

SCIENTIFIC  
AMERICAN  
PRESENTS

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# WOMEN'S HEALTH

WHY WOMEN  
**LIVE LONGER**

FIRST CHECKUPS  
for **TEENS**

**DEPRESSION'S**  
DOUBLE STANDARD

ESTROGEN *and*  
**ALZHEIMER'S**

**PREGNANCY**  
*and* INFERTILITY

**EATING**  
DISORDERS

A  
*Lifelong*  
Guide

For every age,  
the latest news on:

- Staying fit
- Knowing your body
- Enjoying life