SCIENTOLOGY

Control
&
The Mechanics Of
Start-Change-Stop

Edited from the tape lectures of
L. RON HUBBARD

CONTROL AND THE MECHANICS OF S.C.S.

The word control has a nasty connotation due to the bad 8-C parents and society administers upon its individuals. That is because the word control evokes moments when we were beaten down into apathy or given such conflicting commands to obey that we henceforth shudder away from any mention of the word. But in Scientology we have given it a new meaning by adding Tone 40, which makes this control exact and allows the completion of a cycle of action which bad control never considered. Also it does not dramatize the lower emotions of the tone scale.

An individual who has been made to resist control winds up allergic to control and if he is allergic to it he dies because there isn't anything one can do with anything except in one way or another to view or control it.

If a flow flows too long in one direction it has a tendency to dam up and fix itself. It is only necessary to reverse that to unfix the situation. We go back into "Scientology: 8-80" on two-way flows and we understand what is happening. When you get a person to get the idea of flowing something out away from him, he will suddenly go anaten. But it is only necessary for him to make something flow the other way toward him for a short while (just a mental idea of flowing in) for him to wake up immediately. If you have somebody who is putting mockups out in front of him and he starts to go unconscious you only need to have him put them in back of him and the unconsciousness disappears.

A thetan who is totally devoted to controlling things and who is not himself in any way controlled, runs into this phenomena. If this is the case one can immediately see why control of a preclear is necessary. If he has fought outgoing control it is only because it has gone out too long. A thetan cannot be upset by a mis-control or bad 8-C. It is just an objection. I think he could take it rather easily providing he himself didn't have a stuck flow on it. If he himself had not done so much controlling of mental image pictures, which is to say the mind, the body and objects in the environment, there would not be a stuck outward flow. When somebody comes along and controls him well, he objects. He objects more when it is bad control. But bad control, that is, bad placement and handling, naturally gets more on his nerves if he already has worn route which starts to come back to knock him out. He doesn't like it and starts to fight a flow with flows.

A flow which flows a certain time in one direction tends to continue to flow until it is totally jammed or stopped. A flow flowing long enough in one direction in the mind, eventually flows harder and harder and not easier as one might presume. This is only true when energy is being employed. The more an individual outflows energy the more vacuum he creates on this side of the flow. The more he flows out the more hole he leaves in the bank and eventually something is trying to pull the flow back in. He has created a "missingness" in the energy masses immediately surrounding him and this vacuum caused by the missingness tends to fill itself by pulling back on the same line. It's like taking a rubber band and stretching it further and further. The analogy isn't very good because the flow eventually just sticks. His effort to hold it out there is so great that he can only hold it motionlessly out there. He has got it stuck.

Somebody comes along and threatens to disturb this stuck flow just a little bit and the vacuum behind it tends to fill up too rapidly. He resists this and he sticks it out there with more effort.

The solution to this lies in these two data; one, you cannot hurt a thetan and, two, the worst that could happen on the snap back is that the bank would disarrange in some fashion and would leave him without some of his pretty pictures. That flow is usually undertaken by non-created energy. He himself did not create the energy. He collected it one way or the other,

from sources on a mis-ownership basis. He packed it around him and used that energy.

There is an actual series of electrical phenomena which occur in the field of thinkingness connected with this. These things have been observed to have sufficient violence that a person holding the electrodes of an E-meter has had an explosion occur somewhere in the vicinity of his hands big enough to knock a hole in his hands and the can.

An individual once in a while gets a tremendous explosion in front of his face or above his head and he thinks he is being attacked by something. He just got too much potential and had a stuck flow out there which somebody came along and disturbed and it resulted in a complete electronic display. Any group of people playing around with such things as electric shocks on people to "help" them, is just being incredibly stupid because they are using the wrong wavelength in the first place -- a very gross wave called "action".

We look at this tremendous electrical phenomena which surrounds the being and we find that mental image pictures are themselves built of energy. They are not some imaginary thing. Imaginary means "non-energy, non- real, not existent, couldn't possibly be handled". It is a bad control operation, the use of that word imaginary. If that is the case then everything we can see is imaginary -- the walls, floors, ceilings and all the bodies one sees walking down the streets.

