline 2 & & eggs \\
\hline 1 & cup & hazelnuts -- toasted (see Notes), skinned and ground \\
\hline 1/2 & ounce & semisweet baking chocolate -- finely chopped \\
\hline \(21 / 2\) & cups & a11-purpose flour \\
\hline 1 1/2 & teaspoons & ground cinnamon \\
\hline 1/2 & teaspoon & ground nutmeg \\
\hline 1/2 & cup & raspberry jam \\
\hline 1 & ounce & semisweet baking chocolate -- melted \\
\hline
\end{tabular}

Beat butter and sugar in large bow 7 with electric mixer on medium speed until light and fluffy, or mix with spoon. Beat in vanilla and eggs until smooth. Add remaining ingredients except jam and melted chocolate. Beat until well blended. Cover and refrigerate 1 hour (dough will be sticky).

Heat oven to \(375^{\circ}\). Roll one fourth of dough at a time between pieces of waxed paper until \(1 / 8\) inch thick. (Keep remaining dough refrigerated until ready to ro11.) Cut with 2 -inch heart-shape cookie cutter. Cut small heart shape from center of half of the 2-inch hearts, if desired. Place on ungreased cookie sheet.

Bake 7 to 9 minutes or until light brown. Remove from cookie sheet to wire rack. Cool completely. Spread about \(1 / 2\) teaspoon raspberry jam on bottom of whole heart cookies; top with cut-out heart cookie. Drizzle with melted chocolate. Let stand until chocolate is firm.

\footnotetext{
Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\) cookbooks. Because MasterCook and Betty Crocker \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.

\section*{Description:}
"These cookies are a variation of the famous Austrian Linzer Torte.
The toasted hazelnuts, raspberry jam and chocolate provide a unique
taste sensation."
Copyright:
"© General Mills, Inc. 1998."
Yie1d:
"36 Cookies"
}
```

        Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    T(Chi11):
"1:00"

```

Per serving: 133 Calories (kcal); 8g Total Fat; (54\% calories from fat); 2g Protein; 14g Carbohydrate; 10mg Cholesterol; 65mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates
```

NOTES : Cookie Tips

```
    To toast nuts, bake uncovered in ungreased shallow pan in \(350^{\circ}\)
    oven about 10 minutes, stirring occasionally, until golden brown.
    Or cook in ungreased heavy skillet over medium-low heat 5 to 7
    minutes, stirring frequently until browning begins, then stirring
    constantly until golden brown.
    Hazelnuts
    Hazelnuts, also called "filberts," are the nuts of the hazel tree,
    which is a member of the birch family.
Nutr. Assoc. : 40980032183677135300001353
```

* Exported from MasterCook *

```
                                    Chocolate Mini-Chippers
\(\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 30 \quad \text { Preparation Time }: 0: 00\end{array}\)
Categories : Chapter 8
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1/2 & cup & granulated sugar \\
\hline 1/4 & cup & packed brown sugar \\
\hline 1/4 & cup & butter or margarine -- softened \\
\hline 1 & teaspoon & vanilla egg white \\
\hline & & OR \\
\hline 2 & tablespoons & fat-free cholesterol-free egg product \\
\hline 1/2 & cup & a11-purpose flour \\
\hline 1/2 & cup & whole wheat flour \\
\hline 1/2 & teaspoon & baking soda \\
\hline 1/4 & teaspoon & salt \\
\hline 1/2 & cup & miniature semisweet chocolate chips \\
\hline
\end{tabular}

Heat oven to \(375^{\circ}\). Beat sugars, butter, vanilla and egg white in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flours, baking soda and salt. Stir in chocolate chips.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 8 to 10 minutes or until golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

\footnotetext{
Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.
}

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ Genera1 Mi11s, Inc. 1998."
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Yield:
"30 Cookies"

```
Per serving: 62 Calories (kcal); 2g Total Fat; (33\% calories from fat); 1g
Protein; 10g Carbohydrate; 0 mg Cholesterol; 61mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
    You can have your favorite cookie and not miss out on the taste.
    One little trick is to use miniature chocolate chips-their size
    allows them to be distributed more eventy through the dough,
    giving you chocolate in each bite!
    Make It Your Way
    You can eliminate the whole wheat flour and use all-purpose flour
    in its place.
Nutr. Assoc. : 004098000213070654300004149
* Exported from MasterCook *
                                    Chocolate Shortbread
Recipe By
Serving Size
S 48 Preparation Time :0:00
Categories : Chapter 6 Rolling in Dough
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 2 & cups & powdered sugar \\
\hline 1 1/2 & cups & butter or margarine -- softened \\
\hline 3 & cups & all-purpose flour \\
\hline 3/4 & cup & baking cocoa \\
\hline 2 & teaspoons & vanilla \\
\hline 4 & ounces & semisweet baking chocolate -- melted and cooled \\
\hline 1/2 & teaspoon & ```
shortening
Creamy Frosting -- (recipe follows)
``` \\
\hline 3 & cups & CREAMY FROSTING powdered sugar \\
\hline 1/3 & cup & butter or margarine -- softened \\
\hline \(11 / 2\) & teaspoons & vanilla \\
\hline 2 & tablespoons & (about) milk \\
\hline
\end{tabular}

Heat oven to \(325^{\circ}\). Beat powdered sugar and butter in large bowl with
electric mixer on medium speed until light and fluffy, or mix with spoon.
Stir in flour, cocoa and vanilla.
Roll half of dough at a time \(1 / 2\) inch thick on lightly floured surface.
Cut into 3 -inch rounds. Place 2 inches apart on ungreased cookie sheet.
Bake 9 to 11 minutes or until firm (cookies should not be dark brown).
Remove from cookie sheet to wire rack. Cool completely.
Mix chocolate and shortening until smooth. Prepare Creamy Frosting. Spread each cookie with about 1 teaspoon frosting. Immediately make three
concentric circles on frosting with melted chocolate. Starting at center, draw a toothpick through chocolate circles to make spider web design. Let stand until chocolate is firm.

CREAMY FROSTING:
Mix powdered sugar and butter in medium bowl. Stir in vanilla and milk. Beat with spoon until smooth and spreadable.
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

\section*{Description:}
"The rich chocolate flavor gives character to these frosted shortcake cookies, and they'11 probably disappear in a hurry!"
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"48 Cookies"

Per serving: 155 Calories (kcal); 8 g Total Fat; (44\% calories from fat); 1g
Protein; 21g Carbohydrate; trace Cholesterol; 83mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1 Other Carbohydrates
```

NOTES : Cookie Tips
Another idea for a quick cookie design is to drizzle straight
lines of chocolate across the frosting, then pull a wooden
toothpick back and forth across the lines.
Nutr. Assoc. : 0 4098 0 2727 0 1353 0 2130706543 0 0 0 4098 0 4038

```
```

* Exported from MasterCook *

```
                                    Chocolate-Almond Tea Cakes
Recipe By :
Serving.Size : 42 Preparation Time :0:00
Categories : Chapter 5
\begin{tabular}{rll} 
Amount & Measure & Ingredient -- Preparation Method \\
\(-3 / 4\) & cup & butter or margarine -- softened \\
\(1 / 3\) & cup & powdered sugar \\
\(1 / 4\) & cups & all-purpose flour \\
\(1 / 2\) & cup & hot cocoa mix (dry) \\
\(1 / 2\) & cup & chopped slivered almonds -- toasted (see Notes) \\
& & Powdered sugar
\end{tabular}

Heat oven to \(325^{\circ}\). Beat butter and \(1 / 3\) cup powdered sugar in medium bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, cocoa mix and almonds. (If dough is soft, cover and refrigerate until'firm enough to shape.)

Shape dough into 1-inch balls: Place about 2 inches apart on ungreased cookie sheet. Bake 12 to 15 minutes or unti 1 set. Dip tops into powdered sugar while warm. Cool completely on wire rack. Dip tops into powdered sugar again.

\footnotetext{
Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® Page 40
}

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookbooks. Because MasterCook and Betty Crocker \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.
```

Description:
"These cookies are dipped twice into the powdered sugar because the
sugar from the first dip gets absorbed into the cookie."
Copyright:
"© Genera1 Mil1s, Inc. 1998."
Yield:
"42 Cookies"

```
Per serving: 67 Calories (kcal); 4 g Total Fat; (55\% calories from fat); 1 g
Protein; 7g Carbohydrate; trace Cholesterol; 54mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0
Other Carbohydrates
NOTES : Cookie Tips
    To toast nuts, bake uncovered in ungreased shallow pan in \(350^{\circ}\)
    oven about 10 minutes, stirring occasionally, until golden brown.
    Or cook in ungreased heavy skillet over medium-low heat 5 to 7
        minutes, stirring frequently until browning begins, then stirring
        constantly until golden brown.
        Any of the flavored hot cocoa mixes will do the trick in these
        tasty little morsels.
Nutr. Assoc. : 4098002729200200
* Exported from MasterCook *
            Chocolate-Bourbon Balls
Recipe By
Serving Size
: \(60 \quad\) Preparation Time :0:00
Categories : Chapter 5
    Hand-Shaped \& Pressed Cookies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & \multicolumn{2}{|l|}{(9 ounce) package chocolate wafer cookies -- finely crushed (2 1/3} \\
\hline cups) & & \\
\hline 2 & cups & finely chopped almonds \\
\hline 2 & cups & powdered sugar \\
\hline 1/4 & cup & bourbon \\
\hline 1/4 & cup & light corn syrup \\
\hline & & Powdered sugar \\
\hline
\end{tabular}

Mix crushed cookies, almonds and 2 cups powdered sugar in large bowl. Stir in bourbon and corn syrup.

Shape mixture into 1-inch balls. Roll in powdered sugar. Cover tightly and refrigerate at least 5 days to blend flavors.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\) cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
"© General Mills, Inc. 1998.'
Yie1d:
"60 Cookies"

Per serving: 68 Calories (kcal); 3g Total Fat; (40\% calories from fat); 1g Protein; 9g Carbohydrate; trace Cholesterol; 27mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; \(1 / 2\) Fat; \(1 / 2\) Other Carbohydrates
```

NOTES : "I Don't Have That"
1 tablespoon brandy extract plus enough water to equal 1/4 cup can
be substituted for the bourbon.
Make It Your Way
Make Vanilla Bourbon Balls by substituting crushed vanilla wafers
for the chocolate wafers and pecans for the almonds.

```
Nutr. Assoc. : 2647200200000
* Exported from MasterCook *
    Chocolate-Cherry Sand Tarts
\(\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 54 \text { Preparation Time :0:00 }\end{array}\)
Categories : Celebrate with Cookies Chapter 7
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 3/4 & cup & sugar \\
\hline 3/4 & cup & butter or margarine -- softened \\
\hline \[
\begin{aligned}
& 1 \\
& 1
\end{aligned}
\] & & egg white \\
\hline \[
\begin{gathered}
13 / 4 \\
1 / 4
\end{gathered}
\] & cups cup & al1-purpose flour baking cocoa \\
\hline \(13 / 4\) & cups & (about) cherry preserves Chocolate Drizzle -- (recipe follows) \\
\hline 2/3 & & CHOCOLATE DRIZZLE
semisweet chocolat \\
\hline 1 & tablespoon & shortening \\
\hline
\end{tabular}

Beat sugar, butter and egg white in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and cocoa. Cover and refrigerate about 2 hours or until firm.

Heat oven to \(350^{\circ}\). Shape dough into 1 -inch balls. Press each ball in bottom and up side of each ungreased sandbakelse mold, about \(13 / 4 \times 1 / 2\) inch. Spoon about \(11 / 2\) teaspoons cherry preserves into each mold. Place on cookie sheet.

Bake 12 to 15 minutes or until crust is set. Cool 10 minutes; carefully remove from molds to wire rack. Cool completely. Drizzle with Chocolate Drizzle.

CHOCOLATE DRIZZLE:
Me7t ingredients over low heat, stirring occasionally, until smooth.

\footnotetext{
Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\) Page 42
}

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookbooks. Because MasterCook and Betty Crocker \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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"54 Cookies"
T(Chi11):
"2:00"

Per serving: 86 Calories (kcal); 4g Total Fat; (34\% calories from fat); 1g Protein; 14g Carbohydrate; 0mg Cholesterol; 35mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; \(1 / 2\) Fat; \(1 / 2\) Other Carbohydrates

NOTES : Cookie Tips
To quickly make Chocolate Glaze, place chocolate chips and shortening in a microwavable bowl. Microwave uncovered on Medium (50\%) 1 to 2 minutes or unti 1 mixture can be stirred smooth.

Sandbakelse Mold
A sandbakelse mold is a metal pan designed with tiny fluted cups and is used to bake tiny cookies with a filling. These molds can be found at kitchenware specialty stores.
Nutr. Assoc. : 04098002727255621307065430048860
```

* Exported from MasterCook *

```

Chocolate-Covered Peanut-Chocolate Chip Cookies
\begin{tabular}{ll} 
Recipe By & : \\
Serving Size & \(\vdots 2 \quad\) Preparation Time :0:00 \\
Categories & : Chapter 1
\end{tabular}
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & sugar \\
\hline 1/2 & cup & butter or margarine -- softened \\
\hline 1/2 & cup & shortening \\
\hline 1 & teaspoon & vanilla \\
\hline 1 & & egg \\
\hline \(13 / 4\) & cups & a11-purpose flour \\
\hline 1/2 & teaspoon & baking soda \\
\hline 1/4 & teaspoon & salt \\
\hline 1 & cup & chocolate-covered peanuts \\
\hline 1 & cup & milk chocolate chips \\
\hline
\end{tabular}

Heat oven to \(375^{\circ}\). Beat sugar, butter, shortening, vanilla and egg in
large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt. Stir in peanuts and chocolate chips.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until edges are golden brown (centers wil1 be soft). Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

\footnotetext{
Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\) Page 43
}

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yie1d:
"42 Cookies"

Per serving: 118 Calories (kcal); 7g Total Fat; (52\% calories from fat); 1g Protein; 13g Carbohydrate; 6 mg Cholesterol; 59 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Cookie Tips
If you oversoften butter or margarine, especially if it's been microwaved to the point of it being almost melted, your cookies wil1 spread a lot and be flat.

Make It Your Way
How about giving Chocolate-Covered Raisin-Chocolate Chip Cookies a whirl? Just substitute chocolate-covered raisins for the chocolate-covered peanuts.
Nutr. Assoc. : 0409800000026514139
* Exported from MasterCook *

Chocolate-Glazed Graham Crackers
Recipe By
Serving Size
: \(48 \quad\) Preparation Time :0:00
Categories : Chapter 6 Rolling in Dough
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & shortening \\
\hline 1/2 & cup & packed brown sugar \\
\hline 1/4 & cup & honey \\
\hline 2 & cups & whole wheat flour \\
\hline 1/2 & teaspoon & baking powder \\
\hline 1/4 & teaspoon & salt \\
\hline 1 \(1 / 2\) & cup & semisweet chocolate chips \\
\hline 1 & tablespoon & shortening \\
\hline
\end{tabular}

Heat oven to \(375^{\circ}\). Beat 1 cup shortening, the brown sugar and honey in
large bow with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt.

Ro11 half of dough at a time \(1 / 8\) inch thick on lightly floured cloth-covered surface. Cut into \(21 / 2\)-inch rounds. Place 1 inch apart on ungreased cookie sheet. Bake 7 to 9 minutes or until edges are firm. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely.

Melt chocolate chips and 1 tablespoon shortening over low heat, stirring occasionally, until smooth. Drizzle over cookies.

\footnotetext{
Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional
}

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt analysis programs and different nutrient databases, variations in results are expected.

Description:
"These crackers have a wonderful old-fashioned taste created with the
use of whole wheat flour. They are sure to please when served with a
glass of cold milk."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"48 Cookies"

Per serving: 79 Calories (kcal); 5 g Total Fat; (55\% calories from fat); 1g Protein; 8g Carbohydrate; 0mg Cholesterol; 18mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Make It Your Way
Make Honey-Graham Cracker Cookies by leaving out the chocolate and cutting the dough with 2- to 3-inch cookie cutters. Sprinkle the cookies with plain or colored sugar before baking.
Nutr. Assoc. : 00000048860
```

* Exported from MasterCook *

```

Chocolate-Mint Cookies
\begin{tabular}{lll} 
Recipe By & By \\
Serving Size & \(\vdots 6 \quad\) Preparation Time \(: 0: 00\) \\
Categories & \(:\) Chapter 1
\end{tabular}
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline \multirow[t]{6}{*}{\(\begin{array}{ll}1 & \\ 1 & 1 / 2 \\ 1 & \\ 2 & \\ 1 & \end{array}\)} & cup & sugar \\
\hline & cup & butter or margarine -- softened \\
\hline & teaspoon & vanilla \\
\hline & & egg \\
\hline & \multicolumn{2}{|l|}{(1 ounce) squares unsweetened chocolate -- melted and cooled} \\
\hline & cup & all-purpose flour \\
\hline 1/2 & teaspoon & salt \\
\hline & & Peppermint Frosting -- (recipe follows) \\
\hline 1/4 & cup & butter or margarine \\
\hline 1 & (6 ounce) pack & corn syrup \\
\hline & & Crushed hard peppermint candies, if desired \\
\hline & & PEPPERMINT FROSTING \\
\hline \(21 / 2\) & cups & powdered sugar \\
\hline 1/4 & cup & butter or margarine -- softened \\
\hline 3 & tablespoons
teaspoon & milk \\
\hline
\end{tabular}

Heat oven to \(375^{\circ}\). Beat sugar, \(1 / 2\) cup butter, the vanilla, egg and unsweetened chocolate in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Flatten cookies with greased bottom of glass dipped in sugar. Bake until set, about 8 minutes. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool cookies completely.

Spread Peppermint Frosting over each cookie to within 1/4 inch of edge. Melt \(1 / 4\) cup butter, the corn syrup and chocolate chips over low heat,

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt stirring constantly, until smooth. Spoon or drizzle mixture over each cookie; sprinkle with crushed candies.

PEPPERMINT FROSTING:
Mix all ingredients until smooth and of spreading consistency.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

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Copyright:
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Yield:
"36 Cookies"
T(Bake):
"0:08"

Per serving: 149 Calories (kcal); 8 g Total Fat; (43\% calories from fat); 1g Protein; 21 g Carbohydrate; 16 mg Cholesterol; 75 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; \(11 / 2\) Fat; 1 Other Carbohydrates
```

NOTES : Cookie Tips
To easily crush peppermint candies, place in resealable plastic
freezer bag. Seal bag and pound with rolling pin or meat mallet to
crush.
Make It Your Way
If you want to try another flavor combination, we suggest
Chocolate-Orange Cookies. To make these, substitute orange extract
for the peppermint extract in the frosting. If you would like,
crush orange-flavored hard candies to sprinkle on top of the
cookies in place of the peppermint candies. This orange variation
would make a fun Halloween treat.
Nutr. Assoc. : 0 222 0 0 5389 0 0 2130706543 1553 0 4886 0 0 0 0 4098 0 0

```
* Exported from MasterCook *

Chocolate-Oatmeal Chewies
Recipe By : 42 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 1/2 & cups & sugar \\
\hline 1 & cup & butter or margarine -- softened \\
\hline 1/4 & cup & milk \\
\hline 1 & & egg \\
\hline 2 2/3 & cups & quick-cooking or old-fashioned oats \\
\hline 1 & cup & al1-purpose flour \\
\hline 1/2 & cup & baking cocoa \\
\hline 1/2 & teaspoon & salt \\
\hline
\end{tabular}
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
1/2 teaspoon baking soda

```

Heat oven to \(350^{\circ}\). Beat sugar, butter, milk and egg in 1 arge bow 1 with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until almost no indentation remains when touched in center. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.

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Yield:
"42 Cookies"

Per serving: 102 Calories (kcal); 5g Total Fat; (42\% calories from fat); 2g
Protein; 14g Carbohydrate; 5 mg Cholesterol; 94 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
```

NOTES : Make It Your Way
This variation was the result of the unexpected results we saw
during recipe testing. We ended up liking our "mistake" so much,
we decided to stick with it and offer it as a recipe variation! To
make Hazelnut-Oatmea1 Lacies, substitute 1/2 cup hazelnut-flavored
instant coffee (dry) for the cocoa. Unlike the original recipe
above, these cookies will be very flat, but still very chewy!
"I Don't Have That"
Sometimes we run out of such staples as milk. The same amount of
melted vanilla ice cream or even yogurt will work as a substitute
or, in a pinch, just use water.
Nutr. Assoc. : 0 4098 0 0 20223 0 2727 0 0

```
* Exported from MasterCook *
    Chocolate-Orange-Chocolate Chip Cookies
\(\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \vdots \\ \text { Sa }\end{array}\) Preparation Time :0:00
Hand-Shaped \& Pressed Cookies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & sugar \\
\hline 2/3 & cup & butter or margarine -- softened \\
\hline 1 & tablespoon & grated orange pee1 \\
\hline 1 & & egg \\
\hline 1 1/2 & cups & al1-purpose flour \\
\hline 1/3 & cup & baking cocoa \\
\hline 1/4 & teaspoon & salt \\
\hline 1/4 & teaspoon & baking powder \\
\hline
\end{tabular}
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    1/4 teaspoon baking soda
    1 cup chopped pecans
1 (6 ounce) package semisweet chocolate morsels (1 cup)
1/3 cup sugar
teaspoon grated orange peel

```

Heat oven to \(350^{\circ}\). Beat 1 cup sugar, butter, 1 tablespoon grated orange pee1 and the egg in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, cocoa, salt, baking powder and baking soda. Stir in pecans and chocolate morsels.

Shape dough into 1 1/2-inch balls. Mix \(1 / 3\) cup sugar and 1 teaspoon grated orange peet. Roll balls in sugar mixture. Place about 3 inches apart on ungreased cookie sheet. Flatten to about \(1 / 2\)-inch thickness with bottom of glass. Bake 9 to 11 minutes or until set. Cool slightly; remove from cookie sheet. Cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker \({ }^{\oplus}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected

Copyright:
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Yield:
"30 Cookies"

Per serving: 152 Calories (kcal); 9g Total Fat; (49\% calories from fat); 2g
Protein; 19g Carbohydrate; 6mg Cholesterol; 83mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
One medium orange will give you the 1 to 2 tablespoons of grated pee1 you'11 need for this recipe.
Nutr. Assoc. : 04098000272700020148488600
* Exported from MasterCook *

Chocolate-Peanut Butter No-Bakes
\begin{tabular}{llll} 
Recipe By & & & \\
Serving Size & \(\vdots 24 \quad\) Preparation Time \(: 0: 12\) & \begin{tabular}{l} 
Chapter 3 \\
Categories
\end{tabular} & \begin{tabular}{ll} 
Chapter 1 \\
Easy Drop Cookies
\end{tabular}
\end{tabular}
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & (6 ounce) pack & age semisweet chocolate chips (1 cup) \\
\hline 1/4 & cup & light corn syrup \\
\hline 1/4 & cup & peanut butter \\
\hline 2 & tablespoons & milk \\
\hline 1 & teaspoon & vanilla \\
\hline 2 & cups & quick-cooking oats \\
\hline 1 & cup & peanuts \\
\hline
\end{tabular}

Cover cookie sheet with waxed paper. Heat chocolate chips, corn syrup, peanut butter, milk and vanilla in 3-quart saucepan over medium heat,

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt stirring constantly, until chocolate is melted and mixture is smooth; remove from heat. Stir in oats and peanuts until well coated.

Drop mixture by rounded tablespoonfuls onto waxed paper. Refrigerate uncovered about 1 hour or until firm. Store covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\text {® }}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"O General Mills, Inc. 1998."
Yield:
"24 Cookies"
T(Chil1):
"1:00"

Per serving: 121 Calories (kcal); 7g Total Fat; (48\% calories from fat); 4g Protein; 13g Carbohydrate; trace Cholesterol; 19mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
If you don't want to take the time to drop the mixture onto waxed paper do this-pat the mixture on a cookie sheet and refrigerate as directed. Cut into squares.

Make It Your Way
Double-Peanut Butter No-Bakes are easy to make by using 1 cup peanut butter chips instead of semisweet chocolate chips. If you want to sneak some chocolate back in there, use chocolate-covered peanuts instead of plain peanuts.
Nutr. Assoc. : 48860000202230
```

* Exported from MasterCook *

```

Chocolate-Peanut Windmills
Recipe By
Serving Size
: \(24 \quad\) Preparation Time \(: 0: 00\)
Categories : Chapter 3 Kid Cookies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & sugar \\
\hline 1/4 & cup & butter or margarine -- softened \\
\hline 1/4 & cup & shortening \\
\hline 1/2 & teaspoon & vanilla \\
\hline 1 & & egg \\
\hline 2 & ounces & unsweetened baking chocolate -- melted and cooled \\
\hline \(13 / 4\) & cups & al1-purpose flour \\
\hline 1 & teaspoon & baking powder \\
\hline 1/8 & teaspoon & salt \\
\hline 1/2 & cup & finely chopped peanuts \\
\hline
\end{tabular}

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Beat sugar, butter, shortening, vanilla and egg in large bow with electric mixer on medium speed, or mix with spoon. Stir in chocolate. Stir in flour, baking powder and salt. Cover and refrigerate about 2 hours or until firm.

Heat oven to \(400^{\circ}\). Divide dough in half. Roll each half into rectangle, 12 \(\times 9\) inches, on lightly floured cloth-covered surface. Sprinkle each rectangle with half of the peanuts; gently press into dough. Cut dough into 3 -inch squares. Place about 2 inches apart on ungreased cookie sheet.

Cut squares diagonally from each corner almost to center. Fold every other point to center to resemble pinwheel. Bake about 6 minutes or until set. Remove from cookie sheet to wire rack.

Cut squares diagonally from each corner almost to center.
Fold every other point to center to resemble pinwheel.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

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Copyright:
"@ General Mills, Inc. 1998."
Yield:
"24 Cookies"
T(Chi11):
"2:00"

Per serving: 134 Calories (kcal); 7g Total Fat; (45\% calories from fat); 2g Protein; 17g Carbohydrate; 8 mg Cholesterol; 57 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
A great way to evenly cut cookie dough is to use a pizza cutter and a plastic ruler.
"I Don't Have That"
Instead of using chopped peanuts, cover the cookie dough with candy sprinkles.
Nutr. Assoc. : 04098000538500026041
* Exported from MasterCook *

Chocolate-Pecan Squares
Recipe By \(\begin{aligned} & \text { Rerving Size } \\ & \text { Se } \\ & \text { Separation Time }: 0: 00\end{aligned}\)
Categories : Chapter 8 Special Cookies/Special Diets
\begin{tabular}{cl} 
Amount & Measure \\
-1 & Ingredient -- Preparation Method
\end{tabular}
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    1/2 cup packed brown sugar
    3
tablespoons butter or margarine -- softened
1/2 cup packed brown sugar
1/2 cup butter or margarine
1 cup chopped pecans
1 teaspoon vanilla
1/2 cup semisweet chocolate chips

```

Heat oven to \(350^{\circ}\). Beat flour, \(1 / 2\) cup brown sugar and 3 tablespoons butter with electric mixer on low speed until blended. Beat on medium speed 1 to 2 minutes or until crumbly. Press eventy in bottom of ungreased square pan, \(9 \times 9 \times 2\) or \(8 \times 8 \times 2\) inches.

Cook \(1 / 2\) cup brown sugar and \(1 / 2\) cup butter over medium heat, stirring constantly, until mixture begins to boil. Boil and stir 1 minute. Stir in pecans and vanilla. Pour over layer in pan.

Bake 18 to 20 minutes or until topping is bubbly. Sprinkle evenly with chocolate chips. Bake 2 minutes longer to soften chocolate (do not spread). Cool 10 minutes; loosen edges with knife. Cool completely. Cut into 6 rows by 6 rows. Store covered in the refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Description:
"These rich little bars will remind you of pecan pie, but they are
cholesterol-free!"
Copyright:
"© General Mills, Inc. 1998."
Yield:
"36 Squares"

Per serving: 100 Calories (kcal); 6 g Total Fat; (55\% calories from fat); 1g Protein; 11g Carbohydrate; 0mg Cholesterol; 43mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates
```

NOTES : Make It Your Way
How about Butterscotch Chocolate-Pecan Squares? Get there by using
1/4 cup butterscotch-flavored chips and 1/4 cup semisweet
chocolate chips instead of a11 chocolate chips.
Nutr. Assoc. : 0 0 4098 0 4098 20148 0 904886

```
* Exported from MasterCook *
    Chocolate-Peppermint Refrigerator Cookies
Recipe By : 48 Preparation Time :0:00
\(\begin{array}{ll}\text { Serving Size } \\ \text { Categories } & \text { : Chapter 5 }\end{array}\)
\begin{tabular}{cll} 
Amount & Measure & Ingredient -- Preparation Method \\
\(-1 / 2\) & cups & powdered sugar \\
1 & cup & butter or margarine -- softened
\end{tabular}
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    1
2 2/3
cups all-purpose flour
1/4 teaspoon salt
1/4 cup baking cocoa
1
1/4
tablespoon milk
cup finely crushed hard peppermint candy
Beat powdered sugar, butter and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt. Divide dough in half. Stir cocoa and milk into one half and peppermint candy into other half.
Roll or pat chocolate dough into rectangle, $12 \times 61 / 2$ inches, on waxed paper. Shape peppermint dough into roll, 12 inches long; place on chocolate dough. Wrap chocolate dough around peppermint dough, using waxed paper to help lift. Press edges together. Wrap and refrigerate about 2 hours or until firm.
Heat oven to $375^{\circ}$. Cut roll into $1 / 4$-inch slices. Place about 1 inch apart on ungreased cookie sheet. Bake 8 to 10 minutes or until set. Remove from cookie sheet to wire rack.

```

\section*{Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.}

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\) cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"48 Cookies"
T(Chi11):
"2:00"

Per serving: 81 Calories (kcal); 4g Total Fat; (44\% calories from fat); 1g Protein; 10g Carbohydrate; 4 mg Cholesterol; 58mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates
```

NOTES : Cookie Tips
Each time you slice a cookie, roll the roll a quarter turn to
prevent flattening on one side.
Make It Your Way
To make Chocolate-Wintergreen Refrigerator Cookies, omit
peppermint candies. Stir 1/4 cup chocolate shot, 1/4 teaspoon
wintergreen extract and 4 drops green food color into plain dough.
Continue as directed.
Nutr. Assoc. : 0 4098 0 0 0 2727 0 5862

* Exported from MasterCook *
Chocolate-Raspberry Cheesecake Bars
Recipe By : 24 Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix

```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Amount Measure
    1 package
    Ingredient -- Preparation Method
                            Betty Crocker \({ }^{\circledR}\) Supermoist chocolate fudge
                            cake mix
        1/2 cup butter or margarine -- softened
    2 (8 ounce) packages cream cheese -- softened
    1 (6 ounce) container Yoplait \({ }^{\oplus}\) Original red raspberry yogurt
                                    (2/3 cup)
    1 tub Betty Crocker® \({ }^{\circledR}\) Rich \& Creamy chocolate
    3 ready-to-spread frosting
    1 1/2 cups raspberry pie filling or topping

Heat oven to \(325^{\circ}\). Lightly grease bottom only of rectangular pan, \(13 \times 9 \times\) 2 inches. Beat cake mix (dry) and butter in large bow with electric mixer on low speed until crumbly; reserve 1 cup. Press remaining crumbly mixture, using floured fingers, in bottom of pan.

Beat cream cheese, yogurt and frosting in same bowl on medium speed until smooth. Beat in eggs until blended. Pour into pan. Sprinkle with reserved crumbly mixture.

Bake about 45 minutes or until center is set. Refrigerate uncovered at least 2 hours before serving. Cut into 6 rows by 4 rows; serve with a dollop of pie filling. Store leftovers covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"24 Bars"
T(Bake):
"0:45"

Per serving: 329 Calories (kcal); 15g Total Fat; (40\% calories from fat); 3g
Protein; 46 g Carbohydrate; 45 mg Cholesterol; 329 mg Sodium
Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat;
3 Other Carbohydrates
NOTES : Cookie Tips
Cheesecakes are baked at low temperatures to prevent excess shrinkage. They are more easily cut when a wet knife is used, cleaning it after each cut.

Make It Your Way
Chocolate lovers will love this variation! To make Chocolate-Chip Raspberry Cheesecake Dessert, stir in 1 cup miniature semisweet chocolate chips into the filling mixture after the eggs have been added. Continue as directed.
Nutr. Assoc. : 5712409801446116305151
* Exported from MasterCook *
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Recipe By
Serving Size : 48 Preparation Time :0:00
Categories : Chapter 8

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 3 |  | eng whites |
| $1 / 2$ | teaspoon | cream of tartar |
| 2 | cup | sugar |
| 2 | tablespoons | plus 1 teaspoon baking cocoa |
| $1 / 3$ | cup | (about) ground walnuts |

Heat oven to $275^{\circ}$. Cover cookie sheet with aluminum foil or baking parchment paper. Beat egg whites and cream of tartar in medium bow 1 with electric mixer on medium speed until foamy. Beat in sugar, 1 tablespoon at a time; continue beating until stiff and glossy. Do not underbeat. Fold in cocoa. (Batter will not be mixed completely; there will be some streaks of cocoa.)

Place meringue in decorating bag fitted with large star tip (\#4). Pipe 1 1/4-inch stars onto cookie sheet. Sprinkle lightly with walnuts; brush excess nuts from cookie sheet.

Bake 33 to 35 minutes or until outside is crisp and dry (meringues will be soft inside). Cool 5 minutes; remove from cookie sheet to wire rack. Store in airtight container.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Description:
"These yummy little cookies are perfect to serve to anyone who is
allergic to wheat."
Copyright:
"@ General Mills, Inc. 1998."
Yie1d:
"48 Cookies"

Per serving: 16 Calories (kcal); trace Total Fat; ( $18 \%$ calories from fat); trace Protein; 3g Carbohydrate; 0 mg Cholesterol; 4mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0
Other Carbohydrates
NOTES : Cookie Tips
Plastic containers with tight-fitting lids or resealable freezer bags are perfect for storing cookies.
Nutr. Assoc. : 00027275758

* Exported from MasterCook *

Christmas Cookie Slices
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 84 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 6 Rolling in Dough

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| -1 | cup | sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | $1 / 2$ | teaspoons |
| 2 | vani11a |  |
| 3 | cups | eggs |
| 1 | allpurpose flour |  |
| $1 / 2$ | teaspoon | salt |

Beat sugar, butter, vanilla and eggs in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, salt and baking soda. Divide into 3 equal parts. Shape each part into roll, about $11 / 2$ inches in diameter. Wrap and refrigerate at least 4 hours.

Heat oven to $400^{\circ}$. Cut rolls into $1 / 8$-inch slices. Place about 1 inch apart on ungreased cookie sheet. Bake 8 to 10 minutes or just until golden brown around edges. Immediately remove from cookie sheet. to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"84 Cookies"
T(Chil1):
"4:00"

Per serving: 47 Calories (kcal); 2g Total Fat; (44\% calories from fat); 1g Protein; 6g Carbohydrate; 10mg Cholesterol; 35mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : Make It Your Way
Pink and white Peppermint Pinwheels will attract attention! To make them, decrease vanilla to 1 teaspoon; add 1 teaspoon peppermint extract. Divide dough in half. Stir $1 / 2$ teaspoon red or green food color into 1 half. Cover both halves and refrigerate 1 hour. Roll plain dough into rectangle, about $16 \times 9$ inches, on lightly floured surface. Repeat with colored dough; place on plain dough. Roll doughs together until about $1 / 4$ inch thick. Roll up tightiy, beginning at 16 -inch side. Refrigerate as directed.
Nutr. Assoc. : 0155303218000

* Exported from MasterCook *

Cinnamon Espresso Cookies
Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Serv } \\ & \text { Steparation Time }: 0: 00\end{aligned}$
Categories : Chapter 5 Hand-Shaped \& Pressed Cookies

Amount Measure Ingredient -- Preparation Method

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
1/2 tablespoons instant espresso coffee (dry)
t tablespoon hot water
    1/2 cup butter or margarine -- softened
    1/4 cup shortening
1
    packed brown sugar
    cup packed brown sugar
    cups al1-purpose flour
        teaspoon baking powder
        teaspoon instant espresso coffee (dry)
        teaspoon ground cinnamon
        teaspoon salt
        Espresso Coating -- (recipe follows)
                        ESPRESSO COATING
    1/2
                    cup granulated sugar
            teaspoons instant espresso coffee (dry)
```

Dissolve $11 / 2$ tablespoons espresso in hot water in large bowl. Add butter, shortening, sugars and egg. Beat with electric mixer on medium speed until fluffy. Beat in flour, baking powder, 1 teaspoon espresso, cinnamon and salt on low speed.

Divide dough in half. Shape each half into roll, 10 inches long. Wrap each roll with plastic wrap and refrigerate 30 minutes. Prepare Espresso Coating. Roll each roll of dough in coating (reserve any remaining coating). Rewrap in plastic wrap and refrigerate at least 30 minutes longer.

Heat oven to $375^{\circ}$. Cut each rol1 into $3 / 8$-inch slices. Place about 2 inches apart on ungreased cookie sheet. Sprinkle with remaining coating. Bake 8 to 10 minutes or until edges are light brown. Cool slightiy; remove from cookie sheet to wire rack.

```
ESPRESSO COATING:
```

Mix ingredients on a large plate or piece of waxed paper.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"@ Genera1 Mi11s, Inc. 1998."
Yield:
"54 Cookies"
T(Chil1):
"1:00"

Per serving: 71 Calories (kcal); 3g Total Fat; (34\% calories from fat); 1g Protein; 11g Carbohydrate; 3 mg Cholesterol; 41mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
While the dough chills, take advantage of the extra time. You can run a few errands, get some laundry done, balance your checkbook, write a few letters or just hang out.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt "I Don't Have That"
Any instant coffee (crystals or granules) will work in place of instant espresso, giving you a milder coffee flavor.
Nutr. Assoc. : 750 04098000000750002130706543000750

```
* Exported from MasterCook *
```

                                    Cinnamon Footbal1s
    Recipe By
Serving Size : $24 \quad$ Preparation Time :0:00
Categories : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | packed brown sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 1 1/2 | cups | all-purpose flour |
| 1/2 | teaspoon | ground cinnamon |
| 1/8 | teaspoon | salt |
| 24 |  | (about) whole blanched almonds Decorating Glaze -- (recipe follows) |
| 1/2 | cup | DECORATING GLAZE powdered sugar |
| $11 / 2$ | teaspoons | water (1 1/2 to 3 teaspoons) |

Heat oven to $350^{\circ}$. Beat brown sugar, butter and vanilla in large bow with electric mixer on medium speed, or mix with spoon. Stir in flour, cinnamon and salt until dough holds together. (If dough is dry, mix in 1 to 2
tablespoons milk.)
Shape dough by scant tablespoonfuls around almonds to form football
shapes. Place about 1 inch apart on ungreased cookie sheet. Bake 12 to 14 minutes or until set but not brown. Remove from cookie sheet to wire rack. Cool completely. Place Decorating Glaze in decorating bag with \#3 writing tip. Pipe glaze on cookies to resemble football laces.

DECORATING GLAZE:
Mix powdered sugar and water just enough to make a paste that can be piped from decorating bag.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"24 Cookies"

Per serving: 107 Calories (kcal); 5 g Total Fat; (44\% calories from fat); 1g Protein; 14g Carbohydrate; 0mg Cholesterol; 58mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
NOTES : Blanched Almonds
    Blanched almonds are almonds that have the skin removed, and they
    are widely available in grocery stores.
```

    Make It Your Way
    When it's no longer football season, make Cinnamon Baseballs.
    Substitute pitted dates, cut in half crosswise, for the almonds.
    Mold dough around date half into baseball shape. Pipe on laces.
    Nutr. Assoc. : 040980000589721307065430001582

* Exported from MasterCook *
Cinnamon Twists
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \vdots \\ \text { Categories }\end{array}$ Preparation Time :0:00
Hand-Shaped \& Pressed Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 , | cup | sugar |
| $2^{1 / 2}$ | cup | butter or margarine -- softened vanilla |
| 1 |  | egg |
| $13 / 4$ | cups | al1-purpose flour |
| 2 | teaspoons | baking powder |
| 1/2 | teaspoon | salt |
| 1 | teaspoon | ground cinnamon |

Heat oven to $375^{\circ}$. Beat sugar, butter, vanilla and egg in large bow with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Divide dough in half. Stir cinnamon into one half.

Shape 1 level teaspoonful each, plain and cinnamon dough, into 3-inch rope. Place ropes side by side; twist gently. Repeat with remaining dough. Place twists about 2 inches apart on ungreased cookie sheet. Bake 8 to 10 minutes or until very light brown. Remove from cookie sheet to wire rack.

[^8]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Make It Your Way
Make Cinnamon Knots by preparing dough as directed except use 2 teaspoonfuls dough from each half to create 6 -inch ropes. Place ropes side by side; twist gently and tie into knots. Bake as directed.

```
Nutr. Assoc. : 0 4098 0 0 0 0 0 0
```

* Exported from MasterCook *
Cinnamon-Coffee Bars
Recipe By
Serving Size
:
32 Preparation Time :0:00
Categories : Chapter 2 Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 1/3 | cup | butter or margarine -- softened |
| 1 |  | egg |
| $11 / 2$ | cups | al1-purpose flour |
| 1/2 | cup | water |
| 1 | tablespoon | instant coffee (dry) |
| 1 | teaspoon | baking powder |
| 1/2 | teaspoon | ground cinnamon |
| 1/4 | teaspoon | salt |
| 1/4 | teaspoon | baking soda |
| 1/2 | cup | raisins |
| 1/4 | cup | chopped nuts <br> white Glaze -- (recipe follows) |
|  |  | WHITE GLAZE |
| 1 1/4 | cup | powdered sugar |
| $4^{1 / 4}$ | teaspoon | vilk (4 to 5 teaspoons) |

Heat oven to $350^{\circ}$. Grease and flour rectangular pan, $13 \times 9 \times 2$ inches. Beat brown sugar, butter and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except raisins, nuts and Glaze. Stir in raisins and nuts.

Spread batter in pan. Bake 20 to 22 minutes or unti 1 top springs back when touched in center. Drizzle with white Glaze while warm. Let cool. Cut into 8 rows by 4 rows bars.

WHITE GLAZE:
Mix all ingredients until smooth and thin enough to drizzle.

Please note, if you should change this recipe it will no longer be an
approved Betty Crocker ${ }^{\circledR}$ Recipe.
You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"32 Bars"

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
```

Per serving: 95 Calories (kcal); 3g Total Fat; (25\% calories from fat); 1g
Protein; 17g Carbohydrate; 6 mg Cholesterol; 69 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates

Serving Ideas : To double your pleasure, serve these bars with freshly brewed cinnamon-flavored coffee.

NOTES : "I Don't Have That"
Cold coffee can be substituted for the milk in the glaze. It will
add subtle coffee flavor and light tan color.
Nutr. Assoc. : 0409800077500000046802677213070654300004038

* Exported from MasterCook *
Cinnamon-Nut Crisps
Recipe By
Serving Size
: $60 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 | cups | all-purpose flour |
| 1/2 | cup | sugar |
| 3/4 | cup | shortening |
| 2 | tablespoons | water (2 to 3 tablespoons) |
| 3 | tablespoons | butter or margarine -- softened |
| 2 | tablespoons | sugar |
| 1 | teaspoon | ground cinnamon |
| 2 | tablespoons | very finely chopped nuts sugar |

Heat oven to $375^{\circ}$. Mix flour and $1 / 2$ cup sugar in large bow 1 . Cut in shortening, using pastry blender or crisscrossing 2 knives, until particles are size of small peas. Add water, 1 tablespoon at a time, tossing with fork until mixture almost cleans side of bowl.

Ro11 dough into rectangle, $15 \times 10$ inches, on lightly floured cloth-covered surface. Spread butter over dough. Mix 2 tablespoons sugar and the cinnamon; sprinkle even7y over butter. Sprinkle nuts evenly over sugar mixture. Rol1 up tightly, beginning at 15 -inch side. Pinch edge of dough to seal.

Cut roll into 1/4-inch slices. Place about 2 inches apart on ungreased cookie sheet. Sprinkle with sugar. Bake 10 to 12 minutes or until golden brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mil1s, Inc. 1998."
Yie1d:
"60 Cookies"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

Per serving: 53 Calories (kcal); 3g Total Fat; (56\% calories from fat); trace Protein; 5g Carbohydrate; 0mg Cholesterol; 7mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

NOTES : Cinnamon
Cinnamon is curled, paper-thin slices of dried bark from a
laurellike tree. It is America's most popular spice with a sweet and mild taste.

Make It Your Way
To make Cinnamon-Nut Butterflies, prepare and cut slices as directed. Put 2 slices side by side on cookie sheet, overlapping slightly; press to seal. Continue as directed except bake 13 to 15 minutes.
Nutr. Assoc. : 000158240980026770

* Exported from MasterCook *


## Cobweb Cookies

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 30 \quad \text { Preparation Time :0:00 }\end{array}$
Categories $:$ Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | :--- | :--- |
| $-3 / 4$ | cup | all-purpose flour |
| $1 / 2$ | cup | granulated sugar |
| $1 / 4$ | cup | vegetable oil |
| $1 / 4$ | cup | milk |
| $1 / 2$ | teaspoon | vanilla |
| 2 |  | eggs |
|  |  | Powdered sugar |

Beat all ingredients except powdered sugar with electric mixer on medium speed until smooth, or mix with spoon. Pour batter into plastic squeeze bottle with narrow opening.

Heat 10-inch skillet over medium heat until hot; grease lightly with vegetable oil or shortening. Working quickly, squeeze batter to form 4 straight, thin lines that intersect at a common center point to form a star shape. To form cobweb, squeeze thin streams of batter to connect lines. Cook 30 to 60 seconds or until bottom is golden brown; carefully turn. Cook until golden brown. Remove from skillet to wire rack; cool. Sprinkle with powdered sugar.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"30 Cookies"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
Per serving: 46 Calories (kcal); 2g Total Fat; (42% calories from fat); 1g
```

Protein; 6 g Carbohydrate; 13 mg Cholesterol; 5 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0
Other Carbohydrates
NOTES : Cookie Tips
Recycle empty plastic squeeze-type honey bottles. They would work
very well in this recipe to hold the batter.
Nutr. Assoc. : 0000032180

* Exported from MasterCook *


## Cocoa Brownies

| Recipe By |  |
| :---: | :---: |
| Serving Size | 16 Preparation Time :0:00 |
|  |  |

Categories : Chapter 2 Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 2 |  | eggs |
| 2/3 | cup | al1-purpose flour |
| 1/2 | cup | baking cocoa |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| 1/2 | cup | chopped walnuts, if desired |

Heat oven to $350^{\circ}$. Grease square pan, $9 \times 9 \times 2$ inches: Beat sugar, butter, vanilla and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except walnuts. Stir in walnuts.

