

The "L" Rundowns

HUBBARD COMMUNICATIONS OFFICE

Saint Hill Manor, East Grinstead, Sussex HCO POLICY LETTER OF 23 OCTOBER 1971
Flag Only Class X Only

Only a full Class X may type or run off L- 10 lists or materials

CLASS X CHECKSHEET FOR L- 10 (EXPORT) C O N F I D E N T I A L

NAME: _____ DATE STARTED: _____ ORG: _____
DATE COMPLETED: _____

This course ma be taught only in an official Org which is qualified and specifically authorized to teach it.

Pre- requisite is successful completion and Internship of all levels up to and including Class IX.

Full completion of this checksheet including the auditing requirements entitles the student to the award of Class X Certificate.

Note: Students must be twinned in pairs. They remain twins for course study, Method 2 Word Clearing and for co- audit of the L- 10 processes to L10 completion.

The skills of a Class X Auditor lie in flubbless TRs, Two Way Comm, Metering, Comm Cycle, understanding and application of the Overt Motivator Sequence, and perfect assessments. Therefore this checksheet specifically covers these aspects before the student begin the L- 10 section itself. Other actions required in setting up a pc for L10 are fully covered in precious levels and are not part of this course.

This checksheet must be done in sequence, star- rated once through except Sections 7 & 8 (the actual L- 10 materials) which are zero rated once through both sections and then word cleared Method 2 then star- rated.

CLASS X CHECKSHEET - SECTION ONE - GENERAL

1. HCOPL 15 June 1970 Keeping Scientology Working _____
2. HCOPL 16 Apr 1965 The Hidden Data Line _____
3. HCOPL 19 Apr 1965 Ethics Training & Processing Regulations _____

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4. HCOPL 27 May 1965 Processing _____
5. HCOPL 22 Nov 1967 Out Tech _____
6. HCOPL 23 July 1969 Auditor Assignment Policies _____
7. HCOPL 4 Feb 1970 PC Application for Major Actions _____
8. HCOB 4 Feb 1970 PC Application for Major Actions _____
9. HCOB 28 Apr 1971 Okays to Audit in HGCs _____
10. HCOPL 31 May 1968 Auditors _____
11. HCOPL 14 Oct 1968 The Auditors Code _____
12. HCOPL 2 Nov 1968 Additions to Auditors Code _____

CLASS X CHECKSHEET - SECTION TWO ETHICS AND LEGAL

1. HCOPL 1 July 1965 Ethics Chits _____
2. HCOPL 5 Apr 1965 The Basis of Insanity _____
3. HCOPL 7 Aug 1965 Suppressive Person, Main Characteristics of _____
4. HCOB 28 Jan 1966 S& D Data, How a Suppressive Becomes One _____
5. HCOPL 1 Oct 1967 Uses of Orgs _____
6. HCOPL 27 Oct 1964 Policies on Physical Healing, Insanity and Potential Trouble Sources _____
7. HCOPL 26 Oct 1970 Institutional and Shock Cases Posting of Bonds _____
8. HCOPL 16 May 1970 Institutional and Shock Cases Petitions from _____
9. HCOPL 14 Dec 1970 Institutional and Shock Cases Petitions from Legal _____
10. HCOPL 12 July 1971 Parent or Guardian Assent Forms _____

CLASS X CHECKSHEET - SECTION THREE COMM - ITSA - TRs

1. HCOB 23 May 1971 The Magic of the Comm Cycle _____
2. HCOB 23 May 1971 The Two Parts of Auditing _____
3. HCOB 23 May 1971 The Three Important Communication Lines _____

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4. Demonstrate in Clay
 - (a) Itsa _____
 - (b) The Itsa Maker Line _____
5. HCOB 23 May 1971 Comm Cycles Within the Auditing Cycle _____
6. HCOB 14 Aug 1963 Lecture Graphs _____
7. HCOB 5 Nov 1965 Lecture Graphs _____
8. HCOB 23 May 1971 The Communication Cycle in Auditing _____
9. Demonstrate in Clay
 - (a) Communication _____
 - (b) The Auditing Comm Cycle _____
10. HCOB 23 May 1971 Auditor Failure to Understand _____
11. Demonstrate in Clay (a) The Mechanisms of Invalidation _____
 - (b) The Mechanics of Evaluation _____
12. HCOB 23 May 1971 Premature Acknowledgements _____
13. HCOB 5 Feb 1966 Letting the PC Itsa _____
14. Demonstrate in Clay (a) What happens if the auditor lets the pc talk on and on _____
 - (b) Premature Acknowledgement and what causes it _____
15. HCOB 23 May 1971 Comm Cycle Additives _____
16. HCOB 23 May 1971 Recognition of Rightness of the Being _____
17. HCOB 8 Mar 1962 The Bad Auditor _____
18. HCOB 12 Feb 1966 The Dangerous Auditor _____
19. HCOB 4 Aug 1963 E- Meter Errors: Comm Cycle Error _____
20. HCOB 1 Oct 1963 How to Get Tone Arm Action _____
21. HCOB 8 Oct 1963 How to Get TA, Analysing Auditing _____
22. HCOB 25 Nov 1963 Dirty Needle _____
23. HCOB 3 Aug 1965 Auditing Goofs, Blowdown Interruption _____
24. Demonstrate in Clay
 - (a) What makes the TA move _____
 - (b) What causes a dirty needle _____
25. HCOB 25 June 1970 Fishing a Realization _____

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26. HCOB 10 July 1970 2- Way Comm - A Class III Action _____
27. HCOB 3 July 1970 C/ Sing 2 Way Comm _____
28. HCOB 6 Nov 1964 Styles of Auditing _____
29. HCOB 30 Apr 1969 Auditor Trust _____

TAPES

1. 27 July 1954 Two Way Comm and the PTP _____
2. 6 Oct 1954 Two Way Comm _____
3. 22 Oct 1954 Two Way Comm _____
4. 1 Nov 1954 Two Way Comm _____
5. 29 Nov 1954 Two Way Comm _____
6. 14 Aug 1963 Auditing Tips _____
7. 15 Aug 1963 The Tone Arm _____
8. 20 Aug 1963 The Itsa Line _____
9. 21 Aug 1963 The Itsa Line _____
10. 16 Oct 1963 The Itsa Maker Line _____
11. Demonstrate in Clay
 - (a) The Mechanics of Two Way Comm _____
 - (b) Over restimulation _____
 - (c) Under restimulation _____

TRs

1. HCOB 17 Apr 1961 Training Drills Modernized _____
2. HCOB 16 June 1971 Rapid Tr - 2 _____
3. HCOB 7 May 1968 Upper Indoc TRs _____
4. HCOB 16 Nov 1965 Commands for Upper Indoc TRs _____
5. HCOB 12 Jan 1959 Tone of Voice - Acknowledgement _____
6. HCOB 26 Apr 1971 TRs and Cognitions _____
7. HCOB 20 Feb 1970 Floating Needles and End Phenomena _____

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TRs - PRACTICAL

- | | | | | |
|--------------------|--------------------------|--------------------|--------------------|--------------|
| TR - 0 _____ | TR - 4 _____ | TR - 1 _____ | TR - 6 _____ | TR - 2 _____ |
| _____ TR - 7 _____ | _____ TR - 2 RAPID _____ | _____ TR - 8 _____ | _____ TR - 3 _____ | |
| _____ TR - 9 _____ | | | | |

CLASS X CHECKSHEET - SECTION FOUR RESPONSIBILITY AND THE O/ M SEQUENCE

1. HCOB 1 Nov 1968 Overt - Motivator Definitions _____
2. Demonstrate in Clay
 - (a) An Overt _____
 - (b) A Motivator _____
3. HCOB 18 Dec 1957 Psychosis, Neurosis, and Psychiatrists _____
4. HCOB 17 May 1958 Beingness Again _____
5. HCOB 17 Dec 1958 Basic Postulate of Overt Motivator Sequence _____
6. HCOB 7 May 1959 New Process theory _____
7. HCOB 23 Dec 1959 Responsibility _____
8. HCOB 21 Jan 1960 Justification _____
9. Demonstrate in Clay
 - (a) Withhold _____
 - (b) The Overt Motivator Sequence _____
 - (c) The Mechanics of Justification _____
10. HCOB 4 Feb 1960 Theory of Responsibility Processing _____
11. HCOB 4 Feb 1960 Overt Manifestations on a Low Toned Case _____
12. HCOB 18 Feb 1960 How to Run O/ W and Responsibility _____ 13. Demonstrate in Clay
 - (a) Responsibility _____
 - (b) Why a thetan restrains himself _____
 - (c) How O/ W works _____
14. HCOB 25 Feb 1960 Scientology Can Have a Group Win _____

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15. HCOB 9 June 1960 The Basic Assumptions _____
16. Demonstrate in Clay (a) The mechanics of Out - of - Valence _____
17. HCOB 13 Aug 1962 Rockslams and Dirty Needles _____
18. HCOB 7 Dec 1964 PTPs, Overts and ARC Breaks _____
19. HCOB 4 Apr 1965 ARC Breaks and Missed Withholds _____
20. HCOB 29 Sept 1965 The Continuous Overt Act _____
21. HCOB 30 June 1967 Evidences of an Aberrated Area _____
22. HCOB 6 June 1969 Prediction and Consequences _____
23. HCOB 31 Dec 1959 Blow offs _____
24. HCOB 31 Jan 1970 Withhold, Other Peoples _____

TAPES

1. 6001C01 SMC - 1 Opening Lecture _____
2. 6001C01 SMC - 2 Responsibility _____
3. 6001C01 SMC - 3 Overts and Withholds _____
4. 6001C02 SMC - 4 A 3rd Dynamic in Scientology _____
5. 6001C02 SMC - 5 Marriage _____
6. 6001C02 SMC - 6 Group Processing _____
7. 6001C03 SMC - 7 Zones of Control, Responsibility _____
8. 6001C03 SMC - 8 Create and Confront _____
9. 6001C03 SMC - 9 Your Case _____
10. 6102C09 Illness, Insanity and Axiom 2 _____
11. 6102C10 Procedure, Duplication and What People Do _____
12. 6102C16 Machinery and Games Thetans Play _____
13. Write an essay on relationship of O/ W sequence to Insanity, Valences and Cause Level _____

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CLASS X CHECKSHEET - SECTION FIVE

PC OBNOISIS

1. HCOB 26 Oct 1970 Obnois and the Tone Scale _____
2. HCOB 19 June 1970 C/ S Series No. 8 Chart of Human Evaluation _____
3. Chart of Human Evaluation _____
4. HCOB 18 Sept 1971 Scales _____
5. HCOB 25 Sept 1971 Tone Scale in Full _____
6. HCOB 29 July 1964 Good Indicators at Lower Levels _____
7. HCOB 26 Apr 1969 Bad Indicators _____
8. HCOB 28 Feb 1959 Analysis of Cases _____
9. Demonstrate in Clay how auditing affects Tone Level _____
10. Drill: Walk around the Org. Observe and talk briefly to 10 people individually.

Spot their tone levels and note down their mannerisms and characteristics by which you ascertained their levels.

CLASS X CHECKSHEET - SECTION SIX METERING

1. E - Meter Essentials Section F, The Needle _____
2. HCOB 14 Jan 1963 Rings Causing Rock Slams _____
3. HCOB 21 Jan 1964 Breath and Body Action _____
4. HCOB 5 Oct 1968 ARC Break Needle _____
5. HCOB 7 Oct 1968 ARC Break Needle _____
6. HCOB 28 Feb 1971 Meter Reading Items _____

7. HCOB 14 Mar 1971 F/ N Everything _____
8. HCOB 23 May 1971 Metering _____
9. HCOB 24 Oct 1971 False TA _____
10. HCOB 10 Dec 1965 E- Meter Coaching _____
11. HCOB 16 June 1971 Advanced E- Meter Drills _____

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E- METER DRILLS (per Book of E Meter Drills)

EM Drill 11 _____ EM Drill 12 _____ EM Drill 13 _____ EM Drill 14 _____
 _____ EM Drill 15 _____ EM Drill 16 _____ EM Drill 17 _____ EM
 Drill 18 _____ EM Drill 19 _____ EM Drill 20 _____ EM Drill 21 _____
 _____ EM Drill 23 _____ EM Drill 24 _____ EM Drill 27 _____
 Advanced E Meter Drill No. 2 (Per HCOB 16 June 1971 _____)

CLASS X CHECKSHEET - SECTION SEVEN L - 10 ITSELF

1. HCOB 22 Jan 1971 The Fabulous L- 10 _____
2. HCOB 25 Mar 1971 Re: Auditing Requisite of Auditors Auditing L10 _____
3. HCOB 13 Aug 1971 L10 Training Prerequisites _____
4. HCOB 19 July 1971 C/ S Series 52 Internes _____
5. HCOB 25 Mar 1971 L10 Prerequisites. Setting Up a Pc for L10s _____
6. HCOB 27 Sept 1966 The Anti Social Personality _____
7. HCOB 28 Nov 1970 Psychosis _____
8. HCOB 17 Sept 1971 Data for Class X _____
9. HCOB 17 July 1971 C/ S Series 51 Out Of Valence _____
10. Demonstrate in Clay (a) Psychosis _____
 (b) The Anti Social Personality _____
 (c) How an SP Becomes One _____
11. HCOB 10 May 1971 F/ N Style _____
12. Demonstrate in Clay (a) What Stops an F/ N _____
 (b) What Happens if Each Item is Not Taken to F/ N in L10 _____
13. HCOB 18 Sept 1971 L10 Style Assessment _____

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14. Demonstrate in Clay
 (a) L10 Style assessment _____
15. HCOB 11 May 1971 L10 Slows _____
16. Demonstrate in Clay
 (a) The effect of L10 on an improperly set up case _____
 (b) The effect of slow TR- 2 in L10 _____
 (c) The mechanics of a lie _____
 (d) The effect of auditing over an evil life _____
17. HCOB 25 June 1971 Major L10 Errors _____
18. HCOB 25 June 1971 L10 General Notes _____
19. HCOB 25 Mar 1971 How to Extract Items for O/ Ws from L10 W/ S _____
20. HCOB 17 Sept 1971 L10 Repowered O/ W Commands _____
21. HCOB 11 May 1971R Evil Lives _____
22. HCOB 22 Sept 1966 Clear and OT _____
23. HCOB 2 Aug 1971 The State of Clear and OT _____
24. HCOB 22 June 1971 End Phenomena of L10s _____
25. WORD CLEARING Word Clear Method 2 on all HCOBs in this Section _____
26. Demonstrate in Clay
 (a) What is acheived by L10 _____

NOTE: The student should have completed his own L10 as a case before proceeding with section eight.

