* Exported from MasterCook *

Almond Honey-Whole Wheat Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Measure	Ingredient Preparation Method
cup	water
tablespoons	honey
tablespoons	margarine or butter softened
	bread flour
cups	whole wheat flour
cup	toasted slivered almonds
teaspoon	salt
teaspoons	bread machine yeast
	cup tablespoons tablespoons cups cups cups cup teaspoon

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "1 Loaf"

Per serving: 165 Calories (kcal); 4g Total Fat; (21% calories from fat); 5g Protein; 28g Carbohydrate; 5mg Cholesterol; 200mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 2394 0 0 4982 0 2019

* Exported from MasterCook *

Almond Honey-Whole Wheat Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

: Bread Machine Categories Breads

Amount	Measure	Ingredient Preparation Method
2/3 2 1 1 1 2	cup cup	water honey margarine or butter softened bread flour whole wheat flour toasted slivered almonds Page 1

betty crocker best of baking recipes.txt 3/4 teaspoon salt teaspoon bread machine yeast 1

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 156 Calories (kcal); 3g Total Fat; (17% calories from fat); 5g Protein; 28g Carbohydrate; 4mg Cholesterol; 217mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;

1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 2394 0 0 4982 0 2019

* Exported from MasterCook *

Almond Pilaf

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Holiday Rice and Grains

Amount	Measure	Ingredient Preparation Method
1 1/2	cups	uncooked regular long grain rice
1	medium	onion chopped (about 1/2 cup)
1/4	cup	margarine or butter (1/2 stick)
1/2	teaspoon	ground allspice
1/2	teaspoon	ground turmeric
1/4	teaspoon	salt
1/4	teaspoon	curry powder
1/8	teaspoon	pepper
3	cups	hot chicken broth
1/4	cup	slivered blanched almonds

Heat oven to 350°. Cook rice and onion in margarine in 10-inch skillet, stirring frequently, until onion is tender. Stir in allspice, turmeric, salt, curry powder and pepper. Place in ungreased 2-quart casserole. Stir in broth.

Cover and bake about 40 minutes or until liquid is absorbed and rice is tender. Stir in almonds.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 225 Calories (kcal); 9g Total Fat; (35% calories from fat); 5g Protein; 30g Carbohydrate; 0mg Cholesterol; 422mg Sodium

Food Exchanges: 2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;

O Other Carbohydrates

NOTES: Brown Rice-Almond Pilaf: Substitute brown rice for the regular

rice. Bake 60 to 70 minutes. Nutr. Assoc. : 20107 0 4098 0 0 0 0 26438 2277

Almond-Chocolate Chip Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12

Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
1 2 1/2 3 3/4 3 1 3/4 1 1/2	cup tablespoons teaspoon cups cup tablespoons tablespoon teaspoon	semisweet chocolate chips sugar dry milk salt
1/3	cup	sliced almonds

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except almonds in bread machine pan in the order recommended by the manufacturer. Add almonds at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Loaf"

Per serving: 232 Calories (kcal); 8g Total Fat; (29% calories from fat); 6g Protein; 36g Carbohydrate; 1mg Cholesterol; 161mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 1582 4098 0 0 4886 0 0 0 2019 0

^{*} Exported from MasterCook *

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Almond-Chocolate Chip Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

: Bread Machine Categories Breads

Am	ount	Measure	Ingredient Preparation Method
	3/4	_ cup	plus 1 tablespoon water margarine or butter softened
1		tablespoon	margarine or butter softened
	1/4	teaspoon	vanilla
2		cups	bread flour
	1/2	cup	semisweet chocolate chips
2		tablespoons	sugar
2		teaspoons	dry̆ milk
	1/2	teaspoon	salt
1	,	teaspoon	bread machine yeast sliced almonds
	1/4	cup	sliced almonds

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except almonds in bread machine pan in the order recommended by the manufacturer. Add almonds at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

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Yield: "1 Loaf"

Per serving: 230 Calories (kcal); 8g Total Fat; (29% calories from fat); 6g Protein; 36g Carbohydrate; 1mg Cholesterol; 156mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 1582 4098 0 0 4886 0 0 0 2019 0

* Exported from MasterCook *

Angel Food Cake Deluxe

Recipe By

Serving Size : 16 Preparation Time :0:00

: Cakes Categories Desserts

1 cup cake flour	od
1 1/2 cups powdered sugar 1 1/2 cups egg whites (about 12) 1 1/2 teaspoons cream of tartar	

Page 4

1 cup granulated sugar 1 1/2 teaspoons vanilla 1/2 teaspoon almond extract 1/4 teaspoon salt

Heat oven to 375°. Mix flour and powdered sugar. Beat egg whites and cream of tartar in large bowl on medium speed until foamy. Beat in granulated sugar on high speed, 2 tablespoons at a time, adding vanilla, almond extract and salt with the last addition of sugar; continue beating until meringue holds stiff peaks. Do not underbeat.

Sprinkle flour-sugar mixture, 1/4 cup at a time, over meringue, folding in gently just until mixture disappears. Spread in ungreased tube pan, 10×4 inches. Gently cut through batter with spatula.

Bake 30 to 35 minutes or until cracks feel dry and top springs back when touched lightly. Immediately invert pan onto heatproof funnel; let hang until cake is completely cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
 "1 Cake"

Per serving: 130 Calories (kcal); trace Total Fat; (0% calories from fat); 3g Protein; 30g Carbohydrate; 0mg Cholesterol; 71mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1 1/2 Other Carbohydrates

NOTES: Angel food cake is thought to have originated in St. Louis,
Missouri, in the mid-nineteenth century. Some people believe that
the recipe was brought by slaves from the South up the Mississippi
River to St. Louis. Others believe that angel food cake can be

traced to the Pennsylvania Dutch. Nutr. Assoc.: 0 0 3231 0 0 0 0

* Exported from MasterCook *

Antipasto Pull-Apart

Recipe By :

Serving Size : 32 Preparation Time :0:00

Categories : Appetizers Breads

Amount Measure Ingredient -- Preparation Method 4 all-purpose flour (4 to 5 cups) cups 1 tablespoon sugar 2 teaspoons salt 1/4 cup olive oil 1/4 (1/2 stick) margarine or butter -- melted cup packages regular or quick-acting active dry yeast very warm water (120° to 130°) finely chopped salami (about 4 ounces) garlic -- finely chopped 1/4 cups 3/4 cup cloves 3/4 whole wheat flour cups 1/4 grated Romano or Parmesan cheese cup 2 chopped fresh basil tablespoons

OR teaspoons dried basil leaves

1 egg white tablespoon cold water

Mix 3 cups of the all-purpose flour, the sugar, salt, oil and yeast in large bowl. Add warm water. Beat on low speed 1 minute, scraping bowl frequently. Beat on medium speed 1 minute, scraping bowl frequently. Divide dough between 2 medium or large bowls.

Stir salami, garlic and whole wheat flour into dough in 1 bowl. If necessary, stir in enough all-purpose flour to make dough easy to handle. Turn dough onto lightly floured surface; gently roll in flour to coat. Knead about 10 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place 40 to 60 minutes or until double. (Dough is ready if indentation remains when touched.)

Stir cheese and basil into dough in other bowl. Stir in enough remaining all-purpose flour to make dough easy to handle. Turn dough onto lightly floured surface; gently roll in flour to coat. Knead about 10 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place 30 to 50 minutes or until double.

Grease large cookie sheet. Punch down whole wheat dough and let rest 5 minutes. Punch down white dough and let rest 5 minutes. Gently pat each dough into 7 1/2-inch square. Cut each square into twenty-five 1 1/2-inch squares. Randomly arrange white and whole wheat squares on cookie sheet in 2 round mounds, about 6 inches across. Cover and let rise in warm place 35 to 50 minutes or until double. Beat egg white and cold water; brush over loaves.

Heat oven to 375°. Bake 35 to 40 minutes or until loaves are golden brown and sound hollow when tapped. Remove from cookie sheet. Cool on wire rack. Pull apart to serve.

2 loaves (about 16 slices each)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
"2 Loaves"

Per serving: 115 Calories (kcal); 3g Total Fat; (26% calories from fat); 4g Protein; 17g Carbohydrate; 5mg Cholesterol; 206mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 14 0 0 0 0 2130706543 26366 5472 4814 0 0 20087 20028 0 2130706543 0 0

* Exported from MasterCook *

Apple Dumplings

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Desserts

Amount Measure Ingredient -- Preparation Method Page 6

Favorite Pastry for 9-Inch Two-Crust Pie -- (see recipe) baking apples (each about 3 inches in 6 diameter) -- peeled and cored 3 tablespoons raisins tablespoons chopped nuts 1/2 2 cups packed brown sugar 1/3 cups water

Heat oven to 425°. Prepare pastry. Gather into a ball. Roll two-thirds of the pastry into 14-inch square on lightly floured cloth-covered board with floured stockinet-covered rolling pin; cut into 4 squares. Roll remaining pastry into rectangle, 14×7 inches; cut into 2 squares. Place apple on each square.

Mix raisins and nuts; fill each apple. Moisten corners of each pastry square; bring 2 opposite corners up over apple and pinch. Repeat with remaining corners; pinch edges of pastry to seal. Place dumplings in ungreased baking dish, $13 \times 9 \times 2$ inches.

Heat brown sugar and water to boiling; carefully pour around dumplings. Bake, spooning or basting syrup over dumplings 2 or 3 times, until crust is golden and apples are tender, about 40 minutes. Serve warm or cool with cream or sweetened whipped cream if desired.

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Yield:

"6 Dumplings"

Per serving: 645 Calories (kcal); 15g Total Fat; (19% calories from fat); 3g Protein; 131g Carbohydrate; 11mg Cholesterol; 217mg Sodium

Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1 1/2 Fruit; 2 1/2

Fat; 6 Other Carbohydrates

Nutr. Assoc. : 0 30 0 0 0 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch Two-Crust Pie

Recipe By

: 8 Serving Size Preparation Time :0:00

Categories : Desserts Pies

Amount Measure Ingredient -- Preparation Method 2 cups all-purpose flour 1 teaspoon salt 2/3 lard cup OR 2/3 plus 2 tablespoons shortening cold water (4 to 5 tablespoons) tablespoons

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
"2 Crusts"

Per serving: 268 Calories (kcal); 17g Total Fat; (59% calories from fat); 3g Protein; 24g Carbohydrate; 16mg Cholesterol; 267mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Apple-Cinnamon Bread

Recipe By

Serving Size : 16 Preparation Time :0:00

: Baking with Kids Categories **Breads**

Amount Measure Ingredient -- Preparation Method Shortening cups cooking apples cup 1 sugar 1/2 cup shortening teaspoon vanilla 2 1 1 large eggs cups all-purpose flour baking powder baking soda ground cinnamon teaspoon teaspoon teaspoon teaspoon salt chopped walnuts cup cup raisins

```
tablespoon sugar
teaspoon ground cinnamon
       1/4
Heat oven to 350°.
Grease bottom only of loaf pan with:
     Shortening
Adult help: Cut apples into fourths, then core, peel and chop to measure 2
     About 2 medium cooking apples
Mix in large bowl with wooden spoon:
     1 cup sugar
     1/2 cup shortening
     1 teaspoon vanilla
     2 large eggs
Stir in until smooth (batter will be thick):
2 cups all-purpose flour
1 teaspoon baking powder
     1 teaspoon baking soda
     1 teaspoon ground cinnamon
     1/2 teaspoon salt
Stir in:
     The chopped apples
     1/2 cup chopped walnuts
     1/2 cup raisins
Spread batter in pan.
Mix in small bowl, then sprinkle over batter:
     1 tablespoon sugar
     1/4 teaspoon ground cinnamon
Bake 50 to 55 minutes or until toothpick poked about 1 inch from center
comes out_clean. Adult help: Immediately remove bread from pan to wire
rack. Cool. Store bread tightly covered.
1 loaf (16 slices)
Please note, if you should change this recipe it will no longer be an approved Betty \mathsf{Crocker}^{\otimes} Recipe.
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Yield:
   "1 Loaf"
Per serving: 221 Calories (kcal); 9g Total Fat; (37% calories from fat); 4g Protein; 32g Carbohydrate; 27mg Cholesterol; 185mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 1/2 Fat;
1 Other Carbohydrates
NOTES: Utensils You Will Need
          Loaf pan, 9 \times 5 \times 3 inches • Pastry brush • Cutting board • Sharp knives • Large Bowl • Dry-ingredient measuring cups • Measuring
          spoons • Wooden spoon • Small bowl • Pot holders • Toothpick •
Wire cooling rack
Nutr. Assoc.: 0 30 0 0 0 3854 0 0 0 0 0 4680 0 0
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^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Apple-Filled Coffee Cake

Recipe By

Serving Size : 6 Preparation Time :0:00

: Cakes Holiday Categories

Amount	Measure	Ingredient Preparation Method
1/4 2 2 3 1/2 3/4 1/2	cup cups tablespoons teaspoons teaspoon cup cup	shortening all-purpose flour sugar baking powder salt milk finely chopped peeled or unpeeled apple
1 1/2	tablespoon teaspoon tablespoon	(about 1 small) sugar ground cinnamon margarine melted Glaze, if desired (recipe follows)
1/3 1 1/2 1/8	cup teaspoons teaspoon	GLAZE powdered sugar milk vanilla

Heat oven to 425°. Grease round pan, 8×1 1/2 inches, or square pan, $8\times8\times2$ inches. Cut shortening into flour, 2 tablespoons sugar, the baking powder and salt with pastry blender in large bowl until mixture resembles fine crumbs. Stir in milk until dough leaves side of bowl and forms a ball.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead lightly 20 to 25 times. Divide dough into 12 equal parts; cover.

Mix apple, 1 tablespoon sugar and the cinnamon. Pat each part dough into 3-inch circle on floured surface. Place 1 rounded teaspoonful apple mixture in center of each circle. Bring edges of dough up over apple mixture; pinch and seal well to from a ball. Arrange balls, seam sides down, in pan. Brush with margarine.

Bake 17 to 19 minutes or until golden brown. Drizzle Glaze over warm coffee cake. Serve warm or let stand until cool.

GLAZE:

Mix all ingredients until smooth.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\$}$ Recipe.

Yield:

"1 cake"

Per serving: 322 Calories (kcal); 12g Total Fat; (33% calories from fat); 5g Protein; 48g Carbohydrate; 4mg Cholesterol; 460mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 26658 0 0 0 2130706543 0 0 0 0

* Exported from MasterCook *

Apple-Raisin Dressing

Recipe By :

Serving Size : 6 Preparation Time :0:00

Categories : Holiday

Amount	Measure	Ingredient Preparation Method
3	medium stalks	celery (with leaves) chopped (about 1 1/2 cups)
1	medium	onion chopped (about 1/2 cup)
1	cup	margarine or butter (2 sticks)
8	cups	soft bread cubes (about 13 slices)
1/2	cup	raisins
$1 \frac{1}{2}$	teaspoons	salt
1 1/2	teaspoons	dried sage leaves
1/4	teaspoon	pepper
3	medium	tart apples chopped (about 3 cups)

Heat oven to 350° . Grease rectangular pan, $13\times9\times2$ inches, or 3-quart casserole. Cook celery and onion in margarine in 10-inch skillet, stirring frequently, until onion is tender. Stir in about one-third of the bread cubes. Place in deep bowl. Add remaining bread cubes and ingredients; toss. Place in pan.

Cover and bake 15 minutes. Uncover and bake about 15 minutes longer or until hot and slightly crisp.

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Per serving: 507 Calories (kcal); 33g Total Fat; (56% calories from fat); 6g Protein; 49g Carbohydrate; 0mg Cholesterol; 1254mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 1/2 Vegetable; 1 Fruit; 6 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 26435 0 4098 2337 4680 0 3154 0 5260

* Exported from MasterCook *

Applesauce-Spice Cake

Recipe By :

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
2 1/2 2 1 1/2 1/2	cups cup cup	all-purpose flour* sugar raisins chopped walnuts shortening

```
betty crocker best of baking recipes.txt
1 \frac{1}{2}
                        applesauce
                 cups
   1/2
                  cup
                        water
1 \frac{1}{2}
            teaspoons
                        baking soda
1 1/2
            teaspoons
                       salt
   3/4
             teaspoon
                       ground cinnamon
   1/2
                       ground cloves
             teaspoon
   1/2
             teaspoon
                        ground allspice
   1/4
                        baking powder
             teaspoon
2
                        eggs
                        Browned Butter Frosting -- (recipe follows)
                        BROWNED BUTTER FROSTING
   1/3
                       margarine or butter
                  cup
3
                        powdered sugar
                 cups
1 1/2
            teaspoons
                        vanilla
2
          tablespoons
                       milk (about)
```

Heat oven to 350° . Grease and flour rectangular pan, $13 \times 9 \times 2$ inches, or 2 round pans, 8 or 9×1 1/2 inches. Beat all ingredients except Browned Butter Frosting in large mixer bowl on low speed, scraping bowl constantly, 30 seconds. Beat on high speed, scraping bowl occasionally, 3 minutes. Pour into pan(s).

Bake until toothpick inserted in center comes out clean, rectangular 60 to 65 minutes, layers 50 to 55 minutes. Cool layers 10 minutes; remove from pans. Cool completely. Frost rectangular or fill and frost layers with Browned Butter Frosting.

BROWNED BUTTER FROSTING:

Heat margarine over medium heat until delicate brown. Mix in powdered sugar. Beat in vanilla and milk until smooth and of spreading consistency.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "1 Cake"

Per serving: 426 Calories (kcal); 13g Total Fat; (27% calories from fat); 4g Protein; 75g Carbohydrate; 24mg Cholesterol; 381mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1 Fruit; 2 1/2 Fat; 3 Other Carbohydrates

NOTES: *Do not use self-rising flour in this recipe.

Carefully wipe the knife blade with vegetable oil before chopping the raisins, to prevent sticking.

Nutr. Assoc.: 14 0 4680 0 0 0 0 0 0 3615 0 0 3218 2130706543 0 0 4098 0 0 4138

Applescotch Pie

Recipe By

: 8 Serving Size Preparation Time :0:00

Pies Categories : Desserts

Page 12

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt **Ingredient -- Preparation Method** Amount Measure 5 thinly sliced peeled tart apples (about 5 cups medium) 1 cup packed brown sugar 1/4 water cup 1 tablespoon lemon juice 1/4 all-purpose flour* cup 2 tablespoons granulated sugar 3/4 teaspoon salt vanilla teaspoon 3 margarine or butter tablespoons Favorite Pastry for 9-Inch Two-Crust Pie -- (see recipe)

Mix apples, brown sugar, water and lemon juice in 2-quart saucepan. Heat to boiling; reduce heat. Cover and simmer just until apples are tender, 7 to 8 minutes. Mix flour, granulated sugar and salt; stir into apple mixture. Cook, stirring constantly, until mixture thickens and boils. Boil and stir 1 minute; remove from heat. Stir in vanilla and margarine; cool.

Heat oven to 425°. Prepare pastry. Turn apple mixture into pastry-lined pie plate. Cover with top crust that has slits cut in it; seal and flute. Cover edge with 2- to 3-inch strip of aluminum foil to prevent excessive browning; remove foil during last 15 minutes of baking.

Bake until crust is golden brown, 40 to 45 minutes.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Pie"

Per serving: 344 Calories (kcal); 13g Total Fat; (33% calories from fat); 2g Protein; 56g Carbohydrate; 8mg Cholesterol; 395mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 1/2 Fat; 2 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt. Nutr. Assoc.: 20149 0 0 0 14 0 0 0 4098 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch Two-Crust Pie

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount Measure Ingredient -- Preparation Method 2 cups all-purpose flour salt 1 teaspoon 2/3 cup lard OR plus 2 tablespoons shortening cold water (4 to 5 tablespoons) 2/3 cup tablespoons

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all

betty crocker best of baking recipes.txt flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"2 Crusts"

Per serving: 268 Calories (kcal); 17g Total Fat; (59% calories from fat); 3g Protein; 24g Carbohydrate; 16mg Cholesterol; 267mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2

Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Apricot-Ginger Muffins

Recipe By :

Serving Size : 12 Preparation Time :0:00

Categories : Breads

Ingredient -- Preparation Method Amount Measure plain yogurt 1 cup vegetable oil 1/3 cup 2 tablespoons finely chopped crystallized ginger 1 egg all-purpose flour 2 cups 1/2 cup sugar baking powder baking soda chopped dried apricots 2 teaspoons teaspoon 1/2 cup

Heat oven to 400°. Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Beat yogurt, oil, ginger and

betty crocker best of baking recipes.txt egg in large bowl. Stir in remaining ingredients except apricots just until flour is moistened. Fold in apricots. Divide batter evenly among muffin cups (cups will be very full). Sprinkle with sugar if desired.

Bake 16 to 18 minutes or until golden brown. Immediately remove from pan.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

'12 Muffins"

Per serving: 199 Calories (kcal); 7g Total Fat; (33% calories from fat); 4g Protein; 29g Carbohydrate; 20mg Cholesterol; 202mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES: Crystallized ginger is made by cooking pieces of gingerroot in a sugar syrup and then coating them with coarse sugar. Look for crystallized ginger in the spice section of your supermarket. Nutr. Assoc. : 0 0 3003 0 0 0 0 0

* Exported from MasterCook *

Apricot-Pistachio Rolled Pork

Recipe By

Serving Size : 12 Preparation Time :0:00

: Holiday Categories Pork

Am	ount	Measure	Ingredient Preparation Method
4		pounds	pork boneless top loin roast (single uncut roast)
	1/2 1/2	cup	chopped dried apricots
	1/2	cup	chopped pistachio nuts
2		cloves	garlic finely chopped
	1/4	teaspoon	
	1/4 1/4	teaspoon	pepper
	1/4	cup	apricot brandy
			OR .
	1/4 1/4	cup	
	1/4	cup	
			Crunchy Topping (recipe follows)
			CRUNCHY TOPPING
1		tablespoon	margarine or butter
	1/4	cup	
2		tablespoons	chopped pistachio nuts
	1/4	teaspoon	garlic salt

To cut pork roast into a large rectangle that can be filled and rolled, cut lengthwise about 1/2 inch from top of pork to within 1/2 inch of opposite edge; open flat. Repeat with other side of pork, cutting from the inside edge to the outer edge; open flat to form rectangle.

Sprinkle apricots, nuts, garlic, salt and pepper over pork to within 1 inch of edge. Tightly roll up pork, beginning with short side. Secure with toothpicks or tie with string. Pierce pork all over with metal skewer. Brush entire surface with brandy. Let stand 15 minutes. Brush again with

betty crocker best of baking recipes.txt brandy. Cover and refrigerate at least 2 hours.

Heat oven to 325°. Place pork, fat side up, on rack in shallow roasting pan. Insert meat thermometer so tip is in thickest part of pork.

Roast uncovered 1 1/2 hours. Brush preserves over pork. Sprinkle with Crunchy Topping. Roast uncovered 30 to 60 minutes longer or until meat thermometer registers 160° . Cover and let stand 15 minutes before serving for easier carving.

CRUNCHY TOPPING:

Heat margarine in 2-quart saucepan over medium heat until melted. Stir in remaining ingredients. Cook and stir 1 minute; cool.

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Per serving: 352 Calories (kcal); 19g Total Fat; (50% calories from fat); 30g Protein; 12g Carbohydrate; 79mg Cholesterol; 183mg Sodium Food Exchanges: 0 Grain(Starch); 4 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 4591 0 1139 0 0 0 0 0 2130706543 0 2130706543 0 0 4098 5696 1139 0

* Exported from MasterCook *

Asparagus with Gruyère

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Holiday Vegetables

Amount	Measure	Ingredient Preparation Method
1 1/2 1/2	pounds	asparagus* salt
1/2	teaspoon	salt
1/4 1/2	cup	margarine or butter (1/2 stick) grated Gruyère cheese
1/2	cup	grated Gruyère cheese
		OR
1/2	cup	grated Parmesan cheese

Heat oven to 350°. Break off tough ends of asparagus as far down as stalks snap easily. Arrange in single layer in ungreased rectangular baking dish, $11\times7\times1$ 1/2 inches. Sprinkle with salt. Cover with aluminum foil.

Bake about 25 minutes or until tender.

Heat margarine over low heat until light brown; drizzle over asparagus. Sprinkle with cheese.

Bake uncovered 5 to 8 minutes or just until cheese softens.

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Per serving: 119 Calories (kcal); 11g Total Fat; (77% calories from fat); 4g Protein; 3g Carbohydrate; 10mg Cholesterol; 298mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

NOTES: *2 packages (10 ounces each) frozen asparagus spears can be substituted for the fresh asparagus. Rinse asparagus with cold water to separate; drain. Increase first bake time to about 35 minutes.

Nutr. Assoc. : 2085 0 4098 697 0 2130706543

Baked Alaska Pumpkin Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

: Desserts Pies Categories

Am	mount Measure		Ingredient Preparation Method
1 3 1 1	3/4 1/2 1/2 1/4	teaspoon teaspoon teaspoon (16 ounce) ca (13 ounce) ca	Favorite Pastry for 9-Inch One-Crust Pie (see recipe) sugar ground cinnamon salt ground ginger ground cloves egg yolks slightly beaten n pumpkin n evaporated milk vanilla or toffee chip ice cream Brown Sugar Meringue (recipe follows)
3 6	1/4 1/2		BROWN SUGAR MERINGUE egg whites cream of tartar packed brown sugar vanilla

Heat oven to 425°. Prepare pastry. Mix remaining ingredients except ice cream and meringue. Pour into pastry-lined pie plate.

Bake 15 minutes. Reduce oven temperature to 350°. Bake until knife inserted in center comes out clean, about 45 minutes longer.

Refrigerate baked pie at least 1 hour. Soften ice cream slightly; press into waxed paper-lined pie plate, 8×1 1/2 inches. Freeze until solid.

Just before serving, heat oven to 500° . Prepare Brown Sugar Meringue. Unmold ice cream and invert on pie; remove waxed paper. Spoon meringue onto pie, covering ice cream completely and sealing meringue to edge of crust. Bake until golden brown, 2 to 3 minutes. Serve immediately.

BROWN SUGAR MERINGUE:

Beat egg whites and cream of tartar until foamy. Beat in brown sugar, 1 tablespoon at a time; continue beating until stiff and glossy. Do not underbeat. Beat in vanilla.

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Yield: "1 Pie"

Per serving: 424 Calories (kcal); 18g Total Fat; (37% calories from fat); 9g Protein; 58g Carbohydrate; 116mg Cholesterol; 373mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 3 1/2 Fat; 2 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 3615 3232 26007 0 5407 2130706543 0 0 3231 0 0 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
1	cup	all-purpose flour
1/2 1/3	teaspoon cup	salt lard
1/3	cup	OR plus 1 tablespoon shortening
2		cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield: '1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

Baked Barbecued Chicken

Recipe By : Serving Size : 6 Preparation Time :0:00

: Main and Side Dishes Poultry Categories

Amount	Measure	Ingredient Preparation Method
1/4 2 1/2	cup pounds	margarine or butter (1/2 stick) cut-up broiler-fryer chicken (2 1/2 to 3-pounds)
1	cup	ketchup
1/2	cup	water
1/4		lemon juice
1	tablespoon	Worcestershire sauce
2	teaspoons	paprika
1/2	teaspoon	salt
1	medium	onion finely chopped (about 1/2 cup)
1	clove	garlic finely chopped

Heat oven to 375°. Heat margarine in rectangular pan, 13 \times 9 \times 2 inches, in oven. Place chicken in margarine, turning to coat. Arrange skin side down in pan. Bake uncovered 30 minutes.

Mix remaining ingredients in 1-quart saucepan. Heat to boiling; remove from heat. Drain fat from chicken. Bake uncovered until thickest pieces are done and juices of chicken run clear, about 30 minutes longer.

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Per serving: 400 Calories (kcal); 27g Total Fat; (60% calories from fat); 25g Protein; 14g Carbohydrate; 96mg Cholesterol; 857mg Sodium Food Exchanges: 0 Grain(Starch); 3 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 3 1/2 Fat; 1 Other Carbohydrates

NOTES: Grilled Barbecue Chicken: Cover and grill chicken, bone sides down, 4 to 5 inches from medium coals, 25 minutes. Prepare sauce as directed. Turn chicken. Grill until thickest pieces are done, turning and brushing frequently with sauce, 30 to 40 minutes. Nutr. Assoc. : 4098 2566 0 0 0 0 0 0 0

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Baked Chicken and Rice

Recipe By :

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes Poultry

Measure	Ingredient Preparation Method
2 1/2 pound	cut-up broiler-fryer chicken (2 1/2 to 3-pounds)
teaspoon	salt
teaspoon	paprika (1/4 to 1/2 teaspoon)
	pepper
cups	chicken broth
cup	uncooked regular long grain rice
	onion chopped (about 1/2 cup)
	garlic finely chopped
	salt
teaspoons	chopped fresh oregano OR
teaspoon	dried oregano leaves
teaspoon	ground turmeric bay leaf
cups	shelled fresh green peas* Pimiento strips Pitted ripe olives
	2 1/2 pound teaspoon teaspoon cups cup medium clove teaspoon teaspoons teaspoon

Heat oven to 350°. Place chicken, skin sides up, in ungreased rectangular baking dish, $13\times 9\times 2$ inches. Sprinkle with salt, paprika and pepper. Bake uncovered 30 minutes.

Heat broth to boiling. Remove chicken and drain fat from dish. Mix broth, rice, onion, garlic, salt, oregano, turmeric, bay leaf and peas in baking dish. Top with chicken. Cover with aluminum foil and bake until rice and thickest pieces of chicken are done and liquid is absorbed, about 30 minutes. Remove bay leaf. Top with pimiento strips and olives.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"This hearty favorite is based on a traditional Spanish recipe, Arroz con Pollo, "chicken with rice." A specialty of Mexico and Puerto Rico, this classic dish is especially popular in the southwestern United States."

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Per serving: 454 Calories (kcal); 20g Total Fat; (41% calories from fat); 31g Protein; 34g Carbohydrate; 93mg Cholesterol; 858mg Sodium Food Exchanges: 2 Grain(Starch); 3 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

NOTES: *1 package (10 ounces) frozen green peas, thawed and drained, can be substituted for the fresh green peas.

Nutr. Assoc.: 2364 0 1032 0 0 3977 0 0 0 0 0 2130706543 0 0 20091 0 0

Baked Rice with Green Chiles

Recipe By :

^{*} Exported from MasterCook *

Serving Size : 5 Preparation Time :0:00

Categories : Main and Side Dishes Rice and Grains

Amount	Measure	Ingredient Preparation Method
3 1 1/2 1/2 1 2	cup cup cup teaspoon	cooked white rice sour cream shredded Monterey Jack cheese (2 ounces) shredded Cheddar cheese (2 ounces) chile powder (1 to 2 teaspoons) s chopped green chiles drained

Heat oven to 350°. Mix all ingredients in ungreased 2-quart casserole. Bake uncovered 30 minutes.

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T(Bake): "0:3Ó"

Per serving: 345 Calories (kcal); 17g Total Fat; (45% calories from fat); 11g Protein; 37g Carbohydrate; 42mg Cholesterol; 165mg Sodium Food Exchanges: 2 Grain(Starch); 1 Lean Meat; 1/2 Vegetable; 0 Fruit; 3 Fat; 0 Other Carbohydrates

NOTES : TIP

Want to reduce fat and calories? Use low-fat or fat-free sour

cream and reduced-fat cheeses.
Nutr. Assoc.: 0 0 26152 4922 2614 20197 0

Baking Powder Biscuits

Recipe By : Serving Size : 12 Preparation Time :0:00

: Breads Categories

Amount	Measure	Ingredient Preparation Method
1/3	cup	shortening
1 3/4	cups	all-purpose flour*
2 1/2	teaspoons	all-purpose flour* baking powder
3/4	teaspoon	salt
3/4		milk

Heat oven to 450°. Cut shortening into flour, baking powder and salt with pastry blender until mixture resembles fine crumbs. Stir in just enough milk so dough leaves side of bowl and rounds up into a ball. (Too much milk makes dough sticky; not enough milk makes biscuits dry.)

Turn dough onto lightly floured surface. Knead lightly 10 times. Roll or pat to 1/2 inch thick. Cut with floured 2-inch biscuit cutter. Place on ungreased cookie sheet about 1 inch apart for crusty sides, touching for soft sides.

Bake until golden brown, 10 to 12 minutes. Immediately remove from cookie sheet.

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Yield:

"12 Biscuits"

Per serving: 127 Calories (kcal); 6g Total Fat; (45% calories from fat); 2g Protein; 15g Carbohydrate; 2mg Cholesterol; 243mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit baking powder and salt.

Biscuit Sticks: Heat 1/3 cup margarine or butter in baking pan, 9 \times 9 \times 2 inches, in oven until melted; remove from oven. Roll dough into 8-inch square. Cut dough into halves; cut each half into eight 1-inch strips. Dip strips into margarine, coating all sides. Arrange strips in 2 rows in pan. Bake until golden brown, about 15 minutes. 16 sticks.

Nutr. Assoc. : 0 14 0 0 0

* Exported from MasterCook *

Banana Cream Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount Measure Ingredient -- Preparation Method Favorite Pastry for 9-Inch One-Crust Pie -- (see recipe) medium bananas (8 ounce) package cream cheese -- softened 1 1 (14 ounce) can sweetened condensed milk 1/3 cup lemon_juice teaspoon vanilla

Bake pie shell. Slice 2 of the bananas; arrange in pie shell. Beat cream cheese in small mixer bowl on medium speed until light and fluffy. Gradually beat in milk until well blended. Beat in lemon juice and vanilla. Pour into pie shell.

Refrigerate until firm, at least 2 hours. Slice remaining banana; arrange on pie.

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Yield: "1 Pie"

Per serving: 437 Calories (kcal); 23g Total Fat; (46% calories from fat); 8g Page 22

betty crocker best of baking recipes.txt Protein; 51g Carbohydrate; 56mg Cholesterol; 281mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 1/2 Fruit; 4 1/2 Fat; 2 Other Carbohydrates

Nutr. Assoc. : 0 2142 0 0 0 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
1 1/2 1/3	teaspoon	all-purpose flour salt lard
1/3 2	cup tablespoons	OR plus 1 tablespoon shortening cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with times of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

"1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Banana Oatmeal Cake

Recipe By

Serving Size : 15 Preparation Time :0:00

: Baking with Kids Categories Cakes

Amount	Measure	Ingredient Preparation Method
1 1/2 3/4 2/3 2/3 1 1 1/3 1 1/2 1 1/2 1 1/2 2/3 2/3	cups cup cup teaspoon large cups cup teaspoons teaspoons teaspoon cup cup	Shortening mashed very ripe bananas (4 medium) sugar vegetable oil buttermilk vanilla egg all-purpose flour quick-cooking or regular oats baking soda ground cinnamon baking powder ground cloves chopped nuts raisins

Heat oven to 350°.

Grease rectangular pan with Shortening

Beat in large bowl with wooden spoon:

1 1/2 cups mashed very ripe bananas (4 medium)

3/4 cup sugar 2/3 cup vegetable oil 2/3 cup buttermilk

1 teaspoon vanilla 1 large egg

Mix in:

1 1/3 cups all-purpose flour

1 cup quick-cooking or regular oats 2 teaspoons baking soda 1 1/2 teaspoons ground cinnamon 1 teaspoon baking powder

1/2 teaspoon ground cloves

Stir in: 2/3 cup chopped nuts 2/3 cup raisins

Spread batter in pan.

Bake 30 to 35 minutes or until toothpick poked in center comes out clean. Cool completely on wire rack.

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Yield:

^{&#}x27;1 Cake"

Per serving: 275 Calories (kcal); 14g Total Fat; (45% calories from fat); 4g Protein; 35g Carbohydrate; 13mg Cholesterol; 218mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 1/2 Fat; 1/2 Other Carbohydrates

NOTES: Utensils You Will Need

Rectangular pan, $13 \times 9 \times 2$ inches • Pastry brush • Large Bowl • Liquid measuring cup • Dry-ingredient measuring cups • Fork • Measuring spoons • Wooden spoon • Pot holders • Toothpick • Wire

cooling rack

Nutr. Assoc. : 0 4111 0 0 0 0 0 0 20223 0 0 0 3615 0 4680

Banana-Blueberry Muffins

Recipe By

Serving Śize : 12 Preparation Time :0:00

: Baking with Kids **Breads** Categories

Amount	Measure	Ingredient Preparation Method
2/3 1/4	cup cup	milk vegetable oil
1/2	cup	mashed ripe banana (about 1 medium)
2 2/3	cups cup	egg all-purpose flour sugar
2 1/2	teaspoons	
1/2	teaspoon	salt
1/4 1	teaspoon cup	ground nutmeg fresh or frozen (thawed and well-drained) blueberries

Heat oven to 400° . Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Beat milk, oil, banana and egg in large bowl. Stir in remaining ingredients except blueberries just until flour is moistened. Fold in blueberries. Divide batter evenly among muffin cups (cups will be almost full). Sprinkle with sugar if desired.

Bake 18 to 20 minutes or until golden brown. Immediately remove from pan.

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Yield: "12 Muffins"

Per serving: 189 Calories (kcal); 6g Total Fat; (26% calories from fat); 3g Protein; 32g Carbohydrate; 17mg Cholesterol; 202mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES: If you can't use up all of your ripe bananas, freeze them in their peels. When you're ready to bake with them, just thaw them and they'll be ready to use.

^{*} Exported from MasterCook *

Nutr. Assoc. : 0 0 4111 0 0 0 0 0 3437 0

* Exported from MasterCook *

Banana-Nut Bread

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 1/4	cups	sugar
1/2	cup	margarine or butter (1 stick) softened
2 1 1/2 1/2	cups cup	eggs mashed ripe bananas buttermilk
1	teaspoon	vanilla
2 1/2	cups	all-purpose flour
2	teaspoons	baking powder
1/2	teaspoon	salt
1/4	teaspoon	baking soda
1	cup	chopped walnuts or pecans

Heat oven to 350°. Grease bottoms only of 2 loaf pans, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 inches, or 1 loaf pan, $9 \times 5 \times 3$ inches. Mix sugar and margarine in large bowl. Stir in eggs. Add bananas, buttermilk and vanilla until smooth; beat until smooth. Stir in flour, baking powder, salt and baking soda just until flour is moistened. Stir in walnuts. Pour into pans.

Bake 8-inch loaves about 1 hour, 9-inch loaf about 1 hour 15 minutes or until toothpick inserted in center comes out clean. Cool 5 minutes. Loosen sides of loaves from pans; remove from pans. Cool completely on wire rack before slicing. Store tightly wrapped in refrigerator up to 1 week.

2 loaves (12 slices each) or 1 loaf (24 slices)

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Yield:

"2 Loaves"

Per serving: 174 Calories (kcal); 7g Total Fat; (36% calories from fat); 3g Protein; 25g Carbohydrate; 16mg Cholesterol; 153mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 4098 3218 4111 0 0 0 0 0 0 20187

* Exported from MasterCook *

Basic Pizza Dough for One Crust

Recipe By

Serving Size : 2 Preparation Time :0:00

Categories : Main and Side Dishes

Amount Measure Ingredient -- Preparation Method Page 26

1	package	active dry yeast
1/2	cup	warm water (105° to 115°)
1 1/4	cups	all purpose flour* (1 1/4 to 1 1/2 cups)
1	teaspoon	olive oil
1/2	teaspoon	salt
1/4	teaspoon	sugar

Dissolve yeast in warm water in large bowl. Stir in half of the flour, the oil, salt and sugar. Stir in enough of the remaining flour to make dough easy to handle. Turn dough onto lightly floured surface; knead about 10 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place for 20 minutes.

Punch down dough. Cover and refrigerate for at least 2 hours but no longer than 48 hours. (Punch down dough as necessary.)

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Description:

"Everyone loves pizza! This dough is great for Classic Four Seasons Pizza (see recipe) or to make pizza with your favorite toppings." Copyright:

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Yield: "1 Crust"

Per serving: 317 Calories (kcal); 3g Total Fat; (9% calories from fat); 9g Protein; 61g Carbohydrate; 0mg Cholesterol; 538mg Sodium Food Exchanges: 4 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt. One cup whole wheat flour can be substituted for 1 cup of the all-purpose flour if desired.

One pizza too many? Wrap the partially baked extra pizza, label and freeze no longer than two months. Heat oven to 375°. Bake a thin-crust pizza on a greased cookie sheet uncovered about 25 minutes and a thick-crust pizza about 55 minutes. Nutr. Assoc. : 0 5472 14 0 0 0

* Exported from MasterCook *

Basic Pizza Dough for Three Crusts

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
2 1 1/2 3 3/4 1 1 1/2	cups cups tablespoon teaspoon	

Dissolve yeast in warm water in large bowl. Stir in half of the flour, the oil, salt and sugar. Stir in enough of the remaining flour to make dough easy to handle. Turn dough onto lightly floured surface; knead about 10

betty crocker best of baking recipes.txt minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place for 20 minutes.

Punch down dough. Cover and refrigerate for at least 2 hours but no longer than 48 hours. (Punch down dough as necessary.)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

'Everyone loves pizza! This dough is great for Classic Four Seasons Pizza (see recipe) or to make pizza with your favorite toppings. Copyright:

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Yield: "3 Crusts"

Per serving: 312 Calories (kcal); 3g Total Fat; (9% calories from fat); 9g Protein; 61g Carbohydrate; Omg Cholesterol; 360mg Sodium Food Exchanges: 4 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt. One cup whole wheat flour can be substituted for 1 cup of the all-purpose flour if desired.

One pizza too many? Wrap the partially baked extra pizza, label and freeze no longer than two months. Heat oven to 375°. Bake a thin-crust pizza on a greased cookie sheet uncovered about 25 minutes and a thick-crust pizza about 55 minutes.

Nutr. Assoc.: 0 5472 14 0 0 0

* Exported from MasterCook *

Basic Pizza Dough for Two Crusts

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
2 1 2 1/3 2 1 1/2	cup	salt

Dissolve yeast in warm water in large bowl. Stir in half of the flour, the oil, salt and sugar. Stir in enough of the remaining flour to make dough easy to handle. Turn dough onto lightly floured surface; knead about 10 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place for 20 minutes.

Punch down dough. Cover and refrigerate for at least 2 hours but no longer than 48 hours. (Punch down dough as necessary.)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

'Everyone loves pizza! This dough is great for Classic Four Seasons Pizza (see recipe) or to make pizza with your favorite toppings. Copyright:

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Yield:
"2 Crusts"

Per serving: 198 Calories (kcal); 2g Total Fat; (9% calories from fat); 6g Protein; 38g Carbohydrate; Omg Cholesterol; 359mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

NOTES: *If using self-rising flour, omit salt. One cup whole wheat flour can be substituted for 1 cup of the all-purpose flour if desired.

One pizza too many? Wrap the partially baked extra pizza, label and freeze no longer than two months. Heat oven to 375° . Bake a thin-crust pizza on a greased cookie sheet uncovered about 25 minutes and a thick-crust pizza about 55 minutes. Nutr. Assoc. : 0 5472 14 0 0 0

* Exported from MasterCook *

Basil Brie in Pastry

Recipe By

Serving Size : 6 Preparation Time :0:00

: Appetizers Categories Holiday

Amount	Measure	Ingredient Preparation Method
2 2	tablespoons tablespoons	grated Parmesan cheese finely chopped fresh basil
2	teaspoons	OR dried basil leaves und Brie cheese) package frozen puff pastry thawed

Heat oven to 400° . Grease cookie sheet. Mix Parmesan cheese and basil. Cut cheese round horizontally into 2 layers. Sprinkle basil mixture evenly over cut surface. Reassemble cheese round.

Roll pastry into rectangle, 12×10 inches, on lightly floured surface. Cut out one 10-inch circle. Place cheese in center. Bring pastry up and over cheese. Press to make smooth and even. Brush pastry lightly with water and press gently to seal. Place pastry-wrapped cheese, seam side down, on cookie sheet. Cut decorations for remaining pastry if desired; moisten pastry with water to attach.

Bake about 25 minutes or until golden brown. Cool on cookie sheet on wire rack 30 minutes before serving. Serve with assorted crackers or fruit, if desired.

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T(Bake):

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

"0:25"

Per serving: 456 Calories (kcal); 35g Total Fat; (68% calories from fat); 17g Protein; 19g Carbohydrate; 67mg Cholesterol; 551mg Sodium Food Exchanges: 1 Grain(Starch); 1 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 20028 0 2130706543 202 26911 0

* Exported from MasterCook *

Beef Enchiladas

Recipe By

Serving Size : 4 Preparation Time :0:00

: Beef Main and Side Dishes Categories

Amount	Measure	Ingredient Preparation Method
1 1 1/2		
1 2	cup tablespoons	shredded Cheddar cheese (4 ounces) chopped fresh parsley
1/4	teaspoon	pepper
1/3 2/3	cup	chopped green bell pepper
2/3		water
1	tablespoon	
1 1/2	teaspoons	chopped fresh oregano OR
1/2 1/4	teaspoon	dried oregano leaves
1/4	teaspoon	ground cumin
2	whole	green chiles chopped, if desired
1		garlic finely chopped
1 8	(15 ounce) ca	n tomato sauce
8		corn tortillas (6 inches in diameter) Shredded cheese, sour cream and chopped onions, if desired

Heat oven to 350° . Cook beef in 10-inch skillet over medium heat 8 to 10 minutes, stirring occasionally, until brown; drain. Stir in onion, sour cream, 1 cup cheese, the parsley and pepper. Cover and set aside.

Heat bell pepper, water, chile powder, oregano, cumin, chiles, garlic and tomato sauce to boiling, stirring occasionally; reduce heat to low. Simmer uncovered 5 minutes. Pour into ungreased pie plate, $9\times11/4$ inches.

Dip each tortilla into sauce to coat both sides. Spoon about 1/4 cup beef mixture onto each tortilla; roll tortilla around filling. Place in ungreased rectangular baking dish, $11\times7\times1$ 1/2 inches. Pour remaining sauce over enchiladas.

Bake uncovered about 20 minutes or until bubbly. Garnish with shredded cheese, sour cream and chopped onion.

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T(Bake):

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ $\mathsf{Recipe}.$

"0:20"

Per serving: 564 Calories (kcal); 31g Total Fat; (48% calories from fat); 35g Protein; 39g Carbohydrate; 113mg Cholesterol; 998mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 4 Lean Meat; 2 1/2 Vegetable; 0 Fruit; 3 1/2 Fat; 0 Other Carbohydrates

NOTES: Cheese Enchiladas: Substitute 2 cups shredded Monterey Jack cheese (8 ounces) for the beef. Mix with onion, sour cream, 1 cup cheese, the parsley, salt and pepper. Sprinkle 1/4 cup shredded Cheddar cheese (1 ounce) on enchiladas before baking.

Nutr. Assoc. : 9018 0 0 4922 0 0 0 0 2614 26053 0 2130706543 0 3577 0 0 2883 2130706543

Berliner Kranzer

Recipe By

Serving Size : 72 Preparation Time :0:00

Categories : Cookies & Brownies Holiday

Amount	Measure	Ingredient Preparation Method
1 3/4 3/4 2 2 2 4 1	cup cup cup	sugar margarine or butter (1 1/2 sticks) softened shortening grated orange peel eggs all-purpose flour egg white sugar Red candied cherries
		Green candied citron

Heat oven to 400° . Mix 1 cup sugar, the margarine, shortening, orange peel and eggs in large bowl. Mix in flour. Shape dough by rounded teaspoonfuls into ropes, 6 inches long. Form each rope into a circle, crossing ends and tucking under. (This shaping method is easier than the traditional method of tying knots.) Place on ungreased cookie sheet.

Beat egg white and 2 tablespoons sugar until foamy; brush over tops of cookies. Press bits of red candied cherries on center of knot for holly berries. Add "leaves" cut from green candied citron.

Bake 10 to 12 minutes or until set but not brown. Immediately remove from cookie sheet. Cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:
"We have made these German wreath-shaped cookies a bit easier than the traditional shaping method, to speed your holiday baking."

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Yield: "72 Cookies"

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Protein; 8g Carbohydrate; 5mg Cholesterol; 25mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 4098 0 0 0 0 0 0 902428 2429

* Exported from MasterCook *

Berry Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount Measure Ingredient -- Preparation Method Lattice Top -- (recipe follows) 1 cup sugar 1/3 all-purpose flour* cup 4 fresh berries (raspberries, blackberries, cups bovsenberries) 2 tablespoons margarine or butter Milk LATTICE TOP

Heat oven to 425°. Prepare Lattice Top. Mix sugar and flour; gently stir

Favorite Pastry for 9-Inch Two-Crust Pie -- (see recipe)

in berries. Turn into pastry-lined pie plate; dot with margarine. Arrange pastry strips on filling as directed; trim ends. Seal and flute, building up high edge. Brush pastry with milk; sprinkle with sugar if desired. Cover edge with 2- to 3-inch strip of aluminum foil to prevent excessive browning; remove foil during last 15 minutes of baking.

Bake until crust is golden brown, 35 to 40 minutes.

LATTICE TOP:

Prepare pastry for 9-inch Two-Crust Pie as directed-except leave 1 inch overhang on lower crust. After rolling pastry for top crust, cut into 10 strips, about 1/2 inch wide. (Pastry wheel can be used for more decorative strips.) Place 5 strips across filling. Weave a cross-strip through center by first folding back every other strip going the other way. Continue weaving until lattice is complete, folding back alternate strips each time cross-strip is added.

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Copyright:
"@ General Mills, Inc. 1998." Yield: "1 Pie"

Per serving: 306 Calories (kcal); 12g Total Fat; (34% calories from fat); 3g Protein; 48g Carbohydrate; 8mg Cholesterol; 167mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: *Self-rising flour can be used in this recipe.

betty crocker best of baking recipes.txt Blueberry Pie: Decrease sugar to 1/2 cup, add 1/2 teaspoon ground cinnamon and use 4 cups fresh blueberries. Sprinkle blueberries with 1 tablespoon lemon juice before dotting with margarine.

Nutr. Assoc.: 2130706543 0 14 3398 4098 0 0 0 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch Two-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
2		all-purpose flour
2/3	teaspoon cup	lard
2/3	cup	OR plus 2 tablespoons shortening
4	tablespoons	cold water (4 to 5 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

"2 Crusts"

Per serving: 268 Calories (kcal); 17g Total Fat; (59% calories from fat); 3g Protein; 24g Carbohydrate; 16mg Cholesterol; 267mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2

Fat; O Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Best Chocolate Cake with Fudge Frosting

Recipe By

Serving Size : 16

Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
2 2 3/4 3/4 1 1 1 1 1/2	cups cups cup cup cup teaspoon teaspoon teaspoon teaspoon	sugar shortening water buttermilk baking soda salt vanilla
2 4	ounces	
2 1/2 2/3	cups cup cup	milk
1/2 3 2	teaspoon ounces teaspoons	unsweetened chocolate

Heat oven to 350°. Grease and flour rectangular pan, $13 \times 9 \times 2$ inches, 3 round pans, 8×1 1/2 inches, or 2 round pans, $9 \times 1/2$ inches. Beat all ingredients except Fudge Frosting in large bowl on low speed 30 seconds, scraping bowl constantly. Beat on high speed 3 minutes, scraping bowl occasionally. Pour into pan(s).

Bake rectangular pan 40 to 45 minutes, round pans 30 to 35 minutes or until toothpick inserted in center comes out clean. Cool rounds 10 minutes; remove from pans.

Cool completely. Prepare Fudge Frosting; frost cake. (Fill layers with 1/3 cup frosting; frost side and top with remaining frosting.)

FUDGE FROSTING:

Mix all ingredients except vanilla in 2 1/2-quart saucepan. Heat to rolling boil, stirring occasionally. Boil 1 minute without stirring. Place saucepan in bowl of ice and water. Beat until frosting is smooth and of spreading consistency; stir in vanilla.

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Description:

[&]quot;A chocolate treat that's a satisfying ending to any meal."

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Yield:

Per serving: 450 Calories (kcal); 21g Total Fat; (39% calories from fat); 4g Protein; 67g Carbohydrate; 25mg Cholesterol; 321mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 3 1/2 Other Carbohydrates

NOTES : For a quicker cake, try the sheet cake in the 13 \times 9 \times 2-inch pan. Nutr. Assoc. : 0 0 0 0 0 0 0 0 3218 0 2130706543 0 0 0 0 0 0

Bittersweet Chocolate Cheesecake with White Truffle Sauce

Recipe By :

Serving Size : 12 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
2 1 2/3 1 3 8	teaspoon cup tablespoon	kages cream cheese softened vanilla sugar all-purpose flour eggs bittersweet chocolate melted and cooled White Truffle Sauce (recipe follows)
1 2 1/2	tablespoons	WHITE TRUFFLE SAUCE kage white chocolate (white baking bar) chopped margarine or butter whipping (heavy) cream

Heat oven to 275°. Lightly grease springform pan, 9×3 inches. Beat cream cheese and vanilla on medium speed in medium bowl until smooth. Gradually add sugar, beating until fluffy. Beat in flour. Beat in eggs, one at a time. Beat in chocolate; pour into pan.

Bake about 1 hour 15 minutes or until center is firm. Cool 15 minutes. Run metal spatula along side of cheesecake to loosen before and after refrigerating. Cover and refrigerate about 3 hours or until chilled. Meanwhile, prepare White Truffle Sauce.

Remove cheesecake from side of pan. Let cheesecake stand at room temperature 15 minutes before cutting. Serve cheesecake with sauce and, if desired, fresh raspberries or strawberries. Refrigerate any remaining cheesecake.

WHITE TRUFFLE SAUCE:

Heat baking bar and margarine in heavy 2-quart saucepan over low heat, stirring constantly, until melted (mixture will be thick and grainy); remove from heat. Stir in whipping cream until smooth. Cover and refrigerate about 2 hours or until chilled.

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Yield:
    "1 Cake"
T(Bake):
    "1:15"
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^{*} Exported from MasterCook *

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Per serving: 416 Calories (kcal); 35g Total Fat; (69% calories from fat); 7g Protein; 27g Carbohydrate; 102mg Cholesterol; 157mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 6 1/2 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 3218 0 2130706543 0 0 5519 4098 721

* Exported from MasterCook *

Bittersweet Chocolate Cream Cheese Cookies

Recipe By

Serving Size : 72 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
1	cup	sugar
1/2	cup	margarine or butter (1 stick) softened
$1 \frac{1}{2}$	teaspoons	vanilla
1		egg
1 3	(3 ounce) pac	kage cream cheese softened
	ounces	bittersweet or semisweet chocolate melted and cooled
2 1/2	cups	all-purpose flour
1/2 1/2	teaspoon	baking powder
1/2	teaspoon	salt
6	ounces	vanilla-flavored candy coating melted
3/4	cup	finely crushed peppermint candies
		OR
3/4	cup	finely chopped pistachio nuts

Heat oven to 375°. Mix sugar, margarine, vanilla, egg, cream cheese and chocolate in large bowl until smooth. Mix flour, baking powder and salt; stir into margarine mixture.

Divide dough in half. Roll each half 1/8 inch thick on lightly floured cloth-covered surface with cloth-covered rolling pin. Cut into desired shapes with cookie cutters. Place about 1 inch apart on ungreased cookie sheet.

Bake 8 to 10 minutes or until dry and set. Remove from cookie sheet. Cool on wire rack.

Roll edge of cookies about 1/4 inch deep in candy coating; immediately roll in candies. Place on waxed paper. Let stand about 10 minutes or until coating is set.

About 6 dozen 2 1/2-inch cookies

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Yield: "72 Cookies"

Per serving: 71 Calories (kcal); 3g Total Fat; (39% calories from fat); 1g Page 36

betty crocker best of baking recipes.txt Protein; 10g Carbohydrate; 4mg Cholesterol; 41mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 4098 0 0 0 2253 0 0 0 5520 5862 0 2130706543

Black and Gold Fruitcake

Recipe By

Serving Size : 32 Preparation Time :0:00

Categories : Cakes Holiday

Amount	Measure	Ingredient Preparation Method
3	cups	Bisquick Original baking mix
ĺ	cup	sugar
6		eggs
1	teaspoon	almond extract
1 1/2	cups	dried apricots (about 8 ounces)
1	cup	candied pineapple
1	cup	golden raisins
1		ground cinnamon
2	teaspoons	vanilla
3	ounces	semisweet chocolate melted and cooled
1	cup	candied cherries
2	(8 ounce) pac	kages pitted dates

Heat oven to 300°. Grease and flour two 6-cup bundt cake pans or ring molds, or 2 loaf pans, $8\ 1/2\ \times\ 4\ 1/2\ \times\ 2\ 1/2$ inches or $9\ \times\ 5\ \times\ 3$ inches. Beat baking mix, sugar and eggs in large bowl on low speed until blended. Beat on medium speed 2 minutes. Pour half of the batter into large bowl; beat in almond extract until smooth. Stir in apricots, pineapple and raisins.

Beat cinnamon, vanilla and chocolate into remaining half of batter, using same beaters, until smooth. Stir in cherries and dates. Divide chocolate batter between pans, spread evenly. Divide gold batter between pans, carefully spooning over chocolate batter; spread evenly.

Bake bundt pans about 1 hour 20 minutes to 1 hour 30 minutes, loaf pans about 1 hour 30 minutes to 1 hour 40 minutes or until toothpick inserted in center comes out clean. Cool 5 minutes. Invert bundt cakes onto wire rack; turn loaves out of pans and place top sides up on wire rack. Cool completely. Wrap tightly and refrigerate 1 day before slicing.

2 loaves (16 slices each)

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Yield:

"2 Loaves"

Per serving: 188 Calories (kcal); 3g Total Fat; (14% calories from fat); 3g Protein; 39g Carbohydrate; 39mg Cholesterol; 161mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1 Fruit; 1/2 Fat; 1 Other Carbohydrates

^{*} Exported from MasterCook *

Nutr. Assoc. : 2250 0 3218 0 3090 2429 3532 0 0 0 2428 20027

* Exported from MasterCook *

Black Bean Lasagne

Recipe By : Serving Size : 8 Preparation Time :0:00

: Main and Side Dishes Vegetarian Categories

Amount	Measure	Ingredient Preparation Method
9		uncooked lasagne noodles
<u> </u>	tablespoon	vegetable oil
<u> </u>	meatum	onion chopped (about 1/2 cup) garlic finely chopped
1		water
2		chopped fresh cilantro
2		ns black beans rinsed and drained
$\bar{1}$) can no-salt-added whole tomatoes undrained
1 1 2 2 1 2	(6 ounce) can	s no-salt-added tomato paste
_	15 ounce cont	ainer nonfat Ricotta cheese
1/2	cup	reduced-fat grated Parmesan-style cheese
- 10		(2 ounces)
1/2	cup	cholesterol-free egg product
		OR
4		egg whites
1/4	cup	
۷	cups	shredded reduced-fat Monterey Jack cheese (8 ounces)

Cook and drain noodles as directed on package. Rinse with hot water; drain. Heat oil in 12-inch nonstick skillet over medium-high heat. Cook onion and garlic in oil, stirring frequently, until onion is tender. Stir in water, cilantro, beans, tomatoes and tomato paste, breaking up tomatoes. Simmer uncovered 15 minutes, stirring occasionally. Mix remaining ingredients except Monterey Jack cheese.

Heat oven to 350°. Layer 1/3 each of the noodles, bean mixture, Ricotta mixture and Monterey Jack cheese in ungreased rectangular baking dish, 13 \times 9 \times 2 inches. Repeat layers twice. Bake uncovered 30 to 35 minutes or until hot and bubbly. Let stand 10 to 15 minutes before cutting.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 345 Calories (kcal); 6g Total Fat; (15% calories from fat); 29g Protein; 43g Carbohydrate; 24mg Cholesterol; 703mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 3 Lean Meat; 2 1/2 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 306 0 0 0 0 578 20120 26425 0 25073 3220 0 2130706543 0 26424

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^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Black Forest Cherry Torte

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Desserts

Amount	Measure	Ingredient Preparation Method
1 1/2 1/4 1/3	cup	Bonnie Butter Cake (see recipe) Cherry Filling (recipe follows) chilled whipping cream powdered sugar sweet cooking chocolate grated
2 2 1 1	tablespoons tablespoons (16 ounce) ca tablespoon	CHERRY FILLING cornstarch sugar n pitted dark sweet cherries brandy flavoring

Bake Bonnie Butter Cake in 9-inch layers as directed. Cool 10 minutes; remove from pans. Cool completely. Prepare Cherry Filling; refrigerate until chilled.

To assemble cake, place 1 layer, top side down, on serving plate. Beat whipping cream and powdered sugar in chilled bowl until very stiff. Form thin rim of whipped cream around edge of layer with decorators' tube or spoon. Fill center with Cherry Filling. Place other layer, top side up, on filling. Gently spread whipped cream on side and top of cake. Gently press chocolate by teaspoonfuls onto side of cake.

Place remaining whipped cream in decorators' tube with star tip. Pipe border of whipped cream around top edge of cake. Beginning from center of cake, outline individual portions in spoke design. Place desired number of reserved dinged chargies in each portion. Stars to the contract of reserved dipped cherries in each portion. Store torte in refrigerator.

CHERRY FILLING:

Mix cornstarch and sugar in 1-quart saucepan. Drain cherries, reserving syrup. Add enough water to reserved cherry syrup to measure 1 cup; stir into sugar-cornstarch mixture. Cook, stirring constantly, until mixture thickens and boils. Boil and stir 1 minute. Cool to lukewarm.

Stir in brandy flavoring. Dip 36 cherries into thickened syrup; reserve for top of cake. Cut remaining cherries into fourths and stir into thickened syrup.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "1 Torte"

Per serving: 500 Calories (kcal); 25g Total Fat; (44% calories from fat); 5g Protein; 66g Carbohydrate; 57mg Cholesterol; 387mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 5 Fat; 3 Other Carbohydrates

Nutr. Assoc. : 0 2130706543 1616 0 5195 0 0 0 0 2444 2330

* Exported from MasterCook *

Bonnie Butter Cake

Recipe By

Serving Size : 16 Preparation Time :0:00

: Cakes Categories Desserts

Amount	Measure	Ingredient Preparation Method
2/3	cup	margarine or butter softened
1 3/4	cups	sugar
2		eggs
1 1/2	teaspoons	vanilla
2 3/4		all-purpose flour*
2 1/2		baking powder
1	teaspoon	salt
1 1/4	cups	milk
1 1/2	cups	Chocolate Butter Frosting (see recipe)

Heat oven to 350° . Grease and flour rectangular pan, $13 \times 9 \times 2$ inches, or 2 round pans, 9×1 1/2 inches. Mix margarine, sugar, eggs and vanilla in large mixer bowl until fluffy. Beat on high speed, scraping bowl occasionally, 5 minutes. Beat in flour, baking powder and salt alternately with milk on low speed. Pour into pan(s).

Bake until toothpick inserted in center comes out clean, rectangular 45 to 50 minutes, layers 30 to 35 minutes. Cool layers 10 minutes; remove from pan. Cool completely. Frost rectangular or fill and frost layers with Chocolate Butter Frosting (see recipe).

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield: "1 Cake"

Per serving: 377 Calories (kcal); 16g Total Fat; (37% calories from fat); 4g Protein; 56g Carbohydrate; 26mg Cholesterol; 377mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 2 1/2 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking powder and salt. Nutr. Assoc. : 4098 0 3218 0 14 0 0 0 0

Blueberry Buckle Coffee Cake

Recipe By

Serving Size : 9 Preparation Time :0:00

: Breads Categories

Amount	Measure	Ingredient Preparation Method
2	cups	all-purpose flour
3/4	cup	sugar
2 1/2	teaspoons	sugar baking powder
3/4	teaspoon	salt

^{*} Exported from MasterCook *