Spread batter eventy in pan. Bake 20 to 25 minutes or until toothpick inserted in center comes out clean. Cool completely. Cut into 4 rows by 4 rows.

```
Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because Mastercook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.
Description:
"This is the one for people who like cakelike, tender brownies."
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"16 Brownies"
```

Per serving: 133 Calories (kcal); 7g Total Fat; (42\% calories from fat); 2g Protein; 18g Carbohydrate; 23 mg Cholesterol; 108mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
NOTES : Make It Your Way
    To indulge in Caramel-Pecan Brownies, sprinkle 1/2 cup coarsely
    chopped pecans over the batter before you bake it. To make the
    ooey-gooey part, heat 12 vanil1a caramels and 1 tablespoon milk
    over low heat, and stir until everything is melted and smooth.
    Drizzle caramel over warm brownies. Even though it's hard to do,
    cool the brownies completely before cutting and serving them.
Nutr. Assoc. : 0 4098 0 3218 0 2727 2130706543 0 2130706543
```

* Exported from MasterCook *

Coconut Macaroon Bars
Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Sereparation Time } 24 \text { :0:00 }\end{aligned}$
Categories : Chapter 2
Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 3/4 | cup | al1-purpose flour |
| 1/4 | cup | powdered sugar |
| 1/4 | cup | butter or margarine -- softened |
| 1/2 | teaspoon | almond extract |
| 1 |  | egg yolk |
| 1 | cup | chopped walnuts |
| 1 | (14 ounce) ca | n sweetened condensed milk |
| 1 | (7 ounce) pac | kage flaked coconut (about 2 2/3 cups) |
| 1/2 | cup | semisweet chocolate chips |

Heat oven to $350^{\circ}$. Grease square pan, $9 \times 9 \times 2$ inches. Mix flour, powdered sugar, butter, almond extract and egg yolk with spoon (mixture wil1 be crumbly). Press in pan. Bake 12 to 15 minutes or until edges are light brown and center is set.

Mix walnuts, milk and coconut. Spread over baked layer. Bake 25 to 30 minutes or until golden brown. Immediately sprinkle with chocolate chips. Let stand about 5 minutes or until softened; spread carefully. Refrigerate uncovered 1 to 2 hours or until chocolate is firm. Cut into 6 rows by 4 rows. Store covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Attention coconut lovers! Here is a cookie that tastes just like a
chocolate-covered coconut candy bar."
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"24 Bars"
T(Chi11):
"2:00"

Per serving: 179 Calories (kcal); 10 g Total Fat; ( $49 \%$ calories from fat); 4g Page 63

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Protein; 20g Carbohydrate; 14mg Cholesterol; 65mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 Fat; 1 Other Carbohydrates

NOTES : Macaroons
A macaroon has several definitions. It can be a chewy coconut cookie, a crunchy almond cookie or a diverse combination of nuts and chocolate in a meringue.
Nutr. Assoc. : 0040980020187027374886

* Exported from MasterCook *

Coconut Meringue Cookies
Recipe By : 36 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 4 |  | cups |
| $11 / 4$ | egg whites (1/2 cup) |  |
| $1 / 4$ | teaspoon | salt |
| $1 / 2$ | teaspoon | vani11a |
| $21 / 2$ | cups | shredded or flaked coconut |

Heat oven to $325^{\circ}$. Lightly grease cookie sheet, or cover with baking parchment paper. Beat egg whites in large bow with electric mixer on high speed until foamy. Beat in sugar, 1 tablespoon at a time; continue beating until stiff and glossy (do not underbeat). Stir in salt, vanilla and coconut.

Drop mixture by heaping teaspoonfuls about 2 inches apart onto cookie sheet. Bake 15 to 20 minutes or until set and light brown. Cool 5 minutes; carefully remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"36 Cookies"

Per serving: 68 Calories (kcal); 3g Total Fat; (35\% calories from fat); 1g Protein; 10g Carbohydrate; 0mg Cholesterol; 46mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Egg whites beat much better if they're at room temperature. It's safe to allow egg whites to stand on your counter for about 30 minutes. To warm them more quickly, place whites in a small metal bow 1 and place the bow 1 in hot water for 10 to 15 minutes.

Make it Your Way

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Some people are crazy about the taste of nuts. Well here's your chance to get lots of nut flavor into a little macaroon. To make Nut Meringue Cookies, substitute 2 cups finely chopped nuts for the coconut.
Nutr. Assoc. : 531000958

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* Exported from MasterCook *
```


## Coconut-Almond Macaroons

Recipe By
Serving Size
: 42 Preparation Time :0:00
Categories : Chapter 8 Special Cookies/Special Diets

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 3 |  |  |
| $1 / 4$ | teaspoon | egg whites |
| $1 / 8$ | cream of tartar |  |
| $3 / 4$ | cup | salt |
| $1 / 4$ | teaspoon | almond extract |
| 2 | cups | flaked coconut |
| 9 |  | candied cherries -- each cut into fourths |

Heat oven to $300^{\circ}$. Cover cookie sheet with aluminum foil or cooking parchment paper. Beat egg whites, cream of tartar and salt in small bowl with electric mixer on high speed until foamy. Beat in sugar, 1 tablespoon at a time; continue beating until stiff and glossy. Do not underbeat. Pour into medium bowl. Fold in almond extract and coconut.

Drop mixture by teaspoonfuls about 1 inch apart onto cookie sheet. Place 1 cherry piece on each cookie. Bake 20 to 25 minutes or just until edges are light brown. Cool 10 minutes; remove from foil to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"42 Cookies"

Per serving: 34 Calories (kcal); 1g Total Fat; (29\% calories from fat); trace Protein; 6 g Carbohydrate; 0 mg Cholesterol; 20 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Egg whites beat much more quickly if they are at room temperature. Egg whites can be left on the counter for up to 30 minutes to warm.

Make It Your way
Make Peppermint-Coconut-Almond Macaroons by substituting peppermint for the almond extract.
Nutr. Assoc. : 32310000273726575
Page 65

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

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* Exported from MasterCook *
```

                                    Coconut-Fudge Cups
    Recipe By :
Serving Size : 24 Preparation Time :0:00
Categories : Chapter 5

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/4 | cup | butter or margarine -- softened |
| 1 | (3 ounce) package cream cheese -- softened |  |
| 3/4 | cup | al1-purpose flour |
| 1/4 | cup | powdered sugar |
| 2 | tablespoons | baking cocoa |
| 1/2 | teaspoon | Vanilla Coconut-Fudge Filling -- (recipe follows) |
|  |  | COCONUT FUDGE FILLING |
| 2/3 | cup | sugar |
| 2/3 | cup | flaked coconut |
| 1/3 | cup | baking cocoa |
| 2 1 | tablespoons | butter or margarine -- softened egg |

Heat oven to $350^{\circ}$. Beat butter and cream cheese in large bow with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except Coconut-Fudge Filling.

Shape dough into 1-inch balls. Press each ball in bottom and up side of each of 24 small ungreased muffin cups, $13 / 4 \times 1$ inch. Prepare Coconut-Fudge Filling. Spoon about 2 teaspoons filling into each cup. Bake 18 to 20 minutes or until almost no indentation remains when filling is touched lightly. Cool slightly; carefully remove from muffin cups to wire rack.

COCONUT FUDGE FILLING:
Mix all ingredients until spreadable.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "24 Cookies"
Per serving: 95 Calories (kcal); 5 g Total Fat; (47\% calories from fat); 1g Protein; 12g Carbohydrate; 12 mg Cholesterol; 52 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates
NOTES : Cookie Tips
To quickly soften cream cheese, remove wrapper and place on a
Page 66
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt microwave-safe saucer. Microwave on Medium 30 seconds; then let stand 1 to 2 minutes.

Make It Your Way
Fudge Nut Cups are just as delicious as the originals. Simply replace the coconut in the filling with $2 / 3$ cup chopped nuts to make Fudge Nut Filling.
Nutr. Assoc. : 4098 0002727021307065430002737272740980

```
* Exported from MasterCook *
```

Cookie-Mold Cookies
Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Servaration Time }: 0: 00\end{aligned}$
Categories : Celebrate with Cookies
Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $3 / 4$ | cup | packed brown sugar |
| $1 / 2$ | cup | butter or margarine -- softened |
| $1 / 4$ | cup | molasses |
| $1 / 2$ | teaspoon | vanilla |
| 1 |  | egg |
| $21 / 4$ | cups | ali-purpose flour |
| $1 / 2$ | teaspoon | ground allspice |
| $1 / 4$ | teaspoon | salt |
| $1 / 4$ | teaspoon | baking soda |
| $3 / 4$ | cup | coarsely chopped sliced almonds |

Beat brown sugar, butter, molasses, vanilla and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except almonds. Stir in almonds. Cover and refrigerate about 2 hours or until firm.

Heat oven to $350^{\circ}$. Lightly grease cookie sheet. Flour wooden or ceramic cookie mold(s). Tap mold to remove excess flour. Firm1y press smal1 amounts of dough into mold, adding more dough until mold is full and making sure dough is a uniform thickness across mold. Hold mold upright and tap edge firmly several times on hard surface (such as a counter or cutting board). If cookie does not come out, turn mold and tap another edge until cookie comes out of mold. Place cookies on cookie sheet.

Bake 8 to 10 minutes for 2 -inch cookies, 10 to 12 minutes for 5 -inch cookies, or until edges are light brown. (Time depends on thickness of cookies; watch carefully.) Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"54 Cookies"
T(Chil1):

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
Per serving: 63 Calories (kcal); 3g Total Fat; (40% calories from fat); 1g
Protein; 8g Carbohydrate; 8mg Cholesterol; 36mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; O Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates
```

NOTES : Slightly spicy with a hint of almond, these cookies are
reminiscent of the Dutch-heritage, store-bought cookies in the
shape of windmi11s. If you have windmill molds, use them, but any
cookie mold will do. Molds have been used to shape cookies in
China and Europe for hundreds of years, and some American molds
date to the eighteenth century.
Make It Your way
To make cookies in a cast-iron cookie mold, first grease and flour
the mold (s). Press dough into mold as directed. Bake smaller molds
about 15 minutes, larger molds about 20 minutes. Cool cookies 10
minutes before removing from molds.
Nutr. Assoc. : 00000000020020

* Exported from MasterCook *
Cornmeal Crispies
Recipe By
Serving Size
: $60 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 1
Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 3/4 | cup | sugar |
| 1 | cup | butter or margarine -- softened |
| 1 |  | egg |
| 1 1/4 | cups | al1-purpose flour |
| 1 | cup | yellow cornmeal |
| 1 | teaspoon | baking powder |
| 1 | teaspoon | grated 1emon pee1 |
| 1/2 | teaspoon | salt |

Heat oven to $350^{\circ}$. Beat sugar, butter and egg in large bow with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until edges are light brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"60 Cookies"

Per serving: 56 Calories (kcal); 3g Total Fat; (50\% calories from fat); 1g Protein; 6 g Carbohydrate; 3 mg Cholesterol; 62 mg Sodium

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

```
NOTES : Cookie Tips
    Yellow and white cornmeal are interchangeable in this recipe, so
    use what you have on hand. The cornmeal adds a rustic texture and
    great crunch to these cookies. For fun, use blue cornmeal in these
    cookies; the baked color will be bluish purple. How many blue
    cookies have you ever seen?
    Make It Your Way
    If you just want a straight-away, buttery-tasting, crisp cookie,
    just leave out the lemon pee1. And if you're a real
    adventure-seeker at heart, take two of these cookies and spread
    about a teaspoon of red or green jalapeño jelly between the
    cookies to make jalapeño jelly sandwich cookies. Our recipe
    tasters just loved them!
```

Nutr. Assoc. : 040980000200840

* Exported from MasterCook *
Cranberry-Orange Cookies
Recipe By : 48 Preparation Time :0:00
Categories : Celebrate with Cookies Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | granulated sugar |
| 1/2 | cup | packed brown sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | teaspoon | grated orange pee1 |
| 2 | tablespoons | orange juice |
| 1 |  | egg |
| $21 / 2$ | cups | al1-purpose flour |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | salt |
| 2 | cups | coarsely chopped fresh or frozen cranberries |
| 1/2 | cup | chopped nuts, if desired Orange Frosting -- (recipe follows) |
| 1 1/2 | cups | ORANGE FROSTING |
| 1/2 | teaspoon | grated orange pee1 |
| 3 | tablespoons | orange juice |

Heat oven to $375^{\circ}$. Beat sugars, butter, orange peel, orange juice and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt. Stir in cranberries and nuts.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 12 to 14 minutes or until light brown. Remove from cookie sheet to wire rack. Cool completely. Spread with Orange Frosting.

ORANGE FROSTING:
Mix all ingredients until smooth and spreadable.

[^9]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

## Description:

"With all the lovely flavors of a holiday cranberry quickbread, these
cookies are soft-centered with slightly crunchy edges."
Copyright:
"@ General Mil1s, Inc. 1998."
Yield:
"48 Cookies"

Per serving: 110 Calories (kcal); 5 g Total Fat; ( $38 \%$ calories from fat); 1 g Protein; 16g Carbohydrate; 4 mg Cholesterol; 82 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Cranberries
This indigenous American fruit was first called "crane berries" after the shape of the shrub's pale pink blossoms, which look like the heads of cranes. Also, cranes were often seen wading in the cranberry bogs. Cranberries are harvested in the autumn but can be found year-round in supermarkets. They have become a staple in celebrating the Thanksgiving holiday.
Nutr. Assoc. : 00409800000026602677213070654300000

```
* Exported from MasterCook *
```

Cream Cheese Brownies

| Recipe By | : |
| :--- | :--- | :--- |
| Serving Size | $\vdots 48$ Preparation Time :0:00 |
| Categories | $:$ Chapter 2 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 4 | ounces | unsweetened baking chocolate |
| 1 | cup | butter or margarine |
|  |  | Cream Cheese Filling -- (recipe follows) |
| 2 | cups | sugar |
| 2 | teaspoons | vanilla |
| 4 |  | eggs |
| $11 / 2$ | cups | al1-purpose flour |
| 1/2 | teaspoon | salt |
| 1 | cup | coarsely chopped nuts |
|  |  | CREAM CHEESE FILLING |
| 2 | (8 ounce) pac | kages cream cheese -- softened |
| $21 / 2$ | cup | sugar |
| 2 1 | teaspoons | vanilla |

Heat oven to $350^{\circ}$. Grease rectangular pan, $13 \times 9 \times 2$ inches. Me7t chocolate and butter over low heat, stirring frequently, until smooth; remove from heat. Cool 5 minutes. Meanwhile, prepare Cream Cheese Filiting; set aside.

Beat chocolate mixture, sugar, vanilla and eggs in large bow with electric mixer on medium speed 1 minute, scraping bowl occasionally. Beat in flour and salt on low speed 30 seconds, scraping bow 1 occasionally. Beat on medium speed 1 minute. Stir in nuts.

Spread half of the batter (about $21 / 2$ cups) in pan. Spread Cream Cheese Page 70

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Filling over batter. Carefully spread remaining batter over filling. Bake 45 to 50 minutes or until toothpick inserted in center comes out clean. Cool completely. Cut into 8 rows by 6 rows. Store covered in refrigerator.

CREAM CHEESE FILLING:
Beat all ingredients with spoon until smooth.

```
Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® \({ }^{\circledR}\) cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.
```

Copyright:
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Yield:
"48 Brownies"

Per serving: 160 Calories (kcal); 11g Total Fat; (57\% calories from fat); 2g Protein; 15g Carbohydrate; 30 mg Cholesterol; 101mg Sodium
Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat;
1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    Swir1 the two different batters together if you don't want three
    distinct layers. Once all of the batter is in the pan, take a
    knife and swirl it through all of the layers to create a marbled
    effect.
    To customize the color of the Cream Cheese Filling, add desired
    food coloring, a drop at a time until you like the shade and bake
    as usual. Once colored, swirl the filling with the chocolate
    batter.
    Make It Your Way
    Make Mint Cream Cheese Brownies. Substitute 1 teaspoon peppermint
    extract for the vanilla in the Cream Cheese Filling and stir in
    1/4 teaspoon green food coloring.
    To make Cherry Cream Cheese Brownies, substitute 2 teaspoons
        maraschino cherry juice for the vanilla in the Cream Cheese
    Filling. Stir in 1/2 cup chopped maraschino cherries.
Nutr. Assoc. : 0 4098 2130706543 0 0 3218 0 0 2677 0 0 0 0 0 0
```

* Exported from MasterCook *


## Cream Squares

Recipe By : 48 Preparation Time :0:00
Categories $\quad:$ Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :--- | :--- | :--- |
| 2 | cup | eggs |
| 1 | sugar |  |
| 1 | cup | whipping (heavy) cream |
| 4 | cups ali-purpose flour |  |

```
3
        teaspoons baking powder
        teaspoon salt
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Beat eggs in large bowl with electric mixer on medium speed until foamy. Gradually beat in sugar. Stir in whipping cream. Stir in flour, baking powder and salt. Cover and refrigerate about 2 hours or until firm.

Heat oven to $375^{\circ}$. Grease cookie sheet. Roll half of dough at a time into rectangle, $12 \times 8$ inches, on lightly floured surface. Cut into 2 -inch squares. Place 2 inches apart on cookie sheet. Make two $1 / 2$-inch cuts on all sides of each square. Bake 10 to 13 minutes or until edges are light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mi11s, Inc. 1998."
Yield:
"48 Cookies"
T(Chi11):

Per serving: 74 Calories (kcal); 2g Total Fat; (25\% calories from fat); 1g Protein; 12 g Carbohydrate; 15 mg Cholesterol; 79 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Make It Your Way
Stir $1 / 2$ cup mini chocolate chips into dough and make speckled Chocolate Chip Cream Squares.
Another variation, Coffee Bean Mocha Squares provide a delicious mocha (chocolate and coffee) flavor. Mix dough, except reduce flour to $33 / 4$ cups and add $1 / 4$ cup cocoa. Roll and cut dough into 2 -inch squares, but don't make side cuts. After cookies are baked and cooled, frost with a double batch of Mocha Frosting (see Frosted Cinnamon-Mocha Cookies recipe) and press a chocolate-covered coffee bean in the center of each.
Nutr. Assoc. : 321801616000

* Exported from MasterCook *


## Cream Wafers

Recipe By : 60 Preparation Time :0:00

Categories : Chapter 6 : Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :--- | :--- |
| 2 |  | cups |
| 1 | cup | all-purpose flour |
| butter or margarine -- softened |  |  |
| $1 / 3$ | cup | whipping (heavy) cream <br> Sugar |
|  |  | Creamy Filling -- (recipe follows) |
|  |  | Page 72 |

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
    CREAMY FILLING
    3/4 cup powdered sugar
    1/4 cup butter or margarine -- softened
    teaspoon vanilla
    Food color, if desired
```

Mix flour, butter and whipping cream with spoon. Cover and refrigerate about 1 hour or until firm.

Heat oven to $375^{\circ}$. Roll one-third of dough at a time $1 / 8$ inch thick on lightly floured surface. (Keep remaining dough refrigerated until ready to ro11.) Cut into $11 / 2$-inch rounds. Generously cover large piece of waxed paper with sugar. Transfer rounds to waxed paper, using pancake turner. Turn each round to coat both sides. Place on ungreased cookie sheet. Prick each round with fork about 4 times.

Bake 7 to 9 minutes or just until set but not brown. Remove from cookie sheet to wire rack. Cool completely. Prepare Creamy Filling. Spread about $1 / 2$ teaspoon filling between bottoms of pairs of cookies.

CREAMY FILLING:
Mix all ingredients until smooth. Add a few drops water if necessary.


#### Abstract

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"@ General Mills, Inc. 1998."
Yield:
"60 Cookies"
T(Chi11):

Per serving: 60 Calories (kcal); 4 g Total Fat; (64\% calories from fat); trace Protein; 5g Carbohydrate; 2 mg Cholesterol; 45mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0
Other Carbohydrates
NOTES : Cookie Tips
To make delicious rolled cookies, follow these tips. Start with properly chilled dough. Avoid rerolling the dough more than twice because it will result in tougher, less tender cookies. Aim to roll it out once, then assemble any "scraps" and roll them out together (once or at the most twice).

Make It Your way
For variety in both color and flavor, make the Creamy Filling without vanilla and divide into 3 parts. Tint one part yellow and add $1 / 4$ teaspoon lemon extract. Tint the second part pink and add $1 / 4$ teaspoon peppermint extract. Tint the last part green and add 1/4 teaspoon wintergreen extract.
Nutr. Assoc. : 04098161602130706543000409800

```
* Exported from MasterCook *
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Date-Filled Spritz

Recipe By :
Serving Size : 48 Preparation Time :0:00
Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
|  |  | The Ultimate Spritz -- (see recipe) |
| 1 | (8 ounce) pack | kage pitted dates (about $11 / 4$ cups) |
| 1 | cup | walnut pieces (about 4 ounces) |
| 1/4 | cup | sugar |
| 1/4 | cup | honey |
| 1 | teaspoon | grated orange pee1 |
| 2 | tablespoons | orange juice |

Heat oven to $375^{\circ}$. Prepare dough for The ultimate Spritz, using vanilla. Place remaining ingredients in food processor. Cover and process about 20 seconds, using quick on-and-off motions, until mixture is ground and resembles thick paste.

Place dough in cookie press with ribbon tip. Form 10-inch ribbons about 2 inches apart on ungreased cookie sheet. Spoon date mixture down center of each ribbon to form $1 / 2$-inch-wide strip. Top with another ribbon of dough. Gently press edges with fork to seal.

Bake 12 to 15 minutes or until light brown. Immediately cut ribbons into 2-inch lengths. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"© General Mills, Inc. 1998."
Yield:
"48 Cookies"

Per serving: 39 Calories (kcal); 2g Total Fat; (32\% calories from fat); 1g Protein; 6g Carbohydrate; trace Cholesterol; 1mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
Citrus fruits will produce more juice if first microwaved on the High setting for 15 to 20 seconds before squeezing.

Make It Your Way
A bright-red filling is what you will see in Cranberry-Filled Spritz. Replace the dates with dried cranberries.
Nutr. Assoc. : 02002754710000

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* Exported from MasterCook *
```

The U7timate Spritz

```
Recipe By :
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Serving Size $: 78$ Preparation Time :0:00
Categories
: Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | butter or margarine -- softened |
| 1/2 | cup | sugar |
| 2 1/4 | cups | al1-purpose flour |
| 1/4 | teaspoon | salt |
| 1 |  |  |
| 1/4 | teaspoon | almond extract OR |
| 1/4 | teaspoon | vanilla |
|  |  | Currants raisins candies colored sugar, finely chopped nuts, candied fruit or fruit peel, if desired |

Heat oven to $400^{\circ}$. Beat butter and sugar in large bow with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients.

Place dough in cookie press. Form desired shapes on ungreased cookie sheet. Decorate with currants.

Bake 5 to 8 minutes or until set but not brown. Immediately remove from cookie sheet to wire rack. To decorate cookies after baking, use a drop of corn syrup to attach decorations to cookies.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
```


## Description:

```
"The name for these cookies comes from the German word spritzen,
meaning "to squirt" because the soft dough is squirted or pushed
through a cookie press to make fancy designs."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"78 Cookies"
```

Per serving: 40 Calories (kcal); 2 g Total Fat; (54\% calories from fat); trace Protein; 4g Carbohydrate; 2mg Cholesterol; 35mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : Wonderful, warm memories and family traditions are often centered around the holidays. We often go the extra mile and do something just a little more special. For many of us, that means making spritz cookies. This tender, little butter cookie has passed the test of time.

Cookie Tip
These cookies are delicate and crisp with a rich, buttery flavor that is perfect for any occasion.

Make It Your way
Chocolate Spritz are easily made by stirring 2 ounces unsweetened Page 75

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt chocolate, melted and cooled, into the margarine-sugar mixture.

To make spice spritz, stir in 1 teaspoon ground cinnamon, 1/2 teaspoon ground nutmeg and $1 / 4$ teaspoon ground allspice with the flour.
Nutr. Assoc. : 4098000000213070654300

```
* Exported from MasterCook *
```


## Date-Nut Pinwhee1s

```
Recipe By : 72 Preparation Time :0:00
```

Categories : Chapter 6
Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 3/4 | pound | pitted dates -- finely chopped |
| 1/3 | cup | granulated sugar |
| 1/3 | cup | water |
| 1/2 | cup | finely chopped nuts |
| 1 | cup | packed brown sugar |
| 1/4 | cup | shortening |
| 1/4 | cup | butter or margarine -- softened |
| 1/2 | teaspoon | vanilla |
| 1 |  | egg |
| $13 / 4$ | cups | a11-purpose flour |
| $1 / 4$ | teaspoon | salt |

Cook dates, granulated sugar and water in 2-quart saucepan over medium heat, stirring constantly, until slightly thickened; remove from heat. Stir in nuts; cool.

Beat brown sugar, shortening, butter, vanil1a and egg in large bow1 with electric mixer on medium speed, or mix with spoon. Stir in flour and salt.

Rol1 half of dough at a time on waxed paper into rectangle, $11 \times 7$ inches. Spread half of the date-nut filling over each rectangle to within $1 / 4$ inch of 11-inch sides. Roll up tightly, beginning at 11-inch side, using waxed paper to help lift. Pinch edge of dough to seal. Wrap and refrigerate about 4 hours or until firm.

Heat oven to $400^{\circ}$. Cut rolls into $1 / 4$-inch slices. Place about 1 inch apart on ungreased cookie sheet. Bake 8 to 10 minutes or until 1ight brown. Immediately remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"72 Cookies"
T(Chi11):

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Per serving: 58 Calories (kcal); 2g Total Fat; (29\% calories from fat); 1g Protein; 10g Carbohydrate; 3mg Cholesterol; 17mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
```

    A quick and easy way to chop dates is to use a food processor. To
    keep dates from sticking to blade, add about 1 tablespoon sugar
    from the recipe to the dates before processing.
    Make It Your Way
    Create attractive red-filled cookies by making Cherry-Almond
    Pinwhee1s. Replace pitted dates with dried cherries, use \(1 / 2\) cup
    finely chopped blanched almonds and substitute almond extract for
    the vanilla. These pretty pinwheels are sure to be a hit on a
    cookie tray.
    Nutr. Assoc. : 200270026770040980000

* Exported from MasterCook *
Decorator's Frosting
Recipe By
Serving Size
S
S Preparation Time :0:00
Categories : Celebrate with Cookies Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :--- | :--- |
| 2 |  | cups |
| 2 | $1 / 2$ | powdered sugar |
| 2 |  | tablespoons |

Stir together 2 cups powdered sugar, 1/2 teaspoon vanilia and 2 tablespoons milk or half-and-half until smooth and spreadable. This recipe makes enough to frost 3 to 5 dozen cookies. Add more milk for a thinner frosting or to create a glaze. Frosting can be tinted with food color. Stir in liquid food color, 1 drop at a time, until frosting is the desired color. If intense, vivid frosting color is desired, use paste food color. Why? Because you would have to use too much liquid color to get vivid color, and using too much liquid color will break down the frosting, causing it to separate and look curdled.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"© General Mills, Inc. 1998."
Yield:
"2/3 Cup"

Per serving: 27 Calories (kcal); trace Total Fat; (1\% calories from fat); trace Protein; 7g Carbohydrate; trace Cholesterol; trace Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2
Page 77

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Other Carbohydrates

Nutr. Assoc. : 000021307065430

* Exported from MasterCook *


## Deluxe Chocolate Chip Cookies

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 24 \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 3/4 | cup | granulated sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 2 |  | eggs |
| $21 / 2$ | cups | a11-purpose flour |
| 3/4 | teaspoon | baking soda |
| 3/4 | teaspoon | salt |
| 1 | cup | chopped walnuts |
| 12 | ounces | semisweet or milk chocolate -- coarsely chopped |
| 1 | (12 ounce) p | ckage semisweet chocolate chips (2 cups) |
| 1 | (11 1/2 ounce) | OR package large semisweet chocolate chips |

Heat oven to $375^{\circ}$. Beat sugars and butter in large bow with electric mixer on medium speed about 3 minutes or until fluffy, or mix with spoon. Beat in vanilla and eggs. Stir in flour, baking soda and salt. Stir in walnuts and chocolate.

Drop dough by level 1/4 cupfuls or \#16 cookie/ice-cream scoop about 2 inches apart onto ungreased cookie sheet. Flatten slightly with fork. Bake 11 to 14 minutes or until edges are light brown (centers will be soft). cool 3 to 4 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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## Description:

"Just as vanilla ice cream is America's favorite ice-cream flavor, the
chocolate chip cookie takes the blue ribbon for also being an American
favorite."
Copyright:
"@ Genera1 Mi11s, Inc. 1998."
Yield:
"24 Cookies"

Per serving: 279 Calories (kcal); 15g Total Fat; (47\% calories from fat); 4g Protein; 35 g Carbohydrate; 16 mg Cholesterol; 205 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1 1/2 Other Carbohydrates

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
NOTES : "I Don't Have That"
Vanilla extract isn't the only great flavoring to add to these cookies. If you're out of vanilla, maple-flavored extract is a great substitute.
Nutr. Assoc. : 00409803218000021307065430488602130706543

```
* Exported from MasterCook *
```


## Double Apple Bars

Recipe By
Serving Size $\quad 24 \quad$ Preparation Time :0:00
Categories : Chapter 2

## Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 3/4 | cup | packed brown sugar |
| 3/4 | cup | applesauce |
| 1/4 | cup | vegetable oil |
| 1 |  | egg |
| 1 1/4 | cups | al1-purpose flour |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | ground cinnamon |
| 1/4 | teaspoon | salt |
| 1/2 | cup | chopped, unpeeled al1-purpose apple powdered sugar -- if desired |

Heat oven to $350^{\circ}$. Mix brown sugar, applesauce, oil and egg in large bowl. Stir in flour, baking soda, cinnamon and salt. Stir in apple.

Spread batter in ungreased square pan, $9 \times 9 \times 2$ inches. Bake 25 to 30 minutes or until toothpick inserted in center comes out clean; cool. Sprinkle with powdered sugar. Cut into 6 rows by 4 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"24 bars"

Per serving: 80 Calories (kcal); 3 g Total Fat; (28\% calories from fat); 1g Protein; 14g Carbohydrate; 8mg Cholesterol; 54mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Look to use the best local variety of baking apples, available in farmers' markets or grocery stores from your area in this recipe. If that's not possible, give these nationally available varieties a try: Cortland, Granny Smith, Rome Beauty or winesap.

Make It Your way
To make Double Pear Bars, substitute strained pears for the Page 79

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt applesauce and chopped unpeeled pear for the apple.
Nutr. Assoc. : 00000000300

```
* Exported from MasterCook *
```

Double Oat Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 36 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| -1 | cup | butter or margarine -- softened |
| 1 | cup | packed brown sugar |
| 1 |  | teaspoon |
| 1 | vanilla |  |
| 1 | $1 / 4$ | cups white |

Heat oven to $350^{\circ}$. Beat butter, brown sugar, vanilla and egg white in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"@ General Mills, Inc. 1998."
Yield:
"36 Cookies"

Per serving: 100 Calories (kcal); 5 g Total Fat; (46\% calories from fat); 1g Protein; 13g Carbohydrate; 0mg Cholesterol; 82 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Oat Bran
The bran is the outermost layer of the oat and is a good source of fiber. You can find oat bran in the hot cereal or health food section of most large supermarkets.
"I Don't Have That"
Try using wheat germ instead of the oat bran. If you do, the cookies wil1 have a coarser texture and nuttier flavor.
Nutr. Assoc. : 40980000202230000

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
* Exported from MasterCook *
                    Double Peanut Cookies
```

Recipe By
Serving Size
:
54
Preparation Time $: 0: 00$
Categories : Chapter 1
Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 1 | cup | creamy peanut butter |
| $3 / 4$ | cup | granulated sugar |
| $3 / 4$ | cup | packed brown sugar |
| 2 | cup butter or margarine -- softened |  |
| 1 | $1 / 2$ | cups eggs |

Heat oven to $375^{\circ}$. Beat peanut butter, sugars, butter and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and baking soda. Stir in peanuts (dough will be stiff).

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 8 to 10 minutes or until light brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected

Copyright:
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Yie1d:
"54 Cookies"

Per serving: 104 Calories (kcal); $6 g$ Total Fat; (52\% calories from fat); 3g Protein; 10g Carbohydrate; 7 mg Cholesterol; 69 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Creamy peanut butter works best in these cookies because it's so easy to work with.

Reduced-fat peanut butter spread will work, too, but the cookies will be a little drier and a bit tougher.

For a richer, more butterscotch-like flavor, use all brown sugar. Nutr. Assoc. : 501100409832180026041

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* Exported from MasterCook *
```

Dream Bars

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Categories : Chapter 2 Super Bars and Brownies
```



```
        1/3 cup packed brown sugar
        cup all-purpose flour
        Almond-Coconut Topping -- (recipe follows)
                                ALMOND-COCONUT TOPPING
    2
    1 cup shredded coconut
    3/4 cup packed brown sugar
    tablespoons
        teaspoon baking powder
        baking powder
        teaspoon vanilla
        1/4 teaspoon salt
```

Heat oven to $350^{\circ}$. Mix butter and brown sugar in small bow with spoon.
Stir in flour. Press in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Bake
10 minutes.
Spread Almond-Coconut Topping over baked layer. Bake 20 to 25 minutes or
until topping is golden brown. Cool 30 minutes. Cut 8 rows by 4 rows while
warm.
ALMOND-COCONUT TOPPING:
Mix all ingredients.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Description:
"This bar makes a dazzling taste treat with a homemade flavor beyond
compare!"
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"32 Bars"
T(C001):

Per serving: 107 Calories (kcal); 6 g Total Fat; ( $46 \%$ calories from fat); 2 g Protein; 13g Carbohydrate; 12 mg Cholesterol; 69 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Serving Ideas : Serve with a mug of hot chocolate for a winning combination.
NOTES : "I Don't Have That" Make an all-nut topping by leaving out the coconut and using 2 cups almonds.
Nutr. Assoc. : 40980021307065430032183106000000

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt * Exported from MasterCook *
```


## Easy Decorated Gingerbread Cookies

Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Se } \\ & 24\end{aligned}$ Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker® gingerbread cake and cookie mix |
| 1/4 | cup | hot water |
| 2 | tablespoons | all-purpose flour |
| 2 | tablespoons | butter or margarine -- melted |
| 1 |  | Sugar |
|  | tub | Betty Crocker® Rich \& Creamy vanilla ready-to-spread frosting |
|  |  | Miniature chocolate chips, raisins, cut-up gumdrops, colored sugar, miniature |
|  |  | marshmallows, red cinnamon candies, |
|  |  | shredded coconut, chocolate shot or shoestring licorice -- if desired |

Heat oven to $375^{\circ}$. Mix gingerbread mix, hot water, flour and butter in medium bow 1 with spoon until dough forms.

Shape dough into 1-inch balls. Place about 2 inches apart on ungreased cookie sheet. Press bottom of glass into dough to grease, then dip into sugar; press on shaped dough to flatten to $21 / 2$ inches in diameter.

Bake 8 to 10 minutes or until edges are firm (do not overbake). Cool 1 minute; remove from cookie sheet to wire rack. Cool completely. Frost with frosting. (Cover and refrigerate any remaining frosting.) Decorate as desired with chocolate chips and candies.

```
Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\) cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.
```


## Description:

```
"Yes, this is a no-roll gingerbread cookie recipe. Isn't that a nice change? Kids will love making these cookies and coming up with fun decorating ideas."
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"24 Cookies"
```

Per serving: 162 Calories (kcal); 6 g Total Fat; (31\% calories from fat); 1g Protein; 27g Carbohydrate; 0 mg Cholesterol; 144mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 2 Other Carbohydrates

NOTES : Make It Your Way
Here's how to make easy Rolled Gingerbread People and Snowmen. Prepare cookie dough as directed above and divide in half. Place one half on floured cloth-covered surface. Roll $1 / 8$ inch thick.

Page 83

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Cut with floured cutter. Bake on ungreased cookie sheet and cool as directed above. Repeat with the remaining dough. Frost and decorate as desired.
Nutr. Assoc. : 5724004098011832130706543

* Exported from MasterCook *

Easy-Yet-Elegant Raspberry Bars
Recipe By
Serving Size
:
Sim 18 Preparation Time :0:00
Categories $\quad$ Chapter 4 Fix 'Em with a Mix


Heat oven to $350^{\circ}$. Prepare and bake brownie mix as directed on package for fudgelike brownies in rectangular pan, $13 \times 9 \times 2$ inches. Cool completely.

Beat cream cheese, powdered sugar and preserves in small bowl with electric mixer on medium speed until smooth. Spread over brownies. Refrigerate 15 minutes.

Microwave chocolate and butter in small microwavable bowl on Medium (50\%) about 1 minute or until mixture can be stirred smooth. Drizzle over brownies. Refrigerate about 1 hour or until chocolate is firm. Cut into 6 rows by 3 rows. Store covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"The bitterness of the dark chocolate glaze perfectly complements the rich sweetness of the brownies."
Copyright:
"@ Genera1 Mi11s, Inc. 1998."
Yie7d:
"18 Bars"
T(Chil1):
"1:15"

Per serving: 215 Calories (kcal); 8g Total Fat; (31\% calories from fat); 2g Protein; 35 g Carbohydrate; 14 mg Cholesterol; 160 mg Sodium
Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
2 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    Did you know you can buy seedless raspberry preserves? No more
    seeds to get stuck between your teeth!
```

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Nutr. Assoc. : 625 0 0 4684 53854098
* Exported from MasterCook *
    Esther's Bracelets
Recipe By : % 72 Preparation Time :0:00
Categories : Celebrate with Cookies
    Chapter 7
```

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 3/4 | cup | butter or margarine -- softened |
| 3/4 | cup | shortening |
| 1/2 | teaspoon | almond extract |
| 2 |  | eggs |
| 4 | cups | al1-purpose flour |
| 1/2 | cup | finely chopped almonds |
|  |  |  |
|  |  | Finely chopped almonds, if desired |
|  |  | GLAZE |
| 3 | cups | powdered sugar |
| 4 | tablespoons | milk (4 to 5 tablespoons) |

Heat oven to $375^{\circ}$. Beat sugar, butter, shortening, almond extract and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and $1 / 2$ cup almonds.

Shape dough into 1 1/4-inch balls. Roll each ball into rope, 6 inches long. Form each rope into circle, crossing ends and tucking under. Place on ungreased cookie sheet. Bake 9 to 11 minutes or until set but not brown. Remove from cookie sheet to wire rack. Cool completely. Drizzle with Glaze. Sprinkle with finely chopped almonds.

GLAZE:
Mix ingredients until thin enough to drizzle.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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## Description:

"Queen Esther revealed the evil plot of Haman to King Ahasuerus of
ancient Persia, thereby saving the Persian Jews. These almond cookies
honor her. Serve these cookies at a Purim celebration."
Copyright:
"© General Mil1s, Inc. 1998."
Yield:
"72 Cookies"

Per serving: 99 Calories (kcal); 5g Total Fat; (42\% calories from fat); 1g Protein; 13g Carbohydrate; 5 mg Cholesterol; 24 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
NOTES : "I Don't Have That"
    walnuts can be used to replace the almonds in this recipe. When
    you make this substitution, be sure to use vanilla instead of
    almond extract.
Nutr. Assoc. : 0 4098 0 0 3218 0 20020 2130706543 0 0 0 0 4038
```

* Exported from MasterCook *
Fig-Filled whole wheat Cookies
Recipe By :
Serving Size : 36 Preparation Time :0:00
Categories : Chapter 5

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | Fig Filling -- (recipe follows) packed brown sugar |
| 1/2 | cup | shortening |
| 1 | teaspoon | vanilla |
| 1 |  | egg |
| $12 / 3$ | cups | whole wheat flour |
| 1/4 | teaspoon | salt |
| $11 / 3$ |  | FIG FILLING |
| 1 1/4 | cup | fugar chopped dried figs |
| 1/3 | cup | sug |
| 1/3 | cup | water |
| 1 | teaspoon | grated orange pee1 |

Prepare Fig Filling. Heat oven to $375^{\circ}$. Beat brown sugar, shortening, vanilla and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt.

Divide dough into thirds. Pat each third into rectangle, $12 \times 4$ inches, on waxed paper. Spoon one third of the filling lengthwise down center of each rectangle in $1 / 2$-inch-wide strip. Fold sides of dough over filling, using waxed paper to help lift and overlapping edges slightly. Press lightly to seal. Cut into 1-inch bars. Place seam sides down about 1 inch apart on ungreased cookie sheet. Bake 12 to 14 minutes or until light brown. Remove from cookie sheet to wire rack.

## FIG FILLING:

Heat all ingredients over medium heat about 5 minutes, stirring frequently, until thickened.

[^10]Please note, if you should change this recipe it will no longer be an

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Per serving: 101 Calories (kcal); 4g Total Fat; (32\% calories from fat); 1g Protein; 17g Carbohydrate; 5 mg Cholesterol; 20 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Figs were brought to North America by Spanish Franciscan missionaries who came to set up Catholic missions in southern California.

Make It Your Way
Make Apricot Bars by substituting finely chopped dried apricots for the figs.
Nutr. Assoc. : 21307065430000000031150267700

* Exported from MasterCook *

Frosted Banana Bars
Recipe By
Serving Size
: 24 Preparation Time :0:00
Categories : Chapter 8 Special Cookies/Special Diets


Heat oven to $375^{\circ}$. Spray square pan, $9 \times 9 \times 2$ inches, with cooking spray.
Beat sugar, sour cream, butter and egg whites in large bow with electric mixer on low speed 1 minute, scraping bow 1 occasionally. Beat in bananas and vanilla on low speed 30 seconds. Beat in flour, baking soda and salt on medium speed 1 minute, scraping bow occasionaliy. Stir in walnuts. spread in pan.

Bake 20 to 25 minutes or until light brown; cool. Frost with Frosting. Sprinkle with nutmeg. Cut into 6 rows by 4 rows.

WHITE FROSTING:
Mix all ingredients until smooth and spreadable.

[^11]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"24 Bars"

Per serving: 92 Calories (kcal); $2 g$ Total Fat; (18\% calories from fat); 1g Protein; 18g Carbohydrate; trace Cholesterol; 71mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1 Other Carbohydrates

```
NOTES : Cookie Tips
    Put overripe bananas in the freezer, unpeeled, for later use. When
    you're ready to use them, just thaw them, cut off the top of the
    pee1 and squeeze the banana into your mixing bow1.
    Frosting and glazes made with skim milk are more
    translucent-1ooking than those made with whole milk.
Nutr. Assoc. : 0 3939 4098 3231 0 2130706543 4111 0 0 0 0 20187 2130706543
    2130706543 0 0 0 4098 0 4938
```

* Exported from MasterCook *
Frosted Banana Oaties
Recipe By
Serving Size
: 42
Preparation Time $: 0: 00$
Categories : Chapter 1

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1 | cup | mashed very ripe bananas (2 medium) |
| 3/4 | cup | butter or margarine -- softened |
| 1 |  | egg |
| $21 / 2$ | cups | quick-cooking or old-fashioned oats |
|  | cup | al1-purpose flour |
| 1/2 | teaspoon | salt |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | ground cinnamon |
| 1/4 | teaspoon | ```ground allspice Vanilla Frosting -- (recipe follows)``` |
| 3 |  | VANILLA FROSTING |
| 1/3 | cup | powdered sugar |
| $11 / 2$ | teaspoons | butter or margarine -- softened vanilla |
| 2 | tablespoons | milk (2 to 3 tablespoons) |

Heat oven to $350^{\circ}$. Grease cookie sheet. Beat sugar, bananas, butter and egg in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except Vanilla Frosting.

Drop dough by rounded tablespoonfuls about 2 inches apart onto cookie sheet. Bake 10 to 12 minutes or until edges are golden brown and almost no indentation remains when touched in center. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely. Frost with vanilla Frosting.

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
VANILLA FROSTING:
Mix al1 ingredients until smooth and spreadable.
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"42 Bars"

Per serving: 130 Calories (kcal); 5 g Total Fat; (35\% calories from fat); 1g Protein; 20g Carbohydrate; 4 mg Cholesterol; 97 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

```
NOTES : Cookie Tips
    Fully ripened bananas-yep, the ones on your counter that are
    turning brown with some black spots-are the ones you want to use
    for this recipe. They are much more flavorful and add more
    moistness to baked goods than bananas that are tinged green or
    have just turned bright yellow.
    "I Don't Have That"
    Contrary to popular belief, allspice is not a combination of
    spices, but is a single spice. If you don't have allspice, use
    ground cloves or nutmeg.
Nutr. Assoc. : 0 4111 4098 0 20223 0 0 0 0 0 2130706543 0 0 0 4098 0 4038
```

* Exported from MasterCook *
Frosted Cinnamon-Mocha Cookies
Recipe By $\begin{aligned} & \text { Serving.Size } \\ & \text { Se } \\ & \text { Se }\end{aligned}$ Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 2 | teaspoons | instant coffee (dry) |
| 1 |  | egg |
| 3 | ounces | unsweetened baking chocolate -- melted and cooled |
| 1 1/4 | cups | al1-purpose flour |
| 1/4 | cup | milk |
| 1 | teaspoon | ground cinnamon |
| 1/2 | teaspoon | baking soda |
| 1/4 | teaspoon | ```sa1t Mocha Frosting -- (recipe follows)``` |
| 1 | teaspoon | MOCHA FROSTING instant coffee (dry) |
| 3 | tablespoons | hot water |
| 2 | ounces | unsweetened baking chocolate |
|  |  | Page 89 |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
        tablespoons butter or margarine
            cups powdered sugar
        teaspoons water (2 to 3 teaspoons)
```

Heat oven to $350^{\circ}$. Beat sugar, butter, coffee and egg in 1 arge bow 1 with electric mixer on medium speed, or mix with spoon. Stir in chocolate. Stir in remaining ingredients except Mocha Frosting.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or unti 1 almost no indentation remains when touched in center. Remove from cookie sheet to wire rack. Cool completely. Frost with Mocha Frosting.