CLASS X CHECKSHEET - SECTION EIGHT L10 RUNDOWN

(The materials of this section constitute the "L10 Pack" one of which is issued for each Pc.)

1. HCOB 27 June 1971R L10 Checklist _____
2. Important Note _____
3. Instruction Sheet _____
4. Applicant for L10 Form _____

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5. Auditor C/ S Attest Form _____
6. HCOB 27 Mar 1971 Considerations Rundown _____
7. HCOB 14 Sept 1971 Two Way Comm C/ Ses for L10 _____
8. HCOB 26 June 1971R Full Lie Rundown _____
9. HCOB 14 Sept 1971 L10 Program Assessment _____
10. HCOB 8 Feb 1971 L10 PA Handling Sheet _____
11. HCOB 18 Jan 1971 L10 1 Motivator List _____
12. HCOB 19 Jan 1971 L10 2 Overt List _____
13. HCOB 18 Sept 1971 E/ Purpose General _____
14. HCOB 20 Jan 1971 L10 Others To Others _____
15. HCOB 30 Nov 1971 L10 LTA Omission List _____
16. HCOB 15 Sept 1971 E/ Purpose Multiple C/ S _____
17. HCOB 15 Sept 1971 Greatest O/ M RD C/ S _____
18. HCOB 15 Sept 1971 Enemy R/ D Multiple C/ S _____
19. HCOB 1 Feb 1971 L10 2D 1 and 2 _____
20. HCOB 7 Feb 1971 L10 G Group Approach L10 _____
21. HCOB 27 June 1971 MEST RD Lists _____
22. HCOB 27 June 1971 MEST RD Lists _____
23. HCOB 28 Dec 1970 L10 Result Assessment _____
24. HCOB 27 June 1971 L10 RA Handling Sheet _____
25. HCOB 15 Sept 1971 Special C/ S for L10 RA 33 _____
26. HCOB 26 June 1971 The Connections List _____
27. Final Instructions _____
28. Word Clear Method 2 on the materials of this section _____

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DRILLS: (Per HCOB 23 Oct 1971 L10 Drills)

1. TR X- 1 (a) 2W/ C _____
2. TR X- 2 (a) L10 Style Assessment _____ (b) _____ (b) _____
3. TR X- 3 (a) 6W O/ W _____ 4. TR X- 4 (a) Consideration R/ D _____
(b) _____ (b) _____
5. TR X- 5 (a) Lie R/ D _____
6. TR X- 6 (a) L10 PA _____
(b) _____ (b) _____
7. TR X- 7 (a) L10 Lists _____
8. TR X- 8 (a) L10 LTA _____
(b) _____ (b) _____
9. TR X- 9 (a) L10 2D 2 _____
10. TR X- 10 (a) E/ Purp _____

(b) _____ (b) _____
11. TR X- 11 (a) E/ Purp Mul _____
12. TR X- 12 (a) Enemy R/ D _____

(b) _____ (b) _____
13. TR X- 13 (a) Great O/ M _____

14. TR X- 14 (a) Life R/ D _____
 (b) _____ (b) _____
 15. TR X- 15 (a) MEST R/ D _____
 16. TR X- 16 (a) Connections R/ D _____

- (b) _____ (b) _____
 17. TR X- 17 (a) E/ Purp Mul _____
 (b) L10 RA _____

CLASS X CHECKSHEET - SECTION NINE

C/ SING CLASS X A thorough knowledge of all the materials of this course is essential to the C/ Sing of L10. In addition, the following are relevant.

1. HCOB 23 Aug 1971 Auditors Rights _____
2. HCOB 16 June 1970 What the C/ S is Doing _____
3. HCOB 19 June 1970 Chart of Human Evaluation _____
4. HCOB 3 July 1970 C/ Sing 2W/ C _____

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5. HCOB 21 Aug 1970 Session Grading _____
6. HCOB 26 Aug 1970 Session Grading _____
7. HCOB 8 Oct 1970 Persistent F/ N _____
8. HCOB 28 Nov 1970 Psychosis _____
9. HCOB 28 Feb 1971 Metering Reading Items _____
10. HCOB 6 Mar 1971 Long C/ Ses _____
11. HCOB 31 Mar 1971 Programming & Misprogramming _____
12. HCOB 26 May 1971 Mixing Major Actions _____
13. HCOB 21 Oct 1971 Intensive Programs _____
14. HCOB 9 June 1971 Complete Cycles _____
15. HCOB 19 June 1971 C/ S Rules _____
16. HCOB 19 June 1971 Declares _____
17. HCOB 20 June 1971 The Supreme Test of a C/ S _____
18. HCOB 17 July 1971 Out of Valence _____
19. HCOB 29 Mar 1970 Auditing and Ethics _____

I attest that I have completed the above checksheet and that I understand and can apply the materials:

_____ (Student)

_____ (Supervisor)

Student has passed L10 written exam 100% _____

(Student Examiner) L. RON HUBBARD Founder LRH: ojr; rs Copyright © 1971 By L. Ron Hubbard ALL RIGHTS RESERVED

TECHNICAL BULLETIN
 29 JULY 1984

ISSUE I
 THE "L" RUNDOWNS

INTRODUCTION

The L's were developed as a result of research into the levels above

OT VIII. The success of the L's is startling. These rundowns can handle things that are handled nowhere else.

The breakthrough which exists here technically is so strong that it actually cuts through the normal protective mechanisms of the mind. It came actually from the OT Grades. It answers the question - Why does an OT restrain himself and cease to behave as an OT?

Each rundown is designed to terminatedly handle a specific area of a person's case. The L's are not grades in themselves but incredible boosters. The basic tech comes from research into increasing OT powers. They're a special class of rundown; they increase a person's power and effectiveness.

Part of the discovery was that this tech could be used lower down on the Bridge to get people up it faster - very much faster.

The L's address the basics of a thetan's case directly. They undercut the reactive mind and handle those factors which suppress the capacity to actually Do, Be and Have. They remove those things that can make a person less himself and far less powerful and causative as a thetan. These rundowns are designed to find and erase the basic counter intentions along one's dynamics. They stabilize a case.

The L's require experts to run them. The auditor's TRs have to be perfect and there is no room for flubs. So don't audit these rundowns on a PC or PreOT until your auditing is flawless.

In all the "L" Rundowns (L10, L11, and L12) the PC or PreOT is fully set up first with a C/S 53 and GF40 expanded if needed.

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ISSUE IV

THE "L" RUNDOWNS
THE L10 RUNDOWN STEP ONE

STEP ONE: DYNAMIC ASSESSMENT

L&N for each dynamic:

Who or what (W/W) represents the (Dynamic) ?

or

W/W would represent the (Dynamic) ?

For example:

W/W represents the first dynamic? LF
Item: an engineer LFBD F/N

See TECHNICAL BULLETIN 29 JULY 1984 Issue III
L RUNDOWN TERMINAL PROCEDURE for procedure to handle a terminal.

Repeat for all the other dynamics.

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ISSUE III

THE "L" RUNDOWNS

L RUNDOWN TERMINAL PROCEDURE

When a terminal is found on any of the L&N list questions, the C/S and/or auditor observes one of the following two possibilities:

A. The item found on the L&N question is an identity type valence which is or has been an identity or valence of the PC/PreOT. For example, an engineer or Sherlock Holmes are identity type valences.

B. The item is another being who the PC/PreOT has known as with the VA Power Plus "Person" list item. For example, John Smith or my father are people who the PC or PreOT has known. There is no strict guideline on this; the C/S or auditor has to obnose which category the item fits into (A or B).

If the item turns out to be by observation an identity type valence as in A above, you then handle as follows:

Identity Type Valence Handling

Place the item in the following commands and run to EP:

1, What has (a)_____done?

Z. What has (a)_____withheld?

For example:

1. What has Sherlock Holmes done?
2. What has Sherlock Holmes withheld?

Next L&N the question:

What would be the basic intention/purpose of (a)_____?

For example:

What would be the basic intention/purpose of Sherlock Holmes?

Use intention or purpose, whichever communicates or reads best.

Take the LFBD F/N iten found and for a PC use:

Locate an incident that contains the intention/purpose_____

For example:

"to dumbfound others"

For a PC use:

Locate an incident that contains the intention/purpose to dumbfound others.

Be sure it is an evil intention or purpose.

Run the item quad R3RA to full erasure.

If it is a good or positive intention, rehab it.

Then 2 W/C - "What progress have you made in achieving that purpose?"

For a PreOT:

Find out if the intention/purpose is:

1. YOURS
2. A BODY THETANS
3. A CLUSTERS

If YOURS reads, have PreOT:

Run recalls quad to EP
or,

Locate an incident that contains the intention/purpose to _____

D/L earlier D/L to basic if needed.

Pick up other flows if they read and also D/L earlier D/L to basic.

If BT reads, have PreOT:

i. Locate BT's position relative to the body (should be reading).

Handling

Ask it, "Is (intention) yours?" If yes and no F/N, "Recall a time when you had the intention to (_____)" (back to the first time).

If answer is "no" and BT protests, check false. The false question being, "Did anyone ever say you had the intention to (_____) when you really didn't?"

Then blow with OT III or

- 2 -

NOTS procedure if not blown on recalls.
Alternate Handling

1. Assess the incident list from the OT or NOTS Drug Rundown to determine what type of incident

- caused the individual to have that intention.
2. D/L earlier D/L to basic or blow the incident found.
 3. If needed, finish up with OT III or NOTS procedure depending on where the PreOT is on the Grade Chart.

If Cluster reads, have PreOT:

1. Locate Cluster's position relative to the body. (should be reading)
2. Assess the Incident list from the OT or NOTS Drug Rundown to find out what type of mutual incident caused the cluster to be formed.
3. D/L earlier D/L to basic, break up or blow of cluster.
4. Find out if there are any individuals left over from cluster and if there are, handle with OT III or NOTS procedure depending on where PreOT is on the Grade Chart.

Assess the other flows of the intention/purpose for reads and if reading assess:

Is (flow and intention):

YOURS
A BTs
A CLUSTERS

Then handle as above and repeat on all other flows of intention/purpose.

This is the complete identity type valence handling.

If the item turns out to be another being or person who the PC/PreOT has known in the past or is currently associated with, handle as follows:

R. Another Being or Person Handling

Handling for a PC:

1. Run the being or person O/W quad flow:

F1 What has _____ done to you?
What has _____ withheld from you?

F2 What have you done to _____?

What have you withheld from _____?

- 3 -

F3 What has _____ to others?
What has _____ withheld from others?

F3A What have others done to _____?
What have others withheld from _____?

F0 What have you done to yourself because

of_____?

What have you withheld from yourself because

of_____?

For example:

F1 What has Sherlock Holmes done to you?

What has Sherlock Holmes withheld from you"

Then do F2, F3, F3A, and FO as usual.

Other terminal type processes can be used to make sure the being or person is flat, for example any ruds or even the processes from the Suppressed Person Rundown can be used.

2. Date/locate the first time the PC ever met that being or person. If the D/L was only of a meeting of a human composite, recent life, go earlier to find first encounter with that being or person and D/L to a blow on that being or person. This is different phenomenon than OT III or NOTs, but if the being or person was a BT, the first encounter would predate the incident that caused it to be a BT and blow it.

If needed, recheck:

Is (intention/purpose) also:

(with original intention/purpose)

Yours

a (another) BT's

a (another) Cluster's

Leaving out "Yours" if already run.

Then handle as above.

This completes the handling of another being or person for a PC.

Handling for a PreOT:

1. Assess to find out if the charge on the terminal (being or person) belongs to the PreOT, a BT or a cluster.

Is the charge on (item found)

Yours

a BT's

a Cluster's

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Then do the O/W step above on the whichever reads.

2. Do the D/L step as above on the first meeting accordingly (PreOT, BT's or cluster's as determined in step 1).

3. If it was a BT or cluster and the BT or cluster has not blown by this time handle per the usual OT III or NOTs procedure to a blow.

If needed, recheck:

Is (intention/purpose) also:

(With original intention/purpose)

Yours

a (another) BT's

a (another) Cluster's

Leaving out "Yours" if already run,
Then handle as above.

This completes the handling of another being or person for a PreOT.

The above procedure can be used on any of the L Rundowns to flatten any terminal which found on any L&N list.

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ISSUE II

THE "L" RUNDOWNS

THE L10 RUNDOWN INTRODUCTION

L10 is designed to handle the things a thetan uses to restrain himself. The person regains his ability and power to do those things he intends to do and as a result he feels more at cause than ever before. L10 is an action that really releases a person's power on the third and fourth dynamic. It takes off the stops that hold a person back on these dynamics.