```
betty crocker best of baking recipes.txt
   1/4
3/4
                         shortening
                          mi1k
                    cup
1
                          egg
2
                          fresh or frozen (thawed and drained)
                   cups
                          blueberries
                          Crumb Topping -- (recipe follows)
Glaze -- (recipe follows)
                          CRUMB TOPPING
   1/2
                    cup
                         sugar
                          all-purpose flour
                    cup
                          butter or margarine -- softened
                    cup
                         ground cinnamon
              teaspoon
                          GLAZE
   1/2
                          powdered sugar
                    cup
   1/4
                          vanilla
              teaspoon
1 \frac{1}{2}
             teaspoons hot water (1 1/2 \text{ to } 2 \text{ teaspoons})
```

Heat oven to 375°. Grease square pan, $9\times 9\times 2$ inches, or round pan, 9×1 1/2 inches. Blend flour, sugar, baking powder, salt, shortening, milk and egg; beat 30 seconds. Carefully stir in blueberries. Spread batter in pan; sprinkle with Crumb Topping.

Bake 45 to 50 minutes or until toothpick inserted in center comes out clean. Drizzle with Glaze. Serve warm.

CRUMB TOPPING:

Mix all ingredients until crumbly.

GLAZE:

Mix all ingredients until of drizzling consistency.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker $^{\circ}$ Recipe.

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Yield:

"1 Cake"

Per serving: 386 Calories (kcal); 13g Total Fat; (28% calories from fat); 5g Protein; 65g Carbohydrate; 37mg Cholesterol; 383mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 1/2 Fat; 2 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 3437 2130706543 2130706543 0 0 0 0 0 0 0 0 0 3728

Blueberry Streusel Muffins

Recipe By

Serving Size : 12 Preparation Time :0:00

: Baking with Kids Categories Breads

Amount Measure Ingredient -- Preparation Method

^{*} Exported from MasterCook *

```
betty crocker best of baking recipes.txt
     1/4
                          all-purpose flour
                     cup
                          packed brown sugar
            tablespoons
  2
                          firm margarine or butter
            tablespoons
     1/4
                          ground cinnamon
               teaspoon
                          Shortening
  1
                     cup
                          milk
     1/4
                     cup
                          vegetable oil
                          vanilla
     1/2
               teaspoon
                          egg
  1
                   large
  2
                          all-purpose flour
                    cups
                          OR
  2
                          whole_wheat flour
                    cups
     1/3
                          granulated sugar
                     cup
  3
              teaspoons
                          baking powder
     1/2
               teaspoon
                          salt
                          fresh or drained canned blueberries
  1
                     cup
     3/4
                          frozen blueberries -- thawed and well drained
                     cup
Heat oven to 400°.
    1/4 cup all-purpose flour
    2 tablespoons packed brown sugar
2 tablespoons firm margarine or butter
    1/4 teaspoon ground cinnamon
```

For topping, mix in small bowl with fork until crumbly, then set aside:

Grease bottoms only of 12 medium muffin cups with (or line muffin cups with paper baking cups): Shortening

Beat in medium bowl with fork:

1 cup milk

1/4 cup vegetable oil 1/2 teaspoon vanilla

1 large egg

Stir into milk mixture just until all the flour is wet (do not stir too much-batter will be lumpy):

2 cups all-purpose or whole wheat flour

1/3 cup granulated sugar teaspoons baking powder

1/2 teaspoon salt

Gently stir in:

1 cup fresh or drained canned blueberries or 3/4 cup frozen blueberries, thawed and well drained

Spoon batter into muffin cups until 2/3 full. Sprinkle each with about 2 teaspoons of topping mixture.

Bake 20 to 25 minutes or until golden brown. Adult help: Immediately remove muffins from pan to wire rack. Serve warm or cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

[&]quot;12 Muffins"

betty crocker best of baking recipes.txt Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES: Utensils You Will Need

Small bowl • Dry-ingredient measuring cups • Measuring spoons • Fork • Small sharp knife • Wooden spoon • Muffin pan with medium cups, 2 1/2 × 1 1/4 inches • Pastry brush • Medium bowl • Liquid measuring cup • Pot holders • Wire cooling rack

Here's another idea. . . Make Apple Muffins: Leave out blueberries. Stir in 1 cup grated apple with the milk, and stir in 1/2 teaspoon ground cinnamon with the flour in Step 5. Bake 25 to 30 minutes.

Nutr. Assoc. : 0 0 4098 0 0 0 0 0 14 0 2130706543 0 0 0 3437 0 2130706543

Blueberry-Lemon Loaf (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
1	cup	plus 1 tablespoon water
1 1/2	teaspoons	grated lemon peel
2	tablespoons	margarine or butter softened
3	cups	bread flour
2	tablespoons	dry milk
3	tablespoons	sugar
1 1/2 2	teaspoons	saĬt
2	teaspoons	bread machine yeast
1/3	cup	bread machine yeast dried blueberries
		OR
1/3	cup	currants

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except blueberries in bread machine pan in the order recommended by the manufacturer. Add blueberries at the Raisin/ Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe.

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Yield:

"1 Loaf"

Per serving: 179 Calories (kcal); 3g Total Fat; (14% calories from fat); 5g Protein; 33g Carbohydrate; 1mg Cholesterol; 295mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1/2

Fat; O Other Carbohydrates

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^{*} Exported from MasterCook *

Serving Ideas: For a special treat, spread with softened cream cheese.

Nutr. Assoc. : 1582 0 4098 0 0 0 0 2019 951 0 2130706543

* Exported from MasterCook *

Blueberry-Lemon Loaf (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
3/4 1 1 2 1 2	cup teaspoon tablespoon cups tablespoon	<pre>margarine or butter softened bread flour dry milk</pre>
	tablespoons	sugar
1	teaspoon	salt
1 1/4	teaspoons	bread machine yeast
1/4	cup	bread machine yeast dried blueberries OR
1/4	cup	currants

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except blueberries in bread machine pan in the order recommended by the manufacturer. Add blueberries at the Raisin/ Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 175 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 33g Carbohydrate; 1mg Cholesterol; 289mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1/2 Fat; 0 Other Carbohydrates

Serving Ideas: For a special treat, spread with softened cream cheese.

Nutr. Assoc. : 0 0 4098 0 0 0 0 2019 951 0 2130706543

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Blushing Peach Pie

Recipe By

: 0 Serving Size Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
2	(29 ounce) ca	Favorite Pastry for 9-Inch Two-Crust Pie (see recipe) ns sliced peaches drained
1/2	cup	sugar
1/4	cup	all-purpose flour*
1/4	cup	red cinnamon candies
2		margarine or butter

Heat oven to 425°. Prepare pastry. Mix peaches, sugar, flour and candies; turn into pastry-lined pie plate. Dot with margarine. Cover with top crust that has slits cut in it; seal and flute. Cover edge with 2- to 3-inch strip of aluminum foil to prevent excessive browning; remove foil during last 15 minutes of baking.

Bake until crust is golden brown and juice begins to bubble through slits in crust, 40 to 50 minutes.

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Yield: "1 Pie"

Per serving: 2690 Calories (kcal); 93g Total Fat; (30% calories from fat); 27g Protein; 458g Carbohydrate; 65mg Cholesterol; 1403mg Sodium Food Exchanges: 8 Grain(Starch); 0 Lean Meat; 0 Vegetable; 11 1/2 Fruit; 18 Fat; 10 Other Carbohydrates

NOTES: *Self-rising flour can be used in this recipe. Nutr. Assoc.: 0 1064 0 14 0 4098

* Exported from MasterCook *

Favorite Pastry for 9-Inch Two-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
2	cups teaspoon	all-purpose flour salt
2/3		lard
2/3 4	cup tablespoons	OR plus 2 tablespoons shortening cold water (4 to 5 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape: pinch again to sharpen pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield: "2 Crusts"

Per serving: 268 Calories (kcal); 17g Total Fat; (59% calories from fat); 3g Protein; 24g Carbohydrate; 16mg Cholesterol; 267mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

Bonnie Butter Cake

Recipe By

Serving Śize : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
2/3 1 3/4	cup cups	margarine or butter softened sugar
2	•	eggs
1 1/2	teaspoons	vanilla
2 3/4	cups	all-purpose flour*
2 1/2	teaspoons	baking powder
1	teaspoon	salt
1 1/4	cups	milk
1 1/2	cups	Chocolate Butter Frosting (see recipe)

Heat oven to 350° . Grease and flour rectangular pan, $13 \times 9 \times 2$ inches, or 2 round pans, 9×1 1/2 inches. Mix margarine, sugar, eggs and vanilla in large mixer bowl until fluffy. Beat on high speed, scraping bowl occasionally, 5 minutes. Beat in flour, baking powder and salt alternately with milk on low speed. Pour into pan(s).

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Bake until toothpick inserted in center comes out clean, rectangular 45 to 50 minutes, layers 30 to 35 minutes. Cool layers 10 minutes; remove from pan. Cool completely. Frost rectangular or fill and frost layers with Chocolate Butter Frosting (see recipe).

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"1 Cake"

Per serving: 377 Calories (kcal); 16g Total Fat; (37% calories from fat); 4g Protein; 56g Carbohydrate; 26mg Cholesterol; 377mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 2 1/2 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking powder and salt. Nutr. Assoc. : 4098 0 3218 0 14 0 0 0 0

* Exported from MasterCook *

Chocolate Butter Frosting

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1/3	cup	margarine or butter softened melted unsweetened chocolate (cool)
- 2 1 1/2		powdered sugar
2 ′	tablespoons	milk (about)

Mix margarine and chocolate. Mix in powdered sugar. Beat in vanilla and milk until smooth and of spreading consistency.

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Yield: "1 1/2 Cups"

Per serving: 125 Calories (kcal); 7g Total Fat; (49% calories from fat); trace Protein; 16g Carbohydrate; Omg Cholesterol; 62mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc.: 4098 5387 0 0 4098

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betty crocker best of baking recipes.txt Braided Dinner Rolls

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Breads

1/3 Potato Refrigerator Dough (see recipe egg 1 tablespoon water	Amount	ount Measure	Ingredient Preparation Method
3/4 teaspoon poppy seed 3/4 teaspoon sesame seed	1 1 3/4	tablespoon 3/4 teaspoon	water poppy seed

Divide dough into 18 equal parts. Roll each part into rope, 7 inches long, on lightly floured surface. Place groups of 3 ropes each close together on lightly greased cookie sheet. Braid ropes gently and loosely. Do not stretch. Pinch ends to fasten; tuck under securely. Let rise until double, 45 to 60 minutes.

Heat oven to 375°. Beat egg and water slightly; brush over braids. Sprinkle each of 3 braids with 1/4 teaspoon poppy seed and each of remaining 3 braids with 1/4 teaspoon sesame seed. Bake until golden brown, about 15 minutes.

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Yield:

"6 Rolls"

Per serving: 293 Calories (kcal); 10g Total Fat; (30% calories from fat); 7g Protein; 44g Carbohydrate; 52mg Cholesterol; 222mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2

Fat; 1/2 Other Carbohydrates

NOTES: Parker House Rolls: Prepare Potato Refrigerator Dough (see recipe). Divide into halves (refrigerate 1 half for future use or use for Crescent Rolls, see recipe). Divide remaining half of dough into halves. Roll 1 half into rectangle, 13 × 9 inches. Cut into 3-inch circles; brush with margarine or butter, softened. Fold each so top half overlaps slightly. Press edges together.

Place close together in greased round baking pan, $9 \times 1 \ 1/2$ inches. Brush with margarine or butter, softened. Repeat with remaining dough. Let rise until double, 45 to 60 minutes. Heat oven to 400° . Bake until light brown, 13 to 15 minutes. 20 rolls

Crescent Rolls: Prepare Potato Refrigerator Dough (see recipe). Divide into halves (refrigerate 1 half for future use or use for Parker House Rolls). Divide remaining half of dough into halves. Roll 1 half into 12-inch circle. Spread with margarine or butter softened. Cut circle into 16 wedges. Roll up, beginning at rounded edges. Place rolls, with points underneath, on greased cookie sheet; curve ends slightly. Brush with margarine or butter softened. Repeat with remaining dough. Let rise until double, 45 to 60 minutes. Heat oven to 400°. Bake until light brown, 13 to 15 minutes. 32 rolls

Hamburger Buns: Divide one-third of Potato Refrigerator Dough (see recipe) into 12 equal parts. Shape each part into smooth ball on lightly floured surface with lightly greased fingers; flatten.

betty crocker best of baking recipes.txt Place about 1 inch apart on greased cookie sheet. Let rise until double, 45 to 60 minutes. Heat oven to 400°. Brush buns with margarine or butter, softened; sprinkle with sesame seed or poppy seed. Bake until golden brown, 13 to 15 minutes. 1 dozen rolls Nutr. Assoc. : 0 0 0 1156 1357

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Potato Refrigerator Dough

Recipe By

Serving Size : 0 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 1 1/2	package cups	active dry yeast warm water (105° to 115°)
2/3 1 1/2 2/3	cup teaspoons cup	sugar salt shortening
2 1	cup	eggs lukewarm mashed potatoes*
6 1/2	cups	all-purpose flour** (6 1/2 to 7 cups)

Dissolve yeast in warm water in large mixing bowl. Stir in sugar, salt, shortening, eggs, potatoes and 4 cups of the flour. Beat until smooth. Mix in enough remaining flour to make dough easy to handle.

Turn dough onto lightly floured surface; knead until smooth and elastic, about 5 minutes. Place in greased bowl; turn greased side up. Cover bowl tightly; refrigerate at least 8 hours but no longer than 5 days. Punch down dough. Shape, let rise and bake as directed.

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Description:

'This versatile dough makes so many delicious rolls! Use it to make Braided Dinner Rolls to Hamburger Buns.

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Yield:
"10 1/3 cups"

Per serving: 4999 Calories (kcal); 158g Total Fat; (28% calories from fat); 102g Protein; 784g Carbohydrate; 378mg Cholesterol; 3832mg Sodium Food Exchanges: 42 1/2 Grain(Starch); 2 Lean Meat; 0 Vegetable; 0 Fruit; 29 Fat; 9 Other Carbohydrates

NOTES: *Instant mashed potatoes can be substituted for the mashed potatoes; prepare as directed on package for 2 servings

**If using self-rising flour, omit salt. Nutr. Assoc. : 0 5472 0 0 0 0 4113 14

* Exported from MasterCook *

Bran-Date Muffins

Recipe By

Serving Size : 12 Preparation Time :0:00

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Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 /2		l
1/2	cup	hot water
1/4	cup	chopped dates
1 1/2	cups	wheat bran
1	cup	whole wheat flour
1	teaspoon	
1/2	teaspoon	baking soda
1/2	teaspoon	
1/3	cup	vegetable oil
1		egg
1	cup	buttermilk
_ 1/2	cup	chopped dates

Pour water over 1/4 cup dates; set aside.

Heat oven to 400°. Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, with shortening, or line with paper baking cups.

Mix wheat bran, flour, baking powder, baking soda and salt in large bowl.

Place date-water mixture, the oil and egg in blender or food processor. Cover and blend on medium speed about 1 minute or until smooth. Stir date mixture and buttermilk into flour mixture just until flour is moistened (batter will be lumpy). Gently stir in 1/2 cup dates. Divide batter evenly among muffin cups.

Bake 20 to 22 minutes or until toothpick inserted in center comes out clean. Cool muffins in pan 5 minutes; remove from pan to wire rack. Serve warm, if desired.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield: "12 Muffins"

Per serving: 148 Calories (kcal); 7g Total Fat; (39% calories from fat); 4g Protein; 21g Carbohydrate; 16mg Cholesterol; 209mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 1/2 Fat;

O Other Carbohydrates

NOTES: Lighter Bran-Date Muffins: For less fat and fewer calories per serving, substitute fat-free buttermilk for the milk, 1/4 cup fat-free cholesterol-free egg product for the egg and 1/4 cup prune baby food for 1/4 cup of the oil.

Nutr. Assoc.: 0 2662 0 0 0 0 0 0 0 2662

Bread Bowls

Recipe By

Serving Size : 6 Preparation Time :0:00

: Breads Categories

Ingredient -- Preparation Method Amount Measure

1 package regular or quick-acting active dry yeast

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```
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                 cup warm water (105° to 115°)
   1/4
2
         tablespoons
                       sugar
   1/4
                      shortening
                 cup
3
                       all-purpose flour
                 cups
3
           teaspoons
                      baking powder
   3/4
            teaspoon
                       salt
1
                 cup
                       buttermilk (about)
```

Dissolve yeast in warm water. Stir in sugar; reserve. Cut shortening into flour, baking powder and salt with pastry blender in large bowl until mixture resembles fine crumbs. Stir in yeast mixture and just enough buttermilk so dough leaves side of bowl and forms ball.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead about 1 minute or until smooth. Cover and let rise 10 minutes.

Heat oven to 375°. Grease outsides of six 10-ounce custard cups. Place cups upside down on ungreased jelly roll pan, 15 $1/2 \times 10$ $1/2 \times 1$ inch. Divide dough into 6 equal parts. Pat or roll each part into 7-inch circle. Shape dough circles over outsides of custard cups. (Do not allow dough to curl under edges of cups.)

Bake 18 to 22 minutes or until golden brown. Carefully lift bread bowls from custard cups-custard cups and bread will be hot. Cool bread bowls upright on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe .

Description:

"Yeast gives a terrific, slightly chewy texture to these fun bread bowls. Bowls filled with salad, chowder, chile or a thick stew are sure to be real crowd pleasers!"

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Yield:
"6 Bread bowls"

Per serving: 340 Calories (kcal); 10g Total Fat; (25% calories from fat); 8g Protein; 55g Carbohydrate; 1mg Cholesterol; 555mg Sodium Food Exchanges: 3 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 26366 5472 0 0 0 0 228

* Exported from MasterCook *

Breakfast Puffs

Recipe By

Serving Size : 15 Preparation Time :0:00

: Breads Categories

Amount Measure Ingredient -- Preparation Method cup shortening 1/2 cup sugar 1 egg all-purpose flour* 1/2 cups baking powder 1/2 teaspoons 1/2 teaspoon salt 1/4 teaspoon ground nutmeg