You can practically produce the same phenomena as a ridge exploding with any electrical current or various electrical gimmicks of one kind or another. The electronic engineer can produce this reaction very easily with condensers and resistors, but his ideas of condensers are rather strange as well. He thinks if you keep pumping electricity into a condenser until it fills up it will eventually discharge in some fashion or another. Well, we don't know if it has this capacity or not, but we know that a thetan does have some strange electrical phenomena which are not any different than the electrical phenomena of life. This is not unusual to a thetan because he is after all part and parcel to the mest universe and the electrical phenomena we see around us were probably some time or another generated by life. The current running in this tape recorder at this moment is converted or generated by some life form or another in the past. It is probably running on coal and coal is energy stored by, converted by or generated by life forms -- trees.

The moment a thetan starts to handle energy he runs into all the phenomena of electricity or else he wouldn't have any need of eating or sleeping. That this applies to the mind then should not come as a shock to anybody. That it wouldn't apply to the mind then should be a tremendous piece of balderdash. If it has anything to do with energy then there are certain laws that energy obeys and flows are no exception.

Other electrical phenomena contain engrams. Each experience in life is represented by a mental image picture of one kind or another, which contains real energy, which has real potential and which is measurable in terms of current. Meters which measure current, measure the potential in these facsimiles.

Furthermore they have mass. You can remedy somebody's havingness with these pictures. By having an individual mockup things and shoving them in, you can increase the body's weight. There are many experiences which in themselves -- and this is what is confusing -- contain electrical catastrophes. One can have pictures of catastrophes which, when run, give you a repeat of a catastrophe.

One can produce all sorts of electrical phenomena which affect beings.

People haven't begun to dream of the number of ways by which a being could be influenced by electrical phenomena. One could say that is about the closest thing there is to infinity. They are numberless and all obey the same laws. If they are so operating and if these laws hold good, then you, in processing, can command the obedience of this phenomena. One of the phenomena is the stuck flow of control. People usually control other things by energy

and do not control by postulate which is the optimum thing to do. They obsessively control and then one day they control just a little more by energy and they decide they cannot control things any more. There is no other reason to it than electrical phenomena. There isn't, "Well, I failed too many times to control it so I guess I cannot control it any longer". They just had to try too hard and had to outflow too much, worked too hard by pushing in one direction too long and they created a stuck flow. Practically all flows are aimed in the direction of control and the anatomy of control is start, change and stop. Starting, changing and stopping things then became stuck flows.

One of the things we do is to back up this stuck flow of control. The thetan has been going all the time in the universe controlling things and very few things have ever controlled him. He has a tendency to snap in on himself those times when he has been controlled whether it was good or bad control. Hence you get the various phenomena such as the Service Facsimile which finds its basic residence in just that fact.

The idea of training people until they develop automatic responses as in the forces, has practically saturated the universe. They don't ever train the person since they don't even know who the man was. The whole idea of training is completely erroneous because they think that if they get some kind of automaticity going in the bank then this person, like a wound up doll, can thereafter drive a car and tanks. Everybody thinks that it works, so that is the target of education, "Don't apply it. Just memorize the data presented to you even though you don't precisely know where to fit it into your frame of reference."

Now an auditor comes along and starts to control him with Tone 40 auditing, such as "Give me that hand". After a while the preclear says, "I wonder if any of that is addressed to me? Could it be that some of it is addressed to me? In the first place they are not asking me to store up any of this in the bank. Quite the contrary. I am supposed to do this every time. Me? Does the fellow mean me because I don't see anything else around here that will give him my hand. Well, maybe if he does this often enough he is going to install a machine which will give him my hand." Then it becomes sheer duplication and duplication can utterly ruin any machine. The one thing that mental machinery cannot do is to exactly duplicate. Only a thetan can duplicate. He is the only being that can stand the stress and strain of is. So duplication enters into this with heavy control and he finds that he must be the one who is being controlled. Thus he works it out and one gets a back flow of control which is all there is to it. He finds nut that there is no great consequence to this and so becomes willing to control something and that is more or less a crude explanation of how control works when used in auditing.

We examine this very carefully and find that control is senior to energy. Energy is the servant of control and not the end goal of control although it could be made so. Energy is energy and if it was just floating about doing nothing there would be chaos, that is if there was no direction to it.

If we take this idea of energy flows as the only method by which anything can be controlled we are in trouble. That is the make-break point of a lifetime. That is the reason why electronic engineers have a rough time. The using of too much and using it too long to control things with energy which they themselves cannot even see, causes this stuck flow which eventually deteriorates into the inability to control and forces them further down to cruder methods yes.