L10 will boost the individual's confront and responsibility level and consequently raise his doingness level.

PREREQUISITES: L10 is not restricted to only those who have completed OT III. The only prerequisites to L10 are a complete NED Drug R/D and Expanded Grades. It may not be done in the Non-interference Zone between Grade VI R6EW and OTIII.

Note - All assessing is done M-6 (the L10 method of assessing a list). You look at the PC or PreOT and ask him directly every item or question on the list. (Tape recording 7106C12)

TECHNICAL BULLETIN

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ISSUE V

THE "L" RUNDOWNS

THE L10 RUNDOWN STEP TWO

STEP TWO: IDENTITIES

This part of the L10 Rundown consists of 37 L&N actions to be

listed per the Laws of Listing and Nulling to a BD F/N item. They are done in the order listed. On the purpose/intention list, if you get VVGI's BD F/N and major case cognition or valence shift, that's it on that step. If it goes to BD F/N VGI's, not a real blow out, then run the item R3RA quad or run recall on it or D/L for a PreOT at OT III or above. This rundown undercuts OT III and NOTS. It breaks up a case in a very subtle fashion. Be sure not to audit over a persistent F/N. You may only be able to do one list each session. This blows off beings, valences, overwhelm, confusion and increases reach vastly.

The basic L&N questions are:

Who or What (W/W) was (Item from list) ?

or

Who or What would have been (Item from list) ?

or

What past identity was (Item from list) ?

or

What past identity would have been (Item from list) ?

Use the question which communicates best to the PC or PreOT and gives the biggest read.

ITEM LIST

Note- All assessing is done M-6 (the L10 method of assessing a list). You look at the PC or PreOT and ask him directly every item or question on the list.(7106C12)

1. CRITICAL
2. UNAPPRECIATIVE
3. DISLIKED THINGS
4. REFUSED TO UNDERSTAND
5. LOVING
6. LIKED THINGS
7. UNDERSTANDING

- 1 -

8. SYMPATHETIC
9. FRIENDLY
10. KILLED
11. DEAD
12. EXCITED
13. ENTHUSIASTIC
14. GRIEFY
15. PROVOKED
16. COMPLAINING
17. MISERLY
18. UNABLE TO PERCEIVE
19. SICK
20. VICTIMIZED
21. NECESSARY
22. FAKE
23. SHY
24. VENOMOUS
25. SNEAKING/SNEAKY
26. TIMID
27. PERVERTED

- 28.UNWELL
- 29.EVIL
- 30.INDEFINITE
- 31.LAUGHABLE
- 32.A BIRD
- 33.MAGICAL
- 34.CRUEL

- 2 -

- 35.BLOOD THIRSTY
- 36.DRUNKEN
- 37.HUNGRY
- SOME OTHER WORDS THAT COULD BE USED ARE:
- 38.TREACHEROUS
- 39.ENCHANTING
- 40.WICKED
- 41.FASCINATING
- 42.MYSTERIOUS
- 43.PRETENTIOUS
- 44.HELPLESS
- 45.COWARDLY
- 46.DIRTY
- 47.CUNNING
- 48.DISOBEDIENT
- 49.OPPRESSIVE
- 50.OVERPOWERING
- 51.WEAK

Clear the L&N question with the word to be used such as:
W/W was mysterious? LF
List and Null to one item such as:
Sherlock Holmes LFBDF/N

See TECHNICAL BULLETIN 29 JULY 1984 ISSUE III L RUNDOWN
TERMINAL PROCEDURE for directions on how to
handle terminals found from L&N lists.

Take the next word off the item list and repeat procedure.

End off this step on a major case change, valence shift
and/or ability gained with VVGIs, Floating TA and
Cognition.

TECHNICAL BULLETIN
29 JULY 1984

ISSUE VI
THE "L" RUNDOWNS

THE L10 RUNDOWN STEP THREE

STEP THREE: WORST OVERT

The basic L&N questions are:
What is the worst thing you have ever done (ever)?

The "(ever)" means you really emphasize ever in clearing
the question.

Once you get the overt, you then L&N to get the identity:

Who or what would (do) (overt from above) ?

Find the item and handle per the procedure given in
TECHNICAL BULLETIN 29 JULY 1984 L RUNDOWN TERMINAL
PROCEDURE

Next L&N the other flows and find the intention/purpose
and use the proper handling depending on whether the person
is a PC, OT III PreOT or NOTS PreOT.

Flow 2

What is the worst thing another has ever done!

Who or What would (do) (overt given) ?

Handle per TB 29 JULY 1984 Issue III

L RUNDOWN TERMINAL PROCEDURE

Flow 3

What is the worst thing others have ever done?

Who or What would (do) (overt given) ?

Handle per TB 29 JULY 1984 Issue III

L RUNDOWN TERMINAL PROCEDURE

Flow 0

What is the worst thing you have ever done to yourself?

Who or What would (do) (overt given) ?

Handle per TB 29 JULY 1984 Issue III

L RUNDOWN TERMINAL PROCEDURE

TECHNICAL BULLETIN

29 JULY 1984

ISSUE VII

THE "L" RUNDOWNS

THE L10 RUNDOWN STEP FOUR

STEP FOUR: 8D RUNDOWN

The eight dynamic processing check is done with the questions being
asked M-6. Each reading question is taken to EP. For each question
that is handled to EP, L&N for the identity and then handle per
TECHNICAL BULLETIN 29 JULY 1984 Issue III L RUNDOWN TERMINAL PROCEDURE.
Handle as follows:

OVERT HANDLING

Once you get the overt, you then L&N to get the identity:

Who or what would (do) (overt from above) ?

Handle per TECHNICAL BULLETIN 29 JULY 1984 Issue II

L RUNDOWN TERMINAL PROCEDURE

Repeat for all overts found.

For NOTS preOTs

Check, "Is there a BT, Cluster, Cumulative Cluster, with the same overt?"

TECHNICAL BULLETIN
29 JULY 1984
ISSUE VIII
THE "L" RUNDOWNS

THE L10 RUNDOWN STEP FIVE

STEP FIVE: PARTS OF EXISTENCE

Do a dynamic assessment and/or two way comm to locate various parts of a persons life or existence. Run those items that read on the outpoint/pluspoint assessment list.

THE L10 RUNDOWN STEP SIX

STEP SIX: RESULTS ASSESSMENT

The following questions are assessed M-6 and taken to EP:

1. Have we run all this on somebody else?
2. Why should you be punished forever?
3. Are afraid you'll just go home and it will all be the same?
4. Are waiting for something magical to happen?
5. What would happen if you changed?
6. Is there hope for man?
7. How can you be stopped?

***** END OF L10 *****

HUBBARD COMMUNICATIONS OFFICE
Salnt Hill Manor, East Grinstead, Sussex
HCO INFORMATION LETTER OF APRIL 11, 1962

DYNAMIC PROCESSING CHECKS

The following letter and Dynamic Processing Checks were received from Jan Halpern, International Council Member. They are for use as zero questions.

"Dear Ron,

You mentioned in D.C. that some dynamic processing checks would be useful. Here are some. They're more of a nucleus than a really full set of questions. I suspect there are gaps large enough to drive tanks through which are not obvious to me at this point. So, it would be nice if they were added to by somebody whose dynamic blind spots and mish-meshes are different from mine!

Love,

Jan."

First Dynamic

Have you ever denied yourself an opportunity?
Is there something you haven't let yourself have?
Have you ever deliberately made someone think badly of you?
Have you ever made someone punish you?
Have you ever distrusted yourself?
Have you ever made yourself sick?
Have you ever hurt yourself?
What haven't you let yourself do?
Have you ever considered anything to be "Much too good for you"?
Have you ever hated yourself?
Have you ever decided you were unworthy of your friends? Family? Job?
Have you ever prevented yourself from accomplishing something?
What haven't you let yourself feel?
What haven't you let yourself think?

-2-

Have you ever restrained yourself from a desired sexual experience?
Is there anything you won't let yourself eat, or drink?
What won't you let yourself see? Hear? Touch?
What won't you let yourself understand?
Have you ever attempted suicide?
Have you ever misused a body part?
Have you ever punished yourself?
Have you ever lied to yourself?
Have you ever failed to care for a body part?

5econd Dynamic (Family)

Have you ever been a disturbing element in a family?
Have you ever joined a family out of revenge?
Have you ever disowned a member of your family?
Have you ever gotten a relative into trouble?
Have you ever worked against your family?
Have you ever badly raised a child?
Have you failed to provide for a child of yours?
Have you ever split up a family?
Have you ever had a bastard?
Have you ever passed off a bastard as legitimate?
Have you ever claimed a blood-relationship you didn't have?
Have you ever forced a child into an unsuitable, or uncongenial profession?
Have you ever forced a child into a loveless marriage?
Have you ever interfered with an inheritance?
Have you ever had a member of your family incarcerated?
Have you ever had an abortion?

-3-

Have you ever exposed an infant?
Have you ever physically injured a relative?
Have you neglected your child's education?
Have you caused hostile factions within a family?
Have you ever lived parasitically on your family?

Second Dynamic (Sex)

Have you ever sexually aroused someone and then not satisfied him, or her?
Have you ever been sexually aroused by an object?
Have you ever aroused another sexually with an object?
Have you ever wade love to a person of the wrong age?
Have you ever made love to a person of the wrong sex?
Have you ever made love to a person of the wrong caste, or class?
Have you ever made love to a person of the wrong race?
Have you ever made love to a creature of the wrong species?
Have you ever made love to someone who belonged to another?
Have you ever taught another perverted sexual practices?
Have you ever invented perverted sexual practices?
Have you ever used sex unethically?
Have you ever made love to a person you disliked?
Have you ever used the wrong body part for intercourse?
Have you ever caused someone to be castrated?
Have you ever made someone's body more exciting by warping, or distorting it?
Have you ever raped anyone?
Have you ever failed to have intercourse with someone you should have?

-4-

Have you ever had sex with a member of your own family?
Have you ever made love to a person of your own sex?
Is there anything about your sex life that would be unsafe to reveal?
Have you ever misused sex?
Have you ever withheld sex?
Have you ever stood up a date?

Third Dynamic

Have you ever joined a group without being qualified?
Have you ever given a group less than you received from it?
Have you ever split a group into factions?
Have you ever perverted the purpose of a group?
Have you ever made a group too dependent on you, and then left?
Have you ever belonged to a secret society?
Have you ever gone over to the other side?
Have you ever been an informer?
Have you ever brought your group into disrepute?
Have you ever weakened your group?
Have you ever been a spy?
Have you ever been a double agent?
Have you ever permitted your group to be wiped out?
Have you ever joined a group you considered bad?
Have you ever given a group bad leadership?
Have you ever given a group bad service?
Have you ever provided badly for your group.
Have you ever made your side lose?

-5-

Have you ever injured the survival of a fellow group member?
Have you ever enturbulated a group?
Have you ever done anything to a group?
Have you ever destroyed or reduced the survival of your own group?

Fourth Dynamic

Have you ever treated a member of your species like an animal?
Like a machine?
Have you ever made territory uninhabitable?
Have you ever resigned from the human race?
Have you ever pretended to be a human being?
Have you ever done anything to keep mankind from uniting?
Have you ever tried to exterminate a species?
Have you ever pretended to be a member of a different species?
Have you ever denied a species a place to live?
Have you ever prevented a species from reproducing itself?
Have you ever perverted the purpose of a species?
Have you kept your own species ignorant?
Have you ever eaten a member of your own species?
Have you tried to start a war among your own species?
Is there anything you've done to a species that would be unsafe
for you to reveal?

Fifth Dynamic (Animal, Veg., Mineral)

Have you ever treated living creatures like objects? Like machines?
Have you ever damaged crops?
Have you ever used bad breeding stock?
Have you ever eliminated good breeding stock?
Have you ever crippled or killed living creatures for fun?

-6-

Have you ever cut down trees without replanting?
Have you ever let weeds take over cultivated areas?
Have you ever failed to fertilize crops?
Have you failed to provide water for livestock? For crops?
Have you ever put life forms to strange uses?
Have you ever polluted water sources?
Have you ever killed off a useful species faster than it could
breed?
Have you ever abused a living creature?
Have you ever castrated, or spayed domestic animals?
Have you ever bred warped life forms?
What life forms have you eaten?
What life forms have you fed to other live forms?
Have you ever kept a life form in an unsuitable environment?
Have you ever destroyed other life forms?

Sixth Dynamic (Physical Univ. MEST)

Have you ever failed to maintain a machine properly?
Have you ever destroyed a useful object? A beautiful object?
Have you ever lost an object?
Have you ever made harmful combinations of matter?
Have you ever wasted metals? Chemicals? Other inorganic materials?
Have you ever misused a tool, or machine?
Have you ever forgotten how to build something?
Have you ever perverted the use of a scientific discovery?
Have you ever built something destructive?
Have you ever built something that didn't work?

-7-

Have you ever made an ugly "work of art"?
Have you ever put things too far apart?
Have you ever put things too close together?
Have you ever made a location a mystery?
Have you ever misplaced something in time?
Have you ever forgotten a place?
Have you ever made an object mysterious?
Have you ever made something vanish?
Have you ever made something imperceptible?
Have you ever misapplied energy?

