

***This Is PK Mind Over Matter***  
***Anybody Can Learn How to Become Telekinetic, and Master the Secrets of***  
***"True-Psychokinesis"***

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**Table of Contents**

Introduction

Chapter 1: Briefing on True PK

Chapter 2: Real Yoga and True PK

Chapter 3: Yoga and the Metaphysical Science

Chapter 4: Spiritualistic Mediums and Early PK Research

Chapter 5: Modern Institutional PK Research Findings

Chapter 6: PK and Healing Among Humans

Chapter 7: PK and Biological Research

Chapter 8: Introducing the Fridge Phenomenon (FP)

Chapter 9: Empirical Research with the FP

Chapter 10: Eye Witnesses Testimonials

Chapter 11: Controlled Experiments with the FP

Chapter 12: PK Triggers

Chapter 13: Psychotronic Apparatus

Bibliography

## **Introduction:**

*"One who has experienced his own true identity understands that all things exist as paraphernalia for giving ecstatic pleasure to the Supreme Lord."*

(Srla Bhaktisiddhanta Sarasvati Thakura - Commentary on Srimad-Bhagavatam 11.2.41)

The underlying purpose of this book is to educate readers about important discoveries that the author has made in the fields of psychokinesis, mind over matter and metaphysics. This manuscript is also designed to show readers that transcendental yoga and meditation (TM) were the keys to author's most magnificent discovery known as the Fridge Phenomenon (FP). For me, these breakthroughs substantiate the power of metaphysical and spiritual practices including disciplinary yoga. Here, you are generously given the secrets for understanding and developing real telekinetic powers. Readers are provided the same tools that the author personally uses to control the principle of psychokinesis (PK).

While it is true that all of us possess some degree of PK power, only a small handful of humans are endowed with the karmic ability to directly and observably control matter with the mind. In many cases, these abilities are not duplicable. Of course, many of these individuals are the ones who can help others to understand, cultivate, control and amplify their own PK. Depending on the nature of the paranormal experience, PK adepts often understand how this miraculous force operates on the most profound levels. The FP discovery is a very intimate connection with real PK force, which empowers the author to teach others exactly how to work with it.

This book specifically educates readers about how powerful mental forces can indeed be controlled. Knowledge is useless without methods, systems, techniques and processes for applying it towards definite ends. So, this handbook shows readers exactly how to apply this highly specialized transcendental knowledge to the fabric of life itself. The secret to life is learning to control it as much as possible, and this manuscript certainly makes that possible for readers. The rigid and useless ways of thinking that many have grown accustomed to are now breaking down and being supplanted by the "Absolute Truth!" This concrete truth is all that can set us free, and lead our minds to the plane of liberation or nirvana.

Everything in our human existence is a product of mind over matter at some level. The Supreme mind created everything and we are a reflection of it. Our reality as humans

works by the very same principle, but we must first learn to control it. I believe that the pervasive lack of understanding about mind over matter accounts for much of the turmoil that too many people experience in life. We have been mentally controlling the physical plane, either consciously or unconsciously, since the day we were born. From the start of life, all of our minds have varying degrees of control over matter, in accordance with the complexities of our karmas, chakra dispositions, and individual uniqueness.

This book gives you the keys, knowledge, mystical tools and secrets to understanding and control the principle of mind over matter. It proves to readers how the mind can directly control physical objects, events, and even people in our environment! Just like driving a car, with a little practice, persistence, and perseverance, you can have the control over life that you have always dreamed of. Since the remotest of recorded times on Earth, man has been quite aware of the mental basis of reality. This book is a resource that presents secret knowledge regarding PK that most people in society have easily overlooked, due to the highly advanced and specialized nature of the formal research. This teaches readers how to develop their own selves to the fullest, by applying that very same knowledge directly to our most important energy centers.

In reality, paranormal experiences are an indispensable part of spiritual enlightenment.. I only was fortunate enough to make my main discovery in PK (the FP) because of stumbling on sacred transcendental information that only the best of Karma can bring. In this book you will read about how this all resonated into me proving mind over matter scientifically. Like anybody who discovers a new resource or phenomenon, I know more about it than others who are mere observers studying things from the outside looking in. By analogy, Einstein made his discoveries only because he knew far more about physics than other people. So you can obviously learn a great deal from people who make valid discoveries and we are the best Gurus.

In all cultures throughout history, there are reports where objects or events in the environment are apparently influenced human minds. Do certain people actually have telekinetic powers? Do you possess these paranormal abilities and if so, to what degree? Can this energy be triggered, amplified, and directed to act upon our lives in useful ways? What are the direct correlations between the practice of mystical yoga and PK mind over matter?