We have a stratum above energy. There is such a thing as controlling by postulate. There is also such a thing as mass without energy, or mass without fields. There can be a mass with no energy and it is not true that that wall is composed of little things that wiggle. It is not composed of space with an idea of little particles. Let's not make the mistake of saying that a mass has no mass. That is what physics got itself into and is in it so deep that it will never dig itself out. When it advanced into higher physics they said that mass has no mass and it made mystics out of the lot of them.

That is a reverse postulate. It is all right to say that there is nothing there, there is

something there and behold is. But now there is something there and we say that there is nothing there without vanishing it and we are in trouble because we are telling a lie. Let's get the isness straight. The universe is real. If you run around saying that it is real it would become less offensive to you, but if you go around on the second postulate and while holding firmly in mind that it is and you say it isn't, you not-is it and become a "what wall" case which is lower than south.

That which makes something is not the thing it made and because you can make energy is no reason that you are energy. Because the wall next to you can make electrical fields when treated properly is no reason that it is an electrical field. In other words, that wall over there is and don't ever think it isn't. If your body runs into it, it will go thump. We then, as a result of this, have to admit two isnesses. The isness of your body and the isness of the wall and some person with more feeling than others would admit a third -- the thump.

One an vary, alter and do all sorts of things such as changing mest and electricity but when you say that it isn't you run into trouble and start going blind. This is actually the total reason 8-C and other processes are so good. You just make the preclear go around and say, "It is. It is. It is," and everything brightens up and is liable to become more solid, stronger and more massive. That is the basic control of this universe. It is. One controls something by holding it in existence. Just by holding something in existence one is controlling it.

Control then even enters into creation. Create and control are next door to each other. If an individual cannot suffer control himself his ability to create is doomed. He may be frantically creating but it doesn't mean that he is going to keep doing this for very long. He is going to hit that stuck flow. If he is creating with postulates and not with energy flows he can go on forever.

The number one trick of control used in this universe on a thetan is to make the thetan postulate that he himself can be damaged. One has to make him conceive that he is energy and that energy can be damaged by which he then has it proven to him that he can be damaged. One can only damage a person thoroughly and enormously by making this identification between a spirit and energy or mass.

Any psychotherapy or practice of religion and philosophy or activity concerning the mind is doomed to failure and will not and cannot work if it is based on the premise that man is mass. The only reason Scientology works is because it disabuses him of this fact. It addresses the being and if we were going around fixing up bodies thinking that man is a body made up of neurons, automaticities, etc., we have said at once that it cannot work, because it is using and confirming this identification.

That is the basic mis-identification necessary to damage a thetan or put him downscale. One just has to convince him that he is mass, energy and can be damaged and you have a foundation for a slave society.

The thetan who is convinced that he is a chair can provenly be damaged. But a thetan cannot be damaged. All you really have to do is disassociate the idea that a thetan was energy and you have 99 per cent of his case right there. People control so much energy that they eventually come to believe that they had better obey the laws of energy and so get stuck in energy. He then thinks he is energy and if he produces something he is the thing.

This situation eventually gets into a stuck flow and the moment you process him, not an energy mass, he starts to disconnect from all this energy without really wrecking his havingness. One cannot hurt his havingness. It is just another idea he found. Havingness works because it exercises his connection with energy. It makes him responsible until he wears out a whole flock of postulates and then feels better.

This, then, is a direct ratio. One would have to convince a thetan that he was energy before one could damage him. He often sets up a postulate that he could be damaged so as to

damage another thetan by example. Somebody said, "Hell was paved with good intentions," but it is actually paved with setting an example. You say, "Look what you have done to me, you brute. You have slaughtered me," and he says, "WHAT! A living being can be slaughtered? That's a new thought!" and he goes off worrying about this. You pick yourself up and say, "Guess I got that guy." Then one day you do it so often that you forget to get the guy or you run into too many others that convinced you. That is just the method of going into agreement.

Hence, down scale cases, difficulty in processing, all these things actually stem from these rather stratospheric postulates and activities which may or may not be reached directly by an auditor. They certainly can be attacked on a gradient scale. If they could be reached just like that one would have a one instant clear.