Seventh Dynamic (Spiritual)

Have you ever denied the existence of spirits?
Have you ever made people believe they weren't spirits?
Have you ever persuaded others some thoughts are bad?
Have you ever made a spirit evil?
Have you ever made another forget?
Have you ever forced a beingness on another?
Have you ever made another believe he was somewhere else?
Have you ever made another believe he was in a different time?
Have you ever made another believe he was someone else?
Have you ever confused another's memory?
Have you ever persuaded another there were things he must resist?
Have you ever prevented another from perceiving?
Have you ever prevented another from being something?
Have you ever convinced another his postulates didn't work?
Have you ever made another experience something he didn't wish to?

-8-

Have you ever convinced another that he was weak?
Have you ever convinced another that he was incompetent?
Have you ever convinced another that he was insane?
Have you ever convinced another that he was stupid?
Have you ever convinced another that he was dishonourable?
Have you ever driven another insane?
Have you ever enslaved another's soul?

Eighth Dynamic (for Non-Scientists)

Infinity or God Dynamic

Have you ever doubted the truth of your religion?
Have you ever polluted a holy place? A sacred object?
Have you ever disobeyed God's commandments?
Have you ever failed to perform your religious duties?
Have you ever neglected an opportunity to save a sinner?
Have you ever been disrespectful to a holy, or consecrated person?
Have you ever compromised your religious convictions?
Have you ever attacked a religion?
Have you ever tolerated a bad religion?
Have you ever perverted a religion?
Have you thought evil thoughts?
Have you ever concealed, or denied your religion?
Have you ever changed your religion?
Have you ever committed a sin?

-9-

Eighth Dynamic (for Scientologists)

Have you ever convinced others that some things are unknowable?
Have you ever convinced another that there were effects he
couldn't create?
Have you ever convinced another there were places he couldn't be?
Have you ever convinced another that there were beings with whom
he couldn't communicate?
Have you ever convinced another that some things cannot be
communicated?
Have you ever convinced another there were places he couldn't
leave?
Have you ever persuaded another that he never created anything?
Have you ever made another irresponsible?

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Acting HOD Tech. Sec. WW
for L. Ron Hubbard

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TECHNICAL BULLETIN
30 JULY 1984
ISSUE I
THE "L" RUNDOWNS

THE L11 RUNDOWN INTRODUCTION

L11, The New Life Rundown was developed to give a person a new life.
This means it can handle that part of an individual's case which stops
him from really living. It handles the major source of aberration
upon which attention is fixed, blasting apart that major personal
stumbling block.

The EP of L11 is a New Life.

PREREQUISITES: L11 (formerly L9S) is not restricted to only those who
have completed OT III. The only prerequisites to L11 are a complete
Drug R/D and Expanded Grades. It may not be done in the
Non-interference Zone between Grade VI, R6EW and OT III.

In all the "L" Rundowns (L10, L11, and L12), the PC or PreOT is fully
set up first with a C/S 53 and GF40 expanded if needed.

TECHNICAL BULLETIN
30 JULY 1984
ISSUE II
THE "L" RUNDOWNS

The L11 RUNDOWN STEP ONE

STEP ONE: 37R

Do the full 37R Rundown as given in C/S Series 37R.

Items from 37R Rundown L&N lists can be blown by D/L if

needed.

They can also be checked for "Yours", "a BT'S", "A cluster's" for PreOT's and handled appropriately.

TECHNICAL BULLETIN
30 JULY 1984

ISSUE III
THE "L" RUNDOWNS

THE L11 RUNDOWN STEP TWO

STEP TWO: JUSTIFICATION

1. Have PC or PreOT read the HCOB entitled "JUSTIFICATION".
2. 2 w/c "How have you justified your overts?"
(Be sure question reads)
3. L&N "What evil purpose have you had?" to BD F/N item.

Take the LFBD F/N item found and for a PC use:

Locate an incident that contains the
evil purpose

For example:

"to dumbfound others"

For a PC use:

Locate an incident that contains the evil purpose
to dumbfound others.

Be sure it is an evil intention or purpose.

Run the item quad R3RA to full erasure.

For a PreOT:

Find out if the evil purpose is:

1. YOURS
2. A BODY THETANS
3. A CLUSTERS

If YOURS reads, have PreOT:

Locate an incident that contains the evil
purpose to _____

D/L earlier D/L to basic if needed.

Pick up other flows if they read and also D/L
earlier D/L to basic.

If BT reads, have PreOT:

1. Locate BT's position relative to the body
(should be reading).

2. Ask it, "Is (intention) yours?" If yes and no F/N, "Recall a time when you had the intention to (_____)" (back to the first time).

3. If answer is "no" and BT protests, check false. The false question being, "Did anyone ever say you had the intention to (_____) when you really didn't?"

Then blow with OT III or NOTS procedure if not blown on recalls.

Alternate Handling

1. Assess the Incident list from the OT or NOTS Drug Rundown to determine what type of incident caused the individual to have that intention.
2. D/L earlier D/L to basic or blow the incident found.
3. If needed, finish up with OT III or NOTS procedure depending on where the PreOT is on the Grade Chart.

If Cluster reads, have PreOT:

1. Locate Cluster's position relative to the body. (should be reading)
2. Assess the Incident list from the OT or NOTS Drug Rundown to find out what type of mutual incident caused the cluster to be formed.
3. D/L earlier D/L to basic, break up or blow of cluster.
4. Find out if there are any individuals left over from cluster and if there are, handle with OT III or NOTS procedure depending on where PreOT is on the Grade Chart.

End off this step on a major case change, valence shift and/or ability gained with WGI's Floating TA and Cognition.

TECHNICAL BULLETIN
30 JULY 1984

ISSUE IV

THE "L" RUNDOWNS
THE L11 RUNDOWN STEP THREE

STEP THREE: THE L9S SECTION OF L11

A list of words (not currently available) are called M6 to the PC; on each the PC gives back a response. E.g. PUNISH!! "It would be necessary on a naughty child." Next, L&N word plus response.

"Who or What would find it necessary to punish a naughty child?" "A Brave Dog."

See TECHNICAL BULLETIN 29 JULY 1984 ISSUE III
L RUNDOWN TERMINAL PROCEDURE for procedure to handle a terminal.

TECHNICAL BULLETIN
30 JULY 1984
ISSUE V

THE "L" RUNDOWNS

THE L11 RUNDOWN STEP FOUR

STEP FOUR: L11 WANTS HANDLED RUNDOWN (Basic Aberration Rundown)

An aberrative or "wants handled" subject is prepchecked.
The session is ended when the prepcheck is complete.

Every PC or PreOT answer is turned into a listing question on a separate sheet.

For example, "On or concerning school, has anything been suppressed?".

The L&N question would be: "Who or What would suppress how hard it is to study?"

See TECHNICAL BULLETIN 29 JULY 1984, ISSUE III
L RUNDOWN TERMINAL PROCEDURE, for procedure to handle a terminal.

Steps above are repeated until all "wants handled" items are complete.

Notes of how to do this step:

Prep check area of interest
L & N (see example above)
4-way O/Ws on terminal found
intention of the terminal
blow it by D/L
if it was his intention: "what progress have you made?"
if specific being, D/L first encounter.

See L RUNDOWN TERMINAL PROCEDURE.

TECHNICAL BULLETIN
30 JULY 1984

ISSUE VI
THE "L" RUNDOWNS

THE L11 RUNDOWN STEP FIVE

STEP FIVE: NATURE OF MAN

Two way comm the PC or PreOT on "the nature of man".
***** END OF L11 *****

TECHNICAL BULLETIN
31 JULY 1984

ISSUE I

THE "L" RUNDOWNS

THE L12 RUNDOWN INTRODUCTION

The intention behind L12 is to make a fully extroverted and stable thetan. This rundown aims at handling very basic and specific aspects of a person's beingness. Here are those case things which tend to capture part of the person's attention so he has much less of it to put on life and doingness.

The person experiences certainty and unshakability as a being with the ability to handle his own universe.

PREREQUISITES: L12 is not restricted to only those who have completed OT III. The only prerequisites to L12 are a complete Drug R/D and Expanded Grades. It may not be done in the Non-interference Zone between Grade VI, R6EW and OT III.

In all the "L" Rundown' (L10, L11, and L12) the PC or PreOT is fully set up first with a C/S 53 and GF40 expanded if needed.

TECHNICAL BULLETIN
29 JULY 1984
ISSUE IX
THE "L" RUNDOWNS

L12

TYPE OF INCIDENT

FOR USE IN OT AND NOTS DRUG RUNDOWN AND L10, 11 & 12

ACCIDENT
IMPACT
INJURY
ILLNESS
A DRUG
SHOCK
IMPLANT
HEAT
A CRASH
FREEZING
ELECTRICAL
EXPLOSION
IMPLOSION
SHOT
PSYCHIATRIC INCIDENT
LIGHTNING
BURNING
VACUUM
RADIATION

TECHNICAL BULLETIN
31 JULY 1984
ISSUE II
THE "L" RUNDOWNS
THE L12 RUNDOWN STEP ONE

STEP ONE: PRESSURES AND MASSES

1. Have PC or PreOT locate a pressure area that reads on the meter.
2. Get the location of the pressure area relative to the body.

3. Have the PC or PreOT put and hold his/her attention on the pressure area.

4. Assess the "L12 Type of Incident" list to the first reading item and indicate this to the PC/PreOT.

5. Date to blow/Locate to blow the incident found.

6. Find out if completely blown, and if not, repeat 4 and 5 until pressure area is completely blown.

Note- If OTIII PreOT, complete any remaining BTs with OTIII procedure. If NOTS PreOT, complete any remaining BTs with NOTS procedure.

TECHNICAL BULLETIN

31 JULY 1984

ISSUE III

THE "L" RUNDOWNS

The L12 RUNDOWN STEP TWO

STEP TWO, 3 S&D's

3 S&D's are run per PTS R/D procedure.

The items found are blown with TECHNICAL BULLETIN 29 JULY 1983 Issue III L RUNDOWN TERMINAL PROCEDURE.

TECHNICAL BULLETIN

31 JULY 1984

ISSUE IV

THE "L" RUNDOWNS

THE L12 RUNDOWN STEP THREE

STEP THREE: L-12 LX List Rundown

1. Assess LX3. Handle in order of size of reads.

2. Take largest read. L&N "Who or What would be _____ ?" e.g. (apprehensive, treacherous, overwhelmed)

Handle per TECHNICAL BULLETIN 29 JULY 1984 Issue II L RUNDOWN TERMINAL PROCEDURE.

3. Handle other reading items on LX3 in order of size of read.

4. Reassess M5 and handle in order of size of read or stopped or slowed F/N. Continue to persistent F/N.

5. Handle LX2.

6. Handle LX1.

TECHNICAL BULLETIN

31 JULY 1984

ISSUE V

THE "L" RUNDOWNS

THE L12 RUNDOWN STEP FOUR

STEP FOUR: PTS BEAM HANDLING

METHOD ONE:

1. Ask PC/PreOT, "Do you have any beams stuck to yourself or the body?"
2. If yes, have him locate a reading beam stuck to himself or the body.
3. Find out who put it there.
4. D/L the incident when it was put there.
5. Repeat until "no more beams".
6. Repeat above procedure with "field distortions".
7. Repeat until no more "field distortions".

METHOD TWO:

1. PC/PreOT is shown this definition of a BEAM:
"A flow of electricity with teeth and edges."

The definition is illustrated with a picture of a BODY being beamed by another person, the beam being hooked into the body by teeth like a circular saw blade or fish hooks. The thetan is at effect of the beamed body; no decision, overt, or involvement of his own being responsible for the effect.

(This data must be kept confidential, as it could serve to invalidate the wonderful control mechanism that is necessary to manipulate PC/PreOT thoughts and behavior. For example, "You must have pulled it in" or "What was your overt prior to me annoying you?")

2. A list of terminals is gotten. It must include all 2D terminals, friends, enemies, with special emphasis on earlier allies.

3. In order of size of read, ask:

"Did _____ beam your body?" If yes,

D/L the incident when it was put there.

If this doesn't blow it, one could say to the PC/PreOT, "Do what you have to do to nullify it."

PC/PreOT blunts the teeth, mocks up water on it, burns it, zips out his end and lets it fly back to the owner, etc. This is a last resort as the D/L is much more clean and neat.

These beams will still be attached as a control mechanism even if the enemy, family member or 2D is long physically gone.

4. Next take up FIELD DISTORTIONS by asking,

"Do you have any field distortions"

5. Assess the TYPE OF INCIDENT list to find out what caused it.

6. D/L the incident found to a blow of the field distortion.

TECHNICAL BULLETIN

31 JULY 1984

ISSUE VI

THE "L" RUNDOWNS

THE L12 RUNDOWN STEP FIVE

STEP FIVE: OCA TRAIT HANDLING

1. Go over the PC/PreOT's OCA.

2. Take each negative area trait and make up a listing question. For example: "critical"

The basic L&N questions are:

Who or What (W/W) was (Item from OCA)?

W/W would have been (Item from OCA)?

or

What past identity was (Item from OCA)?

or

What past identity would have been (Item from OCA)?

Use the question which communicates best to the PC or PreOT and gives the biggest read.

Clear the L&N question with the word to be used such as:

W/W was critical? LF

List and Null to one item such as:

a cranky maid LFBD F/N

See TECHNICAL BULLETIN 29 JULY 1984 ISSUE III L RUNDOWN

TERMINAL PROCEDURE for procedure to handle a terminal.

Take the next negative point trait off the OCA list and repeat procedure.

End off this step on a major case change, valence shift and/or ability gained with VVGI's Floating TA and Cognition.