MOCHA FROSTING:
Dissolve coffee in 3 tablespoons hot water; set aside. Melt chocolate and butter in 2-quart saucepan over low heat, stirring frequently; remove from heat. Stir in powdered sugar, coffee mixture and 2 to 3 teaspoons water until smooth and spreadable.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"30 Cookies"

Per serving: 138 Calories (kcal); 7 g Total Fat; ( $41 \%$ calories from fat); 1 g Protein; 20g Carbohydrate; 7 mg Cholesterol; 87 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1 Other Carbohydrates
NOTES : Cookie Tips
Instant coffee can be labeled as granules or crystals, and either one will work just dandy in this recipe. If you want to go for the gusto, use instant espresso powder, which is about twice as strong in coffee flavor than regular instant coffee.

Once opened, store instant coffee in the freezer for up to 1 year-it will stay fresh-tasting until you need to use it again.


* Exported from MasterCook *

Frosted Pumpkin-Pecan Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 60 \text { Preparation Time :0:00 }\end{array}$
Categories : Celebrate with Cookies $\quad$ Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | :--- | :--- |
| $1 / 2$ | cups | packed brown sugar |
| $1 / 2$ | cup | butter or margarine -- softened |
| $1 / 2$ | cup shortening |  |


| 1 | Cod | cup | cker Cookie Book Recipes (Share Me) canned pumpkin |
| :---: | :---: | :---: | :---: |
| 1 |  |  | egg |
| 2 | 1/3 | cups | al1-purpose flour |
| 1 |  | teaspoon | baking powder |
|  | 1/2 | teaspoon | salt |
|  | 1/2 | teaspoon | ground cinnamon |
| 2 |  | cups | chopped pecans Spiced frosting -- (recipe follows) |
| 3 |  | cups | SPICED FROSTING powdered sugar |
|  | 1/4 | cup | butter or margarine -- softened |
|  | 1/4 | teaspoon | ground cinnamon |
| 3 |  | tablespoons | milk (3 to 4 tablespoons) |

Heat oven to $350^{\circ}$. Beat brown sugar, butter and shortening in large bowl with electric mixer on medium speed, or mix with spoon. Stir in pumpkin and egg. Stir in flour, baking powder, salt and cinnamon. Stir in pecans.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet; flatten slightly. Bake 12 to 15 minutes or until no indentation remains when touched lightly in center. Remove from cookie sheet to wire rack. Cool completely. Frost with Spiced Frosting.

SPICED FROSTING:
Mix all ingredients until smooth and spreadable.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.
```


## Description:

```
"These cookies are soft cinnamon-kissed cookies with a pleasant crunch
from the pecans."
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"60 Cookies"
```

Per serving: 127 Calories (kcal); 7g Total Fat; (47\% calories from fat); 1g Protein; 16g Carbohydrate; 3mg Cholesterol; 56mg Sodium
Food Exchanges: $1 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1 Other Carbohydrates
NOTES : Canned Pumpkin
Canned pumpkin is good for you! It is a good source of beta carotene, which provides vitamin A.
Nutr. Assoc. : 0 40980000000201482130706543000409804138

```
* Exported from MasterCook *
```

                                    Frosted Spice Cookies
    Recipe By
Serving Size
S 48 Preparation Time :0:00
Categories : Chapter 6

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 1/2 | cups | packed brown sugar |
| 1 | cup | butter or margarine -- softened |
| 1/2 | cup | shortening |
| 2 |  | eggs |
| 4 1/2 | cups | al1-purpose flour |
| 2 | teaspoons | baking powder |
| 1 | teaspoon | ground ginger |
| 1 | teaspoon | ground cinnamon |
| 1 | teaspoon | ground cloves |
| 1 | teaspoon | ground nutmeg |
| 1/2 | teaspoon | caramel Frosting -- (recipe follows) |
| 1/2 | cup | CARAMEL FROSTING butter or margarine |
| 1 | cup | packed brown sugar |
| 1/4 | cup | milk |
| 2 | cups | powdered sugar |

Heat oven to $375^{\circ}$. Beat brown sugar, butter, shortening and eggs in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except Carame1 Frosting.

Roll one fourth of dough at a time $1 / 4$ inch thick on lightly floured surface. Cut into $21 / 2$-inch rounds. Place about 2 inches apart on ungreased cookie sheet. Bake 8 to 10 minutes or until light brown. Remove from cookie sheet to wire rack. Cool completely. Frost with Caramel Frosting.

CARAMEL FROSTING:
Me7t butter in 2-quart saucepan over medium heat. Stir in brown sugar. Heat to boiling, stirring constantly; reduce heat to low. Boil and stir 2 minutes. Stir in milk. Heat to boiling; remove from heat. Place saucepan in bowl of ice or cold water; cool to lukewarm, stirring occasionally. Gradually stir in powdered sugar. Beat until smooth and spreadable. If frosting becomes too stiff, stir in additional milk, 1 teaspoon at a time.

```
approved Betty Crocker \({ }^{\circledR}\) Recipe. are expected.
Copyright:
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Yield:
"48 Cookies"
```

Please note, if you should change this recipe it will no longer be an

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Per serving: 193 Calories (kcal); 8 g Total Fat; ( $37 \%$ calories from fat); 1g Protein; 29g Carbohydrate; 8 mg Cholesterol; 119mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES : Cookie Tips
Spices should be stored tightly sealed in a cool place. They have a shelf life of about a year and should be replaced when they lose their pungent aroma.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Caramel frosting is often called "penuche" or "penuchi," which is a name derived from the Mexican word for raw or brown sugar.
Nutr. Assoc. : 0440980321827037000336150002130706543000409800

* Exported from MasterCook *

Fudgy Layer Squares

Recipe By
Serving Size
S
36 Preparation Time :0:10
Categories : Chapter 2 Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | butter or margarine |
| 1 1/2 | ounces | unsweetened baking chocolate |
| $13 / 4$ | cups | graham cracker crumbs |
| 1 | cup | flaked coconut |
| 1/2 | cup | chopped nuts |
| 1/4 | cup | granulated sugar |
| 2 | tablespoons | water |
| 1 | teaspoon | vanilla |
| 2 | cups | powdered sugar |
| 1/4 | cup | butter or margarine -- softened |
| 2 | tablespoons | milk |
| 1 | teaspoon | vanilla |
| 1 1/2 | ounces | unsweetened baking chocolate |

Line square pan, $9 \times 9 \times 2$ inches, with aluminum foil. Melt $1 / 2$ cup butter and $11 / 2$ ounces chocolate in 3 -quart saucepan over low heat, stirring frequently, until smooth; remove from heat. Stir in graham cracker crumbs, coconut, nuts, granulated sugar, water and 1 teaspoon vanilla. Press in pan. Refrigerate while continuing with recipe.

Mịx remaining ingredients except chocolate. Spread over refrigerated crumb mixture. Refrigerate 15 minutes.

Melt $11 / 2$ ounces chocolate in 1-quart saucepan over low heat, stirring frequently, until smooth. Drizzle over frosting. Refrigerate about 2 hours or until chocolate is almost firm. Remove from pan, using foil to lift; fold back foil. Cut into 6 rows by 6 rows. Store covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"36 squares"
T(Chi11):
"2:00"

Per serving: 118 Calories (kcal); 7g Total Fat; (53\% calories from fat); 1g Protein; 13g Carbohydrate; trace Cholesterol; 75 mg Sodium

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    For an easy way to drizzle, pour the melted chocolate into a smal1
    resealable bag. Cut a tiny hole at one end and squeeze chocolate
    over the bars.
    Did you know that nuts frozen in their shells are easier to crack
    and the meat is easier to remove?
```

Nutr. Assoc. : 4098 0027370000004098000

* Exported from MasterCook *
Fudgy Macadamia Cookies
Recipe By $\begin{aligned} & \text { Serving Size } \\ & \text { Se } \\ & 24\end{aligned}$ Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 2 | ounces | unsweetened baking chocolate -- melted and cooled |
| 1 |  | egg |
| 1 | cup | al1-purpose flour |
| 1/2 | teaspoon | baking powder |
| 1/2 | teaspoon | salt |
| 1 | cup | chopped macadamia nuts |

Heat oven to $350^{\circ}$. Beat sugar, butter, vanilla, chocolate and egg in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Stir in nuts.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 9 to 11 minutes or until almost no indentation remains when touched in center. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

[^12]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt tree, a native of Australia. Macadamia trees are also grown in Hawaii and California. Their shells are extremely hard; that's why they are always sold already shelled.
"I Don't Have That" Macadamia nuts are definitely expensive, but oh so delicious when you decide to indulge! You don't have to use macadamias though; use any nut you like instead.

```
Nutr. Assoc. : 0 4098 0 0 0 0 0 0 20125
```

* Exported from MasterCook *

Fudgy Saucepan Brownies
Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Se } \\ & \text { Separation Time }: 0: 00\end{aligned}$
Categories : Chapter 2 Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | (12 ounce) pa | ckage semisweet chocolate chips (2 cups) |
| 1/2 | cup | butter or margarine |
| 1 | cup | sugar |
| 1 1/4 | cups | al1-purpose flour |
| 1 | teaspoon | vani11a |
| 1/2 | teaspoon | baking powder |
| 1/2 | teaspoon | salt |
| 3 |  | eggs -- beaten |
| 1 | cup | chopped nuts, if desired |

Heat oven to $350^{\circ}$. Heat chocolate chips and butter in 3 -quart saucepan over low heat, stirring frequently, until smooth; remove from heat. Stir in remaining ingredients except nuts. Stir in nuts.

Spread batter in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Bake 25 to 30 minutes or until center is set. Cool completely. Cut into 8 rows by 4 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"32 Brownies"

Per serving: 152 Calories (kcal); 9g Total Fat; (50\% calories from fat); 2g Protein; 18 g Carbohydrate; 18 mg Cholesterol; 81 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

Serving Ideas : Make a festive dessert by cutting the brownies into 16 bars. Top with sweetened whipped cream and sprinkle with cocoa. Add a stemmed maraschino cherry for that special touch.

NOTES : Cookie Tips

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt we call for chopped nuts, which allows you to pick your favorite. Although all types of nuts will work in this recipe, chocolate and walnuts seem to be a blue ribbon combination. It's always a good idea to sample a few nuts before adding them to your recipe to make sure they aren't rancid.
Nutr. Assoc. : 488640980000032182677

```
* Exported from MasterCook *
```

German Chocolate Bars
Recipe By
Serving Size
: 48 Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2/3 | cup | butter or margarine -- softened |
| 1 | package | Betty Crocker® ${ }^{\circledR}$ SuperMoist German chocolate |
| 1 | (6 ounce) pac | kage semisweet chocolate chips (1 cup) |
| 1 | tub | Betty Crocker® Rich \& Creamy coconut pecan ready-to-spread frosting |
| 1/4 | cup | milk |

Heat oven to $350^{\circ}$. Lightly grease rectangular pan, $13 \times 9 \times 2$ inches. Cut butter into cake mix (dry) in medium bowl, using pastry blender or crisscrossing 2 knives, until crumbly. Press half of the mixture ( $21 / 2$ cups) in bottom of pan. Bake 10 minutes.

Sprinkle chocolate chips over baked layer; drop frosting by tablespoonfuls over chocolate chips. Stir milk into remaining cake mixture. Drop by teaspoonfuls onto frosting layer.

Bake 25 to 30 minutes or until cake portion is slightly dry to touch. Cool completely. Cover and refrigerate until firm. Cut into 8 rows by 6 rows. Store covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"This take-off of German Chocolate Cake is one of our most frequently
requested recipes. We hope you like it too."
Copyright:
"© General Mil1s, Inc. 1998."
Yield:
"48 Bars"

Per serving: 121 Calories (kcal); 6 g Total Fat; (46\% calories from fat); 1g Protein; 16g Carbohydrate; trace Cholesterol; 122mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

Serving Ideas : For deliciously easy dessert, place 2 bars on individual serving plates. Top with canned whipped cream and then grated milk chocolate from a

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt candy bar.

Nutr. Assoc. : 4098571590488611640

* Exported from MasterCook *

German Chocolate Brownies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 32 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 2
Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 | (4 ounce) pac | kages sweet baking chocolate |
| 1/2 | cup | butter or margarine |
| $11 / 2$ | cups | a11-purpose flour |
| 1 | cup | sugar |
| 1/2 | teaspoon | baking powder |
| 1/2 | teaspoon | vanilla |
| 1/4 | teaspoon | sa7t |
| 2 |  | eggs Coconut-Pecan Frosting -- (recipe follows) |
|  |  | COCONUT-PECAN FROSTING |
| 1/2 | cup | sugar |
| 1/4 | cup | butter or margarine |
| 1/3 | cup | evaporated milk |
| 1/2 | teaspoon | vanilla |
| 2 |  | egg yolks |
| 1 | cup | flaked coconut |
| 2/3 | cup | chopped pecans |

Heat oven to $350^{\circ}$. Grease rectangular pan, $13 \times 9 \times 2$ inches. Melt chocolate and butter in 3-quart saucepan over low heat, stirring frequently, until smooth; remove from heat. Stir in remaining ingredients except Coconut-Pecan Frosting.

Spread batter in pan. Bake 20 to 25 minutes or until toothpick inserted in center comes out clean. Cool completely. Frost with Coconut-Pecan Frosting. Cut into 8 rows by 4 rows.

## COCONUT-PECAN FROSTING:

Cook sugar, butter, milk, vanilla and egg yolks in 1 1/2-quart saucepan over medium heat about 12 minutes, stirring frequently, until thickened. Stir in coconut and pecans. Refrigerate about 1 hour or until spreadable.

Please note, if you should change this recipe it will no longer be an
approved Betty Crocker ${ }^{\circledR}$ Recipe.
You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© Genera1 Mi11s, Inc. 1998."
Yie1d:
"32 Brownies"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Per serving: 172 Calories (kcal); 11g Total Fat; (56\% calories from fat); 2g Protein; 18g Carbohydrate; 26mg Cholesterol; 88mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Did you know that there are different types of coconut at the grocery store? Look closely and notice there is flaked and shredded coconut. The flaked coconut is cut into small pieces and is much drier than shredded coconut. In fact, you could squeeze a handful of shredded coconut and it would stick together a bit, but flaked coconut is dry, like uncooked rice kernels. Either works, but shredded coconut will give you more moistness and chewiness.
"I Don't Have That"
Out of nuts? Don't fret! Just use $12 / 3$ cups of coconut in the frosting instead of nuts and coconut.
Nutr. Assoc. : 2132409800000032182130706543000040980002737 20148

* Exported from MasterCook *


## Ghost Cookies

Recipe By
Serving Size
:
54
Preparation Time $: 0: 00$
Categories : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | granulated sugar |
| 1/2 | cup | packed brown sugar |
| 1/2 | cup | peanut butter |
| 1/4 | cup | butter or margarine -- softened |
| 1/4 | cup | shortening |
| 1 |  | egg |
|  | cups | al1-purpose flour |
| 3/4 | teaspoon | baking soda |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
|  |  | Creamy white Frosting -- (recipe follows) Chocolate chips or small black gumdrops |
| 6 | cups | CREAMY WHITE FROSTING powdered sugar |
| $2 / 3$ $1 / 3$ | cup | butter or margarine -- softened |

Beat sugars, peanut butter, butter, shortening and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda, baking powder and salt. Cover and refrigerate about 3 hours or until firm.

Heat oven to $375^{\circ}$. Divide dough in half. Roll each half $1 / 8$ inch thick on lightly floured surface. Cut into $3 \times 2$-inch ghost shapes. Place 1 inch apart on ungreased cookie sheet. Bake 6 to 8 minutes or until light brown. Cool 2 minutes; remove from cookie sheet to wire rack. Cool completely. Generously frost with Creamy Frosting. Use chocolate chips or slices of gumdrops for eyes.

## CREAMY WHITE FROSTING:

Beat powdered sugar and butter in large bowl with electric mixer on medium speed, or mix with spoon. Stir in milk until smooth and spreadable.

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
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Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"54 Cookies"
T(Chi11):
"3:00"

Per serving: 130 Calories (kcal); 5 g Total Fat; (36\% calories from fat); 1g Protein; 20g Carbohydrate; 4 mg Cholesterol; 82 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
When using cookie cutters with one wide end and one narrow end, alternate the direction of the cookie cutter as you are cutting out the cookies. In other words, cut out the first cookie with the wide end toward you, then cut out the next cookie with the narrow end toward you. That way, you can cut more cookies out of the dough.

To save space on your wire cooling racks, do the same thing, alternate the direction of each cookie. The first cookie you put down has the wide end toward you; then put the next cookie down with the narrow end toward you.
Nutr. Assoc. : 00040980000002130706543213070654300040980

```
* Exported from MasterCook *
    Giant Colorful Candy Cookies
```

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 18 \text { Preparation Time :0:00 }\end{array}$
Categories $\quad$ : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 3/4 | cup | granulated sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanil1a |
| 2 |  | eggs |
| $21 / 2$ | cups | al1-purpose flour |
| 3/4 | teaspoon | salt |
| 3/4 | teaspoon | baking soda |
| 2 | cups | candy-coated chocolate candies |

Heat oven to $375^{\circ}$. Beat sugars, butter, vanilla and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, salt and baking soda. Stir in candies.

Drop dough by leve1 $1 / 4$ cupfuls or \#16 cookie/ice-cream scoop about 2 inches apart onto ungreased cookie sheet. Flatten dough slightly with fork. Bake 11 to 14 minutes or until edges are light brown. Cool 3 to 4

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt minutes; carefully remove from cookie sheet to wire rack.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by Mastercook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Description:
    "Kids know what they like, and they love these cookies! The colorful
    little candy-coated chocolate pieces make these cookies fun to look at
    and to eat!"
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "18 Cookies"
```

Per serving: 362 Calories (kcal); 16 g Total Fat; (39\% calories from fat); 4g
Protein; 51g Carbohydrate; 24mg Cholesterol; 286mg Sodium
Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 2 1/2
Other Carbohydrates

```
NOTES : Cookie Tips
    Once you've used cookie/ice-cream scoops to make cookies, you'11
    never go back to doing it with two spoons. Look for the scoops in
    grocery stores, specialty cookware shops and cake decorating
    shops.
    "I Don't Have That"
    Candy-coated peanut butter covered candies can be used instead of
    the chocolate candies.
Nutr. Assoc. : 0 0 4098 0 0 0 0 0 4072
```

* Exported from MasterCook *
Giant Honey and Oat Cookies
Recipe By :
Serving Size : 18 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $-1 / 2$ | cups | sugar |
| $1 / 4$ | cup | butter or margarine -- softened |
| 3 | $2 / 3$ | cup |
| honey | egg whites |  |
| 4 |  | cups |
| 2 | cups | quick-cooking or old-fashioned oats |
| 1 |  | all-purpose flour |
|  | $1 / 2$ | teaspoon |
|  | teaspoon | balt |

Heat oven to $350^{\circ}$. Grease cookie sheet. Beat sugar, butter, honey and egg whites in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients.

Drop dough by level $1 / 4$ cupfuls or \#16 cookie/ice-cream scoop about 3 inches apart onto cookie sheet. Bake 11 to 14 minutes or until edges are light brown (centers will be soft). Cool 3 to 4 minutes; remove from

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"© General Mills, Inc. 1998."
Yield:
"18 Cookies"

Per serving: 293 Calories (kcal); 9g Total Fat; (26\% calories from fat); 5g Protein; 50g Carbohydrate; 0 mg Cholesterol; 229mg Sodium Food Exchanges: $11 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 2 Other Carbohydrates

NOTES : Cookie Tips
Using honey in cookie dough makes a softer baked cookie. Why is that? Honey is like a sponge; it absorbs moisture from the air, which will make your cookies soft, even during storage.

Make It Your Way
Try Giant Honey-Roasted Peanut and Oat Cookies by stirring 1 cup of honey-roasted peanuts in with the oats, flour, soda and salt.
Nutr. Assoc. : 040980323120223000

```
* Exported from MasterCook *
```

```
Giant Toffee-Chocolate Chip Cookies
```

Recipe By
Serving Size
:
18 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | shortening |
| 1/4 | cup | honey |
| 1 |  | egg |
| 2 | cups | a11-purpose flour |
| 1 | teaspoon | baking soda |
| 1/2 | teaspoon | baking powder |
| 1 $1 / 4$ | teaspoon | salt miniature semisweet chocolate chips (2 |
| 1 | (12 ounce) pa | ckage miniature semisweet chocolate chips (2 cups) |
| 1 | (7 1/2 ounce) | package almond brickle chips (1 cup) |

Heat oven to $350^{\circ}$. Beat brown sugar, butter, shortening, honey and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda, baking powder and salt. Stir in chocolate chips and brickie chips.

Drop dough by level $1 / 4$ cupfuls or \#16 cookie/ice-cream scoop about 2 inches apart onto ungreased cookie sheet. Bake 12 to 14 minutes or until edges are golden brown (centers will be soft). Cool 3 to 4 minutes; remove Page 101

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"18 Cookies"

Per serving: 355 calories (kcal); 20g Total Fat; (49\% calories from fat); 3g Protein; 45g Carbohydrate; 19mg Cholesterol; 251mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 2 1/2 Other Carbohydrates

NOTES : Cookie Tips
Save your cookies from the rancor of rancidity! Almond brickle chips can become rancid, which would spoil the taste of your cookies. Do a taste test of the brickle chips before adding them to your recipe to be sure they taste fresh. Refrigerate or freeze the brickle chips to help prevent rancidity.
"I Don't Have That" Maple-flavored syrup can be used instead of honey.

Nutr. Assoc. : 04098000000048865949

```
* Exported from MasterCook *
```

                                    Ginger Cookie Clock
    Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Sereparation Time }: 0: 00\end{aligned}$
Categories : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/4 | cup | molasses |
| 1 |  | egg |
| 2 | cups | al1-purpose flour |
| 1 1/2 | teaspoons | baking soda |
| 1/2 | teaspoon | salt |
| 1/2 | teaspoon | ground cinnamon |
| 1/2 | teaspoon | ground ginger |
| 1/4 | teaspoon | ground cloves |
|  |  | Sugar |

Heat oven to $375^{\circ}$. Grease 12 -inch pizza pan or large cookie sheet. Mix 1 cup sugar, the butter, molasses and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except sugar.

Reserve $1 / 3$ cup dough. Press remaining dough in pan or into 12-inch circle on cookie sheet. Shape reserved dough into numbers and arrows; place on

Page 102

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt dough in pan to resemble the face of a clock. Sprinkle with sugar. Bake about 10 minutes or until golden brown. Cool completely. Cut or break into pieces.

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Copyright:
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Yield:
"42 pieces"
T(Bake):
"0:10"

Per serving: 66 Calories (kcal); 2g Total Fat; (31\% calories from fat); 1g Protein; 11g Carbohydrate; 4 mg Cholesterol; 98 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

## NOTES : Cookie Tips

You don't have to decorate your giant cookie only as a clock. For variety, try decorating it as a jack-o'-lantern, ladybug, face or anything else you like. Squeezing dough through a garlic press or potato ricer is very handy for making dough into "hair."

Make It Your Way Create Giant Pizza Cookie Slices by pressing all the dough into the pizza pan or onto the cookie sheet. Use a pizza cutter to cut the dough into 16 wedges. After baking and cooling the pizza cookie, decorate with frosting and candy. Recut along the lines to serve the slices.
Nutr. Assoc. : 04098000000036150

```
* Exported from MasterCook *
```

                                    Ginger Shortbread Wedges
    Recipe By
Serving Size
S
$16 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 5

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2/3 | cup | butter or margarine -- softened |
| 1/3 | cup | powdered sugar |
| 3 | tablespoons | finely chopped crystallized ginger |
| 1 1/3 | cups | a11-purpose flour |
| 2 | teaspoons | granulated sugar |

Heat oven to $350^{\circ}$. Mix butter, powdered sugar and ginger in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour.

Pat dough into a 9-inch circle on an ungreased cookje sheet. Sprinkle with granulated sugar. Bake about 20 minutes or until golden brown. Cool 10

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt minutes. Cut into wedges.

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Copyright:
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Yield:
"16 Cookies"
T(Bake):
"0:20"

Per serving: 124 Calories (kcal); 8 g Total Fat; (58\% calories from fat); 1g Protein; 11g Carbohydrate; 2 mg Cholesterol; 90mg Sodium Food Exchanges: 1/2 Grain'(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Crystallized Ginger
Crystallized ginger is made from young ginger roots that are cooked in sugar syrup and dried until crystallized. It keeps indefinitely in an airtight container.
Nutr. Assoc. : 40980300300

* Exported from MasterCook *

> Ginger-Almond Cookies

Recipe By
Serving Size
: $84 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 8 Special Cookies/Special Diets

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | sugar |
| $11 / 2$ | cups | shortening |
| 3/4 | cup | molasses |
| 4 | cups | al1-purpose flour |
| 1 | tablespoon | plus 1 teaspoon ground ginger |
| 1 | tablespoon | ground cinnamon |
| 1 | tablespoon | ground cloves |
| $11 / 2$ | teaspoons | baking soda |
| $11 / 2$ | teaspoons | salt |
| 1 1/2 | cups | finely chopped almonds |

Beat sugar, shortening and molasses in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except almonds. Stir in almonds. Divide dough in half. Shape each half into roll, about 2 inches in diameter. Wrap and refrigerate at least 3 hours.

Heat oven to $350^{\circ}$. Cut dough into $1 / 4$-inch slices. Place 2 inches apart on ungreased cookie sheet. Bake about 9 minutes or until almost no indentation remains when touched lightly in center. Coo 12 minutes; remove from cookie sheet to wire rack.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Here's another eggless recipe to add to your repertoire!"
Copyright:
"© General Mills, Inc. 1998."
Yield:
"84 Cookies"
T(Chi11):
"3:00"

Per serving: 91 Calories (kcal); 5 g Total Fat; ( $49 \%$ calories from fat); 1 g Protein; 11g Carbohydrate; 0mg Cholesterol; 62 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
A straight-edged knife blade makes it easier to cut even slices of refrigerated dough. Another tip is to cut straight down through the dough; don't use a sawing motion.
Nutr. Assoc. : 00003617036150020020

* Exported from MasterCook *

Ginger-Pecan Chews

| Recipe By | Preparation Time :000 |
| :--- | :--- |
| Serving Size | $\vdots 30 \quad$ Easy Drop Cookies |
| Categories | $:$ Chapter 1 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | molasses |
| 1 |  | egg |
| 1 | (2 ounce) jar | crystallized ginger -- chopped (about 1/3 cup) |
| 2 | cups | all-purpose flour |
| 1 | teaspoon | ground ginger |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | salt |
| 1/2 | cup | chopped pecans Pecan halves, if desired |

Heat oven to $375^{\circ}$. Beat sugar, butter, molasses, egg and crystallized ginger in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, ground ginger, baking soda and salt. Stir in chopped pecans.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Press pecan half onto each cookie. Bake 12 to 14 minutes or until almost no indentation remains when touched near center. Immediately remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an Page 105

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Copyright:
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Yield:
"30 Cookies"

Per serving: 107 Calories (kcal); 5 g Total Fat; (40\% calories from fat); 1g Protein; 14g Carbohydrate; 8 mg Cholesterol; 97 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    If you don't want to chop the crystallized ginger with a knife,
    use kitchen scissors sprayed with cooking spray and snip the
```

    ginger into pieces.
    Crystallized Ginger
    Crystallized ginger, also called "candied ginger," can be a bit
    pricey, but it has a flavor that ground ginger can't really
    replace. It's made by cooking fresh gingerroot in a sugar syrup
    until it soaks into the ginger through and through. It's then
    coated with granulated sugar. Crystallized ginger has a chewy
    texture
    Nutr. Assoc. : 040980000000201482130706543

* Exported from MasterCook *
Gingerbread Cookies
Recipe By :
Serving Size : 30 Preparation Time :0:00
Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 1/3 | cup | shortening |
| $11 / 2$ | cups | dark molasses |
| 2/3 | cup | cold water |
| 7 | cups | a11-purpose flour |
| 2 | teaspoons | baking soda |
| 2 | teaspoons | ground ginger |
| 1 | teaspoon | salt |
| 1 | teaspoon | ground allspice |
| 1 | teaspoon | ground cloves |
| 1 | teaspoon |  |
|  |  | Creamy white Frosting -- (recipe follows) |
|  |  | CREAMY WHITE FROSTING |
| 4 | cups teaspoon | powdered sugar |
| 5 | tablespoons | half-and-half |
|  |  | Food color, if desired |

Beat brown sugar, shortening, molasses and water in very large bow 1 with Page 106

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except Creamy white Frosting. Cover and refrigerate about 2 hours or until firm.

Heat oven to $350^{\circ}$. Lightly grease cookie sheet. Roll one-fourth of dough at a time 1/4 inch thick on lightly floured surface. Cut with floured gingerbread cookie cutter or other favorite shaped cutter. Place about 2 inches apart on cookie sheet. Bake 10 to 12 minutes or until almost no indentation remains when touched in center. Remove from cookie sheet to wire rack. Cool completely. Frost with Creamy white Frosting.

## CREAMY WHITE FROSTING:

Mix all ingredients until smooth and spreadable.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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```
Description:
    "A large gingerbread cookie all decked out in holiday finery made of
    frosting and candy sprinkles makes a great tie-on for a gift or a
    wonderful stocking stuffer.'
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "1 recipe"
T(Chi11):
    "2:00"
```

Per serving: 264 Calories (kcal); 3g Total Fat; (9\% calories from fat); 3g
Protein; 57g Carbohydrate; 1mg Cholesterol; 166mg Sodium
Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
2 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
```

    Did you know that a few unfrosted crumbled gingerbread or other
    ginger cookies make an excellent thickener for pot roast gravy?
    Nutr. Assoc. : 0 0 0 0 0 0 0 0 0 3615 0 2130706543000007042130706543

* Exported from MasterCook *
Gingerbread Village
Recipe By $\quad \begin{aligned} & \text { Berving Size } \\ & \text { Sereparation Time } 0: 00\end{aligned}$
Categories : Celebrate with Cookies Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $1 / 2$ | cup | packed brown sugar |
| $1 / 4$ | cup | shortening |
| $3 / 4$ | cup | dark molasses |
| $1 / 3$ | cup | cold water |
| 3 | $1 / 2$ | cups |
| 1 | al1-purpose flour |  |
| 1 | teaspoon | baking soda |
|  |  |  |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
        1/2
                        teaspoon salt
        1/2 teaspoon ground allspice
    1/2 teaspoon ground cinnamon
    1/2 teaspoon ground cloves
        Gingerbread Frosting -- (recipe follows)
        Assorted candies and nuts
                            GINGERBREAD FROSTING
            cups powdered sugar
            cup shortening
    1/3
        tablespoons light corn syrup
        teaspoons milk (5 to 6 teaspoons)
Heat oven to 350'. Grease square pan, 9 < 9 < 2 inches, and jelly roll
pan, 15 1/2 < 10 1/2 < 1 inch. Beat brown sugar, shortening and molasses
in large bowl with electric mixer on medium speed, or mix with spoon. Stir
in water. Stir in remaining ingredients except Frosting and assorted
candies.
Press one third of dough into square pan. Press remaining dough into jelly roll pan. Bake 1 pan at a time about 15 minutes or until no indentation remains when touched in center. Cool 5 minutes. Invert onto large cutting surface. Immediately cut jelly roll into fourths and then into buildings as shown below. Cut square into braces as shown. Cool completely.
Cover piece of cardboard, about \(28 \times 10\) inches, with aluminum foil. Decorate front of buildings as desired with Frosting and assorted candies and nuts. Use frosting to attach supports to backs of buildings, buildings to cardboard and sidewalk to cardboard. Complete by decorating as desired.
GINGERBREAD FROSTING:
Mix all ingredients until smooth and spreadable.
```

Cut jelly roll into fourths then into buildings.
Cut square into braces.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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```
Description:
Copyright:
    "@ Genera1 Mil1s, Inc. 1998."
Yield:
    "1 4-building village"
```

    "Gingerbread is a type of cake or shaped cookie flavored with molasses
    and ginger. It was one of the favorites of early Americans when
    molasses was often the only sweetener available.'
    Per serving: 4793 Calories (kcal); 125g Total Fat; (23\% calories from fat); 46g Protein; 885 g Carbohydrate; 1 mg Cholesterol; 2539 mg Sodium Food Exchanges: 22 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 24 Fat; 36 1/2 Other Carbohydrates

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
NOTES : Cookie Tips
    Decorate the buildings any way you like. Use red cinnamon candies,
    licorice bits and whips, jelly candies, jelly beans, pillow mints,
    peppermints and whatever else strikes your fancy. Sliced almonds
    are wonderful masonry or paving stones. Make an old-fashioned
    lamppost from a peppermint stick with smal1 gingerbread squares as
    the lantern top.
Nutr. Assoc. : 0 0 0 0 0 0 0 0 0 0 3615 2130706543 0 0 0 0 0 0 4038
* Exported from MasterCook *
Gingerpop Cookies
Recipe By : < 18 Preparation Time :0:00
serving Size : 18 Preparation Time :0:00
Categories : Chapter 3 Kid Cookies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & (14 1/2 ounce) & package Betty Crocker \({ }^{\circledR}\) gingerbread cake and cookie mix \\
\hline \multirow[t]{6}{*}{1/3} & cup & 7ukewarm water \\
\hline & & About 18 wooden sticks with rounded ends \\
\hline & & Sugar \\
\hline & & Easy Pink Frosting -- (recipe follows) \\
\hline & & Candy-coated chocolate candies, candy \\
\hline & & corn, licorice or gumdrops, if desired \\
\hline & & EASY PINK FROSTING \\
\hline 1 & cup & vanilla ready-to-spread frosting \\
\hline 2 & drops & red food color \\
\hline
\end{tabular}
```

Mix gingerbread mix (dry) and water in large bowl with spoon. Cover dough with plastic wrap and refrigerate about 15 minutes or until slightly firm.

Heat oven to $375^{\circ}$. Shape dough into $11 / 4$-inch balls. Insert wooden stick into side of each ball until tip of stick is in center of ball. Place balls about 2 inches apart on ungreased cookie sheet.

Press bottom of glass into dough to grease, then dip into sugar; press on balls to flatten slightly. Bake 8 to 10 minutes or until edges are firm. Cool 1 minute; remove from cookie sheet with spatula to wire rack. Cool completely. Spread Easy Pink Frosting over each cookie with knife, then immediately top with candies to make a face design or decorate as desired.

EASY PINK FROSTING:
Mix ingredients until pink and smooth.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Yield:
"18 Cookies"
T(Chi11):

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

Per serving: 170 Calories (kcal); $6 g$ Total Fat; (31\% calories from fat); 1g Protein; 29g Carbohydrate; Omg Cholesterol; 165mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 2 Other Carbohydrates

```
NOTES : Cookie Tips
    When you work with liquid food color, go slowly to get the exact
    shade of color you want. Add one drop at a time and mix it in the
    dough or frosting completely before adding more color.
    Food Coloring
    There are two types of food coloring widely available: liquid and
    paste. Liquid food coloring is easy to find at your supermarket.
    Paste coloring can be found in cake decorating or specialty food
    stores. Paste colors are preferred by many people because the
    colors are much more vivid than liquid colors.
Nutr. Assoc. : 3522 5472 0 0 2130706543 2130706543 0 0 5404 4706
```

* Exported from MasterCook *
Glazed Chocolate Pockets
Recipe By
Serving Size
: $24 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/4 | cup | powdered sugar |
| 1 | (3 ounce) pack | kage cream cheese -- softened |
| 1/2 | teaspoon | vanilla |
| 1/3 | cup | flaked coconut |
| 3/4 | cup | butter or margarine -- softened |
| 2/3 | cup | granulated sugar |
| 1 |  | egg |
| 2 | cups | al1-purpose flour |
| 1/3 | cup | baking cocoa |
| 1/4 | teaspoon | salt Two-Way Glaze -- (recipe follows) |
|  |  | TWO-WAY GLAZE |
| 1 | cup | powdered sugar |
| 4 | teaspoons | milk (4 to 6 teaspoons) |
| 1 | tablespoon | baking cocoa |
| 1 | teaspoon | milk (1 to 2 teaspoons) |

Heat oven to $375^{\circ}$. Mix powdered sugar and cream cheese with spoon until thoroughly blended. Stir in vanilla and coconut; reserve. Beat butter, granulated sugar and egg in large bow with electric mixer on medium speed, or mix with spoon. Stir in flour, cocoa and salt.

Ro11 dough into rectangle, $16 \times 12$ inches, on lightly floured
cloth-covered surface. Cut into 4-inch squares. Cut squares diagonally in half to form triangles. Place 1 level teaspoon coconut mixture in center of each triangle; flatten slightly. Fold points of triangle to corner, and press edges to seal. Place on ungreased cookie sheet.

Bake 10 to 12 minutes or until set. Remove from cookie sheet to wire rack. Cool completely. Drizzle with Two-way Glaze.

TWO-WAY GLAZE:
Mix powdered sugar and 4 to 6 teaspoons milk in 2-cup liquid measuring cup Page 110

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt until thin enough to drizzle. Drizzle about half of the glaze over cookies by pouring from measuring cup. (About 3 tablespoons wil1 remain.) Stir cocoa and 1 to 2 teaspoons milk into remaining glaze in cup. Drizzle chocolate glaze over vanilla glaze on cookies.

Fold points of triangle to seal.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mi11s, Inc. 1998."
Yield:
"24 Cookies"

Per serving: 158 Calories (kcal); 8 g Total Fat; ( $42 \%$ calories from fat); 2g Protein; 21g Carbohydrate; 12 mg Cholesterol; 105 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1 Other Carbohydrates
NOTES : Cookie Tips
It is easy to glaze all the cookies at one time-set them $1 / 4$ inch apart on a cooling rack over waxed paper and simply pour the glaze over them.

Make It Your way
Glazed Chocolate Apricot Pockets feature a striking red-speckled filling when you bite into one. To make, replace the coconut with $1 / 3$ cup chopped dried apricots.
Nutr. Assoc. : 0002737409800027270213070654300040382727 4038

* Exported from MasterCook *

Golden Cereal-Nut Clusters
Recipe By : 24 Preparation Time :0:00
Categories : Chapter 8

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | ---: |
| $1 / 2$ | pound | vanilla-flavored candy coating |
| 3 | cups | Golden Grahams ${ }^{\circledR}$ cereal |
| $1 / 2$ | cup | salted peanuts |
| $1 / 2$ | cup | miniature marshmallows |

Chop candy coating into small pieces; place in heavy 10-inch skillet. Cover and heat over low heat about 5 minutes or until coating is soft; remove from heat. Stir until smooth and creamy.

Stir in cereal until well coated. Stir in peanuts and marshmallows. Drop mixture by rounded tablespoonfuls onto waxed paper, or spread mixture

Page 111

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt evenly on waxed paper or aluminum foil. Let stand 1 to 2 hours or until completely set.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"24 Cookies"

Per serving: 90 Calories (kcal); 5g Total Fat; (45\% calories from fat); 2g
Protein; 11g Carbohydrate; 2 mg Cholesterol; 79 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
For gift-giving or for a pretty cookie tray presentation, drop the mixture into decorative miniature muffin liners.

Make It Your way
Oh, Chocolate Cereal-Nut Clusters would taste good! A11 you need to do is substitute chocolate-flavored candy coating for the vanilla coating.
Nutr. Assoc. : 552086944070

* Exported from MasterCook *


## Goldfish Drops

Recipe By : 36 Preparation Time :0:12
Categories : Chapter 3
Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | butterscotch-flavored chips |
| 1 | tablespoon | shortening |
| 1 | (6 ounce) pac | kage original flavor tiny fish-shaped crackers (about $31 / 2$ cups) |
| 1 | cup | broken pretzel sticks |

Grease cookie sheet. Melt butterscotch chips and shortening in 3-quart saucepan over low heat, stirring constantly, until smooth; remove from heat. Stir in crackers and pretzels until well coated.

Drop mixture by rounded tablespoonfuls onto cookie sheet. Let stand about 1 hour or until firm. Carefully remove from cookie sheet.

[^13]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"If the combination of sweet and salty is one of your favorites, this
is the cookie for you!"
Copyright:
"© General Mills, Inc. 1998."
Yield:
"36 Cookies"
T(Stand):
"1:00"

Per serving: 50 Calories (kcal); $1 g$ Total Fat; ( $26 \%$ calories from fat); $1 g$ Protein; 8 g Carbohydrate; trace Cholesterol; 57mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; $1 / 2$
Other Carbohydrates
NOTES : Make It Your way
Goldfish Peanut Drops are easy to make by substituting vanilla milk (white) chips for the butterscotch chips and salted peanuts for the pretzel sticks.
Nutr. Assoc. : 24110926900924

```
* Exported from MasterCook *
```

                                    Granola Cookies
    | Recipe By | : |
| :--- | :--- |
| Serving Size | $\vdots 0 \quad$ Preparation Time :0:00 |
| Categories | Chapter 4 |$\quad$ Fix 'Em with a Mix


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker® ${ }^{\text {® }}$ SuperMoist yellow cake mix |
| 3/4 | cup | shortening |
| 1/2 | cup | packed brown sugar |
| 2 |  | eggs |
| 1 1/2 | cups | Nature Valley ${ }^{\circledR}$ 1ow-fat fruit granola |
| 1/2 | cup | chopped nuts, if desired |

Heat oven to $375^{\circ}$. Beat half of the cake mix (dry), the shortening, brown sugar and eggs in large bow 1 with electric mixer on medium speed until smooth, or mix with spoon. Stir in remaining cake mix, the granola and nuts.

Drop dough by teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until light brown. Cool 1 minute; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Copyright:
    "@ General Mi11s, Inc. 1998."
Yield:
    "60 Cookies"
```

Per serving: 74 Calories (kcal); 3g Total Fat; (41\% calories from fat); 1g
Protein; 10g Carbohydrate; 6 mg Cholesterol; 65 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2
Other Carbohydrates

```
NOTES : Cookie Tips
```

    The granola will add a lot of chewy texture and just a little
    crunch to these cookies.
    In our testing in the Betty Crocker® \({ }^{\circledR}\) Kitchens, we use only
    large-size eggs. Using jumbo, extra-large or small eggs may cause
    a cookie dough to be too soft or dry.
    Nutr. Assoc. : 00009172130706543

* Exported from MasterCook *
Halloween Cutout Cookies
Recipe By
Serving Size
: $84 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | powdered sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | teaspoon | vanilla |
| 2 |  | eggs |
| 4 | cups | Bisquick ${ }^{\circledR}$ Original baking mix |
| 11 | drops | yellow food color |
| 7 | drops | red food color |
| 2 | tablespoons | baking cocoa <br> Egg Yolk Paint -- (recipe follows) |
|  |  | EGG YOLK PAINT |
| 1 |  | egg yolk |
| 1/4 | teaspoon | water Food colors |

Beat powdered sugar, butter, vanilla and eggs in large bow with electric mixer on medium speed, or mix with spoon. Stir in baking mix until soft dough forms. Divide dough in half. Mix yellow and red food colors into 1 half to make orange dough; mix cocoa into other half to make chocolate dough. Cover and refrigerate doughs separately 1 to 2 hours or until chilied.