The whole matter of "I am energy, energy can be damaged, I can be damaged" is actually a necessary channel to create a good solid slave society. A fellow who is energy cannot get out of a skull and must to some degree be conceiving himself to be the content of the skull when you tell him to exteriorize. He is trying to push his brains outside the skull or something of the sort when you say, "Be three feet back of your head." It is painful and it gives him headaches.

A thetan couldn't be damaged. His abilities couldn't be less. We have already demonstrated that it is impossible to reduce an ability. About the only thing you can do is reduce its exercise or the willingness to exercise it.

The answer to all this is to remember and be cognizant all the time that one is processing the thetan and NOT an energy mass or something solid. Only then can change occur.

A thetan has plotted out orders of seniority and top amongst them is surprise. I can make anybody go out of control and actually make his body just start flip flopping madly just by making him run a process that isn't a process but which is addressed to surprise. "Mock up somebody and have him be surprised." Just have him do that for a few times and he says, "I am feeling nervous now," and the next thing you as an auditor see is that he has got all of his clamps about surprise off and all of the surprise which was more or less on automatic goes into full restimulation and he will just flip flop all over the place.

Surprise is one of the methods by which energy could be damaged because a thetan gets that associated with a blow and he has all sorts of interesting mechanisms figured out. But we have to have these basic mechanisms first -one, that one can be damaged and two, that he is energy.

Christianity, for instance, had this failure. Although they were addressing the spirit very broadly they actually brought in this mechanism called hell. There were seven hells originally and these various hells were all places where thetans could be damaged. They did this very interestingly. They said, "your soul," which, of course, made the operation, "you are energy."

Punishment and damage were entered in. That wasn't anywhere near as bad an operation as this dialectic materialism psychology mess that we have inherited in our modern times. Science is going straight ahead on the rocks of "man is energy -- man is mass." At least Christian practices gave a via on it. They still have some spirit present in their conception of man.

I am more or less prone to believe some of the miracles which occurred in the early days of Christianity in spite of the several Christian churches which now offer large prizes to anyone who can prove that any miracle ever occurred. If you were just to convince somebody that he is a spirit, that he did not "have" a soul but "is" a soul and nothing else, you are liable to get a miracle. He would slip all the way out of being energy and being damaged into being

himself.

We thus have control of the spirit as being the highest button of control or processing. Control of spirit would be rather direct without mumbo jumbo and lots of vias such as witch doctoring.

We have come to a point where we can do this quite directly. We can control a spirit. The moment that the preclear himself sees that he is control and that he is not energy, sees that he can receive control, communicate and respond to it, he certainly will pull out of the morass.

Tone 40 works well for some people and rather poorly for others. It has a lot to do with the goals of the auditor and his understanding of what he is trying to do with that process. But we are probably the first -- and this doesn't even include Buddhism -- to overtly address this problem very directly and without superstition and mumbo jumbo.

Direct control of the spirit is our direct goal and when a person can be controlled then he can control and when he sees that there is a two way flow involved he has the situation well in hand.

THE ARC TRIANGLE AND CCH

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The ARC triangle is our next to the oldest property in Scientology. The oldest is the bank, the engram and the mental image picture. Quite recently this almost forgotten triangle did a terrific resurrection only this time we have it as control, havingness and communication.

Affinity, Reality and Communication are an excellent description of the three basic things on which the universe is built, without which, in balance, life could not exist.

AFFINITY, that is some emotional or felt consideration of proximity, is basically a consideration of distance, but it is that consideration which says that one likes or doesn't like it. In other words, without some liking or disliking, having some things to avoid or to go close to, there would be no game at all.

REALITY, is that sequence which begins with postulates and ends with mass, which we originally defined as an agreed upon thing. Reality is the agreed upon apparency of existence as per the axioms.

COMMUNICATION, is an interchange of ideas between two beings who are aware that the other person is present. We had to introduce with this new simplicity the radical idea that one being could talk to another being and that an interchange of ideas could take place as defined in Axiom 28 and described in "Dianetics 1955" -- the manual of communication.

If you notice an interchange of ideas it is not very feasible unless there is an agreement of some sort or another. The agreement can take the form of having a mass to talk to and we thus get a communication via. At least we know what we are talking to if there is something there -- and that is reality. Of course, we can simply postulate that something is there and talk to it.