TECHNICAL BULLETIN

31 JULY 1984

ISSUE VIZ

THE "L" RUNDOWNS

THE L12 RUNDOWN STEP SIX

STEP SIX: IDENTITY ASSESSMENT LIST

Assess the subject of the group M6. The word is called or shouted very accusatively with the auditor looking directly into the PC's eyes. The meter read is noted. This word is called to restimulate the group; then the other items of the group are asked as questions M5. The identities of one group are handled in order of size of read. Then continue on with the next group, etc. When the whole list is handled, reassess from the beginning and handle each item as it comes up, taking slowed or checked F/N's as reads. Handle to persistent F/N on the whole list. Check at the end of each group if any beingness that was restimulated by the accusative identity was not on the list.

Handle each identity with the same technique as is used on the L12 LX Rundown. See TECHNICAL BULLETIN 29 July 1984 ISSUE III L RUNDOWN TERMINAL PROCEDURE

HERMIT!!! BLASPHEMER!!!

Hermit? Blasphemer?

Recluse? Idolater?

Ascetic? Scoffer?

Victim? Desecrator?

Nonn-conformist? Bigot?

Martyr? Worldling?

Puritan? Sacrelogist?

Human Sacrifice? Unbeliever?

Self Immolator? Infidel?

Outcast? Heathen?

- 1 -

A HORSE!!! IMPLANTER!!!

A Horse? Implanter?

A Lioness? Torturer?

A Leprechaun? Controller?

A Wild Thing? Psychiatrist?

A Fire Spirit? Brainwasher?

Dragon? Deprogrammer?

Gremlin? Indoctrinator?

An Imp?

Hypnotist?

A Tinker?

Initiator?

A Goat?

Propagandist?

* * * * *

* * * * *

UNICORN!!!

THE EVIL ONE!!!

Unicorn?

The Evil One?

Forest Spirit?

An Incubus?

Fairy?

The Powers of Darkness?

Gnome?

A Succubus?

Nymph?

The Antichrist?

Water Sprite?

The Beast?

Faun?

His Satanic Majesty?

Sylvin?

The Devil?

Mermaid?

An Unclean Spirit?

Chimera?

Shades of the Dead?

* * * * *

* * * * *

- 2 -

BLOODSUCKER!!!

FOOL!!!

Bloodsucker?

Fool?

Vampire?

Idiot?

Ghoul?

Dunce?

Dismemberer?

Ignoramus?

Predator?

Subhuman?

Parasite?

Halfwit?

Leech?

Driveller?

Cannibal?

A Newborn Babe?

Vulture?

Moron?

Cut-throat?

Imbecile?

* * * * *

* * * * *

ANIMAL!!!

GENIUS!!!

Animal?

Genius?

Dog?

Wonder Worker?

Cat?

Planet Builder?

Fish?

Prodigy?

Lizard?

Spirit of the Age?

Serpent?

Master Mind?

Pig?

Shining Light?

Elephant?

Mentor?

Cow?

Thaumaturge?

Tiger?

The All Seeing?

* * * * *

* * * * *

ROBOT!!!

PERVERT!!!

- 3 -

Sorcerer?

Liar?

Witch?

Fake?

Warlock?

Bragger?

Enchanterer?

Doubter?

Wizard?

Heretic?

Occultist?

Quack?

Alchemist?

Wretch?

Clairvoyant?

Viper?

Weird Sisters?

Defaulter?

Astrologer?

Hypocrite?

* * * * *

* * * * *

DESTROYER!!!

A BIRD!!!

Destroyer?

A Bird?

Spy?

An Eagle?

Executioner?

A Parrot?

Embezzler?

A Wren?

Betrayer?

A Hawk?

Racateer?

A Messenger?

Extortionist?

A Forerunner?

Tyrant?

An Oracle?

Murderer?

A Dove?

Pyromaniac?

A Swallow?

* * * * *

* * * * *

INSECT!!!

ARTIST!!!

Insect?

Artist?

Parasite?

Virtuoso?

- 3 -

Invader?

Thespian?

Bee?

Master Musician?

Fly?

Grand Composer?

Caterpillar?

Wandering Minstrel?

Butterfly?

Chorister?

Spider?

Dancer?

Scorpion?

Entertainer?

Hornet?

Poet?

* * * * *

* * * * *

PHILOSOPHER!!!

HEDONIST!!!

Philosopher?

Hedonist?

Researcher?

Fornicator?

Analyst?

Glutton?

Physicist?

Masturbator?

Technician?

Bigamist?

Metaphysician?

Adulterer?

Healer?

Satyr?

Geometrician?

Impotent?

Arithmetician?

A True Love?

Historian?

* * * * *

PRIEST!!!

Priest?

Holy Father?

Holy Brother?

- 6 -

Temple Virgin?

Choir Boy?

Chaplain?

Temple Prostitute?

Prophet?

Lama?

Confessor?

* * * * *

MONARCH!!!

Monarch?

Commodore?

Dictator?

Emperor?

Princess?

Councillor?

Advisor?

Prince?

Governor?

Queen?

* * *

Whoremonger?

* * * * *

PEASANT!!!

Peasant?

Civilian?

Husband?

Wife?

Gentleman?

Layman?

Mortal?

Parishoner?

Serf?

Slave?

* * * * *

TECHNICAL BULLETIN
31 JULY 1984

ISSUE VIII

THE "L" RUNDOWNS
THE L12 RUNDOWN STEP SEVEN

STEP SEVEN: MANAGEMENT WORDS

1. Clear and False Data Strip the following words from
Org Series 15, Management Series, page 213 and 214.
Be sure to get the root meaning of the word.

A Company	A Board of Directors
Management	Policy
Top Management	Programs
Targets	Orders
Technology	Know-How
Org Board	Post
Hat	Cope
Purposes	Organize
Duties	A Checksheet
A Checklist	A Comm Channel
A Command Channel	A Relay Point
A Stable Terminal	Double Hatted
A Product	Aberration
Viability	

* * *

TECHNICAL BULLETIN
31 JULY 1984

ISSUE IX

THE "L" RUNDOWNS
THE L12 RUNDOWN STEP EIGHT

STEP EIGHT: ADMIN SCALE

Clear:

Administration

Admin Scale

Administrator

Each word on the Adjoin Scale not. already cleared

previously.

2 way comm PC/PreOT in the area of his/her first three dynamics to find some high interest reading areas.

2 way comm each reading area up and down the Admin Scale

Admin Scale

Goals

Purposes

Policy

Plans

Programs

Projects

Orders

Ideal Scene

Statistics

Valuable Final Product

"This scale is worked up and worked down until it is (each item) in full agreement with the remaining items"

* * *

TECHNICAL BULLETIN

31 JULY 1984

ISSUE X

THE "L" RUNDOWNS

THZ L12 RUNDOWN STEP NINE, STEP TEN

STEP NINE: GROUP SANITY

Clear each word in the scale from HCOPL 14 DECEMBER 1970 Org Series 19 GROUP SANITY. Have PC/PreOT read this HCOPL.

2 way comm each of the 11 points and how each one applies to his life/relationship(s)/business to a major cognition.

STEP TEN: SIMON BOLIVAR POLICY

Send PC/PreOT to Qual to read and check out on HCOPL 12 February 67 THE RESPONSIBILITIES OF LEADERS or have him read it in session.

2 way comm "SUPPORTING THE POWERS YOU DEFEND ON" to a major cognition.

***** END OF L12 *****

L10 is designed to handle the things a thetan uses to restrain himself. The person regains his ability and power to do those things he intends to do and as a result he feels more at cause than ever before. L10 is an action that really releases a person's power on the third and fourth dynamic. It takes off the stops that hold a person back on these dynamics.

L10 will boost the individual's confront and responsibility level and consequently raise his doingness level.

PREREQUISITES: L10 is not restricted to only those who have completed OT III. The only prerequisites to L10 are a complete NED Drug R/ D and Expanded Grades. It may not be done in the Non- interference Zone between Grade VI R6EW and OTIII.

Note - All assessing is done M- 6 (the L10 method of assessing a list). You look at the PC or PreOT and give him directly every item or question on the list. (Tape recording 7106C12)

L10 EP

Freedom from self- restraint. His reach (havingness) is increased.

L10 BASIC APPROACH

0) Handle any identities the pc is assuming when he goes into session. Any fixed valences he uses to be audited with.

1) 2WC for areas the pc has difficulty with or terminals he has trouble handling.

2) Get an identity or terminal associated with the area. The way we do that depends on the pc's reality. On a higher level pc we can ask for identities that would represent the area, for lower level pc we might just ask for an identity associated with the area. Use whatever concept that communicates best: Identity, Valence, Character, Beingness, etc. If pc lists we would go to a BD F/ N item. "Who or What would have ___?" can be used. If pc gives "Me" as an identity: get it translated into a description of the identity. If it isn't possible, use "Me" in the steps anyway.

3) O/ Ws on item: 1. "What has a ___ done?"

2. "What has a ___ withheld?"

We do this to unburden the item so that we can get to the basic purpose of it.

4) L& N for basic purpose / basic intention of the item:

"What is the basic purpose or intention of ___?" Date to blow / Locate to blow this purpose if evil.

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5) If not completely handled / still some attention on the identity, 2wc or L& N:

"What identity would oppose (the item)?" Same handle: 3)- 5). May have to continue opposing each identity until handled.

6) On heavily charged terminals or opposing terminals one can do Quad O/ Ws, Quad Ruds, and Can't Have, Enforced Have steps - as needed.

7) The 2WC in 1) is taken to F/ N and flat. Pc may have many identities in the area

8) Many other methods can be used to get valences. The standard L10 RDs can be used as well as others, e. g. LX lists.

L10 RUNDOWNS

1) L10 Prior Assessment (P. A.): A list of potentially charged dynamics/ areas from which to tailor and develop or C/ S L10 O/ W questions/ lists

2) M6 assess then 2WC E/ S to F/ N, find intention behind L10 M1 List of motivators (general) M2 List of overts (general) L10 2D 1) 2nd dynamic motivators

2) 2nd dynamic overts L10 Group O/ W on all flows 0- 4 MEST/ LIFE RD: O/ Ws on 5+ 6 dynamics

3) Considerations RD:

4) Connections RD: (Questions designed to get aberrated connections terminals/dynamics ... Expanded dynamics list, take reading items 2WC to F/ N)

5) Enemy RD: I - L& N "Who do you consider an enemy" (handled all flows) II - O/ W item III - E/ Purp had + Date/ Locate to blow.

6) Greatest Overt: L& N "What was the greatest overt you committed on the Whole Track?" ... D/ L + do FL0- 4

7) E/ Purp Multiple: (See ExDN pack in Vols.) "What evil purpose have you had towards another?"

8) Lie RD: L& N "What was your greatest lie on the Whole Track?" 9) L10 RA (Results Assessment):

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L10 PRIOR ASSESSMENT

1. M6 Assess an expanded dynamics list like the one below.

2. Get considerations about each reading item. Look for service facts and evil purposes, ways he is resisting the item.

3. Date/ Locate any evil purposes found.

Expanded Dynamics List (sympioetes & items on dynamics) 3D, Group: club flag insignia meeting place uniform rank the state members membership law rules corporation agreement team a race team mates constitution constituency politics leaders followers morals commandments policy admin organization org board orders school education exchange military police prison criminal mores language urge to join war government democracy tyranny aristocracy collective 1D, Self:

thetan individuality identity mental machinery a mind a skill tool clothing career identification human body parts brain body cells car house food meals

vehicle decorations certificates diplomas body organs viewpoints a habit appetite ego urge to survive as individual auditing hobby medicine self improvement study book ornament grooming personal hygiene self expression health product GE job paycheck 2D, Sex & Family: food preparation duplication child sex genital penis vagina sperm ovum semen conception childhood mother farther matriarch patriarch son daughter intercourse family home desire virility impotence a marriage seduction urge to procreate sexual pleasure sexual sensation courting feminity masculinity pregnancy birth babies breasts contraceptives homosexuality bisexuality sexual practices rape promiscuity VD relatives family ties incest mother's milk abortion prenatal influence mating nurturing menstruation infatuation sexual love sibling

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4D, Mankind: commerce human species ecology development of space space travel world travel genocide exploration human race brotherhood united nations world organization world trade confederations world citizenship league of nations esperanto world health world treaties international agreements human rights world systems world communication urge to act in concert free trade global contract world government human dignity common man

5D, Life Forms: plant animal primate body bird reptile fish cell virus biology embryo egg organic form seed insect mollush lichen protozoa organs tissue bloom chlorofil protein amino acids RNA DNA genes garden harvest pets ecology pollution extraterrestrials aliens urge to survive as life form life energy fertilizer nutrients urge to improve life forms photon converter bacteria elan vital

7D, Spirit: aesthetic wave value ghost spirit art object beauty the occult magic voodoo mediums masters symmetry logic creative urge sublimation ambiguity poetry theory idea theta OT virtue architecture literature essay writing imagination mathematics evil courage goodness purity own universe astral body ectoplasm telepathy telekinesis metaphysics ethics justice philosophy immortality freedom free will nobility style urge to create

6D, MEST: wavelength object mass atom molecule quanta particle smoke clouds time space a dimension form gravity force light fluids chemicals mineral rock earth planet star plasma air galaxy solar system physical universe shape size elements direction vector ridge beam explosion implosion subatomic particles electricity density compounds vacuum mixtures weather tendency to persist condense wind fire water location

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8D, Infinity:

religion worship goddesses profanity priest guru avatar sacrifice omnipotence omnipresence gods deity divinity sublime essence immanence radiance grace infinite potentiality hymn blasphemy demon transcendence church prayer religious practice rites absolute co-existence of static basic truth as-isness miracles divine healing faith belief idols sacred texts gospels sutras parables urge to ultimate truth self transcendence sacred teachings heaven hell devil angel paradise wrath of God godlike states

Another way of getting items on the dynamics: L& N for each dynamic:

Who or what (W/ W) represents the (Dynamic) ? or W/ W would represent the (Dynamic) ? For example:

W/ W represents the first dynamic? LF Item: an engineer LFBD F/ N Write down

PCs answer and note all reads. R- factor to PC that his answer will be used to prepare and tailor the next steps in the RD

Repeat for all the other dynamics.