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1/2 cup milk

1/2 cup sugar

1 teaspoon ground cinnamon

1/2 cup margarine or butter -- melted
```

Heat oven to 350°. Grease 15 muffin cups, 2 $1/2 \times 1$ 1/4 inches. Mix shortening, 1/2 cup sugar and the egg. Stir in flour, baking powder, salt and nutmeg alternately with milk. Fill muffin cups about two-thirds full.

Bake until golden brown, 20 to 25 minutes. Mix 1/2 cup sugar and the cinnamon. Immediately after baking, roll puffs in melted margarine, then in sugar-cinnamon mixture.

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Yield:
 "15 Puffs"

Per serving: 202 Calories (kcal); 11g Total Fat; (49% calories from fat); 2g Protein; 24g Carbohydrate; 14mg Cholesterol; 199mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking powder and salt. Nutr. Assoc. : 0 0 0 14 0 0 0 0 0 4098

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Brownies

Recipe By :

Serving Size : 36 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
2/3 2 4 1 1 1/4 1	cup cups teaspoon	all-purpose flour* chopped nuts, if desired baking powder
1	teaspoon	Glossy Chocolate Frosting (recipe follows)
2	(1	GLOSSY CHOCOLATE FROSTING
3		ares unsweetened chocolate
3 3 2	tablespoons	
_		powdered sugar
1/4 1/3	teaspoon	milk
1	teaspoon	vanilla
1/2	cup	

Heat oven to 350° . Grease baking pan, $13\times 9\times 2$ inches. Heat chocolate and shortening in 3-quart saucepan over low heat until melted; remove from heat. Stir in sugar, eggs and vanilla. Mix in remaining ingredients. Spread in pan.

Bake until brownies begin to pull away from side of pan, about 30 minutes. (Do not overbake.) Cool slightly; spread with Glossy Chocolate Frosting (see recipe), if desired. Cool completely; cut into bars, about 2×1 1/2 inches.

GLOSSY CHOCOLATE FROSTING:

Heat chocolate and shortening over low heat until melted. Stir in powdered sugar, salt, milk and vanilla; beat until smooth. Place pan of frosting in bowl of ice and water; continue beating until smooth and of spreading consistency. Stir in nuts.

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Yield:
"36 Brownies"

T(Bake): "0:30"

Per serving: 202 Calories (kcal); 12g Total Fat; (49% calories from fat); 3g Protein; 24g Carbohydrate; 21mg Cholesterol; 97mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 Other Carbohydrates

NOTES: *If using self-rising flour, omit baking powder and salt. Nutr. Assoc.: 0 0 0 3218 0 14 2677 0 0 2130706543 0 0 0 0 0 0 0 2677

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Bûche De Noël

Recipe By

: 10 Serving Size Preparation Time :0:00

: Cakes Holiday Categories

Amount	Measure	Ingredient Preparation Method
3 1 1/3 1 3/4 1 1/4 1 2 1 1/2	cup cup teaspoon cup teaspoon cup tablespoons teaspoons	all-purpose flour baking powder salt whipping (heavy) cream sugar freeze-dried or powdered instant coffee (dry)
1/3 1/3 2 1 1/2	cup cup cups teaspoons tablespoon	Chocolate Buttercream Frosting (recipe follows) Meringue Mushrooms (recipe follows) CHOCOLATE BUTTERCREAM FROSTING cocoa margarine or butter softened powdered sugar vanilla hot water (1 to 2 tablespoons)

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MERINGUE MUSHROOMS
egg whites
teaspoon cream of tartar
cup sugar
Cocoa
Chocolate Decorator's Frosting -- (recipe follows)

Heat oven to 375°. Line jelly roll pan, 15 $1/2 \times 10$ $1/2 \times 1$ inch, with aluminum foil or waxed paper; grease. Beat eggs in small bowl on high speed about 5 minutes or until very thick and lemon colored. Pour eggs into large bowl; gradually beat in 1 cup sugar. Beat in water and vanilla on low speed. Gradually add flour, baking powder and salt, beating just until batter is smooth. Pour into pan, spreading batter to corners.

Bake 12 to 15 minutes or until toothpick inserted in center comes out clean. Immediately loosen cake from edges of pan; invert onto towel generously sprinkled with powdered sugar. Carefully remove foil. Trim off stiff edges of cake if necessary. While hot, carefully roll cake and towel from narrow end. Cool on wire rack at least 30 minutes.

Beat whipping cream, 2 tablespoons sugar and the coffee in chilled medium bowl until stiff. Unroll cake; remove towel. Spread whipped cream mixture over cake. Roll up cake. For tree stump, cut off a 2-inch diagonal slice from one end. Attach stump to one long side using 1 tablespoon frosting. Frost with Chocolate Buttercream Frosting. Make strokes in frosting to resemble tree bark, using tines of fork. Garnish with Meringue Mushrooms.

CHOCOLATE BUTTERCREAM FROSTING:

Thoroughly mix cocoa and margarine in medium bowl. Beat in powdered sugar on low speed. Stir in vanilla and hot water. Beat until smooth and of spreading consistency.

MERINGUE MUSHROOMS:

1/4

1/2

Cover 2 cookie sheets with cooking parchment paper or heavy brown paper. Beat egg whites and cream of tartar in small bowl on medium speed until foamy. Beat in sugar on high speed, 1 tablespoon at a time; continue beating about 5 minutes or until stiff and glossy. Do not underbeat.

Heat oven to 200° . Place meringue in decorating bag with plain tip with 1/4-inch opening (#10 or #11). Or place meringue in strong plastic bag; cut off a tiny tip from one corner of bag. Pipe meringue in about 55 mushroom-cap shapes, each 1 to 1 1/4 inches in diameter, onto 1 cookie sheet. Sift cocoa over mushroom caps.

Bake 45 to 50 minutes or until firm. Immediately turn mushroom caps upside down and make an indentation in bottom of each cap. Brush off excess cocoa with soft-bristled brush.

Pipe about fifty-five 3/4-inch upright cone shapes onto second cookie sheet for mushroom stems. Stems should have peaks that fit into indentations in mushrooms caps. Bake 40 to 45 minutes or until firm; cool. Prepare Chocolate Decorator's Frosting.

To assemble mushrooms, spread small amount frosting in indentation of each mushroom cap; insert peak end of stem into frosting. Place upside down to dry. Store uncovered at room temperature. About 55 candies.

CHOCOLATE DECORATOR'S FROSTING:

Heat chocolate and margarine until melted; remove from heat. Beat in Page 54

betty crocker best of baking recipes.txt powdered sugar and hot water until smooth and of spreading consistency. If necessary, stir in additional hot water, 1 teaspoon at a time.

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Per serving: 488 Calories (kcal); 19g Total Fat; (33% calories from fat); 5g Protein; 79g Carbohydrate; 89mg Cholesterol; 217mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2

Fat; 4 1/2 Other Carbohydrates

NOTES : TIP

Instead of taking the time to make the tree stump and Meringue Mushrooms, garnish the "log" with chopped pistachio nuts and candied red cherries.

Nutr. Assoc. : 3218 0 0 0 0 0 721 0 750 2130706543 2130706543 0 721 0 4098 0 0 3728 0 0 3231 2394 0 0 0 0 0 4098 0 0

Burgundy Meatballs

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Beef Holiday

Amount	Measure	Ingredient Preparation Method
2 1 1/2 1/2 1 1 1 1/8 2	cup cup cup teaspoon teaspoon teaspoon	Worcestershire sauce pepper eggs
1	medium	onion chopped (about 1/2 cup) Burgundy Sauce (recipe follows)
		Chopped fresh parsley
1/3 1/2	cup	BURGUNDY SAUCE cornstarch cold water burgundy OR
1	cup	dry red wine OR
1	cup	beef broth
1 1 2	(10 1/2) ounc	garlic crushed e cans condensed beef broth

Heat oven to 400°. Mix all ingredients except Burgundy Sauce and parsley. Shape mixture into 1-inch balls. Place in ungreased jelly roll pan, 15 1/2 \times 10 1/2 \times 1 inch.

Bake uncovered about 10 minutes or until done.

Prepare Burgundy Sauce. Stir meatballs into Burgundy Sauce. Meatball mixture can be covered and refrigerated up to 24 hours at this point. Heat Page 55

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt meatball mixture to boiling; reduce heat. Cover and simmer about 10 minutes or just until meatballs are hot. Garnish with parsley.

BURGUNDY SAUCE:

Mix cornstarch and cold water in 3-quart saucepan. Gradually stir in remaining ingredients. Heat to boiling, stirring constantly. Boil and stir 1 minute.

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Yield: "12 Meatballs"

Per serving: 245 Calories (kcal); 11g Total Fat; (42% calories from fat); 19g Protein; 14g Carbohydrate; 79mg Cholesterol; 574mg Sodium Food Exchanges: 1/2 Grain(Starch); 2 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; O Other Carbohydrates

Nutr. Assoc. : 9018 0 5473 0 0 0 0 3218 0 2130706543 0 0 0 0 0 0 2130706543 0 2130706543 0 117

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Butter Crunch Desserts

Recipe By

Serving Size : 30 Preparation Time :0:00

Categories : Desserts

Amount	Measure	Ingredient Preparation Method
1 1/2 1/4 1/2	cup cup cup cup	packed brown sugar
1/2	сир	OR chopped walnuts
1/2	cup	OR flaked coconut

Heat oven to 400°. Mix all ingredients with hands. Spread in ungreased baking pan, $13 \times 9 \times 2$ inches. Bake 15 minutes; stir. Cool; cover and store in refrigerator.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"2 1/2 Cups"

T(Bake): "0:15"

betty crocker best of baking recipes.txt Per serving: 62 Calories (kcal); 4g Total Fat; (62% calories from fat); 1g Protein; 5g Carbohydrate; 8mg Cholesterol; 32mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES: *Do not use self-rising flour in this recipe.

Berry Parfaits: For each serving, alternate layers of 1 tablespoon Butter Crunch, 2 tablespoons fruit-flavored yogurt and 2 tablespoons fresh berries; repeat. Top with 1 tablespoon Butter Crunch. Garnish with berries. (Suggested combinations: lemon-flavored yogurt and blueberries, strawberry-flavored yogurt and strawberry halves, raspberry-flavored yogurt and raspberries.)

Cinnamon-Applesauce Dessert: Mix 2 cups applesauce and 1 teaspoon cinnamon. Top with 1 cup sweetened whipped cream and sprinkle with 1 cup Butter Crunch. 6 servings

Fruit-Custard Dessert: For each serving, pour chilled soft custard over fresh berries or fruit (oranges, bananas, peaches, strawberries). Sprinkle with Butter Crunch.

Pudding Dessert: Prepare your favorite flavor pudding and pie filling as directed on package for pudding-except pour into shallow serving dish. After refrigerating, sprinkle with 1 cup Butter Crunch. Serve with cream. 6 servings

Nutr. Assoc.: 14 0 0 20148 0 2130706543 0 2130706543

Buttermilk Biscuits

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1/2 2 1 2 1 1/4 3/4	tablespoon teaspoons teaspoon	shortening all-purpose flour sugar baking powder salt baking soda buttermilk (about)

Heat oven to 450°. Cut shortening into flour, sugar, baking powder, salt and baking soda with pastry blender in large bowl until mixture resembles fine crumbs. Stir in just enough buttermilk so dough leaves side of bowl and forms a ball.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead lightly 10 times. Roll or pat 1/2 inch thick. Cut with floured 2 1/2-inch biscuit cutter. Place about 1 inch apart on ungreased cookie sheet.

Bake 10 to 12 minutes or until golden brown. Immediately remove from cookie sheet. Serve hot.

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Copyright:

Yield: '10 Biscuits"

Per serving: 194 Calories (kcal); 11g Total Fat; (49% calories from fat); 3g Protein; 21g Carbohydrate; 1mg Cholesterol; 362mg Sodium

Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 0

Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 228

* Exported from MasterCook *

Cajun Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
AIIIOUTT	Measure	ingredient Preparation Method
3/4	cup	water
1/3	cup	chopped onion
1/3	cup	chopped green bell pepper
1	clove	garlic finely chopped
1	tablespoon	margarine or butter softened
3	cups	bread flour
2	tablespoons	sugar
2	teaspoons	Cajun or Creole seasoning
1 1/4	teaspoons	salt
1 3/4	teaspoons	bread machine veast

Make $1\ 1/2$ -pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Loaf"

Per serving: 147 Calories (kcal); 2g Total Fat; (9% calories from fat); 5g Protein; 28g Carbohydrate; 0mg Cholesterol; 271mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 4098 0 0 2419 0 2019

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Cajun Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
1/2 1/4 1/4 1	cup cup cup clove	water chopped onion chopped green bell pepper garlic finely chopped
2 2	teaspoons cups	margarine or butter softened bread flour
1	tablespoon	sugar
1	teaspoon	Cajun or Creole seasoning
3/4	teaspoon	salt
1	teaspoon	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 144 Calories (kcal); 2g Total Fat; (10% calories from fat); 4g Protein; 28g Carbohydrate; 3mg Cholesterol; 238mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2394 0 0 2419 0 2019

* Exported from MasterCook *

Cajun Pork Tenderloin with Vegetables

Recipe By : Serving Size : 4 Preparation Time :0:00

Categories : Main and Side Dishes Pork

Amount	Measure	Ingredient Preparation Method
2	teaspoons	Cajun or Creole seasoning
1		pork tenderloin
2	medium	sweet potatoes or yams (3/4 pound)
4	small	zucchini (1 pound)
1 1/2	cups	frozen small whole onions
2	tablespoons	margarine, butter or spread melted
1/2	teaspoon	dried thyme leaves
		Page 50

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betty crocker best of baking recipes.txt 1/4 teaspoon salt

Heat oven to 425°.

Rub Cajun seasoning into pork. Place in ungreased jelly roll pan, 15 $1/2 \times$ 10 1/2 × 1 inches. Insert meat thermometer horizontally into center of thickest part of pork.

Cut sweet potatoes and zucchini lengthwise into halves. Place sweet potatoes, zucchini and onions around pork. Drizzle margarine over vegetables. Sprinkle with thyme and salt.

Roast uncovered about 35 minutes or until thermometer reads 160°. Loosely cover pan with aluminum foil and let stand 10 minutes. Cut pork into thin slices. Serve with vegetables.

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T(Roast): "0:35"

Per serving: 307 Calories (kcal); 10g Total Fat; (29% calories from fat); 28g Protein; 27g Carbohydrate; 74mg Cholesterol; 384mg Sodium Food Exchanges: 1 Grain(Starch); 3 1/2 Lean Meat; 2 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES: If you'd like a milder flavor, just reduce the amount of Cajun spice.

Nutr. Assoc. : 2419 0 5212 26408 4296 4098 3159 0

* Exported from MasterCook *

Candy Bar Cupcakes

Recipe By

Serving Size : 20 Preparation Time :0:00

: Baking with Kids Categories Cakes

Amount Measure Ingredient -- Preparation Method 3/4 finely chopped candy cup (18 1/4 ounce) package white cake mix with pudding (1 pound) tub milk chocolate ready-to-spread frosting 1

Adult help: Coarsely chop all the candy, then finely chop enough to measure 3/4 cup:

8 bars (2.1 oz each) chocolate-covered crispy peanut-buttery candy.

Make and bake cupcakes as directed on package-except after beating, gently stir in the:

3/4 cup finely chopped candy 1 package (1 lb 2.25 oz) white cake mix with pudding

Adult help: Immediately remove cupcakes from pan to wire rack. Cool completely.

Frost cupcakes with:

1 tub (1 lb) milk chocolate ready-to-spread frosting

betty crocker best of baking recipes.txt Put coarsely chopped candy pieces on tops of cupcakes. Store loosely covered at room temperature.

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Yield:
"20 Cupcakes"

Per serving: 246 Calories (kcal); 8g Total Fat; (30% calories from fat); 2g Protein; 41g Carbohydrate; 1mg Cholesterol; 221mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 2 1/2 Other Carbohydrates

NOTES: Utensils You Will Need Muffin pan with medium cups, 2 $1/2 \times 1$ 1/4 inches • Pastry brush • Cutting board • Sharp knife • Large bowl • Liquid measuring cup • Electric mixer • Pot holders • Wire cooling rack

Candy bars are easier to cut if refrigerated about 1 hour.

Nutr. Assoc.: 904072 5517 1177

Candy Cane Cookies

Recipe By

Serving Size : 54 Preparation Time :0:00

Holiday Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
2 2		crushed peppermint candies sugar
1 1/2	teaspoon teaspoon	Chocolate-Nut Fingers (see recipe) peppermint extract red food color

Heat oven to 375°. Mix candies and sugar; reserve. Prepare dough for Chocolate-Nut Fingers-except substitute peppermint extract for the almond extract. Divide dough in half. Tint one half with food color. For each cookie, shape 1 teaspoon dough from each half into 4-inch rope side by side; press together lightly and twist. Place on ungreased cookie sheet, and curve one end of cookie to form handle of cane.

Bake 9 to 12 minutes or until set and very light brown. Immediately sprinkle reserved sugar mixture over cookies. Remove from cookie sheet. Cool on wire rack.

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Yield:

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[&]quot;54 Cookies"

Per serving: 5 Calories (kcal); trace Total Fat; (9% calories from fat); trace Protein; 1g Carbohydrate; trace Cholesterol; 1mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES: While red and white are the traditional colors for candy canes, feel free to create candy canes of different colors. Paste food color will give you more intense colors.

Nutr. Assoc.: 668 0 0 4706

Chocolate-Nut Fingers

Recipe By

Preparation Time :0:00 Serving Size : 96

Categories : Cookies & Brownies Holiday

Amount	Measure	Ingredient Preparation Method
1		
Ţ	cup	sugar
1	cup	margarine or butter (2 sticks) softened
1/2	cup	milk
1	teaspoon	vanilla
1	teaspoon	almond extract
1		egg
3 1/2	cups	all-purpose flour
1	teaspoon	baking powder
1/4	teaspoon	salt
1/2	cup	semisweet chocolate chips
1/2	cup	chopped nuts

Mix sugar, margarine, milk, vanilla, almond extract and egg in large bowl. Stir in flour, baking powder and salt. Cover and refrigerate at least 4 hours.

Heat oven to 375° . For each cookie, shape 1 teaspoon dough into 4-inch rope. (For smooth, even ropes, roll back and forth on sugared surface.) Place on ungreased cookie sheet.

Bake 9 to 12 minutes or until set and very light brown. Remove from cookie sheet. Cool on wire rack.

Heat chocolate chips until melted. Dip ends of cookies into chocolate, then into nuts. Place cookies on waxed paper. Let stand about 10 minutes or until chocolate is set.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe.

Yield:

"96 Cookies"

Per serving: 52 Calories (kcal); 3g Total Fat; (46% calories from fat); 1g Protein; 6g Carbohydrate; 2mg Cholesterol; 34mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0

Other Carbohydrates

^{*} Exported from MasterCook *

NOTES: For a different look, dip cookies halfway into the chocolate or brush the entire top of the cookie before dipping into the nuts.

Nutr. Assoc.: 0 4098 0 0 0 0 0 0 0 0

Candy Cookies

Recipe By Serving Size

: 36 Preparation Time :0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
1/2	cup	granulated sugar
1/2	cup	packed brown sugar
1/3	cup	packed brown sugar margarine or butter softened
1/3	cup	shortening
1	teaspoon	vanilla
1		egg
1 1/2	cups	all-purpose flour
1/2	teaspoon	baking soda
1/2	teaspoon	
1	(8 ounce) pac	kage chocolate-coated candies

Heat oven to 375°. Mix sugars, margarine, shortening, vanilla and egg. Stir in remaining ingredients.

Drop dough by heaping teaspoonfuls about 2 inches apart onto ungreased cookie sheet.

Bake until light brown, 8 to 10 minutes. (Centers will be soft.) Cool slightly; remove from cookie sheet.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

Description:

"A pleasing variation on the classic chocolate chip cookie—have funselecting the type of candy you use." $\,$

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Yield: "36 Cookies"

Per serving: 106 Calories (kcal); 5g Total Fat; (42% calories from fat); 1g Protein; 14g Carbohydrate; 6mg Cholesterol; 74mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Tip

when a recipe says "drop dough by rounded teaspoonfuls (or tablespoonfuls),' use regular teaspoons and tablespoons from your

everyday flatware. Nutr. Assoc. : 0 0 4098 0 0 0 0 0 4072

* Exported from MasterCook *

Caramel-Chocolate Pie

Recipe By

Serving Size : 12 Preparation Time :0:00

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^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt
Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
Amount 1 1/2	cups cup tablespoons tablespoons cup (3 ounce) pac cup (4 ounce) bar tablespoons teaspoon	vanilla wafer crumbs (about 25 wafers) margarine or butter (1/2 stick) melted vanilla caramels margarine or butter water chopped pecans toasted kages cream cheese softened powdered sugar sweet cooking chocolate hot water vanilla whipping (heavy) cream
	·	Easy Chocolate Curls, if desired (recipe in

directions)

Heat oven to 350°. Mix crumbs and 1/4 cup margarine. Press mixture firmly against side and bottom of pie plate, 9×1 1/4 inches. Bake 10 minutes; cool.

Heat caramels, 2 tablespoons margarine and 2 tablespoons water over medium heat, stirring frequently, until caramels are melted. Pour into crust. Sprinkle with pecans. Refrigerate about 1 hour until chilled.

Beat cream cheese and 1/3 cup powdered sugar until smooth. Spread over caramel layer; refrigerate.

Heat chocolate and 3 tablespoons hot water over low heat, stirring constantly, until chocolate is melted. Cool to room temperature. Stir in vanilla. Beat whipping cream and 2 tablespoons powdered sugar in chilled medium bowl until stiff. Reserve 1 1/2 cups. Fold chocolate mixture into remaining whipped cream. Spread over cream cheese mixture. Top with reserved whipped cream and Easy Chocolate Curls. Refrigerate any remaining pie.

EASY CHOCOLATE CURLS:

Place a bar or block of chocolate on waxed paper. Make chocolate curls by pulling a vegetable peeler toward you across the flattest side of the chocolate, pressing firmly in long, thin strokes. Small curls can be made by using the side of the chocolate bar. Transfer each curl carefully with a toothpick to a waxed paper-lined cookie sheet or directly onto frosted cake, pie or other dessert.

The curl will be easier to make if the chocolate is slightly warm, so let the chocolate stand in a warm place for about 15 minutes before making curls. Semisweet chocolate can be used but the curls will be small. Also, the thicker the bar of chocolate, the larger your curls will be.

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Yield:
 "1 Pie"
T(Refrigerate):
 "1:00"

betty crocker best of baking recipes.txt
Per serving: 465 Calories (kcal); 36g Total Fat; (66% calories from fat); 4g
Protein; 37g Carbohydrate; 76mg Cholesterol; 213mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 7 Fat; 2 1/2
Other Carbohydrates

Nutr. Assoc. : 5410 4098 251 4098 0 0 0 0 5195 0 0 721 0 0

Caramel-Pecan Sticky Rolls

Recipe By :

Serving Size : 15 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
3 1/2	cups	all-purpose* flour (3 1/2 to 4 cups) OR
3 1/2 1/3	cups	bread flour (3 1/2 to 4 cups) granulated sugar
	cup teaspoon	salt
1 2 1	packages	regular or quick active dry yeast
1/3	cup cup	very warm milk (120° to 130°) stick margarine or butter softened**
1	large	egg
1 1	cup	packed brown sugar
1/2	cup	stick margarine or butter softened
1/4	cup	dark corn syrup
1 2	cup tablespoons	<pre>pecan halves (4 ounces) stick margarine or butter softened**</pre>
1/2	Cup	chopped pecans
/	Сир	OR
1/2	cup	raisins, if desired
1/4	cup	granulated or packed brown sugar
1	teaspoon	ground cinnamon

Mix 2 cups of the flour, 1/3 cup granulated sugar, the salt and yeast in large bowl. Add warm milk, 1/3 cup margarine and the egg. Beat with electric mixer on low speed 1 minute, scraping bowl frequently. Beat on medium speed 1 minute, scraping bowl frequently. Stir in enough remaining flour to make dough easy to handle.

Turn dough onto lightly floured surface. Knead about 5 minutes or until smooth and elastic. Place in greased bowl and turn greased side up. Cover and let rise in warm place about 1 hour 30 minutes or until double. Dough is ready if indentation remains when touched.

Heat 1 cup brown sugar and 1/2 cup margarine to boiling in 2-quart saucepan, stirring constantly; remove from heat. Stir in corn syrup. Pour into ungreased rectangular pan, $13\times 9\times 2$ inches. Sprinkle with pecan halves.

Punch down dough. Flatten with hands or rolling pin into rectangle, 15 \times 10 inches, on lightly floured surface. Spread with 2 tablespoons margarine. Mix chopped pecans, 1/4 cup granulated sugar and the cinnamon; sprinkle evenly over margarine. Roll rectangle up tightly, beginning at 15-inch side. Pinch edge of dough into roll to seal. Stretch and shape until even. Cut roll into fifteen 1-inch slices. Place slightly apart in pan. Cover and let rise in warm place about 30 minutes or until double.

Heat oven to 350°.

Bake 30 to 35 minutes or until golden brown. Immediately turn upside down onto heatproof tray or serving plate. Let stand 1 minute so caramel will drizzle over rolls; remove pan. Serve warm.

^{*} Exported from MasterCook *

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

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Yield:

"15 Rolls"

Per serving: 399 Calories (kcal); 20g Total Fat; (44% calories from fat); 5g Protein; 51g Carbohydrate; 15mg Cholesterol; 306mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 1 1/2 Other Carbohydrates

NOTES: * If using self-rising flour, omit salt.

** Spreads with at least 65% vegetable oil can be substituted.

Lighter Caramel-Pecan Sticky Rolls: For less fat and fewer calories per serving, omit 1 cup brown sugar, 1/2 cup margarine, the corn syrup, pecan halves and omit heating brown sugar, margarine, corn syrup and pecans.

Line pan with aluminum foil; spray with nonstick cooking spray. Drizzle 3/4 cup light caramel ice-cream topping over foil. Sprinkle with 2/3 cup chopped pecans. Continue as directed in steps 4, 5 and 6-except omit the chopped pecans from the filling. Nutr. Assoc.: 14 0 2130706543 0 0 26366 4138 4098 0 0 4098 0 4431 4098 0 0 2130706543 210 0

* Exported from MasterCook *

Caramel-Pecan Torte

Recipe By

Serving Size : 18 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1	teaspoon	Caramel Cake (recipe follows) Caramel Frosting (recipe follows) milk (1 to 2 teaspoons) Chopped pecans or chocolate-covered pecan halves
2 1/4 1 3/4 1/2 1 3 1/2 1 2 1/2	cups cups cup teaspoons teaspoon teaspoon	packed brown sugar shortening milk baking powder salt vanilla eggs
1/2 1 1/4 2	stick cup cup cups	packed brown sugar

Bake Caramel Cake as directed. Cut cake horizontally into 3 layers. Reserve 1/2 cup Caramel Frosting. Fill layers with remaining frosting. Stir milk into reserved frosting until of drizzling consistency; drizzle over cake. Garnish with chopped pecans.

CARAMEL CAKE:

Heat oven to 350°. Grease and flour 12-cup bundt cake pan. Beat all ingredients except pecans in large bowl on low speed 30 seconds, scraping bowl constantly. Beat on high speed 3 minutes, scraping bowl frequently. Stir in pecans. Pour batter into pan.

Bake 35 to 40 minutes or until toothpick inserted in center comes out clean. Cool 20 minutes; invert onto wire rack. Cool completely.

CARAMEL FROSTING:

Heat margarine over medium heat in 2-quart saucepan until melted. Stir in brown sugar. Heat to boiling, stirring constantly. Reduce heat to low. Boil and stir 2 minutes. Stir in milk. Heat to boiling; remove from heat. Cool to lukewarm. Gradually stir in powdered sugar. Place saucepan of frosting in bowl of cold water. Beat until smooth and of spreading consistency. If frosting becomes too stiff, stir in additional milk, 1 teaspoon at a time.

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Yield:

"1 Torte"

Per serving: 349 Calories (kcal); 12g Total Fat; (29% calories from fat); 3g Protein; 60g Carbohydrate; 23mg Cholesterol; 198mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 3 Other Carbohydrates

Nutr. Assoc. : 2130706543 2130706543 4038 0 0 0 0 0 0 0 0 0 0 0 0 0 0 4098

Caramelized Onion Focaccia

Recipe By

Serving Size : 8 Preparation Time :0:00

: Bread Machine Categories Breads

Amount	Measure	Ingredient Preparation Method
2 3/4	cups cup	bread flour water
2		olive or vegetable oil
1	teaspoon	sugar salt
1 1/2	teaspoons	bread machine yeast Onion Topping (recipe follows)
3/4	cup	shredded Mozzarella cheese (3 ounces)
۷	cab respoons	grated Parmesan cheese

^{*} Exported from MasterCook *

ONION TOPPING

3	tablespoons	margarine	or butter
2	medium	onions	sliced
_	_		c

2 cloves garlic -- finely chopped

Measure carefully, placing all ingredients except Onion Topping and cheeses in bread machine pan in the order recommended by the manufacturer. Select Dough/Manual cycle.

Grease cookie sheet. Pat dough into 12-inch circle on cookie sheet. Cover and let rise in warm place about 30 minutes or until almost double. Prepare Onion Topping.

Heat oven to 400° . Make deep depressions in dough at 1-inch intervals with finger or handle of wooden spoon. Spread topping over dough. Sprinkle with cheeses. Bake 15 to 18 minutes or until edge is golden brown. Remove from cookie sheet to wire rack. Cut into wedges; serve warm.

ONION TOPPING:

Melt margarine in 10-inch skillet over medium-low heat. Cook onions and garlic in margarine 15 to 20 minutes, stirring occasionally, until onions are brown and caramelized.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"8 Pieces"

Per serving: 251 Calories (kcal); 11g Total Fat; (40% calories from fat); 8g Protein; 30g Carbohydrate; 10mg Cholesterol; 387mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 986 0 0 2019 2130706543 922 0 0 0 4098 0 0

Carrot Cake

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1 1/2 1 3 2 1 1/2 1 1 1/2 1/4 3	cups cup large cups teaspoons teaspoon teaspoon teaspoon cups cup	vegetable oil eggs all-purpose flour* ground cinnamon baking soda vanilla salt ground nutmeg

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt 2 1/2 cups Cream Cheese Frosting -- (see recipe), if desired

Heat oven to 350° . Grease bottom and sides of rectangular pan, $13 \times 9 \times 2$ inches, or 2 round pans, 8×1 1/2 or 9×1 1/2 inches, with shortening; lightly flour.

Mix sugar, oil and eggs in large bowl until blended; beat 1 minute. Stir in remaining ingredients except carrots, nuts and Cream Cheese Frosting; beat 1 minute. Stir in carrots and nuts. Pour into pan.

Bake rectangle 40 to 45 minutes, rounds 30 to 35 minutes, or until toothpick inserted in center comes out clean. Cool in pan on wire rack.

Frost rectangle or fill and frost layers with Cream Cheese Frosting.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

'This cake is mixed without an electric mixer. Use a food processor to shred the carrots and put the cake together even faster. Copyright:

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Yield: "1 Cake"

Per serving: 521 Calories (kcal); 27g Total Fat; (46% calories from fat); 5g Protein; 66g Carbohydrate; 51mg Cholesterol; 241mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 5 Fat; 3 1/2 Other Carbohydrates

NOTES: *If using self-rising flour, omit baking soda and salt.

Lighter Carrot Cake: For less fat and fewer calories per serving, substitute 1/2 cup unsweetened applesauce for 1/2 cup of the oil and 1 egg plus 4 egg whites for the eggs. Decrease the chopped nuts to 1/2 cup. Nutr. Assoc. : 0 0 0 14 0 0 0 0 4921 2677 0

* Exported from MasterCook *

Cream Cheese Frosting

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount Measure Ingredient -- Preparation Method (8 ounce) package cream cheese -- softened 1 1/4 cup stick margarine or butter* -- softened* 2 teaspoons milk teaspoon vanilla cups powdered sugar 1 4

Beat cream cheese, margarine, milk and vanilla in medium bowl with electric mixer on low speed until smooth.

Gradually beat in powdered sugar on low speed, 1 cup at a time, until smooth and spreadable. Frosts one 13 \times 9-inch cake generously, or fills and frosts one 8- or 9-inch two-layer cake. Refrigerate any remaining frosting.

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Yield:

"2 1/2 Cups"

Per serving: 193 Calories (kcal); 8g Total Fat; (35% calories from fat); 1g Protein; 30g Carbohydrate; 16mg Cholesterol; 76mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 2 Other Carbohydrates

NOTES: *We do not recommend using vegetable oil spreads.

Chocolate Cream Cheese Frosting: Add 2 ounces unsweetened baking chocolate, melted and cooled, with the margarine.

Nutr. Assoc. : 0 4098 0 0 0

Carrot-Nut Bread

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 1/2	cups	shredded carrots (about 3 medium)
3/4	cup	sugar
1/3	cup	vegetable oil
2		eggs
3/4 3/4	cup	all-purpose flour whole wheat flour
3/4	cup	whole wheat flour
1/4	cup	coarsely chopped walnuts or pecans
2	teaspoons	baking powder
1/2	teaspoon	salt
1/2	teaspoon	ground cinnamon
1/2	teaspoon	ground cloves

Heat oven to 350°. Grease bottom only of loaf pan, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 inches or 9 × 5 × 3 inches. Mix carrots, sugar, oil and eggs in large bowl. Stir in remaining ingredients. Pour into pan. Bake 50 to 60 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen sides of loaf from pan; remove from pan. Cool completely on wire rack before slicing. Store tightly wrapped in refrigerator up to 1 week.

1 loaf (24 slices)

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Yield:

"1 Loaf"

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Per serving: 95 Calories (kcal); 4g Total Fat; (39% calories from fat); 2g Protein; 13g Carbohydrate; 16mg Cholesterol; 93mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 4921 0 0 0 0 0 20187 0 0 0 0

* Exported from MasterCook *

Cashew Triangles

Recipe By

Serving Size : 24 Preparation Time :0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
1/2	cup	margarine or butter (1 stick) softened
1/4	cup	granulated sugar
1/4	cup	packed brown sugar
1/2	teaspoon	vanilla
1	•	egg separated
1	cup	all-purpose flour
1/8	teaspoon	salt
1	teaspoon	water
1	· cup	chopped salted cashews, macadamia nuts or
	•	toasted almonds
1	ounce	unsweetened chocolate melted and cooled

Heat oven to 350° . Mix margarine, sugars, vanilla and egg yolk in medium bowl. Stir in flour and salt. Press dough in ungreased rectangular pan, $13 \times 9 \times 2$ inches, with floured hands. Beat egg white and water; brush over dough. Sprinkle with cashews; press lightly into dough.

Bake about 25 minutes or until light brown; cool 10 minutes. Cut into 3-inch squares. Cut each square diagonally in half. Immediately remove from pan; cool. Drizzle with chocolate. Let stand about 2 hours or until chocolate is set.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"You can cut these cookies into squares or bars. We think the triangles add a unique look!"

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Yield: "24 Cookies"

T(Bake): "0:25"

Per serving: 110 Calories (kcal); 7g Total Fat; (57% calories from fat); 2g Protein; 10g Carbohydrate; 8mg Cholesterol; 60mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 4098 0 0 0 0 0 0 0 2505 0

Page 71

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Cheese and Spinach Muffins

Recipe By :

Serving Size : 12 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 1/4	cups	milk
1/3	cup	margarine or butter melted
1 2	cups	
1/4 2	cup	grated Parmesan cheese chopped green onions
3		baking powder
1/4 1/2	teaspoon	salt
1/2	cup	coarsely chopped fresh spinach OR
1/4	cup	very well drained, frozen (thawed) chopped
1/2	cup	spinach shredded Swiss cheese Grated Parmesan cheese

Heat oven to 400° . Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Beat milk, margarine and egg in large bowl. Stir in flour, 1/4 cup Parmesan cheese, the green onions, baking powder and salt just until flour is moistened. Fold in spinach and Swiss cheese. Divide batter evenly among muffin cups (cups will be almost full). Sprinkle with Parmesan cheese.

Bake 18 to 20 minutes or until golden brown. Immediately remove from pan.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

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Yield: "12 Muffins"

Per serving: 169 Calories (kcal); 8g Total Fat; (44% calories from fat); 6g Protein; 18g Carbohydrate; 25mg Cholesterol; 287mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 4098 0 0 0 0 0 0 26056 0 2130706543 0 0

* Exported from MasterCook *

Cheese Pizza

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Main and Side Dishes

Amount	bet [.] Measure	ty crocker best of baking recipes.txt Ingredient Preparation Method
1 1 1 3 1/4	·	Pizza Crust (recipe follows) pizza sauce sliced mushrooms drained OR chopped green chiles drained shredded Mozzarella, Cheddar or Monterey Jack cheese (12 ounces) grated Parmesan or Romano cheese
1 2 1/2 2 1/2	package cup cups tablespoons teaspoon	PIZZA CRUST regular or quick active dry yeast warm water (105° to 115°) all-purpose flour* olive or vegetable oil salt Olive or vegetable oil Cornmeal

Prepare Pizza Crust. Spread pizza sauce over partially baked crusts. Sprinkle with mushrooms and cheeses.

Bake pizzas at 425° about 10 minutes, until cheese is melted and pizzas are bubbly.

Meat Pizza: Cook 1 pound ground beef, bulk Italian sausage or ground turkey, 1 teaspoon Italian seasoning and 2 cloves garlic, finely chopped, in 10-inch medium skillet over medium heat, stirring occasionally, until beef is brown; drain. Sprinkle beef mixture over pizza sauce. Decrease Mozzarella cheese to 2 cups.

PIZZA CRUST:

Dissolve yeast in warm water in medium bowl. Stir in flour, 2 tablespoons oil and the salt. Beat vigorously 20 strokes. Cover and let rest 20 minutes. Move oven rack to lowest position. Heat oven to 425°. Grease 2 cookie sheets or 12-inch pizza pans with oil. Sprinkle with cornmeal. Divide dough in half; pat each half onto 11-inch circle on cookie sheet with floured fingers. Prick dough thoroughly with fork. Bake about 10 minutes or until crust just begins to brown.

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Yield:

"2 Pizzas"

Per serving: 344 Calories (kcal); 16g Total Fat; (41% calories from fat); 15g Protein; 35g Carbohydrate; 40mg Cholesterol; 597mg Sodium Food Exchanges: 2 Grain(Starch); 1 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 1/2 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt. One cup whole wheat flour can be substituted for 1 cup of the all-purpose flour, if desired. Nutr. Assoc.: 2130706543 0 2461 0 2130706543 26153 3562 0 0 26366 5472 14 986 0 986 0

Cheese Strata Page 73

^{*} Exported from MasterCook *

Recipe By

Serving Size : 6 Preparation Time :0:00

: Main and Side Dishes Categories

Amount	Measure	Ingredient Preparation Method
1/3 1/2 1 10 2 2 2 2 1 1/2	cup teaspoon clove slices cups tablespoons tablespoons teaspoon teaspoon	white bread crusts removed shredded sharp Cheddar cheese (8 ounces) chopped parsley chopped onion salt Worcestershire sauce
1/8	teaspoon Dash	pepper ground red pepper (cayenne)
4 2 1/2	cups	eggs milk

Mix margarine, mustard and garlic. Spread evenly over each slice bread. Cut each slice into thirds. Line bottom and sides of ungreased square baking dish, $8\times8\times2$ inches, with half of the bread slices, buttered sides down, cutting to fit.

Mix cheese, parsley, onion, salt, Worcestershire sauce, pepper and red pepper. Spread evenly over bread slices in dish. Top with remaining bread slices, buttered sides up.

Beat eggs in medium bowl. Stir in milk. Pour over bread. Cover and refrigerate at least 2 hours but no longer than 24 hours.

Heat oven to 325°. Bake uncovered about 1 1/4 hours or until knife inserted in center comes out clean. Let stand 10 minutes before cutting.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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T(Bake): "1:15

Per serving: 463 Calories (kcal); 31g Total Fat; (59% calories from fat); 20g Protein; 27g Carbohydrate; 179mg Cholesterol; 1024mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 2 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 0 Other Carbohydrates

NOTES : Tip

To save time, use finely chopped garlic from a jar, and don't remove the crusts from the bread. Purchase the cheese already

shredded in an 8-ounce package. Nutr. Assoc. : 4098 518 0 2342 4908 0 0 0 0 2514 0 0

* Exported from MasterCook *

Cheese Straw Twists

Recipe By

Serving Size : 48 Preparation Time :0:00

Holiday Categories : Breads

Amount	Measure	Ingredient Preparation Method
2/3 1 1 1		grated Parmesan cheese paprika) package frozen puff pastry thawed egg slightly beaten

Heat oven to 425°. Line 2 cookie sheets with cooking parchment paper or heavy brown paper. Mix cheese and paprika. Roll 1 sheet of pastry into rectangle, 12×10 inches, on lightly floured surface with floured clothcovered rolling pin.

Brush pastry with egg. Sprinkle with 3 tablespoons of the cheese mixture. Press cheese mixture gently into pastry. Turn pastry over. Repeat with egg and cheese mixture. Fold pastry lengthwise in half.

Cut pastry crosswise into 1/2-inch strips. Unfold strips and roll each end in opposite directions to twist. Place twists on cookie sheet.

Bake 7 to 8 minutes or until puffed and golden brown. Repeat with remaining sheet of pastry, egg and cheese mixture. Remove from cookie sheet to wire rack. Serve warm or cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Copyright:
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Per serving: 63 Calories (kcal); 4g Total Fat; (61% calories from fat); 1g Protein; 5g Carbohydrate; 5mg Cholesterol; 47mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES: These easy bread sticks are welcome additions to your bread basket-the crisp-tender morsels will melt in your mouth! For a peppery twist, mix 2 teaspoons cracked black pepper with the Parmesan cheese mixture. To serve as appetizers, cut the twists in half before baking. Nutr. Assoc. : 0 0 27140 0

* Exported from MasterCook *

Cheese Triangles

Recipe By : Serving Size : 35 Preparation Time :0:00

: Appetizers Holiday Categories

Amount Measure Ingredient -- Preparation Method pound Feta cheese* 2 eggs -- slightly beaten cup finely chopped chives teaspoon white pepper (6 ounce) package frozen phyllo sheets -- thawed 1/4 cup margarine or butter (1/2 stick) -- melted

Heat oven to 350°. Grease cookie sheet. Crumble cheese in small bowl; mash Page 75

betty crocker best of baking recipes.txt with fork. Stir in eggs, chives and white pepper until well mixed. Cut stack of phyllo sheets lengthwise into thirds. Cover with waxed paper, then with damp towel to prevent them from drying out. Use 2 sheets of phyllo for each strip. Place 1 heaping teaspoon cheese mixture on end of strip; fold phyllo strip end over end, in triangular shape, to opposite end. Place on cookie sheet. Repeat with remaining phyllo and cheese mixture. (Triangles can be covered and refrigerated up to 24 hours at this point.) Brush margarine over triangles point.) Brush margarine over triangles.

Bake about 20 minutes or until puffed and golden.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "35 Appetizers"

T(Bake): "0:20"

Per serving: 64 Calories (kcal); 5g Total Fat; (75% calories from fat); 3g Protein; 1g Carbohydrate; 22mg Cholesterol; 187mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: *Finely shredded Monterey Jack cheese can be substituted for the

mashed Feta cheese. Nutr. Assoc. : 3272 0 26050 0 4453 4098

* Exported from MasterCook *

Cheesy Breadsticks

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1/4 1/2 2 1/2		grated Parmesan cheese paprika all-purpose flour shredded Cheddar cheese
3/4	cup cup tablespoons	milk margarine or butter melted
2 1 1	teaspoons teaspoon teaspoon	
1	·	egg beaten

Mix Parmesan cheese and paprika; reserve. Mix remaining ingredients except egg until dough leaves side of bowl. Turn dough onto lightly floured surface; gently roll in flour to coat. Knead lightly 20 to 25 times. Cover and let stand 15 minutes.

Heat oven to 400° . Grease 2 cookie sheets. Divide dough in half. Cover and reserve one-half of dough. Roll other half of dough into rectangle, 10×8 inches. Brush with half of the egg; sprinkle with half of the cheese mixture. Press cheese mixture lightly into dough. Cut rectangle lengthwise into 12 strips. Gently twist each strip several times; place on one of the cookie sheets.

betty crocker best of baking recipes.txt Bake 12 to 15 minutes or until golden brown. Immediately remove from cookie sheet. Cool on wire rack. Repeat with remaining dough, egg and cheese mixture.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "24 Breadsticks"

Per serving: 68 Calories (kcal); 3g Total Fat; (33% calories from fat); 3g Protein; 9g Carbohydrate; 12mg Cholesterol; 177mg Sodium Food Exchanges: 1/2 Grain(Starch); O Lean Meat; O Vegetable; O Fruit; 1/2 Fat; O Other Carbohydrates

NOTES: Cheesy Pretzels: Roll each half of the dough into rectangle, $12 \times$ 8 inches. Cut each rectangle lengthwise into 8 strips. Fold each strip lengthwise in half; pinch edges to seal. Twist folded strips into pretzel shapes; place seam sides down on greased cookie sheet. Brush pretzels with egg; sprinkle with the cheese mixture. Bake as directed.

Nutr. Assoc. : 0 0 0 0 0 4098 0 0 0 0

* Exported from MasterCook *

Cheesy Garlic Monkey Bread

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
3 1/2 1/4 1/3 3/4 1 1 1/2	cup cup teaspoon	bread flour shortening sugar water salt bread machine yeast
1/3 4 1/2	cup cloves cup	grated Parmesan cheese garlic finely chopped margarine or butter (1 stick) melted

Measure carefully, placing all ingredients except Parmesan cheese, garlic and margarine in bread machine pan in the order recommended by the manufacturer. Select Dough/Manual cycle.

Grease tube pan, 10×4 inches, or 12-cup bundt cake pan. Divide dough into 20 equal pieces. Mix cheese and garlic. Dip dough pieces into melted margarine, then roll in cheese mixture. Arrange in layers in pan. Cover and let rise in warm place about 45 minutes or until double.

Heat oven to 350°. Bake 35 to 45 minutes or until golden brown. Remove from pan. Serve warm.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"10 Slices"

Per serving: 348 Calories (kcal); 16g Total Fat; (42% calories from fat); 8g Protein; 42g Carbohydrate; 21mg Cholesterol; 377mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 2019 0 0 0 4098

* Exported from MasterCook *

Cheesy Grits

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Main and Side Dishes Rice and Grains

Amount	Measure	Ingredient Preparation Method
2	cups	milk
2	cups	water
1	teaspoon	salt
1/4	teaspoon	pepper
1	cup	hominy quick grits shredded Cheddar cheese (6 ounces)
1 1/2	cups	shredded Cheddar cheese (6 ounces)
1/4	cup	sliced areen onions
2		eggs slightly beaten
1	tablespoon	margarine or butter
1/4	teaspoon	paprika

Heat oven to 350° . Grease 1 1/2-quart casserole. Heat milk, water, salt and pepper to boiling in 2-quart saucepan. Gradually add grits, stirring constantly; reduce heat. Simmer uncovered, stirring frequently, until thick, about 5 minutes. Stir in cheese and onions. Stir 1 cup of the hot mixture into eggs; stir into remaining hot mixture in saucepan.

Pour hot mixture into casserole. Dot with margarine; sprinkle with paprika. Bake uncovered until set, 35 to 40 minutes. Let stand 10 minutes.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 226 Calories (kcal); 12g Total Fat; (47% calories from fat); 10g Protein; 19g Carbohydrate; 77mg Cholesterol; 461mg Sodium Food Exchanges: 1 Grain(Starch); 1 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 730 4922 0 0 4098 0

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Cheesy Pretzels

Recipe By

Preparation Time :0:00 : 16 Serving Size

Baking with Kids Categories : Appetizers

Breads

Amount	Measure	Ingredient Preparation Method
1 1/2 1/2 2/3 2 2 1 1/2	cup cup tablespoons	Shortening all-purpose flour shredded Cheddar cheese (2 ounces) milk margarine or butter (from a stick) baking powder sugar salt egg Coarse salt

Heat oven to 400°.

Generously grease cookie sheet with: Shortening

Mix in medium bowl with fork to make a dough:

1 1/2 cups all-purpose flour 1/2 cup shredded Cheddar cheese (2 ounces)

2/3 cup milk

2 tablespoons (from a stick) margarine or butter

2 teaspoons baking powder

1 teaspoon sugar 1/2 teaspoon salt

Sprinkle a clean surface (such as a kitchen counter or bread board) with flour. Put dough on surface. Roll ball of dough around 3 or 4 times. Knead dough quickly and lightly by folding, pressing and turning. Repeat 10 times.

Divide dough in half. Roll or pat half of the dough into 12 \times 8-inch rectangle. Adult help: Cut dough lengthwise into eight 1-inch-wide strips. Fold each strip lengthwise in half to make it more narrow. Pinch the edges to seal.

Twist each strip into a pretzel shape. Put pretzels, seam sides down, on cookie sheet.

Beat in small bowl with fork: 1 large egg

Brush pretzels with the beaten egg, then sprinkle lightly with: Coarse salt

Bake 10 to 15 minutes or until golden brown. Remove pretzels from cookie sheet with spatula to wire rack. Cool. Repeat making pretzels with the rest of the dough.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

[&]quot;16 Pretzels"

Per serving: 81 Calories (kcal); 3g Total Fat; (37% calories from fat); 3g Protein; 10g Carbohydrate; 17mg Cholesterol; 175mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: Utensils You Will Need Cookie sheet • Pastry brush • Medium bowl • Fork • Dry-ingredient measuring cups • Liquid measuring cup • Measuring spoons • Rolling pin • Ruler • Knife • Small bowl • Pot holders • Spatula • Wire cooling rack

> Here's another idea. . . Make Peanutty Pretzels: Leave out the cheese. Use 2 tablespoons crunchy peanut butter in place of the margarine. Use 2 tablespoons chopped salted peanuts in place of the coarse salt.

A pizza cutter makes quick work of cutting the dough into strips. Nutr. Assoc. : 0 0 4922 0 4098 0 0 0 0 0

* Exported from MasterCook *

Cherry-Almond Coffee Cake

Recipe By Serving Size : 16 Preparation Time :0:00

Categories : Cakes

Amount	Measure	Ingredient Preparation Method
1/3	cup	finely chopped almonds
1 1 /2	cup	sugar
1/2	cup	
1/2	cup	mi lk
1/2	teaspoon	almond extract
1	(15 ounce) co	ntainer Ricotta cheese
2		eggs
2 1/2	cups	all-purpose flour
1 '	cup	dried cherries chopped
_		OR
1	cup	prunes chopped
- 1	cup	chopped almonds toasted if desired
1 3	teaspoons	
1/2	•	
1/2	teaspoon	Sail

Heat oven to 350° . Grease 12-cup bundt cake pan or tube pan, 10×4 inches. Coat pan with 1/3 cup finely chopped almonds. Beat sugar, margarine, milk, almond extract, Ricotta cheese and eggs in large bowl on low speed until blended. Beat on medium speed 2 minutes, scraping bowl occasionally. Beat in remaining ingredients (batter will be very thick). Spread in pan.

Bake 55 to 65 minutes or until toothpick inserted near center comes out clean. Cool 20 minutes. Remove from pan; place on wire rack. Sprinkle with powdered sugar if desired. Serve warm or let stand until cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 331 Calories (kcal); 17g Total Fat; (44% calories from fat); 9g Protein; 39g Carbohydrate; 38mg Cholesterol; 261mg Sodium Food Exchanges: 1 Grain(Starch); 1 Lean Meat; 0 Vegetable; 1/2 Fruit; 3 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 20020 0 4098 0 0 0 0 0 0 0 2130706543 0 0 0

* Exported from MasterCook *

Cherry-Almond Loaf (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

: Bread Machine **Breads** Categories

Amount	Measure	Ingredient Preparation Method
3/4 1/2 2 3 2 1 1 1/2 2 1/2	tablespoons tablespoon teaspoons	bread flour sugar dry milk

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except almonds in bread machine pan in the order recommended by the manufacturer. Add almonds at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Loaf"

Per serving: 201 Calories (kcal); 6g Total Fat; (26% calories from fat); 6g Protein; 32g Carbohydrate; 1mg Cholesterol; 298mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 1582 4097 4098 0 0 0 0 2019 0

* Exported from MasterCook *

Cherry-Almond Loaf (1-Pound Recipe)

Recipe By : Serving Size : 8 Preparation Time :0:00

: Bread Machine Breads Categories

Amount	Measure	Ingredient Preparation Method
2/3 1/3 1 2 1 2 1 2 1 1 1/4 1/4	tablespoon teaspoons teaspoon teaspoons	

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except almonds in bread machine pan in the order recommended by the manufacturer. Add almonds at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Loaf"

Per serving: 186 Calories (kcal); 5g Total Fat; (22% calories from fat); 5g Protein; 31g Carbohydrate; 1mg Cholesterol; 292mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 26575 4098 0 0 0 0 2019 0

* Exported from MasterCook *

Cherry-Coconut Bars

Recipe By

Serving Size : 48 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
1/2 1 1/2 3/4 1/3 3/4 1 3/4 1/2		

betty crocker best of baking recipes.txt eggs -- beaten cup chopped nuts

Heat oven to 350°. Mix Holiday Cookie Mix and margarine. Press in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Bake 25 minutes.

Mix remaining ingredients except nuts; spread over baked layer. Sprinkle with nuts.

Bake about 25 minutes or until center is set. Cool completely. Cut into about 2×1 -inch bars.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\circ}$ Recipe.

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Yield:
"48 Bars"

Per serving: 127 Calories (kcal); 6g Total Fat; (40% calories from fat); 2g Protein; 18g Carbohydrate; 12mg Cholesterol; 106mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES: The crackly top on these bars is easiest to cut with a wet, sharp

Nutr. Assoc. : 0 4098 0 2737 0 4097 0 0 0 0

* Exported from MasterCook *

Holiday Cookie Mix

Recipe By

: 0 Serving Size Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
8 4 1 1 1/2 1 1/2	cups tablespoon teaspoons	all-purpose flour packed brown sugar salt baking soda shortening

Mix flour, sugar, salt and baking soda. Cut in shortening with pastry blender or 2 knives until mixture resembles fine crumbs. Place desired amounts of mix in storage containers (plastic containers or jars or large plastic bags). Seal tightly, label and refrigerate up to 10 weeks. To measure, dip dry-ingredient measuring cup into cookie mix; level with straight-edged spatula.

15 to 16 cups cookie mix

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe.

Description:

"This multipurpose mix makes quite a large batch, but it can be easily mixed in a large roasting pan, a plastic dishpan, the vegetable bin

betty crocker best of baking recipes.txt from your refrigerator or a 6-quart mixing bowl." Copyright:
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Yield:
 "16 Cups"

Per serving: 9667 Calories (kcal); 317g Total Fat; (29% calories from fat); 103g Protein; 1619g Carbohydrate; 0mg Cholesterol; 8646mg Sodium Food Exchanges: 50 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 61 1/2 Fat; 57 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0

* Exported from MasterCook *

Chicken Jumbo Shells

Recipe By :

Serving Size : 4 Preparation Time :0:00

Categories : Main and Side Dishes Pasta

Poultry

Amount Measure Ingredient -- Preparation Method uncooked jumbo pasta shells olive or vegetable oil 12 1 tablespoon tomatoes (about 1 1/2 cups) -- seeded and chopped celery (about 1/2 cup) -- thinly sliced carrot (about 1/2 cup) -- finely chopped garlic -- finely chopped 2 medium 1 medium stalk medium 1 clove 1 diced cooked chicken cup dry white wine tablespoon OR tablespoon chicken broth 1 (15 ounce) container Ricotta cheese cup seasoned croutons chopped fresh parsley teaspoon 1/4 teaspoon salt 1/4 teaspoon pepper

Cook pasta shells as directed on package; drain. Heat oven to 400° . Grease square pan, $8\times8\times2$ inches. Heat oil in 10-inch skillet over medium-high heat. Cook tomatoes, celery, carrot and garlic in oil 5 to 7 minutes, stirring frequently, until celery and carrot are crisp-tender. Stir in chicken and wine. Cook 5 minutes until wine is evaporated.

Stir remaining ingredients into chicken mixture. Fill cooked shells with chicken mixture. Place filled sides up in pan. Bake uncovered about 10 minutes or until filling is golden brown.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 437 Calories (kcal); 21g Total Fat; (44% calories from fat); 28g Protein; 33g Carbohydrate; 84mg Cholesterol; 396mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 3 Lean Meat; 1 Vegetable; 0 Fruit; 2 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 315 986 26367 2523 2495 0 2805 0 0 2130706543 0 0 0 0 0

* Exported from MasterCook *

Chicken Pot Pie

Recipe By : Serving Size : 6 Preparation Time :0:00

: Main and Side Dishes Poultry Categories

Amount	Measure	Ingredient Preparation Method
1	(10 ounce) pa	ckage frozen peas and carrots
1/3		margarine or butter
1/3	cup	all-purpose flour
1/3	cup	chopped onion
1/2	teaspoon	salt
1/4	teaspoon	
1 3/4	cups	chicken broth
2/3	cup	milk
2 1/2	cups	cut-up cooked chicken or turkey (2 1/2 to
		3 cups)
		Pastry for 9-Inch Two-Crust Pie (see Favorite Pastry
Pacinal		

Recipe)

Rinse frozen peas and carrots in cold water to separate; drain. Melt margarine in 2-quart saucepan over medium heat. Stir in flour, onion, salt and pepper. Cook, stirring constantly, until mixture is bubbly; remove from heat. Stir in broth and milk. Heat to boiling, stirring constantly. Boil and stir 1 minute. Stir in chicken and peas and carrots; remove from heat.

Heat oven to 425°. Prepare pastry. Roll two-thirds of the pastry into 13-inch square. Ease into ungreased square pan, $9 \times 9 \times 2$ inches. Pour chicken mixture into pastry-lined pan.

Roll remaining pastry into 11-inch square. Cut out designs with 1-inch cookie cutter. Place square over chicken mixture. Arrange cutouts on pastry. Turn edges of pastry under and flute.

Bake about 35 minutes or until golden brown.

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Yield: "1 Pie" T(Bake): "0:35"

Per serving: 451 Calories (kcal); 26g Total Fat; (51% calories from fat); 25g Protein; 29g Carbohydrate; 64mg Cholesterol; 793mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 2 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 4 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 26971 4098 0 0 0 0 0 2805 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch Two-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

: Desserts Pies Categories

Amount	Measure	Ingredient Preparation Method
2		all-purpose flour
2/3	teaspoon cup	lard
2/3	cup	or plus 2 tablespoons shortening
4	tablespoons	cold water (4 to 5 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with times of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "2 Crusts"

Per serving: 268 Calories (kcal); 17g Total Fat; (59% calories from fat); 3g Protein; 24g Carbohydrate; 16mg Cholesterol; 267mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2

Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt
Chicken with Gingered Brown Rice Stuffing

Recipe By :

Serving Size : 4 Preparation Time :0:00

Categories : Main and Side Dishes Poultry

Am	ount	Measure	Ingredient Preparation Method
1		tablespoon	orange juice
1 2		small	
2		cups	cooked brown rice
_			OR
2		cups	
2 3 2		tablespoons	
2		tablespoons	
_			OR
2 1		teaspoons	
1		teaspoon	orange juice
	3/4	teaspoon	11
	_ , ,		OR
	1/4	teaspoon	dried thyme leaves
4		(4 ounce)	
_			(1 pound)
1	- / -	tablespoon	orange juice
	1/4	teaspoon	cinnamon

Heat oven to 350° . Heat 1 tablespoon orange juice to boiling in 2-quart saucepan over medium heat. Cook onion in orange juice, stirring frequently, until crisp-tender. Stir in rice, ginger, parsley, 1 tablespoon orange juice and the thyme. Spoon rice mixture into greased square baking dish, $8\times8\times2$ inches.

Place chicken breasts over rice mixture; brush with 1 tablespoon orange juice; sprinkle with cinnamon. Cover and bake 30 minutes. Remove cover; bake 15 to 20 minutes longer or until juice of chicken is no longer pink when centers of thickest pieces are cut.

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Per serving: 277 Calories (kcal); 2g Total Fat; (8% calories from fat); 29g Protein; 26g Carbohydrate; 73mg Cholesterol; 81mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 3 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates

NOTES : Crystallized ginger adds a spicy flavor to this easy chicken and rice dish.

Nutr. Assoc. : 0 0 2801 0 2130706543 3003 0 0 2130706543 0 0 0 2130706543 2314 0 0

* Exported from MasterCook *

Chicken with Orange-Pecan Rice

Recipe By :

Serving Size : 4 Preparation Time :0:00

Categories : Main and Side Dishes Poultry

Amount	Measure	Ingredient Preparation Method
1 2 1/4 1 4	cups cup (2 ounce) jar	package fast-cooking long grain and wild rice orange juice chopped pecans diced pimientos drained skinless boneless chicken breast halves (about 1 pound) Chopped fresh parsley if desired

Heat oven to 350°. Grease square pan, $8 \times 8 \times 2$ inches.

Mix rice, seasoning packet included in rice mix, orange juice, pecans and pimientos in pan. Place chicken on rice.

Cover and bake 35 to 45 minutes or until liquid is absorbed and juice of chicken is no longer pink when center of thickest pieces are cut. Sprinkle with parsley.

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Per serving: 380 Calories (kcal); 7g Total Fat; (16% calories from fat); 32g Protein; 47g Carbohydrate; 66mg Cholesterol; 564mg Sodium Food Exchanges: 2 Grain(Starch); 3 1/2 Lean Meat; 0 Vegetable; 1 Fruit; 2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 1523 0 0 1603 2313 2130706543

* Exported from MasterCook *

Chile Pepper-Cheese Bread

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1	nackane	active dry yeast
1/2	cup	warm water (105° to 115°)
$\frac{1}{2}$	cup	lukewarm milk (scalded then cooled)
1/2 2/3	cup	margarine or butter softened
2 1		eggs
1	teaspoon	salt
2 1/2 1/2	cups	all-purpose flour*
1/2	cup	cornmeal
1	cup	shredded hot pepper cheese (about 4
		ounces)
2	tablespoons	chopped green chiles drained on paper towels (2 to 4
tablespoo	ns)	
•		Cornmeal

Dissolve yeast in warm water in large mixing bowl. Stir in milk, margarine, eggs, salt and 1 cup of the flour. Beat on low speed, scraping bowl constantly, 30 seconds. Beat on medium speed, scraping bowl occasionally, 2 minutes. Stir in remaining flour, 1/2 cup cornmeal, the cheese and chiles. Scrape batter from side of bowl. Cover; let rise in

betty crocker best of baking recipes.txt warm place until double, about 30 minutes.

Stir down batter by beating about 25 strokes. Spread in greased 2-quart round casserole. Cover; let rise until double, about 40 minutes.

Heat oven to 375°. Sprinkle loaf with cornmeal. Bake until loaf is brown and sounds hollow when tapped, 40 to 45 minutes. Remove from casserole; cool on wire rack. To serve, cut into wedges with serrated knife.

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Yield: "1 Loaf"

Per serving: 197 Calories (kcal); 11g Total Fat; (49% calories from fat); 5g Protein; 19g Carbohydrate; 32mg Cholesterol; 343mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt.

Onion-Dill Bread: Omit cornmeal, cheese and chiles. Increase flour to 3 cups. Stir in 1/4 cup chopped onion and 1 tablespoon dried dill weed with the second addition of flour. Brush top of loaf with margarine or butter, softened, and sprinkle with sesame seed

or poppy seed before baking. Nutr. Assoc. : 0 5472 4138 4098 0 0 14 0 3783 0 0

* Exported from MasterCook *

Chile-Cheese Batter Bread

Recipe By

: 8 Serving Size Preparation Time :0:00

: Breads Categories

Amount	Measure	Ingredient Preparation Method
2 2 3/4 1/2 1 1	teaspoon teaspoon cup (4 ounce) can cup	baking soda
ī	cas . espoon	egg

Heat oven to 350°. Grease pie plate, 9×1 1/4 inches. Mix flour, baking powder, salt and baking soda in large bowl. Add cheese and chiles; toss. Stir in remaining ingredients just until flour is moistened (batter will be lumpy). Pour into pie plate.

Bake 40 to 45 minutes or until golden brown and toothpick inserted in center comes out clean; remove from pie plate. Cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"8 Pieces"

Per serving: 211 Calories (kcal); 8g Total Fat; (32% calories from fat); 9g Protein; 27g Carbohydrate; 39mg Cholesterol; 529mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; O Other Carbohydrates

NOTES: You can substitute 1 cup of milk and 1 tablespoon vinegar for the buttermilk if need be.

Nutr. Assoc. : 0 0 0 0 2536 0 0 0 0

Chili Dog Wraps

Recipe By

: 5 Serving Size Preparation Time :0:00

: Casseroles Main and Side Dishes Categories

Amount	Measure	Ingredient Preparation Method
10		corn tortillas (6 to 8 inches in diameter)
10		OR flour tortillas (6 to 8 inches in diameter)
10	(15 0,000) 00	hot dogs
1 2	cups	n chili (15 to 16 ounce can) salsa
1	cup	shredded Cheddar or Monterey Jack cheese (4 ounces)

Heat oven to 350°. Grease rectangular baking dish. $13 \times 9 \times 2$ inches.

Soften tortillas as directed on package. Place 1 hot dog and 3 tablespoons chili on each tortilla. Roll up tortillas; place seam side down in baking dish. Spoon salsa over tortillas.

Cover and bake 20 minutes. Sprinkle with cheese. Bake uncovered about 5 minutes longer or until cheese is melted.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

'This Mexican-inspired casserole gives you another great way to serve the always popular hot dog.

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Per serving: 685 Calories (kcal); 46g Total Fat; (59% calories from fat); 28g Protein; 42g Carbohydrate; 108mg Cholesterol; 2284mg Sodium Food Exchanges: 2 Grain(Starch); 3 Lean Meat; 1 Vegetable; 0 Fruit; 7 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 2883 0 2130706543 2188 2610 0 4922

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^{*} Exported from MasterCook *

* Exported from MasterCook *

Chocolate Bonbon Cookies

Recipe By

Serving Size Preparation Time :0:00 : 60

Holiday Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1 1/4 1 1/2 2 2	cups cup cup teaspoon teaspoon ounces	Holiday Cookie Mix (see recipe) chopped nuts margarine or butter (1/2 stick) softened vanilla almond extract eggs unsweetened chocolate melted and cooled Powdered sugar Easy Frosting (recipe follows)
1 1 1/2	cup tablespoon teaspoon	EASY FROSTING powdered sugar milk (about) almond extract

Heat oven to 375°. Mix Holiday Cookie Mix, nuts, margarine, vanilla, almond extract, eggs and chocolate. Shape dough into 1-inch balls. Place about 1 inch apart on ungreased cookie sheet.

Bake 10 to 12 minutes or until set. Cool slightly before removing from cookie sheet.

Roll about 30 cookies in powdered sugar while warm; cool on wire rack. Roll in powdered sugar again. Frost remaining cookies with Easy Frosting. Decorate frosted cookies with coconut.

EASY FROSTING:

Mix all ingredients until smooth and of spreading consistency.

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Yield:

"60 Cookies"

Per serving: 77 Calories (kcal); 4g Total Fat; (46% calories from fat); 1g Protein; 10g Carbohydrate; 8mg Cholesterol; 46mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2

Other Carbohydrates NOTES: These little gems are even more tempting when topped with festive treats such as flaked or shredded coconut, edible glitter, chopped

candied fruit or chopped maraschino cherries. Nutr. Assoc. : 0 0 2394 0 0 0 0 0 2130706543 0 0 0 4038 0

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Holiday Cookie Mix

Recipe By

Serving Size : 0 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
8 4 1 1 1/2 1 1/2	tablespoon teaspoons	all-purpose flour packed brown sugar salt baking soda shortening

Mix flour, sugar, salt and baking soda. Cut in shortening with pastry blender or 2 knives until mixture resembles fine crumbs. Place desired amounts of mix in storage containers (plastic containers or jars or large plastic bags). Seal tightly, label and refrigerate up to 10 weeks. To measure, dip dry-ingredient measuring cup into cookie mix; level with straight-edged spatula.

15 to 16 cups cookie mix

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe .

Description:

'This multipurpose mix makes quite a large batch, but it can be easily mixed in a large roasting pan, a plastic dishpan, the vegetable bin from your refrigerator or a 6-quart mixing bowl."

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Yield:

"16 Cups"

Per serving: 9667 Calories (kcal); 317g Total Fat; (29% calories from fat); 103g Protein; 1619g Carbohydrate; 0mg Cholesterol; 8646mg Sodium Food Exchanges: 50 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 61 1/2 Fat;

57 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0

* Exported from MasterCook *

Chocolate Brownie Pie

Recipe By : Serving Size : 8 Preparation Time :0:00

: Desserts Pies Categories

Amo	ount	Measure	Ingredient Preparation Method
2 2 3	1/2 3/4	tablespoons cup cup	Favorite Pastry for 9-Inch One-Crust Pie (see recipe) ares unsweetened chocolate margarine or butter eggs sugar dark corn syrup pecan halves
		Cup	pecan narves

betty crocker best of baking recipes.txt Heat oven to 375°. Prepare pastry. Heat chocolate and margarine over low heat until melted; cool. Beat chocolate mixture, eggs, sugar and corn syrup with hand beater. Stir in pecans. Pour into pastry-lined pie plate.

Bake just until set, 40 to 50 minutes. Serve with sweetened whipped cream, if desired.

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Yield:

"1 Pie"

Per serving: 446 Calories (kcal); 26g Total Fat; (50% calories from fat); 5g Protein; 53g Carbohydrate; 78mg Cholesterol; 237mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 2 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 4098 0 0 0 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
1 1/2 1/3	teaspoon	all-purpose flour salt lard OR
1/3 2	cup tablespoons	plus 1 tablespoon shortening cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475° . Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

"1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Chocolate Butter Frosting

Recipe By

Serving Size : 16 Preparation Time :0:00

: Cakes Categories Desserts

Amount	Measure	Ingredient Preparation Method
1/3 2 2 1 1/2 2	cups teaspoons	margarine or butter softened melted unsweetened chocolate (cool) powdered sugar vanilla milk (about)

Mix margarine and chocolate. Mix in powdered sugar. Beat in vanilla and milk until smooth and of spreading consistency.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe.

Yield:

"1 1/2 Cups"

Per serving: 125 Calories (kcal); 7g Total Fat; (49% calories from fat); trace Protein; 16g Carbohydrate; 0mg Cholesterol; 62mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 4098 5387 0 0 4098

* Exported from MasterCook *

Chocolate Buttercream Frosting

Recipe By

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Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
3 1/3	cup teaspoons	
3	ounces	unsweetened baking chocolate melted and cooled
2	tablespoons	milk (2 to 3 tablespoon)

Mix all ingredients except milk in medium bowl. Stir in milk until smooth and spreadable. Frosts one 13×9 -inch cake generously or fills and frosts one 8- or 9-inch two-layer cake.

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Yield:
"2 1/4 Cups"

Per serving: 151 Calories (kcal); 7g Total Fat; (38% calories from fat); 1g Protein; 24g Carbohydrate; trace Cholesterol; 46mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: *We do not recommend using vegetable oil spreads.

To fill and frost one 8-inch three-layer cake, use 4 1/2 cups powdered sugar, 1/2 cup stick margarine or butter, softened, 3 teaspoons vanilla and about 1/4 cup milk.

Nutr. Assoc.: 0 4098 0 0 4038

Chocolate Cheese Eclairs

Recipe By : Serving Size : 8 Pro Categories : Desserts Preparation Time :0:00

Amount	Measure	Ingredient Preparation Method
3/4 2 1 1 1/2	cup tablespoons tablespoon cup cup	
1/4 1 1/3 1/4 1/2		CHOCOLATE CHEESE FILLING semisweet chocolate chips kage cream cheese softened packed brown sugar milk vanilla chilled whipping (heavy) cream

^{*} Exported from MasterCook *

COCOA GLAZE

powdered sugar cup 2

tablespoons cocoa tablespoons milk

Heat oven to 400° . Mix flour, cocoa and sugar. Heat water and margarine in 3-quart saucepan to a rolling boil. Stir in flour mixture. Stir vigorously over low heat until mixture forms a ball, about 1 minute. Remove from heat. Beat in eggs; continue beating until smooth. Drop dough by about 1/4 cupfuls 3 inches apart onto ungreased cookie sheet. With spatula, shape each into finger 4 1/2 inches long and 1 1/2 inches wide.

Bake until puffed and darker brown on top, 35 to 40 minutes; cool.

Cut off tops; pull out any filaments of soft dough. Fill eclairs with Chocolate Cheese Filling; replace tops. Spread with Cocoa Glaze just before serving. Refrigerate any remaining eclairs.

CHOCOLATE CHEESE FILLING:

Heat chocolate chips in small heavy saucepan over low heat, stirring occasionally, until melted; cool. Beat cream cheese, sugar, milk and vanilla until smooth and creamy. Stir in chocolate. Beat whipping cream in chilled bowl until soft peaks form. Fold in chocolate mixture.

COCOA GLAZE:

Mix powdered sugar and cocoa. Stir in milk until smooth. If necessary, stir in additional milk, 1/2 teaspoon at a time, until of desired consistency.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"8 Eclairs"

Per serving: 455 Calories (kcal); 31g Total Fat; (59% calories from fat); 7g Protein; 41g Carbohydrate; 179mg Cholesterol; 199mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 6 Fat; 2 Other Carbohydrates

Nutr. Assoc. : 14 0 0 0 2394 0 2130706543 2130706543 0 0 0 0 0 0 721 0 0 0 0 0

Chocolate Chip Bars

Recipe By

Serving Size : 36 Preparation Time :0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
1/2 1/3 1/2 1	cup cup cup teaspoon	granulated sugar packed brown sugar margarine or butter softened vanilla egg

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1 1/4 cups all-purpose flour
1/2 teaspoon baking soda
1/2 teaspoon salt
1/2 cup chopped nuts

1 (6 ounce) package semisweet chocolate chips

Heat oven to 375° . Grease and flour baking pan, $13 \times 9 \times 2$ inches. Mix sugars, margarine and vanilla. Beat in egg. Stir in flour, baking soda and salt. Mix in nuts and chocolate chips. Spread dough in pan.

Bake until light brown, 12 to 14 minutes. Cool; cut into bars, about 2 \times 1/2 inches.

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Yield:
 "36 Bars"

Per serving: 94 Calories (kcal); 5g Total Fat; (48% calories from fat); 1g Protein; 12g Carbohydrate; 12mg Cholesterol; 76mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES : Peanut Butter-Chocolate Chip Bars: Decrease margarine to 1/4 cup and mix in 1/3 cup peanut butter. Beat in 2 tablespoons water with the egg. Use 1/2 cup chopped peanuts. Bake 22 to 25 minutes. Nutr. Assoc. : 0 0 2394 0 0 0 0 0 0

* Exported from MasterCook *

Chocolate Chip Shortbread Cookies

Recipe By :

Serving Size : 36 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1	cup	margarine or butter softened
3/4	cup	packed brown sugar
2	cups	all-purpose flour
1	cup	miniature semisweet chocolate chips

Heat oven to 350° . Mix margarine and brown sugar in large bowl until well blended. Stir in flour. Stir in chocolate chips.

Roll dough into 1 1/4-inch balls. Place about 3 inches apart on ungreased cookie sheet. Flatten to about 1/2-inch thickness with greased bottom of glass dipped in sugar.

Bake 12 to 14 minutes or until set. Cool slightly; remove from cookie sheet.

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Yield: 36 Cookies"

Per serving: 111 Calories (kcal); 7g Total Fat; (51% calories from fat); 1g Protein; 13g Carbohydrate; 0mg Cholesterol; 64mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES: Tip

Make all cookies on each cookie sheet the same size to ensure uniform baking. Mixing cookie sizes will cause some to be

overbaked or underbaked.

Nutr. Assoc.: 4098 0 0 4149

Chocolate Crinkles

Recipe By

Serving Size : 72 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
2 1/2 4 2	cups cup ounces teaspoons	granulated sugar vegetable oil melted unsweetened chocolate (cool) vanilla
4 2 2 1/2 1/2	cups teaspoons teaspoon cup	eggs all-purpose flour* baking powder

Mix granulated sugar, oil, chocolate and vanilla in large bowl. Mix in eggs, one at a time. Stir in flour, baking powder and salt. Cover and refrigerate at least 3 hours.

Heat oven to 350° . Shape dough by rounded teaspoonfuls into balls. Roll in powdered sugar. Place about 2 inches apart on greased cookie sheet.

Bake 10 to 12 minutes or until almost no indentation remains when touched.

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Yield: "72 Cookies"

Per serving: 63 Calories (kcal); 3g Total Fat; (36% calories from fat); 1g Protein; 10g Carbohydrate; 10mg Cholesterol; 32mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking soda and salt. Nutr. Assoc. : 0 0 5385 0 0 14 0 0 0

^{*} Exported from MasterCook *

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Chocolate Frosting

Recipe By

Serving Size : 54 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
2		unsweetened chocolate
2	tablespoons	margarine or butter
3	tablespoons	water
2	cups	powdered sugar (about)

Heat unsweetened chocolate and margarine in $1\ 1/2$ -quart saucepan over low heat, stirring until melted; remove from heat. Beat in water and powdered sugar until smooth and of spreading consistency.

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Yield:
"2 1/2 Cups"

Per serving: 27 Calories (kcal); 1g Total Fat; (31% calories from fat); trace Protein; 5g Carbohydrate; 0mg Cholesterol; 5mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 4098 0 1191

Chocolate Gift Loaf

Recipe By : Serving Size : 14 Preparation Time :0:00

: Baking with Kids **Cakes** Categories

Amount	Measure	Ingredient Preparation Method
2	ounces	unsweetened chocolate chopped Shortening All-purpose flour
1 1/2	cups	
1	cup	sugar
1/2 3/4	cup	
3/4	cup	
2 1		baking powder
	teaspoon	
1/2	teaspoon large	
2 3	cups	95
1/3	cups	
1	teaspoon	vanilla
ī	tablespoon	
1 2		rolls cherry or strawberry chewy fruit
		snack (from 4-ounce package)
		Page 99

^{*} Exported from MasterCook *

Heat oven to 350°.

Melt in saucepan over low heat, stirring a few times, then remove from heat and cool slightly:

2 ounces unsweetened chocolate, chopped

Grease loaf pan with: Shortening

Put small amount in pan and shake to coat, then pour out any extra: All-purpose flour

Beat in large bowl with electric mixer on medium speed about 30 seconds, scraping bowl all the time, until mixed: 1 1/2 cups all-purpose flour

1 cup sugar

1/2 cup shortening 3/4 cup milk

2 teaspoons baking powder

1 teaspoon vanilla 1/2 teaspoon salt

2 large eggs

The melted chocolate

Beat batter with electric mixer on high speed 3 minutes, scraping bowl a few times. Spread batter in pan.

Bake 1 hour 5 minutes to 1 hour 10 minutes or until toothpick poked in center comes out clean. Adult help: Cool cake in pan 10 minutes, then remove from pan to wire rack. Cool completely.

Beat in second large bowl with electric mixer on medium speed until smooth and spreadable (if necessary, add more water, 1/2 teaspoon at a time):

3 cups powdered sugar

1/3 cup (from a stick) margarine or butter, softened

1 teaspoon vanilla

1 tablespoon water

Frost cake with frosting.

Cut into strips with scissors, and put on cake to look like ribbon on a wrapped package, looping strips on top for bow: 2 rolls cherry or strawberry chewy fruit snack (from 4-ounce package)

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Yield: "1 Loaf"

Per serving: 356 Calories (kcal); 15g Total Fat; (37% calories from fat); 3g Protein; 54g Carbohydrate; 28mg Cholesterol; 218mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 3 Other Carbohydrates

NOTES : Utensils You Will Need Sharp knife • Cutting board • 1-quart saucepan • Loaf pan, 9 \times 5 \times 3 inches • Pastry brush • 2 Large bowls • Dry-ingredient measuring cups • Liquid measuring cup • Measuring spoons • Electric mixer • Rubber scraper • Toothpick • Pot holders • Wire cooling rack • Page 100

betty crocker best of baking recipes.txt Small sharp knife • Small spatula • Kitchen scissors Nutr. Assoc. : 0 0 0 0 0 0 0 0 0 0 0 4098 0 0 1214 0

* Exported from MasterCook *

Chocolate Malt Cakes

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Baking with Kids Cakes

Amount	Measure	Ingredient Preparation Method
12		ice-cream cones with flat bottoms (12 to 16)
$1 \frac{1}{4}$	cups	alĺ-purpose flour
3/4 1/3	cup cup	sugar malted milk powder, if you like
1/4	cup	cocoa
1	teaspoon	baking soda
1/4	teaspoon	salt
1/4	cup	vegetable oil
1	teaspoon	vinegar
1/2	teaspoon	vanilla
$\frac{1}{2}/\frac{1}{3}$	cup	cold water
		Chocolate or vanilla ice cream
12		Candy powder straws (12 to 16)
1	(7 ounce) can	whipped cream topping
12		maraschino cherries (12 to 16)

Heat oven to 350°.

Put in muffin cups or pan:

12 to 16 ice-cream cones with flat bottoms

Mix in medium bowl with wooden spoon:

1 1/4 cups all-purpose flour

3/4 cup sugar

1/3 cup malted milk powder, if you like

1/4 cup cocoa

1 teaspoon baking soda

1/4 teaspoon salt

Mix in small bowl with wire whisk:

1/4 cup vegetable oil

1 teaspoon vinegar

1/2 teaspoon vanilla

Stir hard into flour mixture with wire whisk about 1 minute or until well mixed:

The oil mixture

2/3 cup cold water

Immediately pour batter into cones, filling each to within about 1 inch of top of cone.

Bake about 30 minutes or until toothpick poked in centers of cakes comes out clean.

Adult help: Remove cones from muffin cups or pans to wire rack. Cool completely.

Top each cake with small scoop of chocolate or vanilla ice cream, then freeze until ready to serve.

Just before serving, cut in half, then poke closed ends into ice cream: 12 to 16 candy powder straws or plastic straws

Squirt each "malt" with desired amount of whipped cream and top with cherry:

1 can (7 ounces) whipped cream topping

12 to 16 maraschino cherries

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Yield:

'12 Cakes"

Per serving: 275 Calories (kcal); 10g Total Fat; (30% calories from fat); 4g Protein; 45g Carbohydrate; 2mg Cholesterol; 236mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 2 1/2 Other Carbohydrates

NOTES: Utensils You Will Need Muffin pan with medium cups, 2 $1/2 \times 1$ 1/4 inches, or rectangular pan, $13 \times 9 \times 2$ inches • Medium bowl • Dry-ingredient measuring cups • Measuring spoons • Wooden spoon • Small bowl • Liquid measuring cup • Wire whisk • Pot holders • Toothpick • Wire cooling rack • Straws • Kitchen scissors • Ice-cream scoop Nutr. Assoc. : 27035 0 0 863 0 0 0 0 0 0 2641 5863 4627 26575

* Exported from MasterCook *

Chocolate Nesselrode Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Holiday Pies

Am	ount	Measure	Ingredient Preparation Method
6	1/2	cun	Favorite Pastry for 9-Inch Pie Shell (see recipe) egg yolks slightly beaten
2	$\frac{1}{2}$	cup cup cups	sugar cornstarch milk
4	1/2		unflavored gelatin
1 1	1/2		sweet cooking chocolate grated
1	1/2	teaspoon (10 ounce) ja	rum flavoring
3		cups	whipping (heavy) cream

Bake pie shell; cool. Mix egg yolks, sugar, cornstarch, milk, gelatin and salt in 2-quart saucepan. Cook over medium heat, stirring constantly, until mixture thickens and boils. Boil and stir 1 minute. Pour 1 1/2 cups of the hot mixture into a bowl; cool completely. Reserve 2 tablespoons of the chocolate for topping. Stir remaining chocolate and the vanilla into hot mixture in saucepan; cool.

Line pie plate, 9×1 1/4 inches, with waxed paper. Stir rum flavoring and Nesselrode into 1 1/2-cup mixture in bowl. Beat 2 cups of the whipping cream in chilled medium bowl until stiff. Fold half of the whipped cream into Nesselrode mixture and half into chocolate mixture. Pour chocolate mixture into baked pie shell. Pour Nesselrode mixture onto waxed paper in

betty crocker best of baking recipes.txt pie plate. Refrigerate both mixtures at least 2 hours until firm.

Just before serving, loosen edge of Nesselrode layer from waxed paper with spatula; invert onto chocolate layer and remove waxed paper. Beat remaining 1 cup whipping cream in chilled small bowl until stiff. Spread over pie, covering surface completely. Sprinkle with reserved chocolate. Serve immediately. Refrigerate any remaining pie.

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Yield:

"1 Pie"

Per serving: 670 Calories (kcal); 52g Total Fat; (69% calories from fat); 8g Protein; 44g Carbohydrate; 298mg Cholesterol; 345mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 10 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 0 5195 0 4794 0 721

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Pies Categories : Desserts

Amount	Measure	Ingredient Preparation Method
1		all-purpose flour
1/2	teaspoon	
1/3	cup	lard
		OR
1/3	cup	plus 1 tablespoon shortening
2	tablespoons	cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly Page 103

betty crocker best of baking recipes.txt with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield: "1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Chocolate Pie Deluxe

Recipe By Serving Size : 10

Preparation Time :0:00

Categories : Desserts Pies

Amour	nt Measure	Ingredient Preparation Method
1 1/2	cups	Favorite Pastry for 9-Inch One-Crust Pie (see recipe) miniature marshmallows OR
16		marshmallows
1/		milk milk_chocolate_candy
1	cup	whipping cream chilled

Bake pie shell. Heat marshmallows, milk and chocolate over low heat, stirring constantly, just until chocolate and marshmallows are melted and mixture is smooth. Refrigerate, stirring occasionally, until mixture mounds slightly when dropped from a spoon.

Beat whipping cream in chilled bowl until stiff. Fold chocolate mixture into whipped cream. Pour into pie shell.

Refrigerate until set, about 8 hours. Spread with sweetened whipped cream and garnish with chocolate curls if desired.

8 to 10 servings

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Yield: "1 Pie"

Per serving: 329 Calories (kcal); 23g Total Fat; (61% calories from fat); 4g Page 104

betty crocker best of baking recipes.txt Protein; 28g Carbohydrate; 46mg Cholesterol; 143mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 0 0 0 2130706543 0 27122 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
1		all-purpose flour
1/2	teaspoon	
1/2 1/3		lard
_, -		OR
1/3	cup	plus 1 tablespoon shortening
2	tablespoons	cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with times of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

"1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Chocolate Roll

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Desserts

Amou	nt	Measure	Ingredient Preparation Method
3	/4 /4	cup	all-purpose flour*
1	./4	cup	cocoa
1		teaspoon	baking powder
	./4	teaspoon	salt
3		·	eggs
1		cup	granulated sugar
1	/3	cup	water
1	•	teaspoon	vanilla
		•	Powdered sugar
1		quart	chocolate mint ice cream slightly softened
		1	OR
1		quart	vanilla ice cream slightly softened
$\bar{1} \ 1/$	4	cups	

Heat oven to 375°. Line jelly roll pan, 15 $1/2 \times 10 \ 1/2 \times 1$ inch, with aluminum foil or waxed paper; grease. Mix flour, cocoa, baking powder and salt. Beat eggs in small mixer bowl until very thick and lemon colored, about 5 minutes. Pour eggs into large mixer bowl. Beat in granulated sugar gradually. Beat in water and vanilla on low speed. Mix in dry ingredients gradually, beating just until batter is smooth. Pour into pan, spreading batter to corners.

Bake until toothpick inserted in center comes out clean, 12 to 15 minutes.

Loosen cake from edges of pan; invert on towel sprinkled with powdered sugar. Carefully remove foil; trim off stiff edges if necessary. While hot, roll cake and towel from narrow end. Cool on wire rack. Unroll cake; remove towel. Spread with ice cream. Roll up; wrap in plastic wrap. Freeze until firm, about 6 hours. Frost with French Silk Frosting (see recipe).

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Yield:

"1 Roll"

Per serving: 319 Calories (kcal); 12g Total Fat; (34% calories from fat); 5g Protein; 49g Carbohydrate; 80mg Cholesterol; 189mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 2 1/2 Other Carbohydrates

NOTES: *If using self-rising flour, omit baking powder and salt.

Chocolate-Almond Roll: Omit ice cream. Beat 1 cup chilled whipping cream, 1/4 cup powdered sugar and 2 tablespoons cocoa in chilled bowl until stiff. Beat in 1/2 teaspoon vanilla. Fold in 1/4 cup toasted sliced almonds. Spread roll with whipped cream mixture. Roll up; frost with French Silk Frosting. Refrigerate any remaining cake roll.

Nutr. Assoc. : 14 0 0 0 0 0 0 0 1459 0 2130706543 0

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* Exported from MasterCook *

French Silk Frosting

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1/3 1 1/3 1 1/2	cups ounce	margarine or butter softened powdered sugar melted unsweetened chocolate (cool) vanilla milk

Beat margarine, powdered sugar, chocolate and vanilla on low speed until blended. Gradually beat in milk until fluffy.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:
"2 2/3 Cups"

Per serving: 133 Calories (kcal); 8g Total Fat; (49% calories from fat); trace Protein; 17g Carbohydrate; trace Cholesterol; 72mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 4098 0 5387 0 0

* Exported from MasterCook *

Chocolate Swirl Cheesecake with Raspberry Topping

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Cakes Holiday

Amount	Measure	Ingredient Preparation Method
2 4 1 2/3	cups (8 ounce) pac	Thick Yogurt (recipe in directions) chocolate wafers crushed (about 1/4 cup) kage cream cheese softened sugar
1/4	cup	miľk all-purpose flour vanilla
2 2 3 1 1	tablespoon teaspoon	egg whites cocoa chocolate extract Raspberry Topping (recipe follows)
1	(10 ounce) pa	RASPBERRY TOPPING ackage frozen raspberries thawed, drained and juice Page 107

reserved

1/4

cup sugar
tablespoons cornstarch

Prepare Thick Yogurt. Heat oven to 300° . Spray springform pan, 9×3 inches, with nonstick cooking spray. Sprinkle chocolate wafer crumbs on bottom of pan. Beat Thick Yogurt and cream cheese in medium bowl on medium speed until smooth. Add sugar, milk, flour, vanilla and egg whites. Beat on medium speed about 2 minutes or until smooth.

Place 1 cup batter in small bowl. Beat in cocoa and chocolate extract until blended. Carefully spread vanilla batter over crumbs in pan. Drop chocolate batter by spoonfuls onto vanilla batter. Swirl through batter with metal spatula for marbled effect, being careful not to touch bottom.

Bake 1 hour. Turn off oven; leave cheesecake in oven 30 minutes. Prepare Raspberry Topping; spread over cheesecake. Cover and refrigerate at least 3 hours. Loosen cheesecake from side of pan; remove side of pan. Refrigerate any remaining cheesecake.

THICK YOGURT:

Line 6-inch strainer with basket-style paper coffee filter or double-thickness cheesecloth. Place strainer over bowl. Spoon yogurt into strainer. Cover strainer and bowl and refrigerate at least 12 hours, draining liquid from bowl occasionally.

RASPBERRY TOPPING:

Add enough water to reserved juice to measure $1\ 1/4\ \text{cups}$. Mix sugar and cornstarch in $1\ 1/2\ \text{-quart}$ saucepan. Stir in juice mixture and raspberries. Heat to boiling over medium heat, stirring frequently. Boil and stir $1\ \text{-}$ minute; cool.

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Yield:

'1 Cheesecake"

Per serving: 203 Calories (kcal); 8g Total Fat; (36% calories from fat); 4g Protein; 28g Carbohydrate; 27mg Cholesterol; 103mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

NOTES: The remaining Thick Yogurt is delicious spread on toast or bagels or to top fresh fruit. Nutr. Assoc. : 4523 2647 0 0 0 0 0 0 0 2130706543 0 0 1233 0 0

Chocolate Swirl Coffee Cake

Recipe By

Serving Size : 9 Preparation Time :0:00

Categories : Breads cakes

Amount Measure Ingredient -- Preparation Method

^{*} Exported from MasterCook *