This manuscript explores these issues in-depth, enabling readers to draw their own inferences concerning the burgeoning science of mind over matter. Do yourself a favor and discard any presuppositions about this subject matter. Open your mind up to a whole new higher dimension of possibilities for all. The Fridge Phenomenon (FP) is a newly discovered manifestation of True-PK that gave rise to this entire book! True PK can be sharply distinguished from other so-called psychokinetic effects designed to fool the

masses. In the case of true PK, no physical contact whatsoever is involved with the object being effected by the mind.

In True PK, there is basically no way, under conventional scientific thought, of explaining how the mind remotely controls physical objects and events. True PK involves no trickery or sleight of hand. Examples may include materialization phenomenon, bi-location, levitation, weather control, influencing the physical whereabouts of others, and effecting objects at any distance. It also involves the ability to directly influence the behavior of subatomic particles at the "quantum level."

This handbook proves to you that the existence of PK force and mind over matter is a "matter of fact." It is unequivocally proven consistently through the FP and many other telekinetic effects. You will study and learn how PK works; that it is indeed a very real and objective source of energy just like any other. The fact that PK exists and can directly control matter is old news for people like myself, and all who are intelligent enough to understand the nature and reality of the FP. PK is a force that can be directly monitored and influenced by certain mental techniques and technologies.

Contrary to what some people think, PK force is not a matter of occult pop-fiction or mere fantasy. It is a very real force that can apparently make anything happen for you if used properly and mastered. The good news is that this force and the principles for controlling it are not so difficult to learn; and the secrets are in your hands. The not so good news is that if people do not learn how it works, life itself can be placed at great jeopardy depending on one's karma.

Practicing distinct forms of transcendental meditation and yoga have always been powerful ways of boosting the mental capabilities. Nobody needs to be left behind, and miss out on the priceless opportunity to master the timeless sublime secrets of True PK. This book specifically shows you how to pragmatically enhance your own telekinetic powers for any purpose desired. In that sense, this is quite different from other works on the subject, which do not give the readers much inside information on how to control this powerful mental force and apply it to life itself!

The amazing results of my private controlled PK experiments with the FP are published in chapter eleven. During this research, the stark reality of the FP and all mind over matter in general is unequivocally proven. My extensive empirical research records for the FP are also presented for you to study and contemplate in chapter nine. Analyzing the research and experimentation is crucial for taking your understanding of mind over matter and ultimate reality to the deepest level.

The key to controlling your well of PK power is to understand how it functions by nature. I believe that the lack of knowledge about True PK is a void in life for which there is virtually no substitute. That is why manuscripts such as this are literally life savers for so many readers. This manuscript should intrigue anybody interested in the supernatural, the field of psi ( ESP, clairvoyance, premonition, telepathy and PK), parapsychology, occult science, action at a distance, yoga and metaphysics in general. Many people are scouring the globe tirelessly, spending ungodly sums of money, in search for that hard-core proof for the existence of mind over matter phenomenon, and in search of ultimate reality.

Others are busy canvassing the planet with technologies of all sorts basically all only for the sake of studying the properties of subtle mental forces and their influences. Mind over matter through PK is optimized and even directly controlled when the right spiritual and psychological conditions are somehow created. Through my journeys, adventures in life, spiritual advancements and yogic conditioning, I inadvertently stumbled upon the mystery, treasure and the secrets for controlling PK. That is what gave birth to this manuscript.

God has empowered me to share these secrets and breakthroughs with the world. It is all for the sake of teaching others to help themselves and create whatever they want in their lives. The next logical step after recognizing that any source of power undeniably exists is learning how to work with it. The most crucial thing to know about PK is that it is certainly not any ordinary material energy. We are dealing with a very real force that specifically and directly control matter! The fact that this force is unquestionably real gives us confidence that it can in fact be put to work in our lives.

In the quest for solutions to life's most complex problems and knowledge of the highest grade, the secret information about PK is indispensable. It represents the next level of human evolution. There will always be the haves and the have nots, the sheep and the goats, the powerful and the powerless. In the final analysis, "only the fittest of the fittest shall survive," and yoga is centrally concerned with the concept of survival as a human being. Since our own intelligence is limited and is not adequate enough to handle all of our needs perfectly, it is most intelligent to use a higher power that is more intelligent as your agent.