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8D RUNDOWN

a) L10 M1 List of Motivators } done in one session to avoid } restim by M2
List of Overts } unflat O/ M sequence.

Use prepared lists of motivators * and overts plus Qs constructed from preassessment (200Qs)

Handling: M6 assess then 2WC ES to F/ N if read. On heavily charged Q: ask "What would be the intention behind someone who would e. g. punish someone? L/ N then D/ L Intention

OR: On heavily charged Overt: L& N for Intention then D/ L. b) Same as above for dynamics 2- 6. Ref: L10 outline. * Use general compilations of various sec check lists (e. g. Whole Track, Children etc rephrased as O/ M)

Possible Questions:

2D:

1. Is the 2D something to stay away from?
2. Have you been made to feel inadequate sexually?
3. Have you been made wrong for loving someone?
4. Have you desired someone and not won them over?
5. Was there someone that insisted you were at fault in the 2D?
6. Has a 2D partner used anger to get their way?
7. Have you been stopped on the 2D?
8. Has a 2D partner forced you into something you don't want?
9. Have you gone along with a 2D when you knew it was wrong?
10. Have you conceded a major point on the 2D when you shouldn't have?
11. Have you left a 2D for no good reason?
12. Have you harmed a 2D?
13. Have you withheld your true intentions to a 2D?
14. Does some destructive impulse get in the way of your 2D happiness?
15. Are you ruled by an evil intention when it comes to the 2D?
16. Do you have hostility to the opposite sex?
17. Is there an evil intention that is blunted on the 2D?
18. Is there something you want to do and shouldn't on the 2D?
19. Has cruelty been a part of your past on the 2D?

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20. Is there a past life 2D partner you have ruined?
21. Is there a past life partner that you have suppressed?
22. Have you stopped another 2D?
23. Is there some reason for hurting another in the 2D?
24. Does some consideration make what you do on the 2D right no matter what?
25. Have you been afraid to reveal something on the 2D?
26. Do you withhold your real purposes on the 2D?
27. Has the 2D been a source of revenge for you?
28. Are you proud of some overt on the 2D?
29. Is the 2D something to stop?
30. Is the 2D not worth it?

31. Are women better left alone?
32. Has a destructive impulse been missed on the 2D?

3D:

1. Have you been ousted from a group for no good reason?
2. Have you had a group make you out to be a failure when you weren't?
3. Was a group determined to stop you?
4. Was a group threatening to you?
5. Was a group invalidating your initiative?
6. Has any group failed to better you?
7. Have you gone along with the wishes of a group when it was wrong?
8. Have you taken on a group purpose that was destructive?
9. Have you sided with a traitor of a group?
10. Have you been an agent against a group that turned out to be worthwhile?
11. Is there a group that you sided with that did in a lot of people?
12. Have you been a member of a group whose intent was to harm?
13. Have you been in a group that chose to hate some part of mankind?
14. Is there a group you were in that aided only the rich and influential?
15. Is there a group that you have actually worked against?
16. Have you broken up a group through sabotage?
17. Have you played two groups against each other?
18. Have you been a destructive source in a group?
19. Have you had the impulse to do away with any group?
20. Have you let a group die off?
21. Have you spied on a group and ruined it?
22. Is there a hidden distrust of anyone in a group?
23. Do you hide an evil intention while in a group activity?
24. Have you ever failed with a purpose to harm any group?
25. Has a leader been your enemy?
- 28.

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6D:

1. Are your possessions your own?
2. Have you been bought off with possessions?
3. Have you let things decay?
4. Has MEST been your enemy?
5. Have you stolen things?
6. Have you been destructive to another's belongings?
7. Have you intentionally hurt an object?
8. Have you used energy to dictate to others?
9. Have you used MEST to do something evil?
10. Is there an impulse to do something to MEST?
11. Have you grabbed another's space?
12. Have you destroyed an aesthetic creation?
13. Have you failed to control a harmful intention with energy?
14. Have you let time dictate to you?
15. Have you created something that harmed a lot of people?
16. Has an object of yours been used for destructive purposes?
17. Have you created something with an intent to use it for destruction?
18. Have you had to restrict yourself in your pursuit of possession?
19. Has a destructive impulse gotten in the way of your pursuit for material wealth?
20. Has a destructive impulse towards MEST been missed?

Comm Enforcements

1. Have you enforced comm on another?
2. Has comm been enforced on you?
3. Has your affinity been inhibited?
4. Have you blunted another's affinity?
5. Have you enforced your reality on another?
6. Has another enforced reality on you?
7. Have you been indoctrinated into thinking a certain way?
8. Have you insisted another have your views?
9. Have you been made to do things you didn't want?
10. Have you forced antoher to do something against his own will?
11. Have you been made to be something you didn't want to be?
12. Have you forced another to act in a certain way?
13. Have you been forced on an object you didn't want?
14. Have you made someone own something they didn't want?
15. Have you been made to lie?
16. Have you made another distort the truth?

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17. Have you gotten your own way by force?
18. Have you inhibited another by beingness?
19. Have you had your identity inhibited by someone?
20. Has an identity been enforced on you?
21. Have you made someone be where they didn't want to be?
22. Have you been put somewhere you didn't want to be?
23. Have you been made to know something?
24. Have you enforced data on someone else?
25. Has responsibility been forced on you?
26. Have you made another be responsible?
27. Have you had your comm inhibited?
28. Have you inhibited another's comm?
29. Have you had your comm refused?
30. Have you refused another's comm?
31. Have you been party to false affinity?
32. Has someone been false with their affinity to you?
33. Have you received false affinity?
34. Have you had your reality inhibited?
35. Have you inhibited another's reality?
36. Have you refused another's reality?
37. Has you reality been refused?
38. Has someone falsified your reality?
39. Have you made another's reality look false?

Another Sec Check

1. Do you lie about yourself?
2. Do you suppress yourself in some way?
3. Do you suppress life?
4. Do you connect yourself with bad influences?
5. Do you connect up with bad memories?
6. Is there some connection you wont let go of?
7. Do you always act in a certain way?
8. Do you own your loyalty to no one?
9. Are you doing yourself in?
10. Do you ant to or intend to do yourself in?
11. Are you on a succumb?
12. Do you wish to succumb?
13. Do you plan to let yourself go unrestrained?
14. Have you ever sought revenge on your family?
15. Have you ever done a family member in?

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16. Have you made someone in your family guilty?
17. Have you ever brutalized another with sex?
18. Is sex destructive?
19. Is love harmful?
20. Are you best left alone?
21. Is rape justifiable?
22. Do you hold the opposite sex in contempt?
23. Are women stupid?
24. Do you lie about sex?
25. Do you have a secret desire to annihilate the opposite sex?
26. Is violence justifiable on a woman?
27. Are you implanted to feel a certain way about sex?
28. Do you have a dirty mind?
29. Are groups worthwhile?
30. Is there a leader you've done in?
31. Do you have a secret hatred towards groups?
32. Are you desirous of a group's support?
33. Have you let any group die off?
34. Are groups better left to followers?
35. Are you spied on?
36. Is someone after you?
37. Do you have an evil impulse towards any group?
38. How long should any group last?
39. What makes a group fail?
40. Do you plan to seed the growth of unrest in any group?
41. Do you judge people by race?
42. Are certain religions harmful?
43. Is there any race you have it in for?
44. Does it pay to be destructive?
45. How powerful do you have to be to be successful?
46. What connection is sacred?
47. What part of mankind is harmful?
48. Have you justified a destruction of a race?
49. Are other people necessary?
50. Is there some object you are connected with?
51. Is there a certain time period you dwell upon?
52. Is there something your energy is absorbed in?
53. Is there a space you are forbidden in?
54. Are spirits evil?
55. Is your spirituality threatened?
56. Are spirits overpowering?
57. Have you squashed a thetan out of existence?

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58. Has your existence been questioned?
59. Have you lost out to a body?
60. Do you seek revenge against a spirit or thetan?
61. Are you a traitor?
62. Is your cause lost?
63. Do you intend to create havoc?
64. Is life worth living?
65. Are people better off dead?
66. What makes people insane?
67. Why are people suspicious?
68. Is there a past life that was a failure?
69. Is there a past life that was important?

70. Is there a past life that you can't talk about?
71. Is there a past life that was evil?
72. What past life was critical?
73. What past life was suspicious?
74. Are you facing eternity with lack of hope?
75. Is eternity a dreaded matter?
76. What would move you to violence?
77. What motivates mankind?
78. Are you motivated by any impulse?
79. Why do people hate?
80. Is your survival dependent on an outside source?
81. Is your destiny decided by someone else?
82. Should you be punished forever?
83. Will all be the same?
84. How can you be stopped?
85. How can you be made nothing of?
86. Is there hope for man?
87. Has this all been run on someone else?
88. Are you waiting for something magical to happen?
89. Have you decided it was a waste?
90. Do you intend to make trouble after the auditing?

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OVERTS BY DYNAMICS R/ D

FIRST DYNAMIC

1. Have you ever denied yourself an opportunity?
2. Is there something you haven't let yourself have?
3. Have you ever deliberately made someone think badly of you?
4. Have you ever made someone punish you?
5. Have you ever distrusted yourself?
6. Have you ever made yourself sick?
7. Have you ever deliberately hurt yourself?
8. What haven't you let yourself do?
9. Have you ever considered anything to be "Much too good for you"?
10. Have you ever hated yourself?
11. Have you ever decided you were unworthy of your friends? family? job?
12. Have you ever prevented yourself from accomplishing something?
13. What haven't you let yourself feel?
14. What haven't you let yourself think?
15. Have you ever restrained yourself from a desired sexual experience?
16. Is there anything you won't let yourself eat? drink?
17. What won't you let yourself see? hear? touch?
18. What won't you let yourself understand?
19. Have you ever attempted suicide?
20. Have you ever misused a body part?
21. Have you ever punished yourself?
22. Have you ever lied to yourself?
23. Have you ever failed to care for a body part?

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2ND DYNAMIC (Family)

1. Have you ever been a disturbing element in a family?
2. Have you ever joined a family out of revenge?
3. Have you ever disowned a member of your family?
4. Have you ever gotten a relative into trouble?

5. Have you ever worked against your family?
6. Have you ever badly raised a child?
7. Have you failed to provide for a child of yours?
8. Have you ever split up a family?
9. Have you ever had a bastard?
10. Have you ever passed off a bastard as legitimate?
11. Have you ever claimed a blood- relationship you didn't have ?
12. Have you ever forced a child into an unsuitable profession?
13. Have you ever forced a child into a loveless marriage?
14. Have you ever interfered with an inheritance?
15. Have you ever had a member of your family incarcerated?
16. Have you ever had an abortion?
17. Have you ever exposed an infant?
18. Have you ever physically injured a relative?
19. Have you neglected your child's education?
20. Have you caused hostile factions within a family?
21. Have you ever lived parasitically on your family?

SECOND DYNAMIC (Sex)

1. Have you ever sexually aroused someone and then not satisfied him (her)?
2. Have you ever been sexually aroused by an object?
3. Have you ever aroused another sexually with an object?
4. Have you ever made love to a person of the wrong age?
5. Have you ever made love to a person of the wrong sex?
6. Have you ever made love to a person of the wrong class?
7. Have you ever made love to a person of the wrong race?
8. Have you ever made love to a creature of the wrong species?
9. Have you ever made love to someone who belonged to another?
10. Have you ever taught another perverted sexual practices?
11. Have you ever invented perverted sexual practices?
12. Have you ever used sex unethically?
13. Have you ever made love to a person you disliked?
14. Have you ever used the wrong body part for intercourse?
15. Have you ever caused someone to be castrated?
16. Have you ever made someone's body more exciting by warping or distorting it?
17. Have you ever raped anyone?
18. Have you ever failed to have intercourse with someone you should have?
19. Have you ever had sex with a member of your own family?
20. Have you ever made love to a person of your own sex?
21. Is there anything about your sex life that would be unsafe to reveal?
22. Have you ever misused sex?
23. Have you ever withheld sex?
24. Have you ever stood up a date?

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THIRD DYNAMIC

1. Have you ever joined a group without being qualified?
2. Have you ever given a group less than you received from it?
3. Have you ever split a group into factions?
4. Have you ever perverted the purpose of a group?
5. Have you ever made a group too dependent on you, and then left?
6. Have you ever belonged to a secret society?
7. Have you ever gone over to the other side?
8. Have you ever been an informer?
9. Have you ever brought your group into disrepute?
10. Have you ever weakened your group?

11. Have you ever been a spy?
12. Have you ever been a double agent?
13. Have you ever permitted your group to be wiped out?
14. Have you ever joined a group you considered bad?
15. Have you ever given a group bad leadership?
16. Have you ever given a group bad service?
17. Have you ever provided badly for your group?
18. Have you ever made your side lose?
19. Have you ever injured the survival of a fellow group member?
20. Have you ever enturbulated a group?
21. Have you ever done anything to a group?
22. Have you ever destroyed or reduced the survival of your own group?