Talking to something is better than talking to nothing. When two beings are talking to each other here on Earth, one normally sees the oddity of two beings standing there, not confronting each other and not talking, but a lot of words go back and forth. The reality part of that interchange would be the mass, the platform whether it be Earth or a sidewalk that the two bodies are standing on. The space so far as location is concerned enters into this. Those are located somewhere and therefore we know where the communication goes to and whoever receives it knows where to send the answer back to -- a very necessary part of communication.

Then we get the affinity factor. How far away does a fellow have to be to talk to you? There is more than that to affinity. Affinity is liking and disliking. Understanding requires affinity, reality and communication and if any corner of the ARC triangle is lowered the other two corners lower accordingly.

We know that reality is basically an agreement and we have today the Reality Scale. We have always known that all we had to do was introduce some agreement into the situation. One had to agree at least on what one was talking about in order to talk. There is no communication in progress if there is no agreement on anything. One should have had to establish the existence of one of the other people before communication could have occurred.

Communication occurs simply by R and a little A when two people are together.

Affinity necessitates a control of attention. We have had a lot of processes founded on ARC and they have not in themselves produced tremendous results. They have produced good results but we haven't seen anybody step out of the graveyard and dust his hat.

There must be some counterparts to ARC which are more workable than ARC since if we know ARC is true then how do we (and those are basic considerations) make it work in this

universe, on this planet at this time? We know that the three things add up to understanding. How do we get this into a processing level?

In the first place one has to realize blindness when one sees it. One has to realize that South is an awful long way South and the basic entrance of the ARC triangle breaks down to control for A, to which bodies and the G.E. beautifully respond. Any preclear, therefore, would respond to it regardless of his tone level if you were processing him via a body, because this is the body's understanding. It is solid. Therefore A is control.

Somebody comes along and says, "Stand up straighter. Got your heels together. Suck in your guts" and he will say, "The guy loves me." You might phrase it in some other way. You might say, "Damn the sergeant, I could kill him" which means at the G.E. level, "I love him dearly."

Thus we have havingness or solid mass in the place of reality and verbalization in place of communication. So understanding takes place in terms of control, mass and communication.

Understanding mest-wise always takes place in the framework of mass and location thereof, verbalized or electrical or vibratory interchanges, and for affinity, control. If one disliked somebody on a mass level one would simply refuse to control him. The choice I am talking about is to control or not to control.

Unfortunately where there are people firmly connected with mass this then is the level of interchange. If people are going around in bodies, then this is the level to which cases respond.

Don't get me wrong. I am not trying to rephrase or re-do the ARC triangle. I am simply telling you the action level of the ARC triangle when it is in action or you are going to work on a mest level. A becomes control or lack of it. The R becomes mass and its location or lack of it since the complaint is about no mass, and C is some sort of vibratory electrical particle interchange, symbols flying back and so forth -- solid.

If you start adding too much directness at this very low level you are liable to blow the mass up. A thetan learns that. Every once in a while he loses a favorite piece of bank or service facsimile. He said exactly what he meant to the fellow directly with no vias and got himself fired. He was trying to communicate directly on a mest level and threw some particles straight out without the slightest via on them and caused an explosion. One has to have intention with it. There has to be some livingness connected with it. In other words, one has to go upscale in order to make it function optimumly.

People who are at the lower end of control don't want mass, can't have communication which becomes "it will be said for me". At this level, when coaxed to put out a control, a communication which is absolutely direct and straight, people discover something fantastic. In order to accomplish this they have to go upscale or shatter themselves in the process of doing so. After they have been shattered a few times they hit a higher tone range. They say, "I belong up here. What am I doing grubbing around here in the mest?" That is basically what an individual understands when he starts doing recent training drills.

ARC, to become extremely workable, has to be coached where you are dealing with masses in terms of control, havingness and communication.

We have said CCH, by which we mean control, communication, havingness or communication, control and havingness, and we have lined them up so that it is instantly discernible that this is the other side to the ARC coin.

Follow ARC down scale as per the Hubbard Chart of Human Evaluation in "Science of Survival" and as you go down you will find an area below the bottom line of the chart That has to do with mass. In other words, to wrap up this whole subject the only responses still extant

at the bottom of the Chart can still be phrased in terms of control, havingness and communication. Those responses do not entirely disappear as mentioned on the Chart but become very coarse and massive and don't entirely disappear.

