POISON PROOFING YOUR HOME

A curious child can get into trouble in just a moment. Many substances found around the home-from cleaning products to medicines- are poisonous or potentially poisonous. Since children under 5 will put almost anything in their mouth, it is important to carefully poison-proof your home.

Follow these guidelines to guard against poisoning emergencies...

- Buy medicines with childproof caps.
- Keep all medications and household products locked away, well out of the reach of children.
- Install special clamps to keep toddlers from opening cabinets.
- Keep products in their original containers with the labels in place.
- Use poison symbols to identify dangerous substances, and teach your children what the symbols mean.
- Don't take or give any medication in the dark.
- Never tell children that medicine is or tastes like candy.
- Use products that give off fumes- including ammonia, bleach, paints, and petroleum products only in well ventilated areas.
- Dispose of outdated products as recommended.
- During work or recreation that may put you in contact with a poisonous product, set a good example. Wear proper protective clothing, such as gloves or a mask.