This book discusses this intelligent force in depth, and it instructs readers on how to engage it in their lives for the highest blessings and benefits. In addition to presenting PK and concrete evidence for its existence, this book presents theories about how this force can be effectively used for self help, karmic repair, astral projection, personal achievement, spiritual realization and controlled transmigration into future lives (within the context of reincarnation). Additionally, this literature provides neophytes in the areas of transcendentalism, occult science, metaphysics and yoga with solid grounding and experiences in these areas. It gives readers the proof they have been seeking for so long about the reality of the supernatural. Finally there is bright light at the end of a very long

tunnel of confusion and doubt regarding the mind's power.

There is a lot of misinformation in the world about how to become spiritually awakened and empowered. This book informs you about why it is vital to seek the aid of a spiritual master-- a Guru who can give you access to God's secret treasures. Without the grace of my Gurus, I never could have made my most important advancements in life. In this book you can read about how my fortuitous encounters with my Gurus lead me to the ultimate reality.

Please note at the outset that there are those who are enlightened and fortunate enough to see the truth for what it really is. On the other hand, there are those that simply do not have the karmic capacity for doing so. Again, this work is only a result of my actual hands on experiences and personal involvements with "True-PK." I was drawn to the domain of PK not by my own choice but by divine providence.

This Is PK Mind Over Matter teaches readers how to think like powerful PK practitioners for controlling life to the fullest. Only the most natural and real cases of PK are provided here with eye witness testimonies. False or "staged PK" will not do anything for helping you to understand how it works in reality. If you can not understand how PK and mind over matter works, then how can you learn to control it? Control over matter is one of the most desirable of all human attributes, and this next level of evolutionary thought is at your fingertips. . This handbook book naturally fosters a heightened self-awareness and an elevated consciousness.

This kind of information is sometimes quite difficult to grasp for some only because it is often presented in obscure and incoherent ways. This handbook provides the information in a way that anybody can grasp and use with ease and efficiency. It gives you coveted and well guarded secrets that the highest mystics have used for controlling material nature to the fullest. Studying this manuscript is important for sense making in an "atomic age" that is increasingly influenced by metaphysics and psychology as scientific disciplines. The moment we conceded that the mind does function on a subatomic level which controls PK and physical matter, the field of psychology is pulled into the purview of mainstream science.

By properly integrating the mind control techniques provided here, anybody can learn to control matter and influence the revelry of reality with ease. Readers are given the tools for understanding our true spiritual nature, inner potential, and the realities of their own telekinetic powers. Aside from exposing the realities of true PK and clarifying common misconceptions, this book is intended to serve as a resource for self improvement, yogic advancement, and holistic health. By learning to control matter with the divine cosmic energy, people can easily witness all of their deepest dreams and desires unfolding right before their very eyes.

This manuscript certainly sheds light on many questions such as: Can human beings exploit certain mental forces that really effect material things? How can we begin to use more of the brain's potential, like Albert Einstein suggested? What is PK force, how can it be controlled and productively used to improve life and the world at large?

PK research covers more than a third of a century and involves people from diverse backgrounds and nations. The possibility of mind over matter has been demonstrated by many spontaneous paranormal occurrences reported over time. People traditionally have assumed a connection between the paranormal and mind over matter.

Since the spiritual revolution, many alternative opinions for PK were posited by material scientists. This bunch of scientists claimed that PK has nothing to do with spiritual forces at all. This book attempts to show readers that those views posited by material scientists are grossly inaccurate. They are based on a misunderstanding of ultimate reality, and deprivation of the absolute truth embedded within the world's most authoritative scriptures. Readers easily learn within this manuscript how to unleash the divine energy ("Shaktipat") within themselves.

This fosters individualized experiences leading them to the ultimate reality, and the highest yogic initiations known as "Diksha." This critical spiritual initiation opens up a whole new world for all who are blessed to receive it. Your life will never be the same after reading this book because it automatically starts this initiation process by activating the Kundalini coiled up at the base of your spine. Many of you can already feel energetic changes happening as you continue reading. This approach to "awakening the snake" is easy and most highly recommended over other potentially unsafe methods. Meditating on this transcendental material definitely triggers important spiritual responses, as the chakras become gradually purified and tuned up!

The inherent and inseparable connections between science, technology, mysticism and spirituality are well established in the field of modern "psi research." One of the major hurdles for many in understanding the absolute truth is that science, the psychology of mysticism, and yoga have traditionally been studied separately in the West. However, this has changed radically over the past century. By the turn of the twentieth century researchers were already using quite sophisticated apparatus for evaluating psychic and paranormal phenomenon.

