

# MASTER BASIC PLUMBING AND CENTRAL HEATING

Your step-by-step guide to home plumbing

ROY TRELOAR

# Master Basic Plumbing and Central Heating

Roy Treloar

This book is designed to provide information about some of the basic principles and techniques of plumbing and central heating. You are solely responsible for the way you view and use the information in this book, and do so at your own risk. The author and publisher are not responsible for any injuries to person or damage to property that might occur due to using this book or following the advice in it.



# Master Basic Plumbing and Central Heating

Roy Treloar

First published in Great Britain in 2008 by John Murray Learning. An Hachette UK company.

Previously published as Teach Yourself Basic Plumbing and Central Heating.

First published in US in 2015 by The McGraw-Hill Companies, Inc.

This edition published in 2015 by John Murray Learning

Copyright © Roy Treloar 2008, 2010, 2015

The right of Roy Treloar to be identified as the Author of the Work has been asserted by him in accordance with the Copyright, Designs and Patents Act 1988.

Database right Hodder & Stoughton (makers)

The Teach Yourself name is a registered trademark of Hachette UK.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of the publisher, or as expressly permitted by law, or under terms agreed with the appropriate reprographic rights organization. Enquiries concerning reproduction outside the scope of the above should be sent to the Rights Department, John Murray Learning, at the address below.

You must not circulate this book in any other binding or cover and you must impose this same condition on any acquirer.

*British Library Cataloguing in Publication Data:* a catalogue record for this title is available from the British Library.

Library of Congress Catalog Card Number: on file.

Paperback ISBN 978 1 473 61162 7

eBook ISBN 978 1 444 12909 0

1

The publisher has used its best endeavours to ensure that any website addresses referred to in this book are correct and active at the time of going to press. However, the publisher and the author have no responsibility for the websites and can make no guarantee that a site will remain live or that the content will remain relevant, decent or appropriate.

The publisher has made every effort to mark as such all words which it believes to be trademarks. The publisher should also like to make it clear that the presence of a word in the book, whether marked or unmarked, in no way affects its legal status as a trademark.

Every reasonable effort has been made by the publisher to trace the copyright holders of material in this book. Any errors or omissions should be notified in writing to the publisher, who will endeavour to rectify the situation for any reprints and future editions.

Cover image © Shutterstock

Typeset by Cenveo® Publisher Services.

Printed and bound in Great Britain by CPI Group (UK) Ltd, Croydon CR0 4YY.

John Murray Learning policy is to use papers that are natural, renewable and recyclable products and made from wood grown in sustainable forests. The logging and manufacturing processes are expected to conform to the environmental regulations of the country of origin.

John Murray Learning Carmelite House 50 Victoria Embankment London EC4Y 0DZ www.hodder.co.uk



# Contents

	Meet the author	ix
	Introduction The ten most common plumbing problems Your safety checklist	xi
1	The plumbing in your home Incoming cold water supply Cold supply inside the dwelling The storage cistern The toilet-flushing cistern Hard and soft water Water softeners and water conditioners The above-ground drainage system The below-ground drainage system The equipotential earth bond	1
2	Hot water in your home Gas installations Oil installations Flues and ventilation for gas- and oil-burning appliances The hot water supply Hot water storage systems Direct systems of hot water supply Indirect systems of hot water supply Instantaneous systems of hot water supply Thermal storage systems Choosing a new domestic hot water supply	41
3	Domestic central heating Types of central heating system Radiant heating Central heating using radiators Micro-bore systems Radiators and heat emitters Radiator valves The boiler Heating controls Protecting heating systems	73

4	Emergencies and contingency work 1 Turning off the water supply Draining down the water supply Draining down the central heating A dripping tap Water leaking from the body of a tap Lack of water flow from a tap Toilet will not flush Water continuously discharges into the pan Toilet or storage cistern overflowing Toilet leaking when flushed	107
5	Emergencies and contingency work 2 Burst pipes Noises from pipework Hot water problems Blockages in the waste-water pipework Smell of gas or fumes	147
6	Plumbing processes Corrosion Pipework used for water supplies Copper pipework and fittings Bending copper tube Plastic pipework and fittings Specialist plumbing tools Concealing your pipework	173
7	Ancillary works and maintenance Employing a qualified professional Gas or oil boiler maintenance Gas fire maintenance General plumbing maintenance	201
8	Undertaking small plumbing projects Preparation and first principles Installing a washing machine or dishwasher Installing a water softener Making a connection to the soil pipe Installing an outside tap Removing a radiator to decorate behind it Repairing the water supply main Replacing the water supply main Installing a new storage cistern Replacing a faulty immersion heater	213

Insulating pipes against freezing Installing guttering and rainwater pipes Installing a new WC suite Installing new sink, basin or bath taps Installing a new sink, basin or bath Installing a shower cubicle Replacing a shower booster pump	
Appendix 1: Legislation Work requiring notification under local building control Work to which Gas Regulations apply Work to which Water Regulations apply The professional plumber	257
Appendix 2: Glossary	265
Appendix 3: Taking it further Further reading Plumbing trade and professional bodies	275
Index	277

This page intentionally left blank

# Meet the author

I was in the last generation of children to leave school at the age of 15, in 1973. This makes me sound old, but no, I'm still in my 50s. When I started out as a plumber in the 1970s, things in the plumbing world seemed to stay the same for many years and any changes were a slow, steady progression. We had to learn to make joints to lead and cast-iron pipes, and they were skills that made you feel a real specialist in your craft.

Since I first started teaching full time in 1985, it seems that the world of plumbing has gone through a 'hyper leap'. Today the traditional skills are no longer required and things are put together with great speed, using plastic pipes with push-fit joints for all kinds of installation, including central heating pipework. Legislation today takes a much more prominent position than it did when I was last trading as a practising plumber. In the old days, you could, within reason, do as you pleased to make a system work. You could undertake all kinds of gas work, put in whatever boiler you liked and make all sorts of drainage alterations, as you saw fit. But today gas engineers must be registered and can only undertake work in the areas in which they have been assessed. New boilers must be energy-efficient and their installation must be registered with the local authority, which will also wish to know where you have altered pipework within a building, and whether you have an unvented hot-water system installed. It does not stop there: every time you alter plumbing or electrical installations, approval may be required in order to comply with the law.

So, while in some ways plumbing has become easier, in another it has become very much harder if you want to trade. Along with this is the fact that modern boilers invariably have a limited lifespan because they have become so much more technical due to the need for efficiency. Boilers in the old days easily ran for 20–40 years, but finding the right person to solve a problem with a modern boiler is sometimes like trying to find a needle in a haystack, so the boiler is all too often replaced rather than repaired. Undertaking plumbing yourself is quite possible to do, but remember that you must abide by current legislation and that, if you install a system incorrectly, it may only work for a limited time. Take your time to fully appreciate how your system works and, if in doubt, seek expert advice.

Roy Treloar

# Introduction

This book has been written with the domestic homeowner in mind. It identifies the plumbing systems in your home and explains how to undertake some basic plumbing work yourself. You might be considering the replacement of extensive pipework, or perhaps you'd just like to know what to do in an emergency. In any case this book will give you insight into the activities that a plumber might undertake should they be called upon, and it provides you with clues about what they might need to do and why. It will also provide you with key questions to ask when seeking the services of a plumber.

Chapters 1 to 3 describe the plumbing of a typical home. Chapter 1 describes the cold water supply: how it enters the building from the street outside, travels through your house and eventually drains from your property. Chapter 2 describes the hot water supply and Chapter 3 shows you how the heating works. As the book takes you around your home, it identifies the main variations of plumbing systems found, and shows you specific things to look out for in the design, thus helping you to avoid the pitfalls and ensure a trouble-free existence for your system.

Chapters 4 and 5 explain how to tackle simple repairs and find out what action to take in an emergency. You will discover how to deal with a collection of problems, from dripping taps and overflowing cisterns to blocked sinks and toilets.

Further chapters go on to discuss plumbing practice: identifying materials used, jointing methods and specialist plumbing tools. This will help you understand how to complete some of the work yourself. Larger plumbing and maintenance works that you might consider are also discussed, designed to ensure that you will be able to avoid an emergency call-out from a plumber.

When faced with the prospect of doing some plumbing for the first time, you may fear that tackling the work yourself will end with water pouring through the ceiling. This does not need to be the case. Plumbing activities generally follow simple basic principles that most people can follow. Unfortunately, plumbing jargon can put some people off before they start, so if you're faced with an unfamiliar term, check the glossary at the back of this book, which might shed light on the problem you are trying to solve, making it all seem much clearer.

The book is limited in terms of what it can cover in depth, so it must be understood that you should not attempt any work that might put you at risk, for example when working with the electrical supply to a particular component, such as the pump or immersion heater. Chapters 5 and 8 do cover pumps and heaters, but several fundamental aspects of electrical safety are beyond the scope of this book and they must be understood before you work on electrical supply systems because otherwise you could put yourself or others at risk of electrocution. The book discusses aspects of gas installation but, again, if you don't absolutely know what you are doing, it could prove fatal. Basically, if you are not fully competent, you should leave well alone; if in doubt, call in an expert!

Some of the work you decide to have done or do yourself may be subject to legislation, such as the current Building or Water Regulations. When you call in a plumber, you assume that they are competent and will work in compliance with these laws; unfortunately this is not always the case. You are generally none the wiser and possibly don't really care, just being happy to see the job done, but I must point out that approval may be required if you're considering works involving new additions to your home. I recommend that you read Appendix 1 relating to work affected by legislation.

This book aims to help you find the courage to tackle some of the smaller jobs yourself, and you might surprise yourself and gain enough confidence to tackle much bigger tasks in the fullness of time. With the escalating cost of calling in a plumber these days, you should get your money back on the first successfully completed activity. I hope this book brings you some happy plumbing results.

# The ten most common plumbing problems

You will find out in more detail how to rectify these and other plumbing problems in Chapters 4 and 5, but here is a quickfire guide to the causes of ten of the most common plumbing problems.

#### 1 Water flowing from an overflow pipe

This is the result of the water not closing off fully as it enters the WC or storage cistern located in the roof space.

#### 2 Dripping tap

This is often caused by a faulty washer, which fails to close off the water.

#### 3 WC will not flush

The most likely cause of this problem is the large diaphragm washer being worn out.

#### 4 Blocked sink

This is usually caused by the build-up of grime and debris within the trap.

#### 5 Blocked toilet

If someone flushes excessive paper or inappropriate items down the pan, the outlet will become blocked.

#### 6 Water supply won't turn off

Several valves within the pipework that are not operated from one year to the next typically seize up and become inoperable.

#### 7 Water leaking from the body of a tap

This problem only occurs when water is flowing through the pipe fitting in question. It is generally from that part of the tap that allows the spindle or head to turn. The problem is resolved by repacking a gland or replacing an 'O' ring.

#### 8 Banging/noisy pipework

There could be several reasons why you would encounter noises from your pipework, from the pressure being too high to insufficient room for the pipes to expand.

#### **9** Water coming through the ceiling, pipe or appliance Clearly, a leak always requires immediate attention. The first thing would be to turn off the water so that you can then tackle the leak, and you may also need to review the plumbing processes: pipe connections and pipe jointing methods (see Chapter 6).

#### 10 Heating or hot water will not come on

This would suggest an electrical fault, which would be beyond the remit of this book; you may need to consult a specialist contractor. However, it is worth reviewing the heating and hot water controls (see Chapter 3) and the immersion heater, if used (see Chapter 8).

## Your safety checklist

Listed here are things to check before you start any plumbing work. It includes several points of safety aimed at ensuring that you do not endanger yourself or anyone else as a result of the activities you may undertake. Generally, safety is common sense, but every day the hospitals are full of patients who failed to observe these simple rules and started to do a job without this additional thought process.

- 1 Are you able to complete the task successfully? Go through the mental process of completing the task in hand and the order in which you will tackle the job from start to finish. Try to think of any pitfalls you may encounter and how to overcome them.
- 2 Is approval required to complete the work? Some specific tasks may need the approval of the local authority. This fact is often overlooked so, for some guidance, see Appendix 1: Legislation.
- 3 Have you all the tools and fittings you need to complete the task?

Trying to do a project with inappropriate tools just leads to annoyance and frustration. Specific fittings needed for the completion of the task should also ideally be at hand, to allow you to do the whole job without disruption. It is frustrating to have to stop in the middle of a task in order to go in search of tools or equipment.

- 4 Where applicable, have you turned off the water supply? Chapter 4 discusses how to turn off the water supply and possible pitfalls. With the water successfully turned off, you then need to drain it from the system.
- 5 Where applicable, have you turned off the electrical supply? If immersion heaters and boilers try to come on with the water removed, they are likely to be damaged, so switch these appliances or systems off. If you are replacing or installing electrical items such as pumps, ensure that you are competent to do so.

## 6 Have you removed all furniture and items that will get in the way?

To prevent damage to furniture and other items, remove them from the area or room where you will be working. This will also avoid the frustration that might arise from being unable to work comfortably. If you have to remove floorboards to access pipes, take up sufficient boards but not so many that replacing them becomes a bigger job than it needs to be.

#### 7 Have you put down dustsheets?

Any job involving removing floorboards or chasing walls causes vast amounts of dust, so it's essential to protect as many surfaces as possible.

#### 8 Are you wearing appropriate PPE?

PPE stands for personal protective equipment. This refers to goggles, dust masks, gloves and boots, and any other safety equipment for that matter. While you may think that these items will get in the way of you working, they will save more time in the long run and, more importantly, help prevent injury. Hospitals are full of people who did not bother to use some form of safety protection.

#### 9 Do you need ladders and access equipment? Sometimes you will need to work at an elevated position. If this is the case, don't overreach and always aim to keep

three points of contact with the access equipment (two feet and one hand). Consider whether a platform may be more appropriate to work on than a ladder. When working at heights, take extra care and have someone else available to provide additional support if need be.

#### 10 Have you enough time to complete the job?

Last but not least, have you allowed sufficient time to complete a specific job? Will the light be failing you as the evening approaches? Working in the dark and under artificial lighting with its cast shadows is much harder than working in natural daylight. Will the shops still be open in case you need a specific part that you overlooked or could not get earlier?



# The plumbing in your home

In this chapter you will learn:

- how the water supply arrives in your home
- about the different types of water supply
- about cold water storage
- about WC systems
- how water leaves the property.

This chapter looks at the plumbing systems in your home, from the point where water is fed into the house and passes through the pipework, to the point where the used and unwanted water leaves the house via the drains.

## Incoming cold water supply

The water pipe feeding into your home comes from a supply pipe in the road, at a point just outside your property. There is usually a water authority valve at this point, and it is here that your responsibility for the water and pipework begins. The pipe travels below ground at a minimum depth of 750 mm to ensure that it is protected from damage and that the water will not freeze if the temperature drops below freezing point (0°C). The pipe then passes into a pipe duct through the foundations and ground floor into your home, terminating with a stopcock (tap). See Figure 1.1.

In newer buildings a water meter will be incorporated within this supply pipe. This may be contained within a chamber outside, keeping the meter below ground level, or within the building itself, thereby allowing easier access for reading and maintenance. There may also be a stopcock situated under the ground at the boundary to your property, in addition to the one inside.

The pipe in the road from which this drinking water supply is taken is usually referred to as the 'mains'.

#### THE WATER SUPPLY PIPE

For the past 30 years or so, plastic (polyethylene) has been used for the cold water pipe feeding your home. Today it is typically blue and the standard diameter is 25 mm (equivalent to a copper pipe of 22 mm diameter) and it is adequate to supply several outlets at once. In the past, however, smaller-sized pipes were used, including:

- 20 mm plastic pipe either black or blue (equivalent to 15 mm copper pipe size)
- 15 mm copper pipe
- <sup>1</sup>/<sub>2</sub> inch galvanized mild steel pipe
- ▶ ½ inch lead pipe.



Figure 1.1 The cold water supply into a home

These older pipes are regarded as too small for a modern house because of the extra appliances used (washing machine, showers, etc.) and extra toilets. The size can restrict the flow of water and cause a loss of water flow at some outlets if several appliances are opened at the same time. Unfortunately, there is not a lot you can do with your existing supply pipe if it's too small, other than replacing it with a new pipe.

#### SUPPLY STOPCOCK (STOPTAP)

It is very important that you know the location of this valve; after all, it supplies the water to the building, and turning it off will stop the flow of water. This is essential in a situation where water is leaking from pipework. Typical locations for the stopcock inside the building are:

- under the kitchen sink
- in a downstairs toilet
- under the stairs, in a cupboard
- in the garage
- in the basement
- under a wooden floorboard, just inside the front door.

There may be an additional stopcock outside the building. Don't turn off this valve until you fully understand the consequences of doing so (see Chapter 2).

Ideally, once the internal stopcock has been found, you should tie a label to the operating handle, so that anyone needing to find it in the future will know that this is the main water inlet to the building (see Figure 1.2).

### Remember this

In an emergency, turning off the incoming cold water supply stopcock will eventually stop the water flowing from any water pipe, wherever it is. This includes the pipework for the hot and cold water and the central heating.



Figure 1.2 Supply stopcock with drain-off valve

## Cold supply inside the dwelling

Once you have identified the incoming supply, look for a small outlet valve, known as a drain-off cock, just after the stopcock or incorporated within its design. This may be missing in older buildings or in poorly installed systems. The drain-off cock allows the cold water supply mains pipework to be drained, for example for maintenance work or if you're going away for a long time in winter. There is provision for a hose connection, but generally, when the supply has been shut off, much of the water can be drained out via the kitchen sink, so that only that remaining in the pipe needs to be drained.

From the stopcock the pipe will run to the kitchen sink and other outlets. The route will depend on the system design, which will be one of the following:

- direct cold water supply
- indirect cold water supply
- modified cold water supply.

The pipework usually runs beneath floors or through pipe ducts, for example alongside the vertical soil or drainage stack (the drainpipe taking waste water from the building) as it passes up through the building. It may also be encased within the plaster wall. In all cases the actual pipe route is not a major concern, provided that it is protected from unforeseen damage and frost.



Figure 1.3 A direct cold water supply system

#### DIRECT COLD WATER SUPPLY

If you have this system, all your cold water outlet points are fed directly from the mains supply. These include all appliances such as the sink, bath, basin and WC, plus any other outlets to washing machines, dishwashers, or outside taps used for watering the garden (see Figure 1.3). The cold supply may also feed a hot water system such as an unvented domestic hot water supply or combination boiler (see Chapter 2).

#### Key idea

In the 'direct system' of cold water supply, all the cold taps are supplied with water that has been supplied directly from the local authority water supply mains pipe and therefore can be regarded as very safe to drink.

#### INDIRECT COLD WATER SUPPLY

In this system the only appliance fed directly from the mains supply is the kitchen sink, plus a water softener if one is incorporated within the property. Instead of feeding directly to the other appliances, the supply feeds a water storage cistern, usually found within the roof space (loft). All other outlet points in the building are then fed from this storage cistern (Figure 1.4).

#### MODIFIED COLD WATER SUPPLY

This type of system is a combination of both the direct and indirect supply systems. In other words, there may be several outlets from the mains supply and several fed via a storage cistern.

Prior to the 1980s most systems were of the indirect design. These were intended to maintain a flow of water under the worst possible conditions, for example when the supply was cut off for some reason – such as the water authority doing essential repairs or in areas where there was an excessive drop in water pressure at peak times. The local water authority may also have imposed a specific requirement that the supply had to be of an indirect design.

However, today, due to higher pressures and consumer demand for combination boilers, unvented hot water supplies and



Figure 1.4 An indirect cold water supply system

guaranteed availability of drinking water, more and more systems rely on direct mains supply pipework. Also, with the direct system supplying both cold and hot supplies, there is no need to have a cistern in the roof space or to extensively insulate the pipework and cistern from freezing up in the winter.

It is important to note that, where all outlets are supplied via the mains supply, the supply pipe must be of a sufficient size (minimum 22 mm), otherwise, as mentioned earlier, some outlets will be starved of water when several outlets are open at the same time.

#### WHAT OUTLETS ARE FED DIRECTLY FROM THE SUPPLY MAIN?

Finding out which outlets are fed directly from the cold mains supply pipe in your home is a simple process. First, turn off the incoming stopcock (as explained above) and then go around to all outlet points (taps) on the system to see which do not have any water flow available when the tap is turned on. Likewise, to find out if the toilet cistern is fed from the mains supply, flush the toilet to see if it refills.

#### DRINKING WATER (POTABLE WATER)

It may surprise you to learn that, if designed and installed correctly, all outlet points in modern systems, both hot and cold, should be supplied with water fit for human consumption, even where they are supplied via a cistern in the roof space. When we look at the installation of the pipework and appliances, you will learn that the water must be protected from contamination at all costs. For example, Figure 1.5 shows that a filter has been incorporated within the overflow and that the cistern itself has a tight-fitting lid with all connections designed to prevent anything getting in and contaminating it, such as insects. Water that has been stored in a cistern is therefore also regarded as safe to drink, and you must ensure, under all circumstances, that it remains this way.

## The storage cistern

Figures 1.3 and 1.4 show a cistern that contains a large volume of water for the purpose of supplying hot or cold water pipework not fed directly from the mains. Buildings in which



dhw = domestic hot water Figure 1.5 A cold water feed and storage cistern

everything is fed directly from the cold mains water supply do not have a storage cistern.

The water level inside the cistern is regulated by the use of a float-operated valve, designed to close off the water supply when the desired water level is reached. Should this valve fail to operate, the water will continue to rise until the overflow pipe is reached, at which point it will overflow, warning the occupants of the building that something is wrong.

For the past 35 years or so, storage cisterns have been made of plastic materials, but some very old galvanized cisterns can still be found. Where this is the case, it may be worth considering a replacement as it might have exceeded its expected lifespan.

All storage cisterns fitted since 1991 should be of a design that incorporates a tight-fitting lid and filtered overflow to ensure that even the smallest of insects cannot get in to contaminate the water supply. Even the vent pipe from the hot water supply (discussed later) passes through a rubber grommet in the lid. Around all this is a snugly fitted insulation jacket, and all the pipework to and from the cistern should be similarly insulated. Older installations may not be protected to such a high standard and, if an inadequate system is encountered (for example, with a loose or flimsy lid), the water should be treated with caution where it is used at cold or hot water outlets. If there is no lid at all, this needs to be remedied immediately. Dead bats are commonly found floating and rotting in unprotected cisterns.

The condition of the storage cistern needs to be inspected occasionally to check that it is sound and protected. Ideally, once a year, remember to check:

- the filters in the overflow and lid, to ensure that they are not blocked, for example with flies
- the operation of the float-operated valve, to ensure that it is closing properly.

#### **Remember this**

The water flowing from a tap that has been supplied directly from the mains water supply in the street outside your home will generally be at a much higher pressure than that which has been supplied from a water storage cistern, often located in the roof space of your home.

#### THE FLOAT-OPERATED VALVE (BALLVALVE)

The float-operated valve found within the storage cistern is generally of the same type as that found within a toilet cistern, although many of the newer toilet cistern float-operated valves are of a different design. The float-operated valve is often simply called a ballvalve, taking its name from the large ball attached to the lever arm, which floats on the surface of the water. As the water inside the cistern rises and falls, so does the float. These valves work on the principle of leverage, in that, as the water rises, the long arm lifts and forces a washer up against the water supply inlet. Figure 1.6 shows the two main designs of float-operated valve, the diaphragm valve and the Portsmouth valve. The older type, the Portsmouth, can no longer be installed as it contravenes current water supply regulations. There are two main reasons for this:

- 1 Its inlet will be submerged at times when the valve is overflowing. If you look closely at the two valve designs, you will notice that the Portsmouth valve lets water into the cistern from below the valve body, whereas the diaphragm valve lets water into the cistern from above the valve body. The advantage of discharging at the higher position is that it alleviates the problem of the valve outlet becoming submerged when the water level has risen in the cistern due to a faulty valve, which can lead to it overflowing. When the outlet is submerged in this way, it is possible that, under certain conditions where a negative force is acting within the mains supply pipe, water could by sucked back into the supply, causing water contamination.
- 2 With the Portsmouth valve, in order to adjust the water level in the cistern you must bend the lever arm as necessary. The modern valve has an adjusting screw to make the appropriate adjustment to the water level in the cistern.

If you need to replace the float-operated valve for any reason, it is essential to replace it with the modern diaphragm type. Repair work on these valves is discussed in Chapter 2.

#### HEAD PRESSURE AND FLOW

Finally, we also need to consider the water pressure and volume of water flow that can be expected from the pipe supplying the water to the storage cistern.

Pressure is the force of the water. Water pressure can be created by:

- a pump
- ▶ a storage cistern positioned high above the water outlets.



Figure 1.6 Float-operated valves (ballvalves)

Flow is the volume or amount of water passing through a pipe. Water flow is dependent on the pipe size. A pipe 22 mm in diameter will clearly allow a greater flow of water than one of 5 mm in diameter and consequently will fill up a container, such as a bath, much more quickly.

The cold water supply feeding your home will be supplied typically via a pump located at the water treatment works. This creates a pressure within your supply pipe of up to around 3 bar (300 kN/m<sup>2</sup>). However, when water has been stored in a cistern in your home, possibly located in the loft or roof space, its pressure is no longer influenced by the cold water mains supply but is now dependent on the position of the cistern relative to the taps. The pressure is considerably lower than that in the water mains supply pipe. For example, where a shower takes its water from a storage cistern, there might be only a 2-metre head of water, in which case the water pressure will be so low that taking a shower is not practicable. The term 'head' refers to the position of the free water level in the system above the point where it is being drawn off. In the following example, the water in the cistern is 2 metres above the shower.

There is a simple calculation that can be completed to find out the pressure created by an elevated cistern. This is:

the head of water in metres  $\times 10$ 

So, where the head is only 2 metres, the pressure will be:

 $2 \times 10 = 20 \text{ kN/m}^2$ 

This is about one-fifth of a bar in pressure (100 kN/m<sup>2</sup> = 1 bar), and therefore far less than that expected from the mains supply pipe.

From this we can see that a storage cistern should be located as high as possible within a building. Also, the pipe from the storage cistern needs to be a minimum diameter of 22 mm and, where several outlets are to be maintained, either the pipe may need to be increased to 28 mm or a second outlet may need to be taken from the cistern. Failure to observe these simple rules will mean that appliances are very slow to fill.

## The toilet-flushing cistern

The flushing cisterns used with toilets have undergone several changes over the past 15 years. The water supplied to the cistern is controlled by a float-operated valve. Most of these valves are of a similar design to those used in the cold water storage cistern (Figure 1.6). There are some different designs of valve, but these are beyond the scope of this book.

Prior to 1993, a 9-litre (2-gallon) flush was employed, and it had been like this since the toilet was first designed over 100 years ago. However, in order to try to conserve water, this quantity was reduced first to 7.5 litres and then to a maximum of 6 litres, as per current regulations.

In order to discharge this water from the cistern into the toilet pan, a device is used that closes when the required volume has been discharged. Toilet cisterns traditionally worked using a siphonic device (see below), but today there is another design consisting of a valve that is lifted to allow the contents to flow as necessary.

#### FLUSHING CISTERN OPERATED BY SIPHONIC ACTION

Siphonic action occurs where water is removed from a container, without mechanical aid, up and over a tube in the form of an upside-down letter J. The long leg joins to the flush pipe and the short leg is open to the water inside the cistern. If the air is removed from the tube, a partial vacuum is created. This action, in the case of the flushing cistern, is triggered by the large diaphragm washer being lifted, which discharges a quantity of water over the top of the J-shaped siphon bend. As the water drops down through the flush pipe to the outlet, it takes with it some of the air contained within it, thus creating a partial vacuum. With the partial vacuum formed, gravity acts upon the surface of the water, pushing down and forcing the water up into the J-shaped siphon tube. As it reaches the top of the upturned bend it simply drops down to the outlet to be discharged into the pan, via the flush pipe. This action continues until the air can get back into the tube to break the vacuum and restore normal pressure. Water will continue to discharge until the water level has dropped inside the cistern to that of the base of the siphon. The initial action of lifting the diaphragm washer is instigated by the operation of the lever arm on the side of the cistern. See Figure 1.7.



Figure 1.7 Flushing cistern operated by siphonic action

### Key idea

If an overflow pipe outside your home is discharging water, it suggests that a float-operated valve (ballvalve) is not closing off the water supply and the water level is continuously feeding the cistern from which the water is flowing.

#### VALVE-TYPE FLUSHING CISTERN

Several designs of valved flushing cistern have been developed within the past few years. The one shown in Figure 1.8 works by allowing for a dual flush. A dual flush offers:

- a reduced flush for the purpose of removing urine from the toilet pan
- ▶ a full 6-litre flush where there are solids to be removed.

Two buttons are housed within the cistern lid, one button with a shorter rod attached to it than the other. When the larger button, with the longer rod, is pressed, it lifts the valve sufficiently to engage into a latch and is held up by a small float. Water now flows from the cistern and the latch only releases as the water level drops, taking the float with it. When the smaller button is pressed, the smaller rod does not lift the valve sufficiently to engage with the latch, so the valve is only raised for a short period while the button is held down. A linking cable operates a lever to lift the valve from its seating initially.

Note that a separate overflow pipe is not run from valved flushing cisterns because, if the water level rose due to the water inlet failing to close, it would overflow down through a central core within the valve, from the cistern and into the toilet pan.

## Hard and soft water

Water is generally classified as being either hard or soft. This classification relates to the impurities that the water contains and is indicated as a measure of the number of hydrogen ions (acidic) or hydroxyl ions (alkaline) present in a sample of



Figure 1.8 Flushing cistern operated by flushing valve

water. This is known as the 'potential of hydrogen' value (pH value):

#### pH value of water

Hard water contains calcium carbonate and/or calcium and magnesium sulfate – which basically means limestone in one form or another – whereas soft water does not. This limestone has dissolved in the water because water is a natural solvent. The hardness of water can be further classified as:

- permanently hard (contains dissolved rock such as calcium or magnesium sulfate)
- temporarily hard (contains dissolved rock such as calcium carbonate).

The limestone in permanently hard water cannot be removed without water-softening treatment. Temporary hardness, however, occurs where the rainwater has fallen onto calcium carbonate. This is a different form of limestone and will only dissolve if the water also contains carbon dioxide, acquired as the water fell as rain. Boiling the water can remove the temporary hardness because the carbon dioxide escapes from the water, but boiling will have no effect on permanently hard water.

Soft water, on the other hand, does not contain any dissolved limestone. It is more acidic or aggressive as a solvent, and will soon destroy metals, in particular any lead used in a plumbing system. Soft water feels different from hard water and is more pleasant to wash in; it is also much easier to obtain a lather when using soap in soft water, and it takes longer to rinse the soap away. Hard water is also distinguishable by the scum that forms on the surface of the water and around sanitary appliances, and by the limescale that forms around taps and in the toilet bowl.

#### LIMESCALE

You can see limescale at the outlet points of both hot and cold taps in hard-water areas. In a nutshell, it is caused by temporarily hard water. However, a more in-depth explanation is appropriate here.

When it rains, the water falling from the sky is enriched with carbon dioxide ( $CO_2$ ), trapping it within its molecular structure. This water falls to earth and percolates through the ground on its way to the rivers and reservoirs. If it flows through limestone during this journey, the  $CO_2$  in the water causes the limestone to dissolve and, as a result, the limestone is carried in the water (Figure 1.9). When the  $CO_2$  escapes from the water, such as by rapid shaking movements or by heating the water to above  $60^{\circ}$ C, the limestone will not remain dissolved, as it was the  $CO_2$  that maintained this condition. Consequently, the limestone comes out of the water and collects within the system as solid limestone (limescale). It is found around tap heads because the water collects here as it leaves the spout and, as the water evaporates, the solid limescale is left behind.



Figure 1.9 The formation of soft and hard water

Limescale can also collect, unseen, inside your pipework, accumulating around heating elements and heat-exchanger coils, causing long-term damage and affecting heat-up times. It can drastically reduce the rate of water flow through any pipes in which it collects (Figure 1.10). To prevent this, it is essential



Figure 1.10 Limescale build-up in a pipe, reducing its diameter
to store the water at a temperature no higher than 60°C, as above this temperature the  $CO_2$  can more easily escape from the water.

# Key idea

Hard water contains limestone or calcium salts carried in solution, which as a result reduces the effectiveness of soap in forming a good lather when washing. Soft water contains no such salts and therefore you need much less soap when undertaking washing activities.

# Water softeners and water conditioners

You can prevent limescale from forming by using water softeners and conditioners.

## WATER SOFTENERS

A water softener is a device designed to remove all the calcium and magnesium ions from the water. Basically, the water is passed through a bed of a special chemical called zeolite, or through very small plastic beads covered with sodium ions, and as a result, the calcium and magnesium are given up. However, the zeolite bed eventually becomes exhausted to the point where it stops softening the water. It is then time to regenerate the bed material with sodium ions. This is achieved by passing a salt solution (sodium chloride) through the softener to displace all the calcium and magnesium and recharge it with sodium ions. The regeneration process flushes out all the unwanted products into a drain. The process of regeneration is completed automatically, timed to take place during the early hours of the morning; during this period no softening takes place and hard water will be supplied if a tap is turned on. A water softener is the only device that removes the calcium and magnesium from the water (see Figure 8.2).

### WATER CONDITIONERS

A water conditioner is not a water softener but a device that reconditions the small dissolved particles of limestone, referred to as calcium salts, held in suspension in the water so that they do not readily stick together to form noticeable limescale. If you viewed untreated hard water under a microscope, the calcium salts would appear star-shaped, with jagged edges. It is in this form that they stick together. The water conditioner aims to take off these jagged edges so that they cannot easily bind together, and instead they simply flow through the system (Figure 1.11). There are two basic types of water conditioner. First there are chemical water conditioners, which use crystals that dissolve in water and bind to the star-shaped salts, sticking in the crevices and jagged edges and having the effect of rounding off the sharp points. The other type of water conditioner passes a small electric current of a few milliamps across the flow of water. This current alters the shape of the calcium salts, changing them to a smoother and more rounded shape. This current is often produced by a magnet, although other methods can be used.

# Key idea

A water conditioner does not soften the water; it just alters the structure of the calcium salts held in suspension within the water to prevent them readily sticking together and to the surfaces of the pipework.



Figure 1.11 Water conditioners

# The above-ground drainage system

The first thing water does as it goes down the plughole is to pass around a series of bends that form a small trap of water. There are different types of trap (Figure 1.12). You can see the trap by looking into your toilet pan or beneath the kitchen sink. Why is the trap there? It is not there to catch your wedding ring should it come off your finger – although it could prove useful in such a circumstance. Its purpose is to provide a pocket of water between the outside air and the foul air of the drain and sewer. This air is not only foul-smelling but may also contain methane gas, which could prove hazardous. Another purpose of the trap is to prevent any vermin that may be in the drain from entering the building. This trap is the start of the house waste-water system.

## Remember this

The trap or U-bend located beneath the basin or sink is designed to hold a quantity of water, thereby forming a seal to prevent odours and dangerous gases entering your home from the underground drainage system.

Gravity causes the water to flow from the trap along pipes that run down to adjoin the vertical discharge stack, referred to as the soil and vent pipe, and from here all the various waste pipes converge to take the fluid to the drainage system below ground. Obviously, the pipe must always be laid to fall in the direction of the water flow and the pipe must never, under any circumstances, be run uphill as water simply will not drain from the pipe.



Figure 1.12 Types of trap



Figure 1.13 A typical primary ventilated stack (single-stack) system

The system illustrated in Figure 1.13 is generally referred to as the single-stack system, although it is also given the fancy title of 'primary ventilated stack system'. This system has been installed in homes now for more than 60 years.

Since many houses are much more than 60 years old, there are systems in existence, such as that shown in Figure 1.14, that have a separate waste-water discharge stack and foul-water stack. It is not until the pipes reach the ground-level drain that they join together. When major refurbishment to these antiquated systems is undertaken, the plumber will update the system and install a single-stack system.

Plastic pipework is used for modern systems. This will be either of a type that can simply be pushed together or of a type where the joints are made using special solvent weld cement, which bonds the pipe to the fitting. The pipe diameters are shown in Figure 1.13. The lengths of the pipes from the mains stack should not exceed the distances listed in Table 1.1, otherwise you may experience problems with self-siphonage, explained below. It



Figure 1.14 The older system of separate waste stack and soil stack

should also be noted that the flow of water passing horizontally to the vertical stack has been run to a minimal fall usually not exceeding a drop of between 18 mm and 90 mm per metre run of pipe. Exceeding this gradient could also create self-siphonage problems and can increase the problems of leaving any solid contents behind as the water rushes rapidly down the pipe.

Pipe size (mm)	Maximum length (m)
32	1.7
40	3.0
50	4.0
100	6.0

Table 1.1 Maximum lengths for discharge pipes

### WATER SIPHONAGE FROM THE TRAP

Water being siphoned from a trap is recognized by a gurgling sound coming from the appliance as air tries to enter the waste system in order to maintain the equilibrium of air pressure from inside the pipe to that of the surrounding atmosphere. Figure 1.15 shows the two types of siphonage:

Self-siphonage is caused as the water flows through the pipe, forming a plug of water, causing a vacuum to be formed, sucking with it the water from the trap.



induced siphonage

Figure 1.15 Water siphonage from the trap

Induced siphonage occurs when no water has been discharged. It is caused by the installer joining two waste pipes together so that, as the water of one appliance flows past the branch connection of the other, the air is drawn from the pipe.

Where continued problems are encountered with siphonage, it is possible to fit alternative types of device (Figure 1.16):

- ▶ a resealing trap, which incorporates a non-return valve
- a special trapless (self-sealing) waste valve (sold under the manufacturer's trade name of HepvO®), which contains a special synthetic seal (instead of the traditional water seal) that closes in the absence of water to seal off the pipe.



Figure 1.16 Alternative trap designs

#### AIR ADMITTANCE VALVES

Another device sometimes used to overcome problems with siphonage is an air admittance valve (Figure 1.17). This is basically like a big non-return valve that allows air to go into the drainage system but prevents air (potentially foul-smelling) from coming out. So where a negative pressure exists inside the drainage system, this valve opens in preference to the water being sucked from the trap.

Air admittance valves can be purchased in a whole range of sizes, and sometimes the main discharge stack itself is terminated with an air admittance valve, possibly found within the roof space. This fitting is generally used where there are two soil stacks within the same building or where there are several buildings in close proximity. It overcomes the need to run the highest point of the discharge stack out through the roof, avoiding additional work to the roof tiles and ensuring that rainwater cannot enter the building.

An air admittance valve must be fitted above the spill-over level of the appliance (the highest possible water level of the nearest



Figure 1.17 An air admittance valve

adjacent appliance), otherwise, if there is a blockage in the pipe, this fitting will be subject to a backup of water and the valve is unlikely to remain watertight.

Where these valves are in exposed locations, such as in the loft, they need to be insulated to ensure that they do not freeze up, as there is often a considerable amount of condensation within the pipe.

## ACCESS POINTS

All good drainage systems should have a means of access for internal inspection of the pipe, which is particularly useful when there is a blockage. Sometimes a large access point is positioned to the end of a small vertical section of 100 mm diameter discharge pipe, used as an alternative to the air admittance valve for an additional ground-floor toilet within the property. This method is acceptable provided that the pipe lengths are not excessive and, in all cases, no further than 6 m from a ventilated drain, otherwise additional pressure fluctuation problems will be created within this section of pipe (Figure 1.18).

As with the air admittance valve, this access point must be installed above the spill-over level of the appliance. If it is not and there is a blockage to deal with, when it is opened the foul water will discharge all over the floor.

# **Remember this**

If at any time you need to open an access point, you must consider what might lie behind it! If water is there at a time of blockage – which may be the reason for opening this access point in the first place – it is likely to flow uncontrollably, at surprisingly high pressure, on to you and the floor where you are standing.

### PUMPED SANITATION AND DRAINAGE SYSTEMS

For many years now, there has been the opportunity to locate a drainage point for the purpose of removing water from basins, shower units and even from WC pan connections, from more



Figure 1.18 An access point

or less anywhere within a typical house. These systems use what is called a macerator pump. This is basically a small holding tank, with the additional facility to macerate (chop up) any solid matter within, which, when full of water, operates a pump to lift the water contents up or along a small pipe (typically no bigger than 22 mm) to discharge into a drainage stack (Figure 1.19).

The manufacturer's data sheets should be sought for the various designs but typically the water could be elevated vertically by 4 metres, and horizontally the water could be discharged up to 50 metres.

If one of these units is installed, it is a requirement that the property also has a conventional gravity system of drainage from a WC, otherwise, if the power to the building is off due to a power cut, you would be without a toilet.

## THE WATER CLOSET (WC)

The term water closet technically refers to the room in which a toilet pan is found. But when talking of the WC, one is generally referring to the complete package of toilet cistern and attached pan.



Figure 1.19 A pumped sanitation system

The WC suite has undergone several design changes over the past few years. Today, the Water Regulations limit the volume of water flushed down a newly installed toilet pan to a maximum of 6 litres, yet not many years ago this volume was 9 litres. Most toilets installed these days are of the wash-down type, which basically means that they rely on the discharging water flow to remove the contents from the pan (Figure 1.20).

Occasionally, siphonic WC pans will be found. These were installed quite extensively during the 1970s but are becoming quite rare these days as people update their homes. The siphonic pan, however, had one advantage over the wash-down pan in that it had the additional siphonic action to assist the removal of the pan's contents. It basically worked by lowering the air pressure from the pocket of air trapped between the two traps. This was achieved by allowing the flushing water to pass over a pressure-reducing fitting, which created a negative pressure and sucked out the air between the two traps of water. With the partial vacuum created, the water and its contents in the



upper bowl of the pan were sucked out by siphonic action. The high cost of their manufacture is possibly the reason for their disappearance.

# The below-ground drainage system

Once the foul and waste water has reached ground level, it is conveyed to the house drain, which removes it from the property to meet up with the public sewer; or the water may be collected in a septic tank or cesspit.

### THE SEPTIC TANK

This is a private sewage disposal system used in some rural areas (Figure 1.21). Basically, all the foul and waste water is collected within a large double-compartment chamber, traditionally made of brickwork or concrete, although nowadays generally made from plastic. From here the water overflows through an irrigation trench to filter slowly into the ground away from the property.

These systems rely on a scum forming on top of the liquid, which in so doing allows anaerobic bacteria to decompose most of the solids. Because not all the solids are broken down,



Figure 1.21 A septic tank

it is necessary to have the vessel emptied annually to remove the accumulation of the excess sludge that will not decompose. Failure to do so may lead to a blockage in the system.

## THE CESSPOOL (CESSPIT)

This is simply a watertight container that is used to collect and store waste and foul water from the property (see Figure 1.22). Cesspools are used where no mains drainage has been connected to the property and there is insufficient provision for a septic tank. The tank will need to be emptied, ideally before it is full, by a contractor, for proper disposal.

## **Remember this**

The septic tank differs from a cesspit in that the contents of a cesspit need to be removed as soon as the vessel begins to fill up, whereas with a septic tank the water is deliberately allowed to overflow from the vessel to discharge into an irrigation trench.

#### SURFACE WATER

In addition to the water that flows into the drains from the various sanitary appliances in the home, water is also collected



Figure 1.22 Cesspool design

from the gutters, rainwater pipes and large paved areas; this is generally referred to as surface water. If the drain is serviced by a septic tank or cesspool, it will require an additional, separately run drain for the purpose of collecting the surface water because, if this water is allowed to flow into these holding tanks, it will cause them to fill too rapidly. In these cases, the surface water might be collected and run into a drainage ditch, river or soakaway.

The soakaway is simply a large hole filled with rubble, into which the drainpipe runs. The water collects here and gradually drains into the surrounding ground (Figure 1.23).

#### CONNECTIONS TO PUBLIC DRAINAGE SYSTEMS

If the foul-water drain is connected to a public sewer, the surface water may be collected within the same pipe and they run off from the property together. This is referred to as a combined system of drainage. Whether a combined system of drainage is used will depend very much upon the local authority that treats all the water. As a consequence, some areas have separate systems of drainage, in which the surface water is run into its own specific pipe.



Figure 1.23 Soakaway design

When making any new connection to a drainage system, it is essential to confirm the type of drainage system you have. Failure to do so could result in contamination of the local watercourse if you inadvertently discharge foul water into a surface-water drain.

In addition to the systems identified in Figure 1.24, there is a slight variation that can be found where an occasional surfacewater connection is a long way from the surface-water drain, or there is some difficulty in getting past the drainage pipe of a foul-water drain. In such a situation it is possible that this one-off connection can be discharged into the foul-water drain. If this is done, the system is referred to as partially separate; however, it must be understood that no cross-connection can be made the other way around, i.e. the foul water must *never* be allowed to connect to the surface-water drain.

Where a separate system of drainage is employed, the connections of the pipes to the surface-water drain do not have to include a trap. However, all connections made to the foulwater drain, be it surface water or waste water, must be trapped.

- RWP rain water pipe
- svp soil and vent pipe

FWG - foul-water gully



Figure 1.24 Connections to public drainage systems

If you look carefully at Figure 1.24, you will see foul-water gullies (FWG). These are traps at ground level, 100 mm in diameter, i.e. the same size as the house drain, into which smaller pipes have been run. Prior to the 1970s these traps were left

open, with a small brick course around the opening and a grate above the water level; nowadays the pipes entering these gullies are discharged below the ground surface into a side inlet pipe, and an access cover is secured at ground level (Figure 1.25).

The soil and vent pipe connected to the drain is not trapped. However, all appliances connected to this pipe are themselves trapped. This pipe allows the free passage of air into and out of the drain, thereby maintaining equal air pressures within the drain and outside it. Air flowing through the drain also assists in drying out any solid matter left behind during flushing; as it dries it shrinks and is more easily flushed away during the next discharge of water.

## **GUTTERS AND RAINWATER PIPES**

This is the last part of the plumbing system – the 'outside plumbing' – and the only part that, if it were to leak, would make little difference. The guttering consists of a simple channel at the base of a roof to catch the run-off of water. From here the water runs to the outlet and falls down the rainwater pipe to the surface drainage system below (Figure 1.26). Forty years ago metal was used to make this last part of the plumbing system but, like so many things today, plastic has long since replaced these older traditional materials.

# The equipotential earth bond

Look at your gas meter or incoming water supply, and you may see a green-and-yellow wire connected to the pipe. This is called a protective equipotential earth bond connection.

Wherever a water, a gas or an oil pipeline comes into or passes out from a building, there is the potential for stray electrical currents, resulting from faulty electrical equipment, to pass through as they flow down to earth. This can be dangerous for anyone touching the metal pipework itself. To ensure that these stray currents can flow safely to earth via a specifically designed electrical route, an equipotential bonding wire of 10 mm<sup>2</sup> minimum size is attached to the pipe at the point of entry/exit of the building and this in turn is connected to the main earth terminal at the consumer unit (Figure 1.27).



Figure 1.25 Connection of the above-ground drainage into the below-ground drainage system



Figure 1.26 Gutters and rainwater pipes



Figure 1.27 Equipotential bonding to all services entering the building

In addition to the bonding wires making a connection to the incoming services, there should be additional supplementary equipotential bonding wires linking together all the metalwork within wet areas, such as the bathroom. This will ensure that everything within that zone is at the same electrical potential, which is designed to prevent users receiving an electric shock.

On a point of safety, you should never disconnect these bonding wires without making sure that it is safe to do so. This may require the services of a qualified electrician for advice. See more about bonding in Chapter 6.

# Key idea

The protective equipotential earth bond may save your life in the event of an earth fault to the electrical system. Look at your gas meter and/or water supply inlet for the green-and-yellow cable connected to the pipe at this point. If it is *not* there, you would be well advised to have your electrical system inspected for safety by a qualified electrician.

# Focus points

- 1 Turning off the incoming water supply stopcock will eventually stop water running from any pipe within the building. Check that this stopcock works; if it does not, get it repaired you may need it in an emergency.
- 2 The cold water from an 'indirect' system of cold water supply is taken from a cold water storage cistern, usually located in the roof space. To quickly turn off the cold water from this cistern, look for a valve on the exit pipe from the cistern, located near the bottom or simply place a cork or similar bung into the outlet pipe from the cistern.

**3** With the incoming water supply stopcock turned off, you can see which cold taps cease to flow when opened, thereby confirming which outlets are fed directly from the water supply mains.

- 4 Should an overflow pipe which is seen to pass out though the building be discharging water, it means that the float-operated valve (ballvalve), located in a toilet or a roof-space water cistern, is failing to close off the water and needs to be inspected and repaired.
- **5** In hard water areas, limescale can be a problem and more soap is required to produce a good lather when washing.
- 6 Passing the water through a water conditioner does not soften the water; rather it reshapes the water-suspended calcium to help prevent it sticking together and to the surfaces it makes contact with. A water softener actually removes the calcium from the water.
- 7 The water trap located beneath appliances such as baths, basins and sinks, and as seen looking into the WC pan, is designed to prevent any methane gas and smells of the house drains and sewer entering the building.
- 8 The length of the waste discharge pipe from the sanitary appliance to the main vertical discharge pipe or drain should not be too long, in order to prevent the water being sucked from the trap due to siphonage.
- **9** In a combined drainage system, all water is discharged into the same drainage pipe. However, in the separate drainage system, the water from the sanitary appliances, such as sinks, baths and toilets, is discharged into a foul-water drain and rainwater from the roof and surrounding land is discharged into a surface-water drain.

**10** A septic tank is a private sewer that allows foul water to be discharged into the surrounding subsoil. A cesspit is a chamber designed to collect water from the house drains to be collected for removal by a contractor. A soakaway is a hole, usually filled with rubble, into which rainwater systems discharge water, which then slowly soaks away into the ground.

# Next step

Now you know how the cold water is supplied to your home, how cold water systems differ in design and how water is distributed to various appliances, how drainage systems work and how excess water is removed from the property. With the cold water system in place, the next chapter reviews how the hot water is likewise linked to the system. This page intentionally left blank



# Hot water in your home

# In this chapter you will learn:

- about the various fuels used to heat water
- about hot water supply systems
- about hot water storage systems
- how boilers differ.

# Gas installations

Many homes in the UK have a gas supply for the purpose of heating and cooking. The gas supply may be fed directly from pipes coming from the street outside your home and enter via a gas meter. Alternatively, you may buy your gas in bulk in a liquefied form and store it outside in a special holding tank until it is required, when it is drawn off automatically as it is converted to its gaseous form. These two methods of gas supply are essentially the same to you, the consumer: you open a pipe and gas comes out.

The two gas types are:

- natural gas fed directly from a pipe in the street
- liquefied petroleum gas (LPG) supplied in gas cylinders or bulk-purchased.

Both types of gas burn in the presence of oxygen, producing a blue flame. They both have a distinctive smell – not a true property of the gas but a 'stenching agent' added at the production plant, so that it is easy to recognize should there be a leak.

The two gases have slightly different characteristics. One of the key differences is the way that they react on leaving the pipe. Natural gas is lighter than air, so it will rise upwards and be readily dispersed into the environment. LPG, on the other hand, is heavier than air and sinks down towards the ground and so is not as easily dispersed, often gathering in low-lying pockets such as basements. LPG gas leaking from a pipe drops around your feet and is less easily smelled, which results in it rapidly accumulating undetected.

The gas pipework for a natural gas installation is fed through a gas meter, purely for billing purposes. Obviously, this is not required when the gas is bulk-purchased.

It is important to note the location of the emergency control valve at the point of entry to the building. This should be accessible at all times so that, if required, the supply can be shut off very quickly. From this point the gas pipe is run to all the appliances requiring a gas supply (Figure 2.1).

Within a gas appliance, the gas is regulated and passed through a fine injector in order to allow the correct proportion of gas and air to mix within the combustion chamber where the fuel is burned. The appliance has many safety measures to ensure that gas will not flow through the appliance until it is required and that it can be burned safely. Due to the potential danger of incorrectly installed gas fittings, the installation of pipework and the provision for its use fall under very strict regulations. It is not illegal to work on your own gas installation pipework or appliances on a DIY basis, but unless you are absolutely certain of what you are doing you would be ill advised to touch anything. Gas installers are trained and assessed to ensure their competency to carry out gas installation work; when any gas work is carried out within your home you must ask to see the engineer's gas registration card, identifying what areas of gas work they are allowed to undertake (see Appendix 1: Legislation).



Figure 2.1 Layout of a typical gas installation

## Remember this

Never employ someone to undertake any form of gas service, installation or repair in your home without first confirming that the operative is registered with the Gas Safe Register. Your safety – and the validity of your home insurance – may depend upon it if something does go wrong. Confirm an operative's Gas Safe Register details by phoning 0800 408 5500.

A leak from a water-filled installation can cause a great deal of damage but it rarely poses any real danger. On the other hand, a gas leak within a property is highly dangerous. When gas is burned, it is converted to water vapour and carbon dioxide, both of which are harmless gases, being present in the atmosphere and within the air we breathe. However, if for some reason insufficient oxygen is available in the air used for the combustion process, incomplete combustion can occur and as a result carbon monoxide is produced.

## CARBON MONOXIDE (CO)

Every year, carbon monoxide gas poisoning claims the lives of around 30 people in the UK. The fuels we burn – including coal, wood, oil and gas – are hydrocarbons, which are made up of hydrogen and carbon in various proportions. Both of these elements can burn in the presence of oxygen and, if completely consumed, are converted to harmless carbon dioxide (CO<sub>2</sub>) and water vapour (H<sub>2</sub>O). However, if insufficient oxygen is available to support the combustion process, carbon monoxide (CO) may be produced because the carbon is not fully converted to CO<sub>2</sub>.

Carbon monoxide does not have an odour and therefore cannot easily be detected. An appliance can discharge small quantities of this combustion product into the home without detection. Look at Table 2.1. It lists the common symptoms of carbon monoxide poisoning that are often simply attributed to stress or tiredness from overwork. If in doubt, have your fuel-burning appliances checked.

**Warning:** Very small proportions of carbon monoxide in a room can prove fatal very quickly.

Percentage of CO in the air	Symptoms/effects in adults
Less than 0.01	Slight headache after 1–2 hours
0.01–0.02	Mild headache plus feeling sick and dizzy after 2–3 hours
0.02-0.05	Strong headache, palpitations and sickness within 1–2 hours
0.05–0.15	Severe headache and sickness within half an hour
0.15–0.3	Severe headache and sickness within 10 minutes; convulsions and possible death after 15 minutes
0.3–0.6	Severe symptoms within 1–2 minutes and death within 15 minutes
1 or more	Immediate symptoms and death within 1–3 minutes
Table 2.1 Typical effects of carbon monoxide (CO) poisoning	



Carbon monoxide (CO) gas is the result of incomplete combustion. Fuel requires oxygen to burn, and if insufficient oxygen is reaching the fuel, combustion will still occur but the fuel will not be completely consumed and CO will be given off. Where an appliance has an air supply via a grille, *do not block it*.

# Oil installations

Some households in rural locations use oil as their source of fuel. The oil is supplied to the premises in bulk and stored in a large oil tank. Tanks today are generally made of plastic; if you order a plastic tank to replace a traditional steel one, make sure there is adequate provision to support the entire surface area of its base, otherwise it may buckle and eventually split. Where the oil tank is close to a building, it needs to be of the 'bunded' type. This means that there is a tank within a tank so that, should a leak develop, the outer tank will contain the oil spillage.

An oil pipeline is run from the oil tank directly to the appliance (Figure 2.2). Oil is generally only used as a fuel for boilers or sometimes for a large range cooker. Along this pipeline several controls will be found, including an isolation valve, a filter and a fire valve. The fire valve is designed to close off the oil line in the event of a fire. Today these valves are installed outside, at the point of entry to the building, but in the past simple valves were installed within the appliance itself.



Figure 2.2 An oil line to a boiler

Oil needs to be atomized into a fine spray or vapour in order to burn: plunge a flame into a tank of oil and it will be extinguished. Modern boilers use a pressure jet burner, which forces the oil out through a fine nozzle, where it is atomized and ignited within the combustion chamber of the boiler (Figure 2.3).

A cooker may also use this method or it may employ what is termed a pot burner. This allows the fuel to flow slowly, driven by gravity, into a tray at the base of the burner. Here, the vapour is ignited and the flame passes up through the pot where it is mixed with the air supply to produce a safe, stable flame.

# Flues and ventilation for gas- and oil-burning appliances

Oil-burning appliances and many gas-burning appliances require the by-products of their combustion to be expelled to the external environment. This is achieved by way of a flue pipe, which could be one of several different designs (see



Figure 2.3 An oil boiler installation

Chapter 3). Air needs to be supplied in order to remove these by-products from the premises, otherwise the system will not work satisfactorily.

The installation of both gas and oil supply and the fluing and ventilation necessary for these systems is a very specialist subject and further reading is recommended for those with a particular interest in this area (see Appendix 3: Taking it further). Unfortunately, all too often the flue system or air supply requirement for appliances burning these fuels is not seen as as important as the actual gas or oil supply pipework itself. Both these appliances can produce carbon monoxide (see above), which can be a silent killer in our homes.

# The hot water supply

The design of your hot water supply will depend on the location and age of your building. There are many variations in system design (Figure 2.4). The most common of these are:

- a gas or electric single-point water heater found above the sink or basin
- a gas multipoint water heater that serves all the hot water outlets
- a boiler used to store hot water within a cylinder; this system may also serve the central heating
- a combination boiler to provide both central heating and hot water instantaneously
- ▶ a thermal storage system (by far the least common).

These systems are classified as being either:

- storage (vented or unvented)
- instantaneous (combination boiler, multipoint, single-point or thermal storage).



Figure 2.4 Types of domestic hot water system

# Hot water storage systems

Domestic hot water is stored in an enclosed vessel, which is most likely to be a cylinder, suitably insulated to keep the heated water warm. This vessel is found typically in an airing cupboard. The water is heated either directly or indirectly.

The installation of modern domestic hot water systems is controlled by legislation, which is particularly rigorous with regard to energy efficiency. If you want a new gas or oil boiler to use with a hot water cylinder, you cannot just install any old appliance. It must conform to the standards laid down in the Building Regulations, which are administered by the local authority. Consequently, when a boiler or cylinder is replaced, the local authority may wish to be notified in order to ensure that it complies with current standards.

Storage cylinders have developed and become more efficient over the years. Older cylinders:

- required a cylinder jacket to be tied around them in order to keep as much heat as possible from being lost to the surrounding space. They were usually installed in a cupboard, which stayed warm and dry and thus provided an ideal storage area for airing clothes. However, in this modern age of energy efficiency, they have been identified as using fuel inefficiently
- ▶ had 1½-2 turns in the internal pipe coil that made up the heat exchanger. This led to a very slow heat transference rate and increased the time taken to heat the water in the cylinder as it passed from the primary heating circuit.

Modern cylinders:

- ▶ are foam-lagged at the manufacturing stage
- ► have at least 5–6 turns in the heat exchanger, increasing heat transference times.

It is also possible to purchase high-performance cylinders that have a bank of many coils passing through the cylinder, allowing for even faster heat-up times (Figure 2.5).

If you have an old style of boiler, it may be worth considering replacing it with a new one next time it needs any repair or maintenance work. This will reduce the time it takes to warm up the water and will in turn save money and provide better fuel efficiency.



Figure 2.5 (a) A normal cylinder heat exchanger coil; (b) a high-performance cylinder heat exchanger coil

#### WATER TEMPERATURE

The temperature of the hot water is set by the installer and should be adjusted to meet the needs of the end user. The temperature within a stored hot water cylinder should be adjusted to no higher than 60°C at the top of the cylinder. If it is set higher than this, the water may scald the user and limescale deposits may also form in hard-water areas. Equally, the water should not be stored at a temperature much below this as the growth of *Legionella* bacteria may occur.

### PREVENTING LEGIONELLA

Legionella – the bacterium that causes legionnaires' disease – is rarely a problem in domestic homes. The bacteria are killed off above 60°C and will not survive long at this temperature. However, they can survive within the temperature range of 20-45°C. Legionella can be dangerous to humans and is transmitted when water is in a misty or vapour form, so areas around boosted shower outlet sprays could be vulnerable if the water is maintained at too low a temperature. The best alternative, where cooler water temperatures are required, is to store the water at 60°C and then use a blending/mixing valve, which mixes the hot water with a quantity of cold water to reduce the temperature to the desired level.

# Direct systems of hot water supply

As the name suggests, direct systems include those in which the water is heated directly, such as by an immersion heater or by a boiler located some distance from the hot water storage cylinder. The heated water is transferred to the cylinder by gravity circulation (see Figure 2.6) via two pipes referred to as the primary flow and primary return. Where the water is heated in a boiler, it is invariably quite hot and limescale build-up will occur inside the primary pipework in hard-water areas. Most direct systems are now quite antiquated and only the oldest houses will still have such a system. The immersion heater, however, is still quite commonplace and makes an ideal backup when incorporated within the cylinder of an indirect system of hot water supply.

#### THE IMMERSION HEATER

This is effectively a large heating element, like those found inside a kettle (Figure 2.7). When the immersion heater is switched on, the element heats up and remains on until the thermostat senses that the water temperature has reached its desired level or until the power is switched off. As mentioned earlier, the water should be stored no higher than 60°C; this level is set by adjusting the dial on the head of the thermostat. Where the immersion heater is fitted within an unvented hot water cylinder, it will also require a high-limit cut-out thermostat set to operate (cut out) at 90°C. All new and replacement immersion heaters will include, as standard, this independent non-self-resetting over-temperature safety cut-out device to prevent the water in the cylinder from overheating.



Figure 2.6 A direct system of hot water supply



Figure 2.7 An immersion heater



# Key idea

The immersion heater is generally found in a hot water cylinder as a backup to the boiler – as a means of heating water to be drawn off at the taps.

## **GRAVITY CIRCULATION**

The hot water from the boiler (see Figure 2.8) is transferred to the cylinder by natural gravity circulation. That is, hot water rises up the primary flow and is displaced by the column of descending cooler water within the primary return. This system is found in a large number of older properties, but it is slow: the water in the cylinder can take up to two hours to heat up. Modern systems use a circulating pump to push this water around the circuit rapidly, allowing heat-up times of around 30 minutes or sometimes even less (see Chapter 3 for examples of fully pumped central heating systems).

# Indirect systems of hot water supply

If you have a hot water cylinder in your home, there is a good chance that it is part of an indirect system. With this type of system there are no problems with hard water scaling up the pipes, and central heating water can also be taken from the water heated within the boiler.

Indirect systems of hot water supply have a heat-exchanger coil inside the hot water cylinder. This is, in effect, a pipe run in a series of loops inside the cylinder of water. Hot water from a boiler passes through this pipe and the hot water flowing through the pipe coil in turn heats up the water in the cylinder. Thus the water is heated directly within the boiler, as in the direct system – referred to as the primary hot water – and indirectly via the pipe coil within the cylinder – referred to as the secondary hot water or domestic hot water (dhw).

Indirect systems may be either vented or unvented. Vented systems are those in which the cold water is taken from a cold water feed cistern, usually found in the roof space; unvented systems are fed with cold water directly from the cold supply



f & e = feed and expansion Figure 2.8 An indirect system of hot water supply

mains pipe. As can be seen in the vented system in Figure 2.8, there are two separate cisterns within the roof space or loft. One is the cold water feed cistern, designed to supply water

to the cylinder, and the other is a feed and expansion (f & e) cistern. (Figure 2.10 shows examples of unvented systems.)

### VENTED SYSTEMS

In a vented system the f & e cistern ensures that the water in the boiler and heating system, where applicable, does not mix with the water used for the domestic hot water. There are two specific reasons for this separation, which are:

▶ to combat the problem of limescale build-up

▶ to reduce the amount of atmospheric corrosion.

In domestic hot water pipework, water is constantly passing through the system and this constant flow of oxygenated water contains a quantity of dissolved limescale. However, Figure 2.8 shows that the water entering the boiler and heating system via the f & e cistern – which is heated to far above 60°C – is never emptied unless it is drained out for maintenance purposes. Limescale build-up is eliminated because, once the water has been heated, no more limescale will be generated.

Also, after a short period of heating the water and moving it around the system with a circulating pump, all the air will have been expelled from the system. It is this air, in particular the oxygen in it, that causes the corrosion of iron, from which the boiler and radiators are invariably made, so losing this air prevents them from rusting. (Corrosion is looked at in more depth in Chapter 6.)

## The water level within the f & e cistern

The water level within the f & e cistern is adjusted low down inside this cistern, just above the outlet. As the water within the system heats up, it expands, rises back up the cold-feed pipe and is taken up into this cistern. If, during the installation of these cisterns, the water level is adjusted too high, the water, when heated, will expand and rise to a point where it will drip from the overflow pipe. Upon cooling, more water will reenter the cistern via the float-operated valve and the process of overflowing will be repeated continually. This will result in fresh oxygenated and calcium-laden (limescale-forming) water continually being added to the system.
### The open vent

You may be wondering why a pipe with an open end terminates above the water level within the cistern. Why is the vent pipe needed? First, it allows air in and out of the system during filling or draining down. You will notice that in Figure 2.8 the water enters low down in the cylinder, near the bottom, and the hot water is drawn off from the top. If there were no vent pipe, there would be a very large air pocket above the water, which would prevent the water from filling the system. Also, when draining out the water from the system, the vent pipe allows air to enter, which makes it easier to remove the water.

The second purpose of the vent pipe is as a safety measure, ensuring that the system always remains at a pressure compatible with that of the atmosphere and allowing any pressure generated within the system to escape. A build-up of pressure could result from the cold feed to the system being blocked, as might happen if it freezes in winter or if debris accumulates inside the base of the storage vessel.

### Hot water distribution

If you look again at the example of stored hot water supply (see Figure 2.8), you will notice that the hot water is drawn off from the top of the cylinder. The reason for designing the pipework in this way and taking the water from the top of the cylinder is that this is where the hottest water is found, because hot water naturally rises to the highest point. The cold water flows in at the base of the cylinder and pushes the hot water out when a tap is opened. If the cold water were supplied at the top of the cylinder, it would mix with the hot water and cool it down.

Some cylinders are designed with the cold pipe connected at the top, which would appear to contradict this argument but, in fact, if you could see inside the cylinder, you would notice that the pipe extends inside the vessel right down to the base. (Figure 2.16 shows an example of this 'dipped cold feed', as it is called.)

### Water expansion

When water is heated, it expands by approximately 4 per cent from cold to 100°C. (Above 100°C, at atmospheric pressure, it changes to steam and its volume immediately expands 1,600 times.) For safety reasons, the expansion of the water must be allowed for in the design of the storage cistern.

If you have an open-vented system, it will be under the influence of atmospheric pressure and as the water slowly heats up it will expand and be pushed back up through the coldfeed pipe into the cold-feed cistern that supplies the system. As mentioned above, if the cold feed becomes blocked, the expanding water will be forced to travel up the open vent pipe and discharge into the cistern, thereby preventing a pressure build-up within the system.

Imagine the possible danger if both the cold feed and the vent pipe became frozen up and blocked. If the water were to heat up and expand, this expansion could not be accommodated and, as a result, the cylinder might split at the seams or even explode, hence the need to ensure that pipework is suitably insulated.

### Single-feed system of indirect hot water supply

This type of hot water supply system is no longer installed today, but many such systems were installed during the 1960s. This system uses a special indirect cylinder, which can fill the domestic hot water system as well as the boiler circuit with water, the latter of which also serves a limited number of radiators (Figure 2.9). The design of this system falls outside the scope of this book, but it is mentioned here because, as there is no separate f & e cistern in the roof space, without this information you might think, when faced with such a system, that it is a direct hot water system. The primary water and secondary domestic hot water are separated by a trapped air pocket within the specially designed hot water heat exchanger.

The clue to knowing if you have this system in your home is to look on the side of the cylinder for the 'Primatic' brand name. Also, the single cold water storage cistern found in a loft with this system will serve several steel panel radiators, which it will not do if a direct system of domestic hot water is being used.



Figure 2.9 A single-feed system of indirect hot water supply

#### UNVENTED SYSTEMS

Many homes built today incorporate an unvented system of hot water supply. It has the advantage of:

- having a stored supply of potable hot water
- maintaining a good flow rate to the various outlet points
- being at water supply mains pressure
- freeing up roof space, which aids the design of modern roof structures.

This type of system has only been permitted since 1985 and, as a result, is generally only found in newer developments or houses that have been refurbished. It is essential to note that the minimum size of the supply pipe to these systems is 22 mm – if it is any smaller, you will not get the flow rate expected compared to that of a vented system with its larger pipe sizes. New homes are constructed with this larger mains supply pipe, thereby generally posing no problems; existing properties, however, may only have a 15 mm inlet cold water mains supply, which will be inadequate to serve all the hot and cold outlets within the property.

The installation of these systems falls within the requirements of the Building Regulations, as administered by the local authority, so the installation and maintenance of the systems must be undertaken only by approved operatives. This means that the installer will have taken and passed an assessment course aimed specifically at the design and safety of these systems.

Looking at the two systems shown in Figure 2.10, you will see that there are several controls in addition to those found on the more traditional systems (Figures 2.6 and 2.8). Two systems have been illustrated because one design uses a sealed expansion vessel to take up the expanding water, whereas the other uses an air pocket, located inside the cylinder with a floating baffle.

The following notes provide a brief outline of the controls found on an unvented system, purely for interest and identification but, as stated above, remember that these systems must be installed and serviced only by qualified personnel. Should you have such a system and require work to be done on these controls, remember to ask the operatives to show you an approval certificate or card, otherwise your house insurance may not be valid should something go wrong, as these systems can explode if not looked after properly.

### Components of the unvented system

Unvented systems of hot water supply have the following components, illustrated in Figures 2.11, 2.12 and 2.13.

### Strainer

This is designed to ensure that no grit or dirt within the pipeline can travel along the pipe and cause a control installed further downstream to become ineffective.



Figure 2.10 Unvented systems of domestic hot water supply

### Pressure-reducing valve

This is a special control that prevents excess mains pressures from entering the hot water storage vessel. The hot water storage vessels themselves are quite robust but will not withstand the highest water pressures sometimes experienced within the mains supply. This control usually restricts the pressure to a maximum of 3 bar. In order to ensure equal pressures in both hot and cold supplies, such as when mixer taps are incorporated, the cold water is sometimes branched off after this control valve, (see Figure 2.10). Alternatively, a second pressure-reducing valve will be required on the cold-supply pipework.

#### Check valve

This valve is basically a non-return valve that has been incorporated to prevent the heated water expanding back along the pipework. (It is a Water Regulations requirement that no water is allowed to flow in a direction opposite to that intended.)



Figure 2.11 The components of an unvented system

### Sealed expansion vessel

This unit is designed to take up the expanding water into a large rubber bag contained within an airtight vessel. As water is heated it expands and flows into the bag. This causes the air surrounding the bag to become pressurized; when the water cools, the air pressure forces the water back out into the system. Some systems do not use a sealed expansion vessel but take up the expanding water within an air pocket inside the top of the cylinder.



Figure 2.12 A sealed expansion vessel

### High-temperature cut-out thermostat

This is basically a second thermostat in addition to the normal thermostat. This control will turn off the supply when the temperature within the system rises to 90°C. Should this control be activated, you will need to reset the device manually.

#### Pressure-relief valve

This is a special control valve designed to open, allowing water to discharge from the system into a drain, should the pressure rise to such a point that damage to the storage vessel might result.

#### Temperature-relief valve

This is another special control valve that is designed to open if the high-temperature cut-out device fails to work. It allows the water to discharge from the system safely into a drain if the temperature rises to around 95°C, at which point it would become dangerous. With the high pressures that might be generated within the system due to heating water, the boiling point is increased and, if the temperature were to get any hotter than this, uncontrollable steam could discharge from this control rather than controllable water. Sometimes the pressure-relief and temperature-relief valves are incorporated within the same control valve. In both cases any water discharging from them is conveyed to the drain via an air gap and a funnelled tundish (a container with holes in the bottom). The air gap is maintained to ensure that the drain pipework cannot make contact with the potable hot water supply pipework.

### Key idea

Unvented systems take their water supply directly from the mains cold water supply that is fed into the house from the street outside. The water therefore generally has a good pressure and is safe to drink.



Figure 2.13 Pressure- and temperature-relief valves

# Instantaneous systems of hot water supply

The storage systems discussed above work well, and a good flow rate of water from the taps can be expected from a correctly sized system. However, in the case of unvented systems for homes with many occupants or older properties with a small inlet supply pipe – which might be just 15 mm in diameter – an instantaneous system may be the only choice where a connection to the cold mains supply pipe is made. This has very much been the traditional system of domestic hot water supply. Older properties without heating systems often have an instantaneous system of hot water supply. They may have a centrally installed multipoint water heater or several singlepoint water heaters found at the appliances where the water is required (see Figure 2.14). These heaters may be electrically operated or gas fuelled.

Many homes have upgraded from the multipoint system by installing a combination boiler (often called a combi boiler for short) to supply hot water and central heating. These units heat water as it is required, rather than storing it at high temperatures, and also provide hot water for heating purposes.

The biggest drawback with the instantaneous water heater is the fact that the water can be heated at only a limited rate and, as a result, the flow rate from the outlet tap is invariably slower than that expected from a storage system. The layout of the pipework to the various appliances is, however, the same (see Figure 2.15).



Figure 2.14 Localized single-point instantaneous hot water heater at the point of use



Figure 2.15 A centralized system of instantaneous domestic hot water using a combination boiler or multipoint

### **Remember this**

A combination boiler saves on running costs because it only heats the water you need. It heats hot water that can be pumped around a heating circuit to warm the house or it directly heats up water to be drawn off at the taps. Be aware, however, that while it is heating the water for the taps it is not heating the house, so it is not ideal if your home has many occupants, all drawing off water.

### Thermal storage systems

These hot water supply systems were introduced in about 1985 as an alternative to the unvented storage system, having a supply of hot water at mains pressure without all the necessary safety controls required for an unvented system. They are, in effect, a system of instantaneous hot water supply, taking their water directly from the mains. The difference between this and the unvented system is that this does not store hot water for domestic draw-off purposes. Unvented systems are classified as such because they contain a stored volume of water in excess of 15 litres.

Figure 2.16 shows the storage cylinder full of hot water, but this water is not used to supply the taps, unlike all the other storage systems previously described; it is used only to supply the heating circuit and warm the radiators.

In the hot water cylinder there is a pipe coil heat exchanger with many loops. If a hot water tap is turned on, water will flow directly from the water mains through this coil, which causes the water to heat up rapidly, taking its heat from the cylinder full of hot water. This water then passes through a blending/mixing valve which allows a percentage of cold water to mix with it if necessary, thereby cooling it to the desired temperature, as it may have become too hot when passing through the cylinder heat exchanger.

This system is by far the least common, but it is found in some homes. As with all systems that take their supply



Figure 2.16 Thermal storage system of domestic hot water supply

directly from the mains, it is essential that a sufficiently large water mains supply pipe is available to prevent water flow problems. A similar system, which is essentially a variation on this design, has the hot storage cylinder contained within the boiler case as one big unit, referred to as a combined primary storage unit (CPSU).

#### HOT DISTRIBUTION PIPEWORK

Whether the centralized domestic hot water system is of the storage or instantaneous type, the water must flow around the building in pipes of appropriate size, reducing down in size to the smaller pipes that serve the various outlet points. A pipe of minimum diameter 22 mm needs to be used to supply a bath. As with the cold water pipework, a drain-off cock is located at the lowest point of the hot water pipework in order to facilitate draining down if necessary.

### Choosing a new hot water supply

What is better, a combination boiler or a regular boiler with a storage cylinder? This is a question you will ask yourself when considering a new hot water supply. Each system has its own merits, and when designing a system you should weigh up the pros and cons in order to choose what is best for you. Some of the merits and pitfalls of each system are discussed below.

#### COMBINATION (COMBI) BOILER

A combination boiler heats up water for domestic use, providing hot water for the taps and for the central heating system. The installation of combination boilers currently makes up 60 per cent of market sales and therefore deserves the first consideration. However, it will not always be the best choice. It has the following advantages:

- ▶ It is easily installed and is the cheaper option.
- ▶ It only heats the water as and when it is required.

- It does not require a storage cylinder or cistern in the roof space.
- It uses water fresh from the mains for the hot supply to the taps.
- ▶ The water will be at a good pressure for showers.
- ▶ It provides water for central heating.

These are all good points, but this system also has disadvantages that are often overlooked. These include:

- a poor flow rate from the taps where the pipe size to the house is inadequate
- no boiler operation for the central heating when it is being used to heat the hot water
- no backup supply of hot water if either the power or the water supply is turned off.

Let's look more closely at these disadvantages. First, if the pipe entering your property is only 15 mm in diameter, you just might be expecting too much from the pipe. Homes today often have dishwashers, washing machines, outside taps, numerous toilets and bathrooms. You cannot possibly expect this one pipe to feed all of these outlet points at once. It is unlikely that they would all be in operation at the same time, but several may well be, and therefore something will be starved of water and the flow rate will drop dramatically. For two people living together this size may just be adequate, but where there are more people living in the same home, this system is unsuitable unless you are prepared to put up with the problems of poor flow, bearing in mind that the boiler may not even operate if the flow rate drops below a certain level, as many require a minimum flow of water passing through the boiler.

Second, a combination boiler is a priority system, which means that, when it is providing the hot water to the hot taps and other outlets, it does not supply the heating system. In other words, the boiler gives priority to the domestic hot water when in operation; it does not do both heating and hot water at the same time. So, for example, in a home with, say, six people, every time the bath or shower is being run, or the washing machine requires hot water, or any hot tap is opened, the heating will not be on. As a result, you may find the radiators getting cooler on occasion.

Finally, the flow rate of water from the taps is less than that of a storage system. Systems fed from a storage cylinder seem to gush water through the taps when compared with the instantaneous systems, which need a little time to heat the water as it flows through the heater. Some combination boilers with very high heat outputs have combated this problem to a certain degree, but it must be understood that the bigger the boiler output, the bigger the gas supply pipe needs to be, if this is the fuel used to feed the boiler. Bearing this in mind, is the gas supply pipe feeding your house sufficiently large? Some of the larger combination boilers require a gas pipe of 28–32 mm in diameter.

#### REGULAR BOILER AND HOT WATER STORAGE CYLINDER

The advantages of having a stored vented domestic hot water supply are generally the opposite of the problems of the combi boiler. These advantages include the following:

- The water flow out of the taps will be good (this is not to be confused with pressure, as previously described).
- The central heating is independent of the hot water (i.e. this is not a priority system).
- The kilowatt rating or output size of the boiler does not need to be as high.
- There will still be a limited backup supply of hot water if the water mains supply is turned off.

The points above relate to a vented storage system. If an unvented system is installed, a large supply from the mains is still required to combat poor flow conditions (minimum 25 mm polyethylene pipe). The disadvantages of the storage system are the opposite of the advantages of the combination boiler:

More pipework is required for installation, therefore it is more expensive to install.

- Water is heated for domestic hot water purposes even if it is not being used, so it can be more expensive to run.
- Additional space is required for the storage cylinder and the cold water cistern.
- If the cold storage cistern is not high enough, very poor pressures may be experienced at outlet points, particularly shower outlets, so additional shower boosters may be required.

### Key idea

The term 'regular boiler' refers to a boiler that does not directly heat up the domestic hot water as well as the hot water used for the heating central heating circuit.

So, in conclusion, if there are only two or three people living in the property, the minimum pipe diameter is 22 mm and the occupants are prepared to wait a minute or two longer to run their bath, then a combination boiler might be a suitable system. Money will be saved on installation and on running costs.

However, where several occupants inhabit the home, creating a greater demand for hot water, it might be worth finding the space to incorporate a regular boiler and hot storage cylinder, preferably unvented, thereby ensuring good flow and pressure to all outlet points without disrupting the central heating demand. Of course, this is dependent on the mains supply pipe being big enough, otherwise a vented system of stored hot water should be used.

### Focus points

- 1 When having any gas work undertaken, always ask to see the gas installer's Gas Safe Register ID card, looking on the back of the card to see in what area of gas work the operative has been tested.
- **2** The smallest quantity of carbon monoxide in the atmosphere can prove fatal within a relatively short period so, if you suspect any gas appliance to be faulty, have it checked immediately by an expert and have the appliance serviced annually as a matter of course.
- **3** Oil generally needs to be pressurized into a fine spray to be ignited because the liquid itself will not ignite; it is only as a fine mist or vapour that it is combustible.
- **4** To ensure that *Legionella* bacteria will not grow, possibly causing a problem where power showers or water sprays are generated, never store domestic hot water within a hot water cylinder below a temperature of 60°C.
- **5** A hot water cylinder with many coils, referred to as a highperformance cylinder, heats water for domestic use much more quickly than a cylinder that only has a few turns of heat exchanger coil within it.
- **6** If your building has a hot water cylinder for storing hot water, look for a valve on the supply pipe to the cylinder. This valve is used to turn off the supply if necessary, so check that it works. If it does not, get it repaired; you may need it in an emergency.
- 7 When the water supply to a hot water storage cylinder is turned off, remember that, although no water flows from the taps, water still remains inside the cylinder itself.
- 8 An unvented domestic hot water supply system takes its water supply directly from the cold water mains supply and therefore has a good pressure as well as being potable safe to drink.
- **9** An immersion heater is an alternative method of heating water for domestic use; it is like a big kettle element inside the hot water cylinder.
- **10** Combination boilers and multipoints do not utilize a hot water storage cylinder as they only heat up the water as and when it is required.

### Next step

In this chapter you learned how cold water is heated and distributed to various appliances, about different heating methods and hot water storage and supply systems, and about how to choose the most suitable type of boiler. The next chapter looks at domestic central heating systems and how the hot water is often linked to the heating system.



# Domestic central heating

In this chapter you will learn:

- about the different types of central heating
- about central heating boilers
- about central heating controls
- how to protect heating systems.

### Types of central heating system

There is a variety of different methods of domestic central heating, including:

- electric storage heaters
- warm-air heating
- underfloor heating (radiant heating)
- water-filled radiators (see Figure 3.1).

Water-filled radiators are by far the most common system and therefore will be the main focus of this chapter. Of the others:

- electric storage heaters use cheap-rate electricity at night to warm up heat-retaining blocks, designed to release their heat slowly throughout the day
- warm-air heating consists of a network of ducting to distribute preheated warm air around the home
- underfloor heating uses either heated electric cables or waterfilled pipe coils to warm up the structure of a building.

Underfloor heating is often installed in new buildings instead of the more traditional radiator system. Underfloor heating, often referred to as radiant heating, merits a review of its design in order to understand how it works effectively, compared with water-filled radiator systems.



Figure 3.1 Types of central heating system

## Radiant heating

Radiant heating uses infrared heat rays that do not warm up the air through which they pass but the structure upon which they fall. In other words, radiant heating does not directly increase the temperature of the air in a room; instead, it warms up the structure of the building.

When a person enters a room, their body tries to become the same temperature as the surrounding structure and, as a consequence, if the building is cooler than you are, your body loses infrared heat as it tries to even out the temperature difference. If, however, the structure of the building is warm, no heat will be lost from your body in this way. As a consequence, the ambient temperature of the room can in fact be cooler than your body and the building as the air temperature does not unduly affect your body temperature.

Coils filled with water are laid within the floors (see Figure 3.2) and, if they are left on long enough at a temperature of around 40°C, they will emit sufficient radiant heat to slowly warm up all the surfaces and solids within a room to a temperature compatible to that of the human body – around 33°C.

### Key idea

Radiant heating differs from central heating systems that use radiators in that the building is heated to a point where infrared heat is not lost from the human body. Radiators rely on convection currents to circulate warm air around the room.

The advantages of having a radiant heating system include:

- cooler room temperatures, which create a sense of freshness
- less transference of dust and airborne bacteria caused by the effects of convection currents
- very low water temperatures resulting in greater efficiency from the boiler – typically around 90 per cent (efficiency is explained later in this chapter).



Figure 3.2 A radiant (underfloor) heating system

Traditionally, UK homeowners put on their heating for only a few hours in the morning and a few hours in the evening. This limited amount of time is rarely sufficient to warm the whole building and, as a result, higher flow temperatures are used to warm the structure. This creates a certain amount of discomfort underfoot due to the elevated water temperature in the underfloor pipes, and also reduces the efficiency of the boiler. For a radiant system to work really well, long periods of low-temperature water heating are required.

The other major disadvantage of this system is the problems created if the pipe coil leaks. Fortunately, leaks are quite rare, but it can prove very costly to find the leak and make the repair.

### Central heating using radiators

Unlike underfloor heating, traditional water-filled radiators warm up the air surrounding the large metal surface of the radiator. It is this warming of the air that creates convection currents within the room. Convection currents are the flow of warm air around the room, caused by the hot air rising as it expands and becomes lighter, and the cooler, heavier air falling to replace the void – the cycle continuing until the room is warm.

The pipe layout of this sort of central heating system can be of several designs, although around 95 per cent of all domestic heating systems using radiators use what is called the two-pipe system – i.e. there are just two pipes leaving the boiler. These two pipes, the flow and the return as they are called, travel around the house to the various radiators. At each radiator a tee connection is made to a pipe that branches off to feed a valve, usually found at one end of the radiator. The two pipes terminate at the final radiator.

### Key idea

Radiators aim to warm up a large surface where the air in close contact is heated and, as a consequence, expands and circulates around the room as a series of convection currents raising the air temperature in the process.

For the past 50 years or so, central heating systems have used a circulating pump to circulate the water around them. Very rarely, in older properties, gravity circulation systems can still be found (see Chapter 2). Sometimes these systems use solid fuel (wood or coal) and – unlike gas- or oil-burning appliances – since you cannot simply switch off the flame, a radiator or two is incorporated as a heat leak from the boiler, allowing heat to escape naturally from the boiler by gravity circulation. However, these systems are now quite antiquated and ought generally to be replaced.

Other central heating designs, such as the one-pipe circuit or the 'reversed return' system, can also be found but, due to their rarity in the domestic home, they fall outside the scope of this book and have been omitted to avoid confusion. See Appendix 3: Taking it further, for further reading on these systems.

The water to the system shown in Figure 3.3 is supplied via a feed and expansion (f & e) cistern found in the roof space (see

Chapter 2). This type of design is referred to as a vented system. However, if the water has been fed directly from the cold supply mains via a special filling point, the system is referred to as a sealed heating system and is not under the influence of atmospheric pressure.

Note also that the boiler is used to heat up the domestic hot water. In the system shown, a circulating pump is only used to force the water around the heating circuit. The water in the hot water cylinder circulates due to the effects of gravity (i.e. convection currents, where the lighter hot water rises and heavier cold water sinks, as discussed in Chapter 2). This design does not comply with current Building Regulations but may, nevertheless, be the system you have. Modern systems use a circulating pump for both the heating and hot water to provide a more efficient system (a fully pumped system), as shown in Figures 3.4 and 3.8.

The installation of a modern central heating system fuelled by either gas or oil must comply with the latest Building Regulations. Systems that were installed prior to the current laws do not need to be updated but, if you replace your boiler at some time in the future, you will need to upgrade your system as appropriate.



System shown with gravity primaries. This is no longer acceptable for new gas and oil installations.

Figure 3.3 The two-pipe system of central heating

### SEALED HEATING SYSTEMS (CLOSED SYSTEMS)

A sealed heating system is one that, once it has been filled up – usually via a temporary cold mains connection – has the temporary hose connection removed and the system is closed off. The water is now trapped within the system and so it is not under the influence of atmospheric pressure (see Figure 3.4).

Combination boilers are installed as sealed systems. They are designed with a temporary mains water filling connection (Figure 3.5) to the central heating water and a permanent cold water mains supply for the domestic hot water draw-off. The temporary filling connection is disconnected from the water supply because:

- ▶ it is a Water Regulations requirement
- chemicals may be added to the central heating pipework and, if these are drawn back into the mains water supply, it would lead to contamination.

### **Remember this**

The sealed system is a central heating system that does not have an f & e cistern in the roof space. The water filling the system comes directly from the mains cold water supply. The temporary hose connection *must* be disconnected from the supply in order to comply with the regulations and not left connected with the valve simply turned off, as often happens.

## How are sealed systems different from vented or open systems?

The water in a sealed system is trapped within a closed circuit and is therefore not subject to the influences of atmospheric pressure. The expansion of the water, due to it being heated, is accommodated within a sealed expansion vessel. This expanding water creates additional pressures within the system and causes it to rise in excess of 1 bar pressure. In fact, these systems are invariably slightly pressurized, as a manufacturer's requirement is to fill to a typical pressure of 1.5 bar. As the pressure increases within the system so does the temperature at which the water boils. This could be dangerous if excessive pressures develop, so safety controls need to be included at the time of installation. These safety controls are:

- a temperature cut-off device, designed to shut down the appliance if the temperature exceeds 90°C
- a pressure-relief valve (safety valve), which can open to relieve the pressure from within the system if it becomes too great.



Figure 3.4 A sealed heating system



Figure 3.5 A temporary filling hose

#### THE SEALED EXPANSION VESSEL

In the case of vented systems of central heating, the water expansion resulting from the heating process is accommodated within the f & e cistern. Sealed systems, however, do not have this cistern open to the atmosphere, so the expanding water is taken up within a sealed expansion vessel, a special steel container often found within the boiler casing itself.

The vessel contains a rubber diaphragm that separates it into two compartments. One side is filled with air to a pressure equal to that of the water in the system when it is cold; on the other side the system allows water to flow in and out as necessary. As the water heats up it expands and enters the vessel, pressing against the diaphragm and squeezing the air on the other side of the diaphragm into a smaller space, thus causing the pressure to increase. When the system cools, the increased air pressure forces the water back out into the system (see Figure 3.6). This expansion vessel is of a different design from that used for a system of unvented domestic hot water, where a rubber bag is used to contain the expanding water (see Figure 2.12).

#### FULLY PUMPED SYSTEMS AND THE LOCATION OF THE PUMP

In a fully pumped system the circulating pump creates pressure within the pipework. It creates a positive, or pushing, force as the water is thrown forward from the pump and a negative, or sucking, force as it is drawn back into the pump when it returns from its journey around the system.



system cold



Figure 3.6 The operation of a sealed expansion vessel

In the case of a sealed system (see Figure 3.4), the pump is often incorporated within the boiler, installed on the pipe as it leaves the boiler. Because a sealed system is not subject to atmospheric pressure, half the system is subject to positive pressure and half to negative pressure. The pressure gradually reduces from the pushing force to zero, and the suction slowly gets stronger as the water returns to the pump. As a consequence, provided that there are no leaks, air cannot be drawn into the system.

This is not the case with an open-vented system. Figure 3.7 illustrates the principle that the cold feed enters the system at the point where the influence of the pump changes from positive to negative pressure. This point is referred to as the neutral point.

Figure 3.7(a) shows the system working well – the pump is creating positive pressure (above atmospheric pressure) around the whole system, which ensures that there are no micro-leaks (very small openings allowing the passage of air but not water) that will allow air to be drawn into the system. In this same system (see Figure 3.7a), if the pump were installed the other way round it would create a negative pressure throughout (below atmospheric pressure). This would work fine, but air could be drawn in, for example, through radiator valve gland nuts, where the spindle turns (a typical micro-leak). Therefore, to ensure a good design, always aim to get a positive pressure.



(a) Location of pump to give positive pressure.

(b) Water will be pumped over the open vent. (c) Air will be sucked in via the vent.

Figure 3.7 The principles of correct pump location

### Remember this

If the central heating pump is incorrectly located, air will be drawn into the circulatory pipework, which will in turn lead to all sorts of problems including the corrosion of the steel radiators.

However, in the system shown in Figure 3.7(b), the open vent pipe is under a positive pressure and therefore will allow a quantity of water to discharge into the f & e cistern, subject to the head pressure created by the pump, and in so doing will oxygenate the water.

In the system shown in Figure 3.7(c), the open vent is subject to the negative pressure of the pump, so air will be drawn into the circulatory pipework. This configuration is often overlooked, as it is not easy to spot. You can identify it by submerging the open vent in a cup of water – if it is sucking air into the system, it will suck the water up from the cup.

It is not only inconvenient when air is drawn into your installation, causing radiators to fill with air and preventing them from working correctly, but it is also slowly but surely corroding your system from within as the oxygen in the air, mixed with water, causes the iron radiators to corrode and rust.

### Key idea

With an open-vented, fully pumped system, it is vital to check that the open vent connection is within 150 mm of where the cold feed joins the circulatory pipework.

### THE AIR SEPARATOR

Heating installers sometimes incorporate an air separator into the pipework to serve as the collection point for the cold feed and open vent pipe (Figure 3.8). This fitting ensures that the required close grouping of the cold feed and vent is maintained and also creates a situation where the water becomes shaken and turbulent as it flows through the fitting. This helps the air molecules in the water to dissipate and escape by forming bubbles and rising up out of the system through the open vent.



fully pumped system using an air separator



(the cold feed is introduced within 150 mm of vent)

Figure 3.8 Using an air separator

### Micro-bore systems

Micro-bore is the name given to a central heating design that uses very narrow water pipes. At first sight, the pipe layout may look rather different from the two-pipe system but, in fact, it still follows the same basic design principles. The illustration of the micro-bore system in Figure 3.9 shows that a flow-andreturn connection has been run from the boiler to each radiator. The main difference between micro-bore systems and the usual systems using 22 mm and 15 mm pipework is that, instead of using tee joints at the connection to each radiator, a manifold is employed, from which several branch connections are made. (Figure 3.9 shows another variation on the theme of central heating design: the micro-bore system has been run from a combination boiler.)

### Radiators and heat emitters

There are many different types of radiator, including modern fancy-shaped towel rails, skirting heaters, panel radiators,



Figure 3.9 A micro-bore heating system

convector heaters, and old-fashioned cast-iron sectional column radiators (see Figure 3.10). Whatever type they are, they all basically do the same job of warming the room in which they are installed. They warm the air in close contact with the radiator, and convection currents then circulate the warmed air around the room, as discussed earlier. Some designs are more effective than others: for example, convector heaters incorporate metal fins to help distribute the heat from the radiator to the air.

Manufacturers indicate the heat distribution from a particular heater as its kilowatt output; the higher the kilowatt output, the greater the rate at which heat can be emitted. This must be considered when fitting heaters: it would be useless to install a radiator that is too small for a room because the occupants would feel insufficiently warm. Similarly, a radiator that was too large would occupy more wall space than necessary and



Figure 3.10 Radiator and heater types

also make the overall heating system less efficient. The room might warm up more quickly, but the amount of fuel needed to heat up the larger volume of water within the radiator would increase.

The size of heater for a particular room can be calculated using special tables and calculations, but these are beyond the scope of this book. The process is not, however, particularly complicated and, if you are interested in learning more, see the reading suggestions in Appendix 3: Taking it further.

### **Radiator** valves

A control valve will be fitted to each end of your radiator.

- One is designed to open and close the radiator as required.
- The other, called a lockshield valve, is non-adjustable and will have a plastic dome-shaped cap.

These are shown in Figure 3.11. The first valve, used to open and close the radiator, may be a simple plastic-headed on/ off control valve or a thermostatic radiator valve (TRV). For many years the heating system installer would choose whether or not to use a manual valve or a TRV, but current Building Regulations dictate the use of TRVs. The only radiators that can be fitted with a manual valve are those connected to radiators in rooms with a room thermostat.

The TRV automatically closes off the water supply to the radiator when the room has reached the desired temperature and therefore saves on fuel by avoiding continuously supplying heat to a sufficiently heated room.

The purpose of the lockshield valve at the other end of the radiator is to control the amount of water flowing through the radiator. It is identical to the manual on/off valve at the other end, except that the plastic head does not have an internal square socket to fit over the turning spindle of the valve. The installer would have pre-adjusted this valve with a spanner when balancing the system at the time of installation.



If you have a micro-bore system, sometimes both valves are found at one end. This is achieved by utilizing an internal tube in the radiator to distribute the water flow as necessary, as shown in Figure 3.12.

#### **BALANCING THE SYSTEM**

In order to ensure that the first radiator on the heating circuit does not take all the hot water flow from the boiler – due to the water taking the shortest route through this first heater rather than going around the whole system – the lockshield valve is partially closed. By having this valve open by, say, only half a turn, most of the water is forced to continue along the heating circuit to the next radiator. Further radiator lockshield valves are also adjusted as required, to force the flow of water throughout the whole system.

## WHICH IS THE FIRST AND WHICH IS THE LAST RADIATOR IN THE SYSTEM?

Basically, when you turn on the heat source of a cold system, the first radiator to get hot is the one nearest the boiler, and it will have the shortest circuit. The second one to heat up will be the next radiator along and so on, throughout the system.



Figure 3.12 Micro-bore connections at one end of a radiator

### **Remember this**

If you ever need to turn off the lockshield valve with a spanner, for example when removing the radiator for decorating purposes, remember to count the number of turns to close the valve, so that when you re-open this valve you open it by the same number of turns. If you forget to do this, you may find that some radiators on your system fail to reach their desired temperature because you have affected the balancing of the system.

#### AIR IN THE SYSTEM AND AIR VENTS

Before water enters the central heating system for the first time, air will be inside it. As water enters the system of pipework, air will be trapped in high pockets and, if left there, will prevent the system from operating correctly. Small openings into which airrelease valves have been installed are used to expel air from any high points such as the tops of radiators.

The installer of the system will aim to run the pipework in such a way as to avoid trapping air. Where this is unavoidable, an automatic air-release valve can be inserted in the pipeline. This device contains a small float with a valve attached to its top end. If water is present, the float rises and the valve blocks up the outlet; if there is no water within, the float drops and opens its outlet point or vent hole (see Figure 3.13).

In addition to letting air out of the pipework and radiators, it is also necessary to open any air-release points when the system is being drained down, otherwise it will take forever to empty because air needs to enter the system in order to facilitate the removal of the water.



valve open Figure 3.13 An automatic air-release valve

valve closed

### The boiler

What about the heat source for the system? In its most fundamental form, this is simply a metal box that is surrounded by a fire. In fact, the first heating systems were just this, a metal box referred to as a back boiler, found within the fireplace of the lounge. Surprisingly, there are a few still out there in some older properties.

# **Key idea** A boiler is the appliance used to heat water for the purpose of supplying a central heating system and hot water to taps. The term 'boiler' is not ideal, however, because the water never actually boils inside the appliance – if it did, there would be something seriously wrong.

Boilers today are fully automatic devices that turn up the heat as necessary and, with the exception of solid fuel systems, completely turn off when not required. The water is just heated until the required temperature is achieved, as set by its built-in thermostat, and then the heat source turns off. The fuels that could be used for the boiler include:

- solid fuel, including coal, wood and straw
- electricity
- ► gas
- ► oil.

Electric boilers are quite rare and so they fall beyond the scope of this book. The remaining fuel types, however, have been used in boilers for many years, and the design of the boiler has developed into a very efficient appliance, unlike those of yesteryear.

Solid fuel has limitations in its design, and because these boilers tend to be more labour-intensive – i.e. you need to load the fuel and empty the ash – they are not very popular and account for around only 0.5 per cent of all installations. Around 92 per cent of installations use gas and the rest use oil.

Due to developments over the years, there are many different boiler designs from many different manufacturers, with a neverending list of models applicable to the particular designs. But fundamentally they all fall into one of four basic types:

- natural draught open-flued
- forced draught open-flued (fan-assisted)
- natural draught room-sealed
- forced draught room-sealed (fan-assisted).


forced draught room-sealed appliances

Figure 3.14 Boiler designs

Essentially, these names relate to the method by which air is supplied to the boiler:

- Natural draught or forced draught indicates whether or not the appliance has a fan incorporated to assist in the removal of the combustion products to the outside.
- Open-flued boilers take their air from within the room where the boiler is located.
- Room-sealed means that the air is taken into the boiler from outside the building.

Figure 3.14 illustrates these four designs.

The boiler in your home will be of one of these designs. For example:

- If you have a back boiler situated behind a gas fire in the living room, you have a natural draught open-flued boiler.
- ▶ If you have a large free-standing boiler in your kitchen, with a flue pipe coming from the top, travelling into a chimney or passing through a pipe to discharge up above the roof, again this is likely to be a natural draught open-flued boiler.

Both of these types take their air from the room in which they are installed, and this air is replaced via an air vent from the outside.

If your boiler has a terminal fitting flush with the wall, it is most likely to be a room-sealed appliance.

- If this terminal is quite large, it will be of the natural draught type.
- If it is smaller, say about 100 mm in diameter, it will be fan assisted.

These boilers do not take the air required for the combustion process from the room, but directly from outside.

There are many variations of boiler design, where the location of the fan or the route of the flue pipe – which may be vertically through a roof or horizontally out through the wall – may vary, but they all fall within one of the four basic types listed above. In addition to the basic boiler designs, boilers are further classified into four generic types:

- non-condensing regular boiler
- non-condensing combination boiler
- condensing regular boiler
- condensing combination boiler.

The differences between regular boilers and combination boilers have already been discussed in Chapter 2, but a new term is used here: 'condensing'.

#### CONDENSING BOILERS

A condensing boiler is designed to take as much heat from the fuel and combustion products as possible and, as a result, is much more efficient. It is sometimes referred to as a highefficiency boiler.

All domestic boilers installed prior to 1988 were designed in such a way that no consideration was given to the heat contained within the combustion products discharged from the boiler. If you were to take a thermometer and measure the temperature of the flue gases as they left the terminal, you would get a reading of something like 160°C. This is clearly a waste of heat and therefore of fuel. The condensing boiler is designed so that these combustion products are cooled to as low a temperature as possible, thereby using as much of their heat energy as possible.

For the traditional central heating system using radiators, this flue temperature would be somewhere around 80°C. This temperature could be reduced even further to, say, 45–50°C where a radiant underfloor heating system was installed (as discussed earlier). Where the appliance reduces the flue products down to a temperature of less than 54°C – i.e. the dewpoint of water – the water produced as part of the combustion process condenses and collects within the boiler and is subsequently drained from the appliance.

These boilers, when in operation, especially when it is cold outside, are easily identified by the water vapour discharging as a mist, referred to as a 'plume', from the boiler terminal. How do these boilers extract all this extra heat? Basically, the boiler has a larger and more tightly grouped heat exchanger or, in some designs, such as the one illustrated in Figure 3.15, it has a second heat exchanger through which the flue products pass. The heat exchanger is the part that contains the central heating water over which the hot products of combustion pass.

#### **HIGH-EFFICIENCY (HE) BOILERS**

The boiler designs that work to the highest standard are of the forced draught room-sealed type. A modern boiler has electronic ignition and a highly efficient heat exchanger, making it far superior to the old cast-iron boilers installed 30 years ago that operated on gas with a permanent pilot flame acting as the ignition source for the boiler. These old boilers might be operating at about only 50–60 per cent efficiency, whereas modern boilers may be operating at efficiencies of over 90 per cent.



Figure 3.15 Internal view of a condensing boiler

When talking of efficiencies, one is effectively talking about the running cost. For example, for every £100 spent on fuel, if your boiler is only 55 per cent efficient, you will be getting only £55 worth of heat, and £45 would simply be going up the chimney. But where your boiler is 90 per cent efficient, you will be getting £90 worth of heat for every £100 spent.

It is because older boiler designs waste fuel in this way that current regulations no longer permit them to be installed. If you need a new boiler, the chances are, with a few exceptions, that the heating installer will be bound by law to install a boiler with an efficiency of 86 per cent or higher.

# Heating controls

In your home you may or may not have all of the controls listed below; in fact, you may have no more than a switch to turn the power on to the boiler and pump. However, the design of a modern central heating system will use a whole range of controls for increased efficiency. One requirement of the current Building Regulations for all new and replacement systems using gas or oil as the fuel source is to have a minimum of the following controls:

- 1 A full programmer or an independent time switch for heating and hot water
- 2 A room thermostat, providing boiler interlock
- 3 A cylinder thermostat (where applicable), providing boiler interlock
- 4 TRVs on all radiators, except in rooms containing a room thermostat
- 5 An automatic bypass valve (if necessary)

These controls all serve to reduce the amount of fuel required to heat the water, thereby increasing the efficiency of the system. In other words, they save fuel. If you need to undertake any major renewal work in your home, such as replacing the boiler, your system controls will also need to be upgraded as necessary and include all the controls listed above. With the exception of the TRVs previously identified, what do each of the remaining controls do?

#### THE PROGRAMMER

This is, in effect, a fancy clock. It allows the heating to come on at specific times as set by the occupant of the building. Modern installations require the use of what is referred to as a full programmer. This basically means that the heating circuit(s) and domestic hot water circuit can be controlled independently, allowing separate time settings for heating and hot water. Earlier designs of programmers did not have this independence, for example:

- mini-programmers allowed heating and hot water to be on together, or hot water only (but not heating only)
- standard programmers allowed heating and hot water to be on on their own, but used the same time settings.

These older time controllers will need to be replaced if the boiler is replaced, to comply with the current Building Regulations.

#### THE ROOM THERMOSTAT

A room thermostat is a device that senses the temperature of the room. When the temperature set by the occupant is reached, an electrical contact is broken inside the thermostat to switch off the electrical supply to the pump or motorized valve found on the pipe serving the heating circuit. With no electrical supply, the water ceases to be pumped around the circuit.

### Key idea

Most thermostats use a bimetallic strip, which in turn is connected to a switch. A bimetallic strip is two metal strips bonded together, each with different expansion rates, one high and one low. As the strip heats up, it is forced to bend as a result of these different expansion rates; as the metal bends, it breaks the switch contacts.

The room thermostat is normally positioned on a living room wall, at a typical height of about 1.5 metres but not in a position where it will be affected by draughts or by heat from

the sun shining through a window. The thermostat should not be located in a room with an additional heater, such as an electric or gas fire – the hall might be a good alternative.

It is essential that the room selected for the thermostat does not have a TRV fitted to the radiator within the room because, if the TRV closes, the room thermostat will fail to reach its operating temperature, and the heating will be on constantly. The idea of incorporating a room thermostat is to close off the heating circuit when the desired temperature has been reached in the living room. If the room thermostat is off, provided that the cylinder thermostat is not activated, the boiler and pump will be turned off, thereby saving fuel.

Some older systems may not have a room thermostat and just have TRVs fitted to the radiators to control the flow. These systems will need to be upgraded when the boiler is next replaced.

#### THE CYLINDER THERMOSTAT

The cylinder thermostat is a device fixed to the side of the hot water cylinder, about one-third up from the base. It is set by the installer to be activated when the top of the hot water cylinder has reached a temperature of around 60°C. As with the room thermostat, when the desired temperature is achieved, the electrical contact is broken inside the unit, which switches off the electrical supply to the motorized valve on the pipe circuit to the cylinder heat exchanger coil.

Older systems may not have a cylinder thermostat – a situation that will need to be rectified when the boiler or cylinder is next replaced, to bring the system into line with the regulations now in force.

#### **BOILER INTERLOCK**

Boiler interlock is when the boiler is linked with the thermostat system so that the boiler will only ignite if heat is required by either the domestic hot water or the central heating system, as regulated by the cylinder and room thermostats respectively.

Older systems did not always have a room or cylinder thermostat. For example, central heating systems were often designed only with TRVs fitted to the radiators, and gravity circulation of hot water to the cylinder from the boiler was allowed to continue until the boiler thermostat was satisfied.

Sometimes, to prevent the domestic hot water becoming too hot, a mechanical thermostat was installed in the return pipe to close off the flow of water in the circuit, and the boiler thermostat was the only control for switching the boiler on or off. Invariably it continued to heat up and cool down, night and day, as the boiler slowly lost its heat to the surrounding atmosphere. This is referred to as 'short cycling' and is clearly a drastic waste of heat and fuel, and this is what boiler interlock prevents.

Systems without boiler interlock need to be upgraded when major work is undertaken on the system, such as when replacing the boiler. Where you only intend to replace the hot water cylinder, you must include a cylinder thermostat to operate a motorized valve to close off the circuit and switch off the boiler, but you do not need to upgrade the central heating controls. However, if you replace the boiler, both the cylinder thermostat and the room thermostat must be provided, thereby providing total boiler interlock.

#### THE AUTOMATIC BYPASS VALVE

This device is a valve fitted in a pipeline, which opens automatically to allow water to pass. These valves may be incorporated in the pipe circuit for several reasons, such as because the boiler has a pump-overrun facility. This facility is needed in systems where the pump must continue running for a time after the boiler has switched off in order to allow the heat within the boiler to dissipate and for it to cool down sufficiently, thereby preventing heat damage to the boiler itself.

If the motorized valves of the central heating circuit and domestic hot water circuit are open, they will allow the water to flow, but where these are closed, due to the temperatures of their circuits being satisfied, there will be nowhere for the water to flow. As a result, pressure will build up within the flow pipe from the boiler and this will press against the spring-assisted valve of the automatic bypass to force the valve to open. Some boilers come with a pre-installed automatic bypass. Prior to the automatic bypass, the plumber would have installed a slightly opened manually set lockshield valve, but this method is no longer permitted to serve this function because it can reduce the efficiency of the system.

#### MOTORIZED VALVES

Older central heating systems will not have these controls because, prior to the 1980s, systems generally were installed as shown in Figure 3.3. These older systems either had TRVs fitted to all but one radiator on the system to control the room temperature, or a room thermostat was used to control the heating requirements, which switched off the pump when the temperature within the room where the thermostat was located reached the required level. The temperature of the domestic hot water was generally only regulated by the boiler thermostat. These earlier systems, of which many thousands are still in existence, are far less efficient than the modern well-designed systems that use a motorized valve to close off the water supply to a particular circuit.

Closing off the motorized valve by way of the electrical power supply, from the room or cylinder thermostat as appropriate, provides a situation where the boiler is prevented from firing unnecessarily. The boiler of the modern system cannot fire unless either the room or cylinder thermostat is calling for heat, because it is these controls that send the power supply to feed a motorized valve.



#### Remember this

A motorized valve is a valve that automatically opens a waterway when it is supplied with an electrical supply. This allows the power to continue to the boiler and pump, to circulate a supply of hot water.

The motorized valve itself consists of a small motor positioned on top of a housing, inside which a ball-shaped valve is moved by the motor, opening or closing the route through which the central heating or domestic hot water can pass. The two basic designs of motorized valve are shown in Figure 3.16. They are:

- two-port (zone valve)
- three-port (either mid-position or diverter valve).





When power is supplied to the motor in a two-port valve, it turns and causes the pipeline to open. As the valve opens it makes the switch contact inside the unit to allow electricity to flow to the boiler and pump. Should the power to this control be switched off, the valve closes, assisted by a spring, and in so doing breaks the electrical contact to the boiler and pump.

There are two basic types of three-port valve: the diverter valve and the mid-position valve. The older design of diverter valve allowed the water to flow either from the central inlet port to the outlet pipe feeding the domestic hot water circuit or to the central heating circuit. In effect, it opened one route but closed the other, i.e. diverted the water flow, hence its name. This system was wired up to give priority to the domestic hot water in the cylinder, so that, while this was being supplied with heat from the boiler, the central heating system had to be off. This was affected by an internal ball, which pivoted on a fulcrum between the two outlet ports.

The second type of three-port valve, referred to as a midposition valve, allowed the internal ball valve to stop in the mid position as it was swinging across to close off one of the outlets, thus allowing water to flow to both the heating and domestic hot water at the same time, should both the room and cylinder thermostats be calling for heat. This mid-position valve therefore had the advantage over the earlier diverter valve. It must be understood, however, that the amount of water flow that can be expected through the valve is restricted while the valve is in the mid position, so they are only suitable for systems that are not too large.

As for the operation of these valves, this is a lot more complicated to explain. The main thing to remember is that, if no power is allowed to go to the valve, the power cannot continue to travel to the boiler and pump.

# Protecting heating systems

Two major threats to the trouble-free functioning of heating systems are frost and corrosion.

#### FROST PROTECTION

Sometimes, if pipework or the boiler is located in an unheated part of the building, such as a garage or the roof space, or where a separate outbuilding has been used for the boiler, it will be necessary to provide some form of protection against frost damage, including:

- ▶ filling the system with special central heating antifreeze
- using a special frost thermostat and pipe thermostat, positioned at the predicted coldest points, in order to bring on the boiler with the intention of heating the water within, thereby maintaining it at a temperature just above the freezing point of water (0°C).

The two thermostats listed, the frost and pipe thermostats, are used in conjunction with each other:

- The frost thermostat is designed to make its electrical contact when the outside air temperature drops.
- ► The pipe thermostat allows electricity to flow through its contact only where the water temperature inside the pipe, on which it is positioned, drops to around 5°C.

Thus, when it is very cold outside, the frost thermostat makes its electrical contacts, which allows the electricity to flow to the pipe thermostat. If the water inside the pipe is sufficiently warm, the electricity will not flow beyond this point but, if the water inside the system is dangerously cold, it will allow the electricity to pass to the boiler and pump. Once the pipe thermostat is satisfied, with sufficient heat detected within the pipe, it breaks the electrical circuit.

#### CORROSION INHIBITORS

Corrosion inhibitors can be added to a central heating system in order to prolong its estimated lifespan. Several trade brands can be purchased from any plumbers' merchant. The corrosion inhibitor serves several functions, including:

- lining the pipework in order to minimize the problems of corrosion
- lubricating the pump
- reducing the build-up of bacteria within the system.

The only problem is the fact that, to have any real effect, it must be added to the system within a short time of installing the system.

#### Key idea

The main purpose of an inhibitor added to a central heating system is to reduce the amount of corrosion within the system. For the inhibitor to be totally effective the system must be new or newly cleaned.

You can also purchase cleaning solutions for cleaning pipework internally. These can be administered to some older systems before you add the corrosion inhibitor. You will need to obtain the manufacturer's data sheets to assist you further if you wish to consider treating an existing system – over-zealous treatment could find leaks in your system that did not seem to be there prior to treatment. This is not because the solutions destroy the pipe materials but because they destroy the sludge that has formed within the pipes, and it may be this sludge that is preventing a particular leak!

#### Focus points

- 1 There are many types of central heating system and not all of them use hot water circulating round pipework to radiators.
- **2** Radiant heating systems rely on warming the structure of a building to a temperature comparable to that of the human body, so that heat is not lost from your body as it gives off infrared heat in an attempt to warm the building.
- **3** Radiators give off very little radiant heat; they rely mainly on warming the building through warm air convection currents, basically warming the air within a room.
- 4 A sealed heating system is one that is not open to the atmosphere. In other words, it is supplied with water directly from the cold mains water supply and not via an f & e cistern in the roof space.
- **5** The expansion of water within a sealed system is taken up within a sealed expansion vessel.
- **6** It is important to position the central heating circulating pump at a neutral point within a vented heating system, thereby preventing air from being drawn into the circulatory pipework.
- 7 Air in a central heating system will lead to corrosion.
- **8** A micro-bore central heating system uses pipes as small as 6–10 mm in diameter.
- **9** It is important to balance the heating system carefully to ensure that the heat is evenly distributed to all heat emitters.
- **10** To minimize corrosion, a corrosion inhibitor should be mixed in with the central heating water as soon as a system is installed.

104

### Next step

In this chapter you learned about the various systems of central heating, dry and wet, and how the heating system is linked with the domestic hot water system. You also learned more about boiler design, how the various central heating controls work, and what to do to increase the life of your system. Now that you know how home plumbing works, you can discover in the next chapter how to identify potential problems and what action to take.



This page intentionally left blank



# Emergencies and contingency work 1

In this chapter you will learn:

- how to turn off the water supply
- how to drain the water from the system
- how to cure problems with leaking taps
- how to sort out problems with your toilet.

This chapter aims to look at some of the tasks you may need to carry out in the event of something going wrong with your plumbing system. If you require expert advice or the services of a professional, see Appendix 3: Taking it further, for a list of trade and professional bodies.

# Turning off the water supply

To turn off the internal cold water supply stopcock, take the following steps:

- 1 Find the valve (see Chapter 1, Figure 1.2).
- 2 Turn the handle in a clockwise direction.
- 3 If it operates freely, continue turning clockwise.
- 4 Open the kitchen sink tap to check that the water has stopped flowing.

It is advisable to check that this valve works before an emergency arises. Simply try closing the valve as you would any other tap in the home. This will involve turning the operating handle or head in a clockwise direction. It is a good sign if the valve operates freely. Continue turning clockwise, counting the number of turns, until you feel the valve is fully closed. Then check that it has worked correctly by going to the cold sink tap in the kitchen and turning it on to see if the water stops flowing.

We should always choose the kitchen tap because it is sure to be on mains supply, unlike other downstairs cold taps that may be fed via a cold water storage cistern in the roof space. When you try this tap, be prepared for the water to continue flowing for a short period before stopping completely because water may be draining out from the cold supply pipe within the house. Once the supply stops completely, there shouldn't be any problems. However, if the sink tap continues to drip, you may need to apply a little more turning force to the supply stopcock to force the washer inside this valve tighter on to the seating.

To re-establish the water supply, you simply open the stopcock, turning it anticlockwise the same number of turns as you counted when closing the valve. Finally, check to see that the water is flowing freely from the sink tap outlet. It might spurt out at first, due to the air pressure build-up caused by the air in the pipe compressing when the water is turned on; this is quite normal.

If all has gone well, you have completed your very first plumbing job! Simple really, wasn't it?

#### **Remember this**

It is essential to make sure that you know where to turn off the water supply in an emergency. Remember, if you turn off this valve, eventually all water in the pipes will cease to flow, whatever the system. Make sure you know the valve works before an emergency arises!

Why did we count the number of turns when turning off the supply? This will be explained in more detail in the next chapter, but basically it is to ensure that you do not create any noise problems in your system. For example, if the supply stopcock was originally only open two turns and you then closed it and re-opened it by, say, four turns, you would allow a potentially greater volume of water to flow through the valve. This might cause shock waves to form within the system, due to such a large volume of water stopping when a tap in the system closes. These shock waves can create banging noises within the pipework.

One final point to note regarding the stopcock is that it is never a good idea to fully open the valve so that the head will not turn anticlockwise any more, as this means that the valve spindle is wedged up to its highest position, and this might lead to the valve seizing up. So, if you ever do require the maximum possible flow through the valve, open the valve fully and then turn it back half a turn.

To recap:

- turn clockwise to close the valve (and stop the water flow)
- turn anticlockwise to open the valve (and restart the water flow)
- count the number of turns when opening or closing the valve

- keep the valve labelled up for easy identification
- make sure you operate the valve occasionally to ensure that it continues to work freely.

## Key idea

To help you identify the purpose of a particular in-line stopcock or valve anywhere in the home, it is a good idea to tie a label to the valve indicating what water pipes will be isolated when the valve is closed shut.

#### PROBLEMS WITH TURNING OFF THE SUPPLY

Unfortunately, it is not always straightforward to turn off your supply as just described. Often, due to insufficient maintenance and lack of use, you may encounter problems such as the following:

- The tap head has seized up and won't move.
- Water leaks past the spindle after the valve has been operated.
- ▶ Water continues to flow after you have turned off the valve.
- ▶ There is no water flow when the stopcock is re-opened.

These points are discussed in greater detail below.



Figure 4.1 Section through the supply stopcock

#### Main stopcock seized up

Since the valve is, as a rule, not operated from one year to the next, it can simply seize up due to lack of use. There is only so much torque that you could apply to the head before damage would result, so what can be done to help?

You can try loosening off the packing gland. Referring to Figure 4.1, take a small spanner and slightly undo the packing gland nut by turning it anticlockwise. This releases some of the pressure on the packing inside the spindle. The packing is designed to prevent water seeping past the spindle itself when it is turned. This may be all that is required, but it may be necessary to undo this nut substantially before any movement of the head is possible. It is not advisable to completely remove this packing gland nut because, until it is possible to close off the supply, water could leak from this point, and you may need to retighten the gland nut to stop the leak continuing.

If the valve still will not budge, you will need to consider turning off the outside stopcock or contacting the water supply authority to ask them to turn off your supply for repair. With the water to this seized-up valve turned off, the water will need to be drained from the system so that the valve can either be stripped down to free up the component part, or be replaced completely.

#### Water leakage past the spindle of the stopcock

After operating a stopcock that has not been used for some time, occasionally you will find that water seeps past the packing gland nut when you turn the supply back on. You may have had to loosen off this nut to close the valve in the first place, causing this leak. What can be done? Simply try to tighten the gland nut by turning it clockwise.

Tightening this nut applies pressure to the packing, squeezing it out to form a tighter seal. This can unfortunately have the effect of making the valve very stiff to operate, and sometimes just tightening this nut is not enough to cure the problem, in which case you may need to repack the gland. To repack the gland:

- 1 Fully close off the stopcock that is to be worked on.
- 2 Completely undo the packing gland nut by turning it anticlockwise until it comes away from the housing and can be slipped further up along the spindle. Very little water should come out because you have turned the supply off, and any water will be the result of it draining down from the system. You may need to drain this water via the drain-off cock, located above the stopcock.
- 3 With the packing gland nut removed, wrap a few strands of PTFE tape (an abbreviation for polytetrafluoroethylene, a common plastic jointing material available from all plumbing supply outlets) around the spindle and push it into the void into which the packing gland nut screws, poking it down with a small screwdriver (as shown in Figure 4.11).
- 4 Now replace the packing gland nut, tightening it just sufficiently to squeeze the new packing material within the gland.
- 5 Re-open the valve and tighten the packing gland nut until the water seepage past the spindle stops.

#### Stopcock ineffective when closed

If you have turned off the main supply stopcock and water continues to flow from the kitchen sink tap, it is likely that the washer has perished and no longer functions. The first thing to do is double-check that the valve is fully closed and not just stiff. Having done that, consider turning off the outside stopcock or contacting the water supply authority to ask them to turn off your supply for a repair to be initiated.

With the water turned off and the water drained from the system, it will be possible to strip the valve down to re-washer it. This can be done as follows:

- 1 Use a spanner to undo the headgear (see Figure 4.1), by turning anticlockwise. This removes the top half of the valve from the body attached to the pipe.
- 2 With this removed, you will be able to remove any remains of the old washer and replace it with a new 12 mm tap washer, obtainable from any plumbers' merchant.

- 3 When you replace the headgear, check that the fibre washer used where the head meets the body is in good condition; if it is not, water may escape from the joint where the two surfaces meet. There is usually no problem with this fibre washer, but occasionally they do perish. Usually a few turns of PTFE tape between the mating surfaces, forming a new washer, is all that is needed to form a tight seal.
- 4 Turn the water supply back on and test whether this valve is operating correctly, by ensuring that it does not leak past the spindle or from the body of the tap where you removed the headgear.

#### No water flow when the stopcock is re-opened

This is another problem that can occur when you turn off the water supply. It is caused by the washer becoming detached from the jumper (see Figure 4.1) and remaining stuck down on to the valve seating. You can try giving the side of the tap a knock in the hope of dislodging it, but most likely the supply will need to be turned off and the valve stripped down to rewasher the valve.

#### TURNING OFF AN EXTERNAL UNDERGROUND STOPCOCK

As you may have gathered from the solutions identified above, it is generally inadvisable to access the external stopcock unless you are prepared to dig up the ground around the stopcock to expose it. However, if there is an emergency and you need to turn off the supply at all costs, you may have to do this. The valve will be at least 750 mm below ground and may be even deeper, so you will need to use a stopcock key to access the valve (Figure 4.2). This is designed to pass down the large pipe duct leading to the stopcock and slip over the top of the valve head to initiate the turn.

#### **Remember this**

Do not turn off the outside stopcock unless you have to. It is always possible that the valve might leak at the packing gland when you re-open the supply, creating a situation where you need to dig down to the valve to undertake a repair.



Figure 4.2 Using a stopcock key

# TURNING OFF THE COLD WATER FROM A STORAGE CISTERN (LOW-PRESSURE PIPEWORK)

Where the water feeding an appliance such as a sink, bath or toilet cistern is supplied directly from the mains inlet, turning off the incoming supply stopcock will stop the flow of water. However, if the water continues to flow, you will know that it is being supplied via the cold storage cistern.

If you simply turned off your incoming supply stopcock and waited long enough, the water would eventually stop flowing, as the cold storage cistern would gradually empty. However, you can instead turn off the stop valve in the pipeline that exits the storage cistern (see Figure 1.4), by turning the head clockwise.

This valve may be located in the loft close to the storage cistern or, if you follow the route of this pipe where it passes through the ceiling to the room below, you may find it more conveniently in a cupboard. Some buildings, such as blocks of flats, do not have a loft and so the cistern will be located high in a cupboard somewhere around the property. This valve will not be of the same design as the mains supply stopcock. Traditionally, gate valves were used here, but they have invariably been replaced in recent years with more reliable lever-operated quarter-turn valves (see Figure 4.3).



Figure 4.3 (a) A gate valve and (b) a quarter-turn lever-operated valve

If you find you have a gate valve, it may only halt the main flow of water and still let a little water through – this type of valve is not always very effective. Sometimes gate valves fail altogether and, even when they do work, they sometimes fail to re-open. Quarter-turn valves do not usually cause problems and, if you have one, you simply turn it one-quarter of a turn until the handle is perpendicular to the pipe. This type of valve should always be installed if you are considering a new or replacement valve. When choosing a new valve, make sure the type you select maintains a full bore when you look through it in the open position; if you choose a design with a reduced bore, you will notice the lack of water flow after it has been installed.

If you cannot locate the valve from the storage cistern or it does not work effectively, it is possible to block the outlet pipe from the cistern with a cork. Alternatively, turn off the supply feeding the cistern and drain out the water via the taps fed from it. The cistern can be turned off at its inlet stopcock or screwdriveroperated quarter-turn valve. If you cannot find a valve, you can lift the arm of the float-operated valve, which will stop the water flowing into the cistern. You can tie this up using a piece of string and a batten resting across the top of the cistern.

If the storage cistern feeds the hot water supply as well as the cold water, draining out the water from the cistern will also stop the flow of water from the hot taps.

#### TURNING OFF THE HOT WATER SUPPLY

Following the same principles as for turning off the cold water supply, you need to go upstream of the hot water heat source to locate an isolation valve on the pipework.

With a combination boiler, this will be a quarter-turn valve found just beneath the boiler itself. This valve may have an operating handle or you may need to use a spanner or screwdriver to turn off the valve, giving just one-quarter of a turn. For other instantaneous systems there may be a valve incorporated with the appliance or you may have to source a valve on the pipework to the appliance.

In stored hot water cylinder systems, you will find the isolation valve on the pipe supplying the cylinder (see Figures 2.6 and 2.8). This stop valve may be in the same cupboard as the cylinder or you may need to go into the roof space, where a vented system is supplied by a cistern. With the water supply to the hot water cylinder isolated, it is also advisable to turn off the power supply to the heat source.

With the supply to the cylinder closed off, water can no longer enter the cylinder and therefore, when a tap is opened on the hot distribution pipe from this vessel, it runs only for a minute or so, just long enough to drain the water from the leg of pipework from the cylinder to the tap. The cylinder itself remains full, even though no water flows from the tap. In the examples of stored hot water supply discussed above, the hot water is drawn off from the top of the cylinder and water is trapped in the cylinder within a big U-shaped leg of pipework when the supply to the cylinder is closed. Figure 4.4 shows the isolation valve closed. Water will stop flowing from the tap but is still lying within all the areas shaded and so, if you wish to cut into these parts of the system, you will need to drain it via the drain-off cocks.



Figure 4.4 Water trapped within the pipework

To remove this water, for example to replace the cylinder, the drain-off cock at the base of the cylinder will need to be opened and the water drained through a hosepipe to an outside drain. Figure 4.4 also shows water trapped within a low section of pipework – in the piece of pipe below the tap outlet. You need to be aware of this when working on any drained-down pipework because water will flow from a cut pipe until it is all drained off. This can be disconcerting for the novice plumber who has turned off the water supply, checked that nothing is coming out of the taps, and proceeded to cut the pipe, only to find water flooding out of it.

# Draining down the water supply

Draining down either the hot or cold water system is only necessary when you wish to undertake major repair or alteration work or if you plan to go away for an extended period in winter, leaving an unheated building. When going on holiday, especially during the summer, normally you need only to turn off the incoming water supply as a precaution.

In order to fully drain down your pipework, take the following steps:

- 1 Locate the supply isolation valve and close it. If you plan to drain down everything, you'll need to turn off the mains supply stopcock. However, if it is just, say, the low-pressure cold or hot water that needs draining down, you will need only to close the valve from the storage cistern. If the cold water within the storage cistern itself needs to be drained, you will need to close the inlet valve to the cistern.
- 2 Open the outlet tap fed from the isolation valve that you have just closed. Water will flow until it has drained from the pipe. At this point, remember that, while water is no longer feeding the system, there will still be water lying in pockets of pipework, and in the case of the hot water system the pocket includes a cylinder full of water (see Figure 4.4).
- 3 Connect a hosepipe to the drain-off cock (see Figure 4.5) and run it to a suitable discharge point. The square-headed drain-off valve can now be turned anticlockwise to open it, with the aid of a spanner, allowing the water to flow. However, do not completely remove the spindle of this valve as it unwinds, otherwise the water will discharge all over the floor.
- 4 Open several outlets to help with draining the water in steps 2 and 3 above, and flush the toilet if it is fed by the section being drained this allows air into the pipework, which will help to remove the water.



#### valve shown in open position

#### Figure 4.5 A drain-off cock

#### **Remember this**

When a hot water system is drained down, the heat source must also be isolated to prevent damage.

Water remains in the hot water cylinder even when the valve supplying the cylinder has been turned off. The water will, however, stop flowing from the hot taps; this is because the hot water is taken from the top of the cylinder. To remove water from the cylinder, you will need to drain it off via the drain-off cock at the cylinder's base.

# Draining down the central heating

Should you ever need to drain down the water from the central heating system, this is how to do it:

- 1 First, turn off the electric power supply to the central heating system to ensure that the boiler cannot fire up.
- 2 If it is a vented system, you must now turn off the isolation valve supplying the system. This does not apply to a sealed heating system because it has no permanent water connection. Even if the temporary hose that was used to fill the system has not been removed by the installer, the isolation valve would still be in the closed position. The isolation valve for

the vented system can be found on the inlet supply pipe to the f & e cistern in the roof space. If there is no valve, you will need to get a piece of wood, position it across the top of the cistern and use a piece of string to tie up the lever arm to the float-operated valve, thereby preventing it from opening as the water in the system drains away.

- 1 You are now ready to start draining down. Locate a drainoff cock (see Figure 4.5) somewhere on the system at a low point. There is usually one situated near the boiler itself. Connect the hose and open the valve. The water flow may be a little slow at first, because air needs to get into the system in order to let out the water.
- 2 Now go to a radiator high in the system, such as on the first-floor level, and open the air-release valve with a small square-headed radiator key this will assist the process of draining down by letting air into the system. You will hear the air rushing into the system as the water empties. Radiator keys can be purchased from any plumbers' merchant.
- 3 Slowly open more radiator air vents, doing the higher-level radiators first, until they are all open. It is essential to keep an eye on the water draining from the system, as the drainoff cock is renowned for letting water escape through its thread, so you may need a flat tray placed in a suitable position to catch the water.
- 4 When all the water has been removed, it is wise to close the radiator air vents to ensure that the system is ready to refill and to make sure that the valves, if fully removed, are not lost.

Sometimes the drain-off cock fails to open, simply because the washer is stuck to the seating. The best thing to do is to try and locate another valve. However, if you need to open the one that is stuck, try tapping the side of the valve; otherwise, totally remove the screw-in spindle and poke a small screwdriver into the valve to dislodge the washer. If you do this, you must be totally prepared for the water that will gush from the fitting once the washer is dislodged, and be prepared to re-insert the

valve head. Sometimes you can attack this washer through the hose connection hole.

The water drained from a heating system can be just like black ink and it can stain as much as ink, so do not take this course of action unless you definitely know what you are doing. Finding another drain-off cock may save a lot of hassle.

# Key idea

When you drain down any system it is always worth removing the spindle to look at the state of the small washer once the work is completed (see Figure 4.5). If it has perished, it will fail to keep the water within the system if reinstated. To avoid having to drain the system again later to replace this washer, inspect it now and replace it if necessary.

# A dripping tap

A dripping tap is one of the most common problems encountered in the home. It could be the result of one of the following:

- a faulty or worn-out washer
- dirt or grit lodged across the seating
- damaged seating
- damaged ceramic discs (quarter-turn taps).

#### **REPLACING A TAP WASHER**

Replacing a tap washer is a relatively simple process. The first thing to do is turn off the water supply feeding the tap, then open the tap as far as possible to make sure that no water flows from it before proceeding. Figure 4.6 shows some of the main differences in the general design of taps. Basically, taps have either a rising or a non-rising spindle.

**Taps with a rising spindle** usually have chromium-plated easy-clean covers, which need to be removed in order to get a thin spanner on to the nut of the headgear underneath (see Figure 4.7).



Figure 4.6 Types of tap design

To remove this cover, grip it firmly and turn it anticlockwise to unwind it. You may need a spanner for this process, but take care not to damage the chromium finish. You will not be able to completely remove this cover because of the capstan head, but you should be able to lift it sufficiently to get your spanner in to grip the headgear itself, which is also turned anticlockwise to remove it from the tap body. When doing this, the body of the tap needs to be held very firmly to prevent it from turning within the appliance.

Taps with a non-rising spindle incorporate an aesthetically designed easy-clean shrouded cover, which must also be removed in order to gain access to the nut of the headgear. This may simply pull off, but it is usually held on with a small fixing screw. This will be either somewhere around the perimeter of the operating handle or, more likely, beneath the tap indicator cover found on top of the tap as (see Figure 4.6). To remove this cover, a small screwdriver is usually needed to ease it up. With the cover removed, you will see the screw that holds the top of the tap in place; this can be undone and the operating handle pulled from the tap. A spanner can now be used, as described above, to unwind the head of the tap from the body. With the head finally removed from the body of the tap, you will see the washer on the base of the jumper. Look inside the body of the tap to inspect the surface of the seating and check that there are no obstructions preventing effective operation. Once the washer has been located, it can simply be removed and replaced with a new one. The washer may be pressed on to a small central stem or held in position by a small nut. If the nut is difficult to undo, soak it in penetrating oil to free it because, were it to snap off, you would have to replace the whole jumper. Taps on baths use a 19 mm tap washer, whereas all other appliances use a 12 mm tap washer. With the washer in place, reassemble the tap by reversing the procedure described above, and test to check that it now effectively closes off the supply.

So, to recap:

- 1 Turn off the water and ensure that the water is off.
- 2 Remove the chrome shield from the tap.
- 3 Using a spanner, remove the headgear from the tap body.
- 4 Remove the old washer and fit on the replacement.
- 5 Reassemble the tap and test it.



Figure 4.7 Replacing a tap washer

#### THE TAP IS STILL DRIPPING!

If you have put a new washer into a tap and discovered that it still drips, this suggests a far greater problem. First, however, a second washer could be tried, ideally a softer one. However, it might be that the seating has become eroded. This can occur particularly where the pressure is very high. The answer is to do one of the following:

- Install a nylon substitute seat (sold with a matching washer). This is dropped over the old seat and it is forced into position as you close the tap.
- Recut or smooth off the original brass surface seating where the washer sits. In order to do this, you need a tap reseating tool, available cheaply from a reputable plumbers' merchant.

#### Using a tap reseating tool

With the water turned off and the head removed, as above, screw the tap reseating tool into the body of the tap (see Figure 4.8). Adjust the tool and wind it down until the cutting head reaches the seating. Turn the handle of the cutting head a few times to cut off a thin layer of the brass seating. Now remove it and look inside the tap to inspect the seating; if it looks OK, reassemble the tap with a new washer.



Figure 4.8 Reseating a tap

#### **RE-WASHERING SUPA-TAPS**

Although these taps are no longer made, there are still vast numbers in existence. They were designed in such a way that it is possible to re-washer them without turning off the water supply, as follows:

- 1 First, hold the operating head of the tap firmly and unwind the retaining nut (see Figure 4.9) by turning clockwise with a spanner (it is a left-handed thread). The head will not drop off, but when the tap is turned, as if opening the tap, it will eventually drop into your hand. At this point the self-closing device should drop to form a kind of seal, stopping or greatly reducing the water flow while the washer is replaced. If it does not drop, don't panic; the water will only flow into the appliance and it is possible to poke a small screwdriver into the outlet to dislodge this closing device, thereby allowing it to drop. Alternatively, simply turn off the water supply to this tap.
- 2 With the tap body in your hands, the washer initially looks as though it cannot be reached but if you push the water outlet point against a block of wood, the washer and its anti-splash device will pop out.
- **3** Now separate the washer from the anti-splash device by prising the two apart with a screwdriver. It should be noted that the Supa-tap washer is encased with its own jumper and therefore needs to be replaced as a complete unit.
- 4 With the new washer in place, reverse the sequence of events described above to reassemble the tap.

#### TAPS WITH CERAMIC DISCS

Dripping taps that use ceramic discs often require the replacement of the discs themselves. It is always worth looking first to see whether any grit or blockage is preventing the valve from closing fully, but if a disc is cracked or damaged, it will need to be replaced. You will need to give the precise details of the manufacturer and product type when ordering replacements.



Figure 4.9 Re-washering a Supa-tap

The discs are supplied as a cartridge and the cartridge for the hot tap turns in the opposite direction from that used for the cold supply, so make sure you fit the right ceramic cartridge type.

In order to get at a ceramic disc, follow the procedure for stripping down a tap described for the re-washering of taps, above – you will find a disc in place rather than a washer (see Figure 4.10). At the same time as you replace the discs, replace any rubber-sealing washer supplied.



Figure 4.10 Cleaning and replacing ceramic discs

# Water leaking from the body of a tap

If you open a tap, and water seems to escape from a point somewhere around the spindle, it is probably the result of water leaking past the gland where the spindle turns. The water will only leak when the tap is running. To resolve this problem, you need first to identify the tap design: does it have a rising or a non-rising spindle (see Figure 4.6)?

#### WATER LEAKING FROM A TAP WITH A RISING SPINDLE

With this design of tap there is no need to turn off the water supply; you just need to turn off the tap fully while you work on it. The procedure is straightforward once the easy-clean cover has been removed, but this in itself can be a tricky task because you might find it difficult to take off the capstan head because it may not have been removed since the tap was first installed.
Here is some guidance for this task (see Figure 4.11):

- 1 First, look for a small screw holding the capstan head on. Look around the base of the capstan head, or under the plastic red (hot) or blue (cold) indication marker on top of the handle. Occasionally there is no screw.
- 2 Holding the body of the tap firmly, try to pull off the capstan head; if it is held on very tightly, a few gentle taps with a small wooden mallet aimed upwards might dislodge it. One trick to try is to open the tap fully, with the easy-clean cover also undone and raised as high as possible, and insert a block of wood tightly between the cover and the body of the tap. If you then close the tap, with any luck the process will have jacked the capstan head off the spindle. Alternatively, using some penetration fluid might work. The amount of force required can sometimes be quite large and on rare occasions you might need to remove the tap altogether, to avoid unnecessary damage to the fitment.

With the capstan head and easy-clean cover removed, you will be able to see the packing gland nut. You will see that, when the tap is opened, water will discharge from this point and will stop when the tap is closed.

Tightening up the gland nut a little may be all that is required. However, where this does not cure the problem:

- 1 Turn off the tap.
- 2 Unwind this nut and remove it from the spindle.
- 3 Pack a few strands of PTFE tape or some waxed string around the spindle and push it into the void into which the packing gland nut screws, poking it down with a small screwdriver (see Figure 4.11).
- 4 Replace the packing gland nut, tightening it just sufficiently to squeeze the new packing material within the gland.
- 5 Re-open the valve and, if necessary, tighten the packing gland more until the water stops seeping past the spindle.
- 6 Finally, reassemble the easy-clean cover and capstan head.



Figure 4.11 Repacking the gland

#### WATER LEAKING FROM A TAP WITH A NON-RISING SPINDLE

With this design of tap, the packing gland has been replaced with a rubber 'O' ring (see Figure 4.6). Once you have removed the tap operating head, you will see that the water is escaping past the spindle if the tap is turned to the 'on' position.

To cure this problem:

- 1 First, turn off the water to the tap.
- 2 Remove the easy-clean shrouded cover and remove the headgear from the tap body as described earlier.
- **3** Now remove the circlip located at the top of the valve. Do this by placing a screwdriver between the open edges and twisting gently, thereby forcing it apart to slip it from the spindle. Unfortunately, this circlip will sometimes break, in which case it will need to be replaced (see Figure 4.12).
- 4 With the headgear in your hands, push on top of the spindle, unwinding it and removing it from the brass housing, exposing the 'O' ring.

- 5 The old ring can now be flicked off, usually with the aid of a small screwdriver.
- 6 Replace the 'O' ring with a new one, applying silicone grease to provide some lubrication.

Now reassemble the tap and test it. If this repair does not resolve the problem, it may be due to excessive wear of the spindle, in which case you would have to replace the tap.



Figure 4.12 Replacing the 'O' ring in a tap with a non-rising spindle

#### WATER LEAKING FROM THE SWIVEL OUTLET OF A TAP

This is the result of a worn-out 'O' ring, found at the base of the swivel spout. There is no need to turn off the water supply; just turn off the hot and cold taps. The first task is to remove the small retaining screw or locking nut at the base of the spout (note that some designs do not have this securing device). You will then need to turn the swivel outlet to one side, in line with the tap heads, and pull it off from the body of the tap to expose the large 'O' ring (see Figure 4.13). You can now swap this for a matching replacement, applying a little silicone lubricant as necessary. Where excessive wear has occurred, the problem may persist, in which case you would have to replace the tap.



Figure 4.13 Replacing the 'O' ring in a tap with a swivel spout

#### Remember this

Failure to replace a worn 'O' ring on taps at the first possible opportunity may result in undue wear to the brass components, caused by the two surfaces rubbing together. This may make the tap impossible to repair.

## Lack of water flow from a tap

The water that discharges from a tap should come out with sufficient force (i.e. the force you would expect from a normally working tap). Some taps are undoubtedly better than others, with a greater flow or pressure, but in general we know what to expect. Therefore, when faced with a tap with a poor water flow rate, we can surmise that something is wrong.

Before condemning the whole system of pipework, consider that it may be the tap itself that is faulty. Does it operate freely and open fully? Look at the pipework and see what else is served from the same section, and check out these taps or outlets too. Are they also suffering this lack of flow? If so, has the problem been getting slowly worse or is it a sudden drop in pressure or flow? Clearly, if several taps are affected, there is some form of blockage in the pipeline that must be removed. Such a blockage will generally be one of the following:

- A turned-off or closed-down water supply
- A blockage due to debris in the storage cistern
- A plug of ice
- An airlock
- Corrosion or limescale build-up

The first thing to do in this situation is look for the source of the water that is being blocked. If the problem occurs suddenly, affecting the cold water mains supply to the kitchen sink tap, possibly with the flow stopping completely, it may be worth phoning your water supplier as they may have turned off the water for some reason.

For your low-pressure pipework, such as that serving the hot and cold taps to the bathroom, check whether the storage tank in the loft is full of water. Is the lid in place? Ensure that vermin have not got into the vessel, drowned and sunk to the bottom, blocking the outlet pipe.

The weather will be a good indicator of whether a blockage might be due to ice. This scenario is discussed later. The problems of airlocks, corrosion and limescale, however, may not be so obvious and are discussed in more detail below.

#### BLOCKAGES CAUSED BY AN AIRLOCK

When an airlock is suspected to be the cause of a lack of water flow to a tap, the air must be forced from its trapped location. An airlock is the result of poor plumbing design in a low-pressure (storagecistern-fed) system. When running pipework, you should never run it uphill and then downhill, because air will accumulate in the high pocket (see Figure 4.14). With air trapped in the high pocket, no water can pass if the water pressure is insufficient. You should aim to design your system so that air within can always rise and escape through a tap outlet or via the cold feed or open vent pipe.

With a badly designed system with high points, once the air has been expelled from these high points it allows water to flow, so the problem generally only recurs when a system has been drained down. If you didn't install the plumbing system yourself, you won't know whether it was installed correctly, therefore, as an unsuspecting individual who has drained down the pipework, you have no idea that this will occur until you try to refill the system. So, let's say you have turned on the water supply after draining down for some reason and there is no water flow at the outlet. You simply do not know where the high point is that is causing the trapped air, so what do you do?

The first thing to try is to open the tap and, either using a hose connected to its outlet or positioning your mouth around the spout of the tap, try to give a good blow. What this sometimes does is blow a bit of water that was lying inside the pipe up, forcing itself past the trapped air which can then escape back out of the system, via the cold feed. A variation of this is to get a small length of hosepipe and pass it down into the storage cistern and into the cold water pipe feeding the offending section of pipework. With the hose in place and with the tap opened, you can now blow with all your might in the hope of forcing the water past the trapped airlock.

Failing this, try a trick used by many plumbers. Get a small piece of hosepipe and join the cold high-pressure mains water tap outlet to the low-pressure tap outlet and use this water



Figure 4.14 Common causes of airlocks

pressure to force the air from the high section. This trick works, but note that technically you would be in violation of the Water Supply Regulations unless you had some means of backflow in place to ensure that contaminated water could not flow back into the water authority mains.

#### BLOCKAGES DUE TO CORROSION OR SCALE BUILD-UP

Limescale build-up is a problem that has already been discussed, but recognizing it is not always easy. It is generally accepted that both corrosion and scale build-up occur gradually over a long period, during which time things slowly get worse.

The type of metal used will indicate the likelihood of pipework suffering from corrosion. Galvanized iron pipes in particular can be a problem and, if you have these, you should always suspect them of causing a reduced water flow rate. For example, where galvanized iron has been used in conjunction with copper or brass, electrolytic corrosion occurs, creating encrustations within the pipe. The worst-affected point would be where the two dissimilar metals join together. Fortunately, galvanized iron is no longer used for domestic pipework and therefore this problem will only occur in older dwellings. Electrolytic corrosion is discussed in Chapter 6.

#### Key idea

There is the greatest possibility of a blockage due to corrosion where you see copper or lead pipe connected to steel pipework. The jointing of the two dissimilar metals is likely to lead to electrolytic corrosion.

A blockage caused by limescale is not as easy to detect and is only a problem in hot water systems. The point where the blockage may be worst is within the pipe exiting the top of the hot water storage cylinder. If you isolate the water supply to this cylinder and remove the pipe coming from the top dome of the cylinder to inspect it, you may find limescale blocking the pipe. This is where the hottest water is found and therefore it is here that limescale is most likely to form. (Figure 1.10 shows a fitting blocked by limescale.)

## Toilet will not flush

Toilets can fail to flush for mechanical reasons that will vary depending on their design.

#### SIPHON TYPE

This type uses a lever arm to flush the toilet; this lever lifts the large diaphragm washer inside the siphon tube (see Chapter 1).

If the WC fails to flush, the first thing to do is simply to lift the lid from the cistern and check the operation of the linkage system used to lift up the diaphragm washer. Assuming this is OK, the fault will almost certainly be a split or worn-out diaphragm washer. This can easily be replaced but, with close-coupled WC suites, you have to remove the whole cistern from the wall in order to remove the siphon. There is a siphon design built as two parts, which allows you to pull the siphon apart to facilitate this repair, but unfortunately these are not commonplace. Toilet cisterns with flush pipes such as that shown in Figure 1.20 do not need to be removed from the wall.

To replace the washer, take these steps:

- 1 Turn off the water supply to the WC cistern there may be a quarter-turn valve on the inlet supply pipe.
- 2 You now need to bail out the water from the cistern, using a sponge if necessary to draw out every remaining drop of water; otherwise what remains will discharge on to the floor when the siphon is removed.
- 3 For cisterns with a flush pipe, unwind the large nut securing it to the siphon, turning it anticlockwise.
- 4 Next, unwind the big nut securing the siphon to the cistern.
- 5 You can now lift the siphon from the body of the cistern. To complete this action you will need to unhook the linkage to the lever arm and sometimes, if the arm of the floatoperated valve gets in the way, you may need to remove this as well.

- 6 With the siphon removed from the cistern you can now see beneath the base of it and you'll see the location of the old perished diaphragm washer.
- 7 Remove the hook attached to the top of the shaft that pulls the diaphragm; this then allows the diaphragm housing to drop from the base of the siphon (see Figure 4.15).
- 8 With the old washer removed, a replacement can be inserted. You can buy them, if you are lucky to find one of the same size; however, I personally have always used thick plastic polythene sheeting and cut out my own, simply laying the old washer on the plastic as a template. The type of plastic you require is the type used as a damp-proof membrane or one of those heavy-duty plastic builder's bags. When you get the old washer out, you will see the type of plastic I mean.
- 9 With the new washer cut, replace everything in the reverse order. All jointing washers should be in good condition, but where they have perished simply wrap some PTFE tape around the joining parts (not around the threads) where the old jointing washer or material was.



Figure 4.15 Replacing a WC siphon washer

10 Turn the water supply back on and test to see if it works. Hopefully this has been another job well done!

#### REMOVING A CLOSE-COUPLED TOILET CISTERN

With a close-coupled toilet cistern there is, unfortunately, a little extra work to do before the siphon can be taken out: the cistern has to be physically removed from its location bolted to the WC pan. To do this, take these steps:

- 1 Turn off the water supply to the cistern and undo the pipe connection to the float-operated valve.
- 2 The overflow connection will also need to be disconnected. If this is at the bottom of the cistern, only undo the nut that connects to the pipe going outside and do not entirely remove the internal plastic tube from the cistern, otherwise the water in the cistern will escape on to the floor.
- 3 Next, remove the two screws holding the cistern back to the wall.
- 4 Finally, remove the two wing nuts found beneath the cistern, one on either side of the back of the WC pan, holding the cistern down tight on to the pan itself. The cistern is now free to move and can be lifted from the pan.
- 5 Tip out the water from the still-full cistern into the WC pan.
- 6 With the cistern removed, you will see a big black foam washer pushed over the securing nut of the siphon, often referred to as a donut washer. Simply pull this off and replace it with a new one (which you can get from a plumbers' merchant) when reassembling the WC after completing the repair.
- 7 Follow the procedure described above to remove the siphon and replace the washer.
- 8 Finally, reassemble the components in the reverse order. In the unlikely event that you cannot obtain a new donut washer, it is possible to apply a large ring of 'plumber's mait' (see Appendix 2: Glossary) as an alternative. However, if you use this, it is essential that the pan and cistern connecting

parts are absolutely dry, otherwise the plumber's mait will not form a proper seal.

9 Turn on the water supply and test to see if it works.

#### VALVED TYPE

These flushing devices have only been installed since the turn of the twenty-first century and therefore are relatively new in the scheme of things (see Figure 1.8). When you operate the push-button mechanism to flush the cistern, the valve inside lifts up from its seating to allow the water to discharge directly into the cistern outlet. If the unit fails to flush, it is generally due to a broken component and, in most cases, the whole internal flushing valve will have to be replaced because spares for these devices are not generally available.

If you are lucky, you may be able to purchase an identical unit, making a replacement a relatively simple process. Looking at the new component, you will notice that there is a facility to turn and remove the valve from its base plate. So, once you have done this and removed the existing valve unit within the cistern, the damaged part can be replaced without the need to remove the cistern.

Remember to turn off the water supply before carrying out this task.

# Water continuously discharges into the pan

This problem might occur for one of the following reasons:

#### Damaged or split siphon or flushing valve

In this case you will need to replace the flushing mechanism in its entirety. In order to do this, follow the guidance for a siphon type of flushing mechanism above but, instead of replacing the washer, replace the whole internal flushing component.

#### Worn-out washer (valved type)

If a replacement washer for a valved flushing cistern is available (it will depend on the manufacturer), this should be your first course of action but, alas, these are not generally available and the entire mechanism may need to be replaced.

#### ► Grit accumulated beneath the valve washer (valved type)

Where grit is preventing the valve fully dropping to seal the outlet, you will have to twist the valve anticlockwise to release it from its base plate, at which point you can inspect it. When doing this, you will need to turn off the water supply to the cistern. If the washer is damaged, the valve section may need to be replaced.

#### Siphonic action failing to stop (siphon type)

When the cistern continues to flow due to continued siphonage, it may be that the cistern is filling too rapidly, in which case close down the isolation valve a little. Alternatively, it might be that the piston is not dropping once the lever arm has been operated. In this case you will need to investigate to find out what is stopping this action.

#### Water discharge through an internal overflow

This means that the float-operated valve is not operating correctly and is not closing off the supply, in which case you should refer to the notes below relating to the toilet cistern overflowing.

## Toilet or storage cistern overflowing

Should you find that water is dripping or pouring from an overflow pipe outside your building, it is likely that a cistern is overflowing due to the float-operated valve (ballvalve) failing to close off the water supply. There are several possible causes of the valve malfunction, including:

- a faulty washer this is the most likely cause; the washer simply wears out and perishes over time
- limescale causing the components to rub tightly together, preventing the valve from moving freely and closing

the float itself may have developed a leak and have filled with water, making it ineffective, but this is quite rare – if this is the case, simply replace the float.

If you call out a plumber to make the repair, they are likely to replace the entire valve. Plumbers today often do not repair ballvalves as a new one is inexpensive and it would take longer to repair it than to replace it. Replacing the valve also allows them to offer a better guarantee of their work.

Replacing the valve is quite a simple process and is completed as follows:

- 1 Turn off the water.
- 2 If you have a storage cistern, lower the water level by flushing the WC or opening a tap.
- 3 Remove the old valve (see Figure 4.16). Usually it is possible to undo the large union nut inside the cistern, which allows the valve to come away for servicing purposes. The bit that is left is that which holds the valve in the cistern and on to which the water supply connection is made. You can now simply undo this nut on the new valve. If there is no internal union nut, you will need to replace the entire valve.
- 4 Install the replacement valve.
- 5 Adjust the water level as required. This is generally indicated by a mark inside the WC cistern saying 'water level' or, in the case of the storage cistern, 25 mm below the point where it would ultimately overflow.

The float-operated valve can, however, be serviced and repaired. This basically requires you to close off the supply to the cistern and to remove the valve as above. Then you simply strip down the component as necessary, cleaning off any limescale or abrasions and replacing the washer.

Float-operated valve (ballvalve) washers are readily available from plumbers' merchants, but since they are available in a couple of designs – diaphragm ballvalve washers and Portsmouth ballvalve washers (see Figure 1.6) – you may need to take your old washer into the shop to ensure that you get the right design.



Figure 4.16 Replacing a float-operated valve

Sometimes the cause of an overflowing cistern is a small piece of grit that has travelled through the pipe and blocked the small inlet hole through which the water needs to pass.

Figure 1.6 shows the location of the washer in the two designs of float-operated valve. In the Portsmouth design of ballvalve you will notice that the washer is housed inside a small piston. To remove the old washer in this type you simply position a flatbladed screwdriver in the slot of the piston when removed from the valve and use a large pair of pliers or a toothed wrench to unwind the end of the housing, thus exposing the washer. If you do not have a replacement washer, you can sometimes get away with just turning the old washer over.

#### Key idea

For the cost involved, it is generally easier and quicker to replace the whole float-operated valve rather than just the washer. If you do replace just the washer, you must remember to clean away any limescale or dirt that has accumulated within the valve body, as this itself may cause the valve to be faulty.

## Toilet leaking when flushed

This is a common problem and in most cases it can be fixed by remaking a connection to a component that has worked loose, often by some unknown movement of the appliance.

Where could it leak from? This is the first thing to find out and to do this you simply need to flush the WC and look and feel for the water escaping. Do this as many times as necessary, as it is quite common to think the leak is at one place only to discover later that it is higher up and the water is running down, hidden from view. A leak may arise from several possible locations, including:

- ▶ in a flush pipe joint, where a low- or high-level cistern is used
- ▶ at the point where the close-coupled cistern sits on the pan
- at a crack in the porcelain pan itself
- ▶ at the outlet connection to the drainage pipe.

With the exception of the cracked pan, which clearly would need replacing, all of the above can be repaired as follows.

#### LEAKY FLUSH PIPE JOINT

This would be a leak from the flush pipe either as it leaves the cistern or as it adjoins the pan.

#### When the leak occurs as the pipe leaves the cistern

- 1 The first and simplest thing to do is to try to tighten the large nut (turning it clockwise) that holds the flush pipe to the threaded connection of the siphon as it leaves the cistern base. If there are two nuts, do not turn the big nut holding the siphon into the cistern. If tightening the nut does not work, you will need to unwind it and look at the jointing material beneath. No water will come out when you disconnect this, because water is only present during the flushing operation.
- 2 With the nut unwound, you will usually find a rubber ring that has been forced into the joint making up the space between the flush pipe and the siphon. In most cases you can

apply a few turns of PTFE tape around the existing ring to give it that additional volume to fill the gap. Do not wind the PTFE around the thread of the siphon as this will do nothing and may in fact prevent you from making a sound joint. The joint is formed where the jointing material is forced into the gap.

#### When the leak is where the flush pipe adjoins the pan

- 1 In this case it is likely that you will need a new flush pipe cone or connector. To replace this, you may need to undo the cistern connection end of the flush pipe, as identified above, to give you some additional movement, otherwise you simply pull the flush pipe back from the pan, possibly turning it to the side if room is restricted. The joint is only a push-fit type joint, although there are a few different designs (see Figure 4.17).
- 2 Once you have removed the old material or connector, you can replace it with a new flush pipe connector, replacing everything in the reverse order. If you experience difficulty in pushing the flush pipe into the joint when using the insert cone type, use a little lubricant, such as washing-up liquid, to ease it. The order of assembly for this type of joint is first to place the cone inside the inlet horn of the WC, then to push the flush pipe into the cone.





## ► When the leak is where the close-coupled cistern sits on the pan

When water seeps from the space between the cistern and pan when flushed, it indicates that the 'donut washer' located over the siphon-securing back nut has perished. The only thing that can be done is to replace this washer. Remove the close-couple cistern (as described earlier) to identify the problem and effect a repair.

#### When the leak is where the pan adjoins the drainage pipe

For well over 35 years the WC pan outlet connection to the drain has been made using a flexible plastic connector, which either forms part of a plastic drainage pipe or is a device such as a 'Multiquick', which is a patented WC pan connector (see Figure 8.7).

These flexible joints are very durable and yet, like everything, are subject to possible damage. When this joint is leaking, the best course of action is probably to replace it with a new flexible pan connection. In order to do this you will need to remove the WC pan. For a low- or high-level cistern with a flush pipe, you will not need to turn off the water supply and remove the cistern, but for a close-coupled pan you will need to remove the whole lot in order to remake the joint.

Where older cement-jointed connections have been made, such as in securing the pan to the floor or in forming the outlet joint itself, you may find that the pan cannot be removed and your only hope is to apply some form of sealant, such as silicone, over the crack in the joint, but in truth, the days of the pan may be numbered.

For more advice on removing and replacing of the pan, see Chapter 8.

#### Focus points

- 1 Locate the water supply isolation valve for the system to be turned off. Mark this valve up with a label so that you know what it turns off and check that it works; if it does not, get it repaired you may need it in an emergency.
- **2** As a last resort, turning off the incoming water supply stopcock will eventually stop water running from any pipe within the building.
- **3** When the water has been turned off and confirmed off by opening an outlet tap, water still remains in the low legs of pipework, which will need to be drained as necessary via a drain-off cock located at the lowest point of the system in question.
- **4** Water dripping from a tap simply requires the tap washer to be replaced.
- **5** A Supa-tap can be re-washered without having to turn off the water supply.
- **6** If a tap with ceramic discs no longer turns off the water supply and continues to drip, you usually need to purchase a new set of ceramic discs to replace those that are faulty.
- **7** Water seeping past the spindle of a tap when it is operated is the result of the packing gland becoming worn out. This is a simple repair that requires replacement of the spindle packing.
- 8 With taps that rely on an 'O' ring to prevent water leaking from a turning component, such as the spindle of a tap, you should replace the ring as soon as you see the leak occurring. Leaving it leaking for too long can cause irreparable damage to the turning component.
- **9** A piece of heavy-duty plastic, such as a builder's rubbish bag or damp-proof membrane plastic, makes a good material from which to cut out a new diaphragm washer to replace one when the toilet will not flush.
- **10** Turning a tap washer or float-operated valve (ballvalve) washer over will sometimes make a suitable repair when the tap or ballvalve is not closing off the water supply properly.

### Next step

In this chapter you learned how to deal with drips and leaks from taps and toilets, and how to turn off the water supply and drain the water from the system before carrying out repairs. The next chapter looks at how to solve more plumbing problems, from burst pipes to noises and blockages.



# Emergencies and contingency work 2

In this chapter you will learn:

- how to deal with burst pipes
- how to prevent noises in your pipework
- how to solve problems with the hot water system
- how to solve problems with the central heating system
- how to unblock your drainage pipes.

This chapter looks at more of the tasks you may need to carry out in the event of something going wrong with your plumbing system.

## Burst pipes

The uncontrollable discharge of water from a pipe rapidly sets the heart racing. This is where your ability to locate and isolate the necessary stop valves for each part of your plumbing system will pay dividends. If you have not already done so, now might be the time to review the section that deals with turning off the water supply (see Chapter 4).

When water accumulates above a plasterboard ceiling, the ceiling will often begin to bulge. If this happens, it is always advisable to make a small hole at the lowest point of the bulge, thereby letting the water out, which can then be caught in a bucket. Failure to do this may eventually lead to large sections of the ceiling coming down and creating a great deal of mess and damage. Making a water-release hole can also prevent water accumulating above the ceiling and running on to electrical equipment, causing additional problems.

If a burst pipe is the result of someone banging a nail into it, the easiest way to minimize the water flow is to pop the nail back into the hole made in the pipe. It will probably continue to leak but the nail will greatly stem the flow while you drain down the system via a suitable drain-off cock.

If, for some unknown reason, you cannot isolate the water supply, you could get a hammer and flatten the relevant pipe section; this is not guaranteed to stem the flow but provides a little hope in a desperate situation.

#### **Remember this**

Turning off the water mains supply inlet stopcock found at the entry to a property will eventually cause all water to stop flowing. Another option is to turn off every stopcock or valve you can find.

#### FINDING THE LEAK

Here are some indicators that will provide clues as to which system is leaking:

- Can you hear the float-operated valve running in the loft storage cistern? If so, the leak is not on the mains supply.
- If you turn off the mains supply only, does the leak stop immediately? If so, this indicates that it is fed directly from the mains supply.
- ► Is the water hot, suggesting that it is from the hot water or central heating system? Where the leak is from the hot water or central heating system, it is advisable also to turn off the heat source.

Once you have stopped the water flow, you can begin to control the situation. If the leak is in a section of pipework that is hidden from view, such as above a ceiling, the first thing to do is expose the pipework where the leak is most apparent by lifting floorboards or removing any covering panels. Now turn the water back on for a short while in order to pinpoint the leak. Don't be surprised if, when you turn on the water, the leak is not from the area you suspected. Water has an uncanny way of travelling long distances undetected.

When you turn the water back on, consider again the clues above, which may give some indication of which system is leaking. If you hear cisterns filling in the loft, look to see which cistern is filling. If it is the f & e cistern, you know that the heating system is leaking. If it is the larger cold storage cistern, it will be the low-pressure hot or cold water that has the leak. Each of the cold water outlets from the cistern can be closed off to pinpoint which pipe is leaking.

A bit of detective work often needs to be done to locate the source of a leak. You will need to call on your understanding of the system designs described in Chapters 1 and 2. You may need to expose more pipework and listen very carefully to the sound of the water hissing from the pipe.

One of the most difficult leaks to locate is one beneath a sandand-cement floor screed. The water seems to travel everywhere through the channels preformed for the pipes, making detection very difficult. It is invariably a case of trial and error, exposing test holes in the floor to find the wettest sections.

Eventually, however, the point of discharge will be found, as will the supply isolation valve. The rest is now basic plumbing, cutting out the affected section of pipe and replacing it. For this work, see the notes in Chapter 6 about jointing pipework.

## Noises from pipework

Water flowing through pipes and into vessels can cause a variety of noises, all of which may be quite annoying in their own way. Sometimes we put up with these noises because of the cost of curing the problem. The key thing is to install the system correctly in the first place and most of the problems will never occur.

The various kinds of noise you might have include:

- one or two loud banging noises, usually when a tap is closed
- a series of rapid banging noises
- humming in the pipework
- a shushing noise as water passes through the pipework
- noise generated by a pump
- creaking floor timbers
- splashing noises as water refills a cistern
- noises from a boiler, like a kettle boiling
- gurgling noises in the pipework
- gurgling noises from an appliance waste trap.

This is not an exhaustive list, but it represents the more common situations dealt with below.

#### ONE OR TWO LOUD BANGING NOISES, USUALLY WHEN A TAP IS CLOSED

This is the classic 'water hammer' sound. It is the result of a tap or stopcock jumper/washer or non-return valve rapidly

closing, creating a sudden back-surge of water. This noise can also be created by pipework that has not been fixed securely, so that it flaps about. Securing loose pipework may cure the problem, but if not:

- 1 Slightly turn down the incoming supply stopcock, reducing the incoming water flow rate and thereby preventing these back-surges.
- 2 Where water flow cannot be compromised, it is possible to purchase a small expansion vessel to take up the shock wave. This expansion vessel, designed specifically to deal with this problem, is similar to that used for an unvented domestic hot water system, but a lot smaller.

#### A SERIES OF RAPID BANGING NOISES OR HUMMING IN THE PIPEWORK

These different sounds are, in fact, caused by the same thing. The sounds are generated by the float-operated valve in a storage cistern rapidly opening and closing as it rides up and down on the small ripples or waves formed on the surface of the water in the cistern. The waves are formed as water flows into the cistern when the float-operated valve opens to make up the water level after some water has been drawn off.

If the plastic cistern has been installed without the metal reinforcing piece that came with it, the cistern wall will flex as the float rides over the ripples on the water. There are several possible cures for this problem:

- 1 Secure the float-operated valve (ballvalve) by fully supporting the cistern wall.
- **2** Replace the normal 100 mm diameter float with a larger ball float.
- 3 If a larger float cannot be obtained, secure a damper plate to the lever arm to create a larger surface area (see Figure 5.1).
- 4 Fit a baffle within the cistern to prevent waves forming. This is basically a dividing plate to reduce the total surface area of the water.
- 5 Turn down the incoming supply stopcock to reduce the water flow into the home.



Figure 5.1 Preventing ballvalve murmur

#### A SHUSHING NOISE AS WATER PASSES THROUGH THE PIPEWORK

This noise often occurs if the installer has failed to take the small internal burr off the pipe when using a copper tube cutter. It is also sometimes generated where pipework has been run within a timber stud wall. The plasterboard over the timber studwork acts as a resonator, amplifying the sound of the water flowing through the pipe. When pipes are run within timber stud walls, they should ideally be insulated and the pipe clips placed on rubber or felt mountings to stop this transmission of noise.

Curing this problem after the event is often very difficult. Again, try turning down the supply stopcock. It may cure the problem or at least improve things. Sometimes this noise is generated in central heating pipework, in which case try turning down the pump pressure setting.

#### Remember this

One of the easiest and best cures for noisy cold water pipework that is subjected to mains supply pressure is to turn down, or slightly close, the inlet stopcock. In some areas this valve needs to be open only half a turn or so.

#### NOISE GENERATED BY A PUMP

Where this problem occurs with a central heating system, turning down the setting – if a variable speed pump has been installed – will generally alleviate the problem. However, this may create a different problem in large heating systems in that the furthest radiators from the pump may not get warm enough.

Where the pump noise comes from a shower booster pump, it may be that the pump has not been fitted with flexible connections and on to a flexible mounting, and so this would need to be provided if necessary. Also check that the pump is not touching anything that would act as a sounding box and elevate the noise level.

#### **CREAKING FLOOR TIMBERS**

This is generally the result of pipework running below timber floors and passing through the floor joists with notches that are barely large enough, or pipes that have been run touching one another. The noises are the result of the copper pipes expanding and contracting as they heat up and cool down.

When passing copper pipework through notches that have been cut in the joist, ideally a felt pad or piece of carpet underlay should be laid to dampen any movement noise caused by the pipe expanding or contracting. The only option is to lift the floorboards and investigate.

#### SPLASHING NOISE AS WATER REFILLS A CISTERN

You can eliminate this noise by fitting a polythene collapsible silencer tube (see Figure 5.2). These are often fitted as standard to WC flushing cisterns but are rarely fitted to cold water storage cisterns. Within the loft and inside an insulated cistern the noise is rarely heard, but if the cistern is above your bedroom in a quiet house, it is the sort of noise that sometimes, at night, seems like Chinese water torture.

If you cannot get a polythene silencer, sometimes fitting an inclined ramp, on to which the water can discharge inside the cistern, eases the problem.



Figure 5.2 Fitting a polythene silencer tube

#### NOISES FROM A BOILER, LIKE A KETTLE BOILING

Noises from the boiler, such as the sound of bubbling water, can have one of several causes. If the system used to work well and the problem has only just started for no apparent reason, it is possible that a narrow pocket of air has become trapped within the boiler, perhaps as a result of limescale or corrosion. The noise is generated by the formation of steam and its subsequent condensing within this area of trapped air. The only remedy, apart from a new boiler, is to treat the system with a descaling solution. Where a power flush is sought, this may require the services of a reputable heating engineer; however, depending on the age of your system and the materials it is made from, e.g. aluminium, copper or steel, several manufacturers produce chemical cleaning solutions, available from any plumbers' merchant. These come with the necessary application instructions and can be administered to clean out your system.

#### Remember this

Using acidic solutions to remove sludge that has been blocking a corroded radiator or preventing a leaking joint may expose the fault and leave you with a system that now leaks. But you must remember that the fault was there already and at least you will find the leak under controlled conditions and it will not simply spring up when you are not at home.

Another cause of a noisy boiler could be the flame impinging directly on to the heat exchanger within the boiler, causing local hot spots where steam forms and collapses. This requires a specialist heating engineer to make the appropriate adjustments to the flame and, where necessary, to investigate the cause further.

#### **GURGLING NOISES IN THE PIPEWORK**

These sounds are to some extent to be expected in a new system, as trapped air is slowly released from the system via the vented pipework. However, if these bubbling noises continue to flow up through the system, it suggests a much deeper problem. It is possible that air is being drawn into the system, in particular the heating system, because a circulation pump is incorrectly located (see Chapter 3).

Air being continually drawn into the system increases the speed of corrosion within the system and, apart from the noise generated, it should still be rectified in order to extend the life of your system.

#### GURGLING NOISES FROM AN APPLIANCE WASTE TRAP

These noises are the result of water being siphoned out from the trap. See Chapter 1 for a discussion of this problem.

## Hot water problems

Hot water problems may occur in both the water supply and the central heating systems.

#### WATER GETTING TOO HOT

If the water is too hot, the most likely reason is that the thermostat on the cylinder is set too high or that the thermostat itself has malfunctioned. Where the temperature is set too high, the simple remedy is to adjust the thermostat setting. This needs to be done with a screwdriver. Isolate the power before adjusting an immersion heater thermostat, as you will need to remove the top cover from the unit (see Figure 2.7). You won't need to isolate the power if a central heating cylinder thermostat has been strapped to the side of the cylinder. In both cases, set the temperature to provide water at 60°C at the top of the cylinder (see Chapter 2). If, however, the thermostat has malfunctioned and simply fails to operate and close off the heat source, the thermostat probably needs to be replaced. This is a relatively simple process, making the electrical connections with a similar replacement component, but you will need to isolate the power before doing this. This will be discussed further in Chapter 8.

#### **Remember this**

The ideal storage temperature for domestic hot water to be drawn off at the taps is 60°C. Storing water too hot leads to the risk that someone could be scalded; in hard water areas there will be the additional problem of scale build-up. Storing the water not hot enough may lead to the growth of *Legionella* bacteria.

#### NO HOT WATER OR CENTRAL HEATING

A lack of hot water or central heating could be due to one of several possibilities. You may have hot water but no heating, or vice versa. There may be a blockage within the pipeline, such as limescale or sludge build-up, but this type of problem is fairly uncommon. The most likely cause, and the first thing to investigate, is an electrical control fault preventing the power reaching the point where it is required. The areas to investigate are:

- a blown fuse or loss of power supply
- the time clock/programmer wrongly set or faulty
- a faulty thermostat (room, cylinder or immersion heater thermostat as appropriate)
- a faulty motorized valve
- a fault with the boiler or pump.

Electrical faults generally require the assistance of an expert. The engineer will go through the above list and, by a process of elimination, find where the fault lies. The power supply to the boiler and pump ultimately follows a set route (see Figure 5.3), and in order to determine the cause of a problem you will need to check that power is going to the first component, then that it leaves that component to move on to the next component, and so on until it reaches the boiler and pump. Along the way you will discover where the interruption in the sequence occurs, so you can focus on the area causing the fault. So, for example, if you find that 230 volts is going into the cylinder thermostat yet there is no voltage coming from it, this suggests that this component or the wiring to or from it is at fault.



Figure 5.3 Sequential flow diagram showing power supply to the boiler and pump

#### RADIATORS NOT GETTING HOT

If the radiators fail to get hot, this may be the result of an electrical fault as discussed above. However, assuming that you have an electrical supply to the pump and boiler, it might be a problem with the pump itself. You can check whether the pump impeller is going round simply by placing the end of a large screwdriver up against the pump and putting your ear to the handle. This transmits the sound along the screwdriver shaft to the handle and you will hear whether the pump impeller is going round.

You can investigate the operation of the impeller further by removing the large central screw from the body of the pump, out of which a little water will discharge. Behind this big screw you will see another smaller screw head that will be rotating if the pump is in operation. If not, try to turn it with your screwdriver; if you are lucky, it will start up and flick from your screwdriver as it rapidly turns. In this case, replace the outer large screw to stop the water seepage. I hardly dare say it, but giving the pump a quick tap on its side with a hammer will sometimes nudge a pump back into action. If the impeller fails to turn, it will need to be replaced.

#### Replacing the central heating pump

Once you have decided that the pump is faulty, you will need to buy a replacement of a similar design. The task, summarized in Figure 5.4, is then completed as follows:

- 1 Remove the electrical power supply to the pump and boiler by isolating the circuit and removing the fuse. Once you have confirmed that the power is dead, remove the old wires where they enter the pump.
- 2 If you are lucky, there will be a water isolation valve on either side of the pump. These are operated by turning the two slotted heads on the valves one-quarter of a turn with a screwdriver or spanner. Where there are no isolation valves, or these are ineffective, you will need to drain down the whole heating system (see Chapter 4).
- 3 With the water isolated, you can now undo the large nuts on either side of the pump and remove it.
- 4 With the old pump out, position new sealing washers, if these are used for the mating surfaces, and use a little jointing paste where the components meet as the new pump is inserted.
- 5 Firmly tighten the joints to secure the new pump in position.
- 6 Now turn the water supply back on and check for leaks.
- 7 If all is sound, you can remake the electrical connections and test the system.

Once the new pump is in place, the speed, if it is a variablespeed pump, will need to be set to the lowest setting and only increased if all the radiators fail to get hot. Setting the speed too high might create unacceptable noises within the system.



Figure 5.4 Replacing a central heating pump

#### **Remember this**

If in doubt over the electrical wiring to the circulating pump, you must seek the advice of a competent electrician. Failure to observe this simple rule could put you and others in danger of electrocution.

#### RADIATORS DON'T GET HOT, BUT THE PUMP IS OK

If the radiators fail to get hot but the pump is working, the system may be blocked with sludge caused by corrosion. Should this be the case, you will need to descale the system using a special acidic solution to dissolve it, as discussed earlier.

Sometimes a radiator only gets warm around the sides and along the top and has a cold spot in the middle. This is a classic sign that corrosive sludge has accumulated in that particular part of the radiator. Again, it may be possible to solve this problem by using a descaling solution. Alternatively, the radiator can be removed and subjected to individual treatment and flushing through with a high-pressure hose.

#### Bleeding a radiator

There may be just one or two radiators on your system that are not getting warm. Assuming that the valves at each end of the radiator are open, the first thing to check is that they are not cold simply because they are full of air. Air is expelled from the system radiators through a small air-release valve located at the top and to one side of the radiator, a process referred to as 'bleeding'. Do this as follows:

- 1 Turn down the room thermostat. This will turn off the pump. (The reason for turning off the pump while bleeding the radiator is to ensure that air is not sucked into the system if the pump is creating a negative pressure within.)
- 2 Use a special square-headed radiator key to open the airrelease valve, turning it anticlockwise. You will hear the air being forced out and eventually water will appear at this point, whereupon you simply close the air-release valve.
- 3 Turn the room thermostat back to the desired setting.

If a particular radiator continues to accumulate air, this suggests that air is being drawn into the system, possibly due to the incorrect positioning of the circulation pump. This situation must be addressed because the air that is being drawn into the system will speed up the corrosion process and very soon you will be experiencing leaky radiators that have corroded from the inside. Correct pump location has already been discussed in Chapter 3.

If some radiators still remain cold after bleeding, the system might be too large for the pump. A particular pump only generates so much pressure and will only push the water so far, so a larger pump may be required. The pump may have variable settings and it might be possible to increase its speed and pressure by making a simple adjustment on the side of the pump itself.

Another possibility is that some of the radiators closer to the pump have their lockshield valves open to such an extent that they are taking all the flow of water, in which case they need to be closed a little in order to balance the system (see Chapter 3). A simple test to see if balancing is required is to close off the manual radiator valve operating heads to several radiators that are working fine, to see if the cold radiators then get hot; if so, you need to balance the system better.

#### LEAKING RADIATOR VALVE

Sometimes when a radiator valve is operated, it leaks from the nut at the point where the spindle turns. This can only be seen when the plastic head is removed. This leaking joint is often the result of the valve not being used regularly. The simplest cure – and often all that is required – is to tighten up the gland nut (see Figure 3.11). If this does not cure the problem, the gland will need repacking. To do this, take these steps:

- 1 First, turn off both radiator valves. To close the lockshield valve you will need to use a small spanner. When you close the lockshield valve, count the number of turns it takes and, when required, only open the valve by that number of turns.
- 2 With the valves closed, simply unwind the gland nut, pack a few strands of PTFE around the spindle and push it into the void into which the packing gland nut screws, poking it down with a small screwdriver.
- 3 Now replace the packing gland nut, tightening it just enough to squeeze the new packing material within the gland.
- 4 Re-open the radiator valves and test it.

Repacking this gland nut is basically the same procedure as repacking any gland, as described with reference to a leaking stopcock or tap in Chapter 4 (see Figure 4.11). Note that some designs of valve do not have a gland nut and use an 'O' ring. If this joint leaks, the valve will need to be replaced.

## Blockages in the wastewater pipework

The most effective weapon used by the homeowner or a plumber when tackling an obstruction is a plunger. The plunger, when applied effectively, can cause some very large pressures to push directly on to a blockage. If the pipe is full of water, the force with which you push down on the plunger is concentrated on the area of the blockage – say a 100 mm drainage pipe – and, when the plunger is pulled up again, it creates a partial vacuum and the pressure of the atmosphere on the other side of the blockage pushes back up on it.

#### **BLOCKED SINK, BASIN OR BATH**

The first thing to try is to use a plunger to unblock the plughole.

- 1 You will require a force cup plunger as shown in Figure 5.5. These are easily obtainable from most hardware stores or plumbers' merchants.
- 2 Fill the sink with a fair quantity of water.
- 3 You must now block up the overflow pipe. To do this, take a piece of rag and stuff it hard against the overflow opening. You must make a good seal here in order to be successful in the plunging operation.
- 4 All you need to do now is push the plunger up and down over the waste pipe outlet several times.

Using a plunger will usually clear a blockage; however, blockages to appliances such as sinks and basins are often the result of soap and fatty deposits. Plunging will give some relief to the problem but will not remove all the fatty debris and may make only a small hole in the blockage, which will soon block up again. In this instance the ideal solution is to remove the trap from the appliance for internal inspection.

#### Removing the trap

Where a plastic trap has been fitted to the appliance, this is a relatively easy operation, but for older metal traps more force and therefore more care will be required to undo the nut(s) of the trap.



unscrewing a trap to remove a blockage

Figure 5.5 Unblocking a sink or basin
To remove the trap, take these steps:

- 1 Empty as much of the water from the appliance as possible, bailing it out into a bucket.
- 2 Now position a bucket or suitable receptacle beneath the appliance to catch any spillage and remaining water from within the trap itself.
- 3 If a bottle trap has been fitted, you will just need to remove the lower dome-shaped bottom, as shown in Figure 5.5. Where a tubular trap has been installed, you will need to remove this in its entirety, as follows:
  - i Undo the large nut that joins the trap to the appliance waste outlet, turning it anticlockwise.
  - ii Now undo the nut that joins the trap to the pipe; this will allow you to remove the trap.
- 4 Be prepared for a sickly sight of fat, hair and general grime. However, once all this rubbish has been removed (undoing the third large nut adjoining the two sections of the trap if necessary), you will have a clean trap with an effective internal bore.
- 5 Before replacing the components, just look into the outlet pipe for any further signs of blockage. If there is excessive blockage, it may be time to consider using a series of long drainage springs to poke down the tube, or you could remove the whole pipe section and replace it, but this is not usually necessary.

During this process no water, apart from that held within the sink and trap itself, will flow from the appliance. In most instances the trap is fairly easy to access, but sometimes it may be difficult to reach the nut adjoining the waste outlet of a pedestal basin. It might be possible to ease the pedestal forward a small amount to gain better access, but take care as it is designed to give support to the basin and is easily chipped, being made of porcelain.

When you reassemble the waste pipe, take extra care when doing up the nuts as they are made of plastic and it is easy to cross-thread a joint, preventing it from doing up tightly. The seal that was in place before you undid it will probably still be fine to reuse, but if necessary you can wrap a few turns of PTFE tape to the mating surfaces near the damaged sealing washer. Do not wrap PTFE tape around the pipe threads themselves as the nut and thread are just used to pull or clamp the two mating surfaces together, crushing jointing material in place to form the seal – they do not themselves form the watertight seal.

## Key idea

It is possible to avoid stripping down the trap by purchasing a drain cleaning solution, available at most hardware stores. These can be most effective, using acid to dissolve the offending matter, and this option should not be overlooked.

### **BLOCKED TOILET**

When a toilet blocks, the natural instinct is to panic and to wish the problem would go away as quickly as possible. When you flush the toilet, the bowl fills with foul water, which just sits there. It may slowly drain away but the blockage still remains, and after the next flush the water will back up and fill the bowl again.

Purchasing a simple drain rod and a 150 mm rubber plunger to screw on to its head could easily save you hundreds in plumbers' call-out charges. If you call out a plumber, they will probably fix the problem within 30 seconds of arriving, leaving you happy to pay whatever they ask. But there is no magic – it is simply a matter of them using their plunger to create the pressure needed to dislodge the blockage.

So what do you do?

- 1 Obtain a drainage rod or chimney sweep's rod with a thread on one end. On to this, screw a 150 mm drain plunger obtainable from a plumbers' merchant.
- 2 Ensure that some water, however disgusting, is in the WC bowl, or flush the appliance so that it fills and backs up.
- 3 Push the rubber plunger back and forth down inside the pan, back towards the trap, as shown in Figure 5.6.

5. Emergencies and contingency work 2 (165)

With any luck this will cure the problem. I once cleared a blockage using this technique but without a plunger. I used an old-fashioned floor mop on to which I secured a plastic bag; this made a suitably effective plunger. Plunging can be very effective and so, if a toilet remains blocked after plunging, this suggests a blockage further down the pipeline. Air is simply getting in via the open vent pipe at the top of the drain, relieving the partial vacuum you are trying to create.

Blockages further along the drainpipe might also affect other appliances, in effect putting several appliances, such as sinks and baths, out of action.



Figure 5.6 Unblocking a WC pan



#### **BLOCKED DRAINS**

What a nightmare! Nobody likes blocked drains. Everything in the household may be put out of action as a result of this kind of blockage. The first course of action is again to consider the plunger.

Let's assume that you lift up the inspection/manhole covers outside your home and find that they are filled with sewage. Arm yourself with a set of drainage rods now, not just the single one required to unblock a WC pan (rods can be hired quite cheaply from most hire centres). Secure a 100 mm plunger on to the end and insert this into the next dry manhole chamber down from the blockage, aiming towards the one full of liquid. Insert the rod several metres and then pull it from the pipe. Nine times out of ten, this will create the suction required to dislodge the blockage. If you cannot locate a dry inspection chamber, you will need to try to pass your rods, with the plunger attached, through the sewage towards the outlet to pass it into the pipe. Again, once it is inserted, simply push and pull the plunger to create an alternating pressure to dislodge the blockage.

## Warning!

When the drainage rods are inserted into the drain, never turn your rods anticlockwise or you might unwind the plunger from the end of the rods and leave it behind inside the pipe, causing a *real* problem.

Unfortunately, plunging the pipework does not work in every situation, but always try it first. Where it fails, you will need to secure the worm screw attachment on to the end of the drainage rods. You then pass these down through the pipe until the blockage is found and then you need to give a few forward blows, hitting the blockage directly, attacking it from both directions if necessary – upstream and downstream. But remember: never turn the rods anticlockwise (see Figure 5.7).

Drainage systems installed in buildings prior to the 1960s often incorporated a special intercepting trap at the point where the house drain joined the public sewer. These are no longer installed because they were often the cause of blockages. If one of these is blocked in an older property, it will need to be plunged in the same way as a WC pan. However, if the blockage is downstream of the trap, there is a stopper that allows rodding access towards the sewer. The stopper should be removed by lifting it from its seating, pulling it up with the attached chain.

For smaller pipes a snakentainer (a rotary drain snake or flexible wire) is used, which again is passed into the pipe and continually turned clockwise, to dislodge any obstruction.

## Key idea

Clearly, when working blockages in the wastewater pipework, it is essential to take the appropriate hygiene measures and wear protective clothing and rubber gloves to avoid contamination by germs lurking in the drainage system.

One final point regarding blocked pipes is that, if you have to remove bolted-on access covers, particularly those inside the house in the above-ground part of the drainage system, give some thought to what might be behind the access door. These doors are designed to be watertight, so prior to opening them you cannot tell what is behind them. Since the pressure of the backed-up liquid contained within could be quite considerable, spraying the contents some distance from the opening, you will need to take precautions to avoid getting covered in effluent.

### **BLOCKED GUTTERS AND RAINWATER PIPES**

Over time your gutters will collect dust from the atmosphere, plus moss and other debris as it falls on and comes down from the roof. This inevitably silts up the gutters, making a wellwatered bedding material for seeds to grow in. Eventually the gutter will overflow because the water cannot freely pass to the downpipe. It is very easy to clear out this debris, and a useful tool to help with this is a small semi-circular section fixed on to the end of a pole, to pull any debris towards you. Simply collect the rubbish into a bucket for removal.

Take care when working up a ladder. If you do not feel confident doing so, it may be advisable to call on someone else



Figure 5.7 Rodding a drain

to do the work. If you do decide to do it yourself, always ensure that the ladder is 'footed' by another competent person so that it will not slip, and never overreach when working up a ladder. Never lean the ladder up against the gutter itself as it may cause damage, especially where a plastic gutter has been installed, but, more importantly, your ladder can also easily slip to the side when it is resting against such a smooth surface, making it very dangerous.

Should the rainwater pipe itself become blocked with debris, it poses a much more difficult problem. You can try poking a drainage spring up or down the pipe, but sometimes, especially if it is a plastic rainwater pipe, it is quicker to disconnect the entire pipe section and do the unblocking at ground level. Fortunately, it is usually just a blockage at the bottom end of the pipe that is creating the problem, causing the water to back up and come out of the joints, which are not made watertight – and, incidentally, were never intended to be watertight. A blockage at the bottom of the pipe is often the result of a blocked gully, which can simply be emptied physically by hand.

### Remember this

Always take extra care when working from a ladder. If in doubt, call in a professional. Every year many people die as the result of falling from ladders; don't add your name to the list!

## Smell of gas or fumes

Never allow this situation to go unchecked! If you smell a gas leak, take the following measures for your own safety because otherwise an explosion could result:

- 1 Turn off all gas appliances.
- 2 Turn off the emergency gas control valve at the gas meter.
- 3 Open all windows.
- 4 Do not operate light switches and extinguish all naked flames.
- 5 Call a gas service engineer or your gas supplier.

## Key idea

Just as you should know the location of your mains inlet water supply stopcock, you should know the location of the gas supply inlet. Make sure you can access it easily, in case you need to turn off the supply in an emergency. The telephone number of the national UK gas emergency service is 0800 111 999. In the US, simply call 911.

In newer houses, the gas meter and emergency control valve are often outside in a meter box. If you have a gas meter box, make sure you know where the key is kept in case of an emergency. You can close off the supply completely by turning the handle attached to the control valve just a one-quarter turn.

The products of combustion are highly dangerous, not just from gas appliances but also from any fuel-burning appliances such as those burning oil and solid fuel. You may smell products other than gas, and there is a good chance that these will contain carbon monoxide, a highly toxic gas (see Chapter 2). As above, if you smell any fumes, do the following:

- 1 Turn off the gas appliance.
- 2 Open the windows where the fumes are discovered.
- 3 If you feel drowsy, evacuate the building to get some fresh air.
- 4 Call a doctor if necessary.
- 5 Call a gas service engineer.

### Focus points

- 1 Turning down the incoming cold water supply stopcock will often cure a host of sloshing and banging noises in pipework.
- 2 Creaking floor joists are often the result of insufficient expansion allowance between the notch in the timber and a hot water pipe passing through, so, as the pipe expands due to heating up, it rubs against the timber.
- **3** A noisy boiler is often caused by corrosion or scale build-up within the heating circuit, leading to air becoming trapped in the boiler.

- **4** Do not undertake electrical work, such as changing the circulating pump on the central heating system, unless you are competent with electrical installations and know how to work safely in this field.
- **5** When radiators fail to get hot, the system could be poorly balanced or blocked by sludge, which is invariably the result of corrosion within the system.
- **6** Most blockages in wastewater pipework can be rectified by the use of a plunger.
- **7** When using a plunger, you must block up the overflow pipe, where one is fitted.
- 8 The trap beneath appliances such as sinks and basins can simply be disconnected and drained into a bucket. For this task the water does not need to be turned off.
- **9** When unblocking drains, take suitable precautions to avoid contamination by the foul and dangerous bacteria found in these pipe systems.
- 10 If you smell gas or fumes within a building, act immediately by turning off the appliance(s) and ventilating the property by opening all doors and windows. Do not operate any light switches, and call either a gas engineer or the supplier for further advice.

## Next step

In this chapter you learned how to solve various noise and other problems in your pipework and systems, including blockages in your drainage system. The next chapter deals with plumbing processes and focuses on installation requirements, including where to locate pipe runs in an emergency and where not to run pipes – which will help overcome some of the problems described in Chapters 4 and 5.



In this chapter you will learn:

- about the various plumbing materials and pipes
- about jointing to pipes
- about bending copper pipes
- about specialist plumbing tools
- about working practices
- about concealing pipework.

This chapter starts by taking a closer look at corrosion, what it is and why it needs to be considered when designing a plumbing system. The chapter then looks at some of the practical skills that need to be mastered in order for you to undertake specific plumbing tasks. Often it is a case of knowing how to undertake a job and what particular tools are available to help complete the task.

## Corrosion

Corrosion is a chemical attack on metal, which brings about its destruction. There are two forms of corrosion:

- atmospheric corrosion
- electrolytic corrosion.

### ATMOSPHERIC CORROSION

Everyone has seen atmospheric corrosion: leave a tin can in the garden and very soon it will be rusty and full of holes. It is the water and oxygen in the air that causes this corrosion: their presence on the exposed surface of iron causes oxidation. The resultant iron oxide is not stable and falls away, exposing more fresh metal, and the process continues until there is none of the iron left and only a scattering of iron oxide (rust) on the ground.

Atmospheric corrosion attacks all metals in this way but unless the metal is ferrous (i.e. contains iron) the corrosion formed on the surface of the metal is stable and so prevents any further corrosion. This process can be seen on a copper roof that has turned green – the green is the oxidized copper that has formed due to corrosion over a period of time. Copper pipe is unaffected by atmospheric corrosion and it can therefore be used for water supplies without fear. If we used iron pipes for water services, they would last only a very short time. You may find iron pipework in your home, but the iron has been covered with a coating of zinc, referred to as being galvanized, so the metal is in fact protected to some degree against atmospheric corrosion.

As discussed in Chapter 3, steel radiators are used in central heating systems and last for many years without rusting.

This may seem strange as they are totally filled with water, but for corrosion to occur there also needs to be oxygen present. There is a certain amount of oxygen within a sample of water, but the radiators do not rust because the water is never changed, except for repair work, and within a week or so of filling the system all the oxygen in it will have escaped back into the atmosphere. And with no oxygen there is no rusting.

### ELECTROLYTIC CORROSION

Galvanized mild steel – iron coated with zinc – is no longer installed in the home, although it can still be found. This pipework, although protected against atmospheric corrosion, is subject to another form of corrosion brought about by a process known as electrolysis. This is where one metal attacks and destroys another metal lower down the electromotive series. The electromotive series is a list of metals with different abilities to resist destruction by another metal – the metals lower down the list are less able to resist than those higher up the list. Where there is a mix of different metals within a system, the metal lowest on the list is destroyed first, before electrolytic corrosion begins on the metal next highest in the list.

The electromotive series of typical plumbing metals is:

- copper
- ► lead
- ► tin
- ▶ iron
- ► zinc
- aluminium.

Galvanized mild steel pipes are iron with a coating of zinc. The zinc coating not only protects the iron against atmospheric corrosion but also provides a sacrificial metal to be destroyed before the iron when mixed with other materials such as copper. If you look at the list above, you will see that the copper would destroy the zinc before the iron is attacked, as the zinc is lower down the list.

## Key idea

Atmospheric corrosion is the result of water and oxygen in the air acting upon the surface of a metal. Electrolytic corrosion is the reaction caused by two different metals, in contact with a liquid such as water, and results in one metal destroying the other.

# Pipework used for water supplies

You can buy a whole range of fittings designed to make all kinds of connections, such as for joining pipe to pipe or a pipe to an appliance. Today you can pick up special flexible pipe fittings designed to help you make connections to basins, baths and other appliances. In the past these connections could only be achieved with the use of a bending machine. For the past 50 years or so, copper pipe has been the material most widely used for running water through; however, plastics are being used more and more and, depending upon the age of your property, you may find other materials including mild steel and lead pipework, which is no longer installed but to which connections can still be made.

### CONNECTIONS TO LEAD PIPES

Lead pipework installations should always be removed where possible because the material is toxic and can contaminate the water supply. Any connections to lead pipework should be made only as a last resort – for example, if you need to make a connection on to an existing lead mains cold water inlet supply pipe. The connection is made using a special compression fitting. These joints are similar to the compression joint used for copper pipes (see below), except that they are much larger and have a rubber compression ring instead of the brass ring used for copper. These compression fittings (e.g. Lead-loc) can be obtained from most plumbers' merchants. The replacement of old lead mains should be considered at the earliest possible opportunity, for which a local government grant may be available.

### CONNECTIONS TO MILD STEEL PIPES

As with lead pipes, mild steel pipes should generally be removed whenever possible, as they have now well exceeded their expected lifespan. It is more than likely that they are excessively corroded inside and are affecting the volume of flow that you should expect. In fact, old steel pipework is one of the major causes of blockages to existing systems of water supply. Connections to mild steel pipework with copper will create additional electrolytic corrosion problems, as discussed above, and any connection made could be the source of a blockage problem within a few years.

Connection to the pipe can be achieved with a similar compression joint to that used on lead pipe, with a rubber compression ring. However, the best joint to use would be to make a connection on to a threaded joint. This would be one of the following:

- A male iron thread (an external thread)
- A female iron thread (an internal thread)

Figure 6.1 shows these fittings. The threaded connection is made by firstly applying a few turns, in a clockwise direction, of PTFE jointing tape on to the male thread of one fitting. This is then wound into the female thread of the other fitting, thereby forming a sound bonded joint. The copper or plastic pipe is then made on to this fitting as a compression connection (see below). It is possible to use a jointing paste instead of PTFE tape, but you will need to ensure that it is acceptable for use with the contents of the pipe, as indicated on the side of the tin.



### PTFE

PTFE is the abbreviation for polytetrafluoroethylene, which is a white-coloured plastic tape used extensively for making joints to threaded pipe connections, or as a packing material where some make-up to a small void is required. It is readily available and can be purchased at all plumbers' merchants. PTFE is known as Teflon in the USA.

## Copper pipework and fittings

Copper has become well established as a piping material suitable for all water supplies and in all circumstances. Making a sound water connection to a pipe is a relatively simple operation and, once you've mastered this skill, you will be able to undertake fairly substantial projects. There are three basic jointing methods used in the domestic environment:

- compression joints
- soldered joints
- push-fit joints.

### COMPRESSION JOINTS

These are made using a fitting that clamps a compression ring on to the pipe and wedges it into the fitting at the same time (see Figure 6.2). To complete a sound joint, take the following steps:

- 1 Push the nut on to the pipe.
- 2 Push on the brass compression ring.
- 3 Insert the end of the pipe fully into the fitting, making sure that it reaches the stop.
- 4 Push the compression ring along the pipe to the mouth of the fitting.
- 5 Now wind the nut on to the thread of the fitting in a clockwise direction. This pulls the compression ring into the fitting. It is essential that the compression nut is not tightened too much as this will distort the compression ring inside, which may cause a leak. The joint should only be tightened sufficiently to hold the connection firm. When the

water is turned on, it can always be tightened a little more if necessary, but once tightened too much no further tightening will cure the leak.

Note that no jointing materials are necessary to make this connection: it is a dry jointing method. However, a trick sometimes used by plumbers, especially where the compression ring used is not new, is either to wrap a ring of PTFE tape over the compression ring or to apply a little jointing paste on to the ring to make up for any blemishes. This is not applied on to the threads of the fitting, as these are just used to pull the joint together and do not make the seal.



Figure 6.2 Compression fittings

#### SOLDERED JOINTS

These are joints that have been made with the use of a blowlamp, although an electric soldering machine can also be used to supply sufficient heat to the joint without the need of a blowlamp. There are two types of solder fitting: those that contain a ring of solder (referred to as solder ring fittings) and those that require the solder to be applied from a reel (referred to as end-feed fittings) (see Figure 6.3). When using the solder ring fittings, no additional solder needs to be applied to the joint.

Note that the solder used for hot and cold water supplies needs to be lead free in order to avoid contaminating the water. However, where central heating pipework is being installed, it makes no difference what kind of solder you use. Both of these solders are readily available from plumbers' merchants.





To make a soldered joint, take the following steps:

- 1 Adequately clean the mating surfaces of the pipe and inside the fitting. Do this with wire wool or a special nylon cleaning pad available from plumbers' merchants.
- 2 Apply a suitable flux to the cleaned surfaces. This is a special paste, readily available from plumbers' merchants, applied in order to keep the work area clean while soldering, thereby allowing the molten solder to stick to the copper and flow

easily. Note that solder will not adhere to dirty or oily surfaces. (There are self-cleansing fluxes that will clean the pipe and fitting as the heat is applied, but take care: they can be aggressive, and any residual flux needs to be fully flushed from both inside and outside the pipe.)

- 3 Ensure that there is absolutely no water in the pipe when soldering, otherwise it will not reach a high enough temperature – even the smallest drop of water will prevent the solder from melting.
- 4 Using a blowlamp or a soldering machine, apply heat to the assembled joint to melt the solder. Apply the solder as soon as it melts do not simply hold the blowlamp there and burn away all the flux. If solder ring fittings have been used, the solder will be seen emerging at the mouth of the fitting. Then remove the heat source.
- 5 Take care not to set fire to any combustible materials in the vicinity.
- 6 Allow the joint to cool before moving it.
- 7 Finally, wipe off any residual flux otherwise, it will make the pipe go green from the effect of corrosion on the pipe.

Should the joint leak when you test it, you will need to completely remove it and form a new joint, using a new fitting. The problem is most likely to have been a dirty joint. Cleanliness and the application of a flux are essential in order to solder a joint successfully.

### **Remember this**

The completion of a soldered joint is a relatively straightforward task if you follow the guidelines above. There must be no water in the pipe in order to solder successfully. The pipe must be clean and have a suitable flux applied. Any joint that fails will need to be completely removed.

### PUSH-FIT JOINTS

There is a whole range of push-fit joints available. These joints are very effective and you should not worry that they will not hold the water pressure – as long as you have assembled the joint correctly, inserting it fully into the fitting and ensuring that it is pushed all the way up to the internal stop. The joint is achieved by the use of an internal 'O' ring. When elbow or bend joints are used, they have the advantage that they can be swivelled around to any direction, even when water is in the pipe. Because of this freedom of movement, the pipework does need to be fully supported with pipe clips (see below).

Push-fit joints cannot readily be pulled from the pipe as there is an internal grab ring preventing withdrawal. However, they can be dismantled and reused. To remove the joint (see Figure 6.4), push the end collet tightly into the fitting and, while holding it close to the fitting, pull out the pipe. Different manufacturers use different methods to disassemble the joint, so you may need to obtain further advice from the manufacturer of a particular fitting.

### **Remember this**

There is a simple way to ensure that a push-fit joint has been correctly and fully pushed into the fitting: put a pencil mark on the pipe at the distance from the end of the tube that would equal the depth that the pipe should enter the fitting.



elbow



section through a straight coupling



#### PIPE CLIPS

All pipework needs to be securely supported and held firmly by a pipe clip. These clips should be securely fixed to the wall or adjoining surface at a distance not exceeding the dimensions listed in Table 6.1 below.

Pipe size (mm)	Copper clips horizontal	Vertical	Plastic clips horizontal	Vertical
15	1.2	1.8	0.6	1.2
22	1.8	2.4	0.7	1.4
28	1.8	2.4	0.8	1.5

Table 6.1 Maximum pipe support spacing, in metres

# Bending copper tube

Copper tube can be installed using fittings throughout, thereby avoiding the need to pull any pipe bends. However, this would:

- increase the installation time
- add to the cost of the job
- increase the likelihood of leaks
- reduce the pressure available at the outlet, due to the increased frictional resistance caused by the fittings installed.

It is possible to purchase special flexible pipes and these do have a use in areas such as making the final connections to bath taps, but these would again increase the cost of the work if used extensively throughout a plumbing project and they do look unsightly. Bends pulled directly on to the pipe are preferable, but in order to form a bend you will need either a bending spring or a bending machine.

### USING A BENDING SPRING

This is the cheap option for pipe bending. A bending spring, if used correctly, will generally be more than adequate for occasional use. However, it is easily damaged and can get stuck inside the pipe if wrongly used.

There are several tricks for successfully using a bending spring:

- Don't pull the bend too sharply, i.e. have a long radius to the bend. As a general guide for a 90° bend on 15 mm copper pipe, the radius will be something like that if pulled around a pipe of 150 mm diameter.
- Always slightly over-pull your bend, then open the bend out again. This will release the spring inside the pipe to assist removal.
- When withdrawing the spring after pulling the bend, do not just pull hard at the end of the spring, but turn it in a clockwise direction. Do this with the aid of a screwdriver passed into the loop at its end. This tightens the spring up, forcing it to a smaller diameter. Just pulling hard to remove the spring will damage it.
- If it gets stuck, try gently closing and opening the bend a little to free up the spring.

Bending springs are ideal where small bends and direction changes are required and when used to form offsets in the pipework. With the spring inserted into the pipe, pull it around a round object or around your knee, keeping the radius smooth and not too sharp (see Figure 6.5). If at any time a ripple begins to form in the bend, immediately stop the process and withdraw the spring as it will undoubtedly get stuck inside the pipe.

#### USING A BENDING MACHINE

A small handheld bending machine will last a lifetime. It will cost more than a bending spring but you can also hire one by the day. With a bending machine it is possible to form all kinds of weird and wonderful shapes. A few simple operations are explained here, but if you struggle to pull a 90° bend to the accuracy described, do not worry; just pull the bend with a little extra spare pipe and cut it to the required length as necessary.



Figure 6.5 Pipe bending with a spring

### Forming a bend

The procedure described here can be used to form a bend at any angle up to  $90^{\circ}$ .

- 1 First, measure and mark on a straight length of pipe the distance to the back of the bend you require, as shown in Figure 6.6.
- 2 Place the pipe into the bending machine with this mark square in line with the back of the bending machine.
- 3 Attach the hook of the tube stop to the pipe.
- 4 Position the back guide on the pipe and engage the roller to hold it in place.

Finally, pull down the lever arm to form the bend, stopping when the desired angle is achieved. Note that to form a bend in 22 mm pipe requires considerable strength.



Figure 6.6 Pulling a 90° bend

### Forming an offset

An offset is a series of two bends that, in effect, allows the pipe to continue in the same direction but along a new parallel plane. This is achieved as follows:

- 1 Take a measurement of the required offset.
- 2 Now pull the first bend to an angle within the machine. This angle can be as large or as small as suits your needs, but should not be too sharp otherwise there will be insufficient room for the tube stop and hook to sit on the pipe when making the second bend. An angle of around 30° is usually about right.
- 3 The pipe is now repositioned in the bending machine, with the bend you have just pulled pointing upwards. Ensure that

the pipe is lying in the bender with the first offset in line with the direction of the roller, otherwise your second bend will be pulled in a different plane. Place a straight edge parallel to the angle of the first bend formed, to measure the required distance of the offset (see Figure 6.7).

4 Once you have measured the correct distance for the required offset and put the tube stop in place, the pipe can be pulled round until the correct angle is achieved along the new parallel plane.

# Plastic pipework and fittings

Over the past 20 years or so there has been quite a revolution within the plumbing industry regarding whether to use copper or plastic for the pipework within a building. Plastic pipework can be used safely for both cold and hot water supplies, including the central heating. Plumbing systems can certainly be installed much more quickly with plastic piping, and no jointing is required in long pipe runs. It is also easier to poke or push it through difficult locations or pipe ducts. Water noise due to water flowing through the pipes is also greatly reduced. But, for pipes that will be seen and that run on the surface, plastic looks rather messy. It lacks the sharpness and conformity of a regular shape that one expects from a piece of copper tube.

Fortunately, nowadays the external pipe diameter of most plastic pipe is the same as for copper, and therefore you can simply use a mix of the two materials, running plastic below floors and anywhere else they won't be seen, and making the final connections that will be on show in copper. The push-fit method of jointing would be used (see above).

The polyethylene (PE) plastic pipe used underground, such as that used for the mains water supply pipe from the road into a building, is of a different type and to make this type of joint a special compression fitting is usually used, although some pushfit joints can be used. It should be noted that, when making this plastic joint, an internal sleeve is inserted into the tube end as it enters the fitting, thereby providing additional support. Polyethylene pipe has a very thick wall so, for example, 25 mm PE equates to 22 mm copper pipe and 20 mm PE equates to 15 mm copper pipe.



Figure 6.7 Forming an offset

### PLASTIC WASTE PIPEWORK

Within the home, plastic plumbing materials for internal drainage pipes have been used now for well over 40 years. These materials are very simple to join together and, when installed correctly, last for many years without any problems. The three types of joint used are:

- push-fit
- solvent-welded
- ▶ compression fitting (see Figure 6.8).

### Push-fit joints

These consist of a large 'O' ring housed within the fitting and into which the spigot of another fitting or the plain end of a pipe is pushed. In order to make a successful joint, the pipe needs to be cut square and a small bevelled edge chamfered on to the pipe end, using a rasp or similar tool. Now, ideally, some silicone lubricant or soap solution is put on to the pipe and it is pushed firmly into the fitting. Where a long pipe run has been made, it is advisable to re-pull the pipe from the fitting a little, say 10 mm, thereby allowing for expansion of the plastic pipe.

### Solvent-welded joints

These joints, once formed, cannot be reused, unlike the push-fit joint, which can be pulled apart and used over and over again. The solvent-welded joint uses special solvent weld cement. It is not a glue used to stick the two surfaces together but a solvent that burns into the pipe and the fitting, thereby bonding the two to form a sound, firm joint. Once made, the joint hardens within seconds and, when fully set, no amount of pulling or twisting will have any effect. To form this type of joint, follow these steps:

- 1 First, clean the pipe end and the internal surface of the fitting with a solvent cleaner. This process can be omitted if your fittings and pipe are reasonably clean.
- 2 Now smear a thin layer of solvent cement on to the pipe end and inside the fitting to be joined to it. Bring the two

together quickly, giving a slight twist, thereby ensuring that the cement is in contact with all parts of the mating surfaces. Before the solvent sets, make sure the bend, if used, is facing in the desired direction. Leave the fitting to stand for a few minutes, after which time it will be set quite firm and will generally be ready for use.

**3** It is essential not to use too much solvent cement because excess cement will be pushed into the pipe and wasted, and the joint will take much longer to set. Solvent cement gives off vapours, so do not use it in confined spaces without plenty of ventilation. The cement is also highly flammable.



Figure 6.8 Joints used on plastic waste pipe

## Remember this

When forming a solvent-welded joint on plastic waste pipe, remember that, once the joint has set – usually within 30 seconds or so – the joint cannot be pulled apart. If incorrectly positioned, the joint would need to be cut out of the pipeline.

Compression joints

Waste pipe compression joints are generally restricted to the connections of traps to the pipework. For this joint, a rubber compression ring is used. To form this type of joint, follow these steps:

- 1 Push the nut on to the pipe.
- 2 Push on the flat plastic washer.
- 3 Push on the rubber compression ring.
- 4 Fully insert the end of the pipe into the fitting, making sure it reaches the stop.
- 5 Push the compression ring along the pipe to the mouth of the fitting.
- 6 Now wind the nut on to the thread of the fitting in a clockwise direction. This pulls the flat washer up to the compression ring, forcing it into the fitting. These joints are generally made watertight by no more force than that required to tighten the nut up by hand.

# Specialist plumbing tools

Before starting out on any plumbing job, you will need a selection of tools to enable you to complete the task with relative ease. If you do not have the correct tools, you will become frustrated very quickly and find you wish you had never started the job in the first place.

5 <sup>0</sup> 	Various sized screwdrivers both cross and straight based types
r k	Claw hammer and selection of wood chisels
*	Club hammer for heavier work and a selection of cold chisels for brickwork
×	Various adjustable spanners
*	One or two adjustable wrenches such as pump pliers or Stilsons
*	Basin spanner*
×	Large-framed and junior hacksaws, plus some spare blades
×	Cutting knife (e.g. Stanley)
×	Wood saw
×	Copper tube cutters*
×	Various rasps and files
×	Side cutters and pliers
×	Large and small spirit level
×	Tape measure
*	Stopcock key (see Chapter 4)
×	Temporary bonding wires*
ķ	Blowlamp
×	Sink plunger & 150 mm plunger for WC pans (see Chapter 5)
*	Pipe bender (see Chapter 6)
×	Battery drill and various drill bits for both wood and wall
ķ	Dustsheets
ķ	Personal safety equipment

#### THE BASIN SPANNER

192

This tool is essential if you need to tighten or loosen the nuts located up behind a bath, basin or sink where space is very restricted. There are several designs of basin spanner, and the design you use is very much a matter of choice – I personally find the adjustable wrench type the most versatile (see Figure 6.9).

Explaining how to use this spanner is difficult and it is really necessary to get some hands-on practice. You can change the turning direction, i.e. clockwise or anticlockwise, of the adjustable wrench shown simply by altering the direction to which the toothed head is facing at the top of the shaft.



Figure 6.9 Basin spanners

#### THE TUBE CUTTER

This is not an essential tool because you can cut a pipe with a hacksaw, even a junior hacksaw, but it will cut the pipe squarely and with a great deal of ease. However, its biggest drawback is that it puts a small internal burr on the pipe. Often the plumber does not worry about this, but it can cause noise problems that are not identified until it is too late to do anything about it. The internal burr should ideally be reamed or filed out, and many cutters include a reamer for this purpose. The cutter is operated by winding down the handle until the single roller touches the pipe (see Figure 6.10). The tool is then rotated fully around the pipe; the handle is then wound down another half to one turn and rotated again. You repeat this process as many times



Figure 6.10 Copper tube cutters

as necessary until sufficient depth has been cut into the pipe to cause it to part. A particularly good cutter for getting into tight areas is the pipe slice, but with this you need to select one of the correct size, i.e. 15 mm or 22 mm. This design of cutter automatically cuts the pipe as it is rotated, without you needing to adjust the blade depth.

These cutters will cut right through the pipe so, before you cut it, it is absolutely essential to check that there is no water within the pipe, otherwise this will flow uncontrollably from the pipe ends when they part.

### TEMPORARY CONTINUITY BONDING WIRE

Although pipework these days is supposed to be bonded and safe from electrical currents (see equipotential earth bonding in Chapter 1), it is possible that there might be a fault, unknown to anyone, in which an electrical current is flowing down to earth through your metal pipework. Anyone who cuts the pipe and pulls the two sections apart runs the risk of being electrocuted. Plumbers rarely use a temporary bonding wire and are even more rarely electrocuted, but it does happen (on only half a dozen or so occasions a year), occasionally fatally. The choice is yours. What happens is that the fault current flowing down through the pipe to earth is interrupted as the pipe is cut. As the operative holds on to the two separate pipe ends, the current can resume its path and flow through the individual, up their arm, through the trunk and heart and back down the other arm to rejoin the pipe. Their muscles will contort with the shock and they will grip the pipe more tightly and be unable to let go.

In order to ensure complete safety, anyone doing this sort of plumbing work should place a temporary bonding wire across the section to be cut, so that, in the event of a current flowing, the fault path is maintained as the two pipe sections are pulled apart. This bonding wire should be kept in place until the pipe section is reinstated, such as when inserting a new tee connection. A bonding wire is essentially the same as a set of car jump-start leads (see Figure 6.11).



Figure 6.11 Temporary continuity bond

# Concealing your pipework

Most people do not like to see pipework, so concealment is one of the keys to a successful plumbing job. Pipes run on the surface can never be made to look good, so hiding them within walls and below floors should always be considered. However, there are a few specific requirements that need to be observed. Figure 6.12 shows methods that can be used.

## Remember this

When concealing any form of pipework, consider noise transmission and the effects of placing pipes inside compartments and below floors. They will often act as a resonator and increase the volume of any noise generated. Secure where necessary, allowing for movement, and use rubber or foam mountings.

### PIPES BELOW FLOORS

### Solid floors

There is no problem in running the pipework within the floor screed (i.e. the top layer of sand and cement) providing there is some protection around the pipe to prevent chemical attack or corrosion caused by the cement. In the case of heating pipework, there also needs to be some provision to allow for expansion. This can be achieved by placing the pipe within some thin lagging material or running it within a small floor duct, covered with a plate. If you wish to run the pipe in concrete, it will need to be fully protected and to do this you could run it within a larger-sized pipe.

### Timber floors

It is essential to remember that, if you cut too much material from a structural floor joist, you will weaken it, possibly making it unsafe. For example, the maximum depth to which a floor joist can be cut is one-eighth of the overall depth of the joist, and the notch should be made close to the bearing wall. Also, when running pipes below timber floors, remember to allow for expansion and contraction, and possibly consider



Figure 6.12 Concealing pipework within walls and floors

laying the pipes on to felt pads to cut down the noise from these movements. You should also avoid pipes touching each other because this will also create noise problems.

### PIPES WITHIN WALLS

### Solid walls

Pipes can be concealed within an internal wall within a pipe chase (a channel cut into the wall, as seen in Figure 6.12) and simply plastered over; however, there must be provision to isolate the pipe should a leak occur. Again, ideally the pipe should be protected against acid attack from cement-based products. As with floor joists, there is a maximum depth at which any pipe chase can be placed before weakening occurs – this depth is onethird of the thickness of the wall for vertically installed pipes, and one-sixth where the pipe chase is run horizontally.

### Timber walls

When running pipework within timber stud walls, you must consider the possibility that the water flowing through the pipes could resonate through the structure. Securing the pipe clips on to rubber or felt mountings and adding additional pipe insulation material will help to reduce this. Above all, ensure that the system is fully checked for leaks before finally sealing in the pipes.

In all cases, wherever pipes will be inaccessible once they have been installed, joints should be kept to a minimum as these are generally the weakest point of the system and are the most likely to cause problems. Where possible, fit an access panel, screwed in place, to enable future access if required.

### Focus points

- 1 Atmospheric corrosion is the result of water and oxygen in the air attacking metal pipework. Iron is attacked the most severely with the iron oxide (rust) that forms continually dropping away to expose fresh metal, which in turn also rusts away.
- 2 Electrolytic corrosion is the result of two different metals being in contact via a body of water, through which the passage of electrically charged ions can pass. The metal lower down the electromotive series is slowly destroyed.
- **3** Any existing lead pipe, used for cold or hot water services, should always be removed if possible. Where this is not possible, make any connections to the lead pipe using compression-type joints.
- **4** Mild steel pipe should not be used for cold and hot water distribution pipework as it is rapidly corroded by atmospheric and electrolytic means.
- **5** PTFE, which stands for polytetrafluoroethylene, is a jointing tape sometimes used to make joints to pipework.
- **6** When soldered joints are to be used to make joints to copper pipes, the solder used on cold and domestic hot water supplies must be lead-free.
- 7 Plastic pipe used for water services is the same diameter as copper tube pipework, and push-fit joints can be easily made to join the two materials. Plastic can be used very successfully on all systems without fear of leaking joints.
- **8** To get to the awkward pipe joints behind sink and basins, use a special plumber's tool called a basin spanner.
- **9** When removing a section of pipe, it is advisable to insert a temporary bonding wire to prevent the possibility of electric shocks.
- **10** Consider possible future access to concealed pipework and remember to allow for expansion and noise transmission.
### Next step

200

In this chapter you learned about the different plumbing tools and materials, and how to bend and join pipes and conceal unsightly pipework. You also learned about safe working practices. Once you have understood the material in this chapter, it will be much easier to carry out the range of tasks in the next chapter, which looks at how to maintain the various systems so as to prevent and overcome the plumbing problems described in Chapters 4 and 5.



# Ancillary works and maintenance

# In this chapter you will learn:

- about employing a qualified professional
- about gas or oil boiler maintenance
- about gas-fire maintenance
- about general plumbing maintenance
- about maintenance of unvented hot water systems.

To keep your systems free from too many problems, they need regular servicing and maintenance. Some of this servicing should be done by a professional, and this chapter identifies what you should be looking for when employing someone to do this work for you.

# Employing a qualified professional

Plumbing work around the home is generally within the grasp of anyone. With manufacturers making the assembly of components easier and the costs of employing a professional to do the work increasing, it seems sensible to look for other options such as DIY. However, there will come a time when you wish to call someone in to do the work. So who do you call?

Unfortunately, many people think that, because they can join two pipes together or can wire up an electrical component, they can now earn a living and trade as a 'professional'. However, a truly professional plumber or electrician will have undergone extensive training in system design and been tested on their ability to do the work properly.

As we have seen, running pipes and cables of an incorrect size or following the wrong route can lead to problems that may be long-term and recurrent, and even dangerous. Untrained operatives may undertake work that fails to perform as it should and that, due to ignorance or even deliberate action, infringes the various regulations in force.

There is no law to stop anyone trading as a 'plumber' or as an 'electrician', but there are laws in place that require most work activities to be certified as completed correctly and to the right standard.

### Key idea

Finding the right person to do work for you can be a nightmare. Ask what qualifications the operative has and ask to see any appropriate registration cards they may have. Ask for references and take these up. Once you have found a good contact, look after them; a professional who knows their stuff is worth every penny.

#### CERTIFICATION

Over the past decade or so there has been a shift in the law, which has put more and more onus on the householder to take responsibility for what they have in their home. If it is your home, you may be liable to prosecution for works completed that fail to comply with current regulations.

A professional will usually be registered with a national validation body, such as one of those listed in Appendix 3, allowing the work to be undertaken immediately and permitting self-certification. Anyone else may be legally bound to seek approval in writing to do the work. If you do not do this, you risk breaking the law with your installation. Appendix 1 highlights the legislation that currently applies, and failing to employ the right person might result in you having to try to get work certificated at a later date, or failing to comply with the small print of your home insurance policy should you wish to make a claim.

Professionals have to ensure that at all times they comply with changes in legislation, and to achieve this they invariably need to:

- pay annual fees to belong to a professional body
- pay for continued training and assessment
- take time off from work and therefore lose earnings to attend courses
- comply with additional safety laws, which have additional cost implications.

All these costs have a knock-on effect on what you would expect to pay for an hour's or a day's work.

#### Gas installation work within your home

It is illegal for anyone to undertake gas installation work for monetary gain unless they are registered onto the Gas Safe registration scheme (see Appendix 1: Legislation). Employing someone who you know is not registered could also be deemed to be an offence. It is essential, therefore, that you always check to see the operative's current Gas Safe registration card, identifying on the back of the card what gas work they have been assessed to undertake.

#### Electrical installation work within your home

Again, all electrical work undertaken must be certified as safe – without this certification you cannot be absolutely sure that the work has been carried out by a competent operative. For example, a central heating installation has an electrical supply and therefore its installation legally requires a minor works certificate as a minimum.

# Finding the right professional

Where do you go to get the right plumber, heating engineer, gas engineer or electrician?

- st One of the best options is through a recommendation.
- Next, try contacting one of the recognized professional bodies such as those listed in Appendix 3: Taking it further. These bodies generally maintain lists of trading operatives local to the area where you live or where you require the work to be done.
- Do not necessarily go for the big ads in trade indexes such as Yellow Pages. These people may or may not be any good. My view is that a good company does not necessarily have to advertise for work.
- Don't accept the first quote you are given for a job; try to get at least three estimates where possible.
- Don't necessarily go for the cheapest option and don't have the work completed by someone who cannot offer the full services and, where necessary, the essential certification as identified above and in Appendix 1: Legislation.

# Gas or oil boiler maintenance

Boiler manufacturers usually recommend that boiler servicing be undertaken on an annual basis, so I could not possibly recommend anything less. If you don't touch the boiler, it may work for years, but will it be working safely and efficiently? That's the question!

Servicing is not carried out just to ensure that the boiler stays working: it is also to ensure that it stays working safely. Without an annual check-up, the odourless combustion products from a faulty appliance may discharge into the room. Combustion products do accumulate on the heat exchanger within the appliance and in so doing reduce its efficiency. Most modern gas boilers have very compact heat exchanger fins, which can block up rapidly.

All kinds of service contracts are provided by installers, at a range of costs. Some companies seem to do no more than stick a flue gas analyser into the flue to take an efficiency reading of the appliance and measure for carbon monoxide (CO). They might only consider undertaking a full service if the reading is too high, but this is not a service and is sometimes called a safety check. However, the sample flue gas products obtained will only be accurate at the time of taking the reading. If there is plenty of fresh air around, this may lead to a good reading; conversely, if on another occasion no fresh air can get into the appliance, the reading may well be worse, and it could deteriorate over time.

A service is a full check of the running condition of the appliance as recommended by the manufacturer. Ideally it would also include undertaking a flue gas analysis before and after the service. The service itself would include, among other things:

- ▶ a check on the gas burner pressure or oil pressure, as applicable
- checking the correct ventilation or air supply to the appliance
- ▶ inspection and, if necessary, cleaning of the heat exchanger
- ▶ inspection and, if necessary, cleaning of the burner head
- an inspection to confirm the correct fluing arrangements
- cleaning out, where applicable, the condensation trap as found in a high-efficiency or condensing boiler
- checking the flame ignition and flame failure devices
- checking pressures or levels of expansion vessels
- checking correct operation of thermostats
- checking pressure-sensing devices
- checking the system controls for correct operation
- ▶ above all, checking the safe operation of the appliance.

7. Ancillary works and maintenance (205)



There is no law to state that you cannot service your own appliance in your own home. But would you be sure that you have an appliance that is operating safely? Oil engineers registered with OFTEC and gas service engineers registered on the Gas Safe scheme have been assessed on their ability to undertake work on these appliances. Ask what their service consists of and whether they will be giving you a service or safety check. There is no law to say that a certificate should be given for a service, but you should try to find out what they will be doing for their money.

# Gas fire maintenance

Gas fires are often installed and run for years without anyone checking them. Some of the old gas fires still in use today have been in operation for well over 30 years, possibly never having been inspected since the day they were installed. Over this period they will have suffered the strain of time and will invariably have cracks in the heat exchanger, unseen by the user, and products of combustion, including carbon monoxide, may be drawn into the room. In Chapter 2 the dangerous effects of carbon monoxide (CO) inside a room were discussed.

Also consider the poor birds outside in the winter! Where would you sit if you were one? On top of the chimney pot is a nice warm spot, and it also makes a nice place for them to leave their droppings. Unfortunately birds inevitably 'fall off their perch', sometimes down the chimney. All the droppings, dead birds and other material such as leaves accumulate within the chimney and eventually create a blockage in the flue system.

The gas fire installed to a blocked flue will still operate, but it will discharge its products into the room rather than up the flue. Carbon monoxide has no smell so you won't even know that you are being poisoned. If you look at Table 2.1, relating to carbon monoxide poisoning, you will see that there only needs to be as little as less than 1 per cent within the room before a fatality will result within a few minutes.

It is important occasionally to have your gas fire checked out by a professional; it may save your life! An expert will not only check that it is operating safely but will also check the operation of the flue. Expect the service engineer, as a minimum, to:

- remove the fire for inspection and, if necessary, clean the burner head
- check the condition of the radiants and heat exchanger, replacing any faulty parts
- check for the correct ventilation of the appliance
- check for the correct fluing arrangements, removing any debris
- undertake a flue flow test, which consists of passing a quantity of smoke up through the chimney to confirm that it is clear
- ▶ reinstate the appliance, ensuring a secure fixing and that the flue seals are maintained
- check the gas burner pressure
- check the flame ignition and flame failure devices
- undertake a spillage test while the appliance is in operation.

The spillage test is one of the most important tests and is undertaken by holding a special smoke-producing match at a position around the canopy just above the flames or radiants. If the products of combustion spill into the room, the smoke will likewise be pushed back into the room; conversely, if the products are being drawn into the flue, the smoke likewise will be sucked into the chimney.

#### Key idea

One of the indicators of a gas fire continuously spilling products of combustion is black staining to the walls or on the canopy of the fire, just above the flame itself. 

#### DECORATIVE FUEL-EFFECT GAS FIRES

These fires have been around now for some 20-30 years. In the early days they were put together quite precariously, often

consisting of a bent copper tube with a series of small holes drilled into it and laid in a bed of dry sand, through which the gas could filter and escape, creating the effect of naturally burning coal or wood.

The design of these fires has improved considerably since then, and fires of this nature fitted these days even have their coals laid out onto the fire bed in a systematic order. It is important to be aware that they are 'fuel-effect' fires, not real solid fuel fires, and so you should not throw certain items on to them, such as paper, cigarette ends and so on, to burn them. Of course these items will burn, but in so doing they pass combustion products, including carbon or soot, into the flue system where they accumulate, reducing its effectiveness. Also, these items will leave deposits of ash, which will not be cleared away as they would with real coal or wood-burning fires. This ash accumulates and disrupts the correct operation of the fire, again possibly leading to combustion products escaping into the room.

#### Remember this

All gas appliances within the home, such as a water heater or cooker, should still occasionally be given a safety check, even though they rarely cause fatalities.

# General plumbing maintenance

All parts of your plumbing system should be checked occasionally, even the areas that you do not expect to go wrong, such as your loft cistern, stopcocks and valves. If you have an unvented system for your hot water, this should also be subject to regular maintenance.

#### PLUMBING IN THE LOFT

This area of maintenance is often overlooked. Unless the cistern overflows, no one generally goes near their cistern(s). However, modern overflow pipes have a filter within the housing that connects to the cistern wall and the lid will also have a filter in its vent and these filters should be checked occasionally. They are unlikely to become blocked with insects and other debris, but the time to find out is not when the cistern starts to overflow because the float-operated valve is not closing off properly.

To inspect the overflow and lid filters, take the following steps:

- 1 Hold the ball float down below the water level to allow the cistern to overflow for a moment. This will confirm that the filter is free and that the overflow is effective, without any leakage.
- 2 Check the security of the lid.
- 3 Confirm that the insulation material is held securely in place.
- 4 Check that the isolation valves are operating freely.
- 5 Look for general signs of fatigue or damage, particularly with older galvanized cisterns.

#### COLD AND HOT WATER SUPPLY STOPCOCKS AND VALVES

All the internal valves used for turning off the hot or cold water pipework should occasionally be operated. This prevents them from seizing up and keeps them operational in the event of an emergency. Check also that the label identifying what services it supplies is still in place and legible.

#### UNVENTED SYSTEMS OF HOT WATER SUPPLY

Unvented systems incorporate several fail-safe devices but, even so, these systems do have the potential to blow up!

- ► If the pressure and temperature relief valves fail to operate along with the temperature thermostats, the pressure will continue to rise within, until it can take no more.
- ► The pressure in these systems has the potential to increase above 1 bar (this being the pressure created by the atmosphere surrounding the system). Water boils at 100°C at 1 bar pressure, but at greater pressures the boiling temperature of the water increases. Because of this, if a fracture were to occur in the cylinder when the pressure is higher than 1 bar, all the water would instantaneously

flash to steam as it came under the influence of atmospheric pressure. When water changes to steam, it expands around 1,600 times, so the damage from such a steam explosion could be catastrophic.

As a minimum, you need to check the test levers to ensure that they are still functioning. In an ideal world this should be an annual check but in reality this task, like many maintenance tasks, is wrongly put off until another day. I would *not* recommend putting off the maintenance of these controls indefinitely.

Unfortunately, the biggest problem is that, when these test levers are operated, they invariably let-by (in other words the valves do not close off properly) and they drip – and continue to drip. This dripping may be due to some limescale building up beneath the valve head, which suggests that the valve needs replacing in any case. Changing the valve should be undertaken by a qualified operative because, technically, these are the only people, identified under the Building Regulations, with the proven competence to replace them.

Should a specialist be called in to check your system as part of a maintenance contract, in addition to checking that these test levers operate, they should as a minimum also check:

- ▶ the pressure/volume capacity of the expansion vessel
- ▶ the in-line filter for debris
- that the normal operating thermostat is functioning, closing off at 60°C maximum.

Typical problems generally encountered with these systems include the following:

Water discharging intermittently from the pressure relief valve. This is generally due to a pressure build-up within the system, possibly caused by:

 $\triangleright$  a faulty pressure-reducing valve

▷ a faulty expansion vessel (which will probably have lost its air pressure charge), so that as the water heats up it cannot expand into the expansion vessel and it forces open the pressure-relief valve. Where the air charge pressure is lost from a sealed expansion vessel, the system will need to be drained down and the vessel repressurized.

- Water discharging continuously from the pressure-relief valve. This could possibly be caused by:
  - $\triangleright$  a faulty pressure-reducing valve
  - $\triangleright$  a piece of grit lodged beneath the outlet valve seating of this control.
- Water discharging from the temperature-relief valve. This could be the result of:
  - ▷ a piece of grit lodged beneath the outlet valve seating of this control
  - ▷ both the normal operating and high-limit thermostats failing to operate.

In all these cases it is essential to investigate the cause of the problem and not simply plug off the water seepage with a fitting to stem the water flow. The seepage is telling you that something may be wrong!

#### Focus points

- 1 Remember to ask to see the Gas Safe registration card when employing a gas engineer to do work within your home.
- **2** Ask to review the back of an operative's Gas Safe registration card to confirm that the operative has been accredited for the work you wish them to undertake.
- **3** If in doubt, phone the validation body to confirm the details of certification.
- **4** When some kinds of electrical work are completed in your home, the work must be certified as safe, and you should keep a copy of the certification.
- **5** Annual inspections of gas appliances should be undertaken to ensure that the gas appliance is working safely.
- 6 Don't forget to have the gas fire serviced as well as the boiler.

- 7 When looking for a professional to undertake work for you, try to get a recommendation and don't necessarily go for the big advertisements.
- **8** Always get several quotes for works to be completed in your home, to ensure a fair price.
- **9** If you have an unvented domestic hot water supply system, have the system inspected and the safety components checked as working, to ensure that limescale or seizure is not preventing the components from doing their job.
- **10** Never plug off a dripping safety valve; get it replaced.
- Next step

In this chapter you learned the importance of maintaining a system to prevent the problems associated with things going wrong and breaking down, and how to locate the right person to deal with specific gas and electrical works. The final chapter deals with altering or making additions to the various plumbing systems you may have in your home, when you can refer back to the first chapters describing the cold and hot water supplies and drainage systems. You will also find Chapter 6 useful to refer to when you are undertaking small plumbing projects to ensure a safe, well-maintained and effective system.



# Undertaking small plumbing projects

In this chapter you will learn:

- how to install a washing machine or dishwasher
- how to install a water softener
- how to make a connection to the soil pipe
- how to install an outside tap
- how to remove a radiator to decorate behind it
- how to repair or replace the incoming cold water supply main
- how to install a new storage cistern
- how to repair a faulty immersion heater
- how to insulate to prevent freezing and frost damage
- how to install guttering and rainwater pipes
- how to install a range of sanitary appliances
- how to replace a shower booster pump.

This chapter shows you how to undertake some of the smaller plumbing tasks that you may wish to tackle yourself. It assumes that you have read and understood the basic plumbing processes discussed in Chapter 6, and that you know how to turn off the water supply (see Chapter 4) and therefore have an adequate grounding to tackle these small projects.

As your confidence grows, you will soon discover that, by following the same basic principles and taking your time to think through how best to tackle a particular job, all kinds of tasks can be attempted. The instructions here allow you to sequence your activity and break down tasks into small, manageable chunks.

# Preparation and first principles

Invariably it is the preparation that takes most of the time. Taking up floorboards and making way for pipe runs is the donkeywork – the running of pipes is often the easy bit. Start by getting rid of everything that's no longer wanted – it's going anyway and, if you try to work round things, it slows you down and prevents you running the pipework as you would choose to. With the old products out of the way, you can easily gain access to areas below floorboards or behind timber panels where the new pipework may be run (i.e. out of sight). Having cleared everything away, you will have made room to work comfortably instead of falling over everything.

You will find that the same principles apply whether you are installing a single WC or a complete bathroom suite. In all the projects described, the sequence of events will go something like this:

- 1 Turn off the water supply and hot water heaters where applicable.
- 2 Confirm that the water has shut off correctly.
- 3 Remove items that are no longer wanted.
- 4 Temporarily cap off the pipework at a point where the new connection is to be made, and turn the water supply back on until the new work is ready to be connected.

- 5 Prepare the work area for the new installation, running all new pipework and installing the appliances.
- 6 Turn off the water supply and make the new connection as necessary.
- 7 Turn the water back on and test the new appliance as appropriate.

# Key idea

All the jobs described in this chapter share similarities, so, before undertaking any of them, read the chapter in its entirety because you may find that tips for one job are also applicable to another.

#### Remember this

If you require some expert advice or the services of a professional, see Appendix 3: Taking it further.

# Installing a washing machine or dishwasher

This is one of the simplest projects to undertake as an introduction to doing your own plumbing works. The requirements for a dishwasher are the same as those for a washing machine so, in effect, these notes are applicable to both appliances. When you purchase the machine, it will come with its own set of installation guidance notes that you can use to support what is written here. To complete this task, you will need:

- adequate space into which the appliance can be fitted
- ▶ an electrical supply point within reach of the appliance cable
- a drain within close proximity or along the same stretch of wall
- ▶ a hot and cold water supply, the closer the better.

Most machines will work with just a cold supply and some machines only require this, but if there is no hot supply the operating time of the machine will be longer because the machine will have to heat the water. Check with the machine supplier; heating water using electricity is generally less economical than using your normal hot water supply.

Assuming the first two points are fulfilled, all that needs to be done is to run the waste pipe and water supply connection.

#### THE WASTE PIPE

If you are lucky, you will be installing the appliance next to an existing sink. Look at the trap from this sink; if it is plastic, it may already have a special washing machine trap fitted for a branch connection to a washing machine or dishwasher (see Figure 8.1). If this is the case, all you need to do is cut the blanked end off to enable you to push the washing machine waste pipe hose on to the tapered connection and secure it in place with a large jubilee clip (available from plumbers' merchants and hardware stores).

If there is not one of these traps in place, the best option is to purchase one and replace the existing trap, altering the existing waste pipe to the sink if necessary. Sometimes this may require the replacement of the existing sink waste pipe, but this is often still the best option and overcomes the need for the additional waste pipe, which would be required as the alternative. You should avoid cutting a tee branch connection into the existing waste pipe, as is often done by the DIY plumber, as this may result in problems with trap siphonage (see Chapter 1).

Where it is not possible to make a connection to a washing machine trap, a new waste pipe will need to be run. To do this you would need to gain access to a drain connection. Look outside the building for a gully into which you could discharge your new waste pipe.

Alternatively, you may need to make a boss connection into the soil stack as it passes down to ground level. This is a much bigger job, for which you will need to refer to the notes later in the chapter on making a branch connection to the existing vertical soil pipe.



Figure 8.1 Installing a washing machine or dishwasher

If you have decided to run a completely new additional waste system for the washing machine, the pipework must be run following the guidelines for waste pipework in Chapter 1, with a minimum waste pipe size of 40 mm ( $1\frac{1}{2}$ "). The new waste system will need a trap to be fitted and the pipe terminated with an upstand, as shown in Figure 8.1. The washing machine waste pipe is then simply hooked into this upstand.

#### THE WATER SUPPLY CONNECTION

The flexible hot and cold hose(s) from the appliance must next be connected to the water supply. To make this connection you need to terminate your pipe with a quarter-turn washing machine valve, one for the hot water and one for the cold, within about 300 mm of the back of the machine. As with the trap, look first to see if these are already there. If they are not present, a new connection will need to be run.

To complete this task, you need to do the following:

- 1 Locate a suitable pipe where you could cut in your new tee joint.
- 2 Ensure that you have chosen the correct pipe for your connection by following the route of the pipe to check that it feeds a hot or cold outlet as necessary.
- 3 Install your new pipework, terminating with the quarter-turn washing machine valve close to the washing machine. These come with a red or a blue head, for designating the hot and cold supply. If there is a pipe close to the machine into which you could cut, and sufficient room within the pipework, you can purchase a special tee valve for this purpose.
- 4 Run the new pipework prior to making the final connection to the existing supply, thereby ensuring that the water only needs to be turned off for the minimum amount of time.
- 5 Run the new pipework following the basic plumbing processes discussed in Chapter 6. Turn off the water supply and confirm that water is drained from the pipe by opening the taps along this section of pipe and/or a drain-off cock.

- 6 Cut into the existing pipe and make the final tee connection into the existing pipework.
- 7 Turn the water back on and turn on the pipe to test that it works.
- 8 With the hot and cold supply valves in place, you just need to make the final connection to the machine. This will be via two hoses, supplied with the machine, with a rubber washer making the connection at your new valves and on to the termination points on the machine. These joints should not be done up too tightly.
- **9** Turn on the quarter-turn valves and check that they are watertight, doing up the nuts a little if necessary. Now, if you have not already done so, it is essential to remove the transit bracket that was secured at the factory to prevent the drum from moving and causing damage during the transportation of the machine.
- 10 Finally, plug the machine into the power supply and start your (dish)washing.

# Installing a water softener

The installation of a water softener is in itself a relatively simple task, but you do need to ensure that a hard water connection direct from the water main is maintained prior to the water softener connection. As with the installation of a washing machine, you will need:

- adequate space into which the appliance can be fitted
- ▶ an electrical supply point within reach of the appliance cable
- a drain within close proximity or along the same stretch of wall
- ▶ a cold water supply, the closer the better.

When installing a water softener, you will need to run the waste pipe. To do this, follow the guidance given above for running the waste pipe when installing a washing machine. The cold



Figure 8.2 Installing a water softener

water connections are made into the water supply main, as shown in Figure 8.2. Note that a connection has been run to the sink to provide water for drinking purposes. Softened water is generally regarded as safe to drink, but it is not recommended for pregnant women and young children, and some people do not like the taste.

Installation instructions will be provided with the appliance, which you can follow. When cutting into the existing cold water mains supply pipe, make sure, as always, that the water is turned off and that any excess water has been drained from the pipe via the drain-off cock. Ensuring that the floatoperated valve in the storage or toilet cistern is opened will help to drain down this pipe – it allows the air in to force the water out. The process of joining the pipework is discussed in Chapter 6. When the installation is complete, you will need to fill the water softener with salt and set the time clock, following the instructions supplied by the manufacturer.

#### Remember this

A water softener is different from a water conditioner in that it totally removes the soluble calcium carbonate and sulfate salts from the water. A water conditioner simply alters the shape of these salts to prevent them easily sticking together and to the material components of the system.

# Making a connection to the soil pipe

Sometimes, in order to make a connection to the drainage system, it is necessary to cut into the vertical soil stack. You will need to insert a tee branch connection for large pipes; however, when this connection is for a small pipe, the connection is called a 'boss', as shown in Figure 8.3. Ideally, when looking for a connection for a new waste pipe, try to find a gully or existing connection so that the amount of work is kept to a minimum (alas, life is rarely that simple).

The procedure identified here is for jointing into a plastic drainage pipe; making a boss connection to cast-iron or asbestos soil stacks is beyond the scope of this book.



Follow this simple process to make a boss connection to a plastic soil pipe:

- 1 Purchase a strap-on boss for the size of waste pipe you have.
- 2 Once you have this you will see the size of hole that needs to be cut into the existing soil stack. Cut this hole out with a special hole saw; this has a central drill bit and a circular toothed saw blade, and can be purchased cheaply at any hardware store. Before cutting the pipe, check that the saw is the right size for the boss fitting. You will notice that a lug is designed to fit into the hole to be cut, thereby keeping it central. If you cut the hole too small, the lug will not enter and will prevent full contact of the mating surfaces. Cut the hole too big and you run the risk of insufficient coverage of the mating surfaces.
- 3 With everything in place and access gained to the soil pipe, ensure that the waste system is not being used by anyone until you have finished your work! Then drill the hole at the correct vertical height, following the guidance for slope gradient, as discussed in Chapter 1. You must not fit the boss too high or you will trap water in the pipe as it drains from the appliance.
- 4 With the hole made, confirm that the boss fits snugly to the pipe.
- 5 Now clean the mating surfaces, removing any paint or other residue from the existing soil stack to provide a clean plastic-to-plastic joint.
- 6 Apply the appropriate solvent cement, as made and supplied by the manufacturer of the plastic strap-on boss.
- 7 Now push the fitting into place and hold it firmly until the cement has set, usually within a few minutes. Some designs have a strap that passes right around the large soil pipe and bolts on to the pipe.
- 8 Some designs of boss include a rubber 'O' ring to enable you to push the small waste pipe into the fitting; others, such as the one illustrated here, require you to insert a rubber cone prior to making your final connection.

# Installing an outside tap

The type of tap used outside is referred to as a hose union bib tap, which provides for the connection of a hosepipe. Installing this tap is a relatively simply task – possibly the biggest job is drilling the hole through the external wall, through which to run the pipe. Installing an outside tap also requires some specific regulations to be complied with, as follows:

- There must be an inline stop valve fitted, such as a stopcock, to isolate the tap.
- A device must be installed within the pipeline to ensure that no water can be drawn back into the water supply pipeline should a negative pressure be created within. This device is called a double checkvalve, which basically incorporates two spring-loaded non-return valves.
- There must be provision to drain out the water in winter when the tap is not in use.
- ▶ Thermal insulation material must be fitted as appropriate.
- ► Finally, it should be noted that, when running the pipe to this external location, there is the potential for stray electrical currents from a faulty electrical system to pass to earth when someone outside touches the tap. To avoid this, it is recommended that you include a plastic fitting within the pipeline to the tap.

To install the tap, take the following steps:

- 1 Drill the hole in the wall at the desired location.
- 2 Inside the building, run the pipe to the nearby cold water supply and install a stopcock or alternative isolation valve. Further along the pipe leading to the outside tap, incorporate the double checkvalve and a drain-off cock. Finally, assuming that the work completed has been run in copper, before the pipe exits the property, incorporate a plastic push coupling.
- 3 Run the pipe through the wall and terminate it securely, possibly to a back-plate elbow. This fitting is designed with a female thread into which the hose union tap can be secured

and has the provision to be screwed back to the wall, which will hold the tap firmly in place.

- 4 With everything in place, turn off the water supply and confirm that it is closed. Cut the pipe to make a tee connection as necessary, branching to your new outside hose union tap.
- 5 Finally, test the pipework and insulate it to provide adequate protection from frost.

# Removing a radiator to decorate behind it

When a radiator needs to be removed from a wall in order to decorate behind it, this can be done quite simply without having to drain down the whole of the heating system. The job may require two people if the radiator is quite large.

The first task is to turn off the radiator at both ends. One end will have a lockshield valve attached, while the valve at the other end will be manually operated or will be a thermostatic radiator valve (TRV).

#### CLOSING THE LOCKSHIELD VALVE

To turn this off, pull off the plastic cap or cover (sometimes a screw is located in the top to hold this cap on). With this removed, use a spanner to turn the spindle clockwise until the valve is fully closed. Take a note of the number of turns you make to close this valve – it may only be half a turn or it may take several turns. When reinstating the radiator, it is important that you only open this valve the same number of turns as you used to close it, as this valve will have been adjusted to balance the system, thereby ensuring that water feeds equally to all the radiators within the system. Opening it too much might affect the operation of the other radiators, in effect stealing all the hot water.

#### CLOSING THE MANUALLY OPERATED VALVE OR TRV

You now need to turn off the valve at the other end of the radiator. This may be a manually operated valve, which is

simply turned clockwise to close, or there may be a TRV fitted, in which case you will need to fit the manual isolation head that came with the valve. If you just turn down a thermostatic valve, it may turn off the water but, if the temperature within the room drops, it might automatically open again, allowing water to discharge on to the floor while the radiator is off the wall. There is a pin below the thermostatic control that needs to be held down by the manual isolation head, keeping the water from passing through the valve.

#### **REMOVING THE RADIATOR**

With the radiator isolated, you must now confirm that the valves are holding back the water flow. Do this by opening the air-release valve at the top of the radiator with a small radiator key. Water will initially spurt out due to the pressure contained within, but it should subside within about three to five seconds. If the water continues to flow, you know one of the valves is not fully closed, so you need to check the two valves again. When you can open the air-release valve with no water flowing, you will know that the valves are properly closed. Now it is essential to reclose the air-release valve, otherwise air will enter the radiator and force the water out on to the floor when you undo the union nuts at the base of the radiator.

Having confirmed that no water is flowing into the radiator, you can now undo the large union nuts at both ends, which connect the radiator to the isolation valves. The radiator is still full of water at this point, but this can only come out if air is allowed in. However, you will need to be prepared for a little water to discharge, which may be inky black in colour. With both unions fully undone and the radiator disconnected from the valve, you simply lift it from the radiator brackets and place your thumb over the open end, as quickly as possible, thus preventing air going in and water escaping. You will need to be prepared to take the weight of the radiator and the water it contains, hence the need for a second person. Take the radiator outside and tip it up to remove the water. Now go back and check that the valves that were connected to the radiator are not dripping.

#### REINSTATING THE RADIATOR

- 1 Apply a little jointing compound such as 'Boss white' between the two mating surfaces of the brass union, to ensure a sound seal when tightening back up the union nuts to the radiator. Do not use PTFE tape on the threads as these do not form the seal but just act as the leverage to pull the two mating surfaces of the union together.
- 2 Turn down the room thermostat; this will turn off the power supply to the central heating pump, hence ensuring that air can be bled from the system without a possible negative pressure caused by the pump sucking air into the system.
- 3 Turn on the radiator valves and bleed the air from the top of the radiator with the special radiator key until water is seen to emerge. Remember, only open the lockshield valve the same number of turns as you used to close it.
- 4 Check the two union joints to confirm that they are not leaking.
- 5 Finally, adjust the room thermostat back up to the desired temperature.

# Repairing the water supply main

A leaking underground water supply main is often left undiscovered for months. One of the key indicators is when you experience a lack of water flow or there is a continued sound of water flowing from the mains pipework but you have no taps open. This is more frequently heard at night when there is often greater pressure within the mains and all is quiet around the house.

Depending where the leak is on the underground stopcock, such as through the packing gland nut (see Chapter 4), it is possible sometimes to reach down the pipe duct with tools such as an adjustable basin spanner (see Figure 6.9) to cure the problem. But the leak may be at any point along the entire length of the pipe so, if it is not at the stopcock, you will have to dig down to the pipe and expose it. You can only start by chancing a test hole where you think the leak might be. Once the pipe depth has been reached, you often get a clue as to what direction to dig from the direction from which the issuing water is flowing. But make no mistake, there is no quick fix and you may have to search for some time.

Once you have found the leak, how you make the repair will depend on the material used for the supply. In all cases you will have to turn off the supply from a valve further upstream, such as at your outside stopcock or by getting the supply turned off by the water authority.

If you have a polyethylene or copper supply pipe, making the repair is usually quite a simple process. It might entail remaking a joint that has come apart or it might be necessary to cut the pipe and insert a new section, joining the piece cut out with a new piece of plastic or copper pipe.

Where you have an existing lead or steel mains supply pipe, it may be more appropriate to consider replacing the entire length. It may be possible to insert a short section of plastic, using two specially designed compression couplings for this purpose. There are strict Water Supply Regulations preventing:

- the use of lead in new or repair works
- the use of copper upstream of lead or galvanized steel pipework, so this could not be inserted midway along a length of pipe run.

You need to remember that:

- where steel has been used, it has already well exceeded its life expectancy
- where lead mains are found, they should be replaced whenever possible on the grounds of safety due to the toxic nature of lead.

# Replacing the water supply main

If you plan to replace the entire length of the supply pipe, it may be worth hiring a mini digger. The task is quite straightforward apart from the large amount of manual labour involved in digging out the hole and then refilling it. It is hoped that, when you have exposed the entire length of the supply main, you will discover that the builder included a pipe duct in the foundations of the building through which to pass your pipe into the house. For buildings more than 35–40 years old, however, don't bank on the pipe duct being there: you may need to undertake additional laborious work cutting through the foundation wall and down through the floor in order to make a route for your new pipe.

With the route exposed (minimum 750 mm depth – see Figure 1.1) between the external and internal stopcocks, the new recommended 25 mm polyethylene pipe can be laid within the trench. Run the pipe in one complete length, avoiding coupling or connection joints. It is a good idea to lay the pipe within the trench from side to side, thereby providing some spare pipe to allow for expansion and ground movement. For the pipe connections that need to be made at each end of the pipe run, see the section that deals with pipe jointing in Chapter 6.

# Installing a new storage cistern

Storage cisterns used today are made of plastic and, if you are going to install one, it is essential to ensure that the base is completely supported. If it is not, the weight of water contained within the cistern will cause the plastic to stretch and eventually break at the unsupported point. Old galvanized cisterns did not require this total support.

These old metal cisterns are invariably left in the roof space because removing them requires extensive additional work. Sometimes, old asbestos cisterns are encountered. These are fine while in use but, when they have passed their useful lifespan, it is vital that they are disposed of safely: the best option is to get in a specialist firm for safe removal. Do not cut the material, as this will create dust that is extremely dangerous to inhale; even a minute particle can be hazardous to your health.

The size of a new cistern should be a minimum capacity of 100 litres if it is to serve only either a system of cold or a system of hot water. However, this volume should be at least 200 litres, ideally 250 litres, if it is to serve both cold and hot supplies. The

new cistern is installed as shown in Figure 1.5 and as described in Chapter 6. In order to provide the best pressure possible at the outlet points, such as showers and taps, you need to locate the cistern as high up as possible. This may require the construction of a supporting frame or stand, using sufficiently strong timbers and bracing it well to ensure that it can take the weight of the cistern when full of water. The weight of water is quite substantial – 1 litre of water weighs 1 kg, so 250 litres weighs 250 kg (a quarter of a tonne)!

It is essential that no jointing pastes or compounds are used to make the connections to the cistern: these will have a detrimental effect on the plastic walls of the cistern, causing it to break down and reducing its expected lifespan. The connections to the cistern are made with what are referred to as tank connectors. These are simply passed through a hole made in the cistern, with a plastic washer included, and when the fitting nut is tightened it clamps tightly to the cistern wall.

#### LOFT HATCH TOO SMALL FOR A REPLACEMENT CISTERN?

Often the old cistern will have been installed during the construction of the building, when the roof was open. This may mean that the loft hatch is too small for a new cistern to pass through. This can pose a problem and in some cases will require the hatch to be made bigger. However, it is sometimes possible to buy a round cistern, the sides of which can be folded in, making it sufficiently small to pass through the opening to the loft. Alternatively, you can purchase two smaller cisterns and couple these together to provide an adequate volume (see Figure 8.4). In this case the overflow is in the same cistern as the float-operated valve, and the outlet is taken from the second cistern.

# Replacing a faulty immersion heater

Should the heater element in an immersion heater break down and fail to operate, it is a relatively simple process to replace it with a new one. The immersion heater consists of two parts:

- the heater element
- the thermostat.



Figure 8.4 Coupling two cisterns together

If you plan to undertake any work on the heater, either to test the unit or to replace it, you must first cut the electrical power supply to the heater by isolating the circuit and removing the fuse. Once you have confirmed that the power is dead, you can check the condition of the immersion heater and thermostat:

- 1 Check the condition of the immersion heater by looking for a resistance in ohms using a suitable multimeter between the line (phase) and neutral heater element terminals (see Figure 2.7). The reading would be typically around 18 ohms for a good element, so a very high reading (several megohms) would indicate a breakdown of the unit.
- 2 Check that the thermostat is operating properly. To do this, remove it from its pocket and connect a continuity tester to each side of the electrical connections. This is a function on a multimeter that bleeps when the two probes are put together. It should bleep, indicating a make-or-break connection when the probe is placed in very hot or very cold water.

If the thermostat is faulty, simply replace it with a new one. If the heater element is faulty, a little more work is required, as follows:

- 1 Disconnect the wires from the terminals.
- 2 Close the water supply valve to the hot water cylinder. This is located on the pipe feeding the cold water to the cylinder

(see Figure 2.6). With the water supply isolated, open a hot tap fed from the cylinder and wait until the water stops flowing – this may take a minute or so. Now open the drain-off cock located at the base of the hot water storage cylinder to remove some of the water contained within; although no more water is serving the cylinder, it is still a large container full of potentially very hot water. You need to drain sufficient water from the vessel to reduce the water level below that of the immersion heater. If the immersion heater is located in the top dome of the cylinder, which is quite common, it is only necessary to drain off about 4-5 litres of water (a gallon); however, when it is located at some distance down the side of the cylinder, it may be necessary to drain off all the water.

- 3 Once you have removed the water, you can unwind the old immersion heater from its connection by turning the large nut anticlockwise. The spanner used for this is quite specialist and will need to be acquired from a plumber's merchant. Often the old immersion heater is held in quite solidly, in which case you will need to take a thin hacksaw blade and cut out the fibre washer that makes the seal between the immersion heater and the hot storage vessel. With this washer removed, the nut will usually now unwind; if not, try turning clockwise to tighten it a little, thus breaking the seal. If it is still too tight, a little penetrating oil may be required to soak into the thread, or the heat from a blowlamp may provide sufficient expansion to effect removal.
- 4 With the old heater element removed, you can fit a replacement, installing everything in reverse order and making sure that you include a new fibre washer, smeared with a little jointing paste (see Appendix 2: Glossary).
- 5 Once the new heater is in position and has been tested for water soundness, connect the wires to the new thermostat.
- 6 Finally, adjust the temperature on the thermostat to provide 60°C at the top of the cylinder.

# Insulating pipes against freezing

When water freezes, it expands by 10 per cent. This expansion cannot be restrained and, as a result, it will cause the pipe or fitting to stretch, often to the point where it splits open. At the time the pipework splits open no water will come out because the ice will still be solid; it is only when the ice thaws that the problems start.

Should you need to repair pipework that has been subjected to frost damage, bear in mind that the whole section may have expanded before the split occurred. As a result, you may encounter difficulties in getting the new fittings to fit on to the pipe, owing to its increased diameter, so you may need to cut out more pipework than you anticipated. However, fixing a burst pipe is like closing the stable door after the horse has bolted; the best thing is always to try to prevent the problem by insulating any pipework that could be exposed to damage in this way.

Insulating pipework is a relatively simple process and can generally be undertaken by anyone (see Figure 8.5). You will find insulation materials for a whole range of situations at your local plumbers' merchant. The obvious, yet foolish, thing to do would be to select the thin, relatively cheap material. The thinner insulation products are not necessarily designed for frost protection, although they are better than nothing.

Insulation material serves several purposes. It serves to:

- provide thermal insulation against frost damage
- prevent the loss of heat from hot water pipes
- conserve fuel or prevent heat loss from a domestic hot water pipe to a draw-off point
- cut down the transmission of noise to the adjoining structure, such as when installing pipework within internal timber stud walls.

Should you have a major leak in your roof and water discharges through the ceiling, causing serious damage, your insurance company may not pay out, simply because your



Figure 8.5 Insulating pipes with foam

insulation material was insufficient, as laid down in the Water Regulations. The effectiveness of the insulation material is identified by the supplier. A suggested minimum insulation wall thickness of 22 mm is advisable where flexible foam is used for internal applications, increasing to 27 mm for outside applications. Loose-fill materials should be even thicker – a typical surrounding to the pipe should be at least 100 mm.

Figure 1.5 shows how all the pipework within a roof space has been insulated, including the vent pipe and overflow pipes. These will generally not have any water within them, but they may do if there is a fault, so these must also be fully insulated. In addition, the cold storage cistern itself must be insulated, apart from its base where it sits directly on the ceiling joists, as hot air will rise from the building below. It is essential that all insulation material be securely fixed to prevent it parting and letting in cold air.

Figure 1.5 also shows a bend attached to the inside of the cistern overflow pipe connection. This bend turns down and should be dipping into the water. Its purpose is to prevent cold draughts from blowing up the overflow pipe and causing freezing conditions to occur inside the cistern. This has been a Water Regulations requirement now since 1999 but unfortunately plumbers all too often disregard this bend, or they adjust the water level too low and below its inlet point, making this additional frost precaution void.

## Key idea

When an insulation material that is too thin – and therefore ineffective in extreme conditions – fails to achieve its goal of protecting the pipe from frost damage, you may find a possible insurance claim invalid as you may not have complied with the insurance policy requirements.

# Installing guttering and rainwater pipes

Old metal guttering systems are still obtainable if you need them. These are put together using nuts and bolts and nonsetting putty such as 'plumber's mait'. Since normal putty goes hard and therefore restricts the movement of the joints due to expansion and contraction caused by the heat of the sun, it should not be used.

Plastic guttering is generally used these days and is relatively easy to install. However, a novice installing guttering often makes two fundamental mistakes.

- ▶ First, they assume that the gutter requires a noticeable fall (slope towards the outlet) in order to remove the water from the channel. This is not so and in fact I often install guttering with barely any fall whatsoever. Manufacturers' instructions suggest a fall of around 1 mm in every 600 mm. So, over the length of a building, say 9 metres long, the total amount of fall would be 9000 mm ÷ 600 mm = 15 mm. This 15 mm drop will be hardly noticeable when viewed from ground level, so the guttering will look level and be more pleasing to the eye. If you run a gutter with a greater fall than this, the angle will look strange. Also, the speed of run-off towards the lower end and outlet will be so great that water running along the channel is likely to discharge over the top of the gutter stop end.
- The second error is allowing insufficient room for expansion and contraction. Plastic expands quite extensively as the temperature rises; for example, the 9-metre gutter mentioned above, when subjected to a temperature change of, say, 35°C, which is quite probable when you compare winter temperatures with those of summer, would expand by 57 mm.

This may not sound a lot but, if it is not allowed for, the guttering will buckle and a clip might break. Conversely, if the gutter contracts by this amount due to cooling it could cause a joint to be pulled apart. If you look carefully at a gutter fitting you will notice that the manufacturer imprints a line within the moulding to tell you where to finish the gutter end.

#### **Remember this**

Although safe working practices are not within the remit of this book, do not undertake this sort of work unless you have some understanding of the possible dangers and how to avoid them, in which case it may not be worth the risk of doing it yourself. When working at heights, you must take certain safety precautions, such as having well-supported ladders. If in doubt, get a professional to do the work.

To install a new system of guttering, take the following steps:

- 1 Remove any old guttering materials, if applicable.
- 2 Review the condition of the timber fascia board, i.e. the timber on to which the gutter is to be fixed. Now would be a good time to undertake any repairs and paintwork to this.
- 3 Use a long spirit level to ascertain whether the fascia board is level. If you find that the fascia is not level, you will need to take particular care with the individual gutter fixings, using the level at each fixing clip to ensure you do not position them wrongly. If the fascia is level, you can simply fix one clip towards one end of the fascia as high as is possible.
- 4 Do the following calculation: total length of the gutter in mm ÷ 600 = total fall in mm.
- 5 Fix the next clip towards the other end of the fascia at the calculated fall in height.
- 6 With these two clips fixed, you can now tie a length of string between the two to act as a guide for fixing all the remaining clips and gutter fixings, such as the connection joints and the outlet.
7 All fixings should be spaced at a maximum of 1 metre apart (see Figure 8.6). With the clips and fixings in position, all that is left is for the gutter to be snapped into place, ensuring that it has been cut to the correct length, where applicable, allowing for the expansion as identified above.

With the gutter in place, you can now run the rainwater pipe. This either terminates at its lowest end with a special outlet referred to as a rainwater shoe, which discharges into an open gully, or is run into a drainage connection at ground level. When installing this downpipe, as it is sometimes called, it should be run vertically, again for reasons of appearance. This can be judged by placing the pipe clips at a maximum of 2 metres apart in line with the brickwork or the corner of the building. Sometimes installers use a plumb line for this. This is basically a weight tied to a length of string and hung from the gutter outlet, to drop vertically downwards.



Figure 8.6 Installing gutters and rainwater pipes

When fixing the clips and in particular the coupling or joining sockets, remember to make an allowance for the expansion of the pipe to avoid it buckling due to changes in temperature.

When assembling the gutter and rainwater pipe, no additional jointing mediums are required. The guttering is fitted with a rubber seal incorporated into the gutter fitting. The rainwater pipes require nothing as the joints just slot together with the pipe end dropping downwards into the socket of the fitting below.

### Remember this

When replacing the guttering system in very old buildings, do not rely on the fascia timber being level. It may look horizontal but the building may have subsided over the years, so check the gutter fall with a spirit level if necessary. A level gutter is fine, but a fall flowing the wrong way is a nightmare.

### Installing a new WC suite

The installation guidance will assume the worst and deal with the larger job of converting, say, a high- or low-level suite to a combination suite (a suite where the cistern sits directly on the pan and does not have a flush pipe). Obviously, changing like-for-like is a much simpler task but it will follow similar guidelines nevertheless.

To remove the old WC, take the following steps:

- 1 Turn off the water supply.
- 2 With the supply isolated, give the cistern a final flush to remove most of its water. Then remove it from the wall, tipping any remaining water into the pan.
- 3 Remove the toilet pan. If it is no longer wanted, you do not need to take any particular care of the sanitaryware you are removing (the pan or cistern) so, if you need to put the hammer through the foot of the pan because it is cemented to the floor or to the drainage pipe, then do so. Don't forget, however, that there will be a little water in the trap that needs to be disposed of first.

- 4 With the old suite removed, cut back the water supply pipe to a position from which it will be suitable to run to the new WC cistern.
- 5 At this point you can fit a temporary cap or blanking fitting to the water supply pipe, so that you can turn the water back on until the work is near completion; otherwise it may be off for some time.

All being well, the work you have done so far should have taken no more than an hour. You now need to install the components of the new flushing cistern into their respective positions within the cistern. This is a relatively simple operation and the manufacturer will have supplied some installation instructions.

- 1 You will need to change the size of the inlet seating of the float-operated valve or insert a special restrictor, depending upon whether the water supply is on high or low pressure. Again, the installation instructions will give advice on this.
- 2 With the components assembled, you can now carefully put the WC pan up to the position where it is to be located and hold the cistern in position to check that everything will fit. Unfortunately, there are sometimes problems with this:
  - First, the pan outlet is sometimes either slightly too high or i too low and it does not align correctly with the soil pipe branch connection. If it is above the soil pipe connection, this is not generally a big problem, as you just need to purchase a 'Multiquick' offset pan connector, as shown in Figure 8.7, to allow for the drop. However, if your pan outlet is lower than the soil pipe connection, you do have a problem because simply using an offset pan connector will create an additional uphill obstruction that the flush will have to overcome and that might become an area prone to blockage. So you need somehow to alter the soil pipe branch connection to lower it (this is a major job and involves dismantling the drainage stack), or you could put the pan on a hardwood plinth (clearly not an ideal solution). Fortunately, this is not a common problem and it is likely that the old pan was located on a similar mounting in any case. The outlet height for all British-designed WC pans is identical.



Figure 8.7 Installing a close-coupled WC suite

- ii A second problem sometimes encountered is that, when you put the pan and cistern up to the wall, the outlet pipe is too short and the pan outlet does not reach the soil pipe. This problem is easily overcome by using a WC pan extension or a 'Multiquick' extension piece. This can be inserted into the soil pipe and adjusted or cut as appropriate.
- iii Conversely, the soil pipe branch may be too far forward from the wall. This prevents the cistern from touching the wall. Where the cistern is held off the wall, you will need to cut the soil pipe back as necessary. This is not a problem with plastic soil pipes but may prove difficult without specialist equipment where an old cast-iron stack has been installed. In this case, you may have to attach battens on to the wall for the cistern to sit against – again, not an ideal situation.
- 3 Assuming that everything fits correctly, insert a plastic pushfit pan connector, such as the 'Multiquick', into the soil pipe and push the pan into this.
- 4 Now place a spirit level on the pan to check that it is level, packing up the sides if necessary, and screw the pan to the floor using 65 mm brass screws. Sometimes pans are secured to concrete floors with sand and cement but this is not ideal as it prevents the pan from being removed in the future.
- 5 With the pan firmly secured in position, put the cistern up to the pan and mark out the location of the wall fixings.
- 6 Drill the holes as necessary and insert the wall fixings.
- 7 Bolt the cistern securely on to the pan, incorporating the foam donut washer supplied to form a seal between the cistern and the pan. The cistern can be secured to the wall using brass or stainless-steel screws to prevent them from rusting. (The old cistern probably had an overflow connection run to the outside, but these days the overflow is generally incorporated within the cistern flushing mechanism.)
- 8 The cold supply pipe can now be run to the cistern from the point where the supply was capped off. Within this pipeline you must incorporate an inline isolation valve just before

the connection to the cistern, thereby complying with the Water Supply Regulations. This valve is generally of the small screwdriver-operated quarter-turn type. Take particular care when making the connection to the plastic thread of the float-operated valve, as it is very easy to cross-thread with the brass tap connector used against this soft plastic material.

- 9 Turn off the water supply, remove the temporary cap and make the final water connection.
- 10 Turn on the water supply, adjust the water level as necessary (as indicated by a line inside the cistern) by setting the position at which the float shuts off the water supply, and test how the installation works.
- 11 Finally, fit the toilet seat to complete the task.

### Installing new sink, basin or bath taps

If you plan to change your appliance taps, possibly with something more modern, the first thing you need to do before purchasing your new taps is look at your existing hot and cold water supplies. If you plan to install a mixer tap, you must determine whether or not it will be supplied by pressures that are equal. Figure 8.8 shows two designs of mixer tap, but the one that mixes the water within the body of the tap should *only* be used where the pressure of the hot and cold supply to the tap is the same. The other tap design does not allow the hot and cold water to mix together until it leaves the spout, so it is OK if the hot and cold are of different pressures.

### Key idea

It is essential to choose the right design of mixer tap. Where water pressures are different (such as a high-pressure cold mains supply and a low-pressure, cylinder-fed hot water supply), it will not be possible to get water from the low-pressure pipework when both are opened at the same time if you use the wrong tap. The high-pressure water will take precedence and could even back up via the opened tap to pass into the lower-pressure pipework.

. . . . . . . . . .



Figure 8.8 Single and double outlet mixer taps

Some fancy modern taps are designed to give a frothy or pulsating discharge from the spout. You may need to consider the flow rate and pressure required in order to get this effect and whether your existing supply can meet these requirements. If not, the taps will not perform properly. However, for standard taps, this should not be a problem.

Once you have purchased your new tap(s), before beginning the work you may need to alter the pipework a little as the length of the thread on your new taps may differ from the existing fitment. So, don't start the work when the shops are closed as you may need to buy a few pipe fittings! In order to complete this task you will also need to purchase a basin spanner, which is a specialist plumbing tool (see Figure 6.9) available at most plumbers' merchants.

When you are ready to change the taps, take the following steps:

1 Turn off the water supply to the taps and confirm that the water has stopped flowing. Leave the taps open and then,

if possible, open another tap or flush the toilet on the same section of pipework that has been turned off. If you watch the lower of the two open valve outlets, assuming your tap is the lower of the two, you will see that it starts to flow again, possibly discharging a significant amount of water. This is because the other appliance lets air into the pipework as it opens, allowing the water to escape. If you do not open this second appliance, you will have a continued slow discharge as the air slowly enters the pipe. This generally runs down your arm as you are lying on your back reaching up to the tap! Or, when you are working on the job, someone in the building might open another tap or flush the toilet and you will get completely soaked!

- 2 Once you have gained access to the underside of the tap connection, you can use a basin spanner, turning it anticlockwise, to undo the tap connector joining the existing tap on to the pipework (see Figure 8.9).
- 3 You now repeat the process and undo the back nut, which clamps the tap to the appliance. You will need to get someone to hold the tap still, to prevent it from turning while you are undoing this nut.
- 4 You should now be able to remove the old tap, unless it is a mixer tap, in which case you repeat the process for the other water supply.
- 5 Now that you have removed the old tap, you will see whether the pipework needs to be altered to allow the new tap to be installed. This is unlikely, though, because invariably there is sufficient movement within the pipework to accommodate a slight difference in the length of the thread. Sometimes, where a new tap is a bit short, it is possible to include a shank extender/adapter to provide the additional length required. If you do need to alter the pipework, a bendable pipe tap connector may prove useful if you are not very proficient at bending pipes. (To alter the pipework, refer to the basic plumbing processes in Chapter 6.)
- 6 Now insert the new tap into the appliance with the supplied foam or rubber washer, or with a ring of plumber's mait

around the base of the tap as it sits into the appliance. This forms a seal to prevent any water that has splashed on to the appliance passing through the gap and dripping on to the floor.

- 7 Firmly secure the tap into the appliance with its back nut.
- 8 In the case of stainless-steel sinks, where the appliance is made of a very thin material, a spacer washer is required, sometimes referred to as a top hat. Position this between the appliance and the back nut, making up the gap where there is no thread on the top part of the tap shank.
- 9 Now wind the tap connector on to the threaded shank of the tap and include a new fibre washer to form a good seal.
- 10 Finally, turn on the water to test out the installation. If there is a slight drip from the tap connector, you could try tightening this fixing a little, but often after a few moments it seals itself as the fibre washer becomes wet and expands.



Figure 8.9 Tap connections

# Installing a new sink, basin or bath

If you are installing a new appliance, it is likely that it will include a new set of taps, in which case you can refer to the notes above to ensure that these are suitable for the installation in terms of pressure, flow and mixing.

The new installation may be a replacement for an existing appliance or a totally new installation. If it is a replacement, you may be able to use the existing services without alteration, including the water supplies and drainage connection. These notes assume that this pipework has to be installed but, if you just need to make an alteration, make sure you do not cut back the existing pipework any more than necessary.

#### THE PIPEWORK: THE 'FIRST FIX'

Running the waste pipe and water supplies for a new installation is referred to in the trade as the 'first fix', i.e. the pipework has been run to an installation, but the appliances have yet to be fixed. For a completely new installation, the first thing to do is check that there is a clear route to run the waste pipe to a drain. It is generally possible to run the water supplies anywhere, but the waste pipe requires a gradual fall in the direction of the drain, where the connection can be made.

Look outside the building for a gully or hopper head (see Appendix 2: Glossary) into which you could discharge your new waste pipe. Alternatively, you may need to make a boss connection into the soil stack as it passes down to ground level. This is a much bigger job and for this you will need to see the section above on making a branch connection to the existing vertical soil pipe.

Where no drain connection is viable, it may be possible to include a macerator pump, in which case refer to the notes in Chapter 1. Ideally, the pipework should be installed following the guidelines given in Chapter 1, with a minimum waste pipe size of 40 mm for baths and sinks and 32 mm for basins. However, if your pipe length exceeds these requirements, it is possible to install a slightly larger pipe and reduce it in size as necessary as it gets nearer the appliance. Alternatively, a resealing trap could be considered (see Figure 1.16).

To install the new pipework for a new sink, basin or bath, take the following steps:

- 1 First, run your waste pipework and terminate this at a suitable location beneath the proposed location for the new appliance. This needs to be at a position no higher than the final location of the appliance trap outlet (see below). Also, if a pedestal basin is to be installed, it is best to keep the pipes behind the pedestal for reasons of neatness, and this should also be considered when deciding where to terminate the waste pipe.
- 2 Now run the hot and cold water pipes from where they are to be connected to the system to a location beneath the new appliance in a similar location to the waste pipe. See Chapter 6 for advice on running pipework and making joints. Don't make a connection to the water supply yet.
- 3 The appliance can now be made ready: secure the waste outlet connection to the appliance and secure the taps as necessary, doing up the back nuts clamping them to the appliance. Making the waste fitting into a basin is different from that of a sink or bath, as explained below.

#### BATH AND SINK WASTE FITTINGS

These use a thick rubber washer beneath the appliance outlet, and possibly a second, thinner washer above. These are clamped together with the appliance in between, with the aid of a large back nut, although some designs use a long stainless-steel screw (see Figure 8.10), clamping the waste tightly to the appliance. The overflow is connected to this waste fitting with a flexible pipe, which is likewise securely clamped to the appliance overflow hole.

#### THE BASIN WASTE FITTING

For basins there is no need to make an overflow connection since this forms an integral part of the appliance. The waste fitting is ideally made into the basin with suitable rubber washers.



Figure 8.10 Connections to a sink, bath or basin waste fitting

Where these are not available, the joint can be made as follows:

- 1 Apply a ring of plumber's mait or silicone rubber to the underside of the section of the waste fitting that sits in the basin outlet. For this joint to be successful, the appliance must be absolutely dry, otherwise the jointing mediums used will fail to stick to the porcelain.
- 2 Place the waste fitting in position and apply a second ring of plumber's mait or silicone or a large rubber washer to the area around where the thread pokes through the waste hole of the appliance.

- 3 Then put on a 32 mm polythene washer.
- 4 Finally, wind a large back nut on to the waste fitting, clamping the whole lot together to form a seal.
- 5 To prevent the waste fitting turning in the basin while doing up the back nut, poke two screwdrivers through the slots or grates in the waste fitting and hold it secure.

#### CONNECTING UP: THE 'SECOND FIX'

Once the appliance is made up, you can begin what is referred to in the trade as the 'second fix'. First, secure the appliance into its location, ensuring that it is adequately supported and level. The top of the appliance is plumbed in level as the gradient towards the waste is built into the design of the appliance.

For plastic bath installations there are additional wall fixing clips, identified on the instructions provided with the appliance, designed to prevent the bath sagging due to the weight of the water as it fills. Also, if a bathtub is to be located along a wall that is going to be tiled, and the edge of the bathtub has a widely curved edge for which the depth of the tiles does not provide suitable coverage across the top, you may need to cut a chase into the wall to allow for this. Failure to do this means water will accumulate at this ledge and cause staining, and may lead to a leak past this point on to the floor.

### Making the waste connection

The final connection to the waste pipe can now be made by installing a suitable trap on to the waste fitting of the appliance. With the waste connection finished, you should get a bucket of water to give it an initial test because, if you do need to remove the appliance again for any reason, you don't want to undo more than is necessary. If a basin waste fitting is leaking and you have used plumber's mait or silicone rubber, then unfortunately you will need to take it out, completely dry off the porcelain and remake the joint.

### Making the water connections

Make the hot and cold water connections to the taps from the pipe previously located beneath the appliance. This can be a tricky process without the use of a bending machine, but it is always worth paying a little extra for the special flexible connectors that are now manufactured to make this joint and this final fiddly section of pipework. For an example of one of these, see Figure 8.9.

### The final connections

Once you have made these connections, all that is left is to do is to make the final connections to the water supplies – remember that these have not yet been made. To do this, take the following steps:

- 1 First, turn off the water supply.
- 2 Confirm that the water has been shut off before cutting into the pipe to make your connection.
- 3 Finally, turn the water back on and test out your installation.

Your plumbing works are now finished, but there is one final task related to the metal components in a bathroom: to make sure that all the metalwork is suitably bonded together, thereby ensuring that it is all at the same electrical potential. This means that an earth wire needs to be joined to all the exposed metal parts, in effect linking them together. See the notes on equipotential earth bonding in Chapter 1.

The finishes can now be made good around the appliance, such as tiling and applying a fillet of silicone rubber along the top edge of the appliance to prevent water splashes dripping down behind it on to the floor below.

# Installing a shower cubicle

When you are considering installing a shower cubicle, one of the first things to decide is how you would gain access to the waste pipework at a later date should you need to, for example, to unblock the pipe. Some traps give access via a pocket above the appliance that lifts out from the waste fitting itself, but you can never guarantee that this will be sufficient. Once the shower tray is installed, it will not come out again without causing a lot of damage, so trap access is essential. Sometimes it is possible to access a trap fitted to the appliance from a floorboard access door next to the shower tray; if not, you will need to consider:

- an access panel in the ceiling of the room below the shower cubicle
- raising the shower cubicle on to a plinth, in which an access door has been fitted
- installing a running trap, such as that shown in Figure 1.12, underneath the floorboards just outside the appliance area.

With this decision made, the waste pipe can be run in the same way as for a new sink, basin or bath, as outlined above. The size of a shower waste pipe should be no less than 40 mm, i.e. the same as a bath waste pipe. The shower tray now needs to be secured in position, again following the guidance for fitting baths: if there is to be tiling along the edge of the shower tray, the tray might need to be recessed into the wall. You must follow the manufacturer's installation instructions for securing the shower tray in position to avoid any movement and ensuring that it is level along the top edge in all directions. The fall to the waste outlet is built into the appliance.

With the waste connection completed and the tray adequately secured, you can now consider the water connections. For this you may choose to use:

- a cold water, mains-fed shower heater
- a combination boiler or multipoint water heater
- a storage-fed hot water supply, with or without a booster pump.

There are other options, but those above cover most scenarios.

The cold water, mains-fed shower heater units require only a cold water supply, usually supplied under mains pressure and with a minimal flow rate, so you will need to check the requirements for installation with the supplier of the heater. These units do require an electrical supply to be installed and this must be on its own circuit from the electrical consumer unit or fuse box. This electrical supply will also need to be certificated and the work is notifiable to your local Building Control department. Basically, the water supply is run to the small heater installed in the shower cubicle and the shower hose is simply connected to the heater. The electrical power is initiated by the operation of a pull cord adjacent to the shower itself.

If the second option is chosen, and the water is taken from an instantaneous system such as a combination boiler or multipoint, you must remember that the water flow is invariably restricted as it flows through the heater and these restricted water volumes will adversely affect the performance of the shower.

With both of these options, where the cold water to a shower is taken directly from the cold water supply mains, you must ensure that no backflow of water can occur, i.e. no water can be sucked back into the mains supply. This is usually achieved by ensuring that the showerhead cannot be laid down at a point below where it could be submerged in water.

If you choose a storage-fed hot water supply option for your shower, note that in order to ensure that the cold water is never starved from the shower-mixing control valve, the water must have its own independent supply from the cold water storage cistern. The cold supply is also taken from the storage cistern below that of the cold feed to the hot water cylinder. In both cases, this is to ensure that you can never stand in a flowing shower that goes very hot because the cold water has ceased to flow, i.e. the cold water will always be the last supply to stop running and this therefore prevents scalding.

Ideally, the shower should also be supplied with the hot water taken directly from the hot water storage cylinder, independently from the other hot water draw-off points. To ensure that the shower works effectively, the water pressures from both the hot and cold water need to be the same (as identified above in relation to mixer taps). When connecting to a storage cistern, you must ensure that you have at least 1 metre head above the shower rose to the underside of the water cistern in the roof space, otherwise the water flowing from it will be very poor. See Figure 8.11. An alternative is to incorporate a shower booster pump. These are very effective but you must follow the manufacturer's guidance and maintain a good flow rate of water to the booster. This usually requires a minimum of 28 mm pipework, otherwise its lifespan will be reduced as it struggles to cope with the limited water supply. Domestic shower boosters are very simple units to install, usually coming with push-fit flexible water connections and a pre-wired 13-amp plug that is simply plugged into a nearby socket outlet. They automatically operate as the water flows through the booster, initiated by an internal flow switch, hence the need for an adequate supply.

In all the cases above, you need to run the pipework to the shower control in the same way as for running the hot and cold water pipework to other appliances. The actual shower mixer could be installed on to the finished tiled surface or built into the wall, in which case all the pipework will also need to be run within the wall and the whole system tested prior to tiling.

Finally, where metal pipework or components have been installed, these need to be suitably bonded (see Chapter 1).

### Replacing a shower booster pump

This is a very simple operation. You will need to purchase a new pump with identical or similar qualities to the one you are replacing. The electrical connection is generally a pre-wired 13-amp three-pin plug that has simply been plugged into a convenient socket outlet, so there should be no problems with disconnection and reconnection. Once you have everything to hand, complete the task as follows:

- 1 Isolate the hot and cold water to the unit and confirm that it is off.
- 2 If available, open the drain-off cocks to release any water from the pipework feeding the pump. Alternatively, be prepared for a little water to discharge as you disconnect the pipework. Fortunately, these connections are usually made via a flexible connection with push-fit or compression joints, and your new replacement booster will almost certainly have



Figure 8.11 Installing a shower

the same sort of connections. So it is often simply a case of removing the old connections and fixing on the new ones, as the flexible connections will allow for the necessary free movement to facilitate the replacement.

- 3 Turn on the water supplies and check for any leaks.
- 4 Plug the new pump into the socket outlet provided for the existing pump.

Where no flexible connections have been provided, you will have to be prepared to alter the pipework as necessary, following the notes in Chapter 6, taking care not to damage the plastic water connections of the new pump with heat from any soldering processes, or by cross-threading the connection.

I could give instructions for installing endless appliances but, as mentioned at the beginning of this chapter, all jobs follow the same basic principles and you just need to transfer the skills outlined in this chapter. So, in conclusion:

- 1 Turn off the water supply and the hot water heaters where applicable.
- 2 Confirm that the water has shut off correctly.
- 3 Remove items that are no longer wanted.
- 4 Temporarily cap off the pipework at a point where the new connection is to be made, so that you can turn the supplies back on until the new installation is ready to be connected.
- 5 Prepare the work area for the new installation, running all new pipework and installing the appliances.
- 6 Turn off the water supply and make the new connection as necessary.
- 7 Turn on the water and test out the installation as appropriate.

### Focus points

- 1 The same general principles apply to all plumbing works.
- 2 When turning off the water supply, confirm that it is off by opening a tap from the same pipe. Remember that water will be lying inside a pipe even when the water is turned off, and this needs to be drained out by a drain-off cock located at the base of the system.
- **3** Don't forget to let air into the pipework from a higher position, such as by opening another tap or flushing the toilet cistern.
- **4** For larger works, once the old materials and pipework have been removed, temporarily cap off the pipe and turn the water supply back on for convenience.
- **5** Complete the new works in stages referred to as first and second fix, testing each section as you proceed through the job.
- **6** Don't forget to install isolation valves and drain-off cocks where necessary in your new installation pipework.
- 7 When you have to make connection into the vertical waste discharge pipe, remember to inform everyone, thereby ensuring that they do not let water flush down the pipe.
- 8 When you are to replace a storage cistern in the roof space, it is possible to link two cisterns together to give you the required storage volume.
- **9** Apply good-quality thermal insulation material to any pipework that might be liable to frost damage.
- **10** If working at height to replace or repair a system of guttering, make sure that you work safely and do not overreach.

### Next step

256

In this chapter you learned how to repair defective components within the various plumbing systems within your home, how to install various new additional cold and hot water devices and fitments, and how to insulate the various systems to prevent noise and frost damage. For more information, consult the following appendices, which contain details of the relevant legislation and regulations, a glossary of plumbing terms and lists of useful publications and addresses.

# Appendix 1: Legislation

Gone are the days when everyone could do what they liked with their homes. Today a whole range of legislation governs what we can and cannot do. There is no restriction on what you can do yourself, but you need to ensure that your work is in compliance with the law.

Much plumbing and electrical work requires the issue of a completion certificate, which is something, incidentally, that you must insist upon when employing someone else to do the work for you.

- ▶ Do not assume that they are registered with a specific body (see below).
- ▶ Do not be fobbed off with, 'It's not applicable to what we are doing.'

The following gives a guide to situations requiring certification by the local building or water authority. When you have the work done, you may not care too much whether or not a certificate is issued, but:

- when you come to sell your home, this may be picked up by the surveyor and prove costly to certify this work at a later date
- vou may not be covered by your insurance should you wish to make a claim.

## Work requiring notification under local **Building Control**

In the following situations you will need to notify the local Building Control officer of the local authority of any work carried out. This is in order to comply with the requirements of the Building Regulations.

If you use a contractor to do the work, they may be registered with a validating body such as Gas Safe Register<sup>1</sup>, NAPIT<sup>2</sup>,



APHC<sup>3</sup> or OFTEC<sup>4</sup>, which allows them to self-certify the work (note that there are other bodies). However, you need to check that they really are registered with a certificating organization or you may not receive the certificate for the work completed, as required by law.

<sup>1</sup> Gas Safe Register (0800 408 5500)

<sup>2</sup> National Association for Professional Inspectors and Testers (NAPIT: 01623 811483)

<sup>3</sup> Association of Plumbing & Heating Contractors (APHC: 0121 7115030)

<sup>4</sup>Oil Firing Technical Association (OFTEC: 01473 626298)

A couple of points to note:

- Advice relating to any of the following situations can be sought simply and quickly by phoning your local council offices and asking to speak to the Building Control officer. The plumber you engage should be fully conversant with these rules, but do not bank on this.
- Without certification you may have to remove what you install if it is discovered by the local authority to have been carried out without approval.

### DRAINAGE ALTERATIONS

Certification is required for all new additions to your drainage system, such as an additional toilet, sink, bathroom or pumped macerator unit. It is also required in all instances where you wish to alter your existing waste pipework, for example if you want to move your bath from one corner of the room to the other. The only time that notification is not required is when you do not alter the waste pipework at all and use the existing connections for a straightforward replacement.

#### HEATING AND HOT WATER REQUIREMENTS

Where a new boiler or hot water cylinder is to be installed, notification and certification will be required. When just a new cylinder is needed, it is sufficient to undertake the appropriate replacement and ensure that boiler interlock is provided for (see Chapter 3); when the boiler is to be replaced, it must be upgraded, in most cases to a high-efficiency type, often referred to as a condensing boiler. In addition, the heating system will need to be upgraded to include all the items listed under the heading 'Heating controls' in Chapter 3.

The installation of unvented domestic hot water systems also requires notification.

### ELECTRICAL SYSTEMS

Alterations to the electrical installation are subject to certification. Additional alterations in rooms such as general living areas and bedrooms do not require notification to Building Control, but they will still require an electrical minor works certificate to be issued. Areas that must be reported to the local authority include new circuits or when work is completed in wet areas such as bathrooms and kitchens and where a central heating control system has been installed.

#### GAS SYSTEMS

Where a new gas-heating appliance is installed, including cookers, gas fires and boilers, the work must be certified. The only body currently registered to self-certificate the installation of a domestic gas appliance is the Gas Safe Register.

#### **OIL INSTALLATIONS**

Oil installations and replacement of oil boilers and storage tanks also require certification. Operatives able to self-certificate will be registered with OFTEC.

#### VENTILATION

Where an extractor system is included, such as in a bathroom, notification is required.

. . . . . . . . . . . . . . . . . . .

# Pi

### Key idea

The requirements for Building Control notification do not stop at the above areas of work. Whenever you alter a building, certification may be required, including changing your windows. You need to keep hold of these certificates and know where they are should you wish to move house.

# Work to which Gas Regulations apply

You may undertake gas work as DIY in your own home but, if you do, it is essential for your own safety that you fully understand what you are doing, and your work must be in accordance with the Gas Safety Regulations and British Standards. If you decide to employ a professional to do the work – which is the safest course of action – in addition to the certification discussed above, the installation of a new gas appliance and all gas work undertaken within your property must be undertaken by a registered gas-fitting operative. It is very important that you ask to see proof of the operative's identity in relation to the work that they wish to undertake because failure to do so might put your life at risk. All operatives have been issued with a Gas Safe Register yearly credit-cardsized proof of identification. This card has their photograph clearly displayed on the front, which you must check. Their identity can be checked by phoning Gas Safe Register on 0800 408 5500 or by logging on to www.GasSafeRegister.co.uk

Do not look just at the front of the card. Listed on the back are the specific areas of domestic gas expertise in which the operative is authorized to undertake work. These include:

- pipework
- cookers
- ► gas fires
- water heaters
- central heating
- warm air heating
- ► tumble dryers.

### Remember this

If you want work done on your gas boiler, make sure central heating is listed on the back of the card. If you find that an operative is operating without registration, you should report them to the Gas Safe Register as they may be endangering the lives of others. If they do not produce the card, do not let them do the work.

# Work to which Water Regulations apply

Under the Water Regulations, you have a legal duty to avoid and prevent the following situations occurring within your premises at all times:

- ▶ wasting water, e.g. not repairing leaking joints or dripping taps
- misusing water, e.g. filling a swimming pool in excess of 10,000 litres without giving notice to the water supplier
- undue consumption of water, e.g. installing a toilet cistern of a larger capacity than permitted
- water contamination, e.g. using lead-soldered fittings instead of lead-free fittings
- erroneous measurements of water usage, e.g. bypassing a water meter.

As with all the other regulations, you can undertake any new work in your home yourself but you must complete the work in accordance with the regulations listed above. In addition to this, some specific new works or additions to your plumbing system will require notification to the local water authority. These include:

- erecting a new building permission is required both for internal pipework and for the use of a temporary water supply for building purposes
- ▶ installing a bath with a capacity greater than 230 litres
- installing a bidet with an ascending spray or hose
- installing a booster pump using more than 12 litres per minute
- ▶ installing a water treatment unit such as a water softener
- installing any sort of garden watering system, unless it is a handheld hosepipe
- constructing a pond or swimming pool greater than 10,000 litres filled by automatic means.

If you wish to undertake any of these activities as part of your new works, you must apply in writing to the local water authority at least ten days before starting the work. They will either:

- give consent
- refuse consent, giving their reasons
- give consent subject to certain conditions.

If you do not receive a reply after ten days, consent may be deemed to have been given.

When employing a plumbing contractor to do the work for you, check to see that they are approved and registered with a water authority. This will ensure that the work is in compliance with the Water Regulations. Also make sure they issue you with a certificate once the work is completed and certainly do not settle your account until you have this. As with Building Control certificates, these need to be kept and produced if called upon, to show you have had approval.

Where you employ a plumber who is not registered, you may have difficulty proving compliance with the law, and any certificate offered by them will be worthless. Also, if they are not approved you cannot begin the works listed above until consent has been given.

It must be understood that you, the householder, and therefore the user of the supply (not the person who actually did the work) will be held liable for contraventions to the Water Regulations and therefore subject to any fines imposed owing to contravention.

### **Registration requirements**

- ✤ For all work relating to gas installations, unless DIY, operatives must be registered with the Gas Safe Register.
- ✤ For all work relating to oil, operatives should be registered with OFTEC.
- ☆ For all work relating to drainage, operatives should be registered with an approved body, such as those listed previously or another such organization.

- \* For all work relating to the hot or cold water pipework, operatives should be registered with a water authority.
- For all work relating to electrical installation, operatives should be registered with an approved body, such as those listed previously or another such organization.
- For all work relating to ventilation, operatives should be registered with an approved body, such those listed previously or another such organization.

Where the operative is not registered with a specific body, the work can still be completed, but you may need first to seek approval in writing from the local building or water authority.

## The professional plumber

Finding the right plumber may prove difficult. You will be lucky to find someone with everything I have suggested a plumber should have. I have a lot of experience in training and meeting with plumbers, heating engineers, gas fitters and electricians. These operatives need to be registered to work on:

- gas installations, and tested on each type of appliance on which they wish to work
- hot and cold water systems
- drainage systems

- electricity supply systems
- heating systems.

Each of these disciplines requires:

- upgrade training
- passing an assessment, often on the basis of five-yearly reassessment
- paying the annual fees to belong to a professional body, of which they may need to join several.

All of this is very expensive!

In addition, they have to:

- take time off from work to attend courses and therefore incur a loss of earnings
- comply with an extensive range of additional safety legislation, which has additional cost implications.

All this has resulted in operatives being faced with the decision either to limit the work they are able to do legally, or to offset the cost of the work through the fees they charge. The amount they quote for a job is therefore often above what the client had envisaged paying. It will almost certainly be higher than a quote from someone who is not appropriately registered to carry out the work.

Check why someone is asking a specific price for a job. They might be the most expensive because they will give you everything you need. You need to make sure that they are the dearest for a reason and are not just fleecing you. Conversely, will the cheapest quote give you the standard of service you expect and be certificated if applicable?

Good luck in your search. Find a good plumber – and keep them.

# Appendix 2: Glossary

access cover A point where access can be gained for internal inspection of a drain.

**air gap** A distance maintained above the top of an appliance, such a sink or basin, at which the water would spill over on to the floor to the underside of the tap outlet. An air gap is maintained to prevent back-siphonage of water from the appliance into the supply pipe.

**air separator** Also referred to as a de-aerator, this device is sometimes found in a fully pumped central heating system to maintain the neutral point, where the cold feed and vent pipes join the system.

alloy A material made up from two or more metals, for example brass or solder.

automatic air-release valve A special valve that allows air to escape from any high points within a low-pressure system, where air would accumulate and cause a blockage.

**back boiler** A boiler that has been installed within the fire opening in a living room or lounge.

**backflow** Water that flows in the opposite direction to that intended, possibly causing water contamination.

back siphonage Water that is sucked back into the pipework, causing water contamination.

balanced flue See room-sealed appliance.

**balancing** The throttling down of the flow of water to certain radiators, to force the water to flow to those further away from the pump, thereby allowing them to receive sufficient hot water.

ballvalve See float-operated valve.

**basin spanner** A special spanner designed to reach the nuts located up behind baths and sinks where there is restricted room to turn a normal spanner.

Appendix 2: Glossary (265)

**bib tap** A design of tap that screws horizontally into the pipe fitting, and used for an outside tap. *See also* pillar tap.

**boiler** The appliance used to heat water for washing and central heating purposes.

**bonding** A system where specific metal pipework is connected either together or to the main earth terminal in order to avoid an electric shock caused by a faulty electrical installation.

**boss** A special connection branch where smaller-diameter pipes are connected into a larger-diameter waste pipe.

branch In pipework, a tee joint.

brass An alloy of copper and zinc.

**Building Regulations** The laws applicable to building works, administered by the local authority.

capillary joint A soldered joint used to join two pieces of copper tube together.

**carbon monoxide** A poisonous gas produced as the result of incomplete combustion of fuel.

**cesspool** Also called a cesspit, this is a sewage collection chamber where foul drainage water is collected until it can be removed for proper disposal.

checkvalve A non-return valve fitted in a pipeline, designed to prevent backflow.

circulating pump A device installed in a central heating system to circulate the hot water to all the radiators.

cistern An open-topped vessel used to store water, such as a water storage vessel or a toilet cistern.

**close-coupled suite** A toilet suite that does not include a flushpipe. The cistern is bolted directly on to the WC pan.

cock A type of valve, such as a stopcock.

**cold feed** The pipe that serves a specific system, such as the cold feed to a hot water system or central heating system.

**combination boiler** A design of boiler used for both the central heating and as a unit to instantaneously heat up water going to hot water outlets. It does away with the need to have a hot water storage cylinder.

**combined system of drainage** A drainage system that takes both rainwater and foul water from the house sanitary pipework.

**compression joint** A fitting used to join two pipes together. It incorporates a compression ring that is clamped on to the pipe and forced up hard against the body of the fitting.

**condensate pipe** A pipe that removes the water collected within a condensing boiler to a drain.

**condensing boiler** A design of boiler that operates to a very high level of efficiency.

**CORGI** The abbreviation for the Council for Registered Gas Installers, the body responsible for gas registration before the setting up of the Gas Safe Register.

de-aerator See air separator.

direct cold water supply A cold water supply system fed directly from the mains supply pipe.

drain-off cock A small valve designed to permit a hosepipe to be connected, thereby allowing water to be drained from the system. All low points of water-filled systems should be fitted with a drain-off cock.

Essex flange A special fitting sometimes used to provide an additional connection to a hot water storage cylinder, such as where a shower requires its own supply.

f & e cistern The abbreviation for feed and expansion cistern. This is a small cistern used for supplying water to a central heating system. It also allows for the expansion of the water due to heating. When filled, the water level is adjusted to a level very low down inside, just above the outlet point, thereby making room for the expanding water.

Appendix 2: Glossary (267

feed cistern A cistern located in the roof space to hold a quantity of cold water for supplying a system of domestic hot water.

**female iron** In threaded joints, the female iron thread has an internal thread. The male iron has an external thread and screws into the female iron.

ferrous metal Metals containing iron.

first fix The process of running the pipework to an installation, when the appliances have yet to be fixed.

flame failure device A special control that prevents fuel passing to the combustion chamber of an appliance if a flame is not detected.

**float-operated valve** Also called a ballvalve, the control valve located inside a cistern to stop the incoming flow of water.

flow rate The volume of liquid passing through pipework.

flue The pipe that removes the products of combustion to the external environment.

flushing cistern Another name for a toilet cistern.

**flux** A special paste that is applied to the mating surfaces of copper pipe and fittings prior to soldering. It is designed to exclude the oxygen within the surrounding air, which would otherwise cause the joint to become dirty when the heat is applied. It also helps the solder to stick to the pipe and fitting.

foul water The water from waste appliances and toilets.

fur Another name for limescale.

gate valve A stop valve which closes off the flow of water by closing a gate.

**gland nut** Also called a packing gland nut, it is the nut found on many taps and valves, designed to tighten up and squeeze out the material surrounding the spindle where it turns, thus preventing water leaking past this spindle. (See Figure 4.1.)

gradient The incline of a pipe.

gully A drainage fitting into which smaller pipes are connected. The gully may be trapped or untrapped. All gullies connected to a foul-water drainage system must be trapped.

hard water Water with a proportion of calcium and magnesium salts held in solution within the water.

heat exchanger The component within a boiler or hot water cylinder where heat is transferred from one source to another.

hopper head A funnel-shaped drainage fitting located at the uppermost end of a pipe. It is designed to assist the collection of water from the smaller pipes that discharge into it.

immersion heater The heater found inside a hot water cylinder, similar to a kettle element only much larger.

inhibitor A solution added to a central heating system, designed to minimize the problems of corrosion. It also has pumplubricating qualities.

insulation The material applied to pipes and storage vessels to decrease the transference of heat or sound.

intercepting trap A special drainage fitting installed at the point where the house drain meets the sewer. It forms a trap to keep the two systems separate. These are no longer installed.

jointing paste One of several oil-based compounds that can be used to assist in making pipe connections. It is essential that this paste is not used in connections with plastic materials because it will cause them to break down.

jumper This is the brass plate on to which the washer of a tap is attached.

Legionella Bacteria that grow in warm water and are potentially fatal when transmitted to humans via water in the form of a fine spray or mist.

LPG Abbreviation for liquefied petroleum gas.

macerator pump A domestic pumping unit designed to discharge the low-level waste water contents from sanitary appliances through small-bore pipes up to a drainage system at a higher level.

Appendix 2: Glossary (269)

male iron See female iron.

**manhole** An inspection chamber below ground level, designed to give access to the house drains.

microbore Small-diameter central heating systems using pipes as small as 6 mm.

**mixer tap** A tap designed to receive both hot and cold water and deliver them into the appliance simultaneously, if desired.

**motorized valve** A special valve used within a fully pumped central heating system to automatically open and close the pipeline when water is required for a particular heating circuit.

**Multiquick** The trade name of a push-fit WC pan outlet connector.

**neutral point** The point within a pumped heating system that is under the influence of atmospheric pressure and not subject to any positive or negative pressure caused by a pump.

**'O' ring** A neoprene washer, designed to prevent water escaping past two mating surfaces. These washers are used in push-fit joints and many taps and mixer valves, to allow the turning movement of a spindle or spout.

**open flue** The flue pipe from a heat-producing appliance, in which the air supply to the appliance has been taken from the room.

**overflow pipe** The pipe found in toilet and storage cisterns, designed to remove the excess water filling the cistern when the float-operated valve fails to close off the water supply.

**P** trap A trap located on the outlet of a sanitary appliance, with its outlet horizontal to the floor.

**pH value** Abbreviation for potential of hydrogen, identifying the amount of hardness in a sample of water.

**pillar tap** A design of tap that screws vertically into the sanitary appliance, such as might be used for a basin tap. *See also* bib tap.

**pipe duct** A void through which a pipe has been run, thereby facilitating maintenance or removal.

**plumber's mait** Non-setting putty often used when making the waste fitting connections to sanitary appliances.

**PTFE tape** Abbreviation for polytetrafluoroethylene, which is a white-coloured jointing tape generally used when making pipe-threaded joints.

**pump** A device used to move a volume of water. One example would be a circulating pump used in a central heating system to force the water around the system.

**PVC** Abbreviation for polyvinyl chloride, a type of plastic typically used in waste water drainage systems.

radiant heating A form of infrared heating, designed only to warm the objects upon which the heat waves land (typically the building structure or the occupants of the building). It does not warm the air.

radiator A heat emitter through which hot water is passed to warm a room.

reducer A pipe fitting designed to reduce or increase the bore of a pipe.

**room-sealed appliance** A fuel-burning appliance that takes its air supply from outside the building as well as discharging the flue products outside, usually at a point adjacent to the air intake, in which case it is referred to as a balanced flue. Where the flue discharges at a different location from the air intake it is not in balance.

**running trap** A trap which is installed within a run of pipework rather than fixed directly on to a waste fitting, as found typically with the P or S trap.

sanitary appliance A bath, basin, toilet, cistern, sink or other plumbed fitting.

**sealed system** A central heating system that is not open to the atmosphere, typically filled via a temporary filling loop connected to the water supply mains.
**seating** The area within a tap or valve on to which a washer is tightened, thus closing the supply.

**separate system of drainage** A system of drainage that has two drainage pipes, one for surface rainwater and one for foul water from the house sanitary pipework.

septic tank A private sewage disposal system used in some rural areas.

silicone A non-metallic substance, typically found in liquid form as a lubricant or as a rubber setting multipurpose sealing compound.

**siphonic action** The action of transferring a liquid, typically water, from one level up and over the edge of a vessel down to a lower level, using the force created by atmospheric pressure.

**soft water** Water with no calcium or magnesium salts held in solution within it, and which may contain additional carbon dioxide, making it more acidic.

**solder** An alloy used to make capillary joints in copper tube. The solder may contain lead and tin or be lead free, typically consisting of copper and tin.

**stopcock** A valve fitted on high-pressure mains supply pipework, designed to control or stop the flow of water.

**stop valve** A valve installed within a run of pipe, e.g. a stopcock, gate valve or quarter-turn.

storage cistern A large open-topped vessel, usually located in the roof space or loft, designed to hold water to supply a system of hot or cold water.

**S** trap A trap located on the outlet of a sanitary appliance with its outlet vertical to the floor.

**stuffing box** The area beneath the packing gland nut where a special packing is located to allow the spindle of a valve to turn without letting water escape. *See* gland nut.

**Supa-tap** A design of tap that can be re-washered without turning off the water supply.

surface water Rainwater that runs off roofs and paved areas.

thermostat A device designed to automatically open or close an electrical circuit as the temperature increases or decreases.

**trap** A component located beneath or forming part of a sanitary appliance, designed to hold a quantity of water with the intention of preventing foul air and gases passing into the building from the house drains.

**unvented domestic hot water supply** A system of stored hot water supply, in excess of 15 litres, that is supplied directly from the mains supply pipework.

**vacuum** A space devoid of any matter, so that air from the surrounding atmosphere applies a force as it tries to fill this void.

valve A fitting incorporated within a pipe run, either to control or to stop the volume of liquid passing through.

**vent pipe** The pipe from a high spot within a central heating or hot water system, designed to allow the air to escape as the system fills and let air into the system as it is drained.

washing machine trap A special trap with a branch for the connection of a dishwasher or washing machine.

water pressure The force acting upon the water within a pipe.

WC The abbreviation for water closet, which is a toilet. The term WC really identifies the room in which a toilet is located, but it is also used when referring to the toilet itself.

**zone valve** A two-port motorized valve used in a heating system to open and close the pipeline automatically when called upon by the thermostat.

This page intentionally left blank

# Appendix 3: Taking it further

#### Further reading

Treloar, R.D., *Plumbing*, fourth edition (London: Blackwell Publishing, 2012)

Treloar, R.D., *Plumbing Encyclopaedia*, fourth edition (London: Blackwell Publishing, 2009)

Treloar, R.D., *Gas Installation Technology*, second edition, (London: Blackwell Publishing, 2010)

### Plumbing trade and professional bodies

Listed here is a selection of organizations from which you can obtain the contact details of qualified operatives. The companies listed with organizations such as these will need to follow strict guidelines as laid down by the organization making the recommendation and, as such, the organization will be held accountable to some extent for the work they undertake.

- Association of Plumbing and Heating Contractors (APHC) 0121 711 5030
  www.competentpersonsscheme.co.uk/consumers
- Chartered Institute of Plumbing and Heating Engineering (CIPHE)

01708 472791 www.ciphe.org.uk

Gas Safe Register
0800 408 5500 www.GasSafeRegister.co.uk

Appendix 3: Taking it further (275)

#### Oil Firing Technical Association (OFTEC)

0845 65 85 080 www.oftec.org

In addition, the following sponsored government website is very useful: www.trustmark.org.uk

## Index

access points, 27-8 air admittance valves, 26-7 air in central heating systems, 89-90 airlocks creating blockages, 132-4 air separators, 83-4, 265 atmospheric corrosion, 174-5, 176 automatic bypass valve, 99-100

ballvalve see float-operated valve basin spanners, 192-3 basins, installing, 245-9 baths, installing, 245-9 bending machines, 184-7 bending springs, 183-5 blockages, 27, 57, 132-4, 162-70 boiler interlock, 98-9, 258 boilers, 48, 49-50, 53, 69-70, 90-4 certification, 258-9 combination (combi), 64-5, 67-9,79 condensing, 94-5 high-efficiency (HE), 95-6 maintenance, 204-6 noisy, 154-5 bonding wires, 35-7, 194-5 boss connections to soil pipes, 221-2 Building Regulations, 78, 87, 96, 257-9 carbon monoxide (CO), 44-5, 206 ceiling, bulging, 148 central heating systems, 68-9, 74-103 draining down, 119-21 problems, 156-61 ceramic discs, 125-7 certification for professionals, 203-4, 257-64 cesspools/cesspits, 31-2 cisterns

close-coupled, 137-8 contamination, 11

f & e see f & e cisterns flushing, 14-17, 29-30, 138 installing, 228-30 maintenance, 208-9 noisy, 153-4 overflowing, 139-41 storage see storage cisterns turning off, 114-16 close-coupled toilets, not flushing, 137 - 8closed systems, 79-82 cold water supply, 2-14 turning off, 108-16 combination (combi) boilers, 64-5, 67-9,79 compression joints, 178-9, 191 condensing boilers, 94-5 connections. 248-9 contamination in cisterns, 11 controls for heating, 96-102 convection currents, 75, 76-7 copper pipes, 178-83 bending, 183-7 corrosion, 55, 134, 174-6 corrosion inhibitors, 103 cylinder thermostats, 98 cylinders hot water, 48-50, 53-61, 66 storage, 69-70

diaphragm valves, 12-13 diaphragm washers, 135-6 direct systems of cold water supply, 6-7 direct systems of hot water supply, 51 - 3dishwashers, installation, 215-19 drainage points, 27-8

drainage systems, 22-36 blockages, 167-9 certification, 258 connections to soil pipes, 221-2 draining down central heating, 119 - 21draining down water supply, 118-19 drain-off stopcock, 5, 118-19 drinking water, 9, 220 efficiency of boilers, 95-6 electricians, 204 electricity certification, 259 earthing, 35-7 electrolytic corrosion, 175 equipotential earth bond, 35-7

expansion of water, 57, 61, 79–80 expansion vessels, 81 external stopcock, 113–14

f & e (feed and expansion) cisterns, 54-5, 57, 77-8, 81, 149, 267 fire valves, 46 'first fix', 245-6 float-operated valve/ballvalve, 10-13, 14, 16, 139-41, 151-2 floors, pipes concealed below, 196-8 floor timbers, noisy, 153 flow rate, 68, 69 flue pipes, 46–7 flushing cisterns, 14-17, 29-30, 138 forced draught boilers, 93 frost protection, 102-3 fuel efficiency, 49 fuel types, 91 fully pumped systems, 81–3

gas fires, maintenance, 206–8 gas leaks, 170–1 Gas Safe Register, 44–5, 203, 259, 260 gas supply, 42–3 gate valves, 115 gravity circulation, 53 gutters blockages, 168-70 installing, 234-7 hard water, 16-21 heating controls, 96–102 heating, underfloor see underfloor heating high-efficiency (HE) boilers, 95-6 hot water supply, 48-70 maintenance, 209-11 not hot enough, 156-7 too hot, 155-6 turning off, 116-17 immersion heaters, 51-3 replacing, 229-31 indirect systems of cold water supply, 7-8 indirect systems of hot water supply, 53-63 induced siphonage, 25 instantaneous systems of hot water supply, 63-5 insulation for pipes, 232-4 isolation valve, 116-17

joints compression, 178–9, 191 push-fit, 181–2, 189 soldered, 179–81 solvent-welded, 189–91

lead pipes, 176 Legionella bacteria, 50–1 limescale, 18–20, 134 lockshield valves, 87–9, 224 loft hatch, 229 LPG (liquefied petroleum gas), 42

macerator units, 28 maintenance checks, 204–11

micro-bore systems, 84-5, 88 mild steel pipes, 176–7 modified cold water supply, 7-9 motorized valves, 100-2 natural draught boilers, 93 natural gas, 42 'O' rings, replacing, 129-31 oil installation, certification, 259 oil supply, 45-6 open-flued boilers, 93 overflow pipes, 10, 16 overflowing water, 139-41 packing gland nut, 111-12, 128-9 pH value of water, 17 pipe clips, 183 pipe thermostats, 102-3 pipes access points, 27 between radiators, 77-8 blockages, 132-4, 162-70 burst, 148–50 cold water supply, 2-4 for combi boilers, 68 concealing, 196-8 connections to soil pipes, 221-2 copper, 178-87 corrosion, 174-6 drainage, 23-4 draining down, 118-19 'first fix', 245-6 flue, 46–7 hot water distribution, 67 insulating, 232-4 lead, 176 leaking, 142-4 mild steel, 176-7 noisy, 150-5 overflow, 10, 16 plastic, 187–91 'second fix', 248-9

traps, 22, 24-5 water supply main, 226-8 plastic pipes, 187–91 plumbers, 202-3 plungers, 162-3, 165-7 Portsmouth valves, 12-13, 140-1 priority systems, 68-9 professional tradespeople, 202-4, 263-4 programmer, 97 protection for heating systems, 102-3 PTFE (polytetrafluoroethylene), 178 public drainage systems, 32-5 pump-overrun facility, 99 pumps, 81-3 central heating, replacing, 157-9 noisy, 153 shower booster, 252-4 push-fit joints, 181-2, 189 quarter-turn valves, 115–16 radiant heating, 74-6 radiators, 76-8, 84-7 bleeding, 160-1 leaking, 161 not hot enough, 157-61 removing, 89, 224-6 valves, 87-90, 161 rainwater pipes blockages, 168-70 installing, 234-7 regulations, 257-64 room thermostats, 97-8 room-sealed boilers, 93 safety

gas see Gas Safe Register hot water, 50–1 sealed expansion vessels, 81 sealed heating systems, 79–82 'second fix', 248–9 self-siphonage, 24–5

septic tanks, 30-1 servicing appliances, 204-11 sewage disposal, 30–5 shower booster pumps, replacing, 252-4 shower cubicles, installing, 249-52 single-feed systems of indirect hot water supply, 57-8 single-stack system, 23 sinks, installing, 245-9 siphon toilets, not flushing, 135-8 siphonage from traps, 24–5 siphonic action, 15, 29–30 soakaways, 32-3 soft water, 18 soil pipes, 240 connections, 221-2 soldered joints, 179-81 solid fuel boilers, 91 solvent-welded joints, 189-91 spanners, 192-3 spindles, rising and non-rising, 122, 127-31 stacks, 23-4, 26 stopcock/stoptap, 2-3, 4-5 turning off, 108-17, 148 storage cisterns, 7, 9-11 installing, 228-30 pressure, 13-14 turning off, 114-16 storage cylinders, 69-70 storage systems, hot water, 48-63, 65-7 Supa-taps, 125-6 surface-water disposal, 31-3 tap seating, 124 taps dripping, 121-7 installing, 241-4 installing outside, 223-4 leaking, 127-31 low water flow, 131-4

temporary continuity bonding wire, 194-5 thermal storage systems, 65-7 thermostatic radiator valves (TRVs), 87, 98, 224-5 thermostats, 97-9 frost protection, 102-3 immersion heater, 230 problems, 155-7 three-port valves, 100-2 toilet-flushing cisterns, 14-17, 29-30 toilets, 28-30 blockages, 165-6 continuous water discharge, 138-9 installing, 237-41 leaking when flushed, 142-4 not flushing, 135-8 overflowing, 139-41 tools for plumbing, 191-5 traps, 22, 24-5 removing, 162-5 from washing machines and dishwashers, 216 TRVs see thermostatic radiator valves tube cutters, 193-4 two-pipe system, 77-8 two-port valves, 100-1

underfloor heating, 74–6 unvented systems, 58–63, 69

valves air admittance, 26–7 automatic bypass, 99–100 cold water supply, 108–16 diaphragm, 12–13 fire, 46 float-operated/ballvalves, 10–13, 14, 16, 139–41, 151–2 gate, 115 hot water supply, 116–17 isolation, 116–17 lockshield, 87–9, 224 maintenance, 209 motorized, 100–2 Portsmouth, 12–13, 140–1 quarter-turn, 115–16 radiator, 87–90, 161 TRVs, 87, 98, 224–5 three-port, 100–2 two-port, 100–1 valve-type flushing cisterns, 16–17 not flushing, 138 vented systems, 53–8, 69, 81 ventilation, 46–7 walls, pipes concealed behind, 198 washers diaphragm, 135–6

replacing, 112–13, 121–3, 125–6 washing machines, installation, 215–19 waste pipes blockages, 162–70 connection, 248

from washing machines and dishwashers, 216-18 water, hard and soft, 16-21 water closets (WCs) see toilets water conditioners. 20-1 water flow, 13 insufficient, 131-4 water meters, 2 water pressure, 12-14, 79-80 Water Regulations, 261–3 water softeners, 20 installation, 219-21 water supply cold see cold water supply connections, 248-9 draining down, 118-19 hot see hot water supply maintenance, 208-11 repairing main, 226-7 replacing main, 227-8 turning off, 108-17, 148 to washing machines and dishwashers, 218-19