FOURTH DYNAMIC

1. Have you ever treated a member of your species like an animal? a machine?
2. Have you ever made territory uninhabitable?
3. Have you ever resigned from the human race?
4. Have you ever pretended to be a human being?
5. Have you ever done anything to keep mankind from uniting?
6. Have you ever tried to exterminate a species?
7. Have you ever pretended to be a member of a different species?
8. Have you ever denied a species a place to live?
9. Have you ever prevented a species from reproducing?
10. Have you ever perverted the purpose of a species?
11. Have you ever kept your own species ignorant?
12. Have you ever eaten a member of your own species?
13. Have you tried to start a war among your own species?
14. Is there anything you've done to a species that would be unsafe for you to reveal?

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FIFTH DYNAMIC

1. Have you ever treated living creatures like objects? machines?
2. Have you ever damaged crops?
3. Have you ever used bad breeding stock?
4. Have you ever eliminated good breeding stock?
5. Have you ever crippled or killed living creatures for fun?
6. Have you ever cut down trees without replanting?
7. Have you ever let weeds take over cultivated areas?
8. Have you ever failed to fertilize crops?
9. Have you failed to provide water for livestock? crops?
10. Have you ever put life forms to strange uses?
11. Have you ever polluted water sources?
12. Have you ever killed off a useful species faster than it could breed?
13. Have you ever abused a living creature?
14. Have you ever castrated or spayed domestic animals?
15. Have you ever bred warped life forms?
16. What life forms have you eaten?
17. What life forms have you fed to other life forms?
18. Have you ever kept a life form in an unsuitable environment?
19. Have you ever destroyed other life forms?

SIXTH DYNAMIC

1. Have you ever failed to maintain a machine properly?
2. Have you ever destroyed a useful object? beautiful object?
3. Have you ever hid an object?

4. Have you ever made harmful combinations of matter?
5. Have you ever wasted metals? chemicals? inorganic materials?
6. Have you ever misused a tool? machine?
7. Have you ever forgotten how to build something?
8. Have you ever perverted the use of a scientific discovery?
9. Have you ever built something destructive?
10. Have you ever built something that didn't work?
11. Have you ever made an ugly "work of art"?
12. Have you ever put things too far apart?
13. Have you ever put things too close together?
14. Have you ever made a location a mystery?
15. Have you ever misplaced something in time?
16. Have you ever forgotten a place?
17. Have you ever made an object mysterious?
18. Have you ever made something vanish?
19. Have you ever made something imperceptible?
20. Have you ever misapplied energy?

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SEVENTH DYNAMIC

1. Have you ever denied the existence of Beings?
2. Have you ever made people believe they weren't Beings?
3. Have you ever persuaded others some thoughts are bad?
4. Have you ever made a Being believe he was evil?
5. Have you ever made another forget?
6. Have you ever forced a beingness on another?
7. Have you ever made another believe he was somewhere else?
8. Have you ever made another believe he was in a different time?
9. Have you ever made another believe he was someone else?
10. Have you ever confused another's memory?
11. Have you ever persuaded another there were things he must resist?
12. Have you ever prevented another from perceiving?
13. Have you ever prevented another from being something?
14. Have you ever convinced another his postulates didn't work?
15. Have you ever made another experience something he didn't wish to?
16. Have you ever convinced another that he was weak?
17. Have you ever convinced another that he was incompetent?
18. Have you ever convinced another that he was insane?
19. Have you ever convinced another that he was stupid?
20. Have you ever convinced another that he was dishonorable?
21. Have you ever driven another insane?
22. Have you ever enslaved another?

EIGHTH DYNAMIC

1. Have you ever doubted the truth of your religion?
2. Have you ever desecrated a holy place? sacred object?
3. Have you ever disobeyed God's commandments?
4. Have you ever failed to perform your religious duties?
5. Have you ever neglected an opportunity to save a sinner?
6. Have you ever been disrespectful to a holy person?
7. Have you ever compromised your religious convictions?
8. Have you ever attacked a religion?
9. Have you ever tolerated a bad religion?
10. Have you ever perverted a religion?
11. Have you thought evil thoughts?
12. Have you ever concealed (denied) your religion?
13. Have you ever changed your religion?

14. Have you ever committed a sin?
15. Have you ever convinced others that some things are unknowable?
16. Have you ever convinced another that there were effects he couldn't create?
17. Have you ever convinced another there were places he couldn't be?
18. Have you ever convinced another that there were Beings with whom he couldn't communicate?
19. Have you ever convinced another that some things cannot be communicated?
20. Have you ever convinced another there were places he couldn't leave?
21. Have you ever persuaded another that he never created anything?

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CONSIDERATIONS RD

This part of the L10 Rundown consists of 43 L& N actions to be listed per the laws of listing and nulling to a BD F/ N item. They are done in the order listed. On the purpose/ intention list, if you get VVGIs BD F/ N and major case cognition or valence shift, that's it on that step. If it goes to BD F/ N VGIs, not a real blow out, then run the item R3RA quad or run recall on it or D/ L for a PreOT at OTIII or above. This rundown undercuts OTIII and NOTS. It breaks up a case in a very subtle fashion. Be sure not to audit over a persistent F/ N. You may only be able to do one list each session. This blows off beings, valences, overwhelm, confusion and increases reach vastly.

The basic L& N questions are:

- Who or What (W/ W) was (Item from list) ? or
- Who or What would have been (Item from list) ? or
- What past identity was (Item from list) ? or
- What past identity would have been (Item from list) ?

Use the question which communicates best to the PC or PreOT and gives the biggest read.

Item List Note - All assessing is done M6 (the L10 method of assessing a list). You look at the PC or PreOT and ask him directly every item or question on the list. (7106C12)

- 1) L& N for past identities, e. g. "What past identity was critical?"
- 2) O/ W item
- 3) Ev/ purp had?
- 4) D/ L e/ purp

Run to major win.

1. Critical
2. Unappreciative
3. Disliked things
4. Refused to understand
5. Loving
6. Liked things
7. Understanding
8. Sympathetic
9. Excited
10. Enthusiastic
11. Griefy
12. Miserly
13. Unable to perceive
14. Sick

15. Victimized
16. Shy
17. Venomous
18. Sneaky
19. Timid
20. Perverted
21. Unwell
22. Evil
23. Indefinite
24. Laughable
25. Magical
26. Cruel
27. Blood thirsty
28. Drunken
29. Hungry
30. Treacherous
31. Enchanting
32. Wicked
33. Fascinating
34. Mysterious
35. Pretentious
36. Helpless
37. Cowardly
38. Dirty
39. Cunning
40. Disobedient
41. Oppressive
42. Overpowering
43. Weak

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CONNECTIONS R/ D

Use or frame Qs designed to get aberrated (charged) connections to terminals and dynamics. Find most charged dynamic on X- dynamics list, then find reading item on list.

2WC * to F/ N:

How are you connected to _____? or
How does _____ influence you?

Run to major cog or win. * 2WC: reactions, attitudes, feelings, prompters, considerations, itsa E/ S itsa.

ENEMY R/ D

- 1) L& N "Who do you consider an enemy?"
- 2) O/ W on item
- 3) E/ purp had + D/ L to blow

(Run on Flows 0- 4)

GREATEST OVERT R/ D

- 1) L& N "What was the greatest overt you committed on the Whole Track?"
- 2) D/ L to blow.
- 3) Flows 0- 4

MULTIPLE EVIL PURPOSE R/ D

(See XDN in Volumes)

- 1) L& N "What evil purpose have you had towards another?"
- 2) D/ L to blow 3) Run Flows 0- 4

LIE RD

- 1) L& N "What was the greatest lie you told on the Whole Track?"
- 2) D/ L to blow
- 3) Run Flows 0- 4

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L10 RESULTS ASSESSMENT

(for checking EPs on earlier rundowns)

The following questions are assessed M6 and taken to EP:

- 0) Am I here?
- 1) Are you here?
- 2) Have we run all this on somebody else?
- 3) Why should you be punished forever?
- 4) Are you afraid you'll just go home and it will all be the same?
- 5) Are you waiting for something magical to happen?
- 6) Are you still part of something awful?
- 7) Are you too hideous to exist?
- 8) Are you afraid you'll go on killing people?
- 9) Have we left some dead energy unhandled?
- 10) Are there still dead thetans around?
- 11) Just waiting to put it all back?
- 12) Escaped and still hidden?
- 13) Waiting to get loose?
- 14) What would happen if you changed?
- 15) Is there hope for man?
- 16) How can you be stopped?

L10 Low TA Assessment may be used at this point if case requires it or if C/ Sed. Use list of terminals from folder. Assess on rises (blow ups) handle with itsa E/ S itsa + consequences after each.

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L's CORRECTION LIST

This correction list can be used on any of the L Rundowns to correct any er-

rors, debug any bogs or repair any of the steps or rundowns. Handling steps are not given with each line on the list since it is assumed that at this level of auditing the auditor will know the correct and standard handling of each and every line. The list can be assessed method 3 or method 5 depending on the situation. For PreOTs handle per instructions for handling listing on PreOTs. The auditor can switch to more specialized correction lists such as the L4BRA, NOTS 24, etc. as needed.

1. DID YOU GO EXTERIOR? _____
2. OUT INT? _____
3. INTERIORIZED INTO SOMETHING? _____
4. OUT- LIST? _____
5. IS THERE AN ERROR IN LISTING? _____
6. HAVE WE FOUND A WRONG ITEM? _____
7. HAS A LIST BEEN OVERLISTED? _____
8. HAS THERE BEEN A WRONG INDICATION? _____
9. HAVE WE FOUND A WRONG OUTPOINT? _____
10. HAVE WE FOUND A WRONG AREA? _____
11. HAVE WE FOUND A WRONG LOCATION? _____
12. HAVE WE FOUND A WRONG DATE? _____
13. MISOWNERSHIP OF ITEM? _____
14. OVERRUN AN ITEM? _____
15. HAVE YOU BEEN AUDITED OVER AN ARC BREAK? _____
16. HAVE YOU BEEN AUDITED OVER A PROBLEM? _____
17. HAVE YOU BEEN AUDITED OVER A WITHHOLD? _____
18. WAS THERE A WITHHOLD THAT KEPT COMING UP? _____
19. IS THERE UNDISCLOSED OVERT? _____
20. WAS IT NOT YOUR OVERT? _____
21. DO YOU HAVE A SIMILAR OVERT OF YOUR OWN? _____
22. HAS A DESTRUCTIVE IMPULSE BEEN MISSED? _____
23. HAS SOMETHING BEEN OVERRUN? _____
24. HAVE WE GONE PAST A BIG WIN? _____
25. HAS SOMETHING BEEN LEFT UNFLAT? _____
26. HAS ANYTHING BEEN CUT SHORT? _____
27. WAS THERE A MISUNDERSTOOD? _____
28. DID SOMETHING DISTRACT YOU? _____
29. WERE YOU DISTRACTED BY THE AUDITOR? _____
30. HAS SOMETHING FLATTENED OUT OF SESSION? _____
31. WERE THERE AWARENESS CHANGES OUT OF SESSION? _____
32. DID YOU COGNITE OUT OF SESSION? _____
33. DID YOU HAVE A LOSS OF GAIN? _____
34. HAS SOMEONE ENTURBULATED YOU? _____
35. IS THERE AN INCOMPLETE COGNITION? _____
36. IS THERE A DIANETIC ERROR? (FOR A PC) _____
37. IS SOMETHING ELSE WRONG? _____

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L 11

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L 11

L11, The New Life Rundown was developed to give a person a new life. This means it can handle that part of an individual's case which stops him from really living. It handles the major source of aberration upon which attention is fixed, blasting apart that major personal stumbling block.

The EP of L11 is a New Life. PREREQUISITES: L11 (formerly L9S) is not restricted to only those who have completed OT III. The only prerequisites to L11 are a complete Drug R/ D and Expanded Grades. It may not be done in the Non- interference Zone between Grade VI, R6EW and OT III.

In all the "L" Rundowns (L10, L11, and L12) the PC or PreOT is fully set up first with a C/ S 53 and GF40 expanded if needed.

L11 PROGRAM STEPS

1) Justifications HCOB

- a) M9 W/ C bulletin
- b) PC writes essay on how it applies to him.

2) Full 37R RD to F/ Ning list

3) D/ L Implant 'To Harm' to blow.

General O/ W .. If E/ Purp comes off run O/ W to blow.

4) L& N "What evil purpose do you have?"

D/ L E/ Purp to blow

5) L9S 6) Nature of Man

2WC "the character of man" to F/ N

JUSTIFICATION

- 1) PC reads the HCOB entitled "Justification".
- 2) M9 W/ C bulletin
- 3) PC writes essay on how it applies to him.

37R RD

Do the full 37R Rundown as given in C/ S Series 37R. Items from 37R Rundown L& N lists can be blown by D/ L if needed. End at F/ Ning list.

HARM IMPLANT

- 1) Date/ Locate implant "TO HARM" to Blow.
- 2) General O/ W .. If E/ Purp comes off run O/ W to blow.

EVIL PURPOSE

- 1) L& N: "What Evil Purpose do you have?"
- 2) D/ L to Blow

LIST 9S

The list of words below is called M6 to the PC; on each the PC gives back a response. E. g. PUNISH!! "It would be necessary on a naughty child." Next, L& N word incorporating response.

"Who or What would find it necessary to punish a naughty child?" "A Brave Dog"

Terminal is then handled to blow per L- type handling. The list is taken to Major Cog and F/ Ning list.

NATURE OF MAN

Two Way Comm "the character of Man" to EP.