If life can be awakened into a present it will be awakened into a presence or a location by control, havingness and communication, handled in one way or another. The first CCH process is very old and hardly anybody has recognized its antecedent. I processed a cat until he ate an editor. I processed this cat up to a point where he would strike at my fingers. He was a very timid cat and I got him to reach for my fingers and then each time he would reach I would withdraw my fingers slightly. He would reach further and he got more and more ferocious. So I invited an editor and he ate the editor up. That's an exaggeration but he really ate the editor's thetan by scaring the man with his ferocity.

Just by inviting the cat to reach out, no matter how timidly, and strike out at our fingers, gradually so as not to startle or surprise the cat we make our fingers retreat, we get the cat to put out a communication line. Lines are solid at the bottom of the Reality Scale so we are right there at the cat's reality. The cat can't have mass, is below mass and is actually trying to connect antagonistically with a solid communication line. So the cat does reach.

"Give me that hand" is just processing the cat. You say, "Give me that hand." The preclear doesn't and you reach over and take hold of his wrist, take his hand and thank him for having given it to you. After a while of this he says, "You know, there is some dim, vague possibility that I might have had something to do with that. I wonder if I could possibly reach that far over to your lap." When he finds out that he can do it, you have achieved a goal for you have got him reaching for the environment, in an 8-C style. When this is done, you as an auditor better have him reach for the mest environment in terms of barriers. You have just got lines recognized and he has to be moved up and out of barriers. So we have 8-C on walls. When we get him above that the auditor puts him back on lines again and we have Hand Space Mimicry. We get him to locate the mass of the auditor.

The preclear cannot disobey these commands. There is no thinkingness involved in it because there isn't any thinkingness at that level and if you are processing any it is a figure-figure.

That is what ARC becomes after a long time. An individual becomes a body. He agrees that he isn't anything but a body. People are never anything but bodies and bodies are dead too.

A body is a mass and therefore the realest thing there could be to a body is outright control. If a person had a body then control would be affinity. If he could control something he would like it. An individual who finds out control isn't killing him turns out to like his auditor. That is an establishment of a reality level and the affinity level at that reality level is control. It goes up and not down the scale. We use good Tone 40 control on him and he will come upscale to having mass.

Let's look at what this does to communication. The individual, of course, is willing to talk. He is also willing to receive objects and give objects away and so interchanges can occur. We are looking at the ARC where understanding takes place only in the presence of control, havingness and communication on a mest level.

This is the level at which machines of a mest nature, automobiles and so forth, have to be run. An individual cannot adequately control his car and he doesn't like his car. What does he mean by "like"? Does he mean an emotion? No, he means an ability to control it. It is as solid and mesty as that.

One wonders why some married couples don't get along although she apparently does everything he says. When an auditor decides that he will get her out from under her husband (or vice versa) or bush up this closure of terminals, he will find out that there seems to be some

feeling for each other. It is just control going on all the time. One is looking here at where control is affinity. They express their affinity for each other by kicking each other, trying to gain control over each other by fighting. Below that level is love making.

One can understand a lot by just looking at what understanding is at the level of mass. It is control, controlling and being controlled. That is understanding.

Psychosis is something mocked up so that it cannot be handled. Psychos try to make nothing out of their mass all the time. They have mocked up a non-handlability.

People who are below 2.0 on the Tone Scale mock up things that cannot be handled and individuals above 2.0 mock up things, when they do, that can be handled or they simply try to handle anything. There is thus a dividing line on this control. People below 2.0 mock up things routinely which cannot be handled and then brag about it.

Those people are much further down scale than one thinks they are. We say it is above or below 2.0 which seems to be a precise line. It is almost as if we are talking about two different universes. When individuals go around mocking up things that cannot be handled and bragging about it all the time, they give an auditor a pretty bad time. They are just daring the auditor to handle them. You start sawing through with "Give me that hand" and they say, "This can't be handled." They keep offering things that can't be handled. These people are never really successful at anything. They are terribly destructive. They Q and A with mest and they have become mest. They do what mest does.

Here we enter our understanding of life in realizing that there are people around who haven't the slightest desire to handle anything. Everybody's got something in his life that he doesn't think can be handled or thinks that he cannot handle, but these people just mock it up all the time. People or preclears that have given you a hard time have done only that. You cure them of one thing and they mock up something else that you cannot handle. Their whole game is the avoidance of control. But they know how to control other people. That is the Service Facsimile, which is unhandlable and you handle these people by not permitting them to handle the Service Facsimile which is reactive enough for any reactive bank.