Heat oven to $400^{\circ}$. Roll one-fourth of the dough at a time $1 / 8$ inch thick on floured cloth-covered surface. (Keep remaining dough refrigerated until ready to ro11.) Cut orange dough with 2 - to 3 -inch pumpkin-shaped cookie cutter and chocolate dough with medium-size cat-shaped cookie cutter. place 1 inch apart on ungreased cookie sheet.

Prepare Egg Yolk Paint. Paint faces on pumpkins and cats. Bake 5 to 7 minutes or until edges are light brown. Remove from cookie sheet to wire rack.

```
EGG YOLK PAINT:
```

Mix egg yolk and water. Divide mixture among a few small custard cups. Page 114

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Tint each with a different food color. If paint thickens while standing, stir in a few drops water.

YIELD: 6 to 7 dozen cookies

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"84 Cookies"

Per serving: 44 Calories (kcal); 2g Total Fat; (41\% calories from fat); 1g Protein; 6g Carbohydrate; 10mg Cholesterol; 79 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
When rolling out dough, always start at the center and roll toward the outside edges.
To prevent sticking, dip cookie cutters into baking mix, flour or powdered sugar and shake off the excess before cutting dough.

The egg yolk paint is perfectly safe to use because the cookies are baked after it's been painted on.
Nutr. Assoc. : 0222032182250564147062727213070654300000

```
* Exported from MasterCook *
```

Hamantaschen

| Recipe By | $\vdots$ |
| :--- | :--- |
| Serving Size | $\vdots 8$ Preparation Time $: 0: 00$ |
| Categories | Celebrate with Cookies | Chapter 7


Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
tablespoon lemon juice

Mix flour, sugar and baking powder in large bowl. Cut in butter, using pastry blender or crisscrossing 2 knives, until mixture resembles fine crumbs. Mix lemon peel, vanilla and eggs. Stir into flour mixture until dough forms a bal1. (Use hands to mix ali ingredients if necessary; add up to $1 / 4$ cup additional flour if dough is too sticky to handle.) Cover and refrigerate about 2 hours or until firm.

Prepare desired filling. Heat oven to $350^{\circ}$. Roll half of dough at a time $1 / 8$ inch thick on lightly floured cloth-covered surface. Cut into 3 -inch rounds. Spoon 1 level teaspoon filling onto each round. Bring up 3 sides, using metal spatula to lift, to form triangle around filling. Pinch edges together firmly. Place about 2 inches apart on ungreased cookie sheet. Bake 12 to 15 minutes or until light brown. Immediately remove from cookie sheet to wire rack.

```
PRUNE FILLING:
```

Heat prunes and enough water to cover to boiling in 2-quart saucepan;
reduce heat. Cover and simmer 10 minutes; drain well. Mash prunes. Stir in remaining ingredients.

APRICOT OR PLUM FILLING:
Mix jam, almonds, lemon peel and lemon juice. Stir in just enough bread crumbs until thickened.

```
POPPY SEED FILLING:
```

Place all ingredients in blender or food processor. Cover and blend until smooth.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"© General Mills, Inc. 1998.'
Yield:
"48 Cookies"
T(Chi11):
"2:00"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Per serving: 96 Calories (kcal); 5g Total Fat; (41\% calories from fat); 2g Protein; 13g Carbohydrate; 8 mg Cholesterol; 46 mg Sodium Food Exchanges: $1 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; $1 / 2$ Fruit; 1 Fat; 0 Other Carbohydrates

NOTES : These rich, filled cookies celebrate the holiday of Purim, which honors the victory of the Jews of ancient Persia over Haman's plot to destroy them. Haman was an adviser to King Ahasuerus, and Hamantaschen are "Haman's pockets." Some Hamantaschen recipes cal1 for a yeast-raised or sour cream dough; we use a short crust dough for tender results.

To speed up the making of these cookies, use canned apricot or poppy seed filling.
Nutr. Assoc. : 0004098003218213070654302130706543021307065430 0463500000002130706543213070654321307065432130706543 2130706543002130706543213070654321307065432130706543
2130706543 2130706543

* Exported from MasterCook *

Hazelnut Sablés
Recipe By
Serving Size
:
36 Preparation Time $: 0: 00$
Categories : Celebrate with Cookies Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 3/4 | cup | butter or margarine -- softened |
| 3/4 | cup | powdered sugar |
| 1 $1 / 2$ | teaspoon | vanilla |
| 1 |  | egg yolk |
| $11 / 4$ | cups | al1-purpose flour |
| 1/2 | cup | hazelnuts -- toasted (see Notes), and ground |
| $11 / 4$ | cup | egg -- beaten chopped hazelnuts |
| 1/4 | cup | white coarse sugar crystals (decorating sugar) |

Beat butter and powdered sugar in large bowl with electric mixer on medium speed until light and fluffy, or mix with spoon. Stir in vanilla and egg yolk. Stir in flour and ground hazelnuts until well blended. Cover tightly and refrigerate 1 hour.

Heat oven to $350^{\circ}$. Roll one fourth of dough at a time $1 / 4$ inch thick on lightly floured surface. (Keep remaining dough refrigerated until ready to rol1.) Cut into $21 / 2$-inch rounds. Place about 2 inches apart on ungreased cookie sheet.

Brush with egg. Sprinkle with chopped hazelnuts and sugar crystals. Bake 8 to 10 minutes or until edges are light brown. Remove from cookie sheet to wire rack.

[^14]You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Description:
    "Sablés (pronounced "sah blay") is the French word for "sandies,"
    which are rich, short cookies.
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "36 Cookies"
T(Chi11):
Per serving: 86 Calories (kcal); 6g Total Fat; (59% calories from fat); 1g
Protein; 8g Carbohydrate; 11mg Cholesterol; 46mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : To toast nuts, bake uncovered in ungreased shallow pan in 350
        oven about 10 minutes, stirring occasionally, until golden brown.
        Or cook in ungreased heavy skillet over medium-low heat 5 to 7
        minutes, stirring frequently until browning begins, then stirring
        constantly until golden brown.
    "I Don't Have That"
    Pecans can be substituted for the hazelnuts.
Nutr. Assoc. : 4098 0 0 0 0 3677 0 26787 1440
* Exported from MasterCook *
    Honey-Oat Sandwich Cookies
Recipe By : 36 Preparation Time :0:00
Categories : Chapter 5 Hand-Shaped & Pressed Cookies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & packed brown sugar \\
\hline 1/2 & cup & butter or margarine -- softened \\
\hline 1/2 & cup & shortening \\
\hline 1/3 & cup & honey \\
\hline 2 & & eggs \\
\hline 1 & teaspoon & vanilla \\
\hline \(11 / 2\) & cups & al1-purpose flour \\
\hline 1 1/2 & cups & quick-cooking or old-fashioned oats \\
\hline 2 & teaspoons & baking soda \\
\hline 1 & cup & \begin{tabular}{l}
Granulated sugar \\
(about) thick fruit preserves (any flavor)
\end{tabular} \\
\hline
\end{tabular}
Heat oven to \(350^{\circ}\). Beat brown sugar, butter, shortening, honey, eggs and vanilla in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, oats and baking soda.
Shape dough into 1 1/4-inch balls. Place about 2 inches apart on ungreased cookie sheet. Press bottom of glass into dough to grease, then dip into granulated sugar; press on shaped dough to flatten slightly. Bake 8 to 10 minutes or until almost no indentation remains when touched in center. Remove from cookie sheet to wire rack. Cool completely. Spread about 1 1/2 teaspoons jam between bottoms of pairs of cookies.
```

[^15]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"36 Cookies"

Per serving: 138 Calories (kcal); 6 g Total Fat; (37\% calories from fat); 1g Protein; 21g Carbohydrate; 10mg Cholesterol; 109mg Sodium
Food Exchanges: $1 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1
Other Carbohydrates

```
NOTES : Cookie Tips
        For soft cookies, let the filled cookies stand overnight; for
        crisp cookies, fill just before serving.
```

        Honey
        Honey is the sweet, thick fluid produced by bees from the nectar
        collected from flowers. Did you know that the flavor of honey
        varies according to the location and type of flowers the bees feed
        on?
    Nutr. Assoc. : 040980032180020223003487

* Exported from MasterCook *
Hungarian Poppy Seed Cookies
Recipe By
Serving Size
S
36 Preparation Time :0:00
$\begin{array}{ll}\text { Serving Size } & \text { Categories } \\ \text { Chapter } 6 & \text { Preparation Time :0:00 }\end{array}$

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | butter or margarine |
| 1/4 | cup | granulated sugar |
| 1 | teaspoon | grated 1 emon pee1 |
| 1 |  | egg |
| 1 1/4 | cups | a11-purpose flour |
| 1/2 | teaspoon | baking soda |
| 1/4 | teaspoon | ground cloves |
| 3/4 | cup | poppy seed filling (from 12 1/2-ounce can) powdered sugar |

Beat butter and granulated sugar in large bowl with electric mixer on medium speed untillight and fluffy, or mix with spoon. Beat in lemon peel and egg. Stir in flour, baking soda and cloves. Roll dough between pieces of waxed paper into $1 / 4$-inch-thick rectangle, $12 \times 10$ inches. Refrigerate about 30 minutes or until firm.

Heat oven to $350^{\circ}$. Grease cookie sheet. Remove waxed paper from one side of dough. Spread poppy seed filling over dough to within $1 / 4$ inch of edges. Roll up tightly, beginning at 12 -inch side, peeling off waxed paper as dough is rolled. Pinch edge of dough to seal.

Cut roll into $1 / 2$-inch slices. Place about 1 inch apart on cookie sheet. Bake 10 to 12 minutes or until edges are light brown. Coo 1 to 2 minutes; remove from cookie sheet to wire rack. Sprinkle with powdered sugar.

[^16]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"© General Mills, Inc. 1998."
Yield:
"36 Cookies"
T(Chi11):
"0:30"

Per serving: 66 Calories (kcal); 3g Total Fat; (44\% calories from fat); 1g Protein; 8 g Carbohydrate; 5 mg Cholesterol; 53 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    Lemon pee1, clove and poppy seed often flavor Eastern European
    cookies. Look for commercially prepared poppy seed filling next to
    canned pie fillings at the supermarket.
    Poppy Seed Filling
    Poppy seed filling, sold in cans, is a sweet sticky mixture with
    the texture of thick paste.
Nutr. Assoc. : 4098 0 0 0 0 0 3615 1056 0
```

* Exported from MasterCook *
Ice-Cream Sandwiches
Recipe By :
Serving Size : 15 Preparation Time :0:00
Categories : Chapter 3
Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :--- | :--- | :--- |
| 2 | cups | Peanut Butter Cookies -- (see recipe) |
| ice cream (any flavor)--s7ight1y softened |  |  |
|  | Assorted candies or chopped dry-roasted <br> peanuts, if desired |  |

Prepare and bake Peanut Butter Cookies; cool completely. For each sandwich, press 1 rounded tablespoon ice cream between the bottoms of 2 cookies. Roll edge of sandwich cookie in candies. Place in rectangular pan.

Freeze uncovered about 1 hour or until firm. Wrap each sandwich cookie in plastic wrap. Store in freezer in plastic freezer bag.

[^17]```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Copyright:
    @ Genera1 Mil1s, Inc. 1998.'
Yield:
    "15 Sandwich Cookies"
T(Freeze):
    "1:00"
```

Per serving: 31 Calories (kcal); 1g Total Fat; (31\% calories from fat); 1g Protein; 5 g Carbohydrate; 3 mg Cholesterol; 22 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates

```
NOTES : Make It Your Way
    You can use any cookie you like in this book. Or, purchase
    store-bought cookies to make preparing these treats a snap!
```

Nutr. Assoc. : 012452130706543

* Exported from MasterCook *
Peanut Butter Cookies
Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Sereparation Time }: 0: 00\end{aligned}$
Categories : Chapter 5 Hand-Shaped \& Pressed Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $1 / 2$ | cup | granulated sugar |
| $1 / 2$ | cup | packed brown sugar |
| $1 / 2$ | cup | peanut butter |
| $1 / 4$ | cup | butter or margarine -- softened |
| $1 / 4$ | cup | shortening |
| 1 |  | cups |
| $1 / 4$ | al1-purpose flour |  |
| $3 / 4$ | teaspoon | baking soda |
| $1 / 2$ | teaspoon | baking powder |
| $1 / 4$ | teaspoon | salt |
|  |  | Granulated sugar |

Heat oven to $375^{\circ}$. Beat $1 / 2$ cup granulated sugar, the brown sugar, peanut butter, butter, shortening and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda, baking powder and salt.

Shape dough into $11 / 4$-inch balls. Place about 3 inches apart on ungreased cookie sheet. Flatten slightly in crisscross pattern with fork or potato masher dipped into granulated sugar. Bake 9 to 10 minutes or until light brown. Cool 5 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an
approved Betty Crocker ${ }^{\circledR}$ Recipe.
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## Description:

"Good, ol'-fashioned peanut butter cookies are an enduring favorite." Copyright:
"@ Genera1 Mil1s, Inc. 1998."

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Yield:
    "30 Cookies"
```

Per serving: 102 Calories (kcal); 6 g Total Fat; ( $48 \%$ calories from fat); 2g
Protein; 12g Carbohydrate; 6 mg Cholesterol; 99mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
For even more peanut butter flavor, check out our Rich Peanut
Butter Chip Cookies variation below or Peanut Butter Hidden
Middles (see recipe).
Either smooth or chunky peanut butter can be used for these
cookies. The difference between the two is the amount of
processing. Smooth peanut butter is processed until no peanut
pieces remain.
Make It Your Way
To make Rich Peanut Butter Chip Cookies, omit granulated sugar and
use all brown sugar ( 1 cup) and omit shortening and use all butter
( $1 / 2$ cup total). After you stir in the flour, baking soda, baking
powder and salt, stir in 1 cup peanut butter' chips. Shape dough
into balls as directed. Dip tops of balls into sugar but do not
flatten. Bake as directed.
Nutr. Assoc. : 00040980000000

* Exported from MasterCook *
Inside-Out Chocolate Chip Cookies
Recipe By
Serving Size
S
54 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | granulated sugar |
| 3/4 | cup | packed brown sugar |
| 3/4 | cup | butter or margarine -- softened |
| 1/2 | cup | shortening |
| 1 | teaspoon | vanilla |
| 2 |  | eggs |
| 2 1/2 | cups | al1-purpose flour |
| 1/2 | cup | baking cocoa |
| 1 | teaspoon | baking soda |
| 1/4 | teaspoon | salt |
| 1 1/2 | cups | vanilla milk (white) chips |
| 1 | cup | chopped nuts |

Heat oven to $350^{\circ}$. Beat sugars, butter, shortening, vanilia and eggs in large bow 1 with eiectric mixer on medium speed, or mix with spoon. Stir in flour, cocoa, baking soda and salt. Stir in vanilla milk chips and nuts.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until set. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

[^18]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Copyright:
    "© General Mil1s, Inc. 1998."
Yield:
    "54 Cookies"
```

Per serving: 130 Calories (kcal); 8 g Total Fat; (50\% calories from fat); 2g
Protein; 15g Carbohydrate; 7 mg Cholesterol; 67 mg Sodium
Food Exchanges: $1 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Cookie Tips
Measure shortening by spooning and pressing it into a dry
measuring cup. Pressing it with the back of the spoon does away
with any air pockets.
Make It Your Way
If you believe there is no such thing as too much chocolate, up
the ante with Double Chocolate-Chocolate Chip Cookies. Substitute
$11 / 2$ cups semisweet or milk chocolate chips for the vanilla milk
chips.
Nutr. Assoc. : 00409800321802727009270

* Exported from MasterCook *
Joe Froggers

| Recipe By |  |
| :--- | :--- |
| Serving Size | $\vdots 30 \quad$ Preparation Time :0:00 |
| Categories | $:$ Chapter 6 |



Beat 1 cup sugar, the shortening, molasses and water in large bow 1 with electric mixer on low speed, or mix with spoon. Stir in remaining ingredients except sugar. Cover and refrigerate about 2 hours or until firm.

Heat oven to $375^{\circ}$. Lightly grease cookie sheet. Roll one fourth of dough at a time $1 / 4$ inch thick on well-floured cloth-covered surface. Cut into 3 -inch rounds. Place about $11 / 2$ inches apart on cookie sheet. Sprinkle with sugar. Bake 10 to 12 minutes or until almost no indentation remains when touched in center. Remove from cookie sheet to wire rack.

[^19]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

## Description:

"This is an old-time American cookie named, some say, for a New
Englander known as Uncle Joe who made molasses cookies as large as the
lily pads in his frog pond."
Copyright:
"© General Mil1s, Inc. 1998."
Yield:
"30 Cookies"
T(Chil1):
"2:00"

Per serving: 146 Calories (kcal); $4 g$ Total Fat; (22\% calories from fat); 2g
Protein; 27g Carbohydrate; 0mg Cholesterol; 153mg Sodium
Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 1 Other Carbohydrates

Serving Ideas : Serve these wonderfully spicy cookies with hot apple cider.

```
Nutr. Assoc. : 0 0 0 0 0 0 0 0 3615 0 0 0
```

* Exported from MasterCook *
Jumbo Molasses Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 36 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 8 Special Cookies/Special Diets


Beat 1 cup sugar and the shortening in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except sugar. Cover and refrigerate at least 3 hours until dough is firm.

Heat oven to $375^{\circ}$. Generously grease cookie sheet. Roll dough $1 / 4$ inch thick on generously floured cloth-covered surface. Cut into 3-inch circles. Sprinkle with sugar. Place about $11 / 2$ inches apart on cookie sheet. Bake 10 to 12 minutes or until almost no indentation remains when touched lightly in center. Cool 2 minutes; remove from cookie sheet to wire rack.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Eggless, wheat-free and low-fat are just some of the special recipes
often requested, so picking just one is difficult. Jumbo Molasses
Cookies wins on two points: The cookies don't contain eggs, and
they're low in fat."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"36 Cookies"
T(Chi11):
"3:00"

Per serving: 122 Calories (kcal); 3g Total Fat; (22\% calories from fat); 1g Protein; 23g Carbohydrate; Omg Cholesterol; 128mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
These oversize cookies are cakelike and tender, even without any eggs. They have an added bonus of being low in fat too.

Make It Your Way
Frosted Jumbo Molasses Cookies are an old-fashioned favorite.
Frost them with Vanilla Frosting (see Frosted Banana Oaties recipe)
Nutr. Assoc. : 000000003615000

```
* Exported from MasterCook *
```

Key Lime Coolers

| Servi | 48 | Preparation Time :0: |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |

Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | butter or margarine |
| 1/2 | cup | powdered sugar |
| $13 / 4$ | cups | a11-purpose flour |
| 1/4 | cup | cornstarch |
| $1 \begin{aligned} & 1 / 4 \\ & 1 / 2\end{aligned}$ | tablespoon | grated lime peel |
|  | teaspoon | vanilla |
|  |  | Granulated sugar ${ }_{\text {Key Lime Glaze -- (recipe follows) }}$ |
|  |  | KEY LIME GLAZE |
| 1/2 | cup | powdered sugar |
| 2 | teaspoons | grated lime peel |
| 4 | teaspoons | Key lime or regular lime juice |

Heat oven to $350^{\circ}$. Beat butter and powdered sugar in large bow 1 with electric mixer on medium speed until light and fluffy, or mix with spoon. Stir in flour, cornstarch, lime peel and vanilla until well blended.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Shape dough into 1-inch balls. Place about 2 inches apart on ungreased cookie sheet. Press bottom of glass into dough to grease, then dip into granulated sugar; press on shaped dough until $1 / 4$ inch thick. Bake 9 to 11 minutes or until edges are light golden brown. Remove from cookie sheet to wire rack. Cool completely. Brush with Key Lime Glaze.

KEY LIME GLAZE:
Mix all ingredients until smooth.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Description:
    "Powdered sugar and cornstarch create the "melt-in-your-mouth" quality
    of these cookies."
Copyright:
    "@ Genera1 Mi11s, Inc. 1998."
Yield:
    "48 Cookies"
```

Per serving: 63 Calories (kcal); $4 g$ Total Fat; (54\% calories from fat); 1g
Protein; 7g Carbohydrate; 0 mg Cholesterol; 45mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0
Other Carbohydrates
NOTES : Cookie Tips
Florida residents will find Key lime juice makes these refreshing
cookies even more special.
Make It Your Way
If you like using a cookie press, try making Key Lime Ribbons.
Prepare dough as directed, but do not shape into balls. Place
dough in cookie press with ribbon tip. Form long ribbons of dough
on ungreased cookie sheet. Cut into 3 -inch lengths. Continue as
directed above.
Nutr. Assoc. : 4098 0 0 02021700213070654300020217822

* Exported from MasterCook *
Kringla

Recipe By | Serving Size $\quad 72 \quad$ Preparation Time :0:00 |
| :--- |

Categories : Chapter 5

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | sugar |
| 1 |  | egg |
| $21 / 2$ | cups | sour cream |
| 4 | cups | al1-purpose flour |
| 2 | teaspoons | baking soda |
| 1/4 | teaspoon | salt |

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Heat oven to $350^{\circ}$. Mix sugar, egg and sour cream in large bow 1 with spoon. Stir in flour, baking soda and salt.

Spoon dough by rounded teaspoonfuls onto lightly floured surface; roll in flour to coat. Shape into rope, 7 to 8 inches long. Form each rope into figure 8, tucking ends under, on ungreased cookie sheet. Bake 12 to 15 minutes or until light golden brown. Immediately remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Description:
    "Kringla is a variation of a traditional Danish pastry called
    "kringle." when making kringle an almond filling is encased in a
    buttery yeast pastry that is crusted with sugar and almonds and shaped
    into a large pretze1."
Copyright:
    "@ General Mi11s, Inc. 1998."
Yield:
    "72 Cookies"
```

Per serving: 59 Calories (kcal); 2g Total Fat; ( $27 \%$ calories from fat); $1 g$
Protein; 10g Carbohydrate; 6 mg Cholesterol; 48mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Cookie Tips
These cookies are delicious as is but can be dressed up by dipping
them in melted chocolate or candy coating. After dipping cookies,
place on a cooling rack to set.
Nutr. Assoc. : 000000

* Exported from MasterCook *


## Krumkake

Recipe By | Berving Size |
| :--- |
| Se |
| Separation Time $: 0: 00$ |

Categories : Celebrate with Cookies $\quad$ Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 3/4 | cup | a11-purpose flour |
| 1/2 | cup | butter or margarine -- melted |
| 1/3 | cup | whipping (heavy) cream |
| 1 | teaspoon | vanilla |
| 2 | teaspoons | cornstarch |
| 4 |  | eggs |

Beat all ingredients with spoon until smooth. Heat krumkake iron over small electric or gas unit on medium-high heat until hot (grease lightly if necessary). Pour scant tablespoon batter onto iron; close gently. Heat each side about 15 seconds or until light golden brown. Keep iron over heat at al1 times. Carefully remove cookie. Immediately roll around

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cone-shape roller. Remove roller when cookie is set. Cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"48 Cookies"

Per serving: 52 calories (kcal); 3 g Total Fat; (49\% calories from fat); 1g Protein; 6g Carbohydrate; 18mg Cholesterol; 28mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; $1 / 2$
Other Carbohydrates
NOTES : Cookie Tips
Making these charming cookies takes a little practice. Be prepared to adjust the heat and cooking time to get the desired color. Each hot cookie wafer is quickly rolled around a cone-shape mold. Using 2 molds is easier; if only 1 is available, remove it from the cooling cookie before the next cookie is done.

Krumkake irons can be found in the bakeware section of larger department stores or specialty kitchenware stores.
Nutr. Assoc. : 0040981616003218

```
* Exported from MasterCook *
```


## Ladyfingers

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 42 \text { Preparation Time :0:00 }\end{array}$
Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
|  |  |  |
| $1 / 4$ | teaspoon | eggs -- separated |
| $1 / 4$ | cup | granulated sugar |
| $1 / 3$ | cup | granulated sugar |
| $3 / 4$ | cup | a11-purpose flour |
| 3 | tablespoons | water |
| $1 / 2$ | teaspoon | vanilla |
| $1 / 4$ | teaspoon | baking powder |
| $1 / 4$ | teaspoon | 1 emon extract -- if desired |
| $1 / 8$ | teaspoon | salt |
|  |  | Powdered sugar -- if desired |

Heat oven to $350^{\circ}$. Grease and flour cookie sheet. Beat egg whites and cream of tartar in large bowl with electric mixer on medium speed until foamy. Beat in sugar, 1 tablespoon at a time; continue beating until stiff peaks form.

Beat egg yolks and $1 / 3$ cup granulated sugar in medium bow 1 on medium speed about 3 minutes or until thick and lemon colored. Stir in remaining ingredients except powdered sugar. Fold egg yolk mixture into egg white

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt mixture.

Place batter in decorating bag with \#9 tip or in cookie press with \#32 tip. Form 3-inch fingers about 2 inches apart on cookie sheet. Bake 10 to 12 minutes or until set and light brown. Immediately remove from cookie sheet to wire rack. Sprinkle tops with powdered sugar while warm.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mil1s, Inc. 1998."
Yield:
"42 Cookies"

Per serving: 24 Calories (kcal); trace Total Fat; (12\% calories from fat); 1g Protein; 5 g Carbohydrate; 13 mg Cholesterol; 13 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
To create the cookies as seen in the picture, spread lemon curd or chocolate frosting between two Ladyfingers.

Make It Your Way
Make Chocolate-Dipped Ladyfingers by dipping cookies halfway into melted chocolate. Place on waxed paper to set.
Nutr. Assoc. : 32180000000000

```
* Exported from MasterCook *
```

Lebkuchen

Recipe By $\quad$| Berving.Size |
| :--- |
| Sereparation Time $: 0: 00$ |

Categories : Celebrate with Cookies
Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | honey |
| 1/2 | cup | molasses |
| 3/4 | cup | packed brown sugar |
| 1 | teaspoon | grated lemon peel |
| 1 | tablespoon | 1emon juice |
| 1 |  | egg |
| $23 / 4$ | cups | al1-purpose flour |
| 1 | teaspoon | ground allspice |
| 1 | teaspoon | ground cinnamon |
| 1 | teaspoon | ground cloves |
| 1 | teaspoon | ground nutmeg |
| 1/2 | teaspoon | baking soda |
| 1/3 | cup | cut-up citron |
| 1/3 | cup | chopped nuts <br> Glazing Icing -- (recipe follows) |
|  |  | GLAZING ICING |
|  |  | Page 129 |

```
    cup granulated sugar
    1/2 cup water
    1/4 cup powdered sugar
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Heat honey and molasses to boiling in 1-quart saucepan; remove from heat and cool completely. Mix honey-molasses mixture, brown sugar, lemon peel, lemon juice and egg in large bowl with spoon. Stir in remaining ingredients except citron, nuts and Glazing Icing. Stir in citron and nuts. Cover and refrigerate at least 8 hours but no longer than 24 hours.

Prepare Glazing Icing. Heat oven to $400^{\circ}$. Grease cookie sheet. Roll one-fourth of dough at a time $1 / 4$ inch thick on lightly floured cloth-covered surface. Cut into rectangles, $21 / 2 \times 11 / 2$ inches. Place 1 inch apart on cookie sheet. Bake 10 to 12 minutes or until no indentation remains when touched in center.

Brush Glazing Icing lightly over hot cookies. Immediately remove from cookie sheet to wire rack. Cool completely.

GLAZING ICING:
Mix granulated sugar and water in 1-quart saucepan. Cook over medium heat to $230^{\circ}$. Stir in powdered sugar. If icing becomes sugary while brushing on cookies, reheat slightly, adding a small amount of water until clear again.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"These Christmas honey cakes were first popular in the Black Forest
region of Germany and today are often baked in elaborate carved
molds."
Copyright:
"@ General Mi11s, Inc. 1998."
Yie1d:
"60 Cookies"
T(Chi11):
"8:00"

Per serving: 71 Calories (kcal); 1g Total Fat; (7\% calories from fat); 1g Protein; 16g Carbohydrate; 4 mg Cholesterol; 16mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1 Other Carbohydrates

NOTES : Citron
Citron is the candied and preserved rind of the citron fruit. The fruit is pale yellow and resembles a lemon but is larger and has a thicker rind.
Nutr. Assoc. : 0 0 0 0 0 0 0 0 0 36150024290213070654300000 000

```
* Exported from MasterCook *
```


## Lemon Bars

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Categories : Chapter 4 Fix 'Em with a Mix
```



```
Ingredient -- Preparation Method
Betty Crocker® SuperMoist 1emon cake mix
butter or margarine -- softened
eggs
cup granulated sugar
    1/2 teaspoon baking powder
```

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker ${ }^{\oplus}$ SuperMoist 1 emon cake mix |
| 1/3 | cup | butter or margarine -- softened |
| 3 |  | eggs |
| 1 | cup | granulated sugar |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| 2 | teaspoons | grated 1emon pee1 |
| 1/4 | cup | 1emon juice |

Heat oven to $350^{\circ}$. Mix cake mix (dry), butter and 1 of the eggs with spoon until crumbly; reserve 1 cup. Press remaining crumbly mixture lightly in bottom of ungreased rectangular pan, $13 \times 9 \times 2$ inches. Bake about 10 minutes or until light brown.

Beat remaining 2 eggs, the granulated sugar, baking powder, salt, lemon pee 1 and lemon juice with hand beater until light and foamy. Pour over hot baked layer. Sprinkle with reserved crumbly mixture.

Bake about 15 minutes or until light brown and set. Sprinkle with powdered sugar; cool. Cut into 6 rows by 5 rows.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "30 Bars"
T(Bake):
    "0:25"
Per serving: 119 Calories (kcal); 4g Total Fat; (27% calories from fat); 1g
Protein; 21g Carbohydrate; 19mg Cholesterol; 163mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1
1/2 Other Carbohydrates
NOTES : Cookie Tips
    Only grate the yellow portion of the lemon; the white portion, or
    pith, is very bitter.
    Make It Your Way
    For a bright lemon color, add 4 to 6 drops of yellow food coloring
    with the eggs and sugar mixture.
Nutr. Assoc. : 0 4098 3218 0 0 0 0 0 0
* Exported from MasterCook *
    Lemon Cheesecake Bars
Recipe By :
Serving Size : 48 Preparation Time :0:00
    Page 131
```

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Categories : Chapter 4 Fix 'Em with a Mix
```

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker ${ }^{\text {® }}$ SuperMoist 1 emon cake mix |
| 1/3 | cup | butter or margarine -- softened |
| 3 |  | eggs |
| 1 | (8 ounce) pac | kage cream cheese -- softened |
| 1 | cup | powdered sugar |
| 2 | teaspoons | grated lemon pee1 |
| 2 | tablespoons | 1emon juice |

Heat oven to $350^{\circ}$. Beat cake mix (dry), butter and 1 of the eggs in large bow with electric mixer on low speed until crumbly; reserve 1 cup. Press in bottom of ungreased rectangular pan, $13 \times 9 \times 2$ inches.

Beat cream cheese in medium bowl with electric mixer on medium speed until smooth, or mix with spoon. Gradually beat in powdered sugar on low speed. Stir in lemon peel and lemon juice until smooth. Reserve $1 / 2$ cup; refrigerate.

Beat remaining 2 eggs into remaining cream cheese mixture on medium speed until blended. Spread over cake mixture. Bake about 25 minutes or until set. Cool completely. Spread with reserved cream cheese mixture. Refrigerate until firm. Cut into 8 rows by 6 rows. Store covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"48 Bars"
T(Bake):
"0:25"

Per serving: 84 Calories (kcal); $4 g$ Total Fat; ( $41 \%$ calories from fat); 1g Protein; 11g Carbohydrate; 17 mg Cholesterol; 100mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Make It Your Way
```

    To make Lemon-B7ueberry Cheesecake Bars, stir in 1 cup dried
        blueberries after beating the 2 eggs into the cream cheese
        mixture. Continue as directed.
        If you'd like a more tart lemon flavor, increase the lemon peel to
        1 tablespoon.
    Nutr. Assoc. : 0409832180000

```
* Exported from MasterCook *
```

```
Lemon Cookies
```

Recipe By :

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Serving Size : 48 Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix
```



Heat oven to $350^{\circ}$. Grease cookie sheet. Mix cake mix (dry), oil and eggs in large bow with spoon until dough forms.

Drop dough by teaspoonfuls onto cookie sheet. Bake about 8 minutes or until set. Remove from cookie sheet to wire rack. Cool completely. Frost.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Copyright:
    '@ Genera1 Mil1s, Inc. 1998."
Yield:
    "48 Cookies"
T(Bake):
    "0:08"
```

Per serving: 104 Calories (kcal); $5 g$ Total Fat; (39\% calories from fat); trace Protein; 15g Carbohydrate; 8 mg Cholesterol; 88 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

```
NOTES : Make It Your Way
    If you like tart lemon flavor, try Double Lemon Cookies. Measure 2
    tablespoons lemon juice plus enough oil to equal 1/2 cup, instead
    of just the 1/2 cup oil. Continue as directed.
Nutr. Assoc. : 5716 0 0 1176 0 2130706543
```

* Exported from MasterCook *
Lemon Cream Oat Bars
Recipe By
Serving Size
: $24 \quad$ Preparation Time $: 0: 00$
$\begin{array}{ll}\text { Serving Size } & \text { : } 24 \text { Preparation Time }: 0: 00 \\ \text { Categories } & \text { Chapter 2 }\end{array}$

| Amount | Measure | Ingredient -- Preparation Me |
| :---: | :---: | :---: |
| 1 | (14 ounce) can | sweetened condensed milk |
| 2 | teaspoons | grated 1emon pee1 |
| 1/4 | cup | 1emon juice |
| 1 1/4 | cups | all-purpose flour |

1
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cup quick-cooking or old-fashioned oats
$1 / 2 \quad$ cup packed brown sugar
1/2 cup butter or margarine -- softened
1/4 teaspoon baking soda
1/4 teaspoon salt
Heat oven to $375^{\circ}$. Grease square pan, $9 \times 9 \times 2$ inches. Mix milk, lemon pee 1 and 1 emon juice in medium bow 1 until thickened; set aside. Mix remaining ingredients in medium bowl with spoon until crumbly. Press half of the crumbly mixture in pan. Bake about 10 minutes or until set.

Spread milk mixture over baked layer. Sprinkle remaining crumbly mixture over milk mixture; press gently into milk mixture. Bake about 20 minutes or until edges are golden brown and center is set but soft. Cool completely. Cut into 6 rows by 4 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\ominus}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because Mastercook and Betty Crocker ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"O General Mills, Inc. 1998."
Yield:
"24 Bars"
T(Bake):
"0:30"

Per serving: 142 Calories (kcal); 6 g Total Fat; (34\% calories from fat); 3g Protein; 21g Carbohydrate; 6 mg Cholesterol; 103mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
Always use quick-cooking or old-fashioned oatmeal in recipes.
Avoid instant oatmeal, which will become mushy when baked in
dough.
"I Don't Have That"
1 tablespoon of grated orange peel can replace the lemon peel in these bars.
Nutr. Assoc. : 0000202230409800

* Exported from MasterCook *

Lemon Decorator Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 60 \quad \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 5

| Amou | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | butter or margarine -- softened |
| 1 | (3 ounce) pac | kage cream cheese -- softened |
| 1/2 | cup | sugar |
| 1 | tablespoon | grated lemon peel |
| 2 | cups | al1-purpose flour |

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Carrot Press -- (see Directions)
    Sugar
```

Beat butter and cream cheese in large bowl with electric mixer on medium speed, or mix with spoon. Stir in $1 / 2$ cup sugar and the 1 emon pee 1. Gradually stir in flour. Cover and refrigerate about 2 hours or until firm. Prepare Carrot Press.

Heat oven to $375^{\circ}$. Shape dough into 1 -inch balls. Place about 2 inches apart on ungreased cookie sheet. Flatten to about 1/4-inch thickness with Carrot Press dipped into sugar. Bake 7 to 9 minutes or until set but not brown. Remove from cookie sheet to wire rack.

## Carrot Press:

Cut carrot, about 1 1/2 inches in diameter, into 2-inch lengths. Cut decorative design about $1 / 8$ inch deep in cut end of carrot, using small, sharp knife, tip of vegetable peeler or other small, sharp kitchen tool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Copyright:
    "@ General Mil1s, Inc. 1998.'
Yield:
    "60 Cookies"
T(Chi11):
```

Per serving: 54 Calories (kcal); $4 g$ Total Fat; (59\% calories from fat); 1g
Protein; 5g Carbohydrate; 2mg Cholesterol; 40mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0
Other Carbohydrates
NOTES : Cookie Tips
Regular cookie presses will work well with this recipe, but if you
want to customize the look of your cookies, create your own
designs using a carrot.
Here's a tip to remember when making dough into balls: Using a
level measuring tablespoon of dough will create a perfect 1-inch
ba11.
Nutr. Assoc. : 4098000021307065430

```
* Exported from MasterCook *
```


## Lemon Squares

```
Recipe By Size : 25 Preparation Time :0:00
```

Categories : Chapter 2

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | all-purpose flour |
| 1/2 | cup | butter or margarine -- softened |
| 1/4 | cup | powdered sugar |
| 1 | cup | granulated sugar |
| 2 | teaspoons | grated 1emon pee1, if desired |
| 2 | tablespoons | 1emon juice |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| 2 |  | eggs |
|  |  | Powdered sugar, if desired |

Heat oven to $350^{\circ}$. Mix flour, butter and $1 / 4$ cup powdered sugar with spoon. Press in ungreased square pan, $8 \times 8 \times 2$ or $9 \times 9 \times 2$ inches, building up $1 / 2$-inch edge. Bake 20 minutes.

Beat remaining ingredients except powdered sugar with electric mixer on high speed about 3 minutes or until light and fluffy. Pour over baked layer. Bake 25 to 30 minutes or just until almost no indentation remains when touched lightly in center. Cool completely. Sprinkle with powdered sugar. Cut into 5 rows by 5 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mil1s, Inc. 1998.'
Yield:
"25 Squares"

Per serving: 92 Calories (kcal); 4g Total Fat; (38\% calories from fat); 1g Protein; 13g Carbohydrate; 15mg Cholesterol; 78mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    One fresh lemon wil1 give you about 2 to 3 tablespoons of juice.
    To get the most juice out of a lemon or lime, it should be at room
    temperature. Some people zap whole lemons in the microwave on High
    for about 20 seconds or so to warm them.
    "I Don't Have That"
    For a tart-sweet treat, substitute lime juice and grated lime peel
    for the lemon juice and grated peel. For a brighter green color,
    add 4 drops green food color to the filling ingredients.
Nutr. Assoc. : 0 4098 0 0 20084 0 0 0 3218 0
```

```
* Exported from MasterCook *
```

                                    Lemon Tea Biscuits
    Recipe By $\quad$ Serving. Size $: 48$ Preparation Time :0:00
Categories : Celebrate with Cookies
Chapter 7

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | butter or margarine -- softened |
| 1/2 | cup | sugar |
| 1 | tablespoon | grated 1emon pee1 |
| 1/4 | teaspoon | salt |
| 1 |  | egg |
| 2 | cups | al1-purpose flour |
| 1/2 | cup | ground pecans |
| 1 | cup | lemon curd Tart Lemon Glaze -- (recipe follows) |
|  |  | TART LEMON GLAZE |
| $1 / 4$ | cup | powdered sugar |
| 1 | teaspoon | grated lemon peel |
| 2 | teaspoons | 1emon juice |

Beat butter, sugar, lemon peel, salt and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and pecans. Cover and refrigerate about 1 hour or until firm.

Heat oven to $350^{\circ}$. Roll half of dough at a time about $1 / 8$ inch thick on lightly floured surface. Cut into 2 -inch rounds. Place on ungreased cookie sheet. Bake 7 to 9 minutes or just until edges are starting to brown. Remove from cookie sheet to wire rack. Cool completely. Spread 1 rounded teaspoonful lemon curd between bottoms of pairs of cookies. Brush tops with Tart Lemon Glaze.

TART LEMON GLAZE:
Mix all ingredients until smooth and spreadable.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Biscuit is the British word for cookie."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"48 Cookies"
T(Chi11):
"1:00"

Per serving: 87 Calories (kcal); 4g Total Fat; (45\% calories from fat); 1g
Protein; 11g Carbohydrate; 4 mg Cholesterol; 58 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
To prevent softening, fill these wafers no longer than an hour or two before serving: Lemon curd, found in the supermarket along with the jams and jellies, is a thick, rich spread usually made with butter, eggs, 1 emon juice and lemon pee1.

Make It Your Way

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Make Poppy Seed Tea Biscuits by substituting poppy seed filling for the lemon curd.

```
Nutr. Assoc. : 4098 0 0 0 0 0 543 1496 2130706543 0 0 0 0 0
```

```
* Exported from MasterCook *
                    Lemon-Lime Cookies
Recipe By : 48 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & sugar \\
\hline 2/3 & cup & shortening \\
\hline 1 & tablespoon & grated 1emon pee1 \\
\hline 2 & tablespoons & 1emon juice \\
\hline 2 & teaspoons & grated lime peel \\
\hline 1 & tablespoon & 1ime juice \\
\hline 1 & & egg \\
\hline \(13 / 4\) & cups & a11-purpose flour \\
\hline 1/2 & teaspoon & baking powder \\
\hline 1/2 & teaspoon & baking soda \\
\hline 1/2 & teaspoon & \begin{tabular}{l}
sa1t \\
Lemon-Lime Frosting (below)
\end{tabular} \\
\hline 2 & cups & LEMON-LIME FROSTING powdered sugar \\
\hline 2 & tablespoons & butter or margarine -- softened \\
\hline 1 & teaspoon & grated lime pee1 \\
\hline 1 & tablespoon & 1emon juice \\
\hline 2 & teaspoons & water (2 to 3 teaspoons) \\
\hline
\end{tabular}
```

Heat oven to $375^{\circ}$. Beat sugar, shortening, lemon peel, lemon juice, lime peel, lime juice and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder, baking soda and salt.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 11 to minutes or until edges are golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely. Frost with Lemon-Lime Frosting.

Lemon-Lime Frosting:
Mix all ingredients until smooth and spreadable.

[^20]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Protein; 13g Carbohydrate; 5 mg Cholesterol; 47 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    Serve these sweet, tart cookies for a summer wedding or baby
    shower with lemonade or iced tea. They would look very pretty
    arranged on a doily-lined serving plate.
```

    Make it Your way
    If you love the flavor of orange, create some sunshine with orange
    Cookies. Substitute 2 tablespoons grated orange peel for the lemon
    and lime peels and 1/4 cup orange juice for the lemon and lime
    juices in the cookie dough. Substitute 1 teaspoon grated orange
    pee 1 for the lime pee 1 and about 2 tablespoons orange juice for
    the lemon juice and water in the frosting.
    Nutr. Assoc. : 0 0 0 0 20217 0 0 0 0 0 0 2130706543 0 0 02021701582

* Exported from MasterCook *
Linzer Torte Bars
Recipe By
Serving Size
S 48 Preparation Time :0:00
Categories : Chapter 2 Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | ---: | :--- |
| -1 |  | cup |
| 1 | all-purpose flour |  |
| 1 | cup | powdered sugar |
| 1 | cup | ground walnuts |

Heat oven to $375^{\circ}$. Mix all ingredients except preserves with spoon until crumbly. Press two thirds of crumbly mixture in ungreased square pan, $9 \times$ $9 \times 2$ inches. Spread with preserves. Sprinkle with remaining crumbly mixture; press gently into preserves.

Bake 20 to 25 minutes or until light golden brown. Cool completely. Cut into 8 rows by 6 rows bars.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Description:
    "The flavors in this bar were inspired by linzertorte, a classic
    European dessert originating in Linz, Austria. Ground nuts, spices and
    raspberry preserves are quintessential to the namesake."
Copyright:
    "@ Genera1 Mi11s, Inc. 1998."
Yield:
    "48 Bars"
```

Per serving: 63 Calories (kcal); $3 g$ Total Fat; ( $46 \%$ calories from fat); $1 g$
Page 139

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Protein; 8g Carbohydrate; Omg Cholesterol; 24mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
    It's easy to cut bars into triangles. First cut into squares, then
    cut each square diagonally in half.
    Make It Your Way
    Make Apricot Linzer Bars by substituting ground almonds for the
    ground walnuts and apricot preserves for the raspberry preserves.
Nutr. Assoc. : 0 0 20187 4098 0 4684
* Exported from MasterCook *
    Luscious Lemon-Raspberry Bars
Recipe By : 16 Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix
\begin{tabular}{ccc} 
Amount & Measure & Ingredient -- Preparation Method \\
\hdashline 1 & package & Betty Crocker \({ }^{\circledR}\) Supreme dessert bar mix \\
lemon bars
\end{tabular}
```

Heat oven to $350^{\circ}$. Prepare filling and crust as directed in steps 1 and 2 of bar mix-except bake crust 12 minutes.

Drop cream cheese by spoonfuls onto hot crust and return pan to oven about 2 minutes to further soften cream cheese. Carefully spread cream cheese over crust. Stir filling mixture; pour over cream cheese.

