

PHOTOGRAPH BY JAYNE WEXLER; HAIR AND MAKEUP BY LANA GERSMAN; BACKDROPS BY CHARLES BRODERSON

During their 30s and 40s, many women focus their health concerns on reproductive issues and raising a family. Of the approximately 42 million U.S. women in this age category, roughly one million gave birth last year.

30s and 40s

42 Fact Sheet and Checkup
44 When the Body Attacks Itself Denise Faustman, M.D., Ph.D.
47 Are Autoimmune Disorders Colorblind? Karen Hopkin
51 Infertility with Zev Rosenwaks, M.D., and Mark V. Sauer, M.D.
54 Endometriosis: A Major Cause of Infertility in Women Marjorie Shaffer
55 The Ethics of Assisted Reproduction Tim Beardsley
59 Get Moving Stephanie J. Arthur
60 Focus on Pregnancy Kathryn Sergeant Brown and Denise Grady
64 The Genetics of Breast and Ovarian Cancer with Mary-Claire King, Ph.D.
68 The Consequences of Violence against Women Lisa A. Mellman, M.D.

72 Women and Alcohol with Sharon Wilsnack, Ph.D.

73 Bad Day at the Office? Lisa Silver