```
betty crocker best of baking recipes.txt
                         Topping -- (recipe follows)
Bisquick Original baking mix
                  cups
   1/4
                   cup
                         sugar
   2/3
                   cup
                         water
                         OR
                         mi1k
   2/3
                   cup
2
          tablespoons
                         margarine or butter -- melted
1
                         egg
   1/3
                   cup
                         semisweet chocolate chips -- melted
                         TOPPING
   1/3
                         flaked coconut
                   cup
   1/4
                   cup
                         sugar
   1/4
                         chopped walnuts or pecans
                   cup
           tablespoon
                        margarine or butter -- melted
```

Heat oven to 400° . Grease square pan, $8 \times 8 \times 2$ inches. Prepare Topping; reserve.

Mix baking mix, sugar, water, margarine and egg; beat vigorously 30 seconds. Spread in pan. Spoon chocolate over batter; cut through batter and chocolate with knife several times to marble. Sprinkle with Topping.

Bake 20 to 25 minutes or until brown and cake feels firm when touched in center. Serve warm or let stand until cool.

TOPPING:

Mix all ingredients.

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Yield: "1 Cake"

Per serving: 255 Calories (kcal); 13g Total Fat; (43% calories from fat); 4g

Protein; 34g Carbohydrate; 21mg Cholesterol; 370mg Sodium

Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 2130706543 2250 0 0 0 2130706543 4098 0 0 0 0 2737 0 20187

* Exported from MasterCook *

Chocolate Terrine

Recipe By

Preparation Time :0:00 Serving Size : 16

Categories : Desserts

Ingredient -- Preparation Method Amount Measure (3 1/2 ounce) package almond paste cups half-and-half 1 1 1/2 cups (1 ounce) squares semisweet chocolate -- coarsely chopped ounces white chocolate (vanilla-flavored candy 4 coating) -- coarsely chopped 4 eggs -- slightly beaten Page 109

betty crocker best of baking recipes.txt 2 tablespoons brandy OR 2 teaspoons brandy extract Chocolate Glaze -- (recipe follows) CHOCOLATE GLAZE 1 cup semisweet chocolate chips 1/4 margarine or butter cup 2 tablespoons corn syrup

Line loaf pan, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 inches, with aluminum foil, leaving about 2 inches overhanging sides. Roll almond paste between 2 sheets waxed paper into rectangle, 8 \times 4 inches; cover with plastic wrap and set aside.

Heat oven to 350°. Heat half-and-half, semisweet chocolate and white chocolate over low heat, stirring constantly, until chocolates are melted and mixture is smooth; cool slightly. Gradually stir eggs and brandy into chocolate mixture. Pour into lined pan. Place pan in pan of very hot water (1 inch deep) in oven.

Bake until knife inserted halfway between edge and center comes out clean, 40 to 50 minutes. Remove from water. Remove waxed paper from almond paste and immediately place on hot terrine; cool 1 hour. Cover and refrigerate at least 6 hours but no longer than 24 hours.

Reserve Chocolate Glaze; reserve 1/4 cup. Remove terrine from pan by inverting on serving plate. Carefully remove foil. Spread remaining glaze evenly and smoothly over sides and top of terrine.

Stir 1 to 2 tablespoons powdered sugar into reserved chocolate glaze until smooth and of desired consistency. Place in decorating bag with small writing tip or small sturdy plastic storage bag. (If using plastic bag, cut off very small corner of bag, about 1/8 inch in diameter.) Write Terrine on top and decorate around edges of top with remaining chocolate. To serve, cut into 8 slices, about 1 inch each; cut slices into halves. Refrigerate any remaining terrine.

CHOCOLATE GLAZE:

Heat chocolate chips, margarine and corn syrup over low heat, stirring constantly, until chocolate is melted; cool.

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Description:

"This luscious dessert takes its name from the pan it was cooked in. We use a loaf pan for this elegant treat with wonderful results." Copyright:

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Per serving: 231 Calories (kcal); 16g Total Fat; (58% calories from fat); 4g Protein; 21g Carbohydrate; 55mg Cholesterol; 63mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 0 704 4887 5519 0 0 0 2130706543 2130706543 0 0 0 4098 0

* Exported from MasterCook *

Chocolate-Caramel Sticky Buns

Recipe By Serving Size

: 15 Preparation Time :0:00

: Breads Categories

Amount	Measure	Ingredient Preparation Method
3 1/2	cups	all-purpose flour
1/2 1/3	cup	cocoa_
1/3	cup	
1/2	teaspoon	salt
2	packages	quick-acting or regular active dry yeast
1	cup	very warm milk (120° to 130°)
1/3	cup	margarine or butter softened
1	·	egg
1	cup	packed brown sugar
1/2 1/4 3/4	cup	margarine or butter (1 stick)
1/4	cup	dark corn syrup
3/4	cup	
2 ′	tablespoons	
1/2	cup	
2 ′	tablespoons	
1	teaspoon	

Mix 2 cups of the flour, cocoa, granulated sugar, salt, and yeast in large bowl. Add warm milk, 1/3 cup margarine, and egg. Beat on low speed 1 minute, scraping bowl frequently. Beat on medium speed 1 minute, scraping bowl frequently. Stir in remaining flour (dough will be stiff).

Turn dough onto lightly floured surface. Knead about 5 minutes or until smooth and elastic. Place in greased bowl and turn greased side up. Cover and let rise in warm place about 1 1/2 hours or until double. (Dough is ready if indentation remains when touched.)

Heat 1 cup brown sugar and 1/2 cup margarine to boiling, stirring constantly; remove from heat. Stir in corn syrup. Pour in ungreased rectangular pan, $13 \times 9 \times 2$ inches. Sprinkle with pecan halves.

Punch dough down. Flatten with hands or rolling pin into rectangle, 15 \times 10 inches, on lightly floured surface. Spread with 2 tablespoons margarine. Mix chocolate chips, 2 tablespoons brown sugar and the cinnamon. Sprinkle evenly over margarine. Roll up tightly, beginning at 15-inch side. Pinch edge of dough into roll to seal. Stretch and shape until even. Cut roll into fifteen 1-inch slices. Place slightly apart in pan. Let rise in warm place about 30 minutes or until double.

Heat oven to 350°. Bake 30 to 35 minutes or until dark brown. Immediately invert on heatproof tray or serving plate. Let stand 1 minute so caramel will drizzle down; remove pan.

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Yield:

"15 Buns"

Per serving: 392 Calories (kcal); 19g Total Fat; (40% calories from fat); 6g Protein; 55g Carbohydrate; 15mg Cholesterol; 240mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2

Fat; 2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 26366 972 4098 0 0 4098 0 0 4098 0 0 0 Page 111

* Exported from MasterCook *

Chocolate-Nut Fingers

Recipe By

Serving Size : 96 Preparation Time :0:00

Holiday Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1 1 1/2 1	cup cup cup teaspoon teaspoon	sugar margarine or butter (2 sticks) softened milk vanilla almond extract
1 3 1/2 1 1/4 1/2 1/2	cups teaspoon teaspoon cup cup	egg all-purpose flour baking powder salt semisweet chocolate chips chopped nuts

Mix sugar, margarine, milk, vanilla, almond extract and egg in large bowl. Stir in flour, baking powder and salt. Cover and refrigerate at least 4 hours.

Heat oven to 375° . For each cookie, shape 1 teaspoon dough into 4-inch rope. (For smooth, even ropes, roll back and forth on sugared surface.) Place on ungreased cookie sheet.

Bake 9 to 12 minutes or until set and very light brown. Remove from cookie sheet. Cool on wire rack.

Heat chocolate chips until melted. Dip ends of cookies into chocolate, then into nuts. Place cookies on waxed paper. Let stand about 10 minutes or until chocolate is set.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:
"96 Cookies"

Per serving: 52 Calories (kcal); 3g Total Fat; (46% calories from fat); 1g Protein; 6g Carbohydrate; 2mg Cholesterol; 34mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : For a different look, dip cookies halfway into the chocolate or brush the entire top of the cookie before dipping into the nuts. Nutr. Assoc. : 0 4098 0 0 0 0 0 0 0 0 0

* Exported from MasterCook *

Christmas Brioche

Recipe By

Serving Size : 24 Preparation Time :0:00

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betty crocker best of baking recipes.txt Categories : Cakes Holiday

Amo	ount	Measure	Ingredient Preparation Method
1	1/2	package cup	regular or quick-acting active dry yeast warm water (105° to 115°)
2	1/2	tablespoons	Sugar
_	1/2	teaspoon	salt
5 1			eggs
Т	3/4	cup	egg white margarine or butter (1 1/2 sticks) softened
3 1	1/2	cups	
	1/2	cup	chopped nuts
1		cup	mixed chopped candied fruit
1			egg yolk
1 2		tablespoon	water
2		tablespoons	apricot jam
2		teaspoons	water

Dissolve yeast in warm water in large bowl. Add sugar, salt, 5 eggs, the egg white, margarine and 2 cups of the flour. Beat on low speed 30 seconds, scraping bowl constantly. Beat on medium speed 10 minutes, scraping bowl occasionally. Stir in remaining flour, the nuts and candied fruit until batter is smooth. Scrape dough from side of bowl. Cover with plastic wrap and let rise in warm place about 1 hour or until double. (Dough is ready if indentation remains when touched.)

Stir down dough by beating about 25 strokes. Cover bowl tightly with plastic wrap and refrigerate at least 8 hours.

Grease two 4-cup brioche pans or two 1 1/2-quart ovenproof bowls. Stir down dough. (Dough will be very soft and slightly sticky.) Divide dough in half; refrigerate one half. Shape one-fourth of the remaining dough into a cone shape, using lightly floured hands. Shape remaining three-fourths dough into flattened round, about 3 1/2 inches in diameter. Place flattened round in 1 pan, patting to fit. Make indentation, about 2 inches in diameter and 1 1/2 inches deep, in center of dough. Place cone-shaped dough, pointed side down, in indentation. Repeat with refrigerated dough. Cover and let rise in warm place about 1 1/2 hours or until double.

Heat oven to 375°. Beat egg yolk and 1 tablespoon water slightly; brush over top of dough. (Do not allow egg yolk mixture to accumulate around edges of pans.)

Bake 35 to 40 minutes or until golden brown. Immediately remove from pans. Mix apricot jam and 2 teaspoons water; brush over hot loaves.

Classic Brioche: Omit nuts, candied fruit, apricot jam and 2 teaspoons water.

Individual Brioches: Grease 24 brioche pans or medium muffin cups, 2 $1/2 \times 1/4$ inches. After stirring down chilled dough, divide in half; refrigerate one half. Shape remaining half dough into roll, about 7 1/2 inches long. Cut into 15 slices, each about 1/2 inch thick.

Working quickly with floured hands (dough will be very soft and slightly sticky), shape 12 of the slices into balls; place in pans or muffin cups. Flatten and make a deep indentation in center of each ball with thumb. Cut each of the remaining 3 slices into 4 equal parts; shape each part into ball. Place 1 ball in each indentation. Repeat with refrigerated dough. Cover and let rise in warm place about 40 minutes or until double.

Heat oven to 375° . Beat egg yolk and 1 tablespoon water slightly; brush over top of dough. (Do not allow egg yolk mixture to accumulate around edges of pans.)

Bake 15 to 20 minutes or until golden brown. Immediately remove from pans.

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2 dozen individual brioches.

2 loaves (12 slices each)

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Yield: "2 Loaves"

Per serving: 173 Calories (kcal); 9g Total Fat; (44% calories from fat); 4g Protein; 20g Carbohydrate; 48mg Cholesterol; 132mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 26366 5472 0 0 0 0 4098 0 0 2431 0 0 0 0

* Exported from MasterCook *

Christmas Coconut Cake

Recipe By

Serving Size : 16 Preparation Time :0:00

: Cakes Holiday Categories

Amount	Measure	Ingredient Preparation Method
2 1 1/2 1/2 1 3 1/2 1 4 2/3 1 1/4 3/4	cup cup teaspoons teaspoon teaspoon cup cup	granulated sugar shortening milk baking powder salt
2 2/3 2/3 1 2/3 1/2 1/2	cup cup cup cup cup	flaked coconut

Prepare Tutti-Frutti Filling. Heat oven to 350° . Grease and flour 2 round pans, $9 \times 11/2$ inches. Beat flour, granulated sugar, shortening, milk, baking powder, salt and vanilla in large bowl on low speed 30 seconds, scraping bowl constantly. Beat on high speed 2 minutes, scraping bowl occasionally. Add egg whites; beat on high speed 2 minutes, scraping bowl occasionally. Stir in coconut. Pour into pans.

Bake 30 to 35 minutes or until toothpick inserted in center comes out Page 114

betty crocker best of baking recipes.txt clean. Remove from pans; cool on wire rack.

Fill layers and frost top of cake to within 1 inch of edge with Tutti-Frutti Filling. Beat whipping cream, powdered sugar and almond extract in chilled medium bowl until stiff. Spread over side and top edge of cake. Refrigerate until serving time. Refrigerate any remaining cake.

TUTTI-FRUTTI FILLING:

Mix egg yolks and sour cream in 2-quart saucepan. Stir in sugar. Cook over low heat, stirring constantly, until mixture begins to simmer. Simmer, stirring constantly, until mixture begins to thicken; remove from heat. Stir in remaining ingredients; cool.

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Yield:

"1 Cake"

Per serving: 398 Calories (kcal); 20g Total Fat; (43% calories from fat); 5g Protein; 53g Carbohydrate; 38mg Cholesterol; 301mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 4 Fat; 2 Other Carbohydrates

Nutr. Assoc. : 2130706543 0 0 0 0 0 0 0 0 2737 2737 721 0 0 0 0 0 20148 2737 4680 4097

* Exported from MasterCook *

Christmas Cookie Pizza

Recipe By

: 16 Preparation : : Cookies & Brownies Serving Size Preparation Time :0:00

Holiday Categories

Amo	unt	Measure	Ingredient Preparation Method
1 1 1 1	1/2 1/2 1/4	cup cup cup teaspoon	granulated sugar
1 1	./4	cups	all-purpose flour
	1/2	teaspoon	baking soda Chasalata Bizza Sausa (nasina fallows)
	1/2 1/2	cup cup	
	1/4	cup	shredded coconut toasted, if desired
2		ounces	vanilla-flavored candy coating melted
1 2 3 1		tablespoons tablespoons	CHOCOLATE PIZZA SAUCE kage semisweet chocolate chips margarine or butter milk powdered sugar

Heat oven to 350°. Mix margarine, sugars, vanilla and egg in large bowl. Page 115

betty crocker best of baking recipes.txt Stir in flour and baking soda (dough will be stiff). Spread or pat dough in ungreased 12-inch pizza pan or on cookie sheet.

Bake about 15 minutes or until golden brown; cool.

Prepare Chocolate Pizza Sauce; spread over baked layer. Immediately sprinkle with pecan halves, candies and coconut; press lightly. Drizzle with candy coating. Let stand until set. Remove from pan if desired. Cut into wedges.

CHOCOLATE PIZZA SAUCE:

Heat chocolate chips, margarine and milk over low heat, stirring occasionally, just until chocolate is melted; remove from heat. Stir in powdered sugar. Beat with wire whisk until smooth, glossy and of spreading consistency. (If not glossy, stir in a few drops hot water.)

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Yield:

Per serving: 304 Calories (kcal); 16g Total Fat; (45% calories from fat); 3g Protein; 40g Carbohydrate; 14mg Cholesterol; 139mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 2 Other Carbohydrates

Nutr. Assoc. : 4098 0 0 0 0 0 0 2130706543 0 4072 4923 5520 0 0 4098 0 0

* Exported from MasterCook *

Chunky Vegetable Pizza with Cornmeal Crust

Recipe By

"1 Pizza"

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
		Cornmeal Crust (recipe follows)
2		olive or vegetable oil
1 1 1		garlic finely chopped
1		dried basil leaves
1	(16 ounce) pa	ckage frozen broccoli, red bell peppers, onions,
	·	and mushrooms thawed
2	cups	shredded Mozzarella cheese (8 ounces)
2 1/3 1 1		CORNMEAL CRUST water yellow cornmeal
		margarine or butter
1/4 1/8	teaspoon	
1/0	teaspoon	ground red pepper (cayenne)

Heat oven to 425°. Prepare Cornmeal Crust. Mix oil, garlic and basil. Sprinkle vegetables over partially baked crust. Sprinkle with cheese. Drizzle with oil mixture.

Bake 15 to 20 minutes or until cheese is melted and vegetables are hot.

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CORNMEAL CRUST:

Heat oven to 425°. Grease 12-inch pizza pan with shortening. Heat water to boiling in 2-quart saucepan. Stir in remaining ingredients with wire whisk until mixture is smooth and thickens. Spoon onto pizza pan and spread evenly, mounding edge slightly.

Bake 5 to 7 minutes or until set and light brown.

1 pizza, 6 slices

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Yield: "1 Pizza"

Per serving: 282 Calories (kcal); 16g Total Fat; (51% calories from fat); 12g Protein; 23g Carbohydrate; 34mg Cholesterol; 290mg Sodium Food Exchanges: 1 Grain(Starch); 1 Lean Meat; 1 Vegetable; 0 Fruit; 2 1/2 Fat; 0

Other Carbohydrates

Nutr. Assoc. : 2130706543 986 0 3091 3439 26153 0 0 0 0 4098 0 2514

* Exported from MasterCook *

Cinnamon Biscuit Fans

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Breads

A	Manauma	Thereadient Dueneration Nothed
Amount	Measure	Ingredient Preparation Method
1/3 2 2 3 1/2 3/4 3 3 1	cup cups tablespoons teaspoons cup tablespoons tablespoons teaspoon	sugar baking powder salt milk (about)
1/2	cup teaspoons	GLAZE powdered sugar milk (2 to 2 1/2 teaspoons)

Heat oven to 425°. Grease 8 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches. Cut 1/3 cup margarine into flour, 2 tablespoons sugar, the baking powder and salt with pastry blender in large bowl until mixture resembles fine crumbs. Stir in just enough milk so dough leaves side of bowl and forms a ball.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead lightly 10 times. Roll into rectangle, 12×10 inches. Spread 3 tablespoons margarine over rectangle. Mix 3 tablespoons sugar and the cinnamon; sprinkle over rectangle. Cut rectangle crosswise into 6 strips,

betty crocker best of baking recipes.txt 10×2 inches. Stack strips; cut crosswise into 8 pieces. Place cut sides up in muffin cups.

Bake 16 to 18 minutes or until golden brown. Immediately remove from pan. Drizzle Glaze over warm biscuits.

GLAZE:

Mix ingredients until smooth and of drizzling consistency.

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Yield:

"8 Biscuits"

Per serving: 291 Calories (kcal); 12g Total Fat; (38% calories from fat); 4g Protein; 41g Carbohydrate; 1mg Cholesterol; 468mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 4098 0 0 0 0 4038 4098 0 0 2130706543 0 0 0 4038

* Exported from MasterCook *

Cinnamon Squash Rings

Recipe By

Serving Size : 6 Preparation Time :0:00

: Main and Side Dishes Categories **Vegetables**

Amou	nt Measure	Ingredient Preparation Method
2 2	tablespoons tablespoons	packed brown sugar milk
1 3,	/4 cup	egg soft bread crumbs (about 2 1/2 slices bread)
1,	/4 cup	cornmeal
2		ground cinnamon
1	large	acorn squash (1 1/2 pounds) cut crosswise into 1/2
inch s	lices and seeded	
1,	/3 cup	margarine or butter melted

Heat oven to 400° . Mix brown sugar, milk and egg. Mix bread crumbs, cornmeal and cinnamon. Dip squash slices into egg mixture, then coat with bread crumb mixture; repeat.

Place in ungreased rectangular pan, $13\times 9\times 2$ inches. Drizzle with margarine. Bake uncovered 30 to 35 minutes or until squash is tender.

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Per serving: 188 Calories (kcal); 11g Total Fat; (52% calories from fat); 3g Protein; 20g Carbohydrate; 32mg Cholesterol; 165mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 20226 0 0 2017 4098

* Exported from MasterCook *

Cinnamon-Sugar Muffins

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Baking with Kids Breads

Amount	Measure	Ingredient Preparation Method
		Shortening
1/2	cup	sugar
1/2 1/2	cup	milk
1/3	cup	vegetable oil
1	large	egg
1 1/2	cups	all-purpose flour
1 1/2	teaspoons	baking powder
1/2	teaspoon	salt
1/4	teaspoon	ground nutmeg
1/2	cup	sugar
1	teaspoon	ground cinnamon
1/2	· cup	margarine or butter (1 stick)

Heat oven to 350°.

Grease bottoms only of 12 muffin cups with: Shortening

Beat in medium bowl with fork:

1/2 cup sugar 1/2 cup milk

1/3 cup vegetable oil

1 large egg

Stir into milk mixture just until all the flour is wet (do not stir too much-batter will be lumpy):

1 1/2 cups all-purpose flour

1 1/2 teaspoons baking powder 1/2 teaspoon salt 1/4 teaspoon ground nutmeg

Spoon batter into muffin cups until 2/3 full. Bake 20 to 25 minutes or until golden brown.

while muffins are baking, mix in small bowl, then set aside:

1/2 cup sugar

1 teaspoon ground cinnamon

Melt in saucepan over low heat, then remove from heat: 1/2 cup (1 stick) margarine or butter

Adult help: Immediately remove muffins from pan. Roll hot muffins in the melted margarine, then in the cinnamon-sugar mixture. Serve hot.

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Yield:

"12 Muffins"

Per serving: 255 Calories (kcal); 15g Total Fat; (50% calories from fat); 2g Protein; 29g Carbohydrate; 17mg Cholesterol; 249mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1 Other Carbohydrates

NOTES: Utensils You Will Need

Muffin pan with medium cups, $2 \frac{1}{2} \times 1 \frac{1}{4}$ inches • Pastry brush • Medium bowl • Fork • Dry-ingredient measuring cups • Wooden spoon

Small bowl • Measuring spoons • Liquid measuring cup • Pot

holders • 1-quart saucepan Nutr. Assoc. : 0 0 0 0 0 0 0 0 0 0 4098

* Exported from MasterCook *

Classic Cheese Soufflé

Recipe By

Preparation Time :0:00 Serving Size : 4

: Main and Side Dishes Categories

Amount	Measure	Ingredient Preparation Method
1 /	1	mangaring on button
1/4		margarine or butter
1/4	l cup	all-purpose flour
1/2		salt
1/4	teaspoon	ground mustard (dry)
	Dash	ground red pepper (cayenne)
1	cup	milk
1	cup	shredded Cheddar cheese (4 ounces)
3		eggs separated
1/4	teaspoon	cream of tartar

Heat oven to 350°. Butter 1-quart soufflé dish or casserole. Make a 4-inch band of triple-thickness aluminum foil 2 inches longer than circumference of dish. Butter one side of foil. Secure foil band, buttered side in, around top edge of dish.

Melt margarine in 2 quart saucepan over medium heat. Stir in flour, salt, mustard and red pepper. Cook over medium heat, stirring constantly, until smooth and bubbly; remove from heat. Stir in milk. Heat to boiling, stirring constantly. Boil and stir 1 minute. Stir in cheese until melted; remove from heat.

Beat egg whites and cream of tartar in medium bowl with electric mixer on high speed until stiff but not dry. Beat egg yolks on high speed about 3 minutes or until very thick and lemon colored; stir into cheese mixture. Stir about one-fourth of the egg whites into cheese mixture. Fold cheese mixture into remaining egg white. Carefully pour into soufflé dish.

Bake 50 or 60 minutes or until knife inserted halfway between center and edge comes out clean. Carefully remove foil band and quickly divide soufflé into sections with 2 forks. Serve immediately.

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Per serving: 331 Calories (kcal); 26g Total Fat; (71% calories from fat); 14g Protein; 10g Carbohydrate; 178mg Cholesterol; 647mg Sodium Food Exchanges: 1/2 Grain(Starch); 1 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; O Other Carbohydrates

Serving Ideas: Serve this fluffy soufflé with asparagus spears, sliced ham, whole-grain bread and fresh fruit for a delicious meal.

NOTES : Classic Shrimp Soufflé: Omit mustard, red pepper and cheese. Add 1 can (4 to 4 1/2 ounces) shrimp, rinsed and drained, and 1 tablespoon chopped fresh or 1 teaspoon dried tarragon to sauce

before adding the beaten egg yolks. Nutr. Assoc.: 4098 0 0 518 2514 0 4922 0 0

Classic Four-Seasons Pizza

Recipe By

Serving Size : 2 Preparation Time :0:00

: Main and Side Dishes Categories

Am	ount	Measure	Ingredient Preparation Method
			Basic Pizza Dough for One Crust (see recipe)
1	1/2	cup	Simple Pizza Sauce (see recipe)
	1 /2	cup	shredded Mozzarella cheese (4 ounces)
	1/3	cup	shredded Provolone cheese (about 1 1/2 ounces)
	1/3	cup	chopped prosciutto or fully cooked
		·	Virginia ham (about 2 ounces)
	1/4	cup	chopped fresh basil
2		teaspoons	large capers drained
4			marinated artichoke hearts cut into fourths
4 3			flat fillets of anchovy in oil
3			fresh pear-shaped tomatoes peeled and chopped*
1		teaspoon	olive oil
12		•	imported Italian black olives pitted

Prepare Basic Pizza Dough for One Crust and Simple Pizza Sauce.

Place oven rack in lowest position of oven. Heat oven to 500°. Press or roll dough into 12-inch circle on lightly floured surface. Place on ungreased pizza screen or in 12-inch perforated pizza pan. Press dough from center to edge so edge is thicker than center. Spread pizza sauce over dough to within 1/2 inch of edge. Mix cheeses; sprinkle over sauce. Place prosciutto, basil, capers, artichoke hearts, fillets of anchovy and tomatoes on cheese; drizzle with oil. Place olives on top.

Bake 8 to 10 minutes or until crust is golden and cheeses are melted.

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Yield:

[&]quot;1 Pizza"

Per serving: 3018 Calories (kcal); 244g Total Fat; (67% calories from fat); 78g Protein; 184g Carbohydrate; 710mg Cholesterol; 3366mg Sodium Food Exchanges: 2 Grain(Starch); 8 1/2 Lean Meat; 3 1/2 Vegetable; 0 Fruit; 44 Fat; 8 Other Carbohydrates

NOTES: *3 canned imported pear-shaped tomatoes, drained, can be substituted for the fresh tomatoes.

The Classic Four-Seasons Pizza is an edible display of the year's seasons, with spring represented by fresh basil and chunks of tomato, summer by capers and anchovies, fall by cheese and winter by prosciutto, one of the more nourishing foods available in winter.

Nutr. Assoc. : 0 0 26153 1198 4633 0 2478 0 26004 26367 0 160

Bittersweet Chocolate Cheesecake with White Truffle Sauce

Recipe By :

Serving Size : 12 Preparation Time :0:00

Categories : Cakes Desserts

Amou	nt	Measure	Ingredient Preparation Method
2 1 2 1 3 8	/3	teaspoon cup tablespoon	kages cream cheese softened vanilla sugar all-purpose flour eggs bittersweet chocolate melted and cooled White Truffle Sauce (recipe follows)
1 2 1	/2	tablespoons	WHITE TRUFFLE SAUCE kage white chocolate (white baking bar) chopped margarine or butter whipping (heavy) cream

Heat oven to 275°. Lightly grease springform pan, 9×3 inches. Beat cream cheese and vanilla on medium speed in medium bowl until smooth. Gradually add sugar, beating until fluffy. Beat in flour. Beat in eggs, one at a time. Beat in chocolate; pour into pan.

Bake about 1 hour 15 minutes or until center is firm. Cool 15 minutes. Run metal spatula along side of cheesecake to loosen before and after refrigerating. Cover and refrigerate about 3 hours or until chilled. Meanwhile, prepare White Truffle Sauce.

Remove cheesecake from side of pan. Let cheesecake stand at room temperature 15 minutes before cutting. Serve cheesecake with sauce and, if desired, fresh raspberries or strawberries. Refrigerate any remaining cheesecake.

WHITE TRUFFLE SAUCE:

Heat baking bar and margarine in heavy 2-quart saucepan over low heat, stirring constantly, until melted (mixture will be thick and grainy); remove from heat. Stir in whipping cream until smooth. Cover and refrigerate about 2 hours or until chilled.

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Per serving: 416 Calories (kcal); 35g Total Fat; (69% calories from fat); 7g Protein; 27g Carbohydrate; 102mg Cholesterol; 157mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 6 1/2 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 3218 0 2130706543 0 0 5519 4098 721

* Exported from MasterCook *

Simple Pizza Sauce

Recipe By

Serving Size : 0 Preparation Time :0:00

: Main and Side Dishes Categories Sauces

Amount	Measure	Ingredient Preparation Method
2	(28 ounce) ca	ns imported pear-shaped tomatoes drained chopped fresh basil
1 1 / 2		
1 1/2	teaspoons	dried_oregano
1	teaspoon	freshly grated Romano cheese
2		extra-virgin olive oil
1/4	teaspoon	salt
1/4	teaspoon	pepper
4	cloves	garlic

Place all ingredients in food processor or blender; cover and process until smooth. Use immediately or cover and refrigerate sauce up to 48 hours. Freeze up to 2 months. Thaw in refrigerator before using.

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Yield:

"3 Cups"

Per serving: 417 Calories (kcal); 12g Total Fat; (22% calories from fat); 16g Protein; 75g Carbohydrate; 2mg Cholesterol; 2913mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 13 1/2 Vegetable; 0 Fruit; 2 Fat; O Other Carbohydrates

Nutr. Assoc. : 2470 0 0 20087 0 0 0 0

* Exported from MasterCook *

Classic French Silk Pie

Recipe By Serving Size

: 8 Preparation Time :0:00

Pies : Desserts Categories

Amount	Measure	Ingredient Preparation Method
1/4 3 1 2 3 1		eggs vanilla
1	cup	chilled whipping (heavy) cream Whipped cream if desired

Prepare and bake pie shell; cool. Heat margarine and chocolate in 2-quart saucepan over low heat until melted. Remove from heat. Mix sugar and cornstarch; stir into chocolate mixture. Meanwhile, beat eggs in small bowl on medium speed until thick and lemon colored; stir into chocolate mixture. Cook mixture over medium heat 5 minutes, stirring constantly, until thick and glossy; stir in vanilla. Cool 10 minutes, stirring occasionally.

Beat whipping cream in chilled medium bowl until stiff. Fold chocolate mixture into whipped cream; pour into pie shell.

Cover and freeze about 4 hours or until firm. Garnish with whipped cream, if desired. Freeze any remaining pie.

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Yield: "1 Pie"

T(Freeze): "4:00"

Per serving: 473 Calories (kcal); 33g Total Fat; (60% calories from fat); 5g Protein; 43g Carbohydrate; 119mg Cholesterol; 234mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 6 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: We have a new method for making this classic pie-cooking the eggs-which gives the filling a soft texture. Freezing the pie makes it easier to cut, yet it still retains its rich, smooth texture and great chocolate flavor.

Nutr. Assoc.: 0 4098 0 0 0 0 721 2130706543

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

: Desserts Pies Categories

Amount Measure Ingredient -- Preparation Method Page 124

1		cup	all-purpose flour
	1/2	teaspoon	salt
	1/3		lard
			OR
	1/3	cup	plus 1 tablespoon shortening
2	•		cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with times of fork, dipping fork into flour. occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Place into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Classic White Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Amount Measure Ingredient -- Preparation Method cup plus 2 tablespoons water coons margarine or butter -- softened cups bread flour 3 tablespoons tablespoons dry milk tablespoons sugar

1 1/2 teaspoons salt

teaspoons bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure all ingredients carefully and place in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Description:

'This traditional bread is great for sandwiches, or to serve with soup.

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Yield:

'1 Loaf"

Per serving: 161 Calories (kcal); 3g Total Fat; (17% calories from fat); 5g Protein; 28g Carbohydrate; 2mg Cholesterol; 298mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 1582 4098 0 0 0 0 2019

* Exported from MasterCook *

Classic White Bread (1-Pound Recipe)

Recipe By

: 8 Serving Size Preparation Time :0:00

: Bread Machine Categories Breads

Amount	Measure	Ingredient Preparation Method
3/4	cup	plus 1 tablespoon water
1	tablespoon	margarine or butter softened
2	cuns	bread flour
-		
2	tablespoons	ary mik
1	tablespoon	sugar
1	teaspoon	salt
1 1/4	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure all ingredients carefully and place in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"This traditional bread is great for sandwiches, or to serve with soup."

Yield:

"1 Loaf"

Per serving: 154 Calories (kcal); 3g Total Fat; (15% calories from fat); 5g Protein; 27g Carbohydrate; 6mg Cholesterol; 290mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 1582 2394 0 0 0 0 2019

Coconut-Toffee Bars

Recipe By

Serving Size : 36 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1/2 1/4 1/4 1	cup cup cup cup	packed brown sugar margarine or butter softened shortening all-purpose flour* Coconut-Almond Topping (recipe follows)
2 1 1 1 2 1 1 1	cup tablespoons	all-purpose flour baking powder vanilla

Heat oven to 350°. Mix brown sugar, margarine and shortening. Stir in flour. Press in ungreased baking pan, $13\times9\times2$ inches. Bake 10 minutes.

Prepare Coconut-Almond Topping. Beat eggs; stir in remaining ingredients.

Spread Coconut-Almond Topping over baked layer.

Bake until golden brown, about 2 minutes. Cool slightly; cut into bars, about 3×1 inch.

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Yield: "36 Bars"

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Per serving: 108 Calories (kcal); 6g Total Fat; (47% calories from fat); 2g
Protein; 13g Carbohydrate; 10mg Cholesterol; 66mg Sodium
Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES: *If using self-rising flour, omit baking powder and salt from

Nutr. Assoc. : 0 4098 0 14 2130706543 0 0 0 0 4923 0 0 0 0

* Exported from MasterCook *

Coffee-Amaretto Bread (1 1/2-Pound Recipe)

Recipe By

: 12 Preparation Time :0:00 Serving Size

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
1	tablespoon	instant coffee granules
1/4	cup	amaretto or other almond-flavored liqueur*
1/4 3/4	cup	plus 2 tablespoons water
2	tablespoons	margarine or butter softened
3	cups	bread flour
1/4	cup	sugar
2	tablespoons	dry milk
1 1/4	teaspoons	salt
2 1/2		bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Dissolve coffee granules in amaretto. Measure carefully, placing coffee-amaretto mixture and remaining ingredients in bread machine pan in the order recommended by the manufacturer.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 181 Calories (kcal); 3g Total Fat; (15% calories from fat); 5g Protein; 32g Carbohydrate; 1mg Cholesterol; 251mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES: *Substitute 1 teaspoon almond extract plus enough water to equal 3 tablespoons for the 3 tablespoons amaretto or 2 teaspoons almond extract plus enough water to equal 1/4 cup for the 1/4 cup amaretto

Nutr. Assoc. : 0 2044 1582 4098 0 0 0 0 2019

* Exported from MasterCook *

Coffee-Amaretto Bread (1-Pound Recipe) Page 128

Recipe By : Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
2 3 1/2 1 2	tablespoons cup tablespoon	instant coffee granules amaretto or other almond-flavored liqueur* plus 2 tablespoons water margarine or butter softened bread flour
3 1 3/4 1 1/2	tablespoons tablespoon teaspoon	sugar dry milk salt bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Dissolve coffee granules in amaretto. Measure carefully, placing coffee-amaretto mixture and remaining ingredients in bread machine pan in the order recommended by the manufacturer.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield:

"1 Loaf"

Per serving: 178 Calories (kcal); 2g Total Fat; (12% calories from fat); 5g Protein; 32g Carbohydrate; 1mg Cholesterol; 222mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES: *Substitute 1 teaspoon almond extract plus enough water to equal 3 tablespoons for the 3 tablespoons amaretto or 2 teaspoons almond extract plus enough water to equal 1/4 cup for the 1/4 cup amaretto.

Nutr. Assoc. : 0 2044 1582 4098 0 0 0 0 2019

* Exported from MasterCook *

Cookie-Sour Cream Cake

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Baking with Kids **Cakes**

Amount	Measure	Ingredient Preparation Method
1 3/4 1/2	cup	Shortening All-purpose flour all-purpose flour sugar sour cream

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```
betty crocker best of baking recipes.txt
      1/4
                             margarine or butter (1/2 stick) -- softened
      1/4
                       cup
                             water
      1/2
                 teaspoon
                             baking soda
      1/2
                 teaspoon
                            baking powder
                    large
                             egg
  1 \frac{1}{2}
                      cups
                            Sweetened Whipped Cream -- (see recipe)
Heat oven to 350°.
Grease round pan with:
    Shortening
Put small amount in pan and shake to coat, then pour out any extra:
    All-purpose flour
Adult help: Coarsely chop with knife, then set aside:
     8 creme-filled sandwich cookies
Beat in large bowl with electric mixer on low speed 30 seconds, scraping bowl all the time:
     1 cup all-purpose flour
     3/4 cup sugar
     1/2 cup sour cream
     1/4 cup (1/2 stick) margarine or butter, softened
     1/4 cup water
     1/2 teaspoon baking soda
     1/2 teaspoon baking powder
     1 large egg
Beat batter with electric mixer on high speed 2 minutes, scraping bowl a
few times. Stir the chopped cookies into batter. Spread batter in pan.
Bake 30 to 35 minutes or until cake springs back when touched lightly in center. Adult help: Cool cake in pan 10 minutes, then remove from pan to
wire rack. Cool completely.
Frost cake with:
     Sweetened Whipped Cream (see recipe)
If you like, decorate cake with more cookies.
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approved Betty Crocker® Recipe.
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Yield:
"1 Cake"
Per serving: 308 Calories (kcal); 18g Total Fat; (50% calories from fat); 3g Protein; 35g Carbohydrate; 60mg Cholesterol; 199mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 1
1/2 Other Carbohydrates
```

NOTES: Utensils You Will Need
Round pan, 8 x 1 1/2 or 9 x 1 1/2 inches • Pastry Brush • Sharp
knife • Cutting board • Large Bowl • Dry-ingredient measuring cup
• Small sharp knife • Liquid measuring cup • Measuring spoons •
Electric_mixer • Rubber scraper • Wooden spoon • Pot holders •

Wire cooling rack Nutr. Assoc. : 0 0 0 0 0 4098 0 0 0 0 0

^{*} Exported from MasterCook *

Sweetened Whipped Cream

Recipe By

Serving Size : 0 Preparation Time :0:00

: Baking with Kids Categories Cakes

Amount Measure Ingredient -- Preparation Method cup whipping (heavy) cream tablespoons granulated or powdered sugar 2

Chill medium bowl in freezer about 15 minutes or until cold.

Beat in chilled bowl with eggbeater until stiff: 3/4 cup whipping (heavy) cream 2 tablespoons granulated or powdered sugar

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

Yield:

"1 1/2 Cups"

Per serving: 712 Calories (kcal); 66g Total Fat; (81% calories from fat); 4g Protein; 30g Carbohydrate; 245mg Cholesterol; 67mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 13 Fat; 1 1/2 Other Carbohydrates

NOTES: Utensils You Will Need

Medium bowl • Liquid measuring cup • Measuring spoon • Egg beater

Nutr. Assoc. : 721 652

Corn Pudding

Recipe By : Serving Size : 8 Preparation Tim Categories : Main and Side Dishes Preparation Time :0:00

Rice and Grains

Amount	Measure	Ingredient Preparation Method
4 2 2 1/2	medium ears tablespoons tablespoons teaspoon Dash	all-purpose flour
2 1 1/4 2 1/2	cups	eggs milk margarine or butter melted

Heat oven to 350°. Grease 1-quart casserole or soufflé dish. Cut enough kernels from corn to measure 2 cups. (Scrape ears with knife to extract all pulp and milk.) Mix the corn, sugar, flour, salt and pepper in 2-quart bowl. Stir in eggs. Stir in milk and margarine; pour into casserole. Sprinkle with nutmeg.