One can thus roughly divide mankind above or below 2.0 on the tone scale. Some of them mock up things which can be handled and try to handle other things. These are the people that keep the world running. They don't build clocks that cannot be fixed. The rest of the people simply keep on mocking up things that cannot be handled and every doctor, every practitioner of any kind is confronted by these people all the time because this is the dare.

ARC becomes control, havingness and communication. You recognize that control, havingness and communication are not the bottom because they invert and become no control possible of any kind. This is the "can't handle" it. No mass is admissible or viewable and no communication of any kind acceptable. Therefore no understanding is possible.

We have discovered that rung which solves the inversion. Just as we can raise any person's communication by raising his affinity and reality, as we can raise affinity by raising their reality and communication so we can do these things at the bottom We can remedy control, inability to handle and so forth in his life and vicinity simply by remedying his havingness. We can do this by talking to him or by using straight control and we can raise his lack of mass by control and communication. We will find that his havingness will increase. Some odd and very complicated consideration about havingness are in the way of all this but it will blow in cognitions which he probably will never mention, but he will come up to CCH.

If a person has got to be identified and connected with mass, he is in terribly good condition when he is at CCH. Therefore CCH is pretty high, but it handles all the inversions of CCH and this whole mysterious stratum, the bottom sub-stratum of the ARC triangle, is revealed to view and becomes workable in the hands of the auditor.

Control all by itself will level out all lower inversions of the subject of control, havingness and communication. The right kind of communication all by itself will do something for havingness and control. Hand Space Mimicry is a solid line. They will eventually have an auditor.

"Can't have" on others and "have" on self or the three steps of trio or control trio run one way or another on somebody is also a communication process. If you run "Tell me something your mother can't have" and get a straight answer, the preclear's havingness comes up. So does his ability to control and his ability to communicate. You can hit CCH at one of its corners and get the other two to some degree because it permits the auditor to directly address the body and have something happen to the person.

CCH then, should be viewed simply as the workable factors at the lower end of the mass scale. CCH is a pretty high level procedure, but it is a description also of all lower levels, the harmonics of which are processed by straight CCH.

START-CHANGE-STOP

(Refer to "Clear Procedure" by L. Ron Hubbard)

Start, change and stop is the anatomy of control. This is a cycle of action -- create, survive, destroy. There is continue (persist) on the middle of the curve and other cycles within cycles of action, but the important factors are Start, Change and Stop.

Running Start, Change and Stop on an individual brings about greater self-determinism.

Self-determinism in the field of motion consists of, by own power of choice, permitting the object or body to be still or not to be still; permitting a thing to be changed or not to be changed; permitting a thing to be started or not to be started, and it must be rehabilitated in the preclear. In other words, self-determinism consists here of returning the preclear's power of choice over controlling or not controlling at will. The preclear who is obsessively controlling will sooner or later fail to control and then will be controlled by something. The obsession to control, to start, to change, to stop, will be found to enter into the ARC triangle and is what depresses the preclear down scale on the Tone Scale.

These three parts of control are run flat individually, in this order: we run Change flat, and then run Start again very flat and then we run Stop flat. It would be a mistake at this point to say that this process is finished for the excellent reason that if you run Change again you would find further considerations shifting in the preclear and then if you run Start you would find it unflattened. So you would run it again and then run and flatten Stop.

It would not be possible to say how long you would have to run the process altogether. On somebody who was total machinery and who never had been in session, this would be a rough process. On a case that is in good condition, this would run easier. The preclear would consider it interesting and would exteriorize quite easily. The end result of this process is exteriorization. For someone who is compulsively exteriorized, this would be excellent as he would slide into his head and eventually come out of it again, but not on a compulsive basis.

One meets with three conditions in auditing. The preclear who is compulsively interiorized, the preclear who is compulsively exteriorized and the preclear who is buttered all over the universe. The latter case, run on C-S-C would greatly accumulate the ability to collect himself. This might not occur until you have run him for five or more hours on it.

If this process is continued long enough the preclear will be moving his body by postulate -- i.e., from the outside, not by beams, stimulus response, etc.

This process does not go all the way up because of the preclear's attention span. Most preclear's cannot stay on a process for more than a few moments, so you would vary the process a little to keep him interested. His actual response, however, is not important as long as he does it.

There is no such thing as bad control, only non-positive control. Good control is positive control and positive control is not bad control.