Punish
Avenge
Kill
Torture
Pillage
Annihilate
Subvert
Seduce
Exhaust
Restrain
Immobilize
Entrap
Enthrall
Extinguish
Ensnare
Trick
Envelop
Benumb
Tantalize
Enslave
Assassinate
Nullify
Explode
Injure
Infect
Feast
Program
Tyrannize
Hoard
Terrorize
Castrate

Degrade

Pander
Drain
Secrete
Interrogate
Dissect
Defoliate
Molest
Pervert
Cannibalize
Decimate
Hypnotize
Dessert
Attack
Sting
Warp
Horrify
Obliterate
Dismember
Cheat
Conquer
Devastate
Implode
Mutilate
Undermine
Hassle
Torment
Disgust Offend
Vivisect
Vanquish

Deflower
Prostitute
Defame
Fornicate
Slander
Deviate
Profane
Imprison
Charm
Renege
Starve
Sack
Impoverish
Blind
Deface
Depose
Expel
Desecrate
Exploit
Ravage
Tear
Impale
Distort
Retard
Restrain
Abuse
Belittle
Lie
Hunt
Invade

Sacrifice

Obliterate
Sodomize
Scavenge
Execute
Begrime
Plagiarize
Wallow
Immolate
Indulge
Engorge
Expunge
Confuse
Savour
Gloat
Arrogate
Remove
Distrust
Sympathize
Indoctrinate
Randomize
Overwhelm
Supplant
Negate
Grasp
Pillory
Habituate
Loaf
Inflame
Cripple
Gobble
Vilify

Preen
Brutalize
Propagandize
Incinerate
Provoke
Vandalize
Suborn
Deceive
Destabilize
Conceal
Pollute
Sacrifice
Bugger
Flagellate
Spy
Peep
Demoralize
Embalm
Electrocute
Abominate
Secrete
Despoil
Revolt
Bully
Manipulate
Leach

Mutilate
Excoriate
Con
Prey
Debunk

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L 12

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L 12

The intention behind L12 is to make a fully extroverted and stable thetan. This rundown aims at handling very basic and specific aspects of a person's beingness. Here are those case things which tend to capture part of the person's attention so he has much less of it to put on life and doingness.

The person experiences certainty and unshakability as a being with the ability to handle his own universe.

PREREQUISITES:

L12 is not restricted to only those who have completed OT III. The only prerequisites to L12 are a complete Drug R/ D and Expanded Grades. It may not be done in the Non- interference Zone between Grade VI, R6EW and OT III.

In all the "L" Rundowns (L10, L11, and L12) the PC or PreOT is fully set up first with a C/ S 53 and GF40 expanded if needed.

L12 PROGRAM STEPS

- 1) Cluster Handling
- 2) 3S& Ds
- 3) Bqn character list
- 4) Beams Handling
- 5) OCA Handling (if needed)
- 6) Management Words
- 7) Admin Scale
- 8) Group Sanity
- 9) Simon Bolivar Policy

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CLUSTER HANDLING

- 1) Have PC or PreOT locate a "pressure * area" that reads on the meter. (Vary ' In and around' to 'Far away')
- 2) Get the location of the pressure area relative to the body.

- 3) Have the PC or PreOT put and hold his/ her attention on the pressure area.
- 4) Assess the "L12 Type of Incident" list to the first reading item and indicate this to the PC/ PreOT.

Electrical
 Explosion
 Implosion
 Shot
 Psychiatric
 Lightning
 Vacuum
 Radiation
 Collision
 Hit Struck
 Accident

Impact
 Injury
 Illness
 Drug
 Shock
 Implant
 Heat
 Burning
 Crash
 Freezing

5) Date to blow / Locate to blow the incident found.

6) Find out if completely blown, and if not, repeat 4 and 5 until pressure area is completely blown. Note - If OTIII PreOT, complete any remaining BTs with OTIII procedure. If NOTS PreOT, complete any remaining BTs with NOTS procedure.

* Could be also 'hollow spot', chronic somatics, 'emptiness', any persisting sensation.

CHARACTER LIST

Assess the subject of the group M6. The word is called or shouted very accurately with the auditor looking directly into the PC's eyes. The meter read is noted. This word is called to restimulate the group; then the other items of the group are asked as questions M5. The identities of one group are handled in order of size of read. Then continue on with the next group, etc. When the whole list is handled, reassess from the beginning and handle each item as it comes up, reassess from the beginning and handle each item as it comes up, taking slowed or checked F/ Ns as reads. Handle to persistent F/ N on the whole list. Check at the end of each group if any beingness that was restimulated by the accusative identity was not on the list.

Handle each reading item "Who or What was a _____?" L& N, then O/ W to blow.

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HERMIT!!! _____

Hermit? _____ Recluse? _____ Ascetic? _____ Victim? _____ Non- conformist?

_____ Martyr? _____ Puritan? _____ Human Sacrifice? _____ Self Immolator?
_____ Outcast? _____

A HORSE!!! _____ A Horse? _____ A Lioness? _____ A Leprechaun? _____ A Wild
Thing? _____ A Fire Spirit? _____ Dragon? _____ Gremlin? _____ An Imp? _____
A Tinker? _____ A Goat? _____

UNICORN!!! _____

Unicorn? _____ Forest Spirit? _____ Fairy? _____ Gnome? _____ Nymph? _____
Water Sprite? _____ Faun? _____ Sylvan? _____ Mermaid? _____ Chimera? _____

BLOODSUCKER!!! _____

Bloodsucker? _____ Vampire? _____ Ghoul? _____ Dismemberer? _____ Predator?
_____ Parasite? _____ Leech? _____ Cannibal? _____ Vulture? _____ Cut-
throat? _____

ANIMAL!!! _____

Animal? _____ Dog? _____ Cat? _____ Fish? _____ Lizard? _____ Serpent? _____
Pig? _____ Elephant? _____ Cow? _____ Tiger? _____

ROBOT!!! _____

Robot? _____ Hypnotic? _____ Believer? _____ Follower? _____ Servant? _____
Devotee? _____ Convert? _____ Worshipper? _____ Attendant? _____ Henchman?

THE ALMIGHTY!!! _____

The Almighty? _____ The Ever Present? _____ A Goddess? _____ A God? _____ The
Eternal Mother? _____ The Father of All? _____ The Horned God? _____ Pan?
_____ Diana? _____ The Buddha? _____

SORCERER!!! _____

Sorcerer? _____ Witch? _____ Warlock? _____ Enchanter? _____ Wizard? _____
Occultist? _____ Alchemist? _____ Clairvoyant? _____ Weird Sisters? _____
Astrologer? _____

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BLASPHEMER!!! _____

Blasphemer? _____ Idolater? _____ Scoffer? _____ Desecrator? _____ Bigot?
_____ Worldling? _____ Sacrilegist? _____ Unbeliever? _____ Infidel? _____
Heathen? _____

IMPLANTER!!! _____

Implanter? _____ Torturer? _____ Controller? _____ Psychiatrist? _____
Brainwasher? _____ Deprogrammer? _____ Indoctrinator? _____ Hypnotist? _____
Initiator? _____ Propagandist? _____

THE EVIL ONE!!! _____

The Evil One? _____ An Incubus? _____ The Powers of Darkness _____ A Succu-
bus? _____ The Antichrist? _____ The Beast? _____ His Satanic Majesty? _____
The Devil? _____ An Unclean Spirit? _____ Shades of the Dead? _____

FOOL!!! _____

Fool? _____ Idiot? _____ Dunce? _____ Ignoramus? _____ Subhuman? _____ Half-wit? _____ Driveller? _____ A Newborn Babe? _____ Moron? _____ Imbecile? _____

GENIUS!!! _____

Genius? _____ Wonder Worker? _____ Planet Builder? _____ Prodigy? _____ Spirit of the Age? _____ Master Mind? _____ Shining Light? _____ Mentor? _____ Thaumaturge? _____ The All Seeing? _____

PERVERT!!! _____

Pervert? _____ Sadist? _____ Masochist? _____ Homosexual? _____ Bugger? _____ Pederast? _____ Exhibitionist? _____ Voyeur? _____ Deviant? _____ Peculiar Boddied? _____

CRIPPLE!!! _____

Cripple? _____ Invalid? _____ Paralytic? _____ Dwarf? _____ Monster? _____ Incompetent? _____ Curiosity? _____ Cross-breed? _____ Half Caste? _____ Hermaphrodite? _____

LIAR!!! _____

Liar? _____ Fake? _____ Bragger? _____ Doubter? _____ Heretic? _____ Quack? _____ Wretch? _____ Viper? _____ Defaulter? _____ Hypocrite? _____

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DESTROYER!!! _____

Destroyer? _____ Spy? _____ Executioner? _____ Embezzler? _____ Betrayer? _____ Racketeer? _____ Extortionist? _____ Tyrant? _____ Murderer? _____ Pyromaniac? _____

INSECT!!! _____

Insect? _____ Parasite? _____ Invader? _____ Bee? _____ Fly? _____ Caterpillar? _____ Butterfly? _____ Spider? _____ Scorpion? _____ Hornet? _____

PHILOSOPHER!!! _____

Philosopher? _____ Researcher? _____ Analyst? _____ Physicist? _____ Technician? _____ Metaphysician? _____ Healer? _____ Geometrician? _____ Arithmetician? _____ Historian? _____

PRIEST!!! _____

Priest? _____ Holy Father? _____ Holy Mother? _____ Temple Virgin? _____ Choir Boy? _____ Chaplain? _____ Temple Prostitute? _____ Prophet? _____ Lama? _____ Confessor? _____

A BIRD!!! _____

A Bird? _____ An Eagle? _____ A Parrot? _____ A Wren? _____ A Hawk? _____ A Messenger? _____ A Forerunner? _____ An Oracle? _____ A Dove? _____ A Swallow? _____

ARTIST!!! _____

Artist? _____ Virtuoso? _____ Thespian? _____ Master Musician? _____ Grand
Composer? _____ Wandering Minstrel? _____ Chorister? _____ Dancer? _____ En-
tertainer? _____ Poet? _____

HEDONIST!!! _____

Hedonist? _____ Fornicator? _____ Glutton? _____ Masturbator? _____ Bigamist?
_____ Adulterer? _____ Satyr? _____ Impotent? _____ A True Love? _____ Whore-
monger? _____

PEASANT!!! _____

Peasant? _____ Civilian? _____ Husband? _____ Wife? _____ Gentleman? _____
Layman? _____ Mortal? _____ Parishioner? _____ Serf? _____ Slave? _____

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PTS BEAM HANDLING

Method One:

- 1) Ask PC/ PreOT, "Do you have any beams stuck to yourself or the body?"
(only PT lifetime body)
- 2) If yes, have him locate a reading beam stuck to himself or the body. Have
pOT 'Smooth out the Beam'.
- 3) Who has beamed you? L& N to a terminal.
- 4) Smooth out rough edge of Beam from _(Item)_ X to blow.
- 5) If a troublesome terminal by folder inspection:
"Has _(terminal)_ beamed you?".
Smooth out beam to blow.
- 6) D/ L the incident when it was put there, if no blow.
- 7) Repeat until "no more beams".

Method Two:

- 1) PC/ PreOT is shown the definition of a BEAM:
"A flow of electricity with teeth and rough edges." The definition is illus-
trated with a picture of a BODY being beamed by another person, the beam be-
ing hooked into the body by teeth like a circular saw blade or fish hooks.
Add R- factor of glands as special targets.

OCA TRAIT HANDLING

- 1) Go over the PC/ PreOT's OCA.
- 2) Take each negative area trait and make up a listing question.
For example: "critical".

The basic L& N questions are:

Who or What (W/ W) was _(Item from OCA)_? or
W/ W would have been _(Item from OCA)_? or
What past identity was _(Item from OCA)_? or
What past identity would have been _(Item from OCA)_?

Use the question which communicates best to the PC or PreOT and gives the biggest read.

Clear the L& N question with the word to be used such as: W/ W was critical?
LF List and Null to one item such as: "a cranky maid" LFBF F/ N Take the next negative point trait off the OCA list and repeat procedure. End off this step on a major case change, valence shift and/ or ability gained with VVGIs, Floating TA and Cognition.

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MANAGEMENT WORDS

Clear and False Data Strip the following words from Org Series 15, Management Series, page 213 and 214. Be sure to get the root meaning of the word.

A Company
A Board of Directors
Management Policy
Top Management
Programs
Targets
Orders
Technology
Know- How
Org
Board
Post
Hat
Cope
Purposes
Organize
Duties
A Checksheet
A Checklist
A Comm Channel
A Command Channel
A Relay Point
A Stable Terminal
Double Hatted
A Product
Aberration Viability

ADMIN SCALE

Word Clear:

Administration
Admin Scale
Administrator
Each word on the Admin Scale not already cleared previously.

2 way comm PC/ PreOT in the area of his/ her first three dynamics to find

some high interest reading areas.

2 way comm each reading area up and down the Admin Scale.

Admin Scale

Goals

Purposes

Policy

Plans

Programs

Projects

Orders

Ideal

Scene

Statistics

Valuable

Final Product

"The scale is worked up and worked down until it is (each item) in full agreement with the remaining items"

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GROUP SANITY

Clear each word in the scale from HCOPL 14 December 1970 Org Series 19 GROUP SANITY. Have PC/ PreOT read this HCOPL.

2 way comm each of the 11 points and how each one applies to his life/ relationship(s)/ business to a major cognition.

SIMON BOLIVAR POLICY

Send PC/ PreOT to Qual to read and check out on HCOPL 12 February 67 THE RESPONSIBILITIES OF LEADERS or have him read it in session.

2 way comm "Supporting the powers you depend on" to a major cognition.