^{*} Exported from MasterCook *

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Set casserole in baking pan on middle oven rack. Pour hot water into pan on middle oven rack. Pour hot water into pan until about 1 1/2 inches deep. Bake until knife inserted halfway between center and edge comes out clean, about 50 to 55 minutes.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"Corn on the cob is a time-honored American favorite. And corn off the cob can be just as wonderful! In the summer, use just-picked corn to make this simple and creamy pudding. Be sure to scrape all the pulp and milk from the cob."

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Per serving: 124 Calories (kcal); 6g Total Fat; (40% calories from fat); 4g Protein; 15g Carbohydrate; 52mg Cholesterol; 206mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES: *2 cups frozen whole kernel corn, thawed, or 1 can (16 ounces) whole kernel corn, drained, can be substituted for the fresh corn. Nutr. Assoc.: 26338 0 0 0 0 0 4098 0

* Exported from MasterCook *

Cornbread Beef Bake

Recipe By :

Serving Size : 6 Preparation Time :0:00

Categories : Beef Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
1 1 1 1 1 1 1	medium (14 1/2 ounce (15 ounce) ca (8 ounce) can	lean ground beef onion chopped (1/2 cup)) can Mexican-style stewed tomatoes undrained n black beans (1 can) rinsed and drained tomato sauce frozen corn
2	teaspoons	chile powder) can refrigerated cornbread twists

Heat oven to 350°.

Cook beef and onion in 10-inch ovenproof skillet over medium heat 8 to 10 minutes, stirring occasionally, until beef is brown; drain.

Stir in tomatoes, beans, tomato sauce, corn and chile powder; heat to boiling. Immediately top with cornbread twists left in round shape (do not unwind), pressing down gently. Bake uncovered 35 to 40 minutes or until cornbread is golden brown.

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Per serving: 442 Calories (kcal); 19g Total Fat; (38% calories from fat); 23g Protein; 45g Carbohydrate; 47mg Cholesterol; 1048mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 2 1/2 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 2 1/2 Fat; O Other Carbohydrates

NOTES: A cast-iron skillet works well for this casserole. However, if you don't have one, any ovenproof skillet works just fine.

Nutr. Assoc.: 9018 0 213 578 0 0 2614 905698

Country Apple Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Pies Categories : Desserts

Amount	Measure	Ingredient Preparation Method
		Favorite Pastry for 10-Inch Two-Crust Pie (see
recipe)		
1	cup	sugar
1/4		all-purpose flour
1/4 3/4 1/2		ground cinnamon
1/2	teaspoon	ground nutmeg
	Dash	salt
8	cups	thinly sliced peeled tart cooking apples
	•	(about 8 medium)
4	tablespoons	whipping (heavy) cream

Heat oven to 425°. Prepare pastry. Mix sugar, flour, cinnamon, nutmeg and salt. Stir in apples. Turn into pastry-lined deep-dish pie plate, 9 \times 1 1/2 inches, or pie plate, 10 \times 1 1/2 inches. Drizzle with 3 tablespoons of the whipping cream.

Cover with top crust that has slits cut in it; seal and flute. Brush with remaining whipping cream. Top with leaf or other shapes cut from pastry scraps if desired.

Bake 40 to 45 minutes or until crust is brown and juice begins to bubble through slits in crust.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"Apple pie is particularly nice when served with ice cream or a slice of Cheddar cheese.

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Yield:

"1 Pie"

Per serving: 581 Calories (kcal); 29g Total Fat; (44% calories from fat); 5g Protein; 77g Carbohydrate; 10mg Cholesterol; 271mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1 Fruit; 5 1/2 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 20149 721

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^{*} Exported from MasterCook *

* Exported from MasterCook *

Favorite Pastry for 10-Inch Two-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
2 2/3 1 3/4	teaspoon	plus 2 tablespoons lard
1 7	cup tablespoons	OR shortening cold water (7 to 8 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Per serving: 378 Calories (kcal); 26g Total Fat; (61% calories from fat); 4g Protein; 32g Carbohydrate; 0mg Cholesterol; 268mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 2130706543 0 0 2777

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Country Captain

Recipe By :

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes Poultry

1/2 cup all-purpose flour 1 teaspoon salt	
<pre>1/4 teaspoon pepper 2 1/2 pounds cut-up broiler-fryer chicken (2 1/2 to 3-pounds)</pre>	
1/4 cup vegetable oil	
1 1/2 teaspoons curry powder	
1 1/2 teaspoons chopped fresh thyme leaves	
OR	
1/2 teaspoon dried thyme leaves	
<pre>1/2 teaspoon dried thyme leaves 1/4 teaspoon salt</pre>	
1 large onion chopped (about 1 cup) 1 large green bell pepper chopped (about 1 1/2 cups 1 clove garlic finely chopped	5)
1 clove garlic finely chopped	
OR	
1/8 teaspoon garlic powder	
1 (16 ounce) can whole tomatoes (1 can) undrained	
1/4 cup currants or raisins	
1/3 cup slivered almonds toasted	
3 cups hot cooked rice	

Heat oven to 350° . Mix flour, 1 teaspoon salt and the pepper. Coat chicken with flour mixture. Heat oil in 10-inch skillet until hot. Cook chicken in oil over medium heat until light brown, 15 to 20 minutes. Place chicken in ungreased 2 1/2 quart casserole. Drain oil from skillet.

Add curry powder, thyme, 1/4 teaspoon salt, the onion, bell pepper, garlic and tomatoes to skillet. Heat to boiling; stirring frequently to loosen brown particles from skillet. Pour over chicken. Cover and bake until thickest pieces are done and juices of chicken run clear, about 40 minutes. Skim fat from liquid if necessary; add currants. Bake uncovered 5 minutes. Sprinkle with almonds. Serve with rice, and if desired, grated fresh coconut and chutney.

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Per serving: 608 Calories (kcal); 33g Total Fat; (49% calories from fat); 31g Protein; 47g Carbohydrate; 96mg Cholesterol; 651mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 3 1/2 Lean Meat; 1 Vegetable; 1/2 Fruit; 4 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 2566 0 0 26058 0 2130706543 0 0 0 0 0 2130706543 2470 3024 0 0

Country Crust Bread

Recipe By

^{*} Exported from MasterCook *

Serving Size : 32 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
2	packages	active dry yeast
2	cups	warm water (105° to 115°)
1/2	cup	sugar
1	tablespoon	salt
2	•	eggs
1/4	l cup	vegetable oil
6	cups	all-purpose flour* (6 to 6 1/2 cups)
		Vegetable oil
		Margarine or butter softened

Dissolve yeast in warm water in large mixing bowl. Stir in sugar, salt, eggs, 1/4 cup oil and 3 cups of the flour. Beat until smooth. Mix in enough remaining flour to make dough easy to handle.

Turn dough onto lightly floured surface; knead until smooth and elastic, 8 to 10 minutes. Place in greased bowl; turn greased side up. (At this point, dough can be refrigerated 3 to 4 days.) Cover; let rise in warm place until double, about 1 hour. (Dough is ready if indentation remains when touched.)

Punch down dough; divide into halves. Roll each half into rectangle, 18×9 inches. Roll up tightly, beginning at 9-inch side. Press with thumbs to seal after each turn. Pinch edge firmly to seal. Press each end with side of hand to seal; fold ends under loaf. Place loaf, seam side down, in greased baking pan, $9\times5\times3$ inches. Brush with oil. Let rise until double, about 1 hour.

Heat oven to 375°. Bake until loaves are deep golden brown and sound hollow when tapped, 30 to 35 minutes. Remove from pans. Brush with margarine; cool on wire rack.

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Per serving: 118 Calories (kcal); 2g Total Fat; (17% calories from fat); 3g Protein; 21g Carbohydrate; 12mg Cholesterol; 204mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt.

Country Cinnamon-Raisin Bread: Divide dough into halves. Knead 1/2 cup raisins into each half. Roll each half into rectangle, 18×9 inches. Brush with oil. Mix 1/2 cup sugar and 1 tablespoon ground cinnamon; sprinkle over rectangles. Continue as directed. Nutr. Assoc.: 0 5472 0 0 0 0 14 0 0

* Exported from MasterCook *

Cranberry Bread

Recipe By

Serving Size : 48 Preparation Time :0:00

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Categories : Breads Holiday

Amount	Measure	Ingredient Preparation Method
2	cups	fresh or frozen cranberries chopped
1 2/3	cups	sugar
2/3	cup	vegetable oil
1/2	cup	milk
2	teaspoons	grated lemon or orange peel
2	teaspoons	vanilla
4		eggs
3	cups	all-purpose flour
1/2	cup	coarsely chopped walnuts or pecans
4	teaspoons	baking powder
1	teaspoon	salt

Heat oven to 350°. Grease bottoms only of 2 loaf pans, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 inches or 9 \times 5 \times 3 inches. Mix cranberries, sugar, oil, milk, lemon peel, vanilla and eggs in large bowl. Stir in remaining ingredients. Pour into pans.

Bake 50 to 60 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen sides of loaves from pans; remove from pans. Cool completely on wire rack before slicing. Store tightly wrapped in refrigerator up to 1 week.

2 loaves (24 slices each)

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Yield: "2 Loaves"

Per serving: 100 Calories (kcal); 4g Total Fat; (38% calories from fat); 2g Protein; 14g Carbohydrate; 16mg Cholesterol; 91mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 2928 0 0 0 20084 0 0 0 20187 0 0

* Exported from MasterCook *

Cranberry Chip Cookies

Page 137

Recipe By : Serving Size : 66 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1 3/4 1/2 1/4 2 1 3	cup cup tablespoons cups	granulated sugar packed brown sugar margarine or butter (1 stick) softened milk orange juice egg all-purpose flour baking powder

2	1/2 1/4 1/2 1/2 1/2	teaspoon teaspoon cups cup cup	ty crocker best of baking recipes.txt salt baking soda coarsely chopped cranberries chopped nuts vanilla milk chips OR semisweet chocolate chips Chocolate Glaze, if desired (recipe follows)
2 2 1	1/2	cup tablespoons tablespoons teaspoon	CHOCOLATE GLAZE semisweet chocolate chips margarine or butter corn syrup hot water (1 to 2 teaspoons)

Heat oven to 375°. Grease cookie sheet. Mix sugars and margarine in large bowl. Stir in milk, orange juice and egg. Stir in flour, baking powder, salt and baking soda. Carefully stir in cranberries, nuts and vanilla milk chips.

Drop dough by rounded teaspoonfuls about 2 inches apart on cookie sheet.

Bake 10 to 15 minutes or until light brown. Remove from cookie sheet. Cool on wire rack. Spread with Chocolate Glaze.

CHOCOLATE GLAZE:

Heat chocolate chips, margarine and corn syrup over low heat, stirring constantly, until chocolate chips are melted; cool slightly. Stir in water, 1 teaspoon at a time, until consistency of thick syrup.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"A lovely, soft cookie bursting with cranberries and nuts. Try pistachio nuts for a unique flavor and even more color! You can use frozen cranberries, but be sure to pat them dry after chopping and don't overmix, or they may smear."

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Yield:

"66 Cookies"

Per serving: 89 Calories (kcal); 4g Total Fat; (37% calories from fat); 1g Protein; 13g Carbohydrate; 3mg Cholesterol; 52mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : Tip

Use shortening when greasing cookie sheets, and only grease if specified in the recipe. Margarine or butter can cause the cookies to stick and overbrown. Regrease sheets as needed during baking.

Nutr. Assoc.: 0 0 4098 0 0 0 0 0 0 2660 0 927 0 2130706543 2130706543 0 0 0 4098 0 3728

* Exported from MasterCook *

Cranberry-Apple Pie

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Holiday

Page 138

Amount	Measure	Ingredient Preparation Method
1 3/4 1/4		Favorite Pastry for 9-Inch Two-Crust Pie (see recipe) sugar (1 3/4 to 2 cups) all-purpose flour
3	cups	sliced peeled tart apples (about 3 medium)
2	cups	fresh or frozen (thawed) cranberries
2	tablespoons	margarine or butter

Heat oven to 425°. Prepare pastry. Mix sugar and flour. Arrange half of the apples in pastry-lined pie plate. Top with cranberries. Sprinkle sugar mixture over cranberries. Top with remaining apples. Dot with margarine. Cover with top crust that has slits cut in it; seal and flute. Cover edge with 2- to 3-inch strip of aluminum foil to prevent excessive browning; remove foil during last 15 minutes of baking.

Bake 40 to 50 minutes or until crust is brown and juice beings to bubble through slits in crust. Serve warm with ice cream if desired.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

Description:

'A nice blend of flavors for those who find cranberries alone a bit too intense.

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Yield: "1 Pie"

Per serving: 379 Calories (kcal); 12g Total Fat; (27% calories from fat); 2g Protein; 68g Carbohydrate; 8mg Cholesterol; 168mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 1/2 Fat; 3 Other Carbohydrates

Nutr. Assoc. : 0 1440 14 20149 2928 4098

* Exported from MasterCook *

Favorite Pastry for 9-Inch Two-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

: Desserts Pies Categories

Amount	Measure	Ingredient Preparation Method
2		all-purpose flour
1	teaspoon	salt
2/3		lard
		OR
2/3	cup	plus 2 tablespoons shortening cold water (4 to 5 tablespoons)
4	tablespoons	cold water (4 to 5 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

betty crocker best of baking recipes.txt Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield: "2 Crusts"

Per serving: 268 Calories (kcal); 17g Total Fat; (59% calories from fat); 3g Protein; 24g Carbohydrate; 16mg Cholesterol; 267mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Cranberry-Orange Bread

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Breads Holiday

Amount	Measure	Ingredient Preparation Method
2 3/4	cups cup	all-purpose flour sugar
1 1/2	teaspoons	baking powder
1/2 1/2	teaspoon teaspoon	
$\frac{1}{4}$	cup	butter or margarine softened
3/4	tablespoon cup	
1 1	cup	egg fresh or frozen (thawed and drained) cranberries chopped
1/2	cup	chopped nuts

Heat oven to 350°. Grease bottom only of loaf pan, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2Page 140

betty crocker best of baking recipes.txt inches or $9 \times 5 \times 3$ inches. Mix flour, sugar, baking powder, salt and baking soda; stir in butter until mixture is crumbly. Stir in orange peel, orange juice and egg just until moistened; stir in cranberries and nuts. Spread in pan.

Bake 8-inch loaf 1 hour 15 minutes, 9-inch loaf 55 to 65 minutes or until toothpick inserted in center comes out clean; cool 5 minutes. Loosen side of loaf from pan; remove from pan. Cool completely before slicing.

1 loaf (24 slices)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "1 Loaf"

Per serving: 106 Calories (kcal); 4g Total Fat; (32% calories from fat); 2g Protein; 16g Carbohydrate; 8mg Cholesterol; 126mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES: TIP

Purchase chopped nuts for this quick bread or use your food processor to chop a large quantity of nuts. Freeze in 1-cup amounts to have ready for use any time. Nutr. Assoc. : 0 0 0 0 0 4098 0 0 0 2928 0

* Exported from MasterCook *

Cream Cheese Frosting

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1	(8 ounce) pac	<pre>kage cream cheese softened stick margarine or butter* softened*</pre>
1/4	cup	stick margarine or butter* softened*
2	teaspoons	milk
1	teaspoon	
4	cups	powdered sugar

Beat cream cheese, margarine, milk and vanilla in medium bowl with electric mixer on low speed until smooth.

Gradually beat in powdered sugar on low speed, 1 cup at a time, until smooth and spreadable. Frosts one 13 \times 9-inch cake generously, or fills and frosts one 8- or 9-inch two-layer cake. Refrigerate any remaining frosting.

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Yield:

"2 1/2 Cups"

Per serving: 193 Calories (kcal); 8g Total Fat; (35% calories from fat); 1g Protein; 30g Carbohydrate; 16mg Cholesterol; 76mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 2 Other Carbohydrates

NOTES: *We do not recommend using vegetable oil spreads.

Chocolate Cream Cheese Frosting: Add 2 ounces unsweetened baking chocolate, melted and cooled, with the margarine.

Nutr. Assoc. : 0 4098 0 0 0

Cream Puffs

Recipe By

Serving Size : 12 Preparation Time :0:00

: Desserts Categories

Amount	Measure	Ingredient Preparation Method
1 1/2 1 4	cup cup cup	
		Chocolate Fudge Sauce (recipe follows)
1	(12 ounce) pa	CHOCOLATE FUDGE SAUCE ckage semisweet chocolate chips OR
4	•	s sweet cooking chocolate
1/2 1/2	cup cup	sugar water
1/2		half-and-half OR
1/2	cup	evaporated milk

Heat oven to 400°. Heat water and margarine to rolling boil in 1-quart saucepan. Stir in flour. Stir vigorously over low heat until mixture forms a ball, about 1 minute. Remove from heat; cool 10 minutes. Beat in eggs, all at once; continue beating until smooth. Drop dough by scant 1/4 cupfuls about 3 inches apart onto ungreased cookie sheet. Bake until puffed and golden, 35 to 40 minutes. Cool away from draft. Cut off tops; pull out any filaments of soft dough. Fill puffs with ice cream; replace tops. Drizzle with Chocolate Fudge Sauce.

CHOCOLATE FUDGE SAUCE:

Heat chocolate, sugar and water over low heat, stirring constantly, until chocolate and sugar are melted; remove from heat. Stir in half-and-half.

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Yield:
"12 Cream puffs"

^{*} Exported from MasterCook *

Per serving: 309 Calories (kcal); 19g Total Fat; (51% calories from fat); 4g Protein; 35g Carbohydrate; 66mg Cholesterol; 116mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: *Self-rising flour can be used in this recipe.
Nutr. Assoc.: 0 4098 14 0 0 2130706543 0 0 0 0 2130706543 0 0 704 0

2130706543

Cream-Filled Oat Bars

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1		n sweetened condensed milk grated lemon peel
1/4 1 1/4	· cup	lemon juice all-purpose flour
1	cup	quick-cooking or regular oats
1/2 1/2	cup cup	packed brown sugar margarine or butter softened
1/4 1/4	teaspoon teaspoon	

Heat oven to 375°. Grease square pan, $9\times 9\times 2$ inches. Mix milk, lemon peel and lemon juice until thickened; reserve. Mix remaining ingredients until crumbly. Press half of the crumbly mixture in pan. Bake about 10 minutes or until set.

Spread milk mixture over baked layer. Sprinkle remaining crumbly mixture on milk mixture. Press gently into milk mixture.

Bake about 20 minutes or until edge is golden brown and center is set but soft. Cool completely.

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Description:

"Wonderfully creamy in the center, these golden brown bars are an exceptional treat.

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Yield:

"24 Bars"

Per serving: 142 Calories (kcal); 6g Total Fat; (34% calories from fat); 3g Protein; 21g Carbohydrate; 6mg Cholesterol; 103mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 0 20084 0 0 20223 0 4098 0 0

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^{*} Exported from MasterCook *

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Crown Roast of Pork with Mushroom Stuffing

Recipe By

Serving Size : 12 Preparation Time :0:00

: Holiday Pork Categories

Amoun	t Measure	Ingredient Preparation Method
7 1/2 2 1	pounds teaspoons teaspoon	pork crown roast (about 20 ribs) (7 1/2 to 8 pounds) salt pepper Mushroom Stuffing (recipe follows)
1 8 1	cups	MUSHROOM STUFFING onion (about 1/2 cup) finely chopped margarine or butter unseasoned croutons chopped fresh sage, thyme or marjoram leaves OR
1 1 1 1/	teaspoon 2 teaspoon	dried sage, thyme or marjoram leaves poultry seasoning salt
<u>1</u> 2		sliced mushrooms (1 can) drained celery (about 1 cup) chopped

Heat oven to 325°. Sprinkle pork roast with salt and pepper. Place pork, bone end up, on rack in shallow roasting pan. Wrap bone ends in aluminum foil to prevent excessive browning. Insert meat thermometer so tip is in thickest part of meat and does not touch bone. Place a small heatproof bowl or crumpled aluminum foil in crown to hold shape of roast evenly.

Roast uncovered until thermometer registers 160° (medium), 20 to 25 minutes per pound; or 170° (well), 26 to 31 minutes per pound. Prepare Mushroom Stuffing.

One hour before pork is done, remove bowl and fill center of crown with Mushroom Stuffing. Cover only stuffing with aluminum foil during first 30 minutes.

When pork is done, place on large warm platter and allow to stand about 20 minutes for easiest carving. Remove foil wrapping; place paper frills on bone ends if desired. Remove stuffing to another bowl. To carve, cut roast between ribs.

MUSHROOM STUFFING:

Cook onion in margarine in Dutch oven over medium heat about 3 minutes, stirring frequently, until tender. Stir in half of the croutons. Cook, stirring frequently, until evenly mixed and croutons are softened. Mix in remaining croutons and ingredients.

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Food Exchanges: 1 Grain(Starch); 4 Lean Meat; 1/2 Vegetable; 0 Fruit; 8 Fat; 0 Other Carbohydrates

NOTES : Tip

Buy fresh mushrooms already sliced in the produce or deli section

of your supermarket

Nutr. Assoc. : 1168 0 0 2130706543 0 0 27188 4098 489 4521 26058

2130706543 4614 0 0 3386 0 2130706543 2516

Crunchy Nut Ice Cream Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Measure	Ingredient Preparation Method
cups tablespoons tablespoons quart	
ounces	RICH CHOCOLATE SAUCE sweet cooking chocolate OR
cup cup	kage semisweet chocolate chips (1 cup) sugar water half-and-half
	cups tablespoons tablespoons quart ounces (6 ounce) pac cup cup

Heat oven to 400°. Mix pecans, sugar and margarine. Press firmly and evenly against bottom and side of ungreased pie plate, $9 \times 1 \frac{1}{4}$ inches.

Bake 6 to 8 minutes; cool.

Spoon or scoop ice cream into pie shell. Freeze until firm, about 4 hours. Remove from freezer 10 to 15 minutes before serving. Cut into wedges; spoon Rich Chocolate Sauce over each serving.

RICH CHOCOLATE SAUCE:

Heat chocolate, sugar and water in saucepan over low heat, stirring constantly, until chocolate and sugar are melted. Remove from heat; blend in half-and-half. Serve warm or cool.

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Yield: "1 Pie"

Per serving: 461 Calories (kcal); 32g Total Fat; (57% calories from fat); 5g Protein; 47g Carbohydrate; 33mg Cholesterol; 81mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 6 Fat; 3 Other Carbohydrates

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Nutr. Assoc. : 543 0 4098 368 2130706543 0 0 5195 0 2130706543 0 0 704

* Exported from MasterCook *

Decadent Chocolate Cake with Raspberry Sauce

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Cakes Desserts

Am	ount	Measure	Ingredient Preparation Method
1	1/2 1/2	cup cup cup	semisweet chocolate chips margarine or butter all-purpose flour OR
4	1/2	cup	cake flour eggs separated
2 2	1/2 1/2		sugar semisweet chocolate chips margarine or butter
1 rese	rved	(10 ounce) pa	RASPBERRY SAUCE ckage frozen raspberries thawed, drained and juice
2 1	1/4	cup tablespoons tablespoon	sugar cornstarch orange- or raspberry-flavored liqueur, if desired (1 to 2 tablespoons)

Heat oven to 325°. Grease springform pan, 8×2 1/2 inches, or round pan, 9×1 1/2 inches. Heat 1 cup chocolate chips and 1/2 cup margarine in 2-quart heavy saucepan over medium heat until chocolate chips are melted; cool 5 minutes. Stir in flour until smooth. Stir in egg yolks until well blended.

Beat egg whites in large bowl on high speed until foamy. Beat in sugar, 1 tablespoon at a time, until soft peaks form. Fold chocolate mixture into egg whites. Spread in pan.

Bake springform 35 to 40 minutes, round 30 to 35 minutes (top will appear dry and cracked) or until toothpick inserted in center comes out clean; cool 10 minutes.

Run knife along side of cake to loosen; remove side of springform pan. Invert cake onto wire rack; remove bottom of springform pan and cool cake completely. Place on serving plate.

Heat 1/2 cup chocolate chips, 2 tablespoons margarine and the corn syrup over medium heat until chocolate chips are melted. Spread over top of cake, allowing some to drizzle down side. Serve with Raspberry Sauce. Garnish with fresh raspberries and sweetened whipped cream, if desired.

RASPBERRY SAUCE:

Add enough water to reserved juice to measure 1 cup. Mix sugar and cornstarch in 1-quart saucepan. Stir in juice and raspberries. Heat to boiling over medium heat. Boil and stir 1 minute; strain. Stir in liqueur.

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Yield: "1 Cake"

Per serving: 318 Calories (kcal); 17g Total Fat; (46% calories from fat); 4g Protein; 40g Carbohydrate; 62mg Cholesterol; 137mg Sodium

Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 1/2 Fruit; 3 1/2

Fat; 2 Other Carbohydrates

Nutr. Assoc. : 0 4098 0 0 2130706543 0 0 0 4098 0 2130706543 0 0 1233 0 0

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* Exported from MasterCook *

Decorator's Frosting

Recipe By

Serving Size : 42 Preparation Time :0:00

Categories : Baking with Kids Holiday

Amount Measure Ingredient -- Preparation Method 1 powdered sugar cup

drops food color (3 to 4 drops) teaspoons water (3 to 5 teaspoons) drops 3

Mix in small bowl with wooden spoon, adding the water 1 teaspoon at a time, until frosting is thin enough to drizzle or thick enough to be used in a decorating bag:

1 cup powdered sugar 3 or 4 drops food color 3 to 5 teaspoons water

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Yield: "2/3 Cup"

Per serving: 11 Calories (kcal); trace Total Fat; (0% calories from fat); 0g Protein; 3g Carbohydrate; 0mg Cholesterol; trace Sodium_ Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES: Utensils You Will Need

Small bowl • Dry-ingredient measuring cup • Measuring spoons •

Wooden spoon

Nutr. Assoc. : 0 3314 1582

* Exported from MasterCook *

Deep-Dish Cherry-Berry Pie

Recipe By

Serving Size : 9 Preparation Time :0:00

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Categories : Desserts

Amount	Measure	Ingredient Preparation Method
		Favorite Pastry for 9-Inch One-Crust Pie (see recipe)
3/4	cup	sugar
1/2	cub	all-purpose flour
1/2 2 1/3	cups	fresh red tart cherries pitted*
2	cups	fresh strawberries cut in half**
1	teaspoon	grated orange peel
1		orange juice
		Red food color, if desired
1	tablespoon	butter or margarine

Heat oven to 425°. Generously grease square pan, $9\times 9\times 2$ inches, or deep-dish pie plate, $9\ 1/2\times 1\ 3/4$ inches. Prepare pastry as directed-except roll into 10-inch square. Make cutouts near center so steam can escape. Mix sugar and flour in medium bowl; stir in cherries, strawberries, orange peel, orange juice and red food color. Turn into pan. Dot with butter. Fold pastry in half; place over fruit mixture. Fold edges of pastry just under inside edges of pan; press pastry to edges of pan.

Bake about 55 minutes or until juice begins to bubble through cutouts in crust. Serve warm with whipping (heavy) cream if desired.

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Yield: "1 Pie"

Per serving: 251 Calories (kcal); 9g Total Fat; (32% calories from fat); 3g Protein; 40g Carbohydrate; 7mg Cholesterol; 135mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 Fat; 1 Other Carbohydrates

NOTES: *2 cans (about 16 ounces each) pitted red tart cherries, drained, can be substituted for the fresh cherries.

**2 cups frozen strawberries, thawed, drained and cut in half, can be substituted for the fresh strawberries. Nutr. Assoc. : 0 0 0 5261 0 0 0 2130706543 4098

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

: Desserts Pies Categories

Amount	Measure	Ingredient Preparation Method
1	cup	all-purpose flour
1/2 1/3	teaspoon	
1/3	· cup	lard
•	'	OR
1/3	cup	plus 1 tablespoon shortening
2	tablespoons	cold water (2 to 3 tablespoons)
	•	
		Page 148

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

"1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0

Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Dijon-Thyme Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

: Bread Machine Categories Breads

Ingredient -- Preparation Method Amount Measure -----1 cup water 3 tablespoons dijon mustard 1 tablespoon vegetable oil 3 cups bread flour 2 tablespoons sugar 3/4 teaspoon salt 1 dried thyme leaves teaspoon bread machine yeast teaspoons

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

betty crocker best of baking recipes.txt Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield:

'1 Loaf"

Per serving: 147 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 27g Carbohydrate; 0mg Cholesterol; 182mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 3159 2019

* Exported from MasterCook *

Dijon-Thyme Bread (1-Pound Recipe)

Recipe By

Serving Size Categories : 8 Preparation Time :0:00

: Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
2/3	cup	water
2	tablespoons	dijon mustard
2	teaspoons	vegetable oil
2	cups	bread flour
1	tablespoon	sugar
1/2	teaspoon	salt
1/2	teaspoon	dried thyme leaves bread machine yeast
1 1/4	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield:

"1 Loaf"

betty crocker best of baking recipes.txt
Per serving: 145 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g
Protein; 27g Carbohydrate; 0mg Cholesterol; 182mg Sodium
Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 3159 2019

* Exported from MasterCook *

Dinette Cake

Recipe By

Serving Size : 0 Preparation Time :0:00

: Cakes Categories Desserts

Amount	Measure	Ingredient Preparation Method
1 1/4	cups	all-purpose flour*
1	cup	sugar
1 1/2	teaspoons	baking powder
1/2	teaspoon	salt
3/4	cup	milk
1/3	cup	shortening
1		egg
1	teaspoon	vanilla
1 1/4	cups	French Silk Frosting (see recipe)

Heat oven to 350°. Grease and flour square pan, $8\times8\times2$ or $9\times9\times2$ inches, or round pan 9×1 1/2 inches. Beat all ingredients except frosting in large mixer bowl on low speed, scraping bowl constantly, 30 seconds. Beat on high speed, scraping occasionally, 3 minutes. Pour into pan.

Bake until toothpick inserted in center comes out clean, square 35 to 50 minutes, round 35 minutes; cool. Frost with French Silk Frosting (see recipe).

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield: "1 Cake"

Per serving: 2763 Calories (kcal); 116g Total Fat; (37% calories from fat); 30g Protein; 410g Carbohydrate; 213mg Cholesterol; 2287mg Sodium Food Exchanges: 8 Grain(Starch); 1 Lean Meat; 0 Vegetable; 0 Fruit; 22 1/2 Fat; 18 1/2 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking powder and salt. Nutr. Assoc. : 14 0 0 0 0 0 0 0 0 0 $\,$

* Exported from MasterCook *

French Silk Frosting

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Cakes Desserts

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Amount Measure Ingredient Preparation Me	ciioa
1/3 cup margarine or butter softer 1 1/3 cups powdered sugar 1 ounce melted unsweetened chocolate 1/2 teaspoon vanilla 1 tablespoon milk	

Beat margarine, powdered sugar, chocolate and vanilla on low speed until blended. Gradually beat in milk until fluffy.

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Copyright:
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"2 2/3 Cups"

Per serving: 133 Calories (kcal); 8g Total Fat; (49% calories from fat); trace Protein; 17g Carbohydrate; trace Cholesterol; 72mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 4098 0 5387 0 0

* Exported from MasterCook *

Dinosaur Cakes

Recipe By

Serving Size : 14 Preparation Time :0:00 Categories : Baking with Kids

cakes

Amount	Measure	Ingredient Preparation Method
2 1/3 1 1/3 1/2 1 1/4 3 1/2 1 1/2 3	cups cups cup cups teaspoons teaspoon teaspoon large	Shortening All-purpose flour all-purpose flour sugar shortening orange juice baking powder vanilla salt eggs
1/4 1	cup (1 pound) tub	multicolored candy decorations chocolate ready-to-spread frosting with dinosaur candy bit sprinkles

Heat oven to 350°.

Grease jelly roll pan with: Shortening

Put small amount in pan and shake to coat, then pour out any extra: All-purpose flour

betty crocker best of baking recipes.txt Beat in large bowl with electric mixer on low speed 30 seconds, scraping bowl all the time: 2 1/3 cups all-purpose flour 1 1/3 cups sugar 1/2 cup shortening
1 1/4 cups orange juice
3 1/2 teaspoons baking powder
1 teaspoon vanilla 1/2 teaspoon salt 3 large eggs

Beat batter with electric mixer on high speed 3 minutes, scraping bowl a few times.

Add:

1/4 cup multicolored candy decorations

Beat batter on low speed a few seconds to mix in candy decorations. Pour batter into pan, spreading batter to corners.

Bake 20 to 25 minutes or until toothpick poked in center comes out clean. Cool completely on wire rack.

Freeze cake uncovered about 1 hour. Cut cake into dinosaur shapes with cookie cutters. Remove dinosaur cakes from pan with spatula.

Frost tops of cakes with frosting and sprinkle with dinosaur candies from: 1 tub (1 lb) chocolate ready-to-spread frosting with dinosaur candy bit sprinkles.

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Yield: "14 Cakes" T(Freeze): "1:00"

Per serving: 380 Calories (kcal); 13g Total Fat; (31% calories from fat); 3g Protein; 62g Carbohydrate; 40mg Cholesterol; 304mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 2 1/2 Other Carbohydrates

NOTES: Utensils You Will Need Jelly roll pan, 15 $1/2 \times 10 \ 1/2 \times 1$ inch • Pastry brush • Large bowl • Dry-ingredient measuring cups • Measuring spoons • Liquid measuring cup • Electric mixer • Rubber scraper • Fork • Pot holders • Toothpick • Wire cooling rack • Dinosaur-shaped cookie cutters • Spatula

Here's another idea. . . Make Shaped Cakes: Cut cake into shapes using your favorite cookie cutters and frost with any ready-to-spread frosting with candy bit sprinkles. Nutr. Assoc.: 0 0 0 0 0 0 0 0 0 602 1163 0

* Exported from MasterCook *

Dinosaur Calzones

Recipe By

Serving Size : 10 Preparation Time :0:00

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betty crocker best of baking recipes.txt Categories : Appetizers Baking with Kids Beef

Amoun	t Measure	Ingredient Preparation Method
1	pound	ground beef
1		onion chopped (1/2 cup)
2/	3 cup	pizza sauce
5	cups	Bisquick Original baking mix
3/	4 cup	water
3	tablespoons	vegetable oil
1	· cup	shredded Cheddar cheese (4 ounces)
1	•	egg white
2	whole	peppercorns

Heat oven to 450°.

Adult help: Cook in skillet over medium heat about 10 minutes, stirring often, until brown:

1 pound ground beef

Pour beef into colander to drain off any fat. Put beef back in skillet.

Stir into beef, then set aside: 1 medium onion, chopped (1/2 cup)

2/3 cup pizza sauce

Mix in large bowl to make a dough (using hands to shape into ball, if necessary):

5 cups Bisquick Original baking mix

3/4 cup water

3 tablespoons vegetable oil

Cut off and save about 1/4 of the dough. Divide the rest of the dough in half.

Sprinkle a clean surface (such as a kitchen counter or breadboard) with flour or baking mix. Put dough on surface. Roll or pat each dough half into 12-inch circle. Put each circle on cookie sheet.

Top half of each circle (1/2 cup for each circle): 1 cup shredded Cheddar cheese (4 ounces)

Top cheese with beef mixture to within 1 inch of edge of dough. Fold dough over filling, then press edge with fork to seal.

Beat in small bowl with fork: 1 egg white

Make fourteen 3/4-inch balls from some of the saved dough. Press 10 of the balls into triangle shapes. Press 5 triangles into sealed edge of each calzone for spikes on the backs of the dinosaurs, using egg white as glue.

Roll the rest of the balls between your hands to make legs with feet. Press 2 legs into folded edge of each calzone, using egg white as glue. Divide the rest of the saved dough into 4 pieces. Roll pieces between your hands to make tails and heads with necks. Press into calzones, using egg white as glue.

If you like, press into each head for eye 1 of: 2 whole peppercorns

Bake 15 to 20 minutes or until golden brown (it may be necessary to cover small dough pieces with pieces of aluminum foil during the last few minutes of baking).

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Per serving: 425 Calories (kcal); 22g Total Fat; (46% calories from fat); 16g Protein; 41g Carbohydrate; 40mg Cholesterol; 905mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 1 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 3 1/2 Fat; 0 Other Carbohydrates

NOTES: Utensils You Will Need 10-inch skillet • Wooden spoon • Colander • Cutting board • Sharp knife • Dry-ingredient measuring cup • Liquid measuring cup • Large bowl • Measuring spoons • Rolling pin • Ruler • 2 cookie sheets • Small bowl • Fork • Pastry brush • Pot holders

> If your oven does not hold 2 cookie sheets side by side, make one calzone with half the dough and beef mixture. Bake that one while you make the second calzone.

Nutr. Assoc. : 9018 0 0 2250 0 0 4922 0 0

* Exported from MasterCook *

Divine Caramel Sauce

Recipe By

Serving Size : 9 Preparation Time :0:00

Categories : Desserts

Amount	Measure	Ingredient Preparation Method
2 3/4 2 1	cups cup	sugar stick margarine or butter* whipping (heavy) cream light corn syrup
1	Pinch teaspoon	salt

Heat all ingredients except vanilla to boiling in heavy Dutch oven over medium heat, stirring constantly; reduce heat slightly. Boil about 30 minutes, stirring frequently, until sugar is dissolved and mixture is caramel colored.

Stir in vanilla. Serve hot or warm. Store in refrigerator up to 2 months.

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Other Carbohydrates

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Per serving: 594 Calories (kcal); 35g Total Fat; (50% calories from fat); 1g Protein; 74g Carbohydrate; 73mg Cholesterol; 242mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 7 Fat; 5

NOTES: *We do not recommend using vegetable oil spreads.

Nutr. Assoc. : 0 4098 721 0 0 0

* Exported from MasterCook *

Double Apricot-Almond Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size

Preparation Time :0:00 : 12

: Bread Machine **Breads** Categories

Amount	Measure	Ingredient Preparation Method
1/2 1 2 3 2 2 1 1/2 1/4 2 1/2 1/2	(6 ounce) jar tablespoons cups tablespoons tablespoons teaspoons teaspoons	bread flour dry milk sugar
1/2 1 1	cup teaspoon teaspoon Dash	APRICOT GLAZE powdered sugar reserved apricot baby food milk nutmeg

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except the 1 teaspoon reserved baby food, apricots, almonds and Apricot Glaze in bread machine pan in the order recommended by the manufacturer. Add apricots and almonds at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack. Prepare Apricot Glaze; drizzle onto cooled loaf.

APRICOT GLAZE:

Mix all ingredients until smooth and thin enough to drizzle.

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Yield:

"1 Loaf"

Per serving: 233 Calories (kcal); 6g Total Fat; (22% calories from fat); 6g Protein; 40g Carbohydrate; 1mg Cholesterol; 298mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 1582 0 4098 0 0 0 0 3620 2019 3090 5282 2130706543 0 0 0 0 0 962

* Exported from MasterCook *

Double Apricot-Almond Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

: Bread Machine Breads Categories

Amount	Measure	Ingredient Preparation Method
1/3 1 1 2 1 1 1 1 1 1 1 1/8 1/3	(4 ounce) jar tablespoon cups tablespoon tablespoon teaspoon teaspoon teaspoon	sugar
1/2 1 1	cup teaspoon teaspoon Dash	APRICOT GLAZE powdered sugar reserved apricot baby food milk nutmeg

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except the 1 teaspoon reserved baby food, apricots, almonds and Apricot Glaze in bread machine pan in the order recommended by the manufacturer. Add apricots and almonds at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack. Prepare Apricot Glaze; drizzle onto cooled loaf.

APRICOT GLAZE:

Mix all ingredients until smooth and thin enough to drizzle.

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Yield:

"1 Loaf"

Per serving: 235 Calories (kcal); 6g Total Fat; (20% calories from fat); 6g Protein; 41g Carbohydrate; 5mg Cholesterol; 289mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 5472 0 2394 0 0 0 0 3620 0 3090 20020 2130706543 0 0 0 0

* Exported from MasterCook *

Duchess Potatoes

Recipe By

: 12 Serving Size Preparation Time :0:00

: Holiday Main and Side Dishes Categories

pounds potatoes (about 12 medium) peeled and cut into pieces 2/3	Amount	Measure	Ingredient Preparation Method
Margarine or hutter melted	2/3 1/2 1/2	cup cup teaspoon	milk (2/3 to 1 cup) margarine or butter softened salt pepper

Heat 1 inch water (salted if desired) in 3-quart saucepan to boiling. Add potatoes. Cover and heat to boiling. Cook whole potatoes 30 to 35 minutes, pieces 20 to 25 minutes or until tender; drain. Shake pan with potatoes over low heat to dry.

Heat oven to 425°. Grease cookie sheet. Mash potatoes until no lumps remain. Beat in milk in small amounts (amount of milk needed to make potatoes smooth and fluffy depends on kind of potatoes used). Add 1/2 cup margarine, the salt and pepper. Beat vigorously until potatoes are light and fluffy. Add eggs; beat until blended.

Drop potato mixture by spoonfuls into mounds onto cookie sheet. Or place in decorating bag with star tip and form rosettes or pipe in a border around meat. Brush with melted margarine.

Bake about 15 minutes or until light brown.

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T(Bake): "0:15"

Per serving: 215 Calories (kcal); 9g Total Fat; (38% calories from fat); 5g Protein; 28g Carbohydrate; 63mg Cholesterol; 212mg Sodium Food Exchanges: 2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; O Other Carbohydrates

NOTES: For a different twist, use sweet potatoes or yams, and sprinkle with nutmeg or cinnamon. Nutr. Assoc. : 4600 4038 4098 0 0 0 0

* Exported from MasterCook *

Easy Pull-Apart Coffee Cake

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Breads

Amount Measure Ingredient -- Preparation Method Page 158

1	3/4 1/4	cup cup	pecan halves packed brown sugar
	1/4	cup	(1/2 stick) pluš 2 tablespoons margarine
			or butter
2		tablespoons	milk
1		package	(6 serving size) vanilla regular pudding
			and pie filling sand pi
4		cups	
	2/3	cup	milk
2	•	tablespoons	granulated sugar
$\overline{1}$		teaspoon	vanilla
1		ccaspoon	egg
			Cyy

Heat oven to 350° . Grease 12-cup bundt cake pan. Sprinkle pecan halves in pan. Heat brown sugar, margarine, 2 tablespoons milk and the pudding and pie filling (dry) in 1-quart saucepan over medium heat, stirring constantly, until mixture begins to boil around edge; remove from heat and reserve.

Mix remaining ingredients until stiff dough forms; beat 30 seconds. (If dough is too sticky, stir in additional baking mix.) Turn dough onto surface dusted with baking mix; roll in baking mix to coat. Knead lightly 10 times. Cut dough into 32 pieces. Stack pieces of dough in pan. Pour brown sugar mixture evenly over dough.

Bake 25 to 30 minutes or until golden brown. Immediately invert onto heatproof serving plate; let pan remain over coffee cake 1 minute. Serve warm.

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Yield: "1 Cake"

Per serving: 270 Calories (kcal); 12g Total Fat; (39% calories from fat); 3g Protein; 38g Carbohydrate; 13mg Cholesterol; 486mg Sodium

Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2

Fat; 1 Other Carbohydrates

Nutr. Assoc. : 0 0 4098 0 5409 2250 0 0 0 0

* Exported from MasterCook *

Easy Pumpkin Nut Pie

Recipe By

Serving Śize : 8 Preparation Time :0:00

: Baking with Kids Pies

Amount	Measure	Ingredient Preparation Method
1/2	cup	margarine or butter (1 stick) softened
1/2 1/3		packed brown sugar
1 1/4	cups	all-purpose flour
		OR
$1 \ 1/4$		whole wheat flour
1/2	cup	chopped nuts
		- 150