We get a lower level there than moving the body. This would be S-C-S on Objects. It is always safest to run this on someone you are trying out or a person who cannot move about a lot such as an invalid. To somebody who has no reality on his body one would run S-C-S using an object instead of his body.

When running this process, the auditor and the preclear should both stand up. This gives reality and the auditor duplicating the preclear (mimicry) will bring about greater ARC. The session always fails when the auditor sits down while running S-C-S.

It runs this way:

The auditor points out a spot on the floor to the preclear and says: "Do you see that spot? Good. We will call that Spot A. Now you stand here. O.K." The auditor now indicates another spot and says: "Now do you see that other spot? Good. We'll call that Spot B. All right, now when I tell you to change the body's position I want YOU to move it from Spot A to Spot B. All right? Good. Change the body's position." "Fine." Then the auditor says: "Do you see that spot? Well, we'll call that Spot C." (We use three spots so that we don't run a duplication process on him.) "Now when I tell you to change the body's position I want YOU to move the body from Spot B to Spot C. Do you understand that? Fine, change the body's position."

You can ask him: "Did YOU change the body's position?" if his case is not too low, for it is not advisable on a low case at first.

Then go back to Spot A. It does not have to be the same spot A each time as it makes the process too much like duplication, brings the preclear to predict the process too easily and he will do it machine-wise.

Each time you make contact with the preclear you give the command in a new interval of time. You don't depend on any former understanding of the command. You clear it each time and give the whole command every time you use it. We make each move in time a new move. He doesn't have to depend on his memory, so the auditor repeats the whole wording as given. This is a most important aspect of running any part of S-C-S.

On Start we emphasize START. The auditor says: "Do you see that wall over there? Good. Now when I give you this command, I want you to move the body in the direction towards that wall. When I say 'start' I want YOU to start the body. All right. Start. Fine."

The preclear may protest that he had to stop the body and change it as well. What is happening here is that the word "Control" is beginning to ungroup and as you get start, change and stop apart and distinct from each other, the individual's ability to control the body increases and he gains more confidence in being able to control it from a greater and greater distance.

The next command would be: "All right, when I tell you to 'start' the body YOU start the body, O.K.? Start the body."

The third command is for STOP, and the auditor says: "I am going to ask you to get the body moving towards that (indicated) wall and somewhere along the line I am going to tell YOU to stop the body. Is that all right?" He agrees and you say, "Get the body moving." You don't say start. He does so and you say "Stop" and "Did YOU stop the body?"

You don't say "your body" but "the body", indicating the body. You emphasize him as a thetan doing it for it increases the preclear's selfdeterminism. You give the commands for each process newly each time.

From S-C-S, which is the three processes given above, there are two other processes called START-C-S and STOP-C-S.

START-C-S has the exact commands as for Start in S-C-S. We emphasize Start here and use Change and Stop only to unflatten Start. The purpose here is to rehabilitate the preclear's ability to get things starting since he has been immobilized a lot in his life when the opposing valences or conditions exercised bad control over him and prevented him from starting.

After a preclear has been run on Start-C-S, which would flatten to some degree each one of the points of control, we run STOP-C-S.

This is a distinctly different process. The commands are the same as used for Stop in S-C-S, but here one specializes in stopping the body.

One has the preclear stop the body over and over and as the preclear becomes more accustomed to doing this one then changes the process on him to this extent -- the auditor asks the preclear in running Stop-C-S to "stop the body absolutely still."

This imposes a new discipline on the preclear and makes the process extremely difficult for him. It is only done when S-C-S and ordinary Stop-C-S have to some degree been flattened.

Following up this "Stop the body absolutely still" one can introduce Change into the process for a few commands in order to unflatten the Stop-C-S that has flattened. In other words, when the Stop of Stop-C-S on an object or the body seems to be flat, one can run a few Change the body or Change the object and unflatten Stop once more with a resultant alteration in the preclear's ability to perform. When Stop-C-S seems flat then it should be unflattened at first by running Change-S-S with the emphasis on Change. When Change no longer upsets his ability to stop it, Starting it should be run as an alternate to Stop-C-S in order to unflatten it again.

Stop is the most important part of S-C-S. The preclear has been told all along the line to stop. He was made effect all the time. How you bring him to just this under his own control and self-determinism and he takes over the automaticity.

The same is true for Change. A psychotic is compulsively changing all the time and CHANGE-S-S will take over the automaticity of "compulsive changing" and make the person more sane.