Bake 35 to 40 minutes or until top begins to brown and center is set. Cool 10 minutes. Spread preserves over top. Cool completely. Sprinkle with powdered sugar. Cut into 4 rows by 4 rows. For easier cutting, use sharp or wet knife. Store covered in refrigerator.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "16 Bars"
```

Per serving: 167 Calories (kcal); 6 g Total Fat; (31\% calories from fat); 1g Protein; 27g Carbohydrate; 8 mg Cholesterol; 103mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 2 Other Carbohydrates

NOTES : Cookie Tips Soften cream cheese quickly in the microwave. Remove the foil

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt wrapper and place on waxed paper or microwave-safe plate, uncovered. Microwave on Medium (50\%) 30 to 45 seconds for 3 ounces and 1 to $11 / 2$ minutes for 8 ounces.

Jams, jellies and preserves are easier to spread if you stir them vigorously first.
Nutr. Assoc. : 5720046840

* Exported from MasterCook *

Magic Window Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 72 \quad \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 3 Kid Cookies


Beat sugar, butter, vanilla and eggs in large bow with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Cover and refrigerate about 1 hour or until firm.

Heat oven to $375^{\circ}$. Cover cookie sheet with aluminum foil. Roll one-third of dough at a time $1 / 8$ inch thick on lightly floured cloth-covered surface. Cut into desired shapes. Place 1 inch on foil. Cut out designs from cookies, using smaller cutters or your own patterns. Place whole or partially crushed pieces of candy in cutouts, depending on size and shape of design, mixing colors as desired. (To crush candy, place in heavy plastic bag and tap lightly with roliing pin; because candy melts easily, leave pieces as large as possible.)

Bake 7 to 9 minutes or until cookies are very light brown and candy is melted. If candy has not completely spread within cutout design, immediately spread with knife. Cool completely on foil. Remove cookies gently.

Please note, if you should change this recipe it will no longer be an
approved Betty Crocker ${ }^{\oplus}$ Recipe.
You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"72 Cookies"
T(Chi11):

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

Per serving: 45 Calories (kcal); $2 g$ Total Fat; ( $40 \%$ calories from fat); $1 g$ Protein; 6g Carbohydrate; 5 mg Cholesterol; 38mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
Use Halloween cookie cutters and cut out sections to be filled with hard candy. When making the "magic windows," try different colors of candy. Place candy pieces to form stripes, polka dots and swirls.

Make It Your Way
Make Christmas Magic Window Cookies by cutting dough with Christmas cutters and filling the holes with red and green candies. Create the hole for a hanger by pressing a drinking straw through the dough before baking.
Nutr. Assoc. : 04098002130706543321800021307065430

```
* Exported from MasterCook *
    Ma7ted Milk Cookies
Recipe By : % Size : Preparation Time :0:00
Categories : Chapter 3 Kid Cookies
```

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 | cups | packed brown sugar |
| 1 | cup | butter or margarine -- softened |
| 1/3 | cup | sour cream |
| 2 | teaspoons | vanilla |
| 2 |  | eggs |
| 4 3/4 | cups | a11-purpose flour |
| 3/4 | cup | natural-flavor malted milk powder |
| 2 | teaspoons | baking powder |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | malted Milk Frosting -- (recipe follows) |
| 3 |  | MALTED MILK FROSTING |
| 3 1/2 | cups | powdered sugar |
| 1/2 | cup | natural-flavor malted milk powder |
| 1/3 | cup | butter or margarine -- softened |
| 3 | tablespoons | milk (3 to 4 tablespoons) |
| 1 1/2 | teaspoons | vanilla |

Heat oven to $375^{\circ}$. Beat brown sugar, butter, sour cream, vanilla and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except Malted milk Frosting.

Ro11 one-third of dough at a time $1 / 4$ inch thick on lightly floured surface. Cut into $21 / 2$-inch rounds. Place about 2 inches apart on ungreased cookie sheet. Bake 10 to 11 minutes or until almost no indentation remains when touched in center. Immediately remove from cookie sheet to wire rack. Cool completely. Frost with Malted Milk Frosting.

MALTED MILK FROSTING:
Mix all ingredients until smooth and spreadable.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"60 Cookies"

Per serving: 154 Calories (kcal); 5 g Total Fat; ( $29 \%$ calories from fat); 2 g Protein; 25g Carbohydrate; 8 mg Cholesterol; 127 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
Malted milk powder isn't something you use daily, so to keep it tasting fresh, store the opened jar in the refrigerator or freezer up to 12 months. You' 11 find malted milk powder in your supermarkets with other ice-cream toppings.

Make It Your way
To make Chocolate Malted Milk Cookies, substitute
chocolate-flavored malted milk powder for the natural malted milk powder in both the cookie dough and frosting. To double the malt flavor, sprinkle frosting with coarsely crushed malted milk balls and press them in slightly to help them stick.
Nutr. Assoc. : 044098003218088630002130706543000086340984038
0

* Exported from MasterCook *


## Maple-Nut Refrigerator Cookies

Recipe By :
Serving.Size : 48 Preparation Time :0:00
Categories : Chapter 5
Hand-Shaped \& Pressed Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $-3 / 4$ | cup | packed brown sugar |
| $3 / 4$ | cup | butter or margarine -- softened |
| $1 / 4$ | $1 / 2$ | teaspon |
| 1 | cups | allepurpose flour |
| 1 | $1 / 4$ | teaspoon |
| 1 | teaspoon | baking powder |
|  | cup | chopped pecans |

Beat brown sugar, butter and maple extract in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Stir in pecans. Shape into roll, 12 inches long. Wrap and refrigerate about 2 hours or until firm.

Heat oven to $375^{\circ}$. Cut roll into $1 / 4$-inch slices. Place 2 inches apart on ungreased cookie sheet. Bake 8 to 10 minutes or until edges are golden brown. Remove from cookie sheet to wire rack.

[^21]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"48 Cookies"
T(Chil1):
"2:00"

Per serving: 69 Calories (kcal); 5 g Total Fat; (57\% calories from fat); 1g Protein; 7 g Carbohydrate; 0 mg Cholesterol; 56 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

```
NOTES : Cookie Tips
```

When you don't have time to bake all the cookies, wrap the dough tightly and refrigerate up to 3 days or freeze up to 1 month.

Make It Your way
Prepare Creamy Filling (see Cream Wafers recipe) but replace vanilla with $1 / 4$ teaspoon maple extract. Make Maple-Nut Sandwich Cookies by putting cookies together in pairs with about 1 teaspoon filling each.
Nutr. Assoc. : 0409886600020148

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* Exported from MasterCook *
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                                    Mary's Sugar Cookies
    Recipe By $\begin{aligned} & \text { Serving Size } \\ & \text { Se } \\ & 60 \quad \text { Preparation Time }: 0: 00\end{aligned}$
Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| $11 / 2$ | cups | powdered sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 1/2 | teaspoon | almond extract |
| 1 |  | egg |
| $21 / 2$ | cups | a11-purpose flour |
| 1 | teaspoon | baking soda |
| 1 | teaspoon | cream of tartar Granulated sugar |

Beat powdered sugar and butter in large bowl with electric mixer on medium speed, or mix with spoon. Stir in vanilla, almond extract and egg. Stir in flour, baking soda and cream of tartar. Cover and refrigerate about 2 hours or until firm.

Heat oven to $375^{\circ}$. Roll half of dough at a time $1 / 8$ inch thick on lightly floured cloth-covered surface. Cut into desired shapes. Place about 2 inches apart on ungreased cookie sheet. Sprinkle with granulated sugar. Bake 7 to 8 minutes or until light brown. Remove from cookie sheet to wire rack.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Sweet, crisp sugar cookies have made the grade throughout the years.
whether sprinkled with colored sugar, frosted or elaborately
decorated, they're as popular as ever.'
Copyright:
"© General Mills, Inc. 1998."
T(Chi11):
"2:00"

Per serving: 59 Calories (kcal); 3 g Total Fat; (47\% calories from fat); 1g Protein; 7g Carbohydrate; 3mg Cholesterol; 58mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
One of the nice things about rolled cookies is that they will wait until you are ready to bake them. Because the dough can always be refrigerated (and can be frozen, too), they're very convenient. We love them because they present lots of opportunity for creativity. Simple cookies are ideal for teaching the beginning baker how to handle a rolling pin.

Make It Your way
Fruit-Flavored Sugar Cookies are very easy to make. Just sprinkle the cut out cookies with fruit-flavored gelatin instead of granulated sugar.
Nutr. Assoc. : 040980000000

```
* Exported from MasterCook *
```

Meringue-Topped Almond Cookies
Recipe By
Serving Size
S
36 Preparation Time :0:00
Categories : Chapter 5 Hand-Shaped \& Pressed Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 |  | egg whites |
| 1/4 | teaspoon | cream of tartar |
| 1/2 | cup | granulated sugar |
| 1 | (7 ounce) pac | kage almond paste (7 or 8 ounces) |
| 1/2 | cup | butter or margarine -- softened |
| 1 | cup | packed brown sugar |
| 1 | teaspoon | vanilla |
| 2 |  | egg yolks |
| 1 1/2 | cups | al1-purpose flour |
|  |  | Granulated sugar |
| 3 | dozen | (about) blanched whole almonds |

Heat oven to $350^{\circ}$. Beat egg whites and cream of tartar in medium bow with electric mixer on high speed until foamy. Beat in $1 / 2$ cup granulated sugar, 1 tablespoon at a time; continue beating unti 1 stiff and glossy. set aside.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Break almond paste into small pieces in large bowl. Beat in butter on medium speed until smooth. Stir in brown sugar, vanilla and egg yolks. Stir in flour.

Shape dough into 1 1/4-inch balls. Place about 2 inches apart on ungreased cookie sheet. Press bottom of glass into dough to grease, then dip into granulated sugar; press on shaped dough to flatten slightly. Spread about 1 rounded teaspoonful meringue on each cookie, and top with almond. Bake 13 to 15 minutes or until meringue is golden brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"36 Cookies"

Per serving: 122 Calories (kcal); 6 g Total Fat; ( $42 \%$ calories from fat); 2 g Protein; 16g Carbohydrate; 12mg Cholesterol; 36mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Separating eggs is much easier to do while the eggs are cold.
Bring the whites and yolks to room temperature before using in the recipe.

Almond Paste
Almond paste is a commercially prepared mixture of almonds, sugar and water that is packed in 6- to 8 -ounce packages and cans. It is used in cookies. Do not substitute marzipan for almond paste.
Nutr. Assoc. : 3231005022409800323200905897

```
* Exported from MasterCook *
```

Milk Chocolate-Malt Brownies
Recipe By : 48 Preparation Time :0:00
Categories : Chapter 2

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | (11 1/2 ounce) | package milk chocolate chips (2 cups) |
| 1/2 | cup | butter or margarine |
| 3/4 | cup | sugar |
| 1 | teaspoon | vanilla |
| 3 |  | eggs |
| $13 / 4$ | cups | al1-purpose flour |
| 1/2 | cup | natural- or chocolate-flavor malted milk powder |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| 1 | cup | malted milk balls -- coarsely chopped Page 146 |

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Heat oven to $350^{\circ}$. Grease rectangular pan, $13 \times 9 \times 2$ inches. Me7t chocolate chips and butter in 3-quart saucepan over low heat, stirring frequently, until smooth; remove from heat. Cool slightly. Beat in sugar, vanilla and eggs with spoon. Stir in remaining ingredients except malted' milk balls.

Spread batter in pan. Sprinkle with malted milk balls. Bake 30 to 35 minutes or until toothpick inserted in center comes out clean. Coo 1 completely. Cut into 8 rows by 6 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Description:
    "This luscious brownie is almost a candy confection and sure to please
    those who love the flavor of malted milk.'
Copyright:
    "© Genera1 Mi11s, Inc. 1998."
Yield:
    "48 Brownies"
```

Per serving: 119 Calories (kcal); 5g Total Fat; (39\% calories from fat); 2g
Protein; 17g Carbohydrate; 14 mg Cholesterol; 75 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1
Other Carbohydrates
NOTES : Ma7ted Milk
Ma7ted milk powder is made from dehydrated milk and ma7ted
cereals. You can find it with the ice-cream toppings in the
supermarket.
Nutr. Assoc. : 413940980032180863001391

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* Exported from MasterCook *
```

                                    Mini Cookie Pizzas
    Recipe By $\begin{aligned} & \text { Serving Size } \\ & \text { S } \\ & 14 \quad \text { Preparation Time }: 0: 10\end{aligned}$
Categories : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 14 |  | purchased sugar cookies (4 inches in diameter) |
| 1 | tub | Betty Crocker® ${ }^{\circledR}$ Rich \& Creamy chocolate ready-to-spread frosting Colored sugar, if desired |
| 2 | cups | assorted candies or trail mix |
| 2 | ounces | vanilla-flavored candy coating |
| 2 | teaspoons | shortening |

Frost each cookie with about 2 tablespoons of the frosting; sprinkle with colored sugar. Top with 1 heaping tablespoon of the assorted candies.

Melt candy coating and shortening in 1-quart saucepan over low heat, Page 147

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt stirring constantly, until smooth. Drizzle over cookies.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"14 Cookies"

Per serving: 326 Calories (kcal); 16 g Total Fat; ( $43 \%$ calories from fat); 4g Protein; 44g Carbohydrate; 9mg Cholesterol; 199mg Sodium
Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 2 1/2 Other Carbohydrates

NOTES : Cookie Tips
To make the drizzle look like cheese, color the melted candy coating mixture orange by mixing 1 part red and 2 parts yellow food color. For another fun idea, shred vanilla-flavored candy coating to look like shredded cheese.

Trail Mix
Usually, trail mix is a combination of seeds, nuts and dried fruits.
Nutr. Assoc. : 593311630531855200

```
* Exported from MasterCook *
```

> Mini Elephant Ears

Recipe By :
Serving.Size : 30 Preparation Time :0:00
Categories : Chapter 3

## Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | :--- | ---: |
| $1 / 2$ | (17 1/4 ounce) package frozen puff pastry (1 sheet) -- thawed |  |
| $1 / 2$ | cup sugar |  |
| 1 | teaspoon ground cinnamon |  |

Heat oven to $375^{\circ}$. Lightly grease cookie sheet. Sprinkle sugar over kitchen counter or breadboard. Rol1 pastry into $1 / 8$-inch-thick rectangle, $12 \times 91 / 2$ inches, on sugared surface. Mark a line lengthwise down center of rectangle. Fold long sides of rectangle toward center line, leaving 1/4 inch uncovered at center. Fold rectangle lengthwise in half to form strip, $12 \times 2$ 1/2 inches, pressing pastry together.

Cut strip crosswise into $1 / 4$-inch slices. Mix $1 / 2$ cup sugar and the cinnamon. Coat slices with sugar mixture. Place about 2 inches apart on cookie sheet. Bake 8 to 10 minutes, turning after 5 minutes, until cookies begin to turn golden brown. Immediately remove from cookie sheet to wire rack. Cool completely.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"© General Mills, Inc. 1998."
Yield:
"30 Cookies"

Per serving: 59 Calories (kcal); 3 g Total Fat; ( $47 \%$ calories from fat); 1 g Protein; 7g Carbohydrate; Omg Cholesterol; 21mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

NOTES : Make It Your Way
Here's another idea, Chocolate and Peanut Butter-Dipped Elephant Ears! Melt 1 ounce semisweet baking chocolate in 1-quart saucepan over low heat, stirring occasionally. Melt 3 tablespoons peanut butter-flavored chips in another 1-quart saucepan over low heat, stirring occasionally. Dip one end of cookie into chocolate and the other into peanut butter for two taste treats in one cookie. place on waxed paper until chocolate and peanut butter are firm. Nutr. Assoc. : 0347000

```
* Exported from MasterCook *
```


## Miniature Florentines

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 72 \text { Preparation Time :0:00 }\end{array}$
Categories : Celebrate with Cookies Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | sugar |
| 1/4 | cup | butter or margarine |
| 1/4 | cup | whipping (heavy) cream |
| 2 | tablespoons | honey |
| 1/2 | cup | sticed almonds |
| 1/4 | cup | candied orange peel -- finely chopped |
| 1 | tablespoon | grated orange pee1 |
| 1 | (4 ounce) pac | age sweet baking chocolate -- melted |

Heat oven to $375^{\circ}$ : Cover cookie sheet with cooking parchment paper. Mix sugar, butter, whipping cream and honey in $21 / 2$-quart saucepan. Heat to boiling, stirring constantly. Boil 5 minutes, stirring constantly; remove from heat. Stir in remaining ingredients. Let stand 5 minutes.

Drop mixture by $1 / 2$ teaspoonfuls 2 inches apart onto cookie sheet. Bake 4 to 6 minutes or until golden brown and bubbly. Cool 2 minutes or until firm; remove from cookie sheet to wire rack. Cool completely.

Turn cookies upside down; brush with melted chocolate. Let stand at room temperature until chocolate is firm.

[^22]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

## Description:

"Florentines were invented by Austrian bakers and usually contain
butter, sugar, cream, honey and candied fruit. They often have one
side dipped in chocolate.
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"72 Cookies"

Per serving: 31 Calories (kcal); 2 g Total Fat; (54\% calories from fat); trace Protein; 4g Carbohydrate; 1mg Cholesterol; 9mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
Watch these little cookies carefully because they darken quickly. Nutr. Assoc. : 040981616020175243005195

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* Exported from MasterCook *
```

                                    Mint Ravioli Cookies
    | Recipe By | Breparation Time :0:00 |
| :--- | :--- |
| Serving Size | Prelling in Dough |
| Categories | Chapter 6 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | shortening |
| 1 | cup | sugar |
| 1 |  | egg |
| $21 / 2$ | cups | al1-purpose flour |
| 1 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| 3 | dozen | foil-wrapped rectangular chocolate mints -- unwrapped |

Beat butter, shortening, sugar and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Cover and refrigerate about 1 hour or until firm.

Heat oven to $400^{\circ}$. Roll half of dough into rectangle, $13 \times 9$ inches, on
lightly floured surface. Place mints on dough, forming 6 uniform rows of 6. Rol1 remaining dough into rectangle, $13 \times 9$ inches, on floured waxed paper. Place over mint-covered dough. Cut dough between mints with pastry wheel or knife; press edges of each "ravioli" with fork to sea1. Place 2 inches apart on ungreased cookie sheet. Bake 7 to 9 minutes or until light brown. Remove from cookie sheet to wire rack.

[^23]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt analysis programs and different nutrient databases, variations in results are expected.

Description:
"These cookies look like Italian ravioli. The "pasta" is made from a sugar cookie dough and the filling from after-dinner mints."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"36 Cookies"
T(Chi11):
"1:00"

Per serving: 129 Calories (kcal); 7g Total Fat; (49\% calories from fat); 1g Protein; 15 g Carbohydrate; 5 mg Cholesterol; 63 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Make It Your Way
Create a totally different taste sensation by replacing the chocolate mint candies with chocolate-orange or chocolate-cherry candies to create Orange Ravioli or Cherry Ravioli Cookies.
Nutr. Assoc. : 4098 000000934

* Exported from MasterCook *


## Mixed Nut Bars

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving. Size } & \text { : } 32 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 2
Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 1 |  | egg yolk |
| 2 | cups | al1-purpose flour |
| 1/4 | teaspoon | salt |
| 8 | ounces | vanilla-flavored candy coating -- chopped |
|  |  | OR |
| $11 / 4$ | cups | vanilla milk (white) chips |
| 1 | (12 ounce) ca | salted mixed nuts |

Heat oven to $350^{\circ}$. Beat brown sugar, butter, vanilla and egg yolk in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt. Press in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Bake about 25 minutes or until light brown.

Immediately sprinkle candy coating evenly over baked layer. Let stand about 5 minutes or until softened; spread evenly. Sprinkle with nuts; press gently into topping. Cool completely. Cut into 8 rows by 4 rows bars.

[^24]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt are expected.

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Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "32 Bars"
T(Bake):
    "0:25"
```

Per serving: 206 Calories (kcal); 14 g Total Fat; (57\% calories from fat); 3 g
Protein; 19g Carbohydrate; 7 mg Cholesterol; 88 mg Sodium
Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Cookie Tips
Don't throw away that leftover egg white! Cover and refrigerate
for up to 24 hours. It can be used in baked products or added to
scrambled eggs.
"I Don't Have That"
Substitute salted cashews, pecans or peanuts for the mixed nuts.
Nutr. Assoc. : 04098000021307065430927910

* Exported from MasterCook *
Mocha Brownies

| Recipe By | : |
| :--- | :--- | :--- |
| Serving Size | Preparation Time :0:00 |
| Categories | Chapter 2 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 | ounces | unsweetened baking chocolate |
| 1/2 | cup | butter or margarine |
| 3/4 | cup | all-purpose flour |
| 3/4 | cup | sugar |
| 1 | tablespoon | instant coffee (dry) |
| 2 | tablespoons | milk |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| 2 |  | eggs |
|  |  | Coffee Frosting -- (recipe follows) <br> Easy Chocolate Glaze -- (recipe follows) |
|  |  | COFFEE FROSTING |
| 2 | teaspoons | instant coffee |
| 1 | tablespoon | very hot water |
| 2 | cups | powdered sugar |
| 2 | tablespoons | butter or margarine -- softened |
| 2 | teaspoons | water (2 to 3 teaspoons) |
| 1/4 |  | EASY CHOCOLATE GLAZE semisweet chocolate chips |
| 1 1/4 | teaspoon | semisweet chocolate chips shortening |

Heat oven to $350^{\circ}$. Grease square pan, $8 \times 8 \times 2$ inches. Me7t chocolate and butter in 2-quart saucepan over low heat, stirring frequently, until smooth; remove from heat. Stir in remaining ingredients except Mocha Frosting and Chocolate Glaze.

Spread batter in pan. Bake 18 to 22 minutes or until toothpick inserted in Page 152

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt center comes out clean. Cool completely. Frost with Coffee Frosting. Drizzle with Easy Chocolate Glaze. Cut into 4 rows by 4 rows.

COFFEE FROSTING:
Dissolve coffee in very hot water in medium bowl. Stir in remaining ingredients until smooth.

EASY CHOCOLATE GLAZE:
Melt ingredients in a 1-quart saucepan over low heat, stirring constantly, until smooth.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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## Description:

"A wonderfully sophisticated blend of coffee and chocolate, these
brownies are rich and chocolaty."
Copyright:
"© General Mills, Inc. 1998."
Yie1d:
"16 Brownies"

Per serving: 222 Calories (kcal); 11g Total Fat; (41\% calories from fat); 2g Protein; 32g Carbohydrate; 24 mg Cholesterol; 141mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1
1/2 Other Carbohydrates

```
NOTES : Make It Your Way
    To make Coconut Brownies, omit instant coffee from brownies and
    omit Coffee Frosting. Mix together 1 1/2 cups powdered sugar, 1/2
    cup shredded or flaked coconut, 2 tablespoons softened margarine
    and 2 tablespoons milk. Continue as directed, using coconut
    frosting.
```

    To make Raspberry Brownies, omit instant coffee and add 1/4
    teaspoon almond extract to brownies. Omit Coffee Frosting. Spread
    \(1 / 4\) cup red raspberry preserves over cooled brownies. Drizzle with
    glaze made with chocolate or vanilla milk chips.
    Nutr. Assoc. : 0409800075000003218213070654321307065430003728
0409815820048860

* Exported from MasterCook *
Moravian Ginger Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 12 \quad \text { Preparation Time :0:00 }\end{array}$
Categories $\quad$ : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | :--- | :--- |
| $1 / 3$ | - | cup |
| $1 / 4$ | molasses |  |
| 2 | cup | shortening |
|  |  |  |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
1/4 cups all-purpose flour
1/4 cups whole wheat flour
    1/4 teaspoon salt
    1/4 teaspoon baking soda
    1/4 teaspoon baking powder
    1/4 teaspoon ground cinnamon
    1/4 teaspoon ground ginger
    1/4 teaspoon ground cloves
        Dash ground nutmeg
        Dash ground allspice
        Easy Creamy Frosting -- (recipe follows)
                            EASY CREAMY FROSTING
                cup powdered sugar
    teaspoon vanilla
        tablespoon half-and-half (1 to 2 tablespoons)
```

Mix molasses, shortening and brown sugar in large bowl with spoon. Stir in remaining ingredients except Easy Creamy Frosting. Cover and refrigerate about 4 hours or until firm.

Heat oven to $375^{\circ}$. Roll half of dough at a time $1 / 8$ inch thick or until paper-thin on floured cloth-covered surface. Cut into 3-inch rounds with floured cutter. Place about $1 / 2$ inch apart on ungreased cookie sheet. Bake 1/8-inch-thick cookies about 8 minutes, paper-thin cookies about 5 minutes, or until light brown. Immediately remove from cookie sheet to wire rack. Cool completely. Frost with Easy Creamy Frosting.

EASY CREAMY FROSTING:
Mix all ingredients until smooth and spreadable.
YIELD: About 1 dozen $1 / 8$-inch-thick cookies or about 1 1/2 dozen paper-thin cookies

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Copyright:
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Yield:
"12 Cookies"
T(Chil1):
"4:00"

Per serving: 135 Calories (kcal); 5g Total Fat; (30\% calories from fat); 1g Protein; 22g Carbohydrate; trace Cholesterol; 83mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
If you use nonstick cookie sheets, you can prevent the surface from getting scratched by placing large plastic lids or plastic coffee can covers between them when not in use.

Molasses
Molasses is the concentrated syrup left after sugar has been
Page 154

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt refined. Either the light or dark variety can be used in recipes.

```
Nutr. Assoc. : 2130706543 0 0 0 0 2130706543 0 0 0 0 0 3615 0 0 2130706543
```

* Exported from MasterCook *


## Mousse Bars

Recipe By
Serving Size
:
$16 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 2 Super Bars and Brownies

| Amount | Measure |
| :---: | :---: | | Ingredient -- Preparation Method |
| :--- |

Heat oven to $350^{\circ}$. Mix wafer crumbs and butter with spoon. Press in ungreased square pan, $8 \times 8 \times 2$ or $9 \times 9 \times 2$ inches. Bake 10 minutes.

Heat whipping cream and chocolate chips over low heat, stirring
frequently, until chocolate is melted; remove from heat. Cool 5 minutes. Beat eggs, sugar and salt in large bowl with wire whisk until foamy. Pour chocolate mixture into egg mixture, stirring constantly. Pour over baked layer. Bake 25 to 35 minutes or until center springs back when touched lightly. Cool 15 minutes.

Spread with Chocolate Topping. Refrigerate uncovered about 2 hours or until chilled. Cut into 4 rows by 4 rows. Store covered in refrigerator.

CHOCOLATE TOPPING:
Melt chocolate chips and shortening over low heat, stirring frequently, until smooth.

[^25]Copyright:
"© General Mi11s, Inc. 1998."
Yield:
"16 Bars"
T(Chi11):

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Per serving: 208 Calories (kcal); 15g Total Fat; (59\% calories from fat); 2g Protein; 20g Carbohydrate; 54 mg Cholesterol; 90mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    Line your pan with aluminum foil when making brownies. The cooled
    brownies lift right out and are easily cut into uniform squares.
    Best of all, no pan to clean!
    Make It Your Way
    Create Butterscotch Mousse Bars by using butterscotch chips in
    place of chocolate chips in both the bars and the topping.
Nutr. Assoc. : 5410 4098 1616 4886 3218 0 0 2130706543 0 0 4886 0
```

* Exported from MasterCook *
Mu7tigrain Cutouts
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 72 \quad \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 3
Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 2/3 | cup | shortening |
| 3 1/4 | cups | whole wheat flour |
| 1/4 | cup | cornmeal |
| 1/4 | cup | wheat germ |
| 3/4 | cup | milk |
| 1 | teaspoon | baking powder |
| 1/2 | teaspoon | salt |
| 1/2 | teaspoon | vanilla Baked-On Frosting -- (recipe follows) |
|  |  | BAKED-ON FROSTING |
| 2/3 | cup | all-purpose flour |
| 2/3 | cup | butter or margarine -- softened |
| 1 | tablespoon | hot water |

Heat oven to $350^{\circ}$. Beat sugar and shortening in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except Baked-On Frosting.

Roll about one-third of dough at a time $1 / 8$ inch thick on lightly floured surface. Cut with sports-shape cookie cutters. Place 1 inch apart on ungreased cookie sheet.

Place Baked-on Frosting in decorating bag with \#5 writing tip. Pipe frosting on unbaked cookies to outline or decorate. Bake 12 to 14 minutes or until edges are light brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

BAKED-ON FROSTING:
Mix flour and butter until smooth. Stir in hot water.

[^26]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"This recipe makes a not-too-sweet cookie that can be cut into any
shape to carry out a party theme."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"72 Cookies"

Per serving: 70 Calories (kcal); 4 g Total Fat; (47\% calories from fat); 1g Protein; 8g Carbohydrate; trace Cholesterol; 43mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0
Other Carbohydrates
NOTES : wheat Germ
Wheat germ is the embryo of the wheat kernel and is a very concentrated source of vitamins. It also is a good source of fiber, which contributes great texture to these cookies.
Nutr. Assoc. : 000000000213070654300040980

* Exported from MasterCook *

No-Bake Apricot Balls
Recipe By
Serving Size
:
So Preparation Time :0:00
Categories : Chapter 5 Hand-Shaped \& Pressed Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| -1 | (6 ounce) package dried apricots |  |
| 1 | cup hazelnuts |  |
| $21 / 2$ | (14 ounce) can sweetened condensed milk |  |

Place apricots and hazelnuts in food processor. Cover and process, using quick on-and-off motions, until finely chopped. Place mixture in large bowl. Stir in cracker crumbs and milk.

Shape mixture into 1-inch balls. Cover tightly and store in refrigerator up to 2 weeks or freeze up to 2 months.

[^27]```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Protein; 6g Carbohydrate; 1mg Cholesterol; 20mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; O Vegetable; 0 Fruit; 1/2 Fat; 0
Other Carbohydrates
NOTES : Make It Your Way
    Make No-Bake Apple Bal1s by replacing the apricots with dried
    apples and the hazelnuts with walnuts. Perk up the flavor with a
    dash of cinnamon.
Nutr. Assoc. : 3090 3677 0 0
* Exported from MasterCook *
    No-Bake Honey-Oat Bars
Recipe By : 24 Preparation Time :0:10
Categories : Chapter 2 Super Bars and Brownies
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1/4 & cup & sugar \\
\hline 1/4 & cup & butter or margarine \\
\hline 1/3 & cup & honey \\
\hline 1/2 & teaspoon & ground cinnamon \\
\hline 1 & cup & diced dried fruit and raisin mixture \\
\hline 1 1/2 & cups & Wheaties \({ }^{\text {® }}\) cereal \\
\hline 1 & cup & quick-cooking oats \\
\hline 1/2 & cup & sliced almonds \\
\hline
\end{tabular}
Butter square pan, \(9 \times 9 \times 2\) inches. Heat sugar, butter, honey and cinnamon to boiling in 3-quart saucepan over medium heat, stirring constantly. Boil 1 minute, stirring constantly; remove from heat. Stir in dried fruit. Stir in remaining ingredients.
Press mixture in pan with back of wooden spoon. Cool completely. Cut into 6 rows by 4 rows.
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Description:
"These are like homemade chewy granola bars. Pack a couple in your
briefcase for an afternoon energy boost."
Copyright:
"@ General Mil1s, Inc. 1998."
Yield:
"24 Bars"

Per serving: 87 Calories (kcal); 4g Total Fat; (36\% calories from fat); 1g Protein; 13g Carbohydrate; Omg Cholesterol; 37 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : "I Don't Have That" Use dried cherries or cranberries in place of the dried fruit bits.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Nutr. Assoc. : 0409800515885202230

```
* Exported from MasterCook *
                            No-Bake Peanut Butter Squares
```

Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Se } \\ & \text { Separation Time } \\ & \text { :0:10 }\end{aligned}$
Categories : Chapter 2

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 | cups | powdered sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | cup | peanut butter |
| 1 | teaspoon | vanilla |
| $23 / 4$ | cups | graham cracker crumbs |
| 1 | cup | chopped peanuts |
| 1 1/4 | (12 ounce) p cup | ckage semisweet chocolate chips peanut butter |

Line square pan, $9 \times 9 \times 2$ inches, with aluminum foil. Beat powdered sugar, butter, 1 cup peanut butter and the vanilla in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in graham cracker crumbs and peanuts (mixture will be stiff). Press in pan.

Melt chocolate chips and $1 / 4$ cup peanut butter over low heat, stirring frequently, until smooth. Spread over bars. Refrigerate about 1 hour or until chocolate is firm. Remove from pan, using foil to lift; fold back foil. Cut into 6 rows by 6 rows. Refrigerate about 2 hours or until firm. Store covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Description:
"A great refrigerated bar to make on a hot day when you want a sweet
treat but you'd rather not turn on your oven."
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"36 squares"
T(Chi11):

Per serving: 220 Calories (kcal); 15 g Total Fat; (58\% calories from fat); 4g Protein; 20g Carbohydrate; 0 mg Cholesterol; 142mg Sodium
Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1
Other Carbohydrates
NOTES : Make It Your Way
For an interesting variation, make No-Bake Chocolate Peanut Butter Squares by replacing the graham cracker crumbs with chocolate graham cracker crumbs.
Nutr. Assoc. : 040980002604148860

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt * Exported from MasterCook *

No-Ro11 Coconut-Sugar Cookies
Recipe By
Serving Size
:
S Preparation Time :0:00
Categories : Chapter 8 Special Cookies/Special Diets

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | :--- | :--- |
| 2 | cups | sugar |
| 2 | cups | butter or margarine -- softened |
| 1 | cup | flaked coconut |
| 1 | teaspoon | vanilla |
| 3 | cups | al1-purpose flour |
| 1 | teaspoon | baking soda |
| $1 / 2$ | teaspoon | salt |
|  |  | Sugar |

Heat oven to $350^{\circ}$. Beat 2 cups sugar, the butter, coconut and vanilla in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt.

Shape dough by rounded teaspoonfuls into balls. Place about 3 inches apart on ungreased cookie sheet. Press bottom of glass into dough to grease, then dip into sugar; press on shaped dough to flatten slightly. Bake 8 to 10 minutes or until edges are golden brown. Remove from cookie sheet to wire rack.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Description:
    "Can't eat eggs? You'l1 love this delightful, eggless sugar cookie."
Copyright:
    "O Genera1 Mi11s, Inc. 1998."
Yield:
    "96 Cookies"
```

Per serving: 68 Calories (kcal); 4g Total Fat; (53\% calories from fat); trace
Protein; 8g Carbohydrate; Omg Cholesterol; 71mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Make It Your way
Here's how to make Soft No-Rol1 Sugar Cookies: Decrease sugar to 1
$1 / 2$ cups and butter to $11 / 2$ cups. Add 1 egg with the sugar.
Substitute 1 teaspoon baking powder for the baking soda. Flatten
cookies to 2 inches in diameter. Bake 7 to 9 minutes or until set
(cookies will be pale). Cool 1 to 2 minutes before removing from
cookie sheet. Store tightly covered.
Nutr. Assoc. : 04098273700000

```
* Exported from MasterCook *
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt No-Ro11 Sugar Cookies

Recipe By :
Serving Size : 114 Preparation Time :0:00
Categories : Chapter 5
Hand-Shaped \& Pressed Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | granulated sugar |
| 1 | cup | powdered sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | cup | vegetable oil |
| 2 | teaspoons | vanilla |
| 3 1/2 | cups | al1-purpose flour |
| 3/4 | cup | cornstarch |
| 1 | teaspoon | baking soda |
| 1 | teaspoon | cream of tartar |
| 1/2 | teaspoon | salt |
|  |  | Granulated sugar |

Beat sugars, butter, oil and vanilla in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except granulated sugar. Cover and refrigerate about 2 hours or until firm.

Heat oven to $375^{\circ}$. Shape dough into 1-inch balls. Place about 2 inches apart on ungreased cookie sheet. Press bottom of glass into dough to grease, then dip into granulated sugar; press on shaped dough until about 1/4 inch thick. Bake 6 to 8 minutes or until set but not brown. Immediately remove from cookie sheet to wire rack.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
```


## Description:

```
"The powdered sugar and cornstarch in these cookies produce a very delicate, tender, melt-in-your mouth cookie."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"114 Cookies"
T(Chi11):
"2:00"
```

Per serving: 60 Calories (kcal); 4g Total Fat; (53\% calories from fat); trace Protein; 7 g Carbohydrate; 0 mg Cholesterol; 39mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : Make It Your way
To make Brown Sugar Maple No-Rol1 Sugar Cookies, substitute 1 cup packed brown sugar for the 1 cup granulated sugar and substitute 2 teaspoons maple extract for the 2 teaspoons vanilla.
Nutr. Assoc. : 00409800000000

```
* Exported from MasterCook *
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Oatmeal Cookies

Recipe By :
Serving Size : 60 Preparation Time :0:00
Categories : Chapter 4
Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| -1 | package | Betty Crocker |
|  | cups | quick-cooking oats |
| 2 | cup | sugar |
| 1 | cup | vegetable oil |
| 1 | cup | eggs |
| 2 | chopped pecans |  |
| 1 | teaspoons | vanilla |

Heat oven to $350^{\circ}$. Mix cake mix (dry), oats and sugar in large bowl with spoon. Mix oil and eggs; stir into oat mixture thoroughly. Stir in pecans and vanilia.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake about 12 minutes or until light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"60 Cookies"
T(Bake):
"0:12"

Per serving: 105 Calories (kcal); 6 g Total Fat; (49\% calories from fat); 1g Protein; 13g Carbohydrate; 6 mg Cholesterol; 56 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
Measure vegetable oil in a liquid measuring cup instead of a
"nested" or dry type of measuring cup for an accurate amount.
Make It Your way
To make Oatmeal Raisin Cake Mix Cookies substitute raisins for the pecans.
Nutr. Assoc. : 020223003218201480

```
* Exported from MasterCook *
```


## Oatmeal Lacies

Recipe By
Serving Size
S
$30 \quad$ Preparation Time $: 0: 00$
Categories : Chapter 1

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | quick-cooking oats |
| 2/3 | cup | packed brown sugar |
| 1/3 | cup | butter or margarine -- melted |
| 1/4 | cup | milk |
| 2 | tablespoons | a11-purpose flour |
| 1 | teaspoon | baking powder |
| 1/8 | teaspoon | salt |
| 1 |  | egg |

Heat oven to $350^{\circ}$. Grease and flour cookie sheet.* Beat all ingredients in large bow 1 with electric mixer on medium speed, or mix with spoon.

Drop dough by level tablespoonfuls about 3 inches apart onto cookie sheet. Bake 8 to 10 minutes or until edges are golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack, using wide, thin-bladed pancake turner.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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## Description:

"These cookies spread quite a bit, so don't be alarmed when they are
paper-thin and look like lace. The texture of the baked cookie is
delicate and crisp with a wonderful buttery, brown sugar flavor."
Copyright:
"@ General Mi11s, Inc. 1998."
Yield:
"30 Cookies"

Per serving: 57 Calories (kcal); 2g Total Fat; (38\% calories from fat); 1g Protein; 8 g Carbohydrate; 7 mg Cholesterol; 54 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : *Or cover cookie sheet with baking parchment paper. Peel away parchment paper from cookies when they are cool.

Make It Your way
Chocolate Oatmeal Lacies look elegant and sophisticated. To make them, drizzle tops of cookies with $1 / 2$ cup melted semisweet chocolate. An easy way to drizzle chocolate is to put the melted chocolate in a sma11, resealable plastic bag. Snip off a tiny bit of one corner and gently squeeze the chocolate out through the hole. Or you can dip a fork or spoon in the melted chocolate and drizzle a pattern on the cookies.
Nutr. Assoc. : 202230409800000

```
* Exported from MasterCook *
```

Oatmeal-Raisin Cookies

```
Recipe By : 36 Preparation Time :0:00
```

Categories : Chapter 8
Special Cookies/Special Diets

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2/3 | cup | granulated sugar |
| 2/3 | cup | packed brown sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | unsweetened applesauce |
| 1/2 | cup | fat-free, cholesterol-free egg product OR |
| 2 |  | eggs |
| $11 / 2$ | teaspoons | ground cinnamon |
| 1 | teaspoon | baking soda |
| 1/2 | teaspoon | baking powder |
| 1/2 | teaspoon | salt |
| $11 / 2$ | teaspoons | vanilla |
| 3 | cups | quick-cooking or old-fashioned oats |
| 1 | cup | all-purpose flour |
| 2/3 | cup | raisins |

Heat oven to $375^{\circ}$. Mix all ingredients except oats, flour and raisins in large bowl with spoon. Stir in oats, flour and raisins.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 9 to 11 minutes or until light brown. Immediately remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"36 Cookies"

Per serving: 102 Calories (kcal); 3g Total Fat; (25\% calories from fat); 2g Protein; 18g Carbohydrate; 0mg Cholesterol; 108mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    Applesauce, instead of more butter, adds moistness to these
    low-fat cookies.
    Make It Your Way
    Try Oatmeal-Apple Cookies by using chopped, dried apple for the
    raisins.
Nutr. Assoc. : 0 0 4098 0 3220 0 2130706543 0 0 0 0 0 20223 0 4680
* Exported from MasterCook *
    Old-Fashioned Date Drop Cookies
Recipe By : 72 Preparation Time :0:00
Categories : Chapter 1
Easy Drop Cookies
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | asure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | packed brown sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | tablespoon | grated orange pee1 |
| 1 | teaspoon | vanilla |
| 2 |  | eggs |
| 2 | cups | al1-purpose flour |
| 1 | cup | quick-cooking or old-fashioned oats |
| 1 | teaspoon | baking soda |
| 1/4 | teaspoon | salt |
| $1$ |  | kage chopped dates |
| $1 / 2$ | cup | chopped pecans |
| Heat oven to $350^{\circ}$. Grease cookie sheet. Beat brown sugar, butter, orange peel, vanilla and eggs in large bow with electric mixer on medium speed, |  |  |
| or mix with spoon. Stir in flour, oats, baking soda and salt. Stir in dates and pecans. |  |  |
| Drop dough by rounded teaspoonfuls about 2 inches apart onto cookie sheet |  |  |
| Bake 8 to 10 minutes or until light brown. Remove from cookie sheet towire rack. |  |  |
|  |  |  |

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"72 Cookies"

Per serving: 73 Calories (kcal); 3g Total Fat; (39\% calories from fat); 1g Protein; 10g Carbohydrate; 5mg Cholesterol; 58mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
For convenience, you can buy dried orange peel, which you can find in the spice section of your supermarket. Or grate several fresh oranges (use just the orange peel; the white part, called pith, is bitter) and freeze the peels in plastic freezer bags for up to 6 months.

Nuts stay fresh much longer if you store them in the freezer. Keep nuts in an airtight container with a lid or in resealable plastic freezer bags.
Nutr. Assoc. : 0409800321802022300266220148

```
* Exported from MasterCook *
```

old-Fashioned Rum-Raisin Cookies

Recipe By
Serving Size
S
$30 \quad$ Preparation Time :0:00
Categories : Chapter 1

```
Easy Drop Cookies
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | raisins |
| 1/2 | cup | water |
| 1/4 | cup | rum |
| 3/4 | cup | sugar or margarine |
| 1/2 | cup | butter or margarine -- softened |
| 1 |  | egg |
| $13 / 4$ | cups | a11-purpose flour |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |

Heat raisins, water and rum to boiling in 1 -quart saucepan; reduce heat. Simmer uncovered 20 to 30 minutes or until raisins are plump and liquid has evaporated. Cool raisins 30 minutes.

Heat oven to $375^{\circ}$. Beat sugar and butter in large bow with electric mixer on medium speed about 3 minutes or until fluffy, or mix with spoon. Beat in egg. Stir in remaining ingredients. Stir in raisins.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 9 to 11 minutes or until light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mil1s, Inc. 1998."
Yield:
"30 Cookies"

Per serving: 94 Calories (kcal); 3g Total Fat; (32\% calories from fat); 1g Protein; 14 g Carbohydrate; 6 mg Cholesterol; 85 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Rum
        Rum is made from fermented sugar-cane juice or molasses. Most rum
        comes from the Caribbean. It is available in light and dark
        varieties. Light rum is light in both color and flavor, whereas
        dark rum is richer in color and flavor. Either variety can be used
        in this recipe.
        "I Don't Have That"
        1 teaspoon rum extract mixed with 1/4 cup water can be substituted
        for the rum.
Nutr. Assoc. : 4680 0 0 0 4098 0 0 0 0 0
```

* Exported from MasterCook *
Orange Madeleines
Recipe By :
Serving Size : 24 Preparation Time :0:00
Page 166

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Categories : Celebrate with Cookies Chapter 7
```

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 |  | egg -- separated |
| 1/2 | cup | granulated sugar |
| 1 | cup | al1-purpose flour |
| 1/2 | cup | milk |
| 2 | tablespoons | vegetable oil |
| 1 | tablespoon | orange-flavored liqueur |
| 1 1/2 | teaspoons | baking powder |
| 1 1/2 | teaspoons | grated orange pee1 |
| 1/4 | teaspoon | salt <br> Powdered sugar |
| Heat oven to $375^{\circ}$. Grease and flour twenty-four 3-inch* madeleine mold pan. Beat egg white in small bowl with electric mixer on medium speed |  |  |
|  |  |  |
| until foamy. Beat in 1/4 cup of the granulated sugar, 1 tablespoon at a |  |  |
| time; continue beating until very stiff and glossy. Set aside. |  |  |
| Beat remaining $1 / 4$ cup granulated sugar, the egg yolk and remaining ingredients except powdered sugar in medium bow 1 on high speed 2 minutes, scraping bow 1 occasionally. Fold in egg white mixture. |  |  |
|  |  |  |
|  |  |  |
| Fill molds two-thirds full. Tap pan firmly on counter to remove air bubbles. Bake 10 to 12 minutes or until edges are light brown. Cool 1 to 2 minutes; remove from molds to wire rack. Cool completely. Sprinkle with powdered sugar just before serving. |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Sponge cakes in miniature, French madeleines are baked in shel1-shape molds.'
Copyright:
"© General Mil1s, Inc. 1998."
Yield:
"24 Cookies"

Per serving: 53 Calories (kcal); 2g Total Fat; (26\% calories from fat); 1g Protein; 9g Carbohydrate; 8mg Cholesterol; 58mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates
NOTES : *One 12-mold pan can be used. Bake half of batter; wash, grease and flour pan. Bake remaining batter. Twenty-four-mold pans are also available.