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betty crocker best of baking recipes.txt
     1/2
               teaspoon
                          vanilla
     1/4
               teaspoon
                           salt
     1/4
                          baking soda
               teaspoon
                   large
                          eggs
                          mashed pumpkin (about half of a 16-ounce
  1
                     cup
                           can)
     3/4
                     cup
                          packed brown sugar
                          ground cinnamon
  1
               teaspoon
     1/2
               teaspoon
                          salt
     1/4
                          ground cloves
               teaspoon
                          ground ginger
freshly ground nutmeg
     1/4
               teaspoon
     1/4
               teaspoon
           (12 ounce) can evaporated milk
  1
                     cup whipping (heavy) cream
            tablespoons packed brown sugar
Mix in large bowl with wooden spoon:
    1/2 cup (1 stick) margarine or butter, softened
    1/3 cup packed brown sugar
Stir in just until crumbly:
1 1/4 cups all-purpose or whole wheat flour
    1/2 cup chopped nuts
    1/2 teaspoon vanilla
1/4 teaspoon salt
    1/4 teaspoon baking soda
```

Press mixture against bottom and up side of pie plate, $9\times1~1/2$ inches, building up a 1/2-inch edge above top of pie plate. (A high edge is necessary to keep filling from running over.)

Heat oven to 425°.

Beat slightly in large bowl with fork: 2 large eggs

Stir in until smooth:

1 cup mashed pumpkin (about half of a 16-ounce can)

3/4 cup packed brown sugar

1 teaspoon ground cinnamon

1/2 teaspoon salt

1/4 teaspoon ground cloves 1/4 teaspoon ground ginger 1/4 teaspoon freshly ground nutmeg

Stir in, a little at a time:

1 can (12 ounces) evaporated milk

Pour pumpkin mixture into pie crust. Cover edge of crust with 2- to 3-inch strip of aluminum foil to keep crust from browning too much.

Bake 15 minutes. Turn oven temperature down to 350°. Bake 45 to 55 minutes longer or until knife poked in pie near center comes out clean. Cool completely on wire rack.

Chill medium bowl in freezer about 15 minutes or until cold.

Beat in chilled bowl with eggbeater until stiff:

1 cup whipping (heavy) cream

3 tablespoons packed brown sugar

Serve pie with the whipped cream. Cover and refrigerate any leftover pie and whipped cream.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield: "1 Pie"

Per serving: 548 Calories (kcal); 32g Total Fat; (51% calories from fat); 9g Protein; 59g Carbohydrate; 100mg Cholesterol; 459mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 6 Fat; 2

1/2 Other Carbohydrates

NOTES: Utensils You Will Need

2 large bowls • Dry-ingredient measuring cups • Wooden spoons • Measuring spoons • Pie plate, 9 × 1 1/2 inches • Fork • Can opener • Aluminum foil • Pot holders • Knife • Wire cooling rack • Medium bowl • Liquid measuring cup • Eggbeater

Nutr. Assoc. : 4098 0 14 0 2130706543 0 0 0 0 26007 0 0 0 0 0 721 0

Easy Sugar Cookies

Recipe By

Serving Size : 48 Preparation Time :0:00

Categories : Baking with Kids Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1 1 1/2 1 2 1/4	large	sugar margarine or butter (2 sticks) softened vanilla egg all-purpose flour Sugar, colored sugar or candy sprinkles

Heat oven to 375°.

Beat in large bowl with wooden spoon until smooth:

1 cup sugar

1 cup (2 sticks) margarine or butter, softened

1/2 teaspoon vanilla

1 large egg

Stir in:

2 1/4 cups all-purpose flour

Shape dough by teaspoonfuls into balls. Place balls about 2 inches apart on cookie sheet.

Flatten balls gently with bottom of glass dipped in: Sugar, colored sugar or candy sprinkles

Bake 10 to 12 minutes or until set and edges just begin to brown. Cool cookies on cookie sheet 1 minute, then remove with spatula to wire rack. cool.

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betty crocker best of baking recipes.txt "© General Mills, Inc. 1998. Yield:

"48 Cookies"

Per serving: 73 Calories (kcal); 4g Total Fat; (48% calories from fat); 1g Protein; 9g Carbohydrate; 4mg Cholesterol; 46mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES: Utensils You Will Need Large Bowl • Dry-ingredient measuring cups • Measuring spoons • Wooden spoon • Cookie sheet • Teaspoon • Glass • Pot holders • Spatula • Wire cooling rack • Small bowl

If dough is too soft to shape, cover with plastic wrap and refrigerate about 1 hour. Nutr. Assoc.: 0 4098 0 0 0

* Exported from MasterCook *

Eggplant Acapulco

Recipe By

: 8 Preparation Time :0:00 Serving Size

Categories : Main and Side Dishes Vegetables

Amount	Measure	Ingredient Preparation Method
1 1 1/2 1 1	cups cup	eggplant (1 pound) peeled and cut into 1/2 inch cubes coarsely crushed corn chips (3 ounces) shredded Cheddar cheese (4 ounces) on chunky Mexican-style tomato sauce

Heat over to 350°. Grease square baking dish, $8 \times 8 \times 2$ inches. Heat 1/2inch water to boiling in 2-quart saucepan. Add eggplant. Cover and heat to boiling; reduce heat to medium-high. Cook 5 minutes; drain.

Mix corn chips and cheese. Spread half of the eggplant in baking dish; spoon half of the tomato sauce over eggplant. Sprinkle with half of the corn chip mixture. Repeat with remaining eggplant, tomato sauce and corn chip mixture. Bake uncovered about 30 minutes or until bubbly around edges.

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Description:

"Here's and out-of-the-ordinary eggplant dish that is great for a buffet supper." Copyright:

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Per serving: 129 Calories (kcal); 7g Total Fat; (49% calories from fat); 5g Protein; 12g Carbohydrate; 15mg Cholesterol; 144mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 26407 1369 4922 2702

* Exported from MasterCook *

Elephant Ears

Recipe By

Serving Size : 4 Preparation Time :0:00

: Baking with Kids Categories Breads

Am	ount	Measure	Ingredient Preparation Method
1 2	1/4 1/2 1/2	cup cup tablespoons teaspoon	Shortening (1/2 stick) margarine or butter all-purpose flour sugar baking powder
2 1	1/3	teaspoon cup tablespoons teaspoon	salt milk sugar ground cinnamon Sugar

Heat oven to 425°.

Grease cookie sheet with: Shortening

Melt in saucepan over low heat, then set aside: 1/4 cup (1/2 stick) margarine or butter

Mix in medium bowl with wooden spoon: 1 cup_all-purpose flour

2 tablespoons sugar 1/2 teaspoon baking powder 1/2 teaspoon salt

Stir in to make a dough:

3 tablespoons of the melted margarine or butter

1/3 cup milk

Sprinkle a clean surface (such as a kitchen counter or bread board) with flour. Put dough on surface. Roll ball of dough around 3 or 4 times. Knead dough quickly and lightly by folding, pressing and turning. Repeat 10 times. Roll or pat dough into 9 \times 5-inch rectangle.

Mix in small bowl:

2 tablespoons sugar

1 teaspoon ground cinnamon

Brush dough with the rest of the melted margarine or butter, then sprinkle with the sugar-cinnamon mixture.

Roll dough up tightly, beginning at short end of rectangle. Pinch edge of dough into roll to seal. Adult help: Cut roll into 4 equal pieces with sharp knife. Put pieces, cut sides up, on cookie sheet, then pat into 6-inch circles.

Sprinkle circles with: Sugar

Bake 8 to 10 minutes or until edges are golden brown. Immediately remove elephant ears from cookie sheet with spatula to wire rack. Cool.

Please note, if you should change this recipe it will no longer be an Page 163

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Per serving: 278 Calories (kcal); 12g Total Fat; (39% calories from fat); 4g Protein; 38g Carbohydrate; 3mg Cholesterol; 472mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2

Fat; 1 Other Carbohydrates

NOTES: Utensils You Will Need

Cookie sheet • Pastry brush • 1-quart saucepan • Small sharp knife • Medium bowl • Dry-ingredient measuring cups • Measuring spoons • Wooden spoon • Liquid measuring cup • Rolling pin • Ruler • Small bowl • Sharp knife • Pot holders • Spatula • Wire cooling rack

Dip hands in sugar to keep them from sticking to dough when patting circles on cookie sheet.

Nutr. Assoc.: 0 4098 0 0 0 0 0 0 0

Espresso-Praline Torte

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Cakes Holiday

Amount	Measure	Ingredient Preparation Method
4 1/4 1	teaspoon cup	egg whites cream of tartar sugar Almond Praline (recipe follows)
1 1/2	cups	whipping (heavy) cream
1 1	tablespoon	sugar instant espresso coffee (dry)
1/4	teaspoon	almond extract
1/2 1/4	cup cup	ALMOND PRALINE sliced almonds sugar

Cover 3 cookie sheets with cooking parchment paper or heavy brown paper. Heat oven to 225°. Beat egg whites and cream of tartar in large bowl on medium speed until foamy. Beat in 1 cup sugar, 1 tablespoon at a time on high speed; continue beating until stiff and glossy. Do not underbeat. Shape meringue into three 8-inch circles on brown paper.

Bake 1 hour. Turn oven off and leave meringues in oven with door closed 1 hour. Finish cooling at room temperature. Remove from paper to wire rack with spatula.

Prepare Almond Praline. Beat whipping cream, 1 tablespoon sugar, the espresso and almond extract in chilled medium bowl until stiff. Reserve 1 to 2 tablespoons praline for garnish. Fold remaining praline into whipped cream. Stack meringues, spreading whipped cream mixture between layers and over top. Sprinkle with reserved praline. Refrigerate at least 2 hours. Cover and refrigerate any remaining torte.

ALMOND PRALINE:

Grease cookie sheet. Cook almonds and sugar in 1-quart saucepan over low Page 164

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt heat, stirring occasionally, until sugar is melted and golden brown. Pour onto cookie sheet; cool. Crush coarsely in blender or place in plastic bag and crush with wooden mallet.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "1 Torte"

Per serving: 229 Calories (kcal); 14g Total Fat; (54% calories from fat); 3g Protein; 24g Carbohydrate; 41mg Cholesterol; 30mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; Ō Vegetable; O Fruit; 3 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 2130706543 1616 0 3752 0 0 0 0 0

* Exported from MasterCook *

Favorite Cheese Pizza

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
3 1 2 2 2 1/2 1 1/2 1	cup tablespoons tablespoons teaspoons	
1 1 1 1 3 1/4	teaspoon clove small cups	PIZZA TOPPING tomato sauce Italian seasoning garlic finely chopped onion thinly sliced and separated into rings shredded Mozzarella cheese (12 ounces) grated Parmesan cheese

Measure carefully, placing all ingredients except Pizza Topping in bread machine pan in the order recommended by the manufacturer. Select Dough/Manual cycle.

Move oven rack to lowest position. Heat oven to 400°. Grease 2 cookie sheets. Divide dough in half. Pat each half into 12-inch circle on cookie sheet with floured fingers. Add Pizza Topping.

Bake 18 to 20 minutes or until crust is light brown.

2 pizzas, 6 pieces each

PIZZA TOPPING:

betty crocker best of baking recipes.txt Mix tomato sauce, Italian seasoning and garlic. Spread half the sauce over each crust. Arrange onion on sauce. Sprinkle with cheeses.

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Yield:

"2 Pizzas"

Per serving: 259 Calories (kcal); 11g Total Fat; (37% calories from fat); 12g Protein; 29g Carbohydrate; 27mg Cholesterol; 458mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1 Lean Meat; 1/2 Vegetable; 0 Fruit; 1 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 0 1582 986 3562 2019 3776 0 0 2130706543 0 0 1506 0 0 0 26153 0

* Exported from MasterCook *

Favorite Chocolate Chip Cookies

Recipe By

Serving Size : 42 Preparation Time :0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
1/2 1/2 1/3	cup cup cup	granulated sugar packed brown sugar margarine or butter softened
1/3	cup	shortening
1 1 1/2 1/2 1/2 1/2	teaspoon teaspoon cup	salt chopped nuts
1	(6 ounce) pac	kage semi-sweet chocolate chips

Heat oven to 375°. Mix sugars, margarine, shortening, egg and vanilla. Stir in remaining ingredients. Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Bake until light brown, 8 to 10 minutes. Cool slightly before removing from cookie sheet.

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Yield:

"42 Cookies"

Per serving: 94 Calories (kcal); 5g Total Fat; (49% calories from fat); 1g Protein; 11g Carbohydrate; 8mg Cholesterol; 58mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2

Other Carbohydrates

NOTES : * If using self-rising flour, omit baking soda and salt. Nutr. Assoc. : 0 0 2394 0 0 0 14 0 0 0 4886

* Exported from MasterCook *

Favorite Green Bean Casserole

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes Vegetables

Amount Measure Ingredient -- Preparation Method 2 (16 ounce) packages frozen cut green beans (10 3/4 ounce) can condensed cream of celery, cream of 1 chicken or cream of mushroom soup 1/2 milk cup 1 (2 ounce) jar diced pimientos -- drained teaspoon pepper (2 3/4 ounce) can French fried onions 1

Heat oven to 350°.

Cook green beans as directed on package for the minimum amount of time; drain.

Mix soup, milk, pimientos and pepper in 2-quart casserole or square baking dish, $8\times8\times2$ inches. Stir in beans. Sprinkle with onions. Bake uncovered 30 to 40 minutes or until hot in center.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 183 Calories (kcal); 10g Total Fat; (46% calories from fat); 4g Protein; 22g Carbohydrate; 8mg Cholesterol; 510mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 3 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: Tip
Substitute 2 cans (16 ounces each) cut green beans, drained, for
the frozen green beans, but do not cook. To microwave, use
microwavable casserole. Decrease milk to 1/4 cup. Stir beans into
soup mixture. Cover and microwave on High 5 minutes; stir.
Sprinkle with onions. Microwave uncovered 3 to 5 minutes or until
hot.

Nutr. Assoc. : 3458 2945 0 1603 0 1677

* Exported from MasterCook *

Favorite Pastry for 10-Inch One-Crust Pie

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount Measure Ingredient -- Preparation Method
Page 167

1 1/3		all-purpose flour
$\frac{1/2}{1/4}$	2 teaspoon	salt
- /	- ccaspoon	
1//	l cun	plus 3 tablespoons lard
- /-	ғ сир	prus s cabrespoons raru
		OB.
		OR
1 /-)	
1/2	2 cup	shortening
_ ′		
- ≺	tahlesnoons	cold water (3 to 4 tablespoons)
,	cabicspoons	cora water (5 to 1 tablespools)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with times of fork, dipping fork into flour. occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"1 Crust"

Per serving: 189 Calories (kcal); 13g Total Fat; (61% calories from fat); 2g Protein; 16g Carbohydrate; Omg Cholesterol; 134mg Sodium

Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 2130706543 0 0 2777

* Exported from MasterCook *

Favorite Pastry for 10-Inch Two-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
2 2/3 1 3/4	teaspoon	all-purpose flour salt plus 2 tablespoons lard OR
1	cup	shortening

betty crocker best of baking recipes.txt tablespoons cold water (7 to 8 tablespoons)

7

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 378 Calories (kcal); 26g Total Fat; (61% calories from fat); 4g Protein; 32g Carbohydrate; 0mg Cholesterol; 268mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 2130706543 0 0 2777

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount Measure Ingredient -- Preparation Method 1 cup all-purpose flour 1/2 salt teaspoon 1/3 cup lard OR 1/3 plus 1 tablespoon shortening cup cold water (2 to 3 tablespoons) 2 tablespoons

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all Page 169

betty crocker best of baking recipes.txt flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with times of fork, dipping fork into flour. occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker $^{\circ}$ Recipe.

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Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Favorite Pastry for 9-Inch Two-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
2	cups	all-purpose flour
1	teaspoon	salt
2/3		lard
		OR
2/3	cup	plus 2 tablespoons shortening cold water (4 to 5 tablespoons)
4	tablespoons	cold water (4 to 5 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

betty crocker best of baking recipes.txt Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape: pinch again to shapen pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"2 Crusts"

Per serving: 268 Calories (kcal); 17g Total Fat; (59% calories from fat); 3g Protein; 24g Carbohydrate; 16mg Cholesterol; 267mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

Festive Fruitcake Bars

Recipe By : Serving Size : 36 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
1 3/4 1/2 1 1/2 1/2	cup cup cup teaspoon teaspoon	
1/2 1/4 1 16 8 1	teaspoon cup ounces	egg all-purpose flour fruitcake mix dates cut up
1/3	cup tablespoons	ORANGE GLAZE sugar orange juice

^{*} Exported from MasterCook *

Heat oven to 350° . Grease and flour rectangular pan, $13 \times 9 \times 2$ inches. Mix 1 cup flour, the brown sugar, margarine, orange peel, baking soda, cinnamon, salt and egg in large bowl. Mix 1/4 cup flour, the fruitcake mix, dates and pecans; stir into brown sugar mixture. Spread in pan.

Bake about 35 minutes or until toothpick inserted in center comes out clean; cool. Drizzle with Orange Glaze. Cut into about $2 \times 1/2$ -inch bars.

ORANGE GLAZE:

Heat sugar and juice in 1-quart saucepan over medium heat, stirring occasionally, until mixture thickens slightly.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
 "36 Bars"
T(Bake):
 "0:35"

Per serving: 137 Calories (kcal); 5g Total Fat; (30% calories from fat); 1g Protein; 24g Carbohydrate; 5mg Cholesterol; 77mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 0 0 4098 0 0 0 0 0 5922 0 20148 2130706543 0 0 0 0

Florentines

Recipe By

Serving Size : 54 Preparation Time :0:00

Categories : Cookies & Brownies Holiday

Am	ount	Measure	Ingredient Preparation Method
	3/4 1/4	cup	whipping (heavy) cream
	1/4	cup	sugar
	1/2	cup	very finely chopped blanched almonds
4		ounces	candied orange peel very finely chopped
	1/4	cup	all-purpose flour
2	•	(4 ounce) bar	s sweet cooking chocolate
			OR
2		(4 ounce) bar	s bittersweet chocolate

Heat oven to 350°. Grease and flour cookie sheet. Mix whipping cream and sugar in medium bowl until well blended. Stir in almonds, orange peel and flour. (Dough may thicken as it stands.) Drop dough by rounded teaspoonfuls about 2 inches apart onto cookie sheet. Spread to form 2-inch circles. (Dough may be sticky.)

Bake 10 to 12 minutes or until edges are light brown. Cool 2 minutes; remove from cookie sheet to wire rack.

Heat chocolate until melted. Turn cookies over; spread with chocolate. Dry several hours at room temperature until chocolate becomes firm.

^{*} Exported from MasterCook *

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Yield:

"54 Cookies"

Per serving: 53 Calories (kcal); 3g Total Fat; (53% calories from fat); 1g Protein; 6g Carbohydrate; 5mg Cholesterol; 4mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES: Want festive, professional-looking cookies? Make wavy lines with the tines of a table fork in the chocolate before it is set.

Nutr. Assoc.: 721 0 20020 2430 0 5195 0 2130706543

* Exported from MasterCook *

French Bread

Recipe By Serving Size : 16

Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 1 1/4 1 1/2	package cups teaspoons	active dry yeast warm water (105° to 115°) salt
3 1/2 1	tablespoon cups tablespoon	shortening all-purpose flour (3 1/2 to 4 cups) cornmeal Cold water
1 2	tablespoons	egg white

Dissolve yeast in warm water in large mixing bowl. Stir in salt, shortening and 1 1/2 cups of the flour. Beat with spoon until smooth. Mix in enough remaining flour (first with spoon, then by hand) to make dough easy to handle.

Turn dough onto lightly floured surface; knead until smooth and elastic, about 5 minutes. Place in greased bowl; turn greased side up. Cover; let rise in warm place until double, $1\ 1/2$ to 2 hours. (Dough is ready if indentation remains when touched.)

Punch down dough; round up and let rise until almost double, about 45 minutes. Punch down; cover and let rest 15 minutes. Sprinkle with cornmeal. Roll dough into rectangle, 15×10 inches. Roll up tightly, beginning at 15-inch side. Pinch edge firmly to seal. Roll gently back and forth to taper ends. Place loaf on lightly greased cookie sheet. If desired, make 1/4-inch slashes across loaf at 2-inch intervals. Brush with cold water. Let rise about 1 1/2 hours. Brush with cold water.

Heat oven to 375°. Bake 20 minutes. Beat egg white and 2 tablespoons cold water slightly; brush over loaf. Bake 25 minutes longer. Remove from cookie sheet; cool on wire rack.

Please note, if you should change this recipe it will no longer be an Page 173

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Yield: "1 Loaf"

Per serving: 111 Calories (kcal); 1g Total Fat; (9% calories from fat); 3g Protein; 21g Carbohydrate; 0mg Cholesterol; 205mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0

Other Carbohydrates

NOTES : Tip Place warm water (heat only to 110° to 115°) and yeast in food processor. Cover and process, using quick on and off motions, until yeast is dissolved. Add flour, sugar and salt. Cover and process about 30 seconds or until dough forms a ball. (If dough is too sticky, add flour, 1 tablespoon at a time.) Do not knead dough. Place in greased bowl, and continue as directed.

Nutr. Assoc.: 0 1582 0 0 14 0 0 0 0

French Silk Frosting

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1/3 1 1/3 1 1/2	ounce	margarine or butter softened powdered sugar melted unsweetened chocolate (cool) vanilla milk

Beat margarine, powdered sugar, chocolate and vanilla on low speed until blended. Gradually beat in milk until fluffy.

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Yield:

'2 2/3 Cups"

Per serving: 133 Calories (kcal); 8g Total Fat; (49% calories from fat); trace Protein; 17g Carbohydrate; trace Cholesterol; 72mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 4098 0 5387 0 0

* Exported from MasterCook *

Fresh Herb Batter Bread Page 174

^{*} Exported from MasterCook *

Recipe By : Serving Size : 16 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
3	cups	all-purpose flour
1	tablespoon	sugar
1	teaspoon	saĬt
1	package	
1 1/4	cups	very warm water (120° to 130°)
1 1/4 2	tablespoons	chopped fresh parsley
2	tablespoons	
1 1/2	teaspoons	
•	•	OR '
1/2	teaspoon	dried rosemary leaves
1/2 1/2	teaspoon	chopped fresh thyme leaves
,		OR
1/4	teaspoon	dried thyme leaves
_, :		Margarine or butter softened

Grease loaf pan, $9\times5\times3$ inches. Mix 2 cups of the flour, the sugar, salt and yeast in large bowl. Add warm water, parsley, shortening, rosemary and thyme. Beat on low speed 1 minute, scraping bowl frequently. Beat on medium speed 1 minute, scraping bowl frequently. Stir in remaining flour until smooth. Smooth and pat batter in pan with floured hands. Cover and let rise in warm place about 40 minutes or until double.

Heat oven to 375°. Bake 40 to 45 minutes or until loaf sounds hollow when tapped; remove from pan. Brush with margarine. Cool on wire rack.

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Yield: "1 Loaf" T(Let rise): "0:40"

Per serving: 104 Calories (kcal); 2g Total Fat; (16% calories from fat); 3g Protein; 19g Carbohydrate; 0mg Cholesterol; 135mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 2019 5472 0 0 26055 0 2130706543 26058 0 2130706543 0

* Exported from MasterCook *

Fresh Herb Bread (1 1/2-Pound Recipe)*

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
1 2	cup tablespoons	plus 2 tablespoons water margarine or butter softened
		Page 175