This handbook presents many of these research studies, and also analysis them within the context of spiritual science. As scientific technology advances as a whole, the methods, process and approaches for evaluating the supernatural progress commensurately. This manuscript exposes readers to various modern sophisticated technological approaches for

studying PK. It provides a wealth of intriguing information on how PK has indeed been experimentally proven.

If you have any doubts about the realities and existence of PK, there are innumerable scientific articles, books, monographs and other research studies for you to find the truth presented once again. Before making any critical decision, you must have sufficient facts, and this book is here to guide you in the right direction. Since mind over matter is clearly the most important skill in life, this is the most critical decision that you will ever make in your entire life--to believe or not to believe in the power of your mind's PK force.

Implications of recent PK discoveries are quite far-reaching, to say the least, because they have unlimited potential. In fact, many international researchers and scientists consider these psi discoveries more important than that of nuclear energy. By integrating my personal hands on experience and knowledge in PK with the formal analysis of academic researchers, we are able to understand how it works in a whole new light. In any new area of scientific discovery, formal academic research is conducted, which is then integrated with the experiences of everyday people.

In Principle, nothing is discovered without someone observing it during related work, and it being further confirmed experimentally. For example, Einstein discovered nuclear energy while engaged in that area of study and analysis. Thomas Edison discovered the functioning principle (FP) for the lightbulb only while engaged in studying electricity. Christopher Columbus supposedly discovered the New World. In any case, his "Eureka" only happened while he was engaged in sailing across the oceans. Likewise, I discovered the FP only while engaged in the acquisition of the highest transcendental yogic and occult knowledge.

Many exciting breakthroughs in the field of PK have occurred during various types of religious and spiritual practices, such as the seance settings in the Victorian era. My personal experience has proven to me that the highest understanding comes about through the practice of the mystical royal yoga. This book explains to you all about how to work on that most sublime metaphysical pathway. Its most potent spiritual energies give rise to PK phenomenon of the highest grade. Most modern researchers are totally baffled about how this force can be used on a practical level.

The author believes that the most powerful application of PK energy is using its manifestations as an opportunity to disseminate the Absolute Truth about Lord Sri Krsna (Pronounced "Krishna"). As far as I am concerned, the so-called skeptics of PK are plainly foolish and rather ignorant because all of my experiences, research findings, discoveries and breakthroughs are quite consistent with modern psi researchers. They are not in accordance with anything that the so-called skeptics have to say about the nature of PK.



This book shows you how to use yogic precept for understanding PK Force to the fullest, and controlling it for any purpose desired. Many readers are in positions of pressing need or great trouble that calls for immediately effective solutions, and this information is ideal for those purposes. If your back is up against the wall, and it seems like there is no hope in the world. Or, if you are in trouble and need quick and highly effective solutions, then this book will certainly bring you immediate help directly from the spiritual world! Remember that delay is the enemy, so don't wait for the right time to start using your new secret karmic power!

Whether or not you happen to share my exact same spiritual views is not relevant in your ability to learn a new yogic survival skill. Everybody should learn about recent discoveries concerning this distinct semi-physical force (PK) that the mind can apparently control for any purpose. God has given man free will, so I can only provide suggestions about how this sub-atomic force should be used. I can only try to show you in this manuscript that PK is unequivocally real, that this has been proven scientifically; and all of this is supported by the greatest spiritual masters that have ever lived. In addition my own personal research published in this book with corroborate the existence of a creature known as PK.

The rest is your free will. You can have anything that you want by understanding the functioning principles for controlling this energy both consciously and unconsciously. Many layman from all walks of life, on both spiritual and religious paths, have learned the most powerful keys and the secrets to life itself from Gurus like myself, from saints, sages, rishis and other "spiritual adepts." This secret knowledge is the highest and most effective source of self help, improvement and spiritual liberation. As you will observe throughout this book, the greatest PK agents of all times have been trained within the sacred context of the "Guru-Disciple relationship."

I am no exception to that rule, so you also will read about my experiences with real Gurus. Recall that a Guru is only a teacher and a disciple a student; and that this relationship is especially valued and preserved by God "The Father." Here, everybody regardless of religious disposition will learn how to develop and use real telekinetic power. Even atheistic people can learn about how to take better control over the divine cosmic forces and attain what they consider the "impersonal" supreme reality. The Siddhartha Gautama (Buddha) is classic historical proof that even the greatest atheists can indeed cultivate healthy spiritual lives and higher powers. In other words, we should not allow sectarian thinking to cloud our rationality, and destroy the very rare opportunity of a lifetime—the chance to master the secrets of true psychokinesis!

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