Cookie Tips
If you must bake the recipe in 2 batches, don't let the batter sit any longer than it has to, or the second batch will not be a tender as the first.

Make It Your Way
Attractive pink-colored Cherry Madeleines or Berry Madeleines are made by using maraschino cherry juice or raspberry-flavored

Page 167

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt liqueur for the orange-flavored liqueur.
Nutr. Assoc. : 0000043050000

* Exported from MasterCook *


## Orange Slices

Recipe By : 72 Preparation Time :0:00
Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| $11 / 2$ | cups | powdered sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | tablespoon | grated orange pee1 |
| 1 | teaspoon | vanilla |
| 1 |  | egg |
| $\begin{array}{ll}2 & 3 / 4 \\ 1 & \end{array}$ | cups | a11-purpose flour |
|  | teaspoon | baking soda |
|  | teaspoon | cream of tartar |
|  |  | Orange sugar -- see Notes Frosting -- (recipe follows) |
| 2 | cups | FROSTING |
| $2^{1 / 2}$ | teaspoon tablespoons | vanilla (about) half-and-half |

Beat powdered sugar and butter in large bowl with electric mixer on medium speed, or mix with spoon. Stir in orange peel, vanilla and egg. Stir in flour, baking soda and cream of tartar. Cover and refrigerate about 1 hour or until firm.

Heat oven to $375^{\circ}$. Roll half of dough at a time $1 / 8$ inch thick on lightly floured surface. Cut into 3 -inch rounds; cut rounds in half. Place on ungreased cookie sheet. Sprinkle with orange sugar. Bake 7 to 8 minutes or until light brown. Remove from cookie sheet to wire rack. Cool completely. Place Frosting in decorating bag with \#3 writing tip. Pipe on cookies to outline orange segments.

FROSTING:
Mix all ingredients until smooth and spreadable.

[^28]Per serving: 65 Calories (kcal); $3 g$ Total Fat; (37\% calories from fat); 1g Page 168

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Protein; 10g Carbohydrate; 3 mg Cholesterol; 48mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    "Sanding" sugar is coarse decorating sugar that is often seen on
    bakery-made cookies and pastries. It can be purchased at gourmet
    food stores, cake decorating supply stores and from gourmet food
    and equipment catalogs.
    Here's how to make your own orange-colored granulated sugar: Pour
    1/2 cup granulated sugar into a resealable plastic bag. Add 3
    drops red food color and 2 drops yellow food color into sugar.
    Seal bag. Knead bag with fingers until sugar turns orange.
    Make It Your Way
    Lemon Slices or Lime slices can be made by substituting 2
    teaspoons grated lemon or lime peel for the orange peel and yellow
    or green sanding sugar for the orange.
Nutr. Assoc. : 0 4098 0 0 0 0 0 0 0 2130706543 0 0 0 0 704
```

* Exported from MasterCook *
Orange-Almond Biscotti
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 42 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 5 Hand-Shaped \& Pressed Cookies

| Amount | asure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1 | tablespoon | grated orange peel |
| 2 |  | eggs |
| $31 / 2$ | cups | al1-purpose flour |
| 1 | teaspoon | baking powder |
| 1/2 | teaspoon | salt |
| 1/3 | cup | slivered almonds -- toasted (see Notes) and chopped |

Heat oven to $350^{\circ}$. Beat sugar, butter, orange peel and eggs in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Stir in almonds. Divide dough in half. Shape each half into rectangle, $10 \times 3$ inches, on ungreased cookie sheet.

Bake about 20 minutes or unti 1 toothpick inserted in center comes out clean. Cool on cookie sheet 15 minutes. Cut crosswise into 1/2-inch slices. Turn slices cut sides down on cookie sheet.

Bake about 15 minutes or until crisp and light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
"42 Cookies"
T(Bake):
"0:35"

Per serving: 86 Calories (kcal); 3g Total Fat; (32\% calories from fat); 2g Protein; 13g Carbohydrate; 15mg Cholesterol; 62mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
To toast nuts, bake uncovered in ungreased shallow pan in $350^{\circ}$ oven about 10 minutes, stirring occasionally, until golden brown. Or cook in ungreased heavy skillet over medium-low heat 5 to 7 minutes, stirring frequently until browning begins, then stirring constantly until golden brown.

When grating orange peel, be sure to grate only the orange part of the skin. The white part, or pith, is very bitter.

Make It Your way
To make Orange-Cashew Biscotti; just substitute cashews for the almonds.
Nutr. Assoc. : 0222032180004982

* Exported from MasterCook *

Orange-A1mond Pillows
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 24 \quad \text { Preparation Time :0:00 }\end{array}$
Categories : Celebrate with Cookies Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| $11 / 2$ | cups | blanched whole almonds -- ground |
| 1 | tablespoon | grated orange pee1 |
| 1 |  | egg white |
| 1/2 | cup | powdered sugar |
|  |  | Orange Glaze -- (recipe follows) |
|  |  | ORANGE GLAZE |
| 3/4 | cup | powdered sugar |
| 1/4 | teaspoon | grated orange pee1 |
| 3 | teaspoons | orange juice (3 to 4 teaspoons) |

Heat oven to $350^{\circ}$. Grease and flour cookie sheet, or cover with cooking parchment paper. Mix ground almonds and orange peel; set aside. Beat egg white in medium bow 1 with electric mixer on high speed until stiff but not dry. Gradually beat in powdered sugar. Beat on high speed about 3 minutes or until slightly stiff. Fold almond mixture into egg white mixture (mixture will be stiff).

Ro11 dough into rectangle, $9 \times 6$ inches, on cloth-covered surface
generously dusted with powdered sugar. Cut into $11 / 2$-inch squares. Place 1 inch apart on cookie sheet. Bake 10 to 12 minutes or until set and very light brown. Remove from cookie sheet to wire rack. Cool completely. Drizzle with Orange Glaze.

ORANGE GLAZE:
Mix all ingredients until smooth and thin enough to drizzle.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"These little puffs really look like pillows."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"24 Cookies"

Per serving: 79 Calories (kcal); 5 g Total Fat; (51\% calories from fat); 2g Protein; 8g Carbohydrate; 0mg Cholesterol; 3mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
For crisp cookies, bake until light brown. For chewy cookies, bake until just set, but not brown.
"I Don't Have That"
The cookies are just as delicious when grated lemon peel and lemon juice are used instead of orange pee1 and orange juice in the cookies and glaze.
Nutr. Assoc. : 2277000213070654300001006

```
* Exported from MasterCook *
```

Outrageous Double Chocolate-white Chocolate Chunk Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & 24 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 1 Easy Drop Cookies


Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt inches apart onto ungreased cookie sheet. Bake 12 to 14 minutes or until set (centers wil1 appear soft and moist). Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"These gourmet cookies are great to give as a gift in a decorative
tin. If you don't have a tin, just stack about 6 to 8 cookies and wrap
in colored or clear plastic wrap and tie the top with a pretty ribbon
or bow."
Copyright:
"@ Genera1 Mi11s, Inc. 1998."
Yield:
"24 Cookies"

Per serving: 362 Calories (kcal); 22g Total Fat; (52\% calories from fat); 4g Protein; 42g Carbohydrate; 36 mg Cholesterol; 220 mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $41 / 2$ Fat; 2 Other Carbohydrates

NOTES : "I Don't Have That"
If you don't have any pecan or walnuts, you can leave them out or
use a cup of dried cherries, raisins or chocolate chips instead.
Nutr. Assoc. : 488622200321800004431

```
* Exported from MasterCook *
```


## Palmiers

Recipe By
Serving Size
S
So Preparation Time :0:00

Categories : Celebrate with Cookies
Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
|  |  | Sugar |
| 1/2 | (17 1/4 ounce) | package frozen puff pastry (1 sheet) -- thawed |
| 1/2 | cup | sugar |
| 1 | ounce | semisweet baking chocolate -- melted |

Heat oven to $375^{\circ}$. Lightly grease cookie sheet. Sprinkle sugar over kitchen counter or breadboard. Roll pastry into 1/8-inch-thick rectangle, $12 \times 91 / 2$ inches, on sugared surface. Mark a line lengthwise down center of rectangle. Fold long sides of rectangle toward center line, leaving 1/4 inch uncovered at center. Fold rectangle lengthwise in half to form strip, $12 \times 21 / 2$ inches, lightiy pressing pastry together.

Cut strip crosswise into $1 / 4$-inch slices. Coat both sides of slices with $1 / 2$ cup sugar. Place about 2 inches apart on cookie sheet. Bake 8 to 10 minutes, turning after 5 minutes, until cookies begin to turn golden brown. Immediately remove from cookie sheet to wire rack.

Cool completely. Dip ends of cookies into melted chocolate. Place on waxed paper until chocolate is firm.

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Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
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Mark a line lengthwise down center of dough.
Fold long sides toward center line, leaving $1 / 4$ inch at center.
Fold dough in half lengthwise to form strip.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

## Description:

"This fun-to-make treat, made with frozen puff pastry, means "palm
leaves" in French.'
Copyright:
"@ General Mil1s, Inc. 1998.'
Yield:
"30 Cookies"

Per serving: 63 Calories (kcal); 3g Total Fat; (48\% calories from fat); 1g Protein; 8g Carbohydrate; Omg Cholesterol; 21mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Puff Pastry
Puff pastry is a great product to keep on hand in your freezer. Besides being used for making cookies, it can be used for making strude1s, tart she11s and pastry-wrapped appetizers or entrées.
Nutr. Assoc. : 02691101353

* Exported from MasterCook *

Pastel Mint Drops
Recipe By
Serving Size
S
60 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $-3 / 4$ | cup | sugar |
| $1 / 2$ | cup | vegetable oil |
| 2 |  | eggs |
| 1 | teaspoon | vanilla |
| 2 | cups | all-purpose flour |
| 2 | teaspoons | baking powder |
| $1 / 2$ | teaspoon | salt |
| $1 / 2$ | cup | chopped party mints (pastel mint candies) |

Heat oven to $375^{\circ}$. Beat sugar, oil, eggs and vanilla in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Stir in candies.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookie sheet. Bake 8 to 10 minutes or until edges are light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"@ General Mil1s, Inc. 1998."
Yield:
"60 Cookies"

Per serving: 52 Calories (kcal); 2g Total Fat; (37\% calories from fat); 1g Protein; 7 g Carbohydrate; 6 mg Cholesterol; 36 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Pastel mint candies are those little pillow-shaped mints that come in very light, pastel shades of pink, yellow and green. They are commonly served at bridal and baby showers and weddings along with mixed nuts. Look for them in the candy aisle in your supermarket.

Chop the mints quickly by using a food processor, or place mints in a resealable plastic bag and pound gently with a rolling pin until they look coarsely chopped.
Nutr. Assoc. : 00321800005866

```
* Exported from MasterCook *
```


## Peach Triangles

```
Serving Size : 48 Preparation Time :0:00
```

Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | shortening |
| 2 |  | eggs |
| 2 | cups | al1-purpose flour |
| 1 1/2 | teaspoons | baking powder |
| 1/4 | teaspoon | salt |
|  |  | Peach Filling -- (recipe follows) |
|  |  | Sugar |
|  |  | PEACH FILLING |
| 2/3 | cup | peach preserves |
| 1/2 | cup | finely chopped dried peaches |

Heat oven to $375^{\circ}$. Beat 1 cup sugar, the shortening and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Prepare Peach Filling.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Ro11 half of dough at a time $1 / 8$ inch thick on lightly floured cloth-covered surface. Cut into 3 -inch rounds. Place 1 leve 1 teaspoon filling on center of each round. Bring three sides of each round together at center to form triangle. Pinch edges together to form 3 slight ridges. Place on ungreased cookie sheet. Sprinkle with sugar. Bake 9 to 12 minutes or until golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

PEACH FILLING:
Mix ingredients until spreadable.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker \({ }^{\circledR}\) Recipe.
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is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\)
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "© General Mills, Inc. 1998."
Yield:
    "48 Cookies"
```

Per serving: 72 Calories (kcal); 2g Total Fat; (29\% calories from fat); 1g
Protein; 12g Carbohydrate; 8mg Cholesterol; 31mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Cookie Tips
When using fruit preserves as a filling, the thicker the better to
prevent the filling from running out while the cookies are baking.
Make It Your way
Cherry Triangles are a special treat for Valentine's Day.
Substitute cherry preserves for the peach.
Nutr. Assoc. : 003218000213070654300003137

* Exported from MasterCook *
Peanut Butter and Jam Bars
Recipe By : 32 Preparation Time :0:00
Categories : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | :--- | :--- |
| $1 / 2$ | cup | granulated sugar |
| $1 / 2$ | cup | packed brown sugar |
| $1 / 2$ | cup | shortening |
| $1 / 2$ | cup | peanut butter |
| 1 | egg |  |
| $1 / 4$ | cups | all-purpose flour |
| $3 / 4$ | teaspoon | baking soda |
| $1 / 2$ | teaspoon | baking powder |
| $1 / 2$ | cup | red raspberry jam |
|  |  | Vanilla Drizzle -- (recipe follows) |
|  |  | VANILLA DRIZZLE |

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    tablespoons butter or margarine
            cup powdered sugar
        teaspoon vanilla
        teaspoons hot water (3 to 4 teaspoons)
```

Heat oven to $350^{\circ}$. Beat sugars, shortening, peanut butter and egg in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and baking powder.

Reserve 1 cup dough. Press remaining dough in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Spread with jam. Crumble reserved dough and sprinkle over jam; gently press into jam. Bake 20 to 25 minutes or until golden brown. Cool completely. Drizzle with Vanilla Drizzle. Cut into 8 rows by 4 rows.

VANILLA DRIZZLE:
Me7t butter in 1-quart saucepan over low heat; remove from heat. Stir in powdered sugar and vanilla. Stir in hot water, 1 teaspoon at a time, until smooth and thin enough to drizzle.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Copyright:
    '@ Genera1 Mil1s, Inc. 1998."
Yield:
    "32 Bars"
```

Per serving: 131 Calories (kcal); 6 g Total Fat; (41\% calories from fat); 2g
Protein; 18g Carbohydrate; 6 mg Cholesterol; 70 mg Sodium
Food Exchanges: 1/2 Grain'(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1
Other Carbohydrates
Serving Ideas : Everyone will like these cookies when served with a glass of
milk for the kids and a cup of coffee for the adults.
NOTES : "I Don't Have That"
Feel free to use whichever preserve you have on hand. Kids would
love these bars with grape jelly. In fact, any jam, jelly or
preserve will work.
Nutr. Assoc. : 0000000046842130706543004098001582

* Exported from MasterCook *
Peanut Butter and Jelly Bars
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 32 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 4 Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :--- | :--- |
| -1 | package | Betty Crocker ${ }^{\circledR}$ SuperMoist French vanilla <br> cake mix |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    1/2 cup butter or margarine -- softened
    (12 ounce) jar strawberry jelly (about 1 cup)
    (10 ounce) package peanut butter chips
```

Heat oven to $375^{\circ}$. Grease rectangular pan, $13 \times 9 \times 2$ inches. Mix cake mix (dry), butter and egg in large bowl with spoon (mixture will be stiff). Press evenly in pan, flouring fingers if necessary.

Microwave jelly in microwavable bowl uncovered on Medium (50\%) 1 minute. Spread evenly over mixture in pan to within $1 / 2$ inch of edges. Sprinkle peanut butter chips over jelly.

Bake 25 to 30 minutes or until golden brown around edges. Cool completely. Cut into 8 rows by 4 rows. For easier cutting, use sharp or wet knife.

Please note, if you should change this recipe it will no longer be an
approved Betty Crocker ${ }^{\oplus}$ Recipe.
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

## Description:

"Shake out the brown bag blues! Your kids will smile at lunchtime when
you include 1 or 2 of these yummy bars in their lunch bag." Copyright:
'@ General Mills, Inc. 1998.'
Yield:
"32 Bars"

Per serving: 167 Calories (kcal); 7g Total Fat; (35\% calories from fat); 2g Protein; 25g Carbohydrate; 6mg Cholesterol; 162mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 1/2 Other Carbohydrates

NOTES : "I Don't Have That"
Any flavor of jam, jelly or preserves can be used in this recipe. Nutr. Assoc. : 04098051484393

```
* Exported from MasterCook *
```


## Peanut Butter Cookies

Recipe By $\begin{aligned} & \text { Serving Size } \\ & \text { Se } \\ & \text { Sreparation Time :0:00 }\end{aligned}$
Categories : Chapter 5

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $1 / 2$ | cup | granulated sugar |
| $1 / 2$ | cup | packed brown sugar |
| $1 / 2$ | cup | peanut butter |
| $1 / 4$ | cup | butter or margarine -- softened |
| $1 / 4$ | cup | shortening |
| 1 |  | egg |
| $1 / 4$ | cups | all-purpose flour |
| $3 / 4$ | teaspoon | baking soda |
| $1 / 2$ | teaspoon | baking powder |
| $1 / 4$ | teaspoon | salt |

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Granulated sugar

Heat oven to $375^{\circ}$. Beat $1 / 2$ cup granulated sugar, the brown sugar, peanut butter, butter, shortening and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda, baking powder and salt.

Shape dough into 1 1/4-inch balls. Place about 3 inches apart on ungreased cookie sheet. Flatten slightly in crisscross pattern with fork or potato masher dipped into granulated sugar. Bake 9 to 10 minutes or until light brown. Cool 5 minutes; remove from cookie sheet to wire rack.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by Mastercook
is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\)
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Description:
    "Good, ol'-fashioned peanut butter cookies are an enduring favorite."
Copyright:
    "© General Mil1s, Inc. 1998.'
Yield:
    "30 Cookies"
```

Per serving: 102 Calories (kcal); 6 g Total Fat; ( $48 \%$ calories from fat); 2 g
Protein; 12g Carbohydrate; 6 mg Cholesterol; 99mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
For even more peanut butter flavor, check out our Rich Peanut
Butter Chip Cookies variation below or Peanut Butter Hidden
Middles (see recipe).
Either smooth or chunky peanut butter can be used for these
cookies. The difference between the two is the amount of
processing. Smooth peanut butter is processed until no peanut
pieces remain.
Make It Your way
To make Rich Peanut Butter Chip Cookies, omit granulated sugar and
use all brown sugar ( 1 cup) and omit shortening and use all butter
( $1 / 2$ cup total). After you stir in the flour, baking soda, baking
powder and salt, stir in 1 cup peanut butter' chips. Shape dough
into balls as directed. Dip tops of balls into sugar but do not
flatten. Bake as directed.
Nutr. Assoc. : 00040980000000

* Exported from MasterCook *
Peanut Butter Hidden Middles
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 36 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 5 Hand-Shaped \& Pressed Cookies
Amount Measure Ingredient -- Preparation Method

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
    1/3
```

1
36
12
12
(1 pound 1.5 ounce) pouch Betty Crocker ${ }^{\circledR}$ peanut butter cookie mix cup vegetable oil egg miniature marshmallows one-inch chocolate-covered peanut butter cup candies chocolate-covered peanut-buttery candy balls (about $1 / 2$ inch in diameter) Sugar

Heat oven to $375^{\circ}$. Empty cookie mix into large bowl. Break up lumps in mix with spoon. Stir in oil and egg until soft dough forms.

Divide dough into thirds. Shape one-third dough by tablespoonfuls around 3 miniature marshmallows. Shape one-third dough by tablespoonfuls around 1 peanut butter cup. Shape one-third dough by tablespoonfuls around 1 candy ba11. Rol1 each bal1 in sugar. Place about 2 inches apart on ungreased cookie sheet. Bake 7 to 9 minutes or until 1ight golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Description:
"Kids of all ages will love finding a "hidden" surprise in the middle
of these cookies. Starting with a cookie mix makes it so convenient."
Copyright:
"© General Mills, Inc. 1998."
Yie1d:
"36 Cookies"

Per serving: 111 Calories (kcal); 6 g Total Fat; (45\% calories from fat); 2g Protein; 13g Carbohydrate; 5 mg Cholesterol; 80 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
Don't be tempted to use a large marshmallow in place of the miniature marshmallows we call for. In our testing, the large marshmallow melted and broke through the cookie dough onto the sheet, causing a sticky situation!
Nutr. Assoc. : 595300092712458790

* Exported from MasterCook *

Peanut Butter Swir1 Brownies

```
Recipe By : }16\mathrm{ Preparation Time :0:00
```

Categories : Chapter 2

Super Bars and Brownies

| Amount | Measure |
| ---: | :--- |
| $2 / 3$ | cup |
|  | Ingredient -- Preparation Method <br> granulated sugar <br> Page 179 |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    1/2 cup packed brown sugar
    1/2 cup butter or margarine -- softened
2
    tablespoons milk
    3/4 cup al1-purpose flour
    1/2 teaspoon baking powder
    1/4 teaspoon salt
    1/4 cup creamy peanut butter
    1/3 cup peanut butter chips
    1/3 cup baking cocoa
    1/3 cup semisweet chocolate chips
```

Heat oven to $350^{\circ}$. Grease square pan, $9 \times 9 \times 2$ inches. Beat sugars, butter, milk and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt. Divide batter in half (about 1 cup plus 2 tablespoons for each half). Stir peanut butter and peanut butter chips into one half. Stir cocoa and chocolate chips into remaining half.

Spoon chocolate batter into pan in 8 mounds in checkerboard pattern. Spoon peanut butter batter between mounds of chocolate batter. Gently swirl through batters with knife for marbled design.

Bake 30 to 35 minutes or unti 1 toothpick inserted in center comes out clean. Cool completely. Cut into 4 rows by 4 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Yield:
"16 Brownies"

Per serving: 203 Calories (kcal); 11g Total Fat; (45\% calories from fat); 4g Protein; 25 g Carbohydrate; 24 mg Cholesterol; 154 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
```

    The "hills" created when the knife is drawn through the batter to
    make a swirl effect level off while the brownies bake.
    "I Don't Have That"
    No peanut butter chips on hand? Butterscotch will work just as
    we1l and taste great too.
    Nutr. Assoc. : 0040980321800026964439327274886

* Exported from MasterCook *
Peanut Butter-Brickle Chip Bars
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 60 \quad \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 4 Fix 'Em with a Mix

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Amount Measure
    *------ -----------
        Ingredient -- Preparation Method
                            Betty Crocker® SuperMoist yellow cake mix
                                crunchy peanut butter
                                water
    2 (6 ounce) packages almond brickle chips or toffee chips with
        (6 ounce) packages almond brick
        (12 ounce) package semisweet chocolate chips (2 cups)
Heat oven to 350'. Grease and flour jelly roll pan, 15 1/2 < 10 1/2 < 1
inch. Mix cake mix (dry), peanut butter, water and eggs in large bowl with
spoon. Stir in almond brickle chips. Spread evenly in pan.
Bake 20 to 25 minutes or until golden brown. Immediately sprinkle chocolate chips over hot bars. Let stand about 5 minutes or until chips are melted; spread evenly. Cool completely. Cut into 10 rows by 6 rows.
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"@ Genera1 Mi11s, Inc. 1998."
Yield:
"60 Bars"

Per serving: 119 Calories (kcal); 6 g Total Fat; ( $46 \%$ calories from fat); 2 g Protein; 15g Carbohydrate; 12 mg Cholesterol; 88 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
Almond brickle chips can become rancid, so be sure to do a
"taste-test" before adding them to your recipe. Store brickle
chips in the freezer to prevent them from becoming rancid.
There's a handy little tool called an offset spatula or spreader. The "spreader" part has a bend in it, making it very easy to frost bars in pans. This little gem is inexpensive and can be found in large department stores or specialty cookware stores.
Nutr. Assoc. : 029950321852894886

* Exported from MasterCook *

Peanut Butter-Chocolate Chip Cookies
Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Se } \\ & 54 \\ & \text { Preparation Time }: 0: 00\end{aligned}$
Categories $\quad$ : Chapter 4 Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker® <br> BuperMoist devi1's food or <br> white cake mix |
| $1 / 3$ | cup | water |
| $1 / 4$ | cup | butter or margarine -- softened |
|  | Page 181 |  |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
        3/4 cup peanut butter
    2 eggs
1 (12 ounce) package semisweet chocolate chips (2 cups)
```

Heat oven to $375^{\circ}$. Beat half of the cake mix (dry), the water, butter, peanut butter and eggs in large bowl with electric mixer on medium speed until smooth, or mix with spoon. Stir in remaining cake mix and the chocolate chips.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 8 to 10 minutes (centers will be soft). Cool 1 minute; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Description:
"Cake mix cookies tend to be sweeter than cookies made from scratch." Copyright:
"© General Mills, Inc. 1998.'
Yield:
"54 Cookies"

Per serving: 99 Calories (kcal); 5g Total Fat; (45\% calories from fat); 2g Protein; 13g Carbohydrate; 7 mg Cholesterol; 101mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

```
NOTES : Make It Your Way
    Making these cookies into a pan of Peanut Butter- Chocolate Chip
    Bars is easy: Grease and flour a jelly roll pan, 15 1/2 < 10 1/2 x
    1 inch and spread dough in the pan. Bake about 20 minutes. Cool
    completely. Cut into }6\mathrm{ rows by }5\mathrm{ rows.
```

Nutr. Assoc. : 89004098032184886

* Exported from MasterCook *
Peanut Butter-Marshmal1ow Treats
Recipe By
Serving Size
S
36 Preparation Time :0:12
Categories : Chapter 8 Special Cookies/Special Diets

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 32 | 1arge | marshmallows |
|  |  | OR |
| 3 | cups | miniature marshmallows |
| 1/4 | cup | butter or margarine |
| 1/2 | teaspoon | vanilla |
| 5 | cups | Reese's ${ }^{\circledR}$ Peanut Butter Puffs ${ }^{\circledR}$ cereal |

Spray square pan, $9 \times 9 \times 2$ inches, with cooking spray. Heat marshmallows and butter in 3-quart saucepan over low heat, stirring constantly, until

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt marshmallows are melted and mixture is smooth; remove from heat. Stir in vanilla.

Stir in half of the cereal at a time until evenly coated. Press in pan; coo1. Cut into 6 rows by 6 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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## Description:

"Not only are these treats eggless, but they're low in fat too!"
Copyright:
"© General Mills, Inc. 1998."
Yie1d:
"36 Squares"

Per serving: 44 Calories (kcal); 2g Total Fat; (37\% calories from fat); 1g Protein; 7g Carbohydrate; Omg Cholesterol; 49mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; $1 / 2$ Other Carbohydrates

NOTES : Make It Your way
Just for fun, roll the cereal mixture into balls instead of putting it into a pan.
Nutr. Assoc. : 21307065430040980901

```
* Exported from MasterCook *
```


## Pecan Crisps

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 48 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 6
Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 2 | cups | sugar |
| cup | very finely chopped pecans |  |
| $1 / 4$ | cup | butter or margarine -- softened |
| 1 |  | teaspoon |
| 2 | vanil1a |  |
| 2 | $1 / 4$ | eggs |
| 2 | $1 / 2$ | teaspoons |

Heat oven to $375^{\circ}$. Mix sugar and pecans in large bow 7 ; reserve $3 / 4$ cup. Beat butter, vanilla and eggs into remaining sugar mixture with electric mixer on low speed, or mix with spoon. Stir in flour, baking powder and salt.

Ro11 dough into rectangle, $18 \times 13$ inches, on lightly floured surface. Sprinkle with reserved sugar mixture. Press sugar mixture into dough with rolling pin. Cut dough diagonally every 2 inches in both directions with pastry whee 1 or knife to form diamonds. Place about 2 inches apart on ungreased cookie sheet. Bake 8 to 10 minutes or until golden brown. Immediately remove from cookie sheet to wire rack.

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yie7d:
"48 Cookies"

Per serving: 80 Calories (kcal); 3g Total Fat; (30\% calories from fat); 1g Protein; 13 g Carbohydrate; 8 mg Cholesterol; 54 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
You have several surface choices when rolling out cookie dough. You can use your countertop, a large cutting board, a marble siab, a pastry cloth or waxed paper.
"I Don't Have That"
Out of pecans? Make Almond Crisps by substituting finely chopped almonds and almond extract for the pecans and vanilla extract.
Nutr. Assoc. : 020148409803218000

```
* Exported from MasterCook *
```

                                    Pecan Pie Squares
    Recipe By :
Serving Size : 60 Preparation Time :0:00
Categories : Chapter 2

Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 3 | cups | all-purpose flour |
| 3/4 | cup | butter or margarine -- softened |
| 1/3 | cup | sugar |
| 1/2 | teaspoon | salt Pecan Filling -- (recipe follows) |
|  |  | PECAN FILLING |
| 4 |  | eggs -- slightly beaten |
| $11 / 2$ | cups | sugar |
| 1 1/2 | cups | corn syrup |
| 3 | tablespoons | butter or margarine -- melted |
| 1 1/2 | teaspoons | vanilla |
| $21 / 2$ | cups | chopped pecans |
| Heat oven to $350^{\circ}$. Grease jelly roll pan, $151 / 2 \times 101 / 2 \times 1$ inch. Beat flour, butter, sugar and salt in large bowl with electric mixer on low speed until crumbly (mixture will be dry). Press firmly in pan. Bake about |  |  |
|  |  |  |
|  |  |  |
| 20 minute | s or until lig | ht golden brown. |
| Pour Filling over baked layer; spread evenly. Bake about 25 minutes or until filling is set. Cool completely. Cut into 10 rows by 6 rows. |  |  |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
PECAN FILLING:
Mix all ingredients except pecans in large bow1 until we11 blended. Stir in pecans.
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

## Description:

"A real Southern-style taste treat-the flavor of pecan pie without
having to roll out the dough!"
Copyright:
"@ General Mil1s, Inc. 1998.'
Yie1d:
"60 Squares"
T(Bake):

Per serving: 133 Calories (kcal); 7g Total Fat; (42\% calories from fat); 1g Protein; 18g Carbohydrate; 12 mg Cholesterol; 65mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES : Make It Your Way
Walnut Pie Squares are just as delicious and are made by substituting walnuts for the pecans.
Nutr. Assoc. : 04098002130706543003218004098020148

```
* Exported from MasterCook *
```


## Pineapple Puffs

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 78 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | sour cream |
|  |  |  |
| 1/2 | cup | plain yogurt |
| 1 |  | egg |
| 1 | (8 ounce) can | crushed pineapple in juice -- undrained |
| $31 / 2$ | cups | al1-purpose flour |
| 1 | teaspoon | baking soda |
| 1 | teaspoon | vanil7a |
| 1/2 | teaspoon | salt |
| 1/2 | cup | chopped almonds |
| 1/2 | cup | Vanilla Glaze -- (recipe follows) |
|  |  | VANILLA GLAZE |
| 2 | cups | powdered sugar |
| 1 | teaspoon | vanilla |
| 2 | tablespoons | milk (2 to 3 tablespoons) |

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Heat oven to $375^{\circ}$. Beat sugar, butter, sour cream, egg and pineapple in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda, vanilla and salt. Stir in almonds.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 8 to 10 minutes or until almost no indentation remains when touched in center. Immediately remove from cookie sheet to wire rack. Cool completely. Spread with Vanilla Glaze.

VANILLA GLAZE:
Mix all ingredients until smooth and spreadable.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker \({ }^{\circledR}\) Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "@ General Mills, Inc. 1998."
Yield:
    "78 Cookies"
```

Per serving: 55 Calories (kcal); 2g Total Fat; (34\% calories from fat); 1g
Protein; 8 g Carbohydrate; 6 mg Cholesterol; 44 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0
Other Carbohydrates
NOTES : Cookie Tips
white glazes and frosting that call for milk will look whiter and
less translucent if you use whole milk, half-and-half or cream.
Make It Your Way
To make Coconut Pineapple Puffs, substitute $1 / 2$ cup coconut for
the almonds in the cookie dough. To add to the tropical flavor,
substitute rum extract for the vanilla in both the cookie and
glaze.
Nutr. Assoc. : 2130706543222002130706543000000200202130706543
00004039

* Exported from MasterCook *
Pistachio-Chocolate Checkers
Recipe By $\begin{aligned} & \text { Berving Size } \\ & \text { Sereparation Time }: 0: 00\end{aligned}$
Categories : Chapter 5

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $-11 / 2$ | cups | powdered sugar |
| 1 | cup | butter or margarine -- softened |
| 1 |  | egg |
| 2 | $2 / 3$ | cups |
| all-purpose flour |  |  |
| $1 / 4$ | teaspoon | salt |
| 1 | $1 / 4$ | cup |
|  | tablespoon | milk cocoa |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    1/4 cup finely chopped pistachio nuts
2 drops g
```

Beat powdered sugar, butter and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt. Divide dough in half. Stir cocoa and milk into one half. Stir nuts and food color into other half.

Pat chocolate dough into rectangle, $6 \times 5$ inches. Cut crosswise into 8 strips, $3 / 4$ inch wide. Repeat with pistachio dough. Place 2 strips of each color of dough side by side, alternating colors. Top with 2 strips of each dough, alternating colors to create checkerboard. Gently press strips together. Repeat with remaining strips to make second rectangle. Wrap and refrigerate about 2 hours or until firm.

Heat oven to $375^{\circ}$. Cut rectangles crosswise into $1 / 4$-inch slices. Place about 1 inch apart on ungreased cookie sheet. Bake 8 to 10 minutes or until set. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© Genera1 Mil1s, Inc. 1998."
Yield:
"36 Cookies"
T(Chi11):
"2:00"

Per serving: 107 Calories (kcal); $6 g$ Total Fat; (47\% calories from fat); 1g Protein; 13g Carbohydrate; 5mg Cholesterol; 76 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates

```
NOTES : Pistachios
    Pistachios are the greenish nuts of an Eurasian tree that is part
    of the cashew family.
    "I Don't Have That"
    When there aren't any pistachios in your cupboard, replace them
    with pecans and eliminate the green food coloring.
```

Nutr. Assoc. : 040980002727011392130706543

* Exported from MasterCook *
Pizzelles
Recipe By : 42 Preparation Time :0:00
Categories : Celebrate with Cookies Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :--- | :--- | :--- |
| -2 | cups | al1-purpose flour |
| 1 | cup | sugar |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    3/4 cup butter or margarine -- melted and cooled
    tablespoon anise extract
                        OR
                                vanil1a
                        eggs -- slightly beaten
```

Heat pizzelle iron according to manufacturer's directions. Mix all ingredients in a medium bow1. Drop 1 tablespoon batter onto heated pizzelle iron; close. Cook about 30 seconds or until golden brown. Carefully remove pizzelle from iron. Cool on wire rack. Repeat for each cookie.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker \({ }^{\circledR}\)
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Description:
    "These Italian cookies are wafer-thin and lightly flavored with anise.
    They are cooked in a hot pizzelle iron, also known as a "cialde"
    iron."
Copyright:
    "© Genera1 Mi11s, Inc. 1998."
Yield:
    "42 Cookies"
```

Per serving: 76 Calories (kcal); 4 g Total Fat; (44\% calories from fat); 1g
Protein; 9g Carbohydrate; 18mg Cholesterol; 44mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Cookie Tips
If you work quickly, pizzelles can be rolled into a cone shape and
used as ice-cream cones. Or if you prefer, roll the cookies into
cylinders and fill with pastry or whipped cream.
Nutr. Assoc. : 0040982130706543003218

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* Exported from MasterCook *
```

    Poppy Drop Cookies
    Recipe By
Serving Size
$\vdots$ $24 \quad$ Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1 | cup | butter or margarine -- softened |
| 1 |  | egg purpose flour |
| $13 / 4$ | cups | al1-purpose flour |
| 1 | teaspoon | poppy seed |
| 1/4 | teaspoon | salt Poppy Seed Glaze -- (recipe follows) |
| 1 1/2 | cups | POPPY SEED GLAZE powdered sugar |
|  |  | Page 188 |

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt tablespoons milk teaspoon poppy seed 1/2 teaspoon vanilia

Heat oven to $375^{\circ}$. Beat sugar, butter and egg in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, poppy seed, baking powder and salt.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until edges are golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely. Drizzle with Poppy Seed Glaze.
POPPY SEED GLAZE:
Mix all ingredients until smooth.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"24 Cookies"

Per serving: 171 Calories (kcal); 8 g Total Fat; ( $43 \%$ calories from fat); 1 g Protein; 23 g Carbohydrate; 8 mg Cholesterol; 135 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates
NOTES : Cookie Tips
If you're not wild about poppy seeds, just leave them out of the cookie dough and glaze. What you will have then is a nice little butter cookie with a vanilla glaze.

Poppy Seed
When you use poppy seeds in a recipe, you might find it interesting to know that it takes about 900,000 seeds to equal 1 pound! The tiny seeds come from the poppy plant.
Nutr. Assoc. : 040980011560021307065430000011560

```
* Exported from MasterCook *
```

> Pumpkin-spice Bars
Recipe By
Serving Size : $48 \quad$ Preparation Time :0:00
$\begin{array}{ll}\text { Serving Size } \\ \text { Categories } & \text { : Chapter 2 }\end{array}$

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 4 |  | eggs |
| 2 | cups | sugar |
| 1 | cup | vegetable oil |
| 1 | (15 ounce) can | pumpkin |
| 2 | cups | al1-purpose flour |
|  |  | Page 189 |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
        teaspoons baking powder
        teaspoons ground cinnamon
        teaspoon baking soda
    1/2 teaspoon salt
    1/2 teaspoon ground ginger
    1/4 teaspoon ground cloves
1
    1/2 cup chopped nuts
                                    CREAM CHEESE FROSTING
    (3 ounce) package cream cheese -- softened
    1/3 cup butter or margarine -- softened
        teaspoon vanilla
        cups powdered sugar
Heat oven to 350'. Grease jelly roll pan, 15 1/2 < 10 1/2 < 1 inch. Mix
eggs, sugar, oil and pumpkin in large bowl with spoon. Stir in flour,
baking powder, cinnamon, baking soda, salt, ginger and cloves. Stir ín
raisins.
Spread batter in pan. Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool completely. Frost with Cream Cheese Frosting. Sprinkle with nuts. Cut into 8 rows by 6 rows. Store covered in refrigerator.
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected

Description:
"A17 the spices of pumpkin pie in a wonderfully moist bar."
Copyright:
"© General Mills, Inc. 1998."
Yie1d:
"48 Bars"

Per serving: 155 Calories (kcal); 8 g Total Fat; (43\% calories from fat); 2g Protein; 21g Carbohydrate; 18mg Cholesterol; 94mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
Keep the bars moist by storing in a tightly covered container.
"I Don't Have That"
Use $21 / 2$ teaspoons pumpkin pie spice instead of cinnamon, ginger and cloves.
Nutr. Assoc. : $\begin{aligned} & 3218 \\ & 0\end{aligned}$

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* Exported from MasterCook *
```

Raspberry Logs
Recipe By $\begin{aligned} & \text { Serving Size } \\ & \text { Se } \\ & \text { Separation Time }: 0: 00\end{aligned}$ Categories : Chapter 6

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | granulated sugar |
| 1/2 | cup | butter or margarine |
| 1/4 | cup | shortening |
| 2 | teaspoons | vanilla |
| 2 |  | eggs |
| 2 1/4 | cups | al1-purpose flour |
| 1/2 | cup | ground walnuts |
| 1 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| 1/2 | cup | raspberry preserves |
|  |  | Powdered sugar |

Beat granulated sugar, butter, shortening, vanilla and eggs in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in flour, walnuts, baking powder and salt. Cover and refrigerate about 3 hours or until firm.

Heat oven to $375^{\circ}$. Ro11 half of dough at a time into 12 -inch square on floured cloth-covered surface. Cut into rectangles, $2 \times 3$ inches. Spoon $1 / 2$ teaspoon preserves along one 3 -inch side of each rectangle to within $1 / 4$ inch of edge. Fold dough over preserves, beginning at 3 -inch side. Seal edges with fork. Place on ungreased cookie sheet. Bake 8 to 10 minutes or until light brown. Remove from cookie sheet to wire rack. Roll in powdered sugar while warm.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998.'
Yield:
"48 Cookies"
T(Chi11):

Per serving: 81 Calories (kcal); 4 g Total Fat; (41\% calories from fat); 1g Protein; 11g Carbohydrate; 8 mg Cholesterol; 47 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Cookie Tips
Dust the dough, rolling pin and work surface with just enough flour to keep the dough from sticking because excess flour makes cookies tough. Dough that is very sticky can be rolled between sheets of waxed paper.
"I Don't Have That"
You can easily replace raspberry preserves with strawberry preserves, and if you prefer pecans, use them instead of walnuts.
Nutr. Assoc. : 040980032180267860046840

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* Exported from MasterCook *
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Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Raspberry-Chocolate Bars

Recipe By :
Serving Size : 48 Preparation Time :0:00
Categories : Chapter 8

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | all-purpose flour |
| 3/4 | cup | sugar |
| 3/4 | cup | butter or margarine -- softened |
| 1 | (10 ounce) pac | ckage frozen sweetened raspberries -- thawed and |
| undrained |  |  |
| 1 1/ | tablespoon | orange juice cornstarch |
| 3/4 | cup | miniature semisweet chocolate chips |

Heat oven to $350^{\circ}$. Beat flour, sugar and butter with electric mixer on medium speed, or mix with spoon. Press in bottom of ungreased rectangular pan, $13 \times 9 \times 2$ inches. Bake 15 minutes.

Mix raspberries, orange juice and cornstarch in 1-quart saucepan. Heat to boiling, stirring constantly. Boil and stir 1 minute. Cool 10 minutes. Sprinkle chocolate chips over baked layer. Spoon raspberry mixture over chocolate chips; spread carefully.

Bake about 20 minutes or until raspberry mixture is set. Refrigerate until chocolate is firm. Cut into 8 rows by 6 rows.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"48 Bars"
T(Bake):
0:30"

Per serving: 76 Calories (kcal); $4 g$ Total Fat; (44\% calories from fat); 1g Protein; 10g Carbohydrate; 0mg Cholesterol; 34 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; $1 / 2$ Other Carbohydrates

NOTES : Cookie Tips
As melted chocolate becomes firm, it loses its shine and becomes more dul1, but it stil1 tastes yummy.

Make It Your Way
For a tangy kick, try Cran-Raspberry-Chocolate Bars. Substitute cranberry juice for the orange juice.
Nutr. Assoc. : 004098123300741

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* Exported from MasterCook *
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
Serving Size : 24 Preparation Time :0:00
```

Categories : Chapter 4 Fix 'Em with a Mix

| Amount |  | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker® ${ }^{\circledR}$ SuperMoist milk chocolate cake mix |
| 1/2 | cup | butter or margarine -- melted |
| 1/4 | cup | packed brown sugar |
| 1/3 | cup | water |
| 2 |  | eggs |
| 1 | cup | chopped nuts |
| 3 | cups | miniature marshmallows |
| 1/3 | cup | Betty Crocker® Rich \& Creamy chocolate ready-to-spread frosting |

Heat oven to $350^{\circ}$. Grease and flour rectangular pan, $13 \times 9 \times 2$ inches. Mix half of the cake mix (dry), the butter, brown sugar, water and eggs in large bow 1 with spoon until smooth. Stir in remaining cake mix and the nuts. Spread in pan.

Bake 20 minutes; sprinkle with marshmallows. Bake 10 to 15 minutes or until marshmallows are puffed and golden.

Microwave frosting in microwavable bow7 uncovered on High 15 seconds. Drizzle over bars. Cool completely. For easier cutting, use plastic knife dipped in hot water. Cut into 6 rows by 4 rows.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "24 Bars"
```

Per serving: 198 Calories (kcal); 10g Total Fat; (42\% calories from fat); 3g
Protein; 27 g Carbohydrate; 16 mg Cholesterol; 209mg Sodium
Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1 1/2 Other Carbohydrates

```
NOTES : Make It Your Way
    Expect rave reviews when you make Chocolate-Chip Rocky Road Bars.
    Sprinkle 1 cup semisweet chocolate chips on the bars before
    sprinkling with the marshmallows. Continue as directed.
    "I Don't Have That"
    Devil's food, German chocolate or chocolate fudge flavors can be
    substituted for the milk chocolate flavored mix.
Nutr. Assoc. : 0 4098 0 0 3218 0 4150 1163 0
```

* Exported from MasterCook *

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Rocky Road Cookies

Recipe By
Serving Size
S 48 Preparation Time :0:00
Categories $\quad$ : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | semisweet chocolate chips |
| 1/2 | cup | butter or margarine |
| $11 / 2$ | cups | al1-purpose flour |
| 1 | cup | sugar |
| 1/2 | teaspoon | baking powder |
| 1/2 | teaspoon | vanil7a |
| 1/4 | teaspoon | salt |
| 2 |  | eggs |
| 1 | cup | chopped nuts |
| 48 |  | (about) miniature marshmallows |

Me7t $1 / 2$ cup of the chocolate chips and the butter in 1-quart saucepan over low heat, stirring occasionally, until smooth; remove from heat. Cool slightly.

Heat oven to $400^{\circ}$. Mix melted chocolate mixture, flour, sugar, baking powder, vanilla, salt and eggs in large bowl with spoon. Stir in nuts and remaining $1 / 2$ cup chocolate chips.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Press 1 marshmallow into center of each cookie. Bake 8 to 12 minutes or until almost no indentation remains when touched in center. Immediately remove from cookie sheet to wire rack.

```
approved Betty Crocker \({ }^{\circledR}\) Recipe. are expected.
Copyright:
"© General Mil1s, Inc. 1998.'
Yield:
"48 Cookies"
```

Please note, if you should change this recipe it will no longer be an

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results

Per serving: 87 Calories (kcal); 5 g Total Fat; (47\% calories from fat); 1g Protein; 11g Carbohydrate; 8mg Cholesterol; 42mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Beginner cookie makers can help with this recipe by pressing the marshmallows into the cookie dough.

Make It Your way
Try using colored or the fun seasonal-shaped miniature marshmallows in place of the little white ones.
Nutr. Assoc. : 4886409800000321804150

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* Exported from MasterCook *
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Rolled Sugar Cookies

Recipe By :
Serving Size : 60 Preparation Time :0:00
Categories : Chapter 4
Fix 'Em with a Mix

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker® ${ }^{\text {® }}$ SuperMoist yellow cake mix |
| 1/2 | cup | shortening |
| 1/3 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla, almond extract or 1emon extract |
| 1 |  | egg |

Heat oven to $375^{\circ}$. Beat half of the cake mix (dry), the shortening, butter, vanilla and egg in large bowl with electric mixer on medium speed until smooth, or mix with spoon. Stir in remaining cake mix.

Divide dough into 4 equal parts. Roll each part $1 / 8$ inch thick on lightly floured cloth-covered surface with cloth-covered rolling pin. Cut into desired shapes; sprinkle with sugar. Place 2 inches apart on ungreased cookie sheet.

Bake 5 to 7 minutes or until light brown. Cool slightly; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"60 Cookies"

Per serving: 59 Calories (kcal); 3g Total Fat; (50\% calories from fat); trace Protein; 7 g Carbohydrate; 3 mg Cholesterol; 67 mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
To make the Southwestern-style blankets, cut dough into $21 / 2 \times 4$ $1 / 2$-inch rectangles. Press fork on each end of rectangle to create fringe. Sprinkle unbaked dough with colored sugar to form designs. Add more designs after cookies are completely cooled by using tubes of colored gels.

Make your own colored granulated sugar! Put $1 / 4$ to $1 / 2$ cup granulated sugar into a resealable plastic bag and add 1 to 3 drops of desired food color; seal bag. "Smoosh," or knead, the bag around until all of the sugar is tinted.
Nutr. Assoc. : 004098540300

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* Exported from MasterCook *
```


## Rosettes

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
Serving Size : 24 Preparation Time :0:00
```

Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | tablespoon | granulated sugar |
|  | teaspoon | salt |
| 1111 |  | egg |
|  | cup | al1-purpose flour |
|  | cup | water |
|  |  | OR |
|  | cup | milk |
| 1 | tablespoon | vegetable oil |
|  |  | Vegetable oil |
|  |  | Rosette Glaze -- (recipe follows) OR |
|  |  | Powdered sugar |
| 1 1/2 | cups | ROSETTE GLAZE powdered sugar |
| 3 | tablespoons | milk |
| 1/2 | teaspoon | grated orange or 1emon peel |
|  |  | OR |
| 1/2 | teaspoon | vanilla <br> OR |
| 1/4 | teaspoon | almond extract |
|  |  | Food color, if desired |

Beat granulated sugar, salt and egg in deep 1 1/2-quart bowl with electric mixer on medium speed. Beat in flour, water and 1 tablespoon oil until smooth. Heat oil (2 to 3 inches) in 3 -quart saucepan over medium-high heat to $400^{\circ}$.

Heat rosette iron before making each cookie by placing in hot oil 1 minute. Tap excess oil from iron onto paper towel. Dip hot iron into batter just to top edge (do not go over top). Fry about 30 seconds or until golden brown. Immediately remove rosette. Invert onto paper towel to cool. Just before serving, dip rosettes into Rosette Glaze, or sprinkle with powdered sugar.

ROSETTE GLAZE:
Mix all ingredients until smooth.

[^29]Page 196

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Other Carbohydrates

NOTES : Cookie Tips
Be sure the rosette iron is hot enough or the batter will stick. Test the first rosette for crispness. If it isn't crisp enough, the batter is too thick; stir in a small amount of water or milk, about 1 or 2 tablespoons.

These delicate, lacy cookies are easily broken, so store them carefully in a loosely covered, flat container.
Nutr. Assoc. : 0 00000213070654300213070654300000000050 2130706543021307065432130706543

* Exported from MasterCook *

Rum-Raisin Sandwich Cookies
Recipe By : 36 Preparation Time :0:00
Categories: Chapter 1
Easy Drop Cookies

Chapter 5 Hand-Shaped \& Pressed Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | powdered sugar |
| 1 | cup | butter or margarine -- softened |
| 1 |  | egg |
| $21 / 4$ | cups | al1-purpose flour |
| 1/4 | teaspoon | cream of tartar |
| 1 | cup | raisins -- finely chopped <br> Rum Frosting -- (recipe follows) |
| 2 | cups | RUM FROSTING powdered sugar |
| 1/4 | cup | butter or margarine -- softened |
| 1/4 | teaspoon | rum extract |
| 2 | tablespoons | milk |

Beat powdered sugar, butter and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and cream of tartar. Stir in raisins. Divide dough in half. Shape each half into roll, 10 inches
long. wrap and refrigerate about 2 hours or until firm.
Heat oven to $375^{\circ}$. Cut rolls into $1 / 4$-inch slices. Place about 1 inch apart on ungreased cookie sheet. Bake 7 to 9 minutes or until set. Remove from cookie sheet to wire rack. Cool completely. Spread about 1 teaspoon frosting between bottoms of pairs of cookies.

## RUM FROSTING:

Mix all ingredients until smooth and spreadable.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
"36 Cookies"
T(Chi11):

Per serving: 138 Calories (kcal); 7g Total Fat; (41\% calories from fat); 1g Protein; 19g Carbohydrate; 5 mg Cholesterol; 77 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Serving Ideas : Create twice the taste sensation by serving these delicious cookies with rum raisin ice cream.

NOTES : Cookie Tips
To prevent "clumping," toss raisins with 1 tablespoon flour from
the recipe before adding to the dough.
Nutr. Assoc. : 0409800046802130706543000409800

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* Exported from MasterCook *
```


## Russian Tea Cakes

Recipe By
Serving Size
S 48 Preparation Time :0:00
Categories : Chapter 5 Hand-Shaped \& Pressed Cookies

| Amount | ure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | butter or margarine -- softened |
| 1/2 | cup | powdered sugar |
| 1 | teaspoon | vanilla |
| 2 1/4 | cups | al1-purpose flour |
| 1/4 | teaspoon | sa1t |
| 3/4 | cup | finely chopped nuts |

Heat oven to $400^{\circ}$. Beat butter, $1 / 2$ cup powdered sugar and the vanilla in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt. Stir in nuts.

Shape dough into 1-inch balls. Place about 2 inches apart on ungreased cookie sheet. Bake 8 to 9 minutes or until set but not brown. Immediately remove from cookie sheet; roll in powdered sugar. Cool completely on wire rack. Rol1 in powdered sugar again.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
"48 Cookies"

Per serving: 74 Calories (kcal); 5g Total Fat; (61\% calories from fat); 1g Protein; 6g Carbohydrate; Omg Cholesterol; 56mg Sodium

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
These rich little cookies are extra special when made with macadamia nuts.

Make It Your Way
Toasted Coconut Tea Cakes are a special treat for coconut lovers. Omit nuts and place $3 / 4$ cup coconut in an ungreased shallow pan. Bake uncovered at $350^{\circ}$ for 5 to 7 minutes, stirring occasionally, until golden brown. Allow coconut to cool before adding to dough.
Nutr. Assoc. : 4098000026770

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* Exported from MasterCook *
```


## Snickerdoodles

| Recipe By | $\vdots$ |
| :--- | :--- |
| Serving Size | $\vdots 48 \quad$ Preparation Time :0:00 |
| Categories | $:$ Chapter 5 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/4 | cup | sugar |
| 1 | tablespoon | ground cinnamon |
| 1 1/2 | cups | sugar |
| 1/2 | cup | shortening |
| 1/2 | cup | butter or margarine -- softened |
| 2 |  | eggs |
| $23 / 4$ | cups | a11-purpose flour |
| 2 | teaspoons | cream of tartar |
| 1 | teaspoon | baking soda |
| 1/4 | teaspoon | salt |

Heat oven to $400^{\circ}$. Mix $1 / 4$ cup sugar and the cinnamon; set aside. Beat 1
$1 / 2$ cups sugar, the shortening, butter and eggs in large bowl with
electric mixer on medium speed, or mix with spoon. Stir in flour, cream of
tartar, baking soda and salt.
Shape dough into 1 1/4-inch balls. Roll in sugar-cinnamon mixture. Place about 2 inches apart on ungreased cookie sheet. Bake about 10 minutes or until centers are almost set. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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## Description:

"Long ago, little cookies that could be made quickly were given the
nonsense name, Snickerdoodles."
Copyright:
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Yield:
"48 Cookies"
T(Bake):
"0:10"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
Per serving: 94 Calories (kcal); 4g Total Fat; (40% calories from fat); 1g
Protein; 13g Carbohydrate; 8mg Cholesterol; 62mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; O Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : "I Don't Have That"
    If your cinnamon container is empty, substitute 1 tablespoon apple
    pie spice.
Nutr. Assoc. : 0 0 0 0 4098 3218 0 0 0 0
```

* Exported from MasterCook *


## Snowflakes

Recipe By | Berving Size $: 42 \quad$ Preparation Time :0:00 |
| :--- |

Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 3 |  | eggs -- beaten |
| 2 | tablespoons | vegetable oil |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| $13 / 4$ | cups | a11-purpose flour (1 3/4 to 2 cups) Vegetable oil |
|  |  | Powdered sugar |

Mix eggs, 2 tablespoons oil, the baking powder and salt in large bowl with spoon. Gradually stir in enough flour to make a very stiff dough. Turn onto lightly floured surface. Knead 5 minutes.

Heat oil (at least 1 inch deep) in Dutch oven to $375^{\circ}$. Roll half of dough at a time as thin as possible on generously floured surface, turning dough frequently to prevent sticking. (Dough will bounce back; continue rolling until it stays stretched out.)

Cut dough into 3-inch squares, hexagons or circles, using pastry wheel, knife or cookie cutter. Fold pieces into fourths. Cut random designs into edges.* Open folded dough. Fry 2 or 3 opened dough pieces at a time about 30 seconds or until light brown. Turn quickly and fry about 30 seconds or until light brown on other side. Drain on paper towels. Cool completely. Sprinkle with powdered sugar just before serving.
*Cut all pieces before starting to fry, placing them on lightly floured surface.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
"42 Cookies"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Per serving: 29 Calories (kcal); 1g Total Fat; (31\% calories from fat); 1g Protein; 4g Carbohydrate; 13mg Cholesterol; 23mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
Cut these snowflake cookies just as you would fold paper snowflakes. Canape cutters can also be used to cut designs in the dough.

For a quick and easy way to sprinkle cookies, keep a salt shaker filled with powdered sugar in your cupboard.
Nutr. Assoc. : 32180001400

* Exported from MasterCook *

Soft Molasses Cookies
Recipe By
Serving Size
: 48 Preparation Time :0:00
Categories : Chapter 1
Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | shortening |
| 3/4 | cup | sour cream |
| 1/2 | cup | light or dark molasses |
| 1 |  | egg |
| 3 | cups | a11-purpose flour |
| 1 1/2 | teaspoons | baking soda |
| 1 | teaspoon | ground ginger |
| 1 , | teaspoon | ground cinnamon |
| 1/2 | teaspoon | salt <br> Sugar if desired |

Heat oven to $375^{\circ}$. Beat 1 cup sugar, the butter, shortening, sour cream, molasses and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except sugar.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 9 to 11 minutes or until almost no indentation remains when touched in center. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Sprinkle sugar over cookies while still warm.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
"48 Cookies"

Per serving: 99 Calories (kcal); 5g Total Fat; (44\% calories from fat); 1g Protein; 13g Carbohydrate; 5mg Cholesterol; 88mg Sodium

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
Before measuring the molasses, spray the measuring cup with cooking spray; the molasses will come out of the cup much easier.

Make It Your Way
Childhood memories may capture a soft, puffy molasses cookie covered in a creamy white frosting. Make Frosted Soft Molasses Cookies by frosting them with Vanilia Frosting (from Frosted
Banana Oaties recipe), instead of sprinkling them with sugar. Nutr. Assoc. : 040980041710000000

* Exported from MasterCook *

Sour Cream Cookies

| Recipe By | Preparation Time :0:00 |
| :--- | :--- |
| Serving Size | Easy Drop Cookies |
| Categories | Chapter 1 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | packed brown sugar |
| 1 | cup | sour cream |
| 1/2 | cup | shortening |
| 1 | teaspoon | vanil1a |
| 2 |  | eggs |
| $23 / 4$ | cups | al1-purpose flour |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | salt |
| 1 | cup | chopped pecans, if desired |
|  |  | Browned Butter Glaze -- (recipe follows) |
|  |  | BROWNED BUTTER GLAZE |
| 1/3 | cup | butter or margarine |
| 2 | cups | powdered sugar |
| 1 1/2 | teaspoons | vanilla |
| 2 | tablespoons | hot water (2 to 3 tablespoons) |

Heat oven to $375^{\circ}$. Beat brown sugar, sour cream, shortening, vanil1a and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt. Stir in pecans.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 8 to 10 minutes or until almost no indentation remains when touched in center. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely. Spread with Browned Butter Glaze.

BROWNED BUTTER GLAZE:
Heat butter in 1-quart saucepan over low heat, stirring occasionally, until golden brown; remove from heat. Stir in remaining ingredients until smooth and spreadable.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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## Copyright:

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Yield:
"72 Cookies"

Per serving: 88 Calories (kcal); $4 g$ Total Fat; ( $42 \%$ calories from fat); 1g Protein; 12g Carbohydrate; 7 mg Cholesterol; 39mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Make It Your Way
For apples and spice and everything nice, try Applesauce Cookies. Substitute 3/4 cup applesauce for sour cream. Stir in 1 teaspoon ground cinnamon, $1 / 4$ teaspoon ground cloves and 1 cup raisins with the flour.

Warm-up to tropical flavor with Coconut-Sour Cream Cookies. A11 you do is substitute shredded coconut for the pecans.

You can't work for peanuts, but you can put them in your cookies! Salted Peanut-Sour Cream Cookies are easy to make, just substitute salted peanuts for the pecans.

01d-fashioned flavor can be found in Spice-Sour Cream Cookies. Mix $1 / 2$ cup granulated sugar, 1 teaspoon ground cinnamon and 1/4 teaspoon ground cloves; sprinkle over cookies before baking. Omit glaze.
Nutr. Assoc. : 00003218000201482130706543004098001582

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* Exported from MasterCook *
```


## Sour Cream-Milk Chocolate Chip Cookies

Recipe By :
Serving Size : 42 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/2 | cups | sugar |
| 1/2 | cup | sour cream |
| 1/4 | cup | butter or margarine -- softened |
| 1/4 | cup | shortening |
| 1 | teaspoon | vanilla |
| 1 |  | egg |
| $21 / 4$ | cups | al1-purpose flour |
| 1/2 | teaspoon | baking soda |
| 1 1/4 | teaspoon | salt |
| 1 | (11 1/2 ounce) | package milk chocolate chips (2 cups) |

Heat oven to $350^{\circ}$. Beat sugar, sour cream, butter, shortening, vanilla and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt. Stir in chocolate chips.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 12 to 14 minutes or until set and just beginning to brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

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Yield:
"42 Cookies"

Per serving: 120 Calories (kcal); 5g Total Fat; (39\% calories from fat); 1g Protein; 17 g Carbohydrate; 10 mg Cholesterol; 48 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

```
NOTES : Make It Your Way
    For white-on-white cookies, try Sour Cream-Vanilla Milk Chip
    Cookies; just substitute vanilla milk (white) chips for the milk
    chocolate chips.
    "I Don't Have That"
        Substitute regular plain yogurt for the sour cream.
Nutr. Assoc. : 0 0 0 0 0 0 0 0 0 4139
```

* Exported from MasterCook *
Sour Cream-Sugar Cookies
Recipe By : 36 Preparation Time :0:00
Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 1 | cup | sugar |
| $1 / 3$ | cup | butter or margarine -- softened |
| $1 / 4$ | cup | shortening |
| $1 / 2$ | teaspoon | lemon extract |
| 12 |  | egg |
| 2 |  | cups |
| 1 | ali-purpose flour |  |
| $1 / 2$ | teaspoon | baking powder |
| $1 / 2$ | teaspoon | baking soda |
| $2 / 3$ | teaspoon | salt |
|  | cup | sour cream |
|  |  | Sugar |

Heat oven to $375^{\circ}$. Beat 1 cup sugar, the butter, shortening, lemon extract and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder, baking soda, salt and sour cream.

Roll one third of dough at a time $1 / 4$ inch thick on wel1-floured cloth-covered surface. Cut into desired shapes. Place about 2 inches apart on ungreased cookie sheet. Sprinkle with sugar. Bake 7 to 8 minutes or until almost no indentation remains when touched in center. Remove from cookie sheet to wire rack.

[^30]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

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Yield:
"36 Cookies"

Per serving: 94 Calories (kcal); 4g Total Fat; (40\% calories from fat); 1g Protein; 13 g Carbohydrate; 12 mg Cholesterol; 82 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
```

    If some of your cut-out cookies are thicker than the others, don't
    reroll the dough. Instead, place the thinner ones in the center of
    the cookie sheet and the thicker ones around the edge to get more
    even browning.
    A partly empty cookie sheet will produce uneventy baked cookies.
        If there isn't enough dough to fill a cookie sheet, use an
        upside-down cake pan.
    Nutr. Assoc. : 00000000000

* Exported from MasterCook *
Spicy Iced Applesauce Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 36 \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 3 Kid Cookies

| Amount | asure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 1/4 | cups | packed brown sugar |
| 1/4 | cup | butter or margarine -- softened |
| 1/4 | cup | applesauce |
| 1 |  | egg |
| $21 / 4$ | cups | al1-purpose flour |
| 2 | teaspoons | baking powder |
| 1/2 | teaspoon | salt |
| 1/2 | teaspoon | ground cinnamon |
| 1/2 | teaspoon | ground nutmeg |
| 1/2 | teaspoon | ground cloves |
|  | teaspoon | Icing -- (recipe follows) colored sugar if desired |
|  |  | ICING |
| 1 1/2 | envelope | unflavored gelatin |
| 1/2 | cup | cold water |
| 1/2 | cup | granulated sugar |
| 1 | cup | powdered sugar |
| 1/2 | teaspoon | baking powder |
| 1 | teaspoon | vanilla |

Beat brown sugar, butter, applesauce and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except Icing and colored sugar. Cover and refrigerate at least 1 hour until chilled.

Heat oven to $375^{\circ}$. Grease cookie sheet. Roll dough $1 / 8$ inch thick on floured cloth-covered surface. Cut with $21 / 2$-inch cookie cutters. Place Page 205

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cookies about 1 inch apart on cookie sheet. Bake 7 to 9 minutes or until edges are light brown. Immediately remove from cookie sheet to wire rack. Cool completely. Frost with Icing. Sprinkle with colored sugar. Let icing dry about 2 hours before stacking cookies.

## ICING:

Sprinkle gelatin on cold water in $11 / 2$-quart saucepan to soften. Stir in granulated sugar. Heat to rolling boil; reduce heat. Simmer uncovered 10 minutes, stirring frequently: Pour hot mixture over powdered sugar in small bowl; beat with electric mixer on medium speed until smooth. Beat in remaining ingredients on high speed, scraping bowl frequently, until soft peaks form and icing is glossy.

```
Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.
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Copyright:
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Yield:
"36 Cookies"
T(Chi11):
"1:00"
```

Per serving: 105 Calories (kcal); 2g Total Fat; (12\% calories from fat); 1g Protein; 22g Carbohydrate; 9 mg Cholesterol; 87 mg Sodium
Food Exchanges: $1 / 2$ Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 1 Other Carbohydrates

```
NOTES : Cookie Tips
    Cut shapes as close together as possible; that way, you'11 get
    more cookies out of your dough.
    The icing comes out snowy white and stays white even when it
    hardens; it would make a great icing to use for decorating
    gingerbread houses.
Nutr. Assoc. : 0 0 0 0 0 0 0 0 0 3615 2130706543 2130706543 0 0 0 0 0 0 0
    0
* Exported from MasterCook *
```

                                    Spicy Pumpkin-Date Cookies
    Recipe By
Serving Size
S 48 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| 1 | $1 / 2$ | cup |
| 1 | cup | sugar |
| 2 | cutter or margarine -- softened |  |
| 2 |  | canned pumpkin |
| 2 |  | cugs |
| 2 |  | teaspoons |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    1/2 teaspoon ground nutmeg
    1/2 teaspoon ground ginger
    1/4 teaspoon ground cloves
1 cup chopped dates
    1/2 cup chopped walnuts
```

Heat oven to $375^{\circ}$. Beat sugar and butter in large bowl with electric mixer on medium speed until light and fluffy, or mix with spoon. Beat in pumpkin and eggs. Stir in remaining ingredients except dates and walnuts. Stir in dates and walnuts.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 8 to 10 minutes or until edges are set. Immediately remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
"48 Cookies"

Per serving: 75 Calories (kcal); 3g Total Fat; (33\% calories from fat); 1g Protein; 12g Carbohydrate; 8 mg Cholesterol; 45 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Nutmeg
Nutmeg was popular throughout the world from the fifteenth to the nineteenth century. Nutmeg is a seed from the nutmeg tree. Whole nutmeg can be grated or you can buy ground nutmeg. The nutmeg seed also gives us a second spice called mace. The mace comes from a lacy membrane surrounding the seed. Mace is more pungent tasting than nutmeg but can be used interchangeably.

Make It Your Way
To make Spicy Pumpkin-Date Cookies with Cream Cheese Frosting, use
the Cream Cheese Frosting recipe in Banana-Nut Bars recipe.
Nutr. Assoc. : 0409803218000003615266220187

```
* Exported from MasterCook *
```

Spicy Seascape Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 54 \text { Preparation Time }: 0: 00\end{array}$
Categories : Celebrate with Cookies Chapter

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $3 / 4$ | cup | butter or margarine -- softened |
| 2 | cup | powdered sugar |
| 2 | tablespoons | light molasses |
| 1 |  | egg |
| 2 | cups | all-purpose flour |
|  |  | Page 207 |



Heat oven to $325^{\circ}$. Grease cookie sheet. Beat butter, powdered sugar, molasses and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, cardamom, cinnamon and baking soda.

Roll one-third of dough at a time $1 / 8$ inch thick on lightly floured surface. Cut into sand dollars, starfish and scallops as directed below. Bake 7 to 9 minutes or until light brown. Remove from cookie sheet to wire rack. Cool completely. Prepare Thin Glaze; decorate cookies as directed.

THIN GLAZE:
Mix all ingredients until smooth. If glaze becomes too stiff, add additional hot water, $1 / 2$ teaspoon at a time.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"54 Cookies"

Per serving: 55 Calories (kcal); 3g Total Fat; (43\% calories from fat); 1g Protein; 7 g Carbohydrate; 3 mg Cholesterol; 54 mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
Generous amounts of cardamom and cinnamon give these cookies their spicy kick. If you prefer a milder flavor, cut the amount of spices in half.

Cardamom
Cardamom is an exotic spice with a warm, slightly pungent flavor. It's best to purchase the whole pods and crush the seeds as needed because the ground seeds quickly lose their flavor and aroma.

Sand Dollars: Cut dough with round 3-inch cutter. Place on cookie sheet. Draw five-pointed star in middle of circle. Make small hole in center and indentations at edge of circle. After baking, brush with uncolored Thin Glaze; sprinkle with granulated sugar if desired.

Starfish: Cut dough with five-pointed star-shape cutter. Place on cookie sheet. Curve tips of stars and make indentations down center of each starfish "arm" with knife. After baking, brush with tinted Thin Glaze.

```
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Scallops: Cut dough with scalloped \(21 / 2\)-inch round cutter. Cut 2 small wedges off bottom of circle to form base of she11. Draw curved lines across top, using knife, to form shell pattern. After baking, brush with tinted Thin Glaze. While glaze is still wet, lightly sprinkle with baking cocoa; brush to make marbled effect.
Nutr. Assoc. : 40980000000213070654300015820
```

```
* Exported from MasterCook *
```

Springerle

```
Recipe By : 36 Preparation Time :0:00
Serving size : 36 abraparation Time :0:00
```

Categories : Celebrate with Cookies
Chapter 7

| Amount | Measure | Ingredient -- Preparation Method |
| :--- | :--- | :--- |
| 1 | cup | sugar |
| 2 | cups | aggs |
| 2 | all-purpose flour |  |
| 2 | teaspoons anise seed |  |

Heat oven to $325^{\circ}$. Beat sugar and eggs with electric mixer on medium speed about 5 minutes or until thick and lemon colored. Stir in flour and anise seed.

Roll half of dough at a time $1 / 4$ inch thick on floured cloth-covered surface. Roll wel1-floured springerle roling pin over dough to emboss with designs. Cut out cookies around designs. Place about 1 inch apart on ungreased cookie sheet. Bake 12 to 15 minutes or until light brown. Immediately remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mil1s, Inc. 1998."
Yield:
"36 Cookies"

Per serving: 51 Calories (kcal); trace Total Fat; (5\% calories from fat); 1g Protein; 11g Carbohydrate; 10mg Cholesterol; 3mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; $1 / 2$ Other Carbohydrates

NOTES : Anise Seed
Anise seed is one of the oldest cultivated spices and was enjoyed by the early Egyptians. It has a sweet mildiy licorice taste and is used for flavoring candy, baked products and seafood.
Nutr. Assoc. : 0321800

```
* Exported from MasterCook *
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Recipe By
Serving Size : 12 Preparation Time :0:00
Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2/3 | cup | Mary's Sugar Cookies -- (see recipe) <br> Food colors, if desired <br> Thin Cookie Glaze -- (recipe follows) OR <br> Decorator's Frosting -- (see recipe) |
| 2 | tablespoons | THIN COOKIE GLAZE powdered sugar milk |
| $4 \quad 1 / 4$ | teaspoon drops | almond extract |
| 1/3 | cup | (about) powdered sugar |

Prepare and refrigerate dough for Mary's Sugar Cookies as directed, tinting dough with desired food colors.

Heat oven to $375^{\circ}$. Roll one third of dough at a time 3/16 inch thick on lightly floured cioth-covered surface. Cut into 6- to 8-inch stockings.

Place stockings on ungreased cookie sheet. Cut accent dough (toes, heels, cuffs) to place on stockings if desired. Bake about 9 minutes or until light brown. Coo 11 to 2 minutes; remove from cookie sheet to wire rack. Cool completely. Spread with Thin Cookie Glaze.

THIN COOKIE GLAZE:
Mịx 2 cups powdered sugar, the milk, and almond extract. Tint half of the mixture with food color. Add additional milk, a few drops at a time, if necessary, or until desired spreading consistency. Place baked cookies on wire rack. Pour small amount of tinted glaze over each cookie; spread to edge with spatula. Add enough powdered sugar to remaining glaze to make frosting that can be used in a decorating bag and will hold its shape. Place in decorating bag with \#2 writing tip. Decorate cookies as desired. Makes enough to glaze and decorate 8 to 10 stockings.

YIELD: 7 to 12 cookies

1. Enlarge grid to desired size and draw in stocking shapes.
2. Add toy-shape cookies to top of stocking and accent dough to toes, heels and cuffs if desired.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Copyright:
"@ General Mil1s, Inc. 1998.'
Yield:
"12 Cookies"
T(Chil1):
"2:00"

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Per serving: 468 Calories (kcal); 16g Total Fat; (30% calories from fat); 3g
Protein; 79g Carbohydrate; 16mg Cholesterol; 291mg Sodium
Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 4
Other Carbohydrates
NOTES : Cookie Tips
    Feel free to make any shape you like. Draw a Santa's hat,
    Christmas tree or be11 and use that as the pattern to make a host
    of holiday cookies.
    Start a tradition by making these cookies with your family to
    enjoy during the holidays or to give as gifts.
Nutr. Assoc. : 0 3314 2130706543 0 2130706543 0 0 0 0 0 4706 1191
* Exported from MasterCook *
    Decorator's Frosting
Recipe By : 36 Preparation Time :0:00
Categories : Celebrate with Cookies Chapter 7
```

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 | cups | powdered sugar |
| 1/2 | teaspoon | vani11a |
| 2 | tablespoons | milk |
|  |  | OR |
| 2 | tablespoons | half-and-half <br> Food coloring, if desired |

Stir together 2 cups powdered sugar, 1/2 teaspoon vanilla and 2 tablespoons milk or half-and-half until smooth and spreadable. This recipe makes enough to frost 3 to 5 dozen cookies. Add more milk for a thinner frosting or to create a glaze. Frosting can be tinted with food color. Stir in liquid food color, 1 drop at a time, until frosting is the desired color. If intense, vivid frosting color is desired, use paste food color. Why? Because you would have to use too much liquid color to get vivid color, and using too much liquid color will break down the frosting, causing it to separate and look curdled.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because mastercook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"2/3 cup"

Per serving: 27 Calories (kcal); trace Total Fat; (1\% calories from fat); trace Protein; 7g Carbohydrate; trace Cholesterol; trace Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Nutr. Assoc. : 000021307065430

```
* Exported from MasterCook *
```

    Mary's Sugar Cookies
    Recipe By : 60 Preparation Time :0:00
Categories : Chapter 6

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $-1 / 2$ | cups | powdered sugar |
| 1 | $1 / 2$ |  |
| 1 | cup | butter or margarine -- softened |
| 1 | $1 / 2$ | teaspoon |

Beat powdered sugar and butter in large bowl with electric mixer on medium speed, or mix with spoon. Stir in vanilla, almond extract and egg. Stir in flour, baking soda and cream of tartar. Cover and refrigerate about 2 hours or until firm.

Heat oven to $375^{\circ}$. Roll half of dough at a time $1 / 8$ inch thick on lightly floured cloth-covered surface. Cut into desired shapes. Place about 2 inches apart on ungreased cookie sheet. Sprinkle with granulated sugar. Bake 7 to 8 minutes or until light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Sweet, crisp sugar cookies have made the grade throughout the years.
Whether sprinkled with colored sugar, frosted or elaborately
decorated, they're as popular as ever."
Copyright:
"© General Mil1s, Inc. 1998."
T(Chi11):
"2:00"

Per serving: 59 Calories (kcal); 3g Total Fat; (47\% calories from fat); 1g Protein; 7 g Carbohydrate; 3 mg Cholesterol; 58 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
One of the nice things about rolled cookies is that they will wait until you are ready to bake them. Because the dough can always be refrigerated (and can be frozen, too), they're very convenient. We love them because they present lots of opportunity for creativity.

Page 212

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Simple cookies are ideal for teaching the beginning baker how to handle a rolling pin.

Make It Your way
Fruit-Flavored Sugar Cookies are very easy to make. Just sprinkle the cut out cookies with fruit-flavored gelatin instead of granulated sugar.
Nutr. Assoc. : 040980000000

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* Exported from MasterCook *
```


## Sugar Cookie Tarts

$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 30 \quad \text { Preparation Time }: 0: 00\end{array}$
Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 2 | cups | sugar |
| 1 | cup | shortening |
| 3/4 | cup | butter or margarine -- softened |
| 2 | teaspoons | vanilla |
| 1 |  | egg |
| $31 / 2$ | cups | al1-purpose flour |
| 1 | teaspoon | baking powder |
| 1/4 | teaspoon | cream Cheese Spread -- (recipe follows) |
| 1 | (8 ounce) pack | CREAM CHEESE SPREAD <br> kage cream cheese -- softened |
| 1/2 | cup | powdered sugar |
| 1 | teaspoon | vanilla |
|  |  | Toppings (sliced fresh fruit, miniature chocolate chips, chopped pecans or jam with toasted sliced almonds) |

Heat oven to $375^{\circ}$. Beat sugar, shortening, butter, vanilla and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking powder and salt.

Roll half of dough at a time $1 / 4$ inch thick on lightly floured surface. Cut into 3 -inch rounds. Place 2 inches apart on ungreased cookie sheet. Bake 10 to 12 minutes or until light brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely.

Prepare Cream Cheese Spread. Spread about 2 teaspoons spread over each cookie. Arrange Toppings on spread. Store covered in refrigerator.

CREAM CHEESE SPREAD:
Mix all ingredients until smooth.

[^31]```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Copyright:
    © General Mills, Inc. 1998."
Yield:
    "30 Cookies"
```

Per serving: 243 Calories (kcal); 14g Total Fat; (52\% calories from fat); 2g
Protein; 27g Carbohydrate; 15mg Cholesterol; 112mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1
Other Carbohydrates
NOTES : Cookie Tips
In a hurry? A thin-rimmed glass or clean, empty food can makes a
good substitute for a cookie cutter.
Make It Your Way
Bake these cookies, but leave out the fruit and replace Cream
Cheese Spread with Creamy Frosting (see Chocolate Shortbread
recipe). Make Bird's Nest Cookies by spreading each cookie with
frosting, sprinkling with plain, toasted or tinted coconut and
centering 3 jelly beans in the middle of each.
Nutr. Assoc. : 0040980000002130706543000000000

* Exported from MasterCook *


## Sunflower Cookies

Recipe By
Serving Size
: 48
Preparation Time $: 0: 00$
Categories $\quad:$ Chapter 5 .

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 1 1/3 |  | egg mil flour |
| $11 / 3$ | cups | al1-purpose flour |
| 1 1/2 | cup | old-fashioned or quick-cooking oats |
| 1/2 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |
| 1/2 | cup | unsalted sunflower nuts |

Beat sugar, butter, vanilla and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, oats, baking powder and salt. Divide dough into one-third and two-thirds portions. Stir sunflower nuts into one-third dough. Stir food color into two-thirds dough.

Shape sunflower dough into two $3 / 4-i n c h ~ r o l l s, ~ 8 ~ i n c h e s ~ l o n g . ~ D i v i d e ~$ yellow dough in half. Pat each half into rectangle, $8 \times 4$ inches, on 1ightly floured surface. Top each rectangle with roll of sunflower dough. wrap yellow dough around roll of sunflower dough. Press edges together. Wrap and refrigerate about 2 hours or until firm.

Heat oven to $350^{\circ}$. Grease cookie sheet. Cut rolls into $1 / 4$-inch slices. Place about 2 inches apart on cookie sheet. Cut slits in outer yellow edge about every $1 / 2$ inch to shape tips of petals. Bake 8 to 10 minutes or until light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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"48 Cookies" T(Chi11):
"2:00"

Per serving: 62 Calories (kcal); 3g Total Fat; (41\% calories from fat); 1g Protein; 8 g Carbohydrate; 4 mg Cholesterol; 40 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

```
NOTES : Sunflower Nuts
```

    Sunflower nuts are the dried seeds of the sunflower and are available plain or salted, dry-roasted or cooked in oil.
    "I Don't Have That" If you only have salted sunflower nuts in your cupboard, use them and eliminate the $1 / 4$ teaspoon salt called for in the recipe.
Nutr. Assoc. : 04098000202230052875641

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* Exported from MasterCook *
```


## Sunshine Cookies

| Recipe By |  |
| :--- | :--- |
| Serving Size | $\vdots 48 \quad$ Preparation Time :0:00 |
| Categories | Chapter 6 |


| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/4 | cup | shortening |
| 1/2 | teaspoon | almond extract |
| 2 |  | egg yolks |
| 1 1/4 | cups | yellow cornmeal |
| 1 | cup | a11-purpose flour |
| 1 | teaspoon | baking powder |
| 1/4 | teaspoon | salt |

Heat oven to $400^{\circ}$. Beat sugar, butter, shortening, almond extract and egg yolks in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients.

Roll half of dough at a time $1 / 8$ inch thick on lightly floured surface. Cut into desired shapes with 3-inch cutter. Place about 1 inch apart on ungreased cookie sheet. Bake 6 to 8 minutes or until very light brown. Immediately remove from cookie sheet to wire rack.

[^32]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"48 Cookies"

Per serving: 68 Calories (kcal); 3 g Total Fat; (43\% calories from fat); 1g Protein; 9g Carbohydrate; 9mg Cholesterol; 44mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Serving Ideas : These bright yellow cookies have a crunchy texture from the cornmeal and are delicious served with fresh fruit.

NOTES : Cookie Tip
Did you know that the Dutch get credit for giving us the word cookie? It comes from the Dutch word koekje and means "little cake."
Nutr. Assoc. : 040980032320000

```
* Exported from MasterCook *
```

Swedish Half-Moon Cookies

```
Recipe By : 36 Preparation Time :0:00
```

Categories : Celebrate with Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| $13 / 4$ | cups | all-purpose flour |
| 1/2 | cup | potato flour |
|  |  | OR |
| 1/2 | cup | cornstarch |
| 1/2 | cup | powdered sugar |
| 1 1/8 | cup | butter or margarine -- well chilled and cut into cubes |
| 1/8 | teaspoon | almond extract |
| 1 |  | egg |
| 1/2 | cup | cherry preserves |
| 1 |  | egg white -- beaten |
| 1/4 | cup | sugar) |
| 1/4 | cup | finely chopped blanched almonds |

Mix flours and powdered sugar in large bowl. Cut in butter, using pastry
blender or crisscrossing 2 knives, until mixture resembles'fine crumbs. Stir in almond extract and egg until dough leaves side of bow1. Cover and refrigerate 1 hour.

Heat oven to $350^{\circ}$. Cover cookie sheet with baking parchment paper.
Roll one-fourth of dough at a time between pieces of waxed paper until 1/8 inch thick. (Keep remaining dough refrigerated until ready to roll.) Cut with fluted 3 -inch round biscuit cutter. Spoon $1 / 2$ teaspoon cherry
preserves onto half of each cookie. Fold dough over preserves to form half-moon shape. Pinch edges to seal. Place on cookie sheet.

Brush dough with egg white. Sprinkle with sugar crystals and almonds. Bake 10 to 12 minutes or until edges are light brown. Remove from cookie sheet to wire rack.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
"@ Genera1 Mil1s, Inc. 1998."
Yield:
"36 Cookies"
T(Chi11):
"1:00"

Per serving: 107 Calories (kcal); $6 g$ Total Fat; (47\% calories from fat); 1g Protein; 13 g Carbohydrate; 5 mg Cholesterol; 65 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Potato Flour
This tender cookie is made with potato flour (sometimes called "potato starch"). It is often found in stores near the cornstarch, in a section with gluten-free products and in health food stores.
"I Don't Have That"
Replace cherry preserves with peach preserves. The peach flavor blends wel1 with the flavor of almonds.
Nutr. Assoc. : 00021307065430409800000144020020

```
* Exported from MasterCook *
```

The Ultimate Brownie
Recipe By :
Serving Size : 24 Preparation Time :0:00
Categories : Chapter 2
Super Bars and Brownies


Heat oven to $350^{\circ}$. Grease square pan, $9 \times 9 \times 2$ inches. Melt chocolate and butter over low heat, stirring frequently; remove from heat. Cool slightly.

Beat sugar, vanilla and eggs in large bowl with electric mixer on high speed 5 minutes. Beat in chocolate mixture on low speed. Beat in flour just until blended. Stir in nuts.

Spread batter in pan. Bake 40 to 45 minutes or just until brownies begin to pull away from sides of pan. Cool completely. Cut into 6 rows by 4 rows.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Chocolate, chocolate, chocolate! It often wins hands down as a top
choịce, and this moist, fudgy brownie fills the bill."
Copyright:
"© General Mil1s, Inc. 1998."
Yield:
"24 Brownies"

Per serving: 197 Calories (kcal); 12g Total Fat; (52\% calories from fat); 3g Protein; 22 g Carbohydrate; 23 mg Cholesterol; 68mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1 Other Carbohydrates

NOTES : Cookie Tips
Be sure not to overbake brownies because the edges will get hard and dry.

Make It Your Way
To make Triple Chocolate Brownies, stir in a 6-ounce bag of semisweet chocolate chips with the nuts and then spread with Chocolate Frosting (see Chocolate Drop Cookies recipe).
Nutr. Assoc. : 2132409800321800

```
* Exported from MasterCook *
```


## The Ultimate Chocolate Chip Cookie

Recipe By : 42 Preparation Time :0:00
Categories : Chapter 1

| Amount | Measure |
| ---: | :---: |
| $-1 / 2$ | Ingredient -- Preparation Method |
| 1 | cups |
| 1 | butter or margarine -- softened |
| 1 | $1 / 4$ |
| 1 | cups |

Heat oven to $375^{\circ}$. Beat butter, sugars, vanilla and eggs in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt (dough will be stiff). Stir in nuts and chocolate chips.

Drop dough by level $1 / 4$ cupfuls or \#16 cookie/ice-cream scoop about 2 inches apart onto ungreased cookie sheet. Flatten slightly with fork. Bake 13 to 15 minutes or until light brown (centers will be soft). Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"42 Cookies"

Per serving: 231 Calories (kcal); 12g Total Fat; (43\% calories from fat); 2g Protein; 32g Carbohydrate; 9 mg Cholesterol; 169mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1 1/2 Other Carbohydrates

```
NOTES : Cookie Tip
    Making these cookies will go a lot faster if you use a #16
    cookie/ice-cream scoop. Level off the cookie dough in the scoop on
    the edge of the bow1.
    Make It Your Way
    Go all out! To get rave reviews, make Four Chip Cookies using 1
    cup each semisweet chocolate chips, milk chocolate chips, vanilla
    milk (white) chips and butterscotch chips in place of 4 cups
    semisweet chocolate chips. The other thing you could do to make
    these extra special would be to toast the nuts before adding them
    to the dough.
Nutr. Assoc. : 4098 0 0 0 3218 0 0 0 0 4886
```

* Exported from MasterCook *
The Ultimate Date Bars
Recipe By :
Serving Size : 32 Preparation Time :0:00
Categories : Chapter 2

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
|  |  | Date Filling -- (recipe follows) |
| 1 | cup | butter or margarine -- softened |
| 1 | cup | packed brown sugar |
| $13 / 4$ | cups | al1-purpose flour |
| 1 1/2 | cups | quick-cooking or old-fashioned oats |
| 1/2 | teaspoon | baking soda |
| 1/2 | teaspoon | salt |
|  |  | DATE FILLING |
| 2 | (8 ounce) pac | kages pitted dates -- chopped |
| 1 1/2 ${ }^{\text {d }}$ | cup | sugar |

Prepare Date Filling; cool.
Heat oven to $400^{\circ}$. Mix butter and brown sugar in large bow with spoon. Stir in remaining ingredients. Press half of the oat mixture in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Spread with filling. Top with remaining oat mixture; press gently into filling.

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Bake 25 to 30 minutes or until light brown. Cool 30 minutes. Cut into 8 rows by 4 rows while warm.

DATE FILLING:
Mix all ingredients in 2-quart saucepan. Cook over low heat 10 minutes, stirring constantly, until thickened.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

```
Copyright:
    @ General Mil1s, Inc. 1998."
Yield:
    "32 Bars"
```

Per serving: 157 Calories (kca1); $6 g$ Total Fat; (33\% calories from fat); 2g Protein; 25g Carbohydrate; Omg Cholesterol; 123mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 Fat; 1/2 Other Carbohydrates

```
NOTES : Cookie Tips
    In a hurry? Use the chopped dates, which are lightly coated with
    sugar to prevent sticking. If you choose to chop your own whole
    dates, try one of these methods to help prevent sticking: Spray
    your knife with cooking spray several times during chopping, run
    your knife under cold water several times during chopping or
    cut-up dates using kitchen shears sprayed with cooking spray.
    Make It Your Way
    Add some tang with the tart flavor of dried apricots. For
    Date-Apricot Bars, skip the Date Filling. In its place mix an
    8-ounce box of chopped dates, 1 1/2 cups chopped dried apricots (8
    ounces), 1/2 cup sugar and 1 1/2 cups water in saucepan. Cook over
    medium-1ow heat about 10 minutes, stirring constantly, until
    thickened. Cool and continue as directed.
Nutr. Assoc. : 2130706543 4098 0 0 20223 0 0 0 0 500 0 0
```

* Exported from MasterCook *
The Ultimate Oatmeal Cookie
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 36 \text { Preparation Time :0:00 }\end{array}$
$\begin{array}{ll}\text { Serving Size } \\ \text { Categories } & \text { Chapter } 1\end{array}$ Easeparation Time :0:00 Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | ---: |
| $1 / 4$ | cups | packed brown sugar |
| 1 | cup | butter or margarine -- softened |
| 1 |  | teaspoon |
| 1 | teaspoon | ground soda |
| 1 | teaspoon | vanilla |
|  | $1 / 2$ | teaspoon |

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
```

                    eggs
    ```
                    eggs
\(\begin{array}{ll}3 & \text { cups quick-cooking or old-fashioned oats } \\ 1 & 1 / 3\end{array}\)
\(\begin{array}{ll}3 & \text { cups quick-cooking or old-fashioned oats } \\ 1 & 1 / 3\end{array}\)
1 1/3 cups all-purpose flour
```

1 1/3 cups all-purpose flour

```
```

    cup raisins, if desired
    ```
```

    cup raisins, if desired
    ```

Heat oven to \(350^{\circ}\). Beat all ingredients except oats, flour and raisins in large bowl with electric mixer on medium speed, or mix with spoon. Stir in oats, flour and raisins.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 9 to 11 minutes or until light brown. Immediately remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.
```

Description:
"It's not always the fancy recipes that people ask for the most
because oatmeal cookies continue to be an al1-time favorite."
Copyright:
"@ Genera1 Mi11s, Inc. 1998."
Yield:
"36 Cookies"

```
Per serving: 133 Calories (kcal); 6 g Total Fat; (38\% calories from fat); 2g
Protein; 19g Carbohydrate; 10 mg Cholesterol; 131mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
    Oats can be measured either by pouring them into a measuring cup
    or by dipping the measuring cup into the oats container.
    Make It Your way
    Kids love Oatmeal-Chocolate Chip Cookies. To make them, just omit
    the cinnamon and stir in a 12-ounce package of semisweet or milk
    chocolate chips with the oats and flour.
Nutr. Assoc. : 04098000032182022304680
* Exported from MasterCook *
                    The Ultimate Refrigerator Cookies
\(\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & \text { : } 72 \quad \text { Preparation Time :0:00 }\end{array}\)
Categories : Chapter 5
\begin{tabular}{rrl} 
Amount & Measure & Ingredient -- Preparation Method \\
-1 & cup & packed brown sugar \\
1 & cup & butter or margarine -- softened \\
1 & teaspoon vanilla \\
1 & cups & agg \\
3 & & al1-purpose flour
\end{tabular}
\begin{tabular}{ccc} 
Cooking & Betty Crocker Cookie Book \\
\(11 / 2\) & teaspoons & ground cinnamon \\
\(1 / 2\) & teaspoon & baking soda \\
\(1 / 2\) & teaspoon & salt \\
\(1 / 3\) & cup chopped nuts
\end{tabular}

Beat brown sugar, butter, vanilla and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, cinnamon, baking soda and salt. Stir in nuts. Shape dough into rectangle, \(10 \times 3\) inches. Wrap and refrigerate about 2 hours or until firm.

Heat oven to \(375^{\circ}\). Cut rectangle into \(1 / 8\)-inch slices. Place 2 inches apart on ungreased cookie sheet: Bake 6 to 8 minutes or until light brown. Cool slightly; remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

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Copyright:
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Yield:
"72 Cookies"
T(Chi11):

Per serving: 58 Calories (kcal); 3g Total Fat; (46\% calories from fat); 1g Protein; 7g Carbohydrate; 3mg Cholesterol; 55mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : Cookie Tips
If you like thin, crisp cookies, the refrigerator technique is for you. The thinner you slice the dough, the crisper the cookies will be. Watch the cookies carefully while they are in the oven to prevent overbaking.

To intensify the nut flavor in these cookies, toast the nuts before adding to the dough. To toast nuts, bake uncovered in ungreased shallow pan in \(350^{\circ}\) oven about 10 minutes, stirring occasionally, until golden brown.
Nutr. Assoc. : 040980000000
```

* Exported from MasterCook *

```

The U7timate Spritz
\begin{tabular}{ll} 
Recipe By \\
Serving Size & : \(78 \quad\) Preparation Time \(: 0: 00\)
\end{tabular}

Categories : Celebrate with Cookies Chapter 7
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & cup & butter or margarine -- softened \\
\hline 1/2 & cup & sugar \\
\hline 2 1/4 & cups & al1-purpose flour \\
\hline 1/4 & teaspoon & salt \\
\hline
\end{tabular}
\begin{tabular}{lll} 
Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt \\
\(1 / 4\) & teaspoon \begin{tabular}{l} 
almond extract
\end{tabular} \\
\begin{tabular}{lll}
\(1 / 4\) & OR \\
& teaspoon & vanilla \\
& & Currants raisins candies colored sugar, \\
& finely chopped nuts, candied fruit or \\
& fruit peel, if desired
\end{tabular}
\end{tabular}

Heat oven to \(400^{\circ}\). Beat butter and sugar in large bow with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients.

Place dough in cookie press. Form desired shapes on ungreased cookie sheet. Decorate with currants.

Bake 5 to 8 minutes or until set but not brown. Immediately remove from cookie sheet to wire rack. To decorate cookies after baking, use a drop of corn syrup to attach decorations to cookies.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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\section*{Description:}
"The name for these cookies comes from the German word spritzen,
meaning "to squirt" because the soft dough is squirted or pushed
through a cookie press to make fancy designs."
Copyright:
"© General Mil1s, Inc. 1998.'
Yield:
"78 Cookies"

Per serving: 40 Calories (kcal); 2g Total Fat; (54\% calories from fat); trace Protein; 4 g Carbohydrate; 2 mg Cholesterol; 35mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : Wonderful, warm memories and family traditions are often centered around the holidays. We often go the extra mile and do something just a little more special. For many of us, that means making spritz cookies. This tender, little butter cookie has passed the test of time.

Cookie Tip
These cookies are delicate and crisp with a rich, buttery flavor that is perfect for any occasion.

Make It Your way
Chocolate Spritz are easily made by stirring 2 ounces unsweetened chocolate, melted and cooled, into the margarine-sugar mixture.

To make Spice Spritz, stir in 1 teaspoon ground cinnamon, 1/2 teaspoon ground nutmeg and \(1 / 4\) teaspoon ground allspice with the flour.
Nutr. Assoc. : 4098000000213070654300
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* Exported from MasterCook *

```

The Ultimate Valentine's Day Cookie Page 223

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
```

Serving Size : 48 Preparation Time :0:00

```
Categories : Celebrate with Cookies
\begin{tabular}{rrl} 
Amount & Measure & Ingredient -- Preparation Method \\
-1 & cup & powdered sugar \\
1 & cup & butter or margarine -- softened \\
1 & & tablespoon \\
2 & white vinegar \\
\(1 / 4\) & \(1 / 2\) & cups \\
allopurpose flour
\end{tabular}

Heat oven to \(400^{\circ}\). Beat powdered sugar, butter and vinegar in large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except food color. Divide dough in half. Mix food color into one half. (If dough is too dry, stir in milk, 1 teaspoon at a time.)

Roll dough \(1 / 8\) inch thick on lightly floured cloth-covered surface. Cut into heart shapes with various sizes of cookie cutters. Place smaller hearts on larger hearts of different color dough if desired. Place about 2 inches apart on ungreased cookie sheet.

Bake 5 to 7 minutes or until set but not brown. Cool 1 to 2 minutes; carefully remove from cookie sheet to wire rack. Cool completely. Decorate with white and pink Decorator's Frosting (see recipe) if desired.
```

Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
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is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.

```

\section*{Description:}
```

"Valentine's Day, named after Saint Valentine, is observed on February
14 with the exchange of cards and other tokens of affection." Copyright:
"© Genera1 Mil1s, Inc. 1998."
Yield:
"48 Cookies"

```

Per serving: 65 Calories (kcal); \(4 g\) Total Fat; (52\% calories from fat); 1g Protein; 7 g Carbohydrate; 0 mg Cholesterol; 75 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0
Other Carbohydrates
```

NOTES : Cookie Tip
If using plastic cookie cutters, dip in vegetable oil to get a
sharper, more defined edge on cookies.
Nutr. Assoc. : 0 4098 0 0 0 0 0 4706

```
```

* Exported from MasterCook *

```
                                    Three-Leaf Clovers
Recipe By :
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Serving Size : 24 Preparation Time :0:00
Categories : Chapter 5

| Amount | Measure | Ingredient -- Preparation Method |  |
| ---: | ---: | ---: | :--- |
| -1 | cup | butter or margarine -- softened |  |
| 2 | $1 / 3$ | cup | sugar |
| 1 |  | tablespoons | honey |
| 2 | $1 / 3$ | cups | egg |
| $1 / 2$ | teaspoon | ground cloves |  |
| 2 | tablespoons | sugar |  |
| $1 / 4$ | teaspoon | ground cloves |  |

Heat oven to $350^{\circ}$. Mix butter, $1 / 3$ cup sugar, the honey and egg in large bow 1 with spoon. Stir in flour and $1 / 2$ teaspoon cloves.

Shape dough into $3 / 4-i n c h$ balls. For each cookie, arrange 3 balls of dough together to form a triangle about 2 inches apart on ungreased cookie sheet. Mix 2 tablespoons sugar and $1 / 4$ teaspoon cloves. Press bottom of glass into dough to grease, then dip into sugar-clove mixture; press on triangles until $1 / 4$ inch thick. Bake 10 to 12 minutes or until edges are light brown. Remove from cookie sheet to wire rack.

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You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritiona ${ }^{\oplus}$ analysis programs and different nutrient databases, variations in results are expected

Description:
"Just mixing these cookies is a pleasure! The delicious aroma of cloves is perfect on an autumn afternoon."
Copyright:
"© General Mil1s, Inc. 1998.'
Yield:
"24 Cookies"

Per serving: 135 Calories (kcal); 8 g Total Fat; (52\% calories from fat); 2g Protein; 15g Carbohydrate; 8 mg Cholesterol; 92 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;
1/2 Other Carbohydrates
Serving Ideas : Serve cookies with a cup of tea.
NOTES : Cloves
Cloves are the aromatic dried unopened buds of the clove tree. The
flavor is powerful and spicy.
Nutr. Assoc. : 40980000361503615

```
* Exported from MasterCook *
```

Thumbprint Cookies
$\begin{array}{ll}\text { Recipe By } \\ \text { Serving Size } & : 30 \quad \text { Preparation Time :0:00 }\end{array}$
Categories : Chapter 5
Hand-Shaped \& Pressed Cookies

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Amount Measure
    Ingredient -- Preparation Method
    1/4
    1/4
    1/4 cup
    butter or margarine -- softened
    cup shortening
    1/2 teaspoon vanilla
    1
    1/4 teaspoon salt
        egg yolk
    1
        egg white
    cup finely chopped nuts
        tablespoons (about) jam or jelly (any flavor)
```

Heat oven to $350^{\circ}$. Beat brown sugar, butter, shortening, vanilla and egg yolk in large bow with electric mixer on medium speed, or mix with spoon . Stir in flour and salt.

Shape dough into 1-inch balls. Beat egg white slightly with fork. Dip each ball into egg white; roll in nuts. Place about 1 inch apart on ungreased cookie sheet. Press thumb into center of each cookie to make indentation. Bake about 10 minutes or until light brown. Quickly remake indentations with end of wooden spoon if necessary. Remove cookies from cookie sheet to wire rack. Fill thumbprints with about $1 / 2$ measuring teaspoon jam.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Description:
"These cookies were often called "Thimble Cookies" in older cookbooks
because a thimble was used to make the indentation."
Copyright:
"© General Mills, Inc. 1998."
Yield:
"30 Cookies"
T(Bake):
"0:10"

Per serving: 91 Calories (kcal); 6 g Total Fat; (58\% calories from fat); 1g Protein; 8g Carbohydrate; 7 mg Cholesterol; 40mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
Besides jam, other ideas for fillings are gumdrops, frosting, carame 1 fudge ice-cream topping or baking chips.

You'11 be done in a flash if you use a food processor to finely chop nuts.
Nutr. Assoc. : 0409800000026775147

```
* Exported from MasterCook *
```

Tiramisu Cheesecake Bars
$\begin{array}{ll}\text { Recipe By } & \text { Serving.Size } \\ \text { Se } & 18 \quad \text { Preparation Time :0:00 }\end{array}$ Categories : Chapter 2

Super Bars and Brownies
Page 226

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| $11 / 2$ | cups | vanilla wafer cookie crumbs (about 40 wafers) |
| 2 | teaspoons | instant espresso coffee (dry) |
| 3 | blespoons | butter or margarine -- me7ted |
| 2 | (8 ounce) pac | kages cream cheese -- softened |
| 1/2 | cup | sugar |
| 2 |  | eggs |
| 1/2 | cup | whipping (heavy) cream |
| 1/4 | cup | rum |
| 1 | teaspoon | vanilla |
| 2 1/2 | cup | semisweet chocolate chips |
|  | tablespoons | shortening |
| Heat oven to $350^{\circ}$. Grease square pan, $9 \times 9 \times 2$ inches. Mix cookie crumbs, 1 teaspoon coffee and the butter thoroughly with fork. Press evenly in bottom of pan. Refrigerate while preparing cream cheese mixture. |  |  |
|  |  |  |
|  |  |  |
| Beat cream cheese in small bowl with electric mixer on medium speed until smooth and fluffy. Beat in sugar, eggs, whipping cream, rum and vanilla. |  |  |
|  |  |  |
| Spread cream cheese mixture over crust. Bake 20 to 25 minutes or just |  |  |
|  |  |  |
| Melt chocolate chips, shortening and remaining 1 teaspoon coffee in |  |  |
| 1-quart saucepan over low heat, stirring constantly, until smooth. Pour |  |  |
| over hot cheesecake, and spread evenly. Cool 30 minutes at room femperature. Cover loosely and refrigerate about 1 hour or until firm. Cut |  |  |
|  |  |  |
| into 6 rows by 3 rows. |  |  |

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"18 Squares"
T(Chil1):
"1:00"

Per serving: 229 Calories (kcal); 17g Total Fat; (68\% calories from fat); 3g
Protein; 15g Carbohydrate; 61mg Cholesterol; 127mg Sodium
Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat;
1 Other Carbohydrates
NOTES : "I Don't Have That"
$1 / 4$ teaspoon rum extract mixed with $1 / 4$ cup water can be substituted for the rum.

Make It Your Way
How easy would it be to turn these cheesecake squares into a sophisticated, elegant little dessert? Line small dessert plates with doilies, and place squares on the doilies. Squeeze a dollop of canned whipped cream onto bars. Gently place a chocolate-covered espresso bean on the dollop of whipped cream. sprinkle the whipped cream with a very light dusting of baking

Page 227

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt cocoa.
Nutr. Assoc. : 5410375240980032181616009048860

```
* Exported from MasterCook *
```

                                    Toasted Oatmeal Cookies
    Recipe By :
Serving Size : 42 Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| $21 / 2$ | cups | quick-cooking or old-fashioned oats |
| 1 | cup | chopped walnuts |
| 1 1/2 | cups | packed brown sugar |
| 1 | cup | butter or margarine -- softened |
| 1 | teaspoon | vanilla |
| 1 |  | egg |
| 1 | cup | al1-purpose flour |
| 1 | teaspoon | baking soda |
| 1/4 | teaspoon | salt |

Heat oven to $350^{\circ}$ : Spread oats and walnuts in ungreased jelly roll pan, 15 $1 / 2 \times 101 / 2 \times 1$ inch. Bake 15 to 20 minutes, stirring occasionally, until light brown; cool.

Beat brown sugar, butter, vanilla and egg in large bow 1 with electric mixer on medium speed, or mix with spoon. Stir in oat mixture and remaining ingredients.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 8 to 10 minutes or until golden brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

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approved Betty Crocker \({ }^{\circledR}\) Recipe. are expected.
Copyright:
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Yield:
"42 Cookies"
```

Please note, if you should change this recipe it will no longer be an

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Per serving: 117 Calories (kcal); 6 g Total Fat; ( $48 \%$ calories from fat); 2 g Protein; 14g Carbohydrate; 4 mg Cholesterol; 98mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tips
Toasting the oatmeal gives it a nutty flavor and slightly crunchy texture. Toasted oats are much lower in calories and fat than nuts and can be used in place of nuts in recipes such as no-bake and drop cookies.

Make It Your way
Vanilla-Frosted Toasted Oatmeal Cookies would taste so good with a
Page 228

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt hot cup of coffee or hot chocolate. Make and bake cookies as directed. When completely cool, frost with Vanilla Frosting in Frosted Banana Oaties recipe.
Nutr. Assoc. : 20223201870409800000

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* Exported from MasterCook *
```


## Toffee Bars

Recipe By : 32 Preparation Time :0:00
Categories : Chapter 2
Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| -1 | cup | packed brown sugar |
| 1 | cup | butter or margarine -- softened |
| 1 |  | teaspoon |
| 1 | vanilla |  |
| 2 | egg yolk |  |
| 4 | $1 / 4$ | cups |

Heat oven to $350^{\circ}$. Beat brown sugar, butter, vanilla and egg yolk in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt. Press in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Bake 25 to 30 minutes or until very light brown (crust will be soft).

Immediately place milk chocolate pieces on baked crust. Let stand about 5 minutes or until softened; spread evenly. Sprinkle with nuts. Cool 30 minutes. Cut into 8 rows by 4 rows while warm.

```
approved Betty Crocker \({ }^{\circledR}\) Recipe. are expected.
Copyright:
"@ General Mills, Inc. 1998."
Yield:
"32 Bars"
```

Please note, if you should change this recipe it will no longer be an

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Per serving: 139 Calories (kcal); 8 g Total Fat; (52\% calories from fat); 2g Protein; 15g Carbohydrate; 7 mg Cholesterol; 89 mg Sodium
Food Exchanges: 1/2 Grain'(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Cookie Tips
To make smoother cuts, spray knife with cooking spray before cutting bars.

Toffee, a brittle confection, is a flavor created by the blending together of butter and brown sugar.
Nutr. Assoc. : 040980000271220

```
* Exported from MasterCook *
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Toffee Meringue Sticks
Recipe By $\begin{aligned} & \text { Serving Size } \\ & \text { S }\end{aligned}$ 48 Preparation Time :0:00
Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | packed brown sugar |
| 1/3 | cup | butter or margarine -- softened |
| 1 | teaspoon | vani17a |
| 1 |  | egg yolk |
| 1/2 | cup | whipping (heavy) cream |
| $21 / 2$ | cups | al1-purpose flour |
| 1/4 | teaspoon | salt |
| 2 |  | egg whites |
| 1 1/2 | (6 cup | granulated sugar |
| 1 | (6 ounce) pac | kage almond brickle chips (1 cup) |

Beat brown sugar, butter, vanilla and egg yolk in large bowl with electric mixer on medium speed, or mix with spoon. Stir in whipping cream. Stir in flour and salt. Cover and refrigerate about 1 hour or until firm.

Heat oven to $375^{\circ}$. Roll one fourth of dough at a time into strip, $12 \times 3$ inches, on lightly floured surface. Place 2 strips about 2 inches apart on ungreased cookie sheet.

Beat egg whites in medium bowl on high speed until foamy. Beat in granulated sugar, 1 tablespoon at a time, continue beating until stiff and glossy. Fold in brickle chips. Spread one-fourth of the meringue over each strip of dough. Bake 12 to 14 minutes or until edges are light brown. Cool 10 mịnutes. Cut each strip crosswise into 1-inch sticks. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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Copyright:
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Yield:
"48 Cookies"
T(Chi11):
"1:00"

Per serving: 87 Calories (kcal); 3 g Total Fat; (34\% calories from fat); 1g Protein; 14 g Carbohydrate; 11 mg Cholesterol; 52 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;
1/2 Other Carbohydrates
NOTES : Cookie Tips
Shape the dough strips easily this way: Roll one fourth of the dough about 10 inches long, then roll and flatten it into a $12 \times$ 3-inch rectangle.

Make It Your way
To make Hazelnut Meringue Sticks, substitute granulated sugar for
Page 230

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt the brown sugar and $3 / 4$ cup ( 2.5 ounces) ground hazelnuts for the almond brickle pieces.
Nutr. Assoc. : 0409800161600323105949

```
* Exported from MasterCook *
                    Triple Chocolate-Cherry Bars
Recipe By ( ) 48 Preparation Time :0:00
Categories : Chapter 4 Fix 'Em with a Mix
\begin{tabular}{|c|c|c|}
\hline Amount & Measure & Ingredient -- Preparation Method \\
\hline 1 & package & Betty Crocker \({ }^{\circledR}\) SuperMoist chocolate fudge cake mix \\
\hline 1 & (21 ounce) can & cherry pie filling \\
\hline 2 & & eggs -- beaten \\
\hline 1 & cup & miniature semisweet chocolate chips \\
\hline 1 & tub & Betty Crocker \({ }^{\oplus}\) Soft whipped chocolate ready-to-spread frosting \\
\hline
\end{tabular}
```

Heat oven to $350^{\circ}$. Spray jelly roll pan, $151 / 2 \times 101 / 2 \times 1$ inch, with cooking spray. Mix cake mix (dry), pie filling, eggs and chocolate chips in large bowl with spoon. Pour into pan.

Bake 20 to 30 minutes or unti 1 toothpick inserted in center comes out clean. Cool completely. Frost with frosting. Cut into 8 rows by 6 rows.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker}\mp@subsup{}{}{\circledR}\mathrm{ Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "@ General Mil1s, Inc. 1998.'
Yield:
    "48 Bars"
```

Per serving: 116 Calories (kcal); $4 g$ Total Fat; (28\% calories from fat); 1g
Protein; 20g Carbohydrate; 8 mg Cholesterol; 104mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1
1/2 Other Carbohydrates

```
NOTES : Make It Your Way
    Make Triple Chocolate-Strawberry Bars by using strawberry pie
    filling instead of the cherry.
```

Nutr. Assoc. : 003218414911860

* Exported from MasterCook *
Tuxedo Cheesecake Bars
Recipe By
Serving Size
S
36 Preparation Time :0:00
Categories : Chapter 4
Fix 'Em with a Mix

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | package | Betty Crocker® SuperMoist white chocolate swirl cake mix |
| 1/2 | cup | butter or margarine -- softened |
| 2 | (8 ounce) pac | kages cream cheese -- softened |
| 1 | tub | Betty Crocker ${ }^{\text {® }}$ Rich \& Creamy white |
| 3 |  | chocolate ready-to-spread frosting eggs |

Heat oven to $325^{\circ}$. Beat cake mix (dry) and butter in large bow 1 with electric mixer on low speed until crumbly. Press in bottom of ungreased rectangular pan, $13 \times 9 \times 2$ inches.

Beat cream cheese and frosting in same bow 1 on medium speed until smooth. Beat in eggs until blended; reserve 2 cups. Pour remaining mixture over crust. Beat Dutched Cocoa Mix into reserved mixture. Drop by generous tablespoonfuls randomly in 6 to 8 mounds onto mixture in pan. Cut through mixture with knife in $S$-shape curves in one continuous motion without cutting into crust. Turn pan $1 / 4$ turn, and repeat cutting for swirled design.

Bake 55 to 65 minutes or until set. Cool completely. Refrigerate uncovered at least 2 hours. Cut into 6 rows by 6 rows. Store covered in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
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Yield:
"36 Bars"
T(Chi11):
"2:00"

Per serving: 185 Calories (kcal); 10g Total Fat; (50\% calories from fat); 2g
Protein; 21g Carbohydrate; 36 mg Cholesterol; 195mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 1/2 Other Carbohydrates

NOTES : Cookie Tips
To determine if a cheesecake is done, touch the center gently with your finger to see if it's still soft or if it has set (will leave a slight indentation). Don't be tempted to insert a knife in the center because the hole could cause cheesecake to crack.

Cheesecakes that are refrigerated while still hot or warm should not be covered. Why? If covered before they are completely cool, moisture will condense and drip onto the top of the cheesecake, making it quite wet. Cover only after cheesecakes are completely cooled.
Nutr. Assoc. : 57180011850

```
* Exported from MasterCook *
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Vanilla Brownies

Recipe By
Serving Size
:
32 Preparation Time :0:00
Categories : Chapter 2 Super Bars and Brownies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | (10 ounce) package vanilla milk (white) chips (1 2/3 cups) |  |
| 1/2 | cup | butter or margarine |
| $11 / 4$ | cups | al1-purpose flour |
| 3/4 | cup | sugar |
| 1 | teaspoon | vanilla |
| 1/4 | teaspoon | salt |
| 3 |  | eggs |
| 1/2 | cup | chopped nuts Creamy Vanilla Frosting -- (recipe follows) |
|  |  | CREAMY VANILLA FROSTING |
| 1 1/2 | cups | powdered sugar |
| $\overline{3}$ | tablespoons | butter or margarine -- softened |
| 1 1/2 | tablespoon | milk (1 to 2 tablespoons) |

Heat oven to $350^{\circ}$. Grease and flour rectangular pan, $13 \times 9 \times 2$ inches. Heat vanilla milk chips and butter in heavy 2-quart saucepan over low heat, stirring frequently, just until melted (mixture may appear curdled). Remove from heat; cool. Stir in flour, sugar, vanilla, salt and eggs. Stir in nuts.

Spread batter in pan. Bake 30 to 35 minutes or unti 1 toothpick inserted in center comes out clean. Cool completely. Spread with Creamy Vanilla Frosting. Cut into 8 rows by 4 rows.

CREAMY VANILLA FROSTING:
Mix all ingredients until smooth and spreadable.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\oplus}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"© General Mills, Inc. 1998."
Yield:
"32 Brownies"

Per serving: 158 Calories (kcal); 8 g Total Fat; ( $45 \%$ calories from fat); 2g Protein; 20g Carbohydrate; 18mg Cholesterol; 68mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Vanilla Milk Chips
Vanilla milk chips and white baking chocolate bars can burn easily, so it's important to melt them over low heat while stirring frequently. Don't confuse vanilla milk chips or white baking chocolate bars with white candy coating. White candy

Page 233

```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    coating is also called almond bark, compound white chocolate and
    confectionery or summer coating. Candy coating contains oil versus
    cocoa butter, more sugar and lacks the rich vanilla and dairy
    flavor of the baking bars or chips.
    Vanil1a Sugar
    Add even more to the flavor of these cookies by using vanilla
    sugar. Make your own by placing a piece of vanilla bean in an
    airtight container of granulated sugar for 3 to 4 days.
Nutr. Assoc. : 927 4098 0 0 0 0 3218 0 2130706543 0 0 0 4098 0 4038
* Exported from MasterCook *
                    Walnut Biscotti
Recipe By : 30 Preparation Time :0:00
Categories : Chapter 8 Special Cookies/Special Diets
\begin{tabular}{rrl} 
Amount & Measure & Ingredient -- Preparation Method \\
\(-3 / 4\) & cup & walnut halves -- toasted \\
1 & cup & all-purpose flour \\
& \(3 / 4\) & cup
\end{tabular}
```

Heat oven to $350^{\circ}$. Spray nonstick cookie sheet with cooking spray. Place walnuts in food processor or blender. Cover and process, using quick on-and-off motions, until walnuts are consistency of coarse meal. Mix $1 / 2$ cup of the ground walnuts and the remaining ingredients except egg whites in large bowl. Stir in egg whites thoroughly until stiff dough forms.

Sprinkle remaining ground walnuts on cutting board or waxed paper. Divide dough in half. Shape each half into rectangle, $7 \times 3$ inches, on walnuts. Carefully transfer rectangles onto ungreased cookie sheet. Bake 15 minutes. Cut crosswise into $1 / 2$-inch slices. Turn slices cut sides down on cookie sheet.

Bake 10 to 15 minutes or until crisp and browned. Remove from cookie sheet to wire rack. Store tightly covered.

[^33]Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

Per serving: 60 Calories (kcal); 2g Total Fat; ( $27 \%$ calories from fat); 2g Protein; 9g Carbohydrate; Omg Cholesterol; 49mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; 0 Other Carbohydrates

```
NOTES : Cookie Tips
    When food-processor directions state to process using on-off
    motions, it is to prevent the mixture from being overprocessed. In
    the case of nuts, overprocessing them gives you a nut paste
    instead of just ground nuts.
Nutr. Assoc. : 5471 0 0 0 0 0 0 0 0 2130706543
```

* Exported from MasterCook *
white Chocolate Chunk- Macadamia Cookies
$\left.\begin{array}{l}\text { Recipe By } \\ \text { Serving Size } \\ \text { S } \\ \text { Se }\end{array}\right]$ Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies


Heat oven to $350^{\circ}$. Beat sugars, butter, shortening, vanilla and egg in
large bowl with electric mixer on medium speed until light and fluffy, or mix with spoon. Stir in flour, baking soda and salt (dough will be stiff). Stir in white baking bar chunks and nuts.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 10 to 12 minutes or until light brown. Cool 1 to 2 minutes; remove from cookie sheet to wire rack.

[^34]```
    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Per serving: 186 Calories (kcal); 11g Total Fat; (51% calories from fat); 2g
Protein; 22g Carbohydrate; 15mg Cholesterol; 97mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1
Other Carbohydrates
```

NOTES : Make It Your Way
To make white Chocolate Rum-Chunk-Macadamia Cookies, substitute 1
$1 / 2$ teaspoons rum extract for the vanilla extract.
Nutr. Assoc. : 002220000005519842

* Exported from MasterCook *
whole wheat Rounds
Recipe By $\begin{aligned} & \text { Serving Size } \\ & \text { Se } \\ & 24\end{aligned}$ Preparation Time :0:00
Categories : Chapter 1 Easy Drop Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| ---: | :--- | :--- |
| -1 | cup | butter or margarine -- softened |
| 1 | cup | powdered sugar |
| 2 |  | teaspoons |
| 1 | cup | vanilla |

Heat oven to $375^{\circ}$. Beat butter, 1 cup powdered sugar and vanilla in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flours and salt.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 12 to 15 minutes or until almost no indentation remains when touched in center. Cool 1 to 2 minutes; remove from cookie sheet to wire rack. Cool completely. Sprinkle lightly with additional powdered sugar.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

## Description:

"The very, tender texture of this cookie comes from the powdered sugar
mixed in the dough, and it's what makes them melt in your mouth when
you eat them."
Copyright:
"@ Genera1 Mi11s, Inc. 1998."
Yield:
"24 Cookies"

Per serving: 120 Calories (kcal); 8 g Total Fat; (57\% calories from fat); 1g Protein; 12g Carbohydrate; Omg Cholesterol; 111mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
Nutr. Assoc. : 4098 0 0 0 0 0 0
```

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* Exported from MasterCook *
```

Whole wheat-Fruit Drops
Recipe By $\begin{aligned} & \text { Rerving Size } \\ & \text { Se } \\ & \text { Separation Time }: 0: 00\end{aligned}$
Categories : Chapter 1 Easy Drop Cookies


Heat oven to $375^{\circ}$. Beat brown sugar, yogurt, butter, orange peel, vanilla and egg in large bowl with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and baking powder. Stir in dried fruits.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 11 to 13 minutes or until light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998."
Yield:
"30 Cookies"

Per serving: 77 Calories (kcal); 2g Total Fat; (21\% calories from fat); 1g
Protein; 14 g Carbohydrate; 7 mg Cholesterol; 50 mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1/2 Fat;
1/2 Other Carbohydrates

```
NOTES : Cookie Tip
    An easy way to dice dried fruits is to spray your knife
    periodically with cooking spray.
    Make It Your Way
    The nutty taste of whole wheat flour goes great with dates. To
    make whole wheat-Date Cookies, decrease the brown sugar to 1/2 cup
    and substitute an 8-ounce package of chopped dates for the diced
    dried fruits and raisins.
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt Nutr. Assoc. : 0040980000004680

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* Exported from MasterCook *
```

Whole wheat-Honey Cookies

| Recipe By | Preparation Time :0:00 |
| :--- | :--- |
| Serving Size | $\vdots 24 \quad$ Easy Drop Cookies |
| Categories | $:$ Chapter 1 |


| Amount | Measure | Ingredient -- Preparation Method |
| ---: | ---: | :--- |
| $-1 / 2$ | cup | packed brown sugar |
| $1 / 2$ | cup | butter or margarine -- softened |
| $1 / 2$ | cup | honey |
| $1 / 2$ | teaspoon vanilia |  |
| 1 |  | cug |
| $1 / 2$ | teaspoon | whole wheat flour |
| $1 / 2$ | teaspoon | baking soda |

Heat oven to $375^{\circ}$. Beat brown sugar, butter, honey, vanilla and egg in large bow with eiectric mixer on medium speed, or mix with spoon. Stir in remaining ingredients.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 9 to 11 minutes or until edges are light brown. Remove from cookie sheet to wire rack.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "© General Mills, Inc. 1998."
Yield:
    "24 Cookies"
Per serving: 109 Calories (kcal); 4g Total Fat; (32% calories from fat); 2g
Protein; 18g Carbohydrate; 8mg Cholesterol; 120mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2
Other Carbohydrates
NOTES : Cookie Tip
whole wheat flour contains the wheat germ, which is oily. The oil can become rancid, so it's best to store whole wheat flour in the refrigerator or freezer. It's a good idea to let the flour come to room temperature before using it for baking.
Make It Your way
If you love the taste of cinnamon-flavored graham crackers, try our cookie version called Honey-Cinnamon Cookies. To make them, stir in \(1 / 2\) teaspoon ground cinnamon with the flour. Mix 2 tablespoons granulated sugar and \(1 / 2\) teaspoon ground cinnamon; sprinkle over cookies immediately after you take them out of the oven.
Nutr. Assoc. : 04098000000
```

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

```
* Exported from MasterCook *
```

> Witches' Brooms

Recipe By :
Serving Size : 20 Preparation Time :0:00
Categories : Chapter 3

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1/2 | cup | packed brown sugar |
| 1/2 | cup | butter or margarine -- softened |
| 2 | tablespoons | water |
| 1 | teaspoon | vanilla |
| 1 1/2 | cups | al1-purpose flour |
| $1 / 8$ | teaspoon | salt |
| $\begin{gathered} 10 \\ \text { in half } \end{gathered}$ |  | pretzel rods (about $81 / 2$ inches long) -- cut crosswise |
| 2 | teaspoons | shortening |
| 2/3 | cup | semisweet chocolate chips |
| 1/3 | cup | butterscotch-flavored chips |

Heat oven to $350^{\circ}$. Beat brown sugar, butter, water and vanilla in medium bowl with electric mixer on medium speed, or mix with spoon. Stir in flour and salt. Shape dough into twenty 1 1/4-inch balls.

Place pretzel rod halves on ungreased cookie sheet. Press ball of dough onto cut end of each pretzel rod. Press dough with fork to resemble bristles of broom. Bake about 12 minutes or until set but not brown. Remove from cookie sheet to wire rack. Cool completely.

Cover cookie sheet with waxed paper. Place brooms on waxed paper. Melt shortening and chocolate chips in 1-quart saucepan over low heat, stirring occasionally, until smooth; remove from heat. Spoon melted chocolate over brooms, leaving about 1 inch at top of pretzel handle and bottom halves of cookie bristles uncovered.

Place butterscotch chips in microwavable bow1. Microwave uncovered on Medium-High ( $70 \%$ ) 30 to 50 seconds, stirring after 30 seconds, unti 1 chips can be stirred smooth. Drizzle over chocolate. Let stand until chocolate is firm.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:
"Sweep up lots of Halloween fun when you serve these bewitchen'
treats. They're great to serve for birthday and school parties."
Copyright:
"@ General Mil1s, Inc. 1998."
Yield:
"20 Cookies"
T(Bake):
"0:12"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
Per serving: 158 Calories (kcal); 7 g Total Fat; ( $43 \%$ calories from fat); 2 g Protein; 19g Carbohydrate; trace Cholesterol; 137 mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

NOTES : Cookie Tip
Don't try to rush when melting chocolate. Chocolate burns easily when exposed to high heat. That's why we recommended melting it over low heat.
Nutr. Assoc. : 040980000933048862411

* Exported from MasterCook *

> Witches' Hats

Recipe By : 32 Preparation Time :0:20
Categories : Chapter 3 Kid Cookies

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 32 |  | foil-wrapped milk chocolate kisses -- unwrapped |
| 1 | (11 1/2 ounce) | package fudge-striped shortbread cookies (32 cookies) |
| 1 | (4 1/4 ounce) | tube orange or red decorating icing |

Attach chocolate kiss to chocolate bottom of each cookie with decorating icing. Pipe decorating icing around base of each chocolate kiss to form a ribbon and bow.

```
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
You may notice that the nutritional information calculated by MasterCook
is different from the nutritional information listed in the Betty Crocker®
cookbooks. Because MasterCook and Betty Crocker® use different nutritional
analysis programs and different nutrient databases, variations in results
are expected.
Copyright:
    "@ General Mil1s, Inc. 1998."
Yield:
    "32 Cookies"
T(Chi11):
Per serving: 78 Calories (kcal); 4g Total Fat; (45% calories from fat); 1g
Protein; 10g Carbohydrate; 1mg Cholesterol; 27mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2
Other Carbohydrates
```

```
NOTES : "I Don't Have That"
```

NOTES : "I Don't Have That"
Any 1 1/2 to 2 1/2-inch solid chocolate or chocolate-covered
Any 1 1/2 to 2 1/2-inch solid chocolate or chocolate-covered
cookies can be used instead of the shortbread cookies.
cookies can be used instead of the shortbread cookies.
Nutr. Assoc. : 918 930 931 0
Nutr. Assoc. : 918 930 931 0

* Exported from MasterCook *
Yogurt Stack Cookies

```
```

    Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
    Recipe By :
Serving Size : 20 Preparation Time :0:00
Categories : Chapter 6 Rolling in Dough

| Amount | Measure | Ingredient -- Preparation Method |
| :---: | :---: | :---: |
| 1 | cup | sugar |
| 1/2 | cup | butter or margarine -- softened |
| 1/2 | cup | shortening |
| 1/2 | cup | plain yogurt |
| 1 |  | egg |
| 3 | cups | al1-purpose flour |
| 1 | teaspoon | baking powder |
| 1/2 | teaspoon | baking soda |
| 1/4 | teaspoon | salt |
| 1/3 | cup | Yogurt Frosting -- (recipe follows) fruit preserves (any flavor) |
|  |  | YOGURT FROSTING |
| 1 | cup | powdered sugar |
| 2 | tablespoons | plain yogurt |
| 1 1/4 | tablespoon | butter or margarine -- softened |
| 1/4 | teaspoon | vanilla |

```

Beat sugar, butter and shortening in large bowl with electric mixer on medium speed, or mix with spoon. Stir in yogurt and egg. Stir in flour, baking powder, baking soda and salt. Cover and refrigerate about 2 hours or until firm.

Heat oven to \(375^{\circ}\). Roll half of dough at a time \(1 / 8\) inch thick on lightly floured surface. Cut into 2 -inch rounds. Place 2 inches apart on ungreased cookie sheet. Bake 6 to 8 minutes or until light brown. Remove from cookie sheet to wire rack. Cool completely.

Prepare Yogurt Frosting. Spread 1 cookie with \(1 / 2\) teaspoon frosting. Top with second cookie; spread with \(1 / 2\) teaspoon preserves. Top with third cookie. Repeat with remaining cookies, frosting and preserves. Store tightly covered in refrigerator.

YOGURT FROSTING:
Mix all ingredients until smooth and spreadable.
```

Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\oplus}$ Recipe.
You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® ${ }^{\oplus}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.
Copyright:
"© Genera1 Mi11s, Inc. 1998."
Yield:
"20 Cookies"
T(Chi11):
"2:00"

```

Per serving: 242 Calories (kcal); 11g Total Fat; (40\% calories from fat); 3g Protein; 34 g Carbohydrate; 10 mg Cholesterol; 151mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 1/2 Other Carbohydrates

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt
```

NOTES : Cookie Tips

```

Remember not to place cut-out cookies on a warm cookie sheet;
they'11 spread too much and loose their shape before baking.
"I Don't Have That"
When there's no yogurt in the refrigerator, substitute sour cream
in both the cookies and in the frosting.
Nutr. Assoc. : 04098000000021307065435150000040980
```

* Exported from MasterCook *

```

\section*{Zucchini Bars}
Recipe By : 24 Preparation Time :0:00
Categories : Chapter 2 Super Bars and Brownies


Heat oven to \(350^{\circ}\). Grease square pan, \(8 \times 8 \times 2\) or \(9 \times 9 \times 2\) inches. Mix brown sugar, butter, vanilla and egg in large bowl. Stir in flour, baking soda, cinnamon and cloves. Stir in zucchini and nuts.

Spread batter in pan. Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool completely. Frost with Clove-Spiced Frosting. Cut 6 rows by 4 rows.

CLOVE-SPICED FROSTING:
Mix all ingredients until smooth and spreadable.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker \({ }^{\circledR}\) Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® \({ }^{\circledR}\) use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Copyright:
"@ General Mills, Inc. 1998.'
Yield:
"24 Bars"

Cooking - Betty Crocker Cookie Book Recipes (Share Me) (ebook - Txt).txt

Per serving: 101 Calories (kcal); 4 g Total Fat; (37\% calories from fat); 1g Protein; 15g Carbohydrate; 8mg Cholesterol; 86mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Make It Your Way
Christmas Bars feature pretty green and red speckles. Add \(1 / 2\) cup chopped dried cranberries to the recipe.
"I Don't Have That"
No cloves in the spice rack? Replace with ground nutmeg in both the bars and the frosting.
Nutr. Assoc. : 0409800000036150021307065430004409836154038```


[^0]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional

    Page 4

[^1]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

[^2]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

[^3]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional

[^4]:    approved Betty Crocker ${ }^{\circledR}$ Recipe. are expected.

    Copyright:
    "© General Mills, Inc. 1998."
    Yield:
    "30 Bars"

[^5]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

[^6]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

[^7]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results are expected.

[^8]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

    Copyright:
    "@ General Mills, Inc. 1998."
    Yield:
    "48 Cookies"

    Per serving: 52 Calories (kcal); 2 g Total Fat; (35\% calories from fat); 1g Protein; 8 g Carbohydrate; 4 mg Cholesterol; 66mg Sodium
    Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; $1 / 2$ Fat; $1 / 2$
    Other Carbohydrates
    NOTES : Cookie Tips
    Did you know that eggshells are less likely to splinter if they are cracked on a flat surface rather than on the edge of the mixing bowl?

[^9]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by Mastercook Page 69

[^10]:    approved Betty Crocker ${ }^{\circledR}$ Recipe. are expected.

    Copyright:
    "© General Mil1s, Inc. 1998."
    Yie1d:
    "36 Cookies"

[^11]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

[^12]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

    Copyright:
    "@ General Mills, Inc. 1998."
    Yield:
    "24 Cookies"

    Per serving: 140 Calories (kcal); 9g Total Fat; (58\% calories from fat); 2g Protein; 14g Carbohydrate; 8 mg Cholesterol; 102mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1/2 Other Carbohydrates

    NOTES : Macadamia Nuts
    These buttery-rich, slightly sweet nuts are from the macadamia Page 94

[^13]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker®

    Page 112

[^14]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

[^15]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook Page 118

[^16]:    Please note, if you should change this recipe it will no longer be an Page 119

[^17]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

[^18]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\oplus}$ Recipe.

    You may notice that the nutritional information calculated by Mastercook Page 122

[^19]:    Please note, if you should change this recipe it will no longer be an Page 123

[^20]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

    Copyright:
    "© General Mills, Inc. 1998."
    Yield:
    "48 Cookies"

    Per serving: 83 Calories (kcal); 3g Total Fat; (36\% calories from fat); 1g Page 138

[^21]:    Please note, if you should change this recipe it will no longer be an Page 143

[^22]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\oplus}$ Recipe.

[^23]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional

[^24]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\oplus}$ cookbooks. Because MasterCook and Betty Crocker ${ }^{\circledR}$ use different nutritional analysis programs and different nutrient databases, variations in results

    Page 151

[^25]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

[^26]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by Mastercook is different from the nutritional information listed in the Betty Crocker®

[^27]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

    Copyright:
    "© General Mills, Inc. 1998."
    Yield:
    "90 Cookies"

    Per serving: 38 Calories (kcal); $2 g$ Total Fat; (36\% calories from fat); $1 g$ Page 157

[^28]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

    Copyright:
    "@ General Mi11s, Inc. 1998."
    Yie1d:
    "72 Cookies"
    T(Chil1):
    "1:00"

[^29]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$ cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

    Copyright:
    "@ General Mills, Inc. 1998."
    Yield:
    "24 Cookies"

    Per serving: 50 Calories (kcal); 1g Total Fat; (15\% calories from fat); 1g Protein; 10g Carbohydrate; 8mg Cholesterol; 48mg Sodium
    Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2

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    You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker ${ }^{\circledR}$

[^31]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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    ## Description:

    "These low-fat cookies would be a welcome gift for health-conscious
    family and friends. Tuck in a little bag of hazelnut coffee and a
    pretty mug too.'
    Copyright:
    "© General Mills, Inc. 1998."
    Yield:
    "30 Cookies"

[^34]:    Please note, if you should change this recipe it will no longer be an approved Betty Crocker ${ }^{\circledR}$ Recipe.

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    Description:
    "These gourmet cookie shop favorites are very rich and buttery tasting
    with a crisp exterior and chewy centers."
    Copyright:
    "@ General Mills, Inc. 1998."
    Yield:
    "30 Cookies"