```
betty crocker best of baking recipes.txt
                                bread flour
3
1
1
2
                       cups
              teaspoons chopped fresh sage leaves
tablespoon chopped fresh basil leaves
tablespoon chopped fresh oregano leaves
                               chopped fresh thyme leaves chopped fresh parsley
                teaspoons
    1/4
                         cup
3
             tablespoons
                                dry milk
2
             tablespoons
                                sugar
1
                 teaspoon
                                salt
1 1/2
                               bread machine yeast
                teaspoons
```

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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"@ General Mills, Inc. 1998." Yield: "1 Loaf"

Per serving: 161 Calories (kcal); 3g Total Fat; (17% calories from fat); 5g Protein; 28g Carbohydrate; 7mg Cholesterol; 207mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;

O Other Carbohydrates

NOTES : *We recommend using bread machines with 9-cup or larger bread pan for the 1 1/2-pound recipe. Nutr. Assoc. : 1582 2394 0 3403 20028 26053 26058 0 0 0 0 2019

Fresh Herb Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
3/4 1 2 1 2 2 2 1 2 2 1 2 2 1 3/4	cup tablespoon cups teaspoons teaspoons teaspoons teaspoons tablespoons tablespoons tablespoon teaspoon	plus 1 tablespoon water margarine or butter softened bread flour chopped fresh sage leaves chopped fresh basil leaves chopped fresh oregano leaves chopped fresh thyme leaves chopped fresh parsley dry milk sugar salt bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

^{*} Exported from MasterCook *

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield:

"1 Loaf"

Per serving: 154 Calories (kcal); 3g Total Fat; (15% calories from fat); 5g Protein; 27g Carbohydrate; 6mg Cholesterol; 224mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 1582 2394 0 3403 20028 26053 26058 0 0 0 0 2019

* Exported from MasterCook *

Fresh Herb-Yogurt Muffins

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 /2	cup	plain yogurt
2 1/3	tablespoons	olive or vegetable oil chopped fresh basil, oregano or rosemary leaves
2 1	teaspoons	OR dried basil, oregano or rosemary leaves egg
2 2 1/2	cups teaspoons teaspoon	all-purpose flour baking powder baking soda
1/2	teaspoon	salt

Heat oven to 400°. Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Beat yogurt, oil, basil and egg in large bowl. Stir in remaining ingredients just until flour is moistened. Divide batter evenly among muffin cups (cups will be about 3/4

Bake 18 to 20 minutes or until golden brown. Immediately remove from pan.

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Yield:

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[&]quot;12 Muffins"

Per serving: 147 Calories (kcal); 7g Total Fat; (44% calories from fat); 3g Protein; 17g Carbohydrate; 18mg Cholesterol; 237mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 986 20028 0 2130706543 0 0 0 0 0

* Exported from MasterCook *

Fresh Mint-Chocolate Chip Cookies

Recipe By

Serving Size : 42 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1 1/3	cups	sugar
3/4	cup	margarine or butter softened
1	tablespoon	finely chopped mint leaves*
1		egg
2	cups	all-purpose flour
1	teaspoon	baking soda
1/2	teaspoon	salt
1	(10 ounce) pa	ckage mint chocolate chips

Heat oven to 350°. Mix sugar, margarine, mint leaves and egg in large bowl. Stir in flour, baking soda and salt. Stir in chocolate chips.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet. Bake 11 to 13 minutes or until golden brown. Cool slightly; remove from cookie sheet.

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Description:

"Fresh mint is a delicious surprise in these unusually delicate cookies-perfect with a cup of tea.

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Yield:
"42 Cookies"

Per serving: 111 Calories (kcal); 5g Total Fat; (42% calories from fat); 1g Protein; 15g Carbohydrate; 4mg Cholesterol; 95mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES: * 1/4 teaspoon mint extract can be substituted for the chopped mint leaves.

Mini Fresh Mint-Chocolate Chip Cookies: Drop dough by level teaspoonfuls onto ungreased cookie sheet. Bake 6 to 8 minutes or until golden brown. About 10 1/2 dozen cookies
Nutr. Assoc.: 0 4098 4152 0 0 0 0 741

* Exported from MasterCook *

Page 178

betty crocker best of baking recipes.txt Fruit Jumbles

Recipe By

Serving Size : 72 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
3/4 1 2	cups cup teaspoon	Holiday Cookie Mix (see recipe) sour cream vanilla eggs
1 1/2 1 1/2 1	cups	candied cherries cut in half chopped dates chopped pecans Pecan halves if desired

Heat oven to 375°. Mix Holiday Cookie Mix, sour cream, vanilla and eggs in large bowl. Stir in cherries, dates and chopped pecans. Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. Place pecan half on each cookie.

Bake about 8 minutes or until almost no indentation remains when touched. Immediately remove from cookie sheet. Cool on wire rack.

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Yield:
"72 Cookies"

T(Bake): "0:08"

Per serving: 68 Calories (kcal); 3g Total Fat; (36% calories from fat); 1g Protein; 10g Carbohydrate; 6mg Cholesterol; 35mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2

Other Carbohydrates

NOTES : Tip

A miniature spring-handled ice-cream scoop (#40) makes shaping

these cookies quick work. Nutr. Assoc.: 0 0 0 0 0 0 0

* Exported from MasterCook *

Holiday Cookie Mix

Recipe By

Serving Size : 0 Preparation Time :0:00

: Cookies & Brownies Holiday

Amount Measure Ingredient Prepar	
8 cups all-purpose flour 4 cups packed brown sugar 1 tablespoon salt 1 1/2 teaspoons baking soda 1 1/2 cups shortening	

betty crocker best of baking recipes.txt Mix flour, sugar, salt and baking soda. Cut in shortening with pastry blender or 2 knives until mixture resembles fine crumbs. Place desired amounts of mix in storage containers (plastic containers or large plastic bags). Seal tightly, label and refrigerate up to 10 weeks. To measure, dip dry-ingredient measuring cup into cookie mix; level with straight-edged spatula.

15 to 16 cups cookie mix

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:
"This multipurpose mix makes quite a large batch, but it can be easily mixed in a large roasting pan, a plastic dishpan, the vegetable bin from your refrigerator or a 6-quart mixing bowl.

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Yield: "16 Cups"

Per serving: 9667 Calories (kcal); 317g Total Fat; (29% calories from fat); 103g Protein; 1619g Carbohydrate; Omg Cholesterol; 8646mg Sodium Food Exchanges: 50 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 61 1/2 Fat; 57 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0

* Exported from MasterCook *

Fruit Swirl Coffee Cake

Recipe By

: 18 Serving Size Preparation Time :0:00

Categories : Breads cakes

Holiday

Amount	Measure	Ingredient Preparation Method
1 1/2 1/2 1/2 1/2	cups cup cup	sugar margarine or butter (1 stick) softened shortening
1 1/2 1 1	teaspoon	baking powder vanilla almond extract
4 3 1	cups	eggs all-purpose flour n cherry, apricot or blueberry pie filling Glaze (recipe follows)
1 1	cup tablespoon	GLAZE powdered sugar milk (1 to 2 tablespoons)

Heat oven to 350°. Generously grease jelly roll pan, 15 $1/2 \times 10 \ 1/2 \times 1$ inch. Beat sugar, margarine, shortening, baking powder, vanilla, almond extract and eggs in large bowl on low speed, scraping bowl constantly. Beat on high speed 3 minutes, scraping bowl occasionally. Stir in flour. Spread 2/3 of the batter in pan. Spread pie filling over batter. Drop remaining batter by tablespoonfuls onto pie filling.

Bake about 45 minutes. Drizzle Glaze over warm coffee cake. Serve warm or Page 180

betty crocker best of baking recipes.txt let stand until cool.

GLAZE:

Mix ingredients until smooth and of drizzling consistency.

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Yield:

"1 Cake"

T(Bake): "0:45"

Per serving: 316 Calories (kcal); 12g Total Fat; (33% calories from fat); 4g Protein; 49g Carbohydrate; 42mg Cholesterol; 116mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 2 Other Carbohydrates

NOTES: For a smaller coffee cake, substitute 1 jar (10 ounces) any flavor fruit preserves for the pie filling and cut the remaining ingredients in half. Grease a 9 × 9 × 2-inch pan instead of the jelly roll pan, and prepare as directed.

Nutr. Assoc.: 0 4098 0 0 0 0 0 2555 2130706543 0 0 0 4038

* Exported from MasterCook *

Fruit-Filled Brownies

Recipe By

Serving Size : 36 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
2/3 4 2 4 1 1/2 1	(1 ounce) squ cups	shortening ares unsweetened chocolate sugar eggs all-purpose flour baking powder salt Apricot or peach preserves or orange marmalade Quick Chocolate Frosting (recipe follows)
		OUTCK CHOCOLATE EROSTING

QUICK CHOCOLATE FROSTING
1 (4 ounce) bar sweet cooking chocolate

Heat oven to 350° . Line jelly roll pan, 15~1/2~x~10~1/2~x~1 inch, with aluminum foil; grease. Heat shortening and chocolate in 3-quart saucepan over low heat, stirring constantly, until melted. Remove from heat; beat in sugar and eggs until smooth. Stir in flour, baking powder and salt. Spread in pan.

Bake until slight indentation remains when touched, about 20 minutes; cool.

Remove brownies from pan; remove aluminum foil. Cut 1/4-inch strip from each long side of brownies; cut 3/4-inch strip from each end. Discard

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betty crocker best of baking recipes.txt strips. Cut remaining piece crosswise into halves. Spread 1 half with preserves; top with remaining half. Spread top with Quick Chocolate Frosting. Cut into bars, about 2×1 inch.

QUICK CHOCOLATE FROSTING:

Heat chocolate over low heat, stirring constantly, until melted.

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Yield:

"36 Brownies"

Per serving: 135 Calories (kcal); 7g Total Fat; (45% calories from fat); 2g Protein; 18g Carbohydrate; 21mg Cholesterol; 80mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;

1 Other Carbohydrates

NOTES: Use your favorite flavor of preserves or spreadable fruit to personalize these brownies.

TIP

Cut thoroughly cooled brownies with a plastic knife or table knife for smooth-sided bars.

Nutr. Assoc. : 0 0 0 0 0 0 0 0 2130706543 0 0 5195

* Exported from MasterCook *

Fruit-Stuffed Pork Roast

Recipe By

Serving Size : 12 Preparation Time :0:00

Pork Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
1/2	teaspoon	ground cinnamon
1/4 15	teaspoon	ground cloves dried apricot halves (about 3 ounces)
9 4	pounds	
3/4 1/4	teaspoon teaspoon	salt pepper
$\frac{1}{1} \frac{1}{4}$	cups	apple cider or juice
1 1	tablespoon tablespoon	cornstarch cold water

Sprinkle cinnamon and cloves over apricots and prunes; toss to coat. Stuff fruit lengthwise between the 2 pieces of pork roast in ribbon about 2 inches wide (work from both ends of roast). Sprinkle with salt and pepper.

Heat oven to 325°. Place pork, fat side up, on rack in shallow roasting pan. Insert meat thermometer so tip is in center of thickest part of pork and does not rest in fat or fruit mixture. Roast uncovered until thermometer registers 170°, about 3 hours. After 1 1/2 hours, brush occasionally with 1/4 cup of the apple cider.

Remove pork and rack from pan; keep pork warm. Pour remaining cider into roasting pan; stir to loosen brown particles. Mix cornstarch and water;

betty crocker best of baking recipes.txt stir into cider mixture. Heat to boiling, stirring constantly. Boil and stir 1 minute. Serve with pork.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

T(Bake): "3:00"

Per serving: 293 Calories (kcal); 15g Total Fat; (46% calories from fat); 28g Protein; 10g Carbohydrate; 79mg Cholesterol; 194mg Sodium Food Exchanges: 0 Grain(Starch); 4 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 3089 4634 4591 0 0 2058 0 0

* Exported from MasterCook *

Fruit-Stuffed Trout

Recipe By

Serving Size : 4 Preparation Time :0:00

Categories : Fish and Shellfish Holiday

Amount	Measure	Ingredient Preparation Method
4	(6 ounce)	pan-dressed rainbow trout (6 to 8 ounces each) OR
4	(12 ounce)	drawn trout Fruit Stuffing (recipe follows)
2 1	tablespoons tablespoon	margarine or butter melted
1 1/3 2 2	cup cup tablespoons tablespoons	margarine or butter melted
2 1/4 1/8	tablespoons teaspoon teaspoon	chicken broth salt

Heat oven to 425°. Grease jelly roll pan, 15 $1/2 \times 10$ $1/2 \times 1$ inch. Stuff fish with Fruit Stuffing. Close openings with skewers or toothpicks if necessary. Place fish in pan. Mix margarine and lemon juice; drizzle over fish.

Bake uncovered 15 to 18 minutes or until fish flakes easily with fork.

FRUIT STUFFING:

Mix all ingredients until liquid is absorbed.

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Per serving: 412 Calories (kcal); 23g Total Fat; (51% calories from fat); 37g Protein; 12g Carbohydrate; 99mg Cholesterol; 410mg Sodium

Food Exchanges: 1/2 Grain(Starch); 5 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 1/2

Fat; 0 Other Carbohydrates

Nutr. Assoc. : 1527 0 2130706543 2130706543 4098 0 0 0 4521 515 4098 0 0

2130706543 0 0 0

Fruited Christmas Wreath

Recipe By

Serving Size : 32 Preparation Time :0:00

Categories : Cakes Holiday

Amount	Measure	Ingredient Preparation Method
2	packages	active dry yeast
1/2	Cup	warm water (105° to 115°)
1 1/4	cups	buttermilk
1/2	cup	
1/2	cup	margarine or butter softened
2		eggs
2 2 2	teaspoons	baking powder
	teaspoons	salt
5 1/2 1	cups	
	cup	cut-up mixed candied fruit
1/2	cup	chopped pecans
1	tablespoon	grated lemon peel
1/2	cup	
1	tablespoon	milk

Dissolve yeast in warm water in large mixer bowl. Add buttermilk, granulated sugar, margarine, eggs, baking powder, salt and 2 1/2 cups of the flour. Beat on low speed, scraping bowl constantly, 30 seconds. Beat on medium speed, scraping bowl occasionally, 2 minutes. Stir in remaining flour, the candied fruit, pecans and lemon peel. (Dough will be soft and slightly sticky.)

Turn dough onto well-floured surface; knead until smooth and elastic, about 5 minutes. Roll into strip, 24×6 inches. Cut into 3 strips, 24×2 inches. Place close together on greased cookie sheet. Braid strips; shape into circle and pinch ends to seal. Cover; let rise in warm place until double, about 1 hour. (Dough is ready if indentation remains when touched.)

Heat oven to 375°. Bake until golden brown, about 30 minutes. Mix powdered sugar and milk; drizzle over wreath while warm. Decorate with green and red candied cherries, if desired.

1 large coffee cake (32 slices)

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Yield:
"1 Large Coffee cake"

Per serving: 154 Calories (kcal); 5g Total Fat; (27% calories from fat); 3g Protein; 25g Carbohydrate; 12mg Cholesterol; 215mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES: For two small wreaths, divide dough after kneading into halves. Roll each half into rectangle, 18×3 inches. Cut into 3 strips, each 18×1 inch. Continue as directed-except bake 20 to 30 minutes. Omit powdered sugar and milk and brush with softened margarine or butter if desired.

Nutr. Assoc. : 0 5472 0 0 4098 0 0 0 0 2431 0 20084 0 0

Fudge Melt-Away Squares

Recipe By

Serving Size : 36 Preparation Time :0:00

Categories : Cookies & Brownies Holiday

Amount	Measure	Ingredient Preparation Method
1/2	cup	margarine or butter
1 1/2	squares	unsweetened chocolate
1 3/4	cups	graham cracker crumbs
1	cup	flaked coconut
1/2	cup	chopped nuts
1/4	cup	granulated sugar
2	tablespoons	water
$\bar{1}$	teaspoon	vanilla
2	cups	
1/4	cup	margarine or butter softened
2	tablespoons	milŘ
1	teaspoon	
1 1/2	squares	unsweetened chocolate

Line square pan, $9\times 9\times 2$ inches, with aluminum foil. Heat 1/2 cup margarine and 1 1/2 squares chocolate in 3-quart saucepan over low heat, stirring occasionally, until melted; remove from heat. Stir in graham cracker crumbs, coconut, nuts, granulated sugar, water and 1 teaspoon vanilla. Press in pan. Refrigerate.

Mix remaining ingredients except 1 1/2 squares unsweetened chocolate. Spread over refrigerated crumb mixture. Refrigerate 15 minutes.

Heat chocolate until melted. Drizzle over frosted bars. Refrigerate 2 hours or until almost hard. Remove squares, along with foil, from pan. Fold foil back to cut squares. Cover and refrigerate any remaining squares.

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Yield:

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Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

[&]quot;36 Squares"

Per serving: 118 Calories (kcal); 7g Total Fat; (53% calories from fat); 1g Protein; 13g Carbohydrate; 7mg Cholesterol; 72mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 2394 0 0 2737 0 0 0 0 4098 0 0 0

* Exported from MasterCook *

Fudge Tart

Recipe By :

Serving Size : 10 Preparation Time :0:00

Categories : Desserts

Amount	Measure	Ingredient Preparation Method
5	ounces	
$\frac{1/2}{1 \ 1/2}$	cup cups	sugar
3/4 4	cup	all-purpose flour eggs beaten
2	ouncos	Chocolate Glaze (recipe follows) white chocolate (white baking bar) chopped
1	tablespoon	whipping (heavy) cream
		Creamy Almond Sauce (recipe follows)
1	ounce	CHOCOLATE GLAZE unsweetened chocolate
1 1 1 5	teaspoon	margarine or butter
5	cup teaspoons	powdered sugar boiling water
	·	CREAMY ALMOND SAUCE
1/4	. cup	sugar
1 1 1/2	tablespoon cups	cornstarch milk
2	·	eggs beaten
1/4	teaspoon	almond extract

Heat oven to 350° Grease 11-inch tart pan with removable bottom. Heat chocolate and margarine in 1-quart saucepan over low heat until melted; cool slightly. Mix sugar, flour and eggs in large bowl until well blended. Stir in chocolate mixture; pour into tart pan.

Bake 30 to 35 minutes or until edges are set. Cool completely on wire rack.

Prepare Chocolate Glaze. Reserve 2 tablespoons for plate design, if desired. Spread remaining warm glaze over tart, melt white chocolate and whipping cream; drizzle over warm glaze. Pull knife through glaze for marble effect. Let stand until glaze is set. remove rim of pan before serving. Serve with Creamy Almond Sauce.

CHOCOLATE GLAZE:

Heat chocolate and margarine over low heat until melted. Blend in powdered sugar and water until smooth. Stir in additional boiling water, 1/2 teaspoon at a time, until of drizzling consistency.

CREAMY ALMOND SAUCE:

Mix sugar and cornstarch in 2-quart saucepan. Gradually stir in milk. Cook Page 186

betty crocker best of baking recipes.txt over medium heat, stirring constantly, until mixture thickens. Gradually stir at least half of the hot mixture into eggs; then stir back into hot mixture in saucepan. Boil and stir 1 minute; remove from heat. Stir in almond extract. Serve warm or chilled. Cover and refrigerate any remaining sauce.

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Yield:

'1 11-inch Tart"

Per serving: 489 Calories (kcal); 25g Total Fat; (44% calories from fat); 8g Protein; 65g Carbohydrate; 144mg Cholesterol; 154mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 3 1/2 Other Carbohydrates

NOTES: Tip

You can drizzle the melted white chocolate randomly over the

Chocolate Glaze, or follow a specific design.

Nutr. Assoc.: 0 2394 0 0 0 2130706543 5519 721 2130706543 0 0 0 4098 0 0

0 0 0 0 0 0

* Exported from MasterCook *

Fudge-Pecan Torte*

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Cakes Holiday

Amount	Measure	Ingredient Preparation Method
1 1/2	cups	pecan shortbread cookie crumbs (about twelve 2-inch cookies)
1 1/2	cups	sugar
1	cup	margarine or butter (2 sticks)
1	cup	water
1 8	pound	semisweet chocolate cut into pieces
		eggs
1/2 1		all-purpose flour
T	cup	chopped pecans Soft Cream (recipe follows)
1	cun	SOFT CREAM
2	Cup tahlasnoons	whipping cream packed brown sugar
1	tablespoon	praline liqueur, if desired
-	cas i espoon	OR
1	tablespoon	bourbon, if desired

Heat oven to 350°. Press cookie crumbs on bottom of ungreased springform pan 9×3 inches.* Bake 10 to 12 minutes or until light golden brown.

Heat sugar, margarine, water and chocolate in 3-quart saucepan over low heat, stirring constantly, until melted and smooth. Beat eggs slightly in large bowl. Gradually stir chocolate mixture into eggs. Stir in flour and pecans. Pour over crust in pan.

Bake 1 hour to 1 1/4 hours or until toothpick inserted in center comes out Page 187

betty crocker best of baking recipes.txt clean. Cool 30 minutes. Loosen torte from side of pan with knife if necessary; remove side of pan. Cover with plastic wrap and refrigerate about 4 hours or until chilled. Serve with Soft Cream. Refrigerate any remaining torte.

SOFT CREAM:

Beat all ingredients in chilled medium bowl until soft peaks form.

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Yield:

"1 Torte"

Per serving: 347 Calories (kcal); 24g Total Fat; (59% calories from fat); 4g Protein; 33g Carbohydrate; 76mg Cholesterol; 150mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 1 1/2 Other Carbohydrates

NOTES: *If springform pan does not seal tightly, wrap aluminum foil

around outside bottom of pan.
Nutr. Assoc.: 582 0 4098 0 0 0 0 2130706543 0 0 0 0 2130706543 0

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* Exported from MasterCook *

Garlic Twists

Recipe By

Serving Size : 18 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
2	•	bread flour
3/4	cup	water
1 1	tablespoon teaspoon	sugar salt
$\frac{1}{1} 1/2$	teaspoons	bread machine yeast
1/3	cup	margarine or butter melted
2	tablespoons	grated Parmesan cheese
2	cloves	garlic finely chopped

Measure carefully, placing all ingredients except margarine, cheese and garlic in bread machine pan in the order recommended by the manufacturer. Select Dough/Manual cycle.

Grease 2 cookie sheets. Divide dough into 18 equal pieces. Roll each piece into 14- to 16-inch rope on lightly floured surface. Bring ends together; twist 3 or 4 times. Place on cookie sheets.

Mix margarine, garlic and cheese. Brush twists generously with cheese mixture. Cover and let rise in warm place 20 to 30 minutes or until double.

Heat oven to 400°. Bake 12 to 15 minutes or until golden brown.

betty crocker best of baking recipes.txt Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "18 Twists"

Per serving: 92 Calories (kcal); 4g Total Fat; (37% calories from fat); 2g Protein; 12g Carbohydrate; trace Cholesterol; 169mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2019 4098 0 0

* Exported from MasterCook *

Garlic-Basil Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

: Bread Machine Categories **Breads**

Amount	Measure	Ingredient Preparation Method
1	cup	plus 1 tablespoon water
1	tablespoon	margarine or butter softened
2	cloves	garlic finely chopped
3	cups	bread flour
2	tablespoons	dry milk
2	tablespoons	sugar
1 1/2	teaspoons	saĪt
1 1/2	teaspoons	dried basil leaves
2 1/4	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield:

"1 Loaf"

Per serving: 150 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 28g Carbohydrate; 4mg Cholesterol; 283mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 1582 2394 0 0 0 0 0 3091 2019

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* Exported from MasterCook *

Garlic-Basil Bread (1-Pound Recipe)

Recipe By

Serving Śize : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
3/4 2 1 2 1 1 1 1 1 1 1/2	cup teaspoons clove cups tablespoon tablespoon teaspoon teaspoon teaspoons	garlic finely chopped bread flour

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 146 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 27g Carbohydrate; 4mg Cholesterol; 282mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 2394 0 0 0 0 0 3091 2019

* Exported from MasterCook *

Garlic-Parmesan Potatoes

Recipe By

Serving Size : 8 Preparation Time :0:00

: Main and Side Dishes Categories **Potatoes**

Amount Measure Ingredient Preparation Method	
1 (1 1/4) pound package refrigerated mashed potatoes (2 2/3 cup 1 cup sour cream 1/3 cup grated Parmesan cheese 2 large cloves garlic finely chopped Page 190	ıps)

betty crocker best of baking recipes.txt
frozen potato wedges with skins (from 24 ounce package)
tablespoons grated Parmesan cheese
Chopped fresh chives -- if desired

Heat oven to 400° . Spray quiche dish, 9×1 1/2 inches, with nonstick cooking spray.

Mix mashed potatoes, sour cream, 1/3 cup cheese and the garlic in quiche dish; spread evenly. Arrange potato wedges in spoke fashion with 2 wedges in center on mashed potato mixture. Sprinkle with 2 tablespoons cheese.

Bake 25 to 30 minutes or until hot. Sprinkle with chives. Cut into wedges.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"This is fancy enough for entertaining, yet so easy! You'll want to serve it to company, and it's also a great time-saving idea for holiday meals."

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Per serving: 150 Calories (kcal); 9g Total Fat; (52% calories from fat); 5g Protein; 13g Carbohydrate; 18mg Cholesterol; 273mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 4113 0 0 0 905941 0 0

* Exported from MasterCook *

Gingerbread

Recipe By :

Serving Size : 9 Preparation Time :0:00

Categories : Desserts

Amount	Measure	Ingredient Preparation Method
2 1/3 1/2 1/3	cups cup cup	all-purpose flour* shortening sugar
1 3/4 1	cup cup teaspoon	molasses hot water baking soda
1 1 3/4	teaspoon teaspoon teaspoon	ground cinnamon salt
1 4	large cups	egg Divine Caramel Sauce (see recipe) OR
1 1/4	cups	Lemon Sauce (see recipe), if desired

Heat oven to 325° . Grease bottom and sides of square pan, $9 \times 9 \times 2$ inches, with shortening; lightly flour.

Beat all ingredients except Divine Caramel Sauce with electric mixer on low speed 30 seconds, scraping bowl constantly. Beat on medium speed 3 minutes, scraping bowl occasionally. Pour into pan.

betty crocker best of baking recipes.txt Bake 50 to 55 minutes or until toothpick inserted in center comes out clean. Serve warm with Divine Caramel Sauce.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 2803 Calories (kcal); 154g Total Fat; (47% calories from fat); 9g Protein; 367g Carbohydrate; 311mg Cholesterol; 1338mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 30 1/2

Fat; 22 Other Carbohydrates

NOTES: For a smooth and creamy treat, add a spoonful of whipped cream cheese before topping with sauce, or serve with whipped cream and a sprinkle of cinnamon.

*Do not use self-rising flour in this recipe. Nutr. Assoc. : 14 0 0 0 0 0 0 0 0 0 0 2130706543

* Exported from MasterCook *

Divine Caramel Sauce

Recipe By

Serving Size : 9 Preparation Time :0:00

Categories : Desserts

Amount	Measure	Ingredient Preparation Method
2 3/4	cups cup	sugar stick margarine or butter*
2	cups	whipping (heavy) cream
1		light corn syrup
	Pinch	
1	teaspoon	vanilla

Heat all ingredients except vanilla to boiling in heavy Dutch oven over medium heat, stirring constantly; reduce heat slightly. Boil about 30 minutes, stirring frequently, until sugar is dissolved and mixture is caramel colored.

Stir in vanilla. Serve hot or warm. Store in refrigerator up to 2 months.

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Copyright:

Other Carbohydrates

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Per serving: 594 Calories (kcal); 35g Total Fat; (50% calories from fat); 1g Protein; 74g Carbohydrate; 73mg Cholesterol; 242mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 7 Fat; 5

NOTES: *We do not recommend using vegetable oil spreads. Nutr. Assoc. : 0 4098 721 0 0 0

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* Exported from MasterCook *

Lemon Sauce

Recipe By

Serving Size : 9 Preparation Time :0:00

Categories : Desserts

Amount	Measure	Ingredient Preparation Method
1/2	cup tablespoons	sugar
2	tablespoons	cornstarch
3/4	cup	water
1	tablespoon	grated lemon peel
1/4	cup	lemon juice
2	tablespoons	stick margarine or butter*

Mix sugar and cornstarch in 1-quart saucepan. Gradually stir in water. Cook over medium heat, stirring constantly, until mixture thickens and boils. Boil and stir 1 minute; remove from heat.

Stir in remaining ingredients. Serve warm or cool. Cover and refrigerate any remaining sauce.

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Yield: "1 1/4 Cups"

Per serving: 74 Calories (kcal); 3g Total Fat; (29% calories from fat); trace Protein; 13g Carbohydrate; Omg Cholesterol; 31mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES: *Spreads with at least 65% vegetable oil can be substituted.

To microwave, mix sugar and cornstarch in 4-cup microwavable measure. Gradually stir in water. Microwave uncovered on high 3 to 4 minutes, stirring every minute, until thickened and clear. Stir in remaining ingredients. Nutr. Assoc.: 0 0 0 20084 0 4098

* Exported from MasterCook *

Gingerbread Cookie Tree

Recipe By

Serving Size : 60 Preparation Time :0:00

Categories : Cookies & Brownies Holiday

Amount	Measure	Ingredient Preparation Method
2 4 1 4	cups teaspoon	Gingerbread Cookies (see recipe) powdered sugar vanilla half-and-half (4 to 5 tablespoons) Assorted candies, if desired Page 193

Prepare and refrigerate recipes individually as directed. Heat oven to 350°. Lightly grease cookie sheet.

Roll half of 1 recipe of dough at a time 1/4 inch thick on floured surface. Cut 3 cookies of each size with floured cutter or patterns. Place about 2 inches apart on cookie sheet.

Bake large cookies 12 to 14 minutes and small cookies 8 to 10 minutes or until no indentation remains when touched. Cool slightly; remove from cookie sheet. Cool completely.

Beat powdered sugar, vanilla and half-and-half until smooth and of spreading consistency. Assemble tree on serving plate or foil-covered cardboard: Starting with largest cookies, stack cookies as frosted, or stack unfrosted cookies together with small dab of frosting in center of each. Let layers dry or hold cookies in place with bamboo skewers if necessary. Use remaining frosting to pipe "snow" on the tree with decorating bag. Decorate with assorted candies.

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Yield: "1 Cookie Tree"

Per serving: 297 Calories (kcal); 3g Total Fat; (9% calories from fat); 3g Protein; 65g Carbohydrate; 1mg Cholesterol; 167mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 3 Other Carbohydrates

NOTES: This "tree" is an edible centerpiece that can be made from stars, hearts, fluted circles or rings. Ten cutters, ranging from 2 to 8 3/4 inches (increasing by 3/4 inch from one size to the next) are required. Nested cookie-cutter sets are available in specialty shops, but homemade patterns work just as well. Nutr. Assoc.: 2130706543 0 0 704 2130706543

Gingerbread Cookies

Recipe By

Serving Size : 30 Preparation Time :0:00

: Chapter 6 Rolling in Dough Categories

Amount	Measure	Ingredient Preparation Method
1 1/3 1 1/2 2/3 7 2 2 1 1 1	cup cup cups cups cup cups	packed brown sugar shortening dark molasses cold water all-purpose flour baking soda ground ginger salt ground allspice
		Page 194

^{*} Exported from MasterCook *

CREAMY WHITE FROSTING powdered sugar cups 1 vanilla teaspoon 5 half-and-half tablespoons Food color, if desired

Beat brown sugar, shortening, molasses and water in very large bowl with electric mixer on medium speed, or mix with spoon. Stir in remaining ingredients except Creamy White Frosting. Cover and refrigerate about 2 hours or until firm.

Heat oven to 350°. Lightly grease cookie sheet. Roll one-fourth of dough at a time 1/4 inch thick on lightly floured surface. Cut with floured gingerbread cookie cutter or other favorite shaped cutter. Place about 2 inches apart on cookie sheet. Bake 10 to 12 minutes or until almost no indentation remains when touched in center. Remove from cookie sheet to wire rack. Cool completely. Frost with Creamy White Frosting.

CREAMY WHITE FROSTING:

Mix all ingredients until smooth and spreadable.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

Description:

'A large gingerbread cookie all decked out in holiday finery made of frosting and candy sprinkles makes a great tie-on for a gift or a wonderful stocking stuffer.

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Yield:
"1 recipe"
T(Chill):
"2:00"

Per serving: 264 Calories (kcal); 3g Total Fat; (9% calories from fat); 3g Protein; 57g Carbohydrate; 1mg Cholesterol; 166mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 2 1/2 Other Carbohydrates

Did you know that a few unfrosted crumbled gingerbread or other ginger cookies make an excellent thickener for pot roast gravy?

Nutr. Assoc.: 0 0 0 0 0 0 0 3615 0 2130706543 0 0 0 0 704 2130706543

Gingered Pear Bread

Recipe By

Serving Size : 48 Preparation Time :0:00

Holiday Categories Breads

Amount Measure Ingredient -- Preparation Method Page 195

^{*} Exported from MasterCook *

cups	<pre>chopped unpeeled pears (about 3 medium)</pre>
cups	sugar
cup	vegetable oil
tablespoon	finely chopped gingerroot
•	eggs
cups	all-purpose flour
teaspoons	baking powder
teaspoon	salt
	cups cup tablespoon cups

Heat oven to 350°. Grease bottoms only of 2 loaf pans, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 inches or 9 \times 5 \times 3 inches. Mix pears, sugar, oil, gingerroot and eggs in large bowl. Stir in remaining ingredients. Pour into pans.

Bake 8-inch loaves about 65 minutes, 9-inch loaves about 50 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen sides of loaves from pans; remove from pans. Cool completely on wire rack before slicing. Store tightly wrapped in refrigerator up to 1

2 loaves (24 slices each)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Copyright:
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Per serving: 79 Calories (kcal); 3g Total Fat; (29% calories from fat); 1g Protein; 13g Carbohydrate; 12mg Cholesterol; 84mg Sodium Food Exchanges: 1/2 Grain(Starch); O Lean Meat; O Vegetable; O Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 4410 0 0 26086 0 0 0 0

* Exported from MasterCook *

Glaze for Holiday Honey Cookies

Recipe By

: 42 Serving Size Preparation Time :0:00

Categories : Baking with Kids Cookies & Brownies

Holiday

Ingredient -- Preparation Method Amount Measure powdered sugar 2 cups 1/4 teaspoon almond extract 2 tablespoons water teaspoons water (2 to 4 teaspoons)

Mix in medium bowl with wooden spoon until smooth:

2 cups powdered sugar

1/4 teaspoon almond extract

2 tablespoons water

Stir in, 1 teaspoon at a time, until spreadable: 2 to 4 teaspoons water

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Per serving: 22 Calories (kcal); trace Total Fat; (0% calories from fat); 0g Protein; 6g Carbohydrate; 0mg Cholesterol; trace Sodium_ Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates

NOTES: Utensils You Will Need

Medium bowl • Dry-ingredient measuring cup • Measuring spoons •

Wooden spoon Nutr. Assoc. : 0 0 0 1582

* Exported from MasterCook *

Glazed Acorn Squash

Recipe By

: 4 Serving Size Preparation Time :0:00

Categories : Main and Side Dishes Vegetables

	Amount	Measure	Ingredient Preparation Method
-	2		acorn squash (1 to 1 1/2 pounds each)
	4	tablespoons	maple-flavored syrup
	4	tablespoons	maple-flavored syrup whipping (heavy) cream OR
	4	tablespoons	margarine or butter

Heat oven to 350°.

Cut each squash lengthwise in half; remove seeds and fibers. Place squash, cut sides up, in ungreased pan. Spoon 1 tablespoon syrup and 1 tablespoon whipping cream into each half. Bake uncovered about 1 hour or until tender.

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T(Bake): "1:00"

Per serving: 189 Calories (kcal); 6g Total Fat; (25% calories from fat); 2g Protein; 36g Carbohydrate; 20mg Cholesterol; 14mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES: Lighter Glazed Acorn Squash: For less fat and fewer calories, omit whipping cream.

> Apple-Stuffed Acorn Squash: Bake squash 30 minutes. Mix 1 large tart red apple, diced, 2 tablespoons chopped nuts, 2 tablespoons Page 197

betty crocker best of baking recipes.txt packed brown sugar and 1 tablespoon margarine or butter, melted. Spoon apple mixture into squash halves. Bake about 30 minutes longer or until tender.

Nutr. Assoc.: 2017 866 721 0 2130706543

* Exported from MasterCook *

Glazed Baked Ham

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Main and Side Dishes Pork

Amount	Measure	Ingredient Preparation Method
1/4 1/4 1/4 1/4 5	teaspoon (6 ounce) can	packed brown sugar ground cloves ground cinnamon frozen orange juice concentrate thawed fully cooked smoked ham (5 to 7 pounds) Whole cloves, if desired Raisin Sauce (recipe follows)
2 3 1 2	tablespoons	raisins

Heat oven to 325°, Mix brown sugar, cloves, cinnamon and orange juice concentrate. Place ham, fat side up, on rack in shallow roasting pan. Insert meat thermometer so tip is in thickest part of ham and does not touch bone or rest in fat. Spoon or spread half of the juice mixture onto ham. Roast uncovered until meat thermometer registers 135°, 1 1/2 to 2 hours.

About 30 minutes before ham is done, remove from oven; pour droppings from pan. Cut fat surface of ham in uniform diamond pattern 1/4 inch deep. Insert whole clove in each diamond, if desired. Spoon or spread remaining juice mixture on ham; continue baking 30 minutes. Remove from oven. Cover and let stand 10 minutes. Serve with Raisin Sauce.

RAISIN SAUCE:

Gradually stir apple cider into cornstarch in 1-quart saucepan. Add raisins and margarine. Heat over medium heat, stirring constantly, until mixture thickens and boils. Boil and stir 1 minute. Serve warm.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 557 Calories (kcal); 26g Total Fat; (42% calories from fat); 41g Protein; 38g Carbohydrate; 129mg Cholesterol; 3022mg Sodium Food Exchanges: 0 Grain(Starch); 6 Lean Meat; 0 Vegetable; 1 1/2 Fruit; 2 Fat; 1/2 Other Carbohydrates

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* Exported from MasterCook *

Glazed Cinnamon Rolls

Recipe By

Preparation Time :0:00

Recipe By : Serving Size : 9 Preparation Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
2 1/2 1/4 3/4 2 1 1	cups cup cup tablespoons teaspoon teaspoon	bread flour sugar plus 2 tablespoons water margarine or butter softened salt bread machine yeast Cinnamon Filling (recipe follows) margarine or butter softened Vanilla Glaze (recipe follows)
2 1/3	cup teaspoons	CINNAMON FILLING sugar ground cinnamon
1 1/2	cup teaspoon tablespoon	VANILLA GLAZE powdered sugar vanilla milk (1 to 2 tablespoons)

Measure carefully, placing all ingredients except Cinnamon Filling, 2 tablespoons margarine and Vanilla Glaze in bread machine pan in the order recommended by the manufacturer. Select Dough/Manual cycle.

Grease square pan, $9\times 9\times 2$ inches. Prepare Cinnamon Filling. Flatten dough with hands or rolling pin into 9-inch square on lightly floured surface. Spread with 2 tablespoons margarine; sprinkle with Cinnamon Filling. Roll dough up tightly; pinch edge of dough into roll to seal. Cut roll into 1-inch slices. Place in pan. Cover and let rise in warm place 1 to 1 1/4 hours or until double.

Heat oven to 375°. Bake 25 to 30 minutes or until golden brown. Remove from pan to wire rack. Drizzle Vanilla Glaze over warm rolls. Serve warm.

CINNAMON FILLING:

Mix ingredients.

VANILLA GLAZE:

Mix all ingredients until smooth and thin enough to drizzle.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\$}$ Recipe.

Description:
"These cinnamon rolls are easy to whip together, perfect for any breakfast or brunch.

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Yield: "9 Rolls"

betty crocker best of baking recipes.txt
Per serving: 289 Calories (kcal); 6g Total Fat; (17% calories from fat); 5g
Protein; 55g Carbohydrate; trace Cholesterol; 299mg Sodium
Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 2
Other Carbohydrates

Glazed Cinnamon-Raisin Batter Bread

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
3 1/2 2 1 1/2 1 1/2 2 3/4	cups tablespoons teaspoon teaspoon package cups tablespoons cup	all-purpose flour (3 1/2 to 3 1/4 cups) sugar ground cinnamon salt regular or quick-acting active dry yeast very warm water (120° to 130°) margarine or butter softened raisins Glaze (recipe follows)
1/2 1/4 2	cup teaspoon teaspoons	

Generously grease loaf pan, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 inches or $9 \times 5 \times 3$ inches. Mix 2 cups of the flour, the sugar, cinnamon, salt and yeast in large bowl. Add warm water and margarine. Beat on low speed until moistened. Beat on medium speed 3 minutes, scraping bowl occasionally. Stir in raisins and enough remaining flour to make a stiff batter. Smooth and pat batter in pan with floured hands. Cover and let rise in warm place about 30 minutes or until batter is about 1/2 inch above top of 8-inch pan or about 1/2 inch below top of 9-inch pan.

Place oven rack in lowest position. Heat oven to 375°. Bake 45 to 50 minutes or until loaf is golden brown and sounds hollow when tapped; remove from pan. Cool completely on wire rack before slicing. Drizzle with Glaze.

GLAZE:

Mix all ingredients until smooth and of drizzling consistency.

1 loaf (16 slices)

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

Description:

"Cinnamon-raisin bread is an all-time favorite. You'll love this recipe because it's easier and faster to make than ever!"

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Yield:

"1 Loaf"

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^{*} Exported from MasterCook *

Per serving: 155 Calories (kcal); 2g Total Fat; (10% calories from fat); 3g Protein; 32g Carbohydrate; trace Cholesterol; 86mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 14 0 0 0 2019 5472 4098 0 2130706543 0 0 0 0 4038

* Exported from MasterCook *

Granola-Yogurt Bread

Recipe By

Serving Size : 32 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
2	packages	active dry yeast
1/2	cup	warm water (105° to 115°)
2	teaspoons	sugar
1	cup	warm water
1	(8 ounce) car	ton plain yogurt
1	tablespoon	salt
5	cups	all-purpose flour (5 to 5 1/2 cups)
2	cups	
	•	Margarine or butter softened

Dissolve yeast in 1/2 cup warm water. Stir in sugar. Let stand until bubbly and double in volume, about 10 minutes. Mix 1 cup warm water, the yogurt and salt in large mixer bowl. Stir in yeast mixture. Beat in 3 cups of the flour on medium speed, scraping bowl occasionally, 2 minutes. Mix in granola and enough remaining flour to make dough easy to handle.

Turn dough onto lightly floured surface; knead until smooth and elastic, about 10 minutes. Place in greased bowl; turn greased side up. Cover; let rise in place until double, about 1 hour. (Dough is ready if indentation remains when touched.)

Punch down dough; divide into halves. Shape each half into oval; place on lightly greased cookie sheet. Brush with margarine. Let rise until double, about 40 minutes.

Heat oven to 375°. Bake until loaves are golden brown and sound hollow when tapped, 30 to 35 minutes. Remove from cookie sheet. Brush with margarine; cool on wire rack.

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Yield: "2 Loaves"

Per serving: 115 Calories (kcal); 3g Total Fat; (19% calories from fat); 3g Protein; 20g Carbohydrate; 1mg Cholesterol; 205mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 0 5472 0 0 0 0 14 3547 0

* Exported from MasterCook *

Ham and Egg Bake

Recipe By

Serving Size : 8 Preparation Time :0:00

Pork Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
6 2 2 1 1 6 1/3 1	cups cups (7 ounce) jar	,

Heat oven to 350°. Grease rectangular baking dish, $13 \times 9 \times 2$ inches, with shortening. Sprinkle 3 cups of the potatoes evenly in baking dish. Layer with ham, Swiss cheese, bell peppers and mushrooms. Sprinkle remaining potatoes over mushrooms.

Beat eggs, milk, cottage cheese, and pepper with fork or wire whisk until blended. Pour egg mixture over potatoes.

Bake uncovered 45 to 50 minutes or until light golden brown and set in center.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe.

Description:

"This is a perfect dish to make ahead. Just cover and refrigerate no longer than 24 hours; increase bake time to 55 to 60 minutes." Copyright:

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Per serving: 390 Calories (kcal); 17g Total Fat; (39% calories from fat); 25g Protein; 34g Carbohydrate; 191mg Cholesterol; 774mg Sodium Food Exchanges: 2 Grain(Starch); 3 Lean Meat; 1/2 Vegetable; 0 Fruit; 1 1/2 Fat; O Other Carbohydrates

NOTES : Tip

For less fat and fewer calories per serving, use extra-lean ham and reduced-fat Swiss cheese. Substitute 1 1/2 cups fat-free cholesterol-free egg product for the eggs.

Nutr. Assoc.: 26496 2819 26154 4752 2461 0 0 2962 0

* Exported from MasterCook *

Ham and Swiss Casserole

Recipe By

Serving Size : 4 Preparation Time :0:00

Main and Side Dishes Categories Casseroles

Pork

Amount	Measure	Ingredient Preparation Method
1	tablespoon	margarine
2	tablespoons	all-purpose flour
$\frac{1}{2}$	cups	skim milk
2	cups	cooked brown rice
		OR
2	cups	cooked white rice
$\bar{1} \ 1/4$	cups	cut-up fully cooked smoked reduced-fat ham
		(about 10 ounces)
1	cup	shredded reduced-fat Swiss cheese (4
		ounces)
1/4 1/2	cup	chopped fresh parsley
1/2	teaspoon	dried marjoram leaves
1	(4 ounce) can	mushroom stems and pieces drained

Heat oven to 350° . Spray 2-quart casserole with nonstick cooking spray. Melt margarine in 3-quart saucepan over low heat. Cook flour in margarine, stirring constantly, until thickened; remove from heat.

Stir milk into flour mixture. Heat to boiling, stirring constantly with wire whisk. Boil and stir 1 minute. Stir in remaining ingredients. Spoon into casserole. Bake uncovered 30 to 35 minutes or until hot and bubbly.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

Description:

"When it's a chilly night and time for comfort food, this flavorful, creamy casserole really fills the bill."

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Per serving: 290 Calories (kcal); 7g Total Fat; (23% calories from fat); 22g Protein; 33g Carbohydrate; 31mg Cholesterol; 873mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 2 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: If no-salt-added mushrooms are available in your area, use them to reduce sodium even further.

Nutr. Assoc.: 0 0 0 2801 0 2130706543 3886 26151 0 3128 2461

* Exported from MasterCook *

Harvest Bean Casserole

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Casseroles Main and Side Dishes

Heat oven to 375°.

Cook sausage in 10-inch skillet over medium heat 8 to 10 minutes, stirring occasionally, until no longer pink; drain.

Place sausage in ungreased rectangular baking dish, $11\times 7\times 1$ 1/2 inches. Stir in baked beans. Arrange apple slices over sausage mixture. Slice sweet potatoes over apples.

Cover and bake 30 to 35 minutes or until apples are tender. Sprinkle with onions.

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Don convince AFF Calonies (kgal), 16g Total Fat. (20% calonies from fat).

Per serving: 455 Calories (kcal); 16g Total Fat; (29% calories from fat); 20g Protein; 63g Carbohydrate; 60mg Cholesterol; 1069mg Sodium Food Exchanges: 4 Grain(Starch); 1 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

NOTES: Use either spicy or regular sausage—whichever suits your

household-for this hearty casserole. Nutr. Assoc.: 900579 0 2130706543 2128 2068 5216 0

Harvest Loaf (1 1/2-Pound Recipe)

Recipe By :

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
1	cup	plus 2 tablespoons water
1	tablespoon	margarine or butter softened
3	cups	bread flour
1/4	cup	dehydrated soup greens
2	tablespoons	drymilk
2	tablespoons	sugar
1 1/2	teaspoons	saĺt
1/4	teaspoon	garlic powder
2	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Copyright:

Yield: '1 Loaf"

Per serving: 154 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 29g Carbohydrate; 2mg Cholesterol; 346mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: Dehydrated soup greens can be found in jars in the spice section of your supermarket.

Nutr. Assoc.: 1582 4098 0 5938 0 0 0 2019

Harvest Loaf (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
3/4	cup	water
2	teaspoons	margarine or butter softened
2	cups	bread flour
2	tablespoons	dehydrated soup greens
1	tablespoon	dry milk
1	tablespoon	sugar
1	teaspoon	salt
1/8	teaspoon	garlic powder
$1 \frac{1}{2}$	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield:

"1 Loaf"

Per serving: 149 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 28g Carbohydrate; 1mg Cholesterol; 329mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES: Dehydrated soup greens can be found in jars in the spice section of your supermarket. Nutr. Assoc. : 0 4098 0 5938 0 0 0 0 2019

^{*} Exported from MasterCook *

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betty crocker best of baking recipes.txt Hazelnut-Chocolate Torte

Recipe By :

Serving Size : 16 Preparation Time :0:00

Categories : Cakes

Am	ount	Measure	Ingredient Preparation Method
6 1	3/4 1/2	tablespoon teaspoon	ground cinnamon
1		cup teaspoon	cream of tartar
3	1/2	cup	
J	1/2	cups cup	
1	1/2 1/4	cup cup	whipping (heavy) cream powdered sugar
2	1/4	cup teaspoons cup	
3	1/2	cup ounces	CHOCOLATE BUTTER FROSTING margarine or butter (1 stick) softened
3 3 1 2	1/2	cup cups tablespoons tablespoon teaspoons	cocoa powdered sugar milk (about) brandy, if desired

Heat oven to 325°. Grease bottom only of springform pan, 9×3 inches. Line bottom with waxed paper; grease generously. Beat egg yolks, 1 tablespoon orange peel and the cinnamon in small bowl on high speed about 6 minutes or until very thick and light colored. Gradually beat in 1/2 cup granulated sugar, 1 tablespoon at a time; reserve. Wash beaters.

Beat egg whites and cream of tartar in large bowl on high speed until soft peaks form. Gradually beat in 1/2 cup granulated sugar, 1 tablespoon at a time; continue beating until stiff peaks form. Fold egg yolk mixture into meringue.

Mix 3 cups ground hazelnuts and the flour. Sprinkle about one-third of the hazelnut mixture over meringue; fold in. Repeat twice with remaining hazelnut mixture. Spread in pan. Bake 55 to 60 minutes or until toothpick inserted in center comes out clean. Cool in pan on wire rack 15 minutes. Loosen side of cake from pan with metal spatula. Carefully remove side of pan. Invert cake onto wire rack; remove bottom of pan. Turn cake right side up. Cool cake completely. Wrap tightly and refrigerate at least 4 hours.

Prepare Chocolate Butter Frosting; reserve 1 cup for decorating. Beat whipping cream, powdered sugar and cocoa in chilled small bowl until stiff. Fold in 2 teaspoons orange peel. Carefully split cake horizontally to make 3 layers. (To split, mark side of cake with toothpicks and cut with long, thin straight-edged knife.) Spread 1 layer with half of the whipped cream mixture. Top with second layer; spread with remaining whipped cream mixture. Top with remaining layer. Frost side and top of torte with Chocolate Butter Frosting. Press chopped hazelnuts around side.

Place reserved 1 cup frosting in decorating bag with large open star tip (#4B). Or place frosting in strong plastic bag; cut off a tip from one corner of bag. Pipe rosettes on top of cake. Garnish with whole hazelnuts if desired. Refrigerate at least 8 hours. Cut with sharp, straight-edged knife. Refrigerate any remaining torte.

CHOCOLATE BUTTER FROSTING:

Mix margarine and chocolate in large bowl. Beat in remaining ingredients until mixture is smooth and of spreading consistency.

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Yield:

'1 Torte"

Per serving: 440 Calories (kcal); 27g Total Fat; (53% calories from fat); 6g Protein; 48g Carbohydrate; 91mg Cholesterol; 97mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 2 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 26788 0 2130706543 720 0 0 0 26787 0 0 4098 0 0 2130706543 0 4038 2330 0

* Exported from MasterCook *

Heart Cake

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Baking with Kids cakes

Holiday

Amount Measure Ingredient -- Preparation Method Shortening All-purpose flour (18 1/4 ounce) package white or sour cream white cake mix with 1 pudding 1 package fluffy white frosting mix (7 1/4 ounce) Few drops of red food color Red candies or red sugar

Heat oven to 350°.

Grease round and square pans with: Shortening

Put small amount in pans and shake to coat, then pour out any extra: All-purpose flour

Make and bake as directed on package for 8-inch round pan, dividing batter between round and square pans:

1 package (1 lb 2.25 oz) white or sour cream white cake mix with pudding

Adult help: Cool cakes in pan 10 minutes, then remove from pans to wire rack. Cool completely.

Cut round cake in half, as shown in drawing. Put square cake on tray with one point toward you. Put cut side of each half of round cake against one of the top sides of square cake, as shown in drawing, to make a heart.

Make as directed on package with electric mixer:

Page 207

betty crocker best of baking recipes.txt 1 package (7.2 oz) fluffy white frosting mix

Beat into frosting to tint pink: Few drops of red food color

Frost cake with frosting. Be sure to cover top of cake well, especially over the cut sections.

Decorate cake with:

Red candies or red sugar

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Yield: "1 Cake"

Per serving: 247 Calories (kcal); 5g Total Fat; (16% calories from fat); 2g Protein; 50g Carbohydrate; 0mg Cholesterol; 326mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 3 1/2 Other Carbohydrates

NOTES: Utensils You Will Need Round pan, $8 \times 1 \frac{1}{2}$ inches • Square pan, $8 \times 8 \times 2$ inches • Pastry brush • Liquid measuring cup • Large Bowl • Electric mixer • Pot holders • Wire cooling racks • Large tray or covered

cardboard, 18 \times 15 inches • Sharp knife Nutr. Assoc. : 0 0 5517 5537 0 0

* Exported from MasterCook *

Hearty Shepherd's Pie

Recipe By

: 8 Serving Size Preparation Time :0:00

: Main and Side Dishes Categories

Amount	Measure	Ingredient Preparation Method	
1/2 1 1 1	large clove medium	extra-lean ground beef onion chopped (about 1 cup) garlic finely chopped eggplant (about 12 ounces) cut into 1/2-inch cubes	
(about 3			
1	(16 ounce) pa	ckage frozen broccoli, cauliflower and carrots	
1	(15 ounce) ca	n great northern beans (15 to 16 ounces) rinsed and	
drained			
1) can no-salt-added whole tomatoes undrained	
2		Italian seasoning	
1/2			
1/4			
2 2	tablespoons		
2		all-purpose flour	
4	cups	hot mashed potatoes	

Heat oven to 350° . Spray rectangular baking dish, $13 \times 9 \times 2$ inches, with nonstick cooking spray. Cook ground beef, onion and garlic in 12-inch nonstick skillet over medium heat, stirring occasionally, until beef is brown and onion is tender; drain. Stir in remaining ingredients are reduced to the state of t water, flour and potatoes, breaking up tomatoes. Heat to boiling; reduce heat. Simmer uncovered 15 minutes, stirring occasionally.

Shake water and flour in tightly covered container; stir into beef mixture. Spoon beef mixture into baking dish. Spoon potatoes evenly over beef mixture; spread to edges of dish. Bake uncovered about 30 minutes or until heated through. Let stand 5 minutes before serving.

6 to 8 servings

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Description:

'Eggplant adds a new twist to this updated favorite."

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T(Bake): "0:30"

Per serving: 250 Calories (kcal); 6g Total Fat; (21% calories from fat); 14g Protein; 36g Carbohydrate; 20mg Cholesterol; 417mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1 Lean Meat; 2 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 9018 0 0 3234 3439 3564 0 0 0 0 0 0 4113

* Exported from MasterCook *

Herb Buns

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 1 1	package cup teaspoon	active dry yeast warm water (105° to 115°) caraway seed
1/2 1/4	teaspoon teaspoon	dried sage leaves ground nutmeg
2	tablespoons	sugar
1	teaspoon	salt
2 2 1/4	tablespoons cups	

Dissolve yeast in warm water in large mixing bowl. Add caraway seed, sage and nutmeg. Stir in sugar, salt, egg, shortening and 1 cup of the flour. Beat until smooth. Stir in remaining flour until smooth. Scrape batter from side of bowl. Cover; let rise in warm place until double, about 30 minutes.

Stir down batter by beating about 25 strokes. Spoon into 12 greased muffin cups, 2 $1/2 \times 1$ 1/4 inches, filling each about half full. Let rise until batter reaches top of cups, 20 to 30 minutes.

Heat oven to 400°. Bake 15 minutes.

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Per serving: 120 Calories (kcal); 3g Total Fat; (21% calories from fat); 3g Protein; 20g Carbohydrate; 16mg Cholesterol; 184mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: * If using self-rising flour, omit salt.

Sour Cream-Chive Buns: Decrease warm water to 1/4 cup. Omit caraway seed, sage and nutmeg. Mix 3/4 cup dairy sour cream, the sugar, salt and shortening. Heat just to boiling; cool to lukewarm. Stir sour cream mixture and half of the flour into yeast. Beat until smooth. Mix in remaining flour, the egg and 1 tablespoon plus 1 1/2 teaspoons snipped chives.

Nutr. Assoc.: 0 5472 0 3154 0 0 0 0 0 14

Herbed Vegetable Bake

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Main and Side Dishes Vegetarian

Amount Measure	Ingredient Preparation Method
1 pound	broccoli (1 small bunch) cut into flowerets and
5	cauliflower (1 small head) cut into flowerets carrots (5 to 6, about 1 pound) cut diagonally into
1/4 inch slices	
1/3 cup	margarine or butter melted
,	Salt and pepper
1 tablespoon	chopped fresh basil leaves
	OR
1 teaspoon	dried basil leaves
	chopped fresh tarragon leaves
	OR
1 teaspoon	
2 cloves	garlic finely chopped
1 teaspoon 2 cloves 2 small	

Heat oven to 400°. Arrange broccoli along one long side of ungreased rectangular baking dish, 13 \times 9 \times 2 inches. Arrange cauliflower along other side of dish. Arrange carrots down center between broccoli and cauliflower. Drizzle with margarine. Sprinkle with salt, pepper, basil, tarragon and garlic. Arrange onions evenly over top.

Cover with aluminum foil and bake about 30 minutes or until vegetables are crisp-tender.

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"0:30"

Per serving: 84 Calories (kcal); 5g Total Fat; (52% calories from fat); 2g Protein; 9g Carbohydrate; 0mg Cholesterol; 91mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 1 Fat; 0

Other Carbohydrates

Nutr. Assoc. : 206 268 2495 4098 0 20028 0 2130706543 26057 0 2130706543 0

Holiday Almond Braid

Recipe By Serving Size

: 32 Preparation Time :0:00

: Cakes Holiday Categories

Amount	Measure	Ingredient Preparation Method
5 1/2 1 2 1/3 3/4 1/2	cups cup teaspoon packages cup cup cup	sugar salt regular or quick-acting active dry yeast
2 1 2 1/2 1/4	cup teaspoons teaspoon	eggs slivered almonds toasted grated lemon peel
1/2	cup Dash teaspoons	ground mace or nutmeg

Mix 1 1/2 cups of the flour, the sugar, salt and undissolved yeast in large bowl. Cut margarine into small pieces. Heat margarine, milk and water until warm (105 to 115°); stir into yeast mixture. Stir in eggs, almonds, lemon peel, mace and enough remaining flour to make a soft dough. Grease top of dough. Cover tightly with plastic wrap and refrigerate at least 2 hours but no longer than 24 hours.

Lightly grease cookie sheet. Punch down dough. Divide into 4 equal parts. Roll 3 parts into 14-inch ropes. Place ropes close together on cookie sheet. Braid ropes loosely. Pinch ends together to seal. Divide remaining dough into 3 pieces. Roll each piece into 12-inch rope. Place ropes close together. Braid ropes; place on top large braid. Cover and let rise in warm place 30 to 50 minutes or until double. (Dough is ready if indentation remains when touched.)

Heat oven to 350°. Bake 40 to 50 minutes or until deep golden brown. Remove from cookie sheet to wire rack. Brush Glaze over warm braid.

1 loaf (32 slices)

GLAZE:

Mix all ingredients until smooth.

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Yield: "1 Loaf"

Per serving: 143 Calories (kcal); 5g Total Fat; (30% calories from fat); 4g Protein; 21g Carbohydrate; 12mg Cholesterol; 96mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 14 0 0 26366 4098 0 0 0 0 20084 3619 2130706543 0 0 0 3619 797

* Exported from MasterCook *

Holiday Cookie Mix

Recipe By

Serving Size : 0 Preparation Time :0:00

Categories : Cookies & Brownies Holiday

Amount	Measure	Ingredient Preparation Method
8 4 1 1 1/2 1 1/2	cups tablespoon teaspoons	all-purpose flour packed brown sugar salt baking soda shortening

Mix flour, sugar, salt and baking soda. Cut in shortening with pastry blender or 2 knives until mixture resembles fine crumbs. Place desired amounts of mix in storage containers (plastic containers or jars or large plastic bags). Seal tightly, label and refrigerate up to 10 weeks. To measure, dip dry-ingredient measuring cup into cookie mix; level with straight-edged spatula.

15 to 16 cups cookie mix

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"This multipurpose mix makes quite a large batch, but it can be easily mixed in a large roasting pan, a plastic dishpan, the vegetable bin from your refrigerator or a 6-quart mixing bowl."

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Yield:

"16 Cups"

Per serving: 9667 Calories (kcal); 317g Total Fat; (29% calories from fat); 103g Protein; 1619g Carbohydrate; 0mg Cholesterol; 8646mg Sodium Food Exchanges: 50 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 61 1/2 Fat; 57 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0

* Exported from MasterCook *

Holiday Honey Cookies

Recipe By Serving Size

: 42 Preparation Time :0:00

: Baking with Kids Cookies & Brownies Categories

Holiday

Amount	Measure	Ingredient Preparation Method
1/3 1/3 2/3	cup cup cup teaspoon	Shortening powdered sugar margarine or butter softened honey almond extract
1 2 3/4 1	large cups	egg all-purpose flour baking soda
1/2 2/3 2/3	teaspoon cup cup	salt

Heat oven to 375°.

Lightly grease cookie sheet with: Shortening

Mix in large bowl with wooden spoon:

1/3 cup powdered sugar

1/3 cup margarine or butter, softened

2/3 cup honey

1 teaspoon almond extract 1 large egg

Stir in:
2 3/4 cups all-purpose flour
1 teaspoon baking soda

Sprinkle a clean surface (such as a kitchen counter or breadboard) with flour. Put dough on surface. Roll dough until 1/8 inch thick. Cut with cookie cutters. Put cookies

about 1 inch apart on cookie sheet.

Bake 6 to 8 minutes or until light brown. Watch carefully because cookies quickly. Immediately remove cookies from cookie sheet with spatula to wire rack Cool completely.

Frost cookies with:

Glaze (see Glaze for Holiday Honey Cookies recipe)

Decorate cookies with:

Decorator's Frosting (see recipe)

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Yield: "42 Cookies"

Per serving: 98 Calories (kcal); 2g Total Fat; (14% calories from fat); 1g Protein; 20g Carbohydrate; 4mg Cholesterol; 74mg Sodium

Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1

Other Carbohydrates

NOTES: Utensils You will Need

Cookie Sheet • Pastry brush • Large bowl • Dry-ingredient measuring cups • Small sharp knife • Measuring spoons • Wooden spoon • Rolling pin • Ruler • 2-inch cookie cutters • Pot holders

• Spatula • Wire cooking rack Nutr. Assoc. : 0 0 4098 0 0 0 0 0 0 0

* Exported from MasterCook *

Decorator's Frosting

Recipe By

Serving Size : 42 Preparation Time :0:00

Categories : Baking with Kids Holiday

Amount Measure Ingredient -- Preparation Method 1 cup powdered sugar food color (3 to 4 drops) water (3 to 5 teaspoons) 3 drops

teaspoons

Mix in small bowl with wooden spoon, adding the water 1 teaspoon at a time, until frosting is thin enough to drizzle or thick enough to be used in a decorating bag:

1 cup powdered sugar 3 or 4 drops food color 3 to 5 teaspoons water

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Yield:

"2/3 Cup"

Per serving: 11 Calories (kcal); trace Total Fat; (0% calories from fat); 0g Protein; 3g Carbohydrate; 0mg Cholesterol; trace Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES: Utensils You Will Need Small bowl • Dry-ingredient measuring cup • Measuring spoons •

Wooden spoon

Nutr. Assoc. : 0 3314 1582

* Exported from MasterCook *

Glaze for Holiday Honey Cookies Page 214

Recipe By Serving Size

: 42 Preparation Time :0:00

: Baking with Kids Categories Cookies & Brownies

Holiday

Amount	Measure	Ingredient Preparation Method
2	cups	powdered sugar
1/4	teaspoon	powdered sugar almond extract water
2	tablespoons	water
2	tospoons	water (2 to 4 teaspoons)
4	ceaspoons	water (2 to 4 teaspoons)

Mix in medium bowl with wooden spoon until smooth:

2 cups powdered sugar

1/4 teaspoon almond extract

2 tablespoons water

Stir in, 1 teaspoon at a time, until spreadable: 2 to 4 teaspoons water

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Yield: "2/3 Cup"

Per serving: 22 Calories (kcal); trace Total Fat; (0% calories from fat); 0g Protein; 6g Carbohydrate; 0mg Cholesterol; trace Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates

NOTES: Utensils You Will Need

Medium bowl • Dry-ingredient measuring cup • Measuring spoons •

Wooden spoon

Nutr. Assoc. : 0 0 0 1582

Holiday Nut Bread

Recipe By

Serving Size : 20 Preparation Time :0:00

: Breads Categories Holiday

Amount	Measure	Ingredient Preparation Method
2 1/2	cups	all-purpose flour
1/2	cup	granulated sugar
1/2	cup	packed brown sugar
1/4	cup	shortening
1 1/4	cups	buttermilǩ*
3	teaspoons	baking powder
1	teaspoon	salt
1/2	teaspoon	baking soda
2		eggs
1	cup	chopped nuts

Heat oven to 350° . Grease bottom only of loaf pan, $9\times5\times3$ inches. Beat all ingredients except nuts in large bowl on low speed 15 seconds. Beat on Page 215

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt medium speed 30 seconds, scraping bowl constantly. Stir in nuts. Pour into pan.

Bake 60 to 65 minutes or until toothpick inserted in center comes out clean. Immediately remove from pan. Cool completely on wire rack before slicing. Garnish top of nut bread with maraschino cherries and sliced green candied pineapple if desired. For best results, wrap and refrigerate at least 8 hours before slicing.

1 loaf (about 20 slices)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Copyright: '© General Mills, Inc. 1998." Yield: "1 Loaf" T(Refrigerate): "8:00"

Per serving: 176 Calories (kcal); 7g Total Fat; (36% calories from fat); 4g Protein; 25g Carbohydrate; 19mg Cholesterol; 236mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat;

1/2 Other Carbohydrates

NOTES: *1 1/4 cups milk and 1 tablespoon white vinegar can be substituted for the buttermilk; mix and let stand 5 minutes.

> Cherry-Nut Bread: Decrease buttermilk to 1 cup and add 1/4 cup maraschino cherry juice. After beating, stir in 1/2 cup chopped drained maraschino cherries. Bake 1 hour 10 minutes to 1 hour 15 minutes.

Date-Nut Bread: Omit buttermilk. Pour 1 1/2 cups boiling water over 1 1/2 cups chopped dates; stir and let cool. Beat date mixture with remaining ingredients. Bake 1 hour 5 minutes to 1

hour 10 minutes. Nutr. Assoc. : 0 0 0 0 228 0 0 0 0 0

Holiday Stuffed Pasta

Recipe By

Serving Size : 8 Preparation Time :0:00

: Holiday Categories Pasta

Amount Measure Ingredient Preparation	Method
uncooked jumbo pasta shel cups spaghetti sauce cups Ricotta cheese cup shredded Mozzarella chees cup grated Parmesan cheese tablespoons chopped fresh parsley feaspoon pepper cup grated Parmesan cheese cup grated Parmesan cheese cup grated Parmesan cheese chopped fresh parsley pepper cup grated Pesto (see recorrections) cup prepared pesto	e (4 ounces)

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Heat oven to 350° . Cook pasta shells as directed on package; drain. Spread spaghetti sauce in rectangular pan, $13 \times 9 \times 2$ inches. Mix remaining ingredients except pasta shells and Spinach Pesto. Fill each pasta shell with about 2 tablespoons cheese mixture. Arrange filled shells on spaghetti sauce. Cover pan with aluminum foil.

Bake about 45 minutes or until hot. Serve with pesto.

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T(Bake): "0:45"

Per serving: 394 Calories (kcal); 22g Total Fat; (50% calories from fat); 19g Protein; 31g Carbohydrate; 96mg Cholesterol; 573mg Sodium Food Exchanges: 1 Grain(Starch); 2 Lean Meat; 2 Vegetable; 0 Fruit; 3 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 900315 0 0 26153 0 0 0 0 0 0 2130706543

* Exported from MasterCook *

Spinach Pesto

Recipe By

Serving Size : 60 Preparation Time :0:00

: Holiday Categories Sauces

Amount	Measure	Ingredient Preparation Method
4 1	cups cup	firmly packed spinach (10 to 12 ounces) firmly packed fresh basil OR
1/2	cup cup	dried basil leaves grated Parmesan cheese
ī	cup	olive oil
1/2	cup	chopped pine nuts OR
1/2	cup	chopped walnuts
1/2	teaspoon	salt
1/4	teaspoon	pepper
8	cloves	garlic

Place 2 cups of spinach and remaining ingredients in food processor. Cover and process 1 minute. Add remaining spinach and process about 2 minutes, stopping processor occasionally to scrape sides, until finely chopped and smooth. (Or place all ingredients except spinach in blender. Cover and blend on high speed about 1 minute, stopping blender occasionally to scrape sides. Add spinach, 1 cup at a time, blending until smooth after each addition.) Store covered in refrigerator up to 3 days or in freezer up to 3 months.

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Yield: "7 1/2 Cups"

Per serving: 45 Calories (kcal); 5g Total Fat; (88% calories from fat); 1g Protein; trace Carbohydrate; 1mg Cholesterol; 44mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 1423 3332 0 2130706543 0 0 20187 0 2130706543 0 0 0

* Exported from MasterCook *

Honey Almond-Apple Puffs

Recipe By

Serving Size : 9 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1/2	(17 1/4 ounce) package frozen puff pastry thawed pared cooking apple cut into 6 wedges
1	large	
		Ground nutmeg
1/4	cup	honey
1/4	cup	sliced almonds

Heat oven to 425°. Unfold pastry and cut into 9 squares. Cut apple wedges crosswise in half (only 9 apple pieces are needed). Place 1 apple piece on each pastry square and sprinkle with nutmeg. Moisten corners of pastry with water. Gather corners over apple and pinch to seal well. Place on ungreased cookie sheet. Bake 15 to 20 minutes or until deep golden brown and puffed. Heat honey until thin. Brush honey over warm puffs. Sprinkle with almonds with almonds.

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Yield:
"9 Puffs"

Per serving: 210 Calories (kcal); 13g Total Fat; (52% calories from fat); 3g Protein; 23g Carbohydrate; 0mg Cholesterol; 68mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 27140 4435 0 0 0 0

* Exported from MasterCook *

Honey-Oatmeal Cookies

Recipe By

Serving Size : 60 Preparation Time :0:00

Page 218

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1 1/4 1/2	cups cup	sugar shortening
2 1/3	cup	eggs honey
2	cups	guick-cooking or regular oats
1 3/4 1	cups cup	all-purpose flour* raisins
1/2	cup	chopped nuts
1	teaspoon	baking soda
1	teaspoon	salt

Heat oven to 375°. Mix sugar, shortening, eggs and honey. Stir in remaining ingredients.

Drop dough by rounded teaspoonfuls about 2 inches apart onto ungreased cookie sheet. $\,$

Bake until light brown, 8 to 10 minutes. Immediately remove from cookie sheet.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe .

Yield:

"60 Cookies"

Per serving: 77 Calories (kcal); 3g Total Fat; (30% calories from fat); 1g Protein; 12g Carbohydrate; 6mg Cholesterol; 59mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat;

1/2 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking soda and salt. Nutr. Assoc. : 0 0 0 0 20223 14 0 0 0 0

* Exported from MasterCook *

Honey-Whole Wheat Bread

Recipe By

Serving Size : 32 Preparation Time :0:00

: Breads Categories

Amount	Measure	Ingredient Preparation Method
2 1/2 1/3 1/4 1 1 3/4 3	cup cup tablespoon cups	

Dissolve yeast_in 1/2 cup warm water in large mixing bowl. Stir in honey, shortening, salt, 1 3/4 cups warm water and the whole wheat flour. Beat until smooth. Mix in enough all-purpose flour to make dough easy to

handle.

Turn dough onto lightly floured surface; knead until smooth and elastic, about 10 minutes. Place in greased bowl; turn greased side up. Cover; let rise in warm place until double, about 1 hour. (Dough is ready if indentation remains when touched.)

Punch down dough; divide into halves. Flatten each half with hands or rolling pin into rectangle, 18×9 inches. Fold crosswise into thirds, overlapping the 2 sides. Roll up tightly, beginning at one of the open ends. Press with thumbs to seal after each turn. Pinch edge firmly to seal. Press each end with side of hand to seal; fold ends under loaf. Place loaves, seam sides down, in 2 greased baking pans, $9 \times 5 \times 3$ inches or $8 \cdot 1/2 \times 4 \cdot 1/2 \times 2 \cdot 1/2$ inches. Brush with margarine; sprinkle with whole wheat flour or crushed oats, if desired. Let rise until double, about 1 hour.

Heat oven to 375°. Bake until loaves are deep golden brown and sound hollow when tapped, 40 to 45 minutes. Remove from pans; cool on wire rack.

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Yield:
"2 Loaves"

Per serving: 107 Calories (kcal); 2g Total Fat; (15% calories from fat); 3g Protein; 20g Carbohydrate; 0mg Cholesterol; 202mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES : *If using self-rising flour, decrease salt to 1 teaspoon. Nutr. Assoc. : 0 5472 0 0 0 0 14 0

Hot Fudge Pudding Cake

Recipe By

Serving Size : 9 Preparation Time :0:00

Categories : Cakes Desserts

Amount Measure		Ingredient Preparation Method
1 3/4 2 2 2 1/4 1/2 2	cup cup tablespoons teaspoons teaspoon cup tablespoons	salt milk vegetable oil
1 1 1 1/4 1 3/4	teaspoon cup cup cup cups	chopped nuts, if desired packed brown sugar cocoa hottest tap water Ice cream

Heat oven to 350°. Mix flour, granulated sugar, 2 tablespoons cocoa, the baking powder and salt in ungreased baking pan, 9 \times 9 \times 2 inches. Mix in Page 220

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt milk, oil and vanilla with fork until smooth. Stir in nuts. Spread in pan. Sprinkle with brown sugar and 1/4 cup cocoa. Pour hot water over batter.

Bake 40 minutes. Let stand 15 minutes; spoon into dessert dishes or cut into squares and invert on dessert plates. Top with ice cream and spoon sauce over each serving.

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Yield:

"1 Cake"

T(Bake): "0:40"

Per serving: 350 Calories (kcal); 13g Total Fat; (31% calories from fat); 5g Protein; 57g Carbohydrate; 2mg Cholesterol; 188mg Sodium
Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 2 1/2 Other Carbohydrates

NOTES: *If using self-rising flour, omit baking powder and salt.

Hot Fudge-Butterscotch Pudding Cake: Substitute 1 package (6 ounces) butterscotch chips for the nuts. Decrease brown sugar to 1/2 cup and the 1/4 cup cocoa to 2 tablespoons. Nutr. Assoc. : 14 0 0 0 0 0 0 0 2677 0 0 3728 0

* Exported from MasterCook *

Italian Breadsticks

Recipe By

Serving Size : 36 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 2/3	package cup	warm water (105° to 115°)
1 1	tablespoon teaspoon	sugar salt
1/4 2	cup cups	vegetable or olive oil
1	•	Vegetable or olive oil egg white
1	tablespoon	water Coarse salt or toasted sesame seed

Dissolve yeast in warm water in large mixing bowl. Stir in sugar, 1 teaspoon salt, 1/4 cup oil and 1 cup of the flour. Beat until smooth. Mix in enough remaining flour to make dough easy to handle.

Turn dough only lightly floured surface; knead until smooth and elastic, about 5 minutes. Shape dough into roll, 10 inches long. Cut into 36 equal parts. Roll each part into rope, 8 inches long for thick breadsticks, 10 inches long for thin breadsticks. Place about 1 inch apart on greased cookie sheet. Brush with oil. Cover; let rise in warm place about 20 minutes.

Heat oven to 350° . Beat egg white and 1 tablespoon water slightly; brush over breadsticks and sprinkle with coarse salt. Bake until golden brown,

20 to 25 minutes.

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Yield:
"36 Breadsticks"

Per serving: 41 Calories (kcal); 2g Total Fat; (35% calories from fat); 1g Protein; 6g Carbohydrate; 0mg Cholesterol; 61mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 5472 0 0 1563 14 0 0 0 0

* Exported from MasterCook *

Italian Focaccia

Recipe By

: 24 Serving Size Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
2 1/2	cups	all-purpose or unbleached flour (2 1/2 to 3 cups)
2 1/4	teaspoons teaspoon	sugar
1 1/4	package cup	
1 ′	cup	very warm water (120° to 130°) Olive or vegetable oil
2	tablespoons	chopped fresh herbs (such as basil, oregano or rosemary)
2	tablespoons	

Mix 1 cup of the flour, the sugar, salt and yeast in large bowl. Add 1/4 cup oil and the warm water. Beat on medium speed 3 minutes, scraping bowl occasionally. Stir in enough remaining flour until dough is soft and leaves side of bowl.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead 5 to 10 minutes or until dough is smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place 1 to $1\ 1/2$ hours or until double. (Dough is ready if indentation remains when touched.)

Heat oven to 425°. Grease 2 cookie sheets. Punch down dough, and divide in half. Shape each half into flattened 12-inch round on cookie sheet. Cover and let rise in warm place 20 minutes. Prick centers and 1 inch in from edge thoroughly with fork. Brush with oil. Sprinkle each with 1 tablespoon herbs and cheese. Bake 12 to 15 minutes or until golden brown. Serve warm.

2 flatbreads (12 slices each)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"2 Flatbreads"

Per serving: 72 Calories (kcal); 3g Total Fat; (31% calories from fat); 2g Protein; 10g Carbohydrate; trace Cholesterol; 31mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: Red Pepper Focaccia: For each flatbread, cook 1 medium red bell pepper, cut into 1/4-inch rings, and 1 small onion, sliced, in 1 tablespoon olive or vegetable oil in 10-inch skillet over medium heat, stirring frequently, until softened. Arrange on each oil-brushed flatbread and sprinkle with herbs and cheese before

baking. Nutr. Assoc. : 14 0 0 26366 986 5472 0 3373 0

Jalapeño Cornbread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
3/4	cup	plus 2 tablespoons water
2/3	cup	frozen whole kernel corn thawed
2	tablespoons	margarine or butter softened
1	tablespoon	chopped jalapeño chile
3 1/4	cups	bread flour
1/3	cup	cornmeal
2	tablespoons	sugar
1 1/2	teaspoons	salt
2 1/2	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

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Per serving: 184 Calories (kcal); 3g Total Fat; (13% calories from fat); 5g Protein; 34g Carbohydrate; 5mg Cholesterol; 288mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

^{*} Exported from MasterCook *

NOTES: We do not recommend this recipe for bread machines with

glass-domed lids. Nutr. Assoc. : 1582 0 2394 26060 0 0 0 0 2019

* Exported from MasterCook *

Jalapeño Cornbread (1-Pound Recipe)

Recipe By

Serving Size : 8

Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
1/2	cup	water
1/2	cup	frozen whole kernel corn thawed
1 '	tablespoon	margarine or butter softened
2	teaspoons	chopped jalapeño chile
2	cups	bread flour
1/4	cup	cornmeal
1	tablespoon	sugar
1	teaspoon	salt
1 1/2	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Loaf"

Per serving: 170 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 32g Carbohydrate; 0mg Cholesterol; 285mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0

Other Carbohydrates

NOTES: We do not recommend this recipe for bread machines with glass-domed lids.

Nutr. Assoc. : 0 0 4098 26060 0 0 0 0 2019

* Exported from MasterCook *

Key Lime Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

: Desserts Pies Categories

Amount Measure Ingredient -- Preparation Method Page 224

		n sweetened condensed milk
1/2	tablespooli	grated lime peel
1/4		lemon juice
$\frac{1}{1}/\frac{1}{4}$		lime juice
_, .		green food color (3 to 4 drops)
	а. орз	eggs separated
1/4	teaspoon	cream of tartar
_, .		9 inch baked pie shell (recipe follows)
		BAKED ONE-CRUST PIE SHELL
1/3	cup	plus 1 tablespoon shortening
		OR
1/3	cup	lard
		all-purpose flour
1/2	_. <u>t</u> easpoon	salt
	tablespoons	cold water (2 to 3 tablespoons)
	1/2 1/4 1/4 1/4 1/3 1/3 1/2	tablespoon 1/2 teaspoon 1/4 cup 1/4 cup drops 1/4 teaspoon 1/3 cup 1/3 cup 1/2 teaspoon

Mix milk, lemon peel, lime peel, lemon juice, lime juice and food color. Beat egg yolks slightly; stir in milk mixture. Beat egg whites and cream of tartar in 2 1/2-quart bowl until stiff and glossy. Fold egg yolk mixture into egg whites; mound in pie shell. Refrigerate until set, at least 2 hours. Garnish with sweetened whipped cream and grated lime peel, if desired. Immediately refrigerate any remaining pie.

BAKED ONE-CRUST PIE SHELL:

Heat oven to 475°. Cut shortening into flour and salt until particles are size of small peas. Sprinkle in water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into a ball; shape into flattened round on lightly floured cloth-covered board. Roll pastry 2 inches larger than inverted pie plate. Fold pastry into fourths and place in pie plate with point in center; unfold. Trim overhanging edge of pastry 1 inch from rim of pie plate. Fold and roll pastry under even with pie plate; flute. Prick bottom and side thoroughly with fork to prevent puffing while baking. Bake 8 to 10 minutes or until light brown; cool.

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Yield:
 "1 Pie"

Per serving: 321 Calories (kcal); 15g Total Fat; (40% calories from fat); 8g Protein; 41g Carbohydrate; 87mg Cholesterol; 218mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 2 Other Carbohydrates

NOTES: Key Lime Pie hails from the Florida Keys, which is the only place where the special yellow Key limes will grow. But you don't have to go to Florida to pick your own limes; regular lemons and limes will also make a delicious pie. Sweetened condensed milk is the "key" to the wonderful creamy texture of this nationwide favorite.

Nutr. Assoc.: 0 20084 20217 0 0 3314 0 0 2130706543 0 0 1368 0 2130706543 0 0 2777

^{*} Exported from MasterCook *

Lacy Cookie Cups

Recipe By

Serving Size : 6 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Am	ount	Measure	Ingredient Preparation Method
2	1/2 1/4 1/2	cup cup teaspoon	powdered sugar (1/2 stick) butter softened* vanilla egg whites
	1/4	cup	all-purpose flour
	1/4	teaspoon	ground cinnamon
2	1/3	cups cup	mixed fresh strawberries and raspberries raspberry jam melted

Heat oven to 400°. Generously grease cookie sheet. Beat powdered sugar, butter and vanilla in medium bowl on medium speed until well blended. Beat in egg whites on low speed until mixture is well blended but not foamy. Fold in flour and cinnamon.

Drop dough by about $1 \frac{1}{2}$ tablespoonfuls 6 inches apart onto cookie sheet. Flatten into 5-inch rounds using back of spoon dipped into cold water.

Bake 5 to 6 minutes or until golden brown. Let stand 30 seconds or until firm; remove from cookie sheet. Immediately shape each cookie over inverted 6-ounce custard cup. Cool completely. Fill each cookie cup with about 1/3 cup berries. Drizzle with jam.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

'These cups are versatile as well as delicious. Try filing them with pudding, mousse or ice cream; then top with your favorite sauces-the combinations can take you through the 12 days of Christmas, and then some!

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Yield:

'6 Cookie cups"

Per serving: 190 Calories (kcal); 8g Total Fat; (36% calories from fat); 2g Protein; 29g Carbohydrate; 21mg Cholesterol; 104mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: *Do not use margarine in this recipe. Nutr. Assoc.: 0 222 0 0 0 0 3411 0

* Exported from MasterCook *

Lasagne Roll-ups

Recipe By

Serving Size : 8 Preparation Time :0:00

: Main and Side Dishes Categories Pasta

Amount Measure Ingredient -- Preparation Method Page 226

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uncooked dried lasagne noodles
  6
                             uncooked dried spinach lasagne noodles
  6
                     pound ground beef
  1
                     large onion -- chopped (about 1 cup)
            (14 ounce) jar spaghetti sauce (8 ounce) can mushroom stems and pieces -- undrained
  1
  1
            (15 ounce) container Ricotta cheese
                             OR
            (15 ounce) container small curd creamed cottage cheese (10 ounce) package frozen chopped spinach -- thawed and squeezed to
  1
  1
drain
                             shredded Mozzarella cheese (4 ounces)
  1
     1/4
                       cup
                             grated Parmesan cheese
  1
                 teaspoon
                             salt
      1/4
                 teaspoon
                             pepper
  2
                             garlic -- crushed
                   cloves
```

Heat oven to 350°. Cook noodles as directed on package; drain. Cover noodles with cold water. Cook ground beef and onion in 10-inch skillet, stirring occasionally, until beef is brown; drain. Stirring added is sauce and mushrooms. Heat to boiling. Pour into rectangular baking dish. 11×7 \times 1 1/2 inches.

Mix remaining ingredients. Drain noodles. Spread 3 tablespoons of the cheese mixture to edges of 1 noodle. Roll up; cut roll in half to form 2 roll-ups. Place cut sides down in beef mixture. Repeat with remaining noodles and cheese mixture. Cover and bake about 30 minutes or until hot and bubbly. Serve with grated Parmesan cheese, if desired.

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T(Bake): "0:30"

Per serving: 407 Calories (kcal); 21g Total Fat; (45% calories from fat); 26g Protein; 29g Carbohydrate; 77mg Cholesterol; 841mg Sodium Food Exchanges: 1 Grain(Starch); 3 Lean Meat; 2 1/2 Vegetable; 0 Fruit; 2 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 306 306 9018 0 0 2461 1268 0 2130706543 0 26153 0 0 0 0

* Exported from MasterCook *

Lemon Cake Pie

Recipe By

Serving Śize : 8 Preparation Time :0:00

Pies Categories : Desserts

Amount	Measure	Ingredient Preparation Method
3 2 2/3 1 1 1/4	tablespoons cup cup cups	Favorite Pastry for 9-Inch One-Crust Pie (see recipe) eggs separated grated lemon peel lemon juice milk sugar

betty crocker best of baking recipes.txt cup all-purpose flour* teaspoon salt

Heat oven to 350°. Prepare pastry. Beat egg whites in large mixer bowl until stiff peaks form; reserve. Beat egg yolks; beat in lemon peel, lemon juice and milk. Add sugar, flour and salt; beat until smooth. Beat lemon mixture into egg whites on low speed until blended, about 1 minute. Pour into pastry-lined pie plate.

Bake until golden brown, 45 to 50 minutes. Serve with sweetened whipped cream, if desired.

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Yield: "1 Pie"

Per serving: 323 Calories (kcal); 11g Total Fat; (31% calories from fat); 5g Protein; 51g Carbohydrate; 82mg Cholesterol; 237mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 2 Other Carbohydrates

NOTES : *Do not use self-rising flour in this recipe. Nutr. Assoc. : 0 0 20084 0 0 0 14 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
1		all-purpose flour
1/2 1/3	teaspoon cup	salt lard
1/3	cup	OR plus 1 tablespoon shortening cold water (2 to 3 tablespoons)
۷	cabrespoons	cord water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger)

betty crocker best of baking recipes.txt on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

'1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

Lemon Chiffon Cake

Recipe By

Serving Size Categories : 8 Preparation Time :0:00

: Cakes Desserts

Amount	Measure	Ingredient Preparation Method
2 1 1/2 3 1 1/2 7 3/4 2 2 1 1/2	teaspoons cup	sugar baking powder salt vegetable oil egg yolks cold water grated lemon peel
1/3 3 1/2 2		~ ·

Heat oven to 325°. Mix flour, sugar, baking powder and salt in bowl. Make a well and add in order: oil, egg yolks, water, lemon peel and vanilla. Beat with spoon until smooth. Beat egg whites and cream of tartar in large mixer bowl on high speed until stiff peaks form. Pour egg yolk mixture gradually over beaten whites, gently folding with rubber spatula just until blended. Pour into ungreased tube pan, 10×4 inches.

Bake until top springs back when touched lightly, about $1\ 1/4$ hours. Invert pan on funnel; let hang until cake is cold. Remove from pan. Frost with Lemon Butter Frosting.

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt LEMON BUTTER FROSTING:

Mix margarine and powdered sugar. Beat in lemon peel and lemon juice until of spreading consistency.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"1 cake"

Per serving: 695 Calories (kcal); 26g Total Fat; (33% calories from fat); 9g Protein; 108g Carbohydrate; 186mg Cholesterol; 596mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 5 1/2 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking powder and salt. Nutr. Assoc. : $14\ 0\ 0\ 0\ 0\ 0\ 20084\ 0\ 3231\ 0\ 2130706543\ 0\ 0\ 4098\ 0\ 20084$ 797

* Exported from MasterCook *

Lemon Meringue Cake

Recipe By

Serving Size : 8 Preparation Time :0:00

: Cakes Categories Desserts

Amount Measure Ingredient -- Preparation Method _____ Meringue Cake -- (see recipe) 4 serving size package lemon pudding and pie filling (not instant) 1/2 cup whipped cream

Bake Meringue Cake as directed. Prepare pudding and pie filling as directed on package. Refrigerate about 1 1/2 hours or until chilled. Stir pudding; spread 1 1/4 cups over meringue on 1 cake layer. Place remaining layer, meringue side up, on pudding. Spread with remaining pudding.

Place whipped cream in decorating bag with star tip. Pipe on whipped cream or garnish with whipped cream as desired. Serve within 30 minutes.

8 to 10 servings

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Yield: "1 Cake"

T(Refrigerate): "1:30"

Per serving: 1520 Calories (kcal); 45g Total Fat; (26% calories from fat); 19g Page 230

betty crocker best of baking recipes.txt Protein; 268g Carbohydrate; 497mg Cholesterol; 508mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 9 Fat; 16 1/2 Other Carbohydrates

Nutr. Assoc. : 0 3900 0

* Exported from MasterCook *

Meringue Cake

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1 1/2		
1 1/2	cups	cake flour
3/4	cup	sugar
$1 \frac{1}{2}$	teaspoons	
1/2	teaspoon	
3/4	cup	shortening
2/3	cup	milk
1 1/2	teaspoons	vanilla
4		eggs separated
1	cup	sugar

Heat oven to 325°. Grease sides of 2 round pans, 9×1 1/2 inches or 8×1 1/2 inches. Line bottoms of pans with cooking parchment paper or waxed paper circles. Beat flour, 3/4 cup sugar, the baking powder, salt, shortening, milk, vanilla and egg yolks in medium bowl on low speed 30 seconds, scraping bowl constantly. Beat on high speed 2 minutes, scraping bowl occasionally (batter will be stiff). Spread evenly in pans.

Beat egg whites in small bowl on medium speed until foamy. Beat in 1 cup sugar, 1 tablespoon at a time, on high speed until stiff peaks form. Spread half of the egg white mixture over batter in each pan.

Bake 30 to 35 minutes or until meringue looks set and dry. Cool 10 minutes. Loosen meringues from edges of pans with knife point if necessary. Carefully remove from pans and peel off paper. Place layers, meringue sides up, on wire racks. Cool completely.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Cake"

Per serving: 461 Calories (kcal); 22g Total Fat; (43% calories from fat); 5g Protein; 61g Carbohydrate; 96mg Cholesterol; 263mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 3 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 0 0

Page 231

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Lemon Sauce

Recipe By

Serving Size : 9 Preparation Time :0:00

Categories : Desserts

Am	ount	Measure	Ingredient Preparation Method
	1 /2		
_	1/2	cup	sugar
2		tablespoons	cornstarch
	3/4	cup	water
1	•	tablespoon	grated lemon peel
	1/4	cup	lemon juice
2	-	tablespoons	stick margarine or butter*

Mix sugar and cornstarch in 1-quart saucepan. Gradually stir in water. Cook over medium heat, stirring constantly, until mixture thickens and boils. Boil and stir 1 minute; remove from heat.

Stir in remaining ingredients. Serve warm or cool. Cover and refrigerate any remaining sauce.

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Yield: "1 1/4 Cups"

Per serving: 74 Calories (kcal); 3g Total Fat; (29% calories from fat); trace Protein; 13g Carbohydrate; Omg Cholesterol; 31mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES: *Spreads with at least 65% vegetable oil can be substituted.

To microwave, mix sugar and cornstarch in 4-cup microwavable measure. Gradually stir in water. Microwave uncovered on high 3 to 4 minutes, stirring every minute, until thickened and clear. Stir in remaining ingredients.

Nutr. Assoc.: 0 0 0 20084 0 4098

* Exported from MasterCook *

Lemon Yogurt-Poppy Seed Muffins

Recipe By Serving Size : 12 Preparation Time :0:00

Categories : Breads

Amount Measure Ingredient -- Preparation Method cup milk 1/4 cup vegetable oil 1 (6 ounce) container lemon yogurt (2/3 cup) 1 1 egg all-purpose flour 3/4 cups 1/4 cup sugar 2 tablespoons poppy seed grated lemon peel tablespoon 2 1/2 teaspoons baking powder

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betty crocker best of baking recipes.txt

1/2 teaspoon baking soda
1/2 teaspoon salt
Lemon Glaze -- (recipe follows)

LEMON GLAZE
1/2 cup powdered sugar
2 teaspoons lemon juice (2 to 3 teaspoons)
```

Heat oven to 400°. Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Beat milk, oil, yogurt and egg in large bowl. Stir in remaining ingredients except Lemon Glaze just until flour is moistened. Divide batter evenly among muffin cups (cups will be about 3/4 full).

Bake 16 to 18 minutes or until golden brown. Immediately remove from pan. Drizzle Lemon Glaze over warm muffins.

To make the Lemon Glaze:

Mix ingredients until smooth and of drizzling consistency.

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Yield:
 "12 Muffins"

Per serving: 174 Calories (kcal); 7g Total Fat; (33% calories from fat); 3g Protein; 26g Carbohydrate; 19mg Cholesterol; 258mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 1453 0 0 0 1156 20084 0 0 0 2130706543 0 0 0 797

* Exported from MasterCook *

Lemon-Cream Cheese Dessert

Recipe By :

Serving Size : 9 Preparation Time :0:00

Categories : Baking with Kids Pies

Amount Measure Ingredient -- Preparation Method 3 toasted whole-grain oat cereal cups 1/3 margarine or butter (from a stick) -- melted cup 1/4 cup sugar 1 teaspoon ground cinnamon (8 ounce) package cream cheese -- softened 1 1 (14 ounce) can sweetened condensed milk 1/4 lemon juice cup 1 vanillă teaspoon Fresh fruit

Heat oven to 350°.

Put in plastic bag:

3 cups toasted whole-grain oat cereal

betty crocker best of baking recipes.txt Press air out of plastic bag, then seal. Roll cereal with rolling pin or jar until finely crushed.

Mix in small bowl with wooden spoon, then save 2 tablespoons:

The crushed cereal

1/3 cup (from a stick) margarine or butter, melted

1/4 cup sugar

1 teaspoon ground cinnamon

Press the rest of the cereal mixture in square pan, $8\times 8\times 2$ inches. Bake 12 minutes. Cool on wire rack.

Beat in large bowl with electric mixer on medium speed until light and fluffy:

1 package (8 ounces) cream cheese, softened

Beat in, a little at a time:

1 can (14 ounces) sweetened condensed milk

Stir in:

1/4 cup lemon juice 1 teaspoon vanilla

Pour cream cheese mixture over baked cereal mixture in pan. Sprinkle saved cereal mixture over top. Cover with plastic wrap and refrigerate 3 to 4 hours or until firm.

If you like, top with: Fresh fruit

Cover and refrigerate any leftover dessert.

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Per serving: 351 Calories (kcal); 20g Total Fat; (49% calories from fat); 7g Protein; 39g Carbohydrate; 43mg Cholesterol; 304mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 2 Other Carbohydrates

NOTES: Utensils You Will Need
Plastic bag with zipper top • Dry-ingredient measuring cups •
Rolling pin • Small bowl • Measuring spoons • Wooden spoon •
Square pan, 8 × 8 × 2 inches • Wire cooling rack • Large Bowl •
Electric mixer • Can opener • Liquid measuring cup • Plastic wrap
Nutr. Assoc.: 279 4098 0 0 0 0 0 0 0

Lemon-Filled Coconut Cake

Recipe By :

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount Measure Ingredient -- Preparation Method

Lemon Filling -- (recipe follows)

2 1/4 cups all-purpose flour

^{*} Exported from MasterCook *

```
betty crocker best of baking recipes.txt
1 2/3
2/3
                       granulated sugar
                 cups
                       šhortening
                  cup
  1/4
1
                       mi1k
                 cups
3 1/2
                       baking powder
            teaspoons
1
             teaspoon
                       salt
1
5
                       vanilla
             teaspoon
                       egg whites
                       flaked or shredded coconut
1
                  cup
                       whipping (heavy) cream
                  cup
   1/4
                  cup
                       powdered sugar
                       LEMON FILLING
   3/4
                  cup
                       sugar
3
         tablespoons
                       cornstarch
   1/4
            teaspoon
                       salt
   3/4
                  cup
                       water
          tablespoon
                       margarine or butter
1
             teaspoon
1
                       finely grated lemon peel
   1/3
                       lemon juice
                  cup
2
                drops
                       yellow food color (2 to 4 drops), if
                       desired
```

Prepare Lemon Filling; press plastic wrap onto hot filling. Refrigerate until set, about 1 hour.

Heat oven to 350° . Grease and flour 2 round pans, 8×1 1/2 or 9×1 1/2 inches. Beat flour, granulated sugar, shortening, milk, baking powder, salt and vanilla in 3-quart bowl on low speed, scraping bowl constantly, 30 seconds. Beat on high speed, scraping bowl occasionally, 2 minutes. Beat in egg whites on high speed, scraping bowl occasionally, 2 minutes. Stir in coconut. Pour into pans.

Bake until toothpick inserted in center comes out clean or top springs back when touched lightly, 30 to 35 minutes. Cool 10 minutes; remove from pans. Cool completely on wire rack.

Beat whipping cream and powdered sugar in chilled 1 1/2-quart bowl until stiff. Fill layers with Lemon Filling and frost with whipped cream; refrigerate. Immediately refrigerate any remaining cake.

LEMON FILLING:

Mix sugar, cornstarch and salt in $1\ 1/2$ -quart saucepan. Gradually stir in water. Cook over medium heat, stirring constantly, until mixture thickens and boils. Boil and stir 5 minutes; remove from heat. Stir in margarine and lemon peel until margarine is melted. Gradually stir in lemon juice and food color.

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Yield:
 "1 Cake"

20084 0 3314

Per serving: 369 Calories (kcal); 17g Total Fat; (40% calories from fat); 4g Protein; 51g Carbohydrate; 25mg Cholesterol; 326mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 2 Other Carbohydrates

Nutr. Assoc. : 2130706543 0 0 0 0 0 0 0 2737 721 0 0 0 0 0 2394

* Exported from MasterCook *

Lemon-Oat Scones

Recipe By

Serving Śize : 15 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 /2		
1/3	cup	margarine or butter
1 1/4	cups	all-purpose flour
1/2	cup	quick-cooking oats
3	tablespoons	sugar
2 1/2		baking powder
2 ´	teaspoons	
1/2		šalt
1	•	egg beaten
1/2	cup	chopped almonds toasted
4 ′	tablespoons	chopped almonds toasted half-and-half (4 to 6 tablespoons)
1	•	egg beaten `

Heat oven to 400° . Cut margarine into flour, oats, sugar, baking powder, lemon peel and salt with pastry blender in medium bowl until mixture resembles fine crumbs. Stir in 1 egg, the almonds and just enough half-and-half so dough leaves side of bowl.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead lightly 10 times. Roll or pat 1/2 inch thick. Cut with floured 2-inch round cutter or cut into diamond shapes with sharp knife. Place on ungreased cookie sheet. Brush 1 egg over dough.

Bake 10 to 12 minutes or until golden brown. Immediately remove from cookie sheet. Cool on wire rack. Split scones; spread with margarine and serve with strawberry preserves if desired.

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Yield: "15 Scones"

Per serving: 137 Calories (kcal); 8g Total Fat; (51% calories from fat); 3g Protein; 14g Carbohydrate; 26mg Cholesterol; 210mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; O Other Carbohydrates

NOTES: Spicy Fruit Scones: Omit lemon peel. Add 3/4 teaspoon ground cinnamon and 1/8 teaspoon ground cloves with the salt. Substitute 1/2 cup diced fruits, chopped figs, currants or dates for the nuts.

Nutr. Assoc. : 4098 0 0 0 0 20084 0 0 0 704 0

* Exported from MasterCook *

Lime Meltaways

Recipe By

Serving Size : 36 Preparation Time :0:00

Page 236

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
1 1/2 1 3/4 1/4 1 1/2	cup cups cups cup tablespoon teaspoon	margarine or butter powdered sugar all-purpose flour cornstarch grated lime peel vanilla Lime Glaze (recipe follows)
1/2 4 2	cup teaspoons teaspoons	LIME GLAZE powdered sugar lime juice grated lime peel

Heat oven to 350°. Beat margarine and powdered sugar in large bowl until light and fluffy. Stir in remaining ingredients except Lime Glaze until well blended. Place dough in cookie press with ribbon tip. Form long ribbons of dough on ungreased cookie sheet. Cut into 3-inch lengths. Bake 9 to 11 minutes or until edges are golden brown. Remove from cookie sheet. Cool completely. Prepare Lime Glaze and brush on cookies.

LIME GLAZE:

Mix all ingredients.

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Description:

"These cookies are a refreshing dessert on summer days. They really do melt in your mouth.

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Yield:

"36 Cookies"

Per serving: 84 Calories (kcal); 5g Total Fat; (54% calories from fat); 1g Protein; 9g Carbohydrate; 0mg Cholesterol; 59mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0

Other Carbohydrates

Nutr. Assoc. : 4098 0 0 0 20217 0 2130706543 0 0 0 0 20217

* Exported from MasterCook *

Lindy's Cheesecake

Recipe By

Serving Size : 20 Preparation Time :0:00

Amount	Measure	Ingredient Preparation Method
1 1/2 1/4 1	cup	all-purpose flour margarine or butter softened sugar grated lemon peel egg yolk

```
betty crocker best of baking recipes.txt
         (8 ounce) packages cream cheese -- softened
5
1
3
  3/4
                  cups
                        sugar
          tablespoons
                        all-purpose flour
1
                        grated orange peel
           tablespoon
1
           tablespoon
                        grated lemon peel
   1/4
             teaspoon
                        salt
                        eggs
                        egg yolks
                        whipping (heavy) cream
   1/4
                       whipping (heavy) cream toasted slivered almonds, if desired
   3/4
                   cup
```

Move oven rack to lowest position. Heat oven to 400°. Lightly grease springform pan, 9×3 inches; remove bottom. Mix 1 cup flour, the margarine, 1/4 cup sugar, 1 tablespoon lemon peel and 1 egg yolk with hands. Press one-third of the mixture evenly on bottom of pan. Place on cookie sheet.

Bake 8 to 10 minutes or until golden brown; cool. Assemble bottom and side of pan; secure side. Press remaining mixture all the way up side of pan.

Heat oven to 475°. Beat cream cheese, 1 3/4 cups sugar, 3 tablespoons flour, the orange peel, 1 tablespoon lemon peel, the salt and 2 eggs in large bowl until smooth. Continue beating, adding remaining eggs and 2 egg yolks, one at a time, until blended. Beat in 1/4 cup whipping cream on low speed. Pour into pan.

Bake 15 minutes. Reduce oven temperature to 200°. Bake 1 hour. Turn off oven and leave cheesecake in oven 15 minutes. Run metal spatula along side of cheesecake to loosen before and after refrigerating. Cover and refrigerate at least 12 hours.

Remove cheesecake from side of pan. Beat 3/4 cup whipping cream in chilled bowl until stiff. Spread whipped cream over top of cheesecake. Decorate with almonds. Refrigerate any remaining cheesecake.

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Yield:

"1 Cheesecake"

1/2 Other Carbohydrates

Per serving: 424 Calories (kcal); 32g Total Fat; (66% calories from fat); 8g Protein; 28g Carbohydrate; 157mg Cholesterol; 268mg Sodium Food Exchanges: 1/2 Grain(Starch); 1 Lean Meat; 0 Vegetable; 0 Fruit; 6 Fat; 1

NOTES: Lindy's Cheesecake Squares: Heat oven to 400° . Lightly grease rectangular pan, $13\times 9\times 2$ inches. Press crust mixture on bottom of pan. Do not place pan on cookie sheet. Bake 15 minutes; cool. Heat oven to 475° . Pour cream cheese mixture into pan. Bake 15 minutes. Reduce oven temperature to 200°. Bake about 45 minutes or until center is set. Turn off oven and leave cheesecake in oven 15 minutes; cool 15 minutes. Cover and refrigerate at least 12 hours.

Continue as directed-except increase almonds to 1/2 cup. Nutr. Assoc. : 0 4098 0 20084 0 473 0 0 0 20084 0 0 0 721 721 5282

^{*} Exported from MasterCook *

Recipe By

Serving Size : 5 Preparation Time :0:00

: Main and Side Dishes Categories

Amount	Measure	Ingredient Preparation Method
1 1/4 1/2 1/4 1 1/4 1 3/4	cup teaspoon teaspoon small cup cups	all-purpose flour milk process American loaf or sharp process American cheese loaf or process cheese
		spread loaf cut into 1/2-inch cubes

Heat oven to 375°. Cook macaroni as directed on package; drain. Cook and stir margarine, salt, pepper, and onion in 2-quart saucepan over medium heat until onion is slightly tender. Stir in flour. Cook over low heat, stirring constantly until smooth and bubbly; remove from heat. Stir in milk. Heat to boiling, stirring constantly. Boil and stir 1 minute; remove from heat. Stir in cheese until melted. Mix macaroni and cheese sauce in ungressed 1/2-quart casserels. Pake uncovered 30 minutes ungreased 1/2-quart casserole. Bake uncovered 30 minutes.

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T(Bake): "0:30"

Per serving: 434 Calories (kcal); 29g Total Fat; (58% calories from fat); 19g Protein; 28g Carbohydrate; 68mg Cholesterol; 1526mg Sodium Food Exchanges: 1 Grain(Starch); 2 Lean Meat; 1/2 Vegetable; 0 Fruit; 4 1/2 Fat; 1/2 Othor Carbohydrates 1/2 Other Carbohydrates

NOTES: Tomato Macaroni and Cheese: Mix 1/4 cup sliced ripe olives into cheese sauce. Arrange 1 large tomato, cut into 5 slices, around edge of casserole before baking.

Nutr. Assoc.: 26044 4098 0 0 0 0 343

Maple-Buttermilk Cake

Recipe By : Serving Size : 16 Preparation Time :0:00

Amount	Measure	Ingredient Preparation Method
2 1/2	cups	all-purpose flour
2 3/4 1 1/2	•	OR cake flour
1/2		margarine or butter (1 stick) softened
$\begin{array}{c} 1/4 \\ 1 \ 1/2 \end{array}$	cup cups	shortening buttermilk

^{*} Exported from MasterCook *

teaspoons baking soda 1 1/2 3/4 teaspoon salt teaspoons maple flavoring 1 1/2 eggs

Heat oven to 350°. Grease and flour 2 round pans, $9\times1~1/2$ inches, or 3 round pans, $8\times1~1/2$ inches. Beat all ingredients in large bowl on medium speed 30 seconds, scraping bowl constantly. Beat on high speed 3 minutes, scraping bowl occasionally. Pour batter into pans.

Bake 30 to 35 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans. Cool completely.

Coating Sides of Cakes

Two filled cake layers can be rolled in chopped nuts, candies or flaked coconut to coat sides. Place nuts on waxed paper. Hold cake as shown in illustration. Roll side carefully in nuts to coat.

14-16 servings

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Yield: "1 Cake"

Per serving: 246 Calories (kcal); 10g Total Fat; (36% calories from fat); 4g Protein; 35g Carbohydrate; 36mg Cholesterol; 320mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 2130706543 0 4098 0 0 0 0 866 0

Maple-Pecan Cake

Recipe By

Serving Size : 14 Preparation Time :0:00

Amount	Measure	Ingredient Preparation Method
1	cup	Maple-Buttermilk Cake (see recipe) Maple-Butter Frosting (recipe follows) finely chopped pecans Chocolate Twigs, if desired (recipe follows) Malted-milk balls, if desired
3 1/3 1/3		MAPLE-BUTTER FROSTING powdered sugar margarine or butter softened maple-flavored syrup
2	ounces	CHOCOLATE TWIGS white chocolate (white baking bar) OR
2	ounces	semisweet chocolate Page 240

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt teaspoon shortening

Bake Maple-Buttermilk Cake as directed. Fill layers and frost side only with Maple-Butter Frosting. Place pecans on waxed paper. Hold cake as shown in diagram; roll side carefully in pecans to coat. Frost top of cake with remaining frosting in spiral design using large spatula. Garnish with Chocolate Twigs and malted-milk balls.

MAPLE-BUTTER FROSTING:

Mix all ingredients. Beat until frosting is smooth and of spreading consistency. If necessary, stir in additional syrup, 1/2 teaspoon at a time.

CHOCOLATE TWIGS:

1

Melt chocolate and shortening. Pour into decorating bag with small writing tip. Squeeze melted chocolate onto waxed paper into twig shapes; sprinkle with white decorator's sugar, if desired. Let dry. Peel twigs from waxed paper; arrange on cake.

14 to 16 servings

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Yield: "1 cake"

Per serving: 519 Calories (kcal); 23g Total Fat; (39% calories from fat); 5g Protein; 75g Carbohydrate; 41mg Cholesterol; 418mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 1/2 Fat; 3 1/2 Other Carbohydrates

Nutr. Assoc. : 0 2130706543 20148 2130706543 2130706543 0 0 0 4098 866 0 0 5519 0 2130706543 0

Maple-Buttermilk Cake

Recipe By

Serving Size : 16 Preparation Time :0:00

Amount	Measure	Ingredient Preparation Method
2 1/2	cups	all-purpose flour OR
2 3/4	cups	cake flour
1 1/2	cups	sugar
1/2	cup	margarine or butter (1 stick) softened
1/4	cup	shortening
1 1/2	cups	
1 1/2	teaspoons	baking soda
3/4	teaspoon	
1 1/2	teaspoons	maple flavoring
3		eggs

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Heat oven to 350° . Grease and flour 2 round pans, 9×1 1/2 inches, or 3 round pans, 8×1 1/2 inches. Beat all ingredients in large bowl on medium speed 30 seconds, scraping bowl constantly. Beat on high speed 3 minutes, scraping bowl occasionally. Pour batter into pans.

Bake 30 to 35 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans. Cool completely.

Coating Sides of Cakes

Two filled cake layers can be rolled in chopped nuts, candies or flaked coconut to coat sides. Place nuts on waxed paper. Hold cake as shown in illustration. Roll side carefully in nuts to coat.

14-16 servings

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

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Yield:

"1 Cake"

Per serving: 246 Calories (kcal); 10g Total Fat; (36% calories from fat); 4g Protein; 35g Carbohydrate; 36mg Cholesterol; 320mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 2130706543 0 4098 0 0 0 0 866 0

* Exported from MasterCook *

Meringue Cake

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
$1 \ 1/2$	cups	cake flour
3/4	cup	sugar
1 1/2	teaspoons	
1/2	teaspoon	salt
3/4	cup	
2/3	cup	milk
1 1/2	teaspoons	
4		eggs separated
1	cup	sugar

Heat oven to 325°. Grease sides of 2 round pans, 9×1 1/2 inches or 8×1 1/2 inches. Line bottoms of pans with cooking parchment paper or waxed paper circles. Beat flour, 3/4 cup sugar, the baking powder, salt, shortening, milk, vanilla and egg yolks in medium bowl on low speed 30 seconds, scraping bowl constantly. Beat on high speed 2 minutes, scraping bowl occasionally (batter will be stiff). Spread evenly in pans.

Beat egg whites in small bowl on medium speed until foamy. Beat in 1 cup sugar, 1 tablespoon at a time, on high speed until stiff peaks form. Spread half of the egg white mixture over batter in each pan.

Bake 30 to 35 minutes or until meringue looks set and dry. Cool 10 minutes. Loosen meringues from edges of pans with knife point if necessary. Carefully remove from pans and peel off paper. Place layers, meringue sides up, on wire racks. Cool completely.

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Yield:
 "1 Cake"

- - - - - - - - - - - - - - - - - - -

Per serving: 461 Calories (kcal); 22g Total Fat; (43% calories from fat); 5g Protein; 61g Carbohydrate; 96mg Cholesterol; 263mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 3 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 0 0

* Exported from MasterCook *

Mexi Shells

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes Pasta

Amount	Measure	Ingredient Preparation Method
18 4 2 1 2 3/4 1 1 1 1	tablespoons teaspoons pound small teaspoon tablespoon (4 ounce) can	uncooked jumbo pasta shells s no-salt-added tomato sauce all-purpose flour chile powder ground cumin extra-lean ground beef onion chopped (about 1/4 cup) ground cumin chopped fresh cilantro chopped green chiles drained n chile beans in sauce undrained shredded part-skim Mozzarella cheese (4 ounces)

Heat oven to 350°. Cook and drain pasta shells as directed on package. While pasta is cooking, mix tomato sauce, flour, chile powder and 2 teaspoons cumin; reserve. Cook ground beef and onion in 2-quart saucepan over medium heat, stirring occasionally, until beef is brown; drain. Stir in 1 teaspoon cumin, the cilantro, green chiles and chile beans.

Pour 1 cup of the reserved tomato sauce mixture into ungreased rectangular baking dish, $13 \times 9 \times 2$ inches. Spoon about 1 1/2 tablespoons beef mixture into each pasta shell. Place filled sides up on sauce in dish. Pour remaining tomato sauce mixture over shells. Sprinkle with cheese. Cover and bake 30 minutes. Let stand uncovered 10 minutes.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"Jumbo pasta shells are a fun change of pace, especially when stuffed with the Mexican-inspired filling here."

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T(Bake): "0:30"

Per serving: 429 Calories (kcal); 11g Total Fat; (25% calories from fat); 26g Protein; 48g Carbohydrate; 45mg Cholesterol; 493mg Sodium Food Exchanges: 2 Grain(Starch); 2 1/2 Lean Meat; 3 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 315 26429 0 2614 0 9018 0 0 0 0 655 26150

* Exported from MasterCook *

Mexican Cheese Puffs

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Appetizers Holiday

Amount	Measure	Ingredient Preparation Method
1 3 3	tablespoons	Bisquick Original baking mix margarine or butter softened chopped green chiles
1 1	cup	egg shredded Cheddar cheese (4 ounces)

Heat oven to 400°. Grease cookie sheet. Mix baking mix, margarine, chiles and egg in medium bowl. Stir in cheese. Drop dough by rounded teaspoonfuls about 1 inch apart onto cookie sheet.

Bake 10 to 12 minutes or until golden brown.

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Yield:

"24 Puffs"

Per serving: 55 Calories (kcal); 4g Total Fat; (62% calories from fat); 2g Protein; 3g Carbohydrate; 13mg Cholesterol; 107mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 2250 4098 0 0 4922

* Exported from MasterCook *

Mincemeat Bars

Recipe By : Serving Size : 42 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
1	cup	packed brown sugar
1/2 1/4	cup	margarine or butter (1 stick) softened
1/4	cup	shortening
$1 \frac{1}{2}$	cups	all-purpose flour
1		quick-cooking oats
1	teaspoon	salt
1/2	teaspoon	baking soda
1	(27 ounce) ja	r prepared mincemeat (about 3 cups)
1/2	cup	chopped walnuts or almonds
	•	Powdered sugar

Heat oven to 400°. Grease rectangular pan, $13\times9\times2$ inches. Mix brown sugar, margarine and shortening in large bowl. Stir in flour, oats, salt and baking soda until crumbly. Press half of the crumbly mixture in pan. Mix mincemeat and walnuts; spread over layer in pan. Sprinkle with remaining crumbly mixture; press lightly.

Bake 25 to 30 minutes or until light brown. While warm, make a diagonal cut from corner to corner. Continue making cuts parallel to first cut, spacing them about 1 1/2 inches apart. Repeat, cutting diagonally in opposite direction. Sprinkle with powdered sugar.

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Yield: "42 Bars"

Per serving: 125 Calories (kcal); 5g Total Fat; (34% calories from fat); 1g Protein; 21g Carbohydrate; 0mg Cholesterol; 119mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 Fat;

1/2 Other Carbohydrates

NOTES : Apricot-Date Bars: Omit mincemeat and walnuts. Mix 1 1/2 cups chopped dried apricots, 1 1/4 cups chopped dates, 1/2 cup sugar and 1 1/2 cups water in 2-quart saucepan. Cook over medium-low heat about 10 minutes, stirring constantly, until thickened.
Substitute for the mincemeat and walnut mixture.
Nutr. Assoc.: 0 4098 0 0 0 0 4146 20187 0

* Exported from MasterCook *

Mini Pineapple Desserts

Recipe By

: 6 Serving Size Preparation Time :0:00

: Baking with Kids Pies Categories

Amount	Measure	Ingredient Preparation Method
1/2 3 2	tablespoons	Bisquick Original baking mix sugar finely chopped nuts Page 245

```
betty crocker best of baking recipes.txt
  2
              tablespoons margarine or butter (from a stick) -- softened
      1/4
                              ground cinnamon
                  teaspoon
  1
             (21 ounce) can apple pie filling
             (8 1/4 ounce) can crushed pineapple in syrup -- undrained
  1
                  teaspoon grated orange peel
  1
Heat oven to 400°.
Mix in pie plate with fork until crumbly:
     1/2 cup Bisquick Original baking mix
     3 tablespoons sugar
2 tablespoons finely chopped nuts
     2 tablespoons (from a stick) margarine or butter, softened
     1/4 teaspoon ground cinnamon
Bake 8 to 10 minutes or until light and dry. Stir with fork.
Heat in saucepan, stirring a few times, until hot:
     1 can (21 ounces) apple pie filling
1 can (8.25 ounces) crushed pineapple in syrup, undrained
     1 teaspoon grated orange peel
Spoon apple mixture into 6-ounce custard cups. Sprinkle with baked
topping. Store any leftover topping in tightly covered container in
refrigerator.
Please note, if you should change this recipe it will no longer be an approved Betty \mathsf{Crocker}^{\otimes} \mathsf{Recipe}.
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Per serving: 247 Calories (kcal); 7g Total Fat; (24% calories from fat); 1g Protein; 47g Carbohydrate; 0mg Cholesterol; 206mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 1 1/2
Fat; 2 Other Carbohydrates
NOTES: Utensils You Will Need Pie plate, 9 × 1 1/2 inches • Fork • Dry-ingredient measuring cups
          • Measuring spoons • Small sharp knife • Pot holders • 1 1/2-quart
saucepan • Can opener • Grater • Six 6-ounce custard cups Nutr. Assoc. : 2250 0 2677 4098 0 0 0 0
* Exported from MasterCook *
                                Mixed Roasted Vegetables
Recipe By
                 : 8
Serving Size
                            Preparation Time :0:00
                  : Main and Side Dishes
                                                             Vegetables
Categories
  Amount Measure
                               Ingredient -- Preparation Method
                              eggplant (1 1/2 pounds) -- cut into 1 1/2-inch chunks green bell pepper -- cut into 1-inch pieces red bell pepper -- cut into 1-inch pieces
                    medium
  1
                    medium
  1
                    medium
                              onion -- cut into 8 wedges and separated zucchini -- cut into 1-inch pieces
                    medium
                    medium
                              whole mushrooms
                      pound
      1/3
                              chopped fresh basil
                        cup
```

Page 246

dried basil leaves

OR

tablespoons

2

```
betty crocker best of baking recipes.txt
3
                     olive or vegetable oil
         tablespoons
                      red wine vinegar
         tablespoons
1
            teaspoon
                     dried oregano leaves
   1/2
            teaspoon
                      salt
   1/4
                     pepper
            teaspoon
1
                      tomato -- seeded and cut into 2 inch pieces
              medium
                      Grated Parmesan cheese -- if desired
```

Heat oven to 350°.

Place eggplant, bell peppers, onion, zucchini and mushrooms in 3-quart casserole. Sprinkle evenly with basil.

Mix oil, vinegar, oregano, salt and pepper. Drizzle evenly over vegetabĺes.

Bake uncovered 30 minutes. Add tomatoes; toss to coat. Bake uncovered about 15 minutes longer or until vegetables are tender. Serve with cheese.

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Per serving: 85 Calories (kcal); 5g Total Fat; (53% calories from fat); 2g Protein; 9g Carbohydrate; 0mg Cholesterol; 139mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES: This also makes a tasty meatless main dish; just toss roasted

vegetables with 8 ounces of cooked pasta. Nutr. Assoc. : 26407 0 0 0 2130706543 4196 0 0 2130706543 986 0 3133 0 0 0 2130706543

Mocha Macaroons

Recipe By Serving Size : 42 Preparation Time: 0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
3 1	teaspoon	egg whites freeze-dried instant coffee (dry)
1/4 1/8 1/2		cream of tartar salt
1/2	cup	sugar
2	tablespoons cups	cocoa flaked coconut

Heat oven to 300° . Grease cookie sheet lightly. Beat egg whites, coffee, cream of tartar and salt in medium bowl on high speed until foamy. Beat in sugar, 1 tablespoon at a time, on high speed. Continue beating until stiff. Do not underbeat. Fold in cocoa. Fold in coconut.

Drop mixture by rounded teaspoonfuls 1 inch apart onto cookie sheet.

Bake 20 to 25 minutes or until set. Cool 10 minutes; remove from cookie sheet. Cool on wire rack. Sprinkle with additional cocoa or drizzle with melted chocolate, if desired.

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Yield:

"42 Cookies"

Per serving: 28 Calories (kcal); 1g Total Fat; (36% calories from fat); trace Protein; 4g Carbohydrate; 0mg Cholesterol; 19mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 20216 0 0 0 0 2737

* Exported from MasterCook *

Molasses Bran Muffins

Recipe By

: 12 Serving Size Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
3/4	cup	milk
$1 \frac{1}{2}$	cups	shreds of wheat bran cereal
1		egg
1/2	cup	vegetable oil
1/3	cup	molasses
1 1/4	cups	all-purpose* flour
,	•	OR
1 1/4	cups	whole wheat flour
1 1/4 3	teaspoons	
1	teaspoon	
_	224000	

Heat oven to 400° . Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Pour milk on cereal in medium bowl and let stand 1 minute. Beat in egg, oil and molasses. Mix remaining ingredients. Stir into cereal mixture all at once just until flour is moistened (batter will be lumpy). Divide batter evenly among muffin cups. Bake about 20 minutes or until golden brown. Immediately remove from pan.

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Yield: "12 Muffins"

Per serving: 181 Calories (kcal); 10g Total Fat; (49% calories from fat); 3g Protein; 20g Carbohydrate; 18mg Cholesterol; 316mg Sodium Food Excapacies: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1/2 Other Carbohydrates

NOTES: *If using self-rising flour, omit baking powder and salt.

Nutr. Assoc. : 0 4927 0 0 0 14 0 2130706543 0 0

* Exported from MasterCook *

Multigrain Loaf (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Measure	Ingredient Preparation Method
cups	water
	margarine or butter softened
cups	bread flour
cups	whole wheat flour
cup	7-grain cereal
tablespoons	packed brown sugar
teaspoons	salt
teaspoons	bread machine yeast
	tablespoons cups cups cup tablespoons teaspoons

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Whole Wheat or Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 294 Calories (kcal); 23g Total Fat; (67% calories from fat); 4g Protein; 21g Carbohydrate; 55mg Cholesterol; 456mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 1/2 Fat; 0 Other Carbohydrates

NOTES: Look for 7-grain cereal in the health food or hot cereal section of your supermarket.

Nutr. Assoc. : 0 4098 2394 0 0 0 0 2019

* Exported from MasterCook *

Multigrain Loaf (1-Pound Recipe)

Recipe By

: 8 Preparation Time :0:00 Serving Size

: Bread Machine Breads Categories

Amount	Measure	Ingredient Preparation Method
3/4 1 1	tablespoon	plus 2 tablespoons water margarine or butter softened bread flour

betty crocker best of baking recipes.txt 3/4 2/3 cup whole wheat flour 7-grain cereal cup 2 tablespoons packed brown sugar 1 salt teaspoon 2 teaspoons bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Whole Wheat or Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Per serving: 305 Calories (kcal); 25g Total Fat; (70% calories from fat); 4g Protein; 20g Carbohydrate; 62mg Cholesterol; 520mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 0

Other Carbohydrates

NOTES: Look for 7-grain cereal in the health food or hot cereal section of your supermarket

Nutr. Assoc. : 1582 4098 2394 0 0 0 0 2019

* Exported from MasterCook *

Mushroom Pita Bites

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Holiday

Amount	Measure	Ingredient Preparation Method
2 2 1 1/4 2	cups small cup tablespoons	pita breads (6 inches in diameter) sliced mushrooms (about 5 ounces)* red onion thinly sliced chopped green bell pepper chopped fresh basil leaves OR
2 1	teaspoons Cup	dried basil leaves
1	tablespoon	grated Parmesan cheese

Heat oven to 425°. Split each pita bread around edge in half, using knife. Place pita rounds, cut sides up, on ungreased cookie sheet. Arrange mushrooms on pita breads. Top with onion and bell pepper. Sprinkle with basil and cheeses. Bake 8 to 10 minutes or until cheese is melted. Cut each pita round into 8 pieces.

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Per serving: 103 Calories (kcal); 4g Total Fat; (34% calories from fat); 5g Protein; 12g Carbohydrate; 13mg Cholesterol; 152mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 1/2

Fat; O Other Carbohydrates

NOTES: * 1 can (4 ounces) mushroom stems and pieces, drained, can be

substituted for fresh mushrooms.

Nutr. Assoc.: 4513 4977 0 0 20028 0 2130706543 26153 0

Mystery Cake

Recipe By

Serving Size : 9 Preparation Time :0:00

: Baking with Kids cakes Categories

Amount	Measure	Ingredient Preparation Method
		Shortening
		All-purpose flour
1 1/2	cups	
1	cup	granulated sugar
1 2 1	tablespoons	
1	teaspoon	ground cinnamon
1	teaspoon	baking soda
1/2	teaspoon	
1/2	teaspoon	
1/4	teaspoon	
1 1	large	egg
	(10 3/4 ounce) can condensed tomato soup
1/2	cup	raisins
1/2	cup	
3	tablespoons	
3/4	cup	• • • • •
1 3	teaspoon	
3	teaspoons	milk (3 to 4 teaspoons)

Heat oven to 325°.

Grease square pan with:

Shortening

Put small amount in pan and shake to coat, then pour out any extra: All-purpose flour

Beat in large bowl with electric mixer on medium speed about 30 seconds, scraping the bowl all the time, until mixed: 1 1/2 cups all-purpose flour

1 cup granulated sugar

2 tablespoons margarine or butter, softened

1 teaspoon ground cinnamon 1 teaspoon baking soda

1/2 teaspoon salt

1/2 teaspoon ground nutmeg

1/4 teaspoon ground cloves

1 large egg 1 can (10 3/4 ounces) condensed tomato soup

Beat batter with electric mixer on high speed 3 minutes, scraping bowl a Page 251

^{*} Exported from MasterCook *

few times.

If you like, stir into batter:

1/2 cup raisins

1/2 cup chopped nuts

Spread batter in pan.

Adult help: Bake 37 to 43 minutes or until toothpick poked in center comes out clean. Cool on wire rack.

Adult help: Heat in 1 1/2-quart saucepan over medium heat until light

3 tablespoons margarine or butter

Beat in:

3/4 cup powdered_sugar

1 teaspoon vanilla

3 to 4 teaspoons milk

Frost cake with frosting.

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Yield: "1 Cake"

Per serving: 364 Calories (kcal); 12g Total Fat; (29% calories from fat); 5g Protein; 61g Carbohydrate; 21mg Cholesterol; 530mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 1/2 Fat; 2 Other Carbohydrates

NOTES: Utensils You Will Need

Square pan, $9 \times 9 \times 2$ inches • Pastry Brush • Large Bowl • Dry-ingredient measuring cups • Measuring spoons • Electric mixer • Rubber scraper • Toothpick • 1 1/2-quart saucepan • Small

spatula

Tip

Beat in enough milk to make frosting spreadable. If frosting becomes too stiff to spread, stir in more milk, 1/2 teaspoon at a

time.

Nutr. Assoc. : 0 0 0 0 4098 0 0 0 0 0 5301 0 0 4098 0 0 4138

Oatmeal Brownies

Recipe By

Preparation Time :0:00 Serving Size : 46

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
2 1/2 3/4 3/4 1/2 3/4	cup cup	quick-cooking or regular oats all-purpose flour packed brown sugar baking soda margarine or butter melted Brownies (see recipe) Page 252

^{*} Exported from MasterCook *

Heat oven to 350°. Grease baking pan, $13 \times 9 \times 2$ inches. Mix oats, flour, brown sugar and baking soda; stir in margarine. Reserve 3/4 cup of the oatmeal mixture. Press remaining oatmeal mixture in pan. Bake 10 minutes; cool 5 minutes.

Prepare Brownies as directed-except omit nuts. Spread dough over baked layer. Sprinkle with reserved oatmeal mixture.

Bake until brownies begin to pull away from sides of pan, about 35 minutes. (Do not overbake.) Cool; cut into about $1 \frac{1}{2}$ -inch squares.

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Yield:
"48 Brownies"

Per serving: 69 Calories (kcal); 4g Total Fat; (45% calories from fat); 1g Protein; 9g Carbohydrate; trace Cholesterol; 52mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 20223 0 0 0 4098 0

* Exported from MasterCook *

Brownies

Recipe By

Serving Size : 36 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
2/3 2 4 1 1 1/4 1	cup cups teaspoon cups cup teaspoon	all-purpose flour* chopped nuts, if desired baking powder
3 3 2 1/4 1/3 1 1/2	tablespoons cups teaspoon	Glossy Chocolate Frosting (recipe follows) GLOSSY CHOCOLATE FROSTING ares unsweetened chocolate shortening powdered sugar salt milk vanilla

Heat oven to 350°. Grease baking pan, 13 \times 9 \times 2 inches. Heat chocolate and shortening in 3-quart saucepan over low heat until melted; remove from heat. Stir in sugar, eggs and vanilla. Mix in remaining ingredients. Spread in pan.

betty crocker best of baking recipes.txt Bake until brownies begin to pull away from side of pan, about 30 minutes. (Do not overbake.) Cool slightly; spread with Glossy Chocolate Frosting (see recipe), if desired. Cool completely; cut into bars, about $2 \times 1 \ 1/2$ inches.

GLOSSY CHOCOLATE FROSTING:

Heat chocolate and shortening over low heat until melted. Stir in powdered sugar, salt, milk and vanilla; beat until smooth. Place pan of frosting in bowl of ice and water; continue beating until smooth and of spreading consistency. Stir in nuts.

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Yield: "36 Brownies"

T(Bake): "0:30"

Per serving: 202 Calories (kcal); 12g Total Fat; (49% calories from fat); 3g Protein; 24g Carbohydrate; 21mg Cholesterol; 97mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking powder and salt. Nutr. Assoc. : 0 0 0 3218 0 14 2677 0 0 2130706543 0 0 0 0 0 0 0 2677

* Exported from MasterCook *

Onion Soufflé with Asparagus

Recipe By

Preparation Time :0:00 Serving Size : 4

Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
1/2 2 1 1	tablespoons pound	olive oil butter pearl onions peeled and cut in half ckage frozen asparagus spears* flat anchovy fillets in oil drained
1/2 1/2 1 1	cup cup	all-purpose flour freshly grated Parmesan cheese chopped fresh tarragon freshly grated nutmeg
1 1/2 4	teaspoon teaspoon	salt pepper eggs separated

Heat oven to 375°. Butter 6-cup soufflé dish. Heat oil and butter in 10-inch skillet over medium-high heat. Sauté onions in oil mixture, gently mashing, until soft; cool.

Cook asparagus as directed on package; drain well. Sprinkle flour over asparagus; toss until coated. Remove asparagus from flour, shaking off excess.

Place asparagus, onions and fillets of anchovy in food processor or in blender; cover and process until smooth. Mix asparagus mixture and Page 254

betty crocker best of baking recipes.txt remaining ingredients except egg whites thoroughly.

Beat egg whites in large bowl on high speed until stiff but not dry. Fold asparagus mixture into egg whites. Carefully pour into soufflé dish.

Bake uncovered 30 to 40 minutes or until knife inserted halfway between center and edge comes out clean.

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Per serving: 514 Calories (kcal); 41g Total Fat; (70% calories from fat); 15g Protein; 23g Carbohydrate; 212mg Cholesterol; 1184mg Sodium Food Exchanges: 1 Grain(Starch); 1 1/2 Lean Meat; 2 Vegetable; 0 Fruit; 7 1/2 Fat; 0 Other Carbohydrates

NOTES: $^{*}1$ 1/2 pounds cooked fresh asparagus spears can be substituted for the frozen asparagus spears.

TIP

Soufflés stay fluffy and are easiest to serve when two forks or a fork and spoon are used to divide the servings.

Nutr. Assoc.: 0 0 0 3432 26004 0 3562 0 3388 0 0 0

* Exported from MasterCook *

Onion-Anchovy Tart

Recipe By

Serving Size : 35 Preparation Time :0:00

Categories : Appetizers Breads

Amount	Measure	Ingredient Preparation Method
3		olive or vegetable oil
3	large	onions thinly sliced
1	tablespoon	chopped fresh basil or thyme leaves
1/8	teaspoon	white pepper
1	(1 pound) loa	f frozen white or whole wheat bread dough thawed
2	(2 ounce) can	s anchovy fillets drained
10	,	oil-cured Greek olives cut in half and pitted

Heat oil in 10-inch skillet until hot. Stir in onions; reduce heat. Cover and cook about 25 minutes, stirring occasionally, until onions are very tender. Stir in basil and pepper.

Lightly grease cookie sheet. Shape bread dough into flattened rectangle on lightly floured surface. Roll dough with floured rolling pin into rectangle, 14×11 inches. Place on cookie sheet. Let stand 15 minutes.

Spoon onion mixture evenly over dough to within 1 inch of edge. Arrange anchovies in lattice pattern on onion mixture. Top with olives. Let stand 15 minutes.

Heat oven to 425° . Bake 15 to 20 minutes or until crust is brown. Cut into 2-inch squares.

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Yield: "35 Appetizers"

Per serving: 61 Calories (kcal); 2g Total Fat; (36% calories from fat); 2g Protein; 7g Carbohydrate; 3mg Cholesterol; 200mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 986 0 20028 0 345 0 3566

* Exported from MasterCook *

Orange-Currant Scones

Recipe By

Serving Size : 20 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1/2 1/3 1 3/4 3 2 1/2 1/4 1	cup cups tablespoons teaspoons teaspoon tablespoon	grated orange peel egg beaten
4 1	tablespoons	half-and-half (4 to 6 tablespoons) egg white beaten

Heat oven to 400°. Soak currants in warm water for 10 minutes to soften; drain. Cut margarine into flour, sugar, baking powder and salt with pastry blender until mixture resembles fine crumbs. Stir in orange peel, egg, currants and just enough half-and-half until dough leaves side of bowl.

Turn dough onto lightly floured surface. Knead lightly 10 times. Divide dough into 2 parts. Roll or pat into two 6-inch circles about 1/2 inch thick. Place on ungreased cookie sheet; brush with beaten egg white.

Bake 10 to 12 minutes or until golden brown. Immediately remove from cookie sheet. Cut into wedges to serve.

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Description:

"Scones come from Scotland and are often cooked on a griddle. Here they are baked for ease—but not lack of flavor!" Copyright:
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Yield: "20 Scones"

Per serving: 93 Calories (kcal); 4g Total Fat; (35% calories from fat); 2g Page 256

betty crocker best of baking recipes.txt
Protein; 13g Carbohydrate; 10mg Cholesterol; 130mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 4098 0 0 0 0 0 704 0

Overnight Danish Twists

Recipe By

Serving Size : 27 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
2 1/2 4 1/3 2 1 4 1	packages cup cups cup teaspoons cup large cup	regular or quick active dry yeast warm water (105° to 115°) all-purpose flour* sugar salt cold stick butter cut into small pieces** eggs milk Jam or preserves Powdered Sugar Glaze (recipe follows)
1 1/2 3/4 2	cups teaspoon tablespoons tablespoons	POWDERED SUGAR GLAZE powdered sugar vanilla water (2 to 3 tablespoons) OR milk (2 to 3 tablespoons)

Dissolve yeast in warm water in large bowl. Mix in flour, sugar and salt. Cut in butter, using pastry blender or crisscrossing 2 knives, until mixture looks like fine crumbs.

Separate egg yolks from egg whites; refrigerate egg whites for later use. Stir egg yolks and milk into flour mixture until soft dough forms. Cover bowl with plastic wrap and refrigerate at least 8 hours but no longer than 24 hours. Lightly grease 2 large cookie sheets with shortening.

Punch down dough. Divide dough into 3 equal parts. Roll 1 part dough at a time into rectangle, 9×7 inches, on lightly floured surface. (If dough becomes too sticky while shaping, refrigerate 5 to 10 minutes.) Cut rectangle crosswise into nine 1-inch strips.

For each twist, pinch ends of each strip together to form ring, stretching strip slightly, then twist to form figure 8. Place at least 2 inches apart on cookie sheet. Brush with egg white. Let rise uncovered at room temperature about 25 minutes or until dough is puffy and loops fill in.

Heat oven to 350°.

Make an indentation in center of each loop. Fill with 1/2 to 1 teaspoon jam. Brush dough with egg white. Bake about 15 minutes or until light golden brown. Immediately remove to wire rack; cool slightly. Drizzle Powdered Sugar Glaze over warm twists.

To make the Powdered Sugar Glaze:

Mix all ingredients until smooth. If necessary, stir in additional water, 1/2 teaspoon at a time, until drizzling consistency.

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Yield:
 "27 Twists"

Per serving: 180 Calories (kcal); 8g Total Fat; (39% calories from fat); 3g Protein; 24g Carbohydrate; 47mg Cholesterol; 241mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1/2 Other Carbohydrates

NOTES: * Do not use self-rising flour in this recipe.

** We do not recommend using margarine or vegetable oil spreads. Nutr. Assoc. : 26366 5472 14 0 0 5136 0 0 0 2130706543 0 0 0 0 1582 0 2130706543

Overnight Lasagne

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Main and Side Dishes Pasta

Amount	Measure	Ingredient Preparation Method
1 1 1 1 1/3	medium	ground beef onion chopped (about 1/2 cup) garlic crushed chopped fresh parsley leaves OR
2 1 2	tablespoon	dried parsley leaves
1 1/2 1 1 1 1	teaspoon (16 ounce) ca (10 3/4 ounce	dried basil leaves seasoned salt n whole tomatoes undrained) can condensed tomato soup tomato paste
2 1/2 12 1 2 1/4	cups (12 ounce) co	water uncooked lasagne noodles (about 12 ounces) ntainer creamed cottage cheese shredded Mozzarella cheese (8 ounces) grated Parmesan cheese

Cook and stir ground beef, onion and garlic in Dutch oven until beef is brown; drain. Stir in parsley, sugar, basil, seasoned salt, tomatoes, tomato soup, tomato paste and water; break up tomatoes. Heat to boiling, stirring occasionally; reduce heat. Simmer uncovered 20 minutes.

Spread 2 cups of the sauce mixture in ungreased rectangular baking dish, $13 \times 9 \times 2$ inches. Top with 4 noodles. Spread half of the cottage cheese over noodles; spread with 2 cups of the sauce mixture. Sprinkle with 1 cup of the Mozzarella cheese. Repeat with 4 noodles, the remaining cottage cheese, 2 cups of the sauce mixture and the remaining Mozzarella cheese. Top with the remaining noodles and sauce mixture; sprinkle with Parmesan cheese. Cover and refrigerate up to 12 hours.

Heat oven to 350°. Bake covered 30 minutes. Uncover and bake until hot and Page 258

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt bubbly, 30 to 40 minutes longer. Let stand 15 minutes before cutting.

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Per serving: 395 Calories (kcal); 18g Total Fat; (39% calories from fat); 28g Protein; 32g Carbohydrate; 69mg Cholesterol; 1005mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 3 1/2 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

NOTES: Lasagne is an American favorite, always perfect for family meals, casual get-togethers and potluck suppers. While Americans use the word lasagne to mean a casserole made with lasagne noodles, cheese and tomato sauce, Italians use it to mean the wide noodles used in many kinds of Italian dishes.

Easy overnight lasagne: Substitute 6 1/2 cups prepared spaghetti sauce for the parsley, sugar, basil, seasoned salt, canned tomatoes, tomato soup, tomato paste and water. Stir sauce into drained beef mixture. Do not simmer. Continue as directed.

Nutr. Assoc.: 9018 0 0 20067 0 2130706543 0 20028 0 2130706543 0 2470 0 0 0 306 0 26153 0

* Exported from MasterCook *

Panettone

Recipe By

Serving Size : 32 Preparation Time :0:00

Categories : Cakes

Amount	Measure	Ingredient Preparation Method
2 1 1/2 1/2	packages cup cup	warm water (105° to 115°) sugar
1/2 3	cup teaspoon	margarine or butter (1 stick) softened eggs salt
1 1	teaspoon teaspoon	grated lemon peel vanilla
5 1/2 1/2	cups cup	all-purpose flour (5 to 5 1/2 cups) golden raisins chopped citron
2	cup tablespoons	

Dissolve yeast in warm water in large bowl. Stir in sugar, 1/2 cup margarine, the eggs, salt, lemon peel, vanilla and 2 1/2 cups of the flour. Beat until smooth. Stir in raisins, citron, pine nuts and enough flour to make dough easy to handle.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead about 5 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place 1 1/2 to 2 hours or until double. (Dough is ready if indentation remains when touched.)

Punch down dough; divide in half. Shape each half into round loaf, about 6 inches in diameter. Place each loaf in ungreased round pan, $8\times 1\ 1/2$ inches. Cut an X shape 1/2 inch deep on top of each loaf.

Generously grease one side of a strip of heavy brown paper, about 25 \times 4 inches. Fit and coil paper around inside of pan, greased side toward center, forming a collar; fasten with paper clip. Repeat for second loaf. Cover and let rise about 1 hour or until double.

Heat oven to 350°. Bake 35 to 45 minutes or until golden brown. Remove loaves from pans to wire rack; remove paper. Brush margarine on tops of loaves; cool.

2 loaves (16 slices each)

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Yield: "2 Loaves"

Per serving: 135 Calories (kcal); 4g Total Fat; (25% calories from fat); 3g Protein; 22g Carbohydrate; 27mg Cholesterol; 109mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 26366 5472 0 2394 0 0 20084 0 14 0 2429 4489 0

* Exported from MasterCook *

Parmesan-Tomato Muffins

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1 1/4 1 2	cup cup	milk vegetable oil egg
2 1/4 1	cups cup tablespoon	all-purpose flour grated Parmesan cheese chopped fresh basil leaves OR
1 2 1/2 1/4 1/2 1/4	teaspoon teaspoons teaspoon cup cup	dried basil leaves baking powder salt chopped sun-dried tomatoes in olive oil drained chopped pimiento-stuffed olives Grated Parmesan cheese

Heat oven to 400° . Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Beat milk, oil and egg in large bowl. Stir in flour, 1/4 cup Parmesan cheese, the basil, baking powder and salt just until flour is moistened. Fold in tomatoes and olives. Divide batter evenly among muffin cups (cups will be almost full). Sprinkle with Parmesan cheese.

Bake 18 to 20 minutes or until golden brown. Immediately remove from pan.

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Yield: "12 Muffins"

Per serving: 156 Calories (kcal); 7g Total Fat; (41% calories from fat); 4g Protein; 18g Carbohydrate; 20mg Cholesterol; 233mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 20028 0 2130706543 0 0 1448 2678 0

* Exported from MasterCook *

Parsley Pinwheels and Ham Bake

Recipe By

Recipe By : Serving Size : 8 Preparation Time :0:00

: Main and Side Dishes Categories Pork

Amount	Measure	Ingredient Preparation Method
2	cunc	cut-up fully cooked smoked ham
1	(10 3/4 ounce)) can condensed cream of chicken soup
1/2	cup	chopped green pepper
1/2		chopped onion
1/2		chopped pimiento drained dry mustard
$\frac{1}{3}$		shortening
1 3/4		all-purpose flour*
2 1/2 3/4	teaspoons teaspoon	
3/4	Cup	milk
1/2	cup	snipped parsley

Heat oven to 425°. Mix ham, soup, green pepper, onion, pimiento and mustard; pour into ungreased baking dish, $8\times8\times2$ inches.

Cut shortening into flour, baking powder and salt with pastry blender until mixture resembles fine crumbs. Stir in just enough milk so dough leaves side of bowl and rounds up into a ball.

Turn dough onto lightly floured surface. Knead lightly 10 times. Roll into rectangle, 12×9 inches; sprinkle with parsley. Roll up, beginning at narrow end; pinch edge to seal. Cut into 1-inch slices. Arrange slices, cut sides up, on ham mixture.

Bake until biscuits are golden brown, 20 to 30 minutes.

6 to 8 servings

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Per serving: 296 Calories (kcal); 15g Total Fat; (47% calories from fat); 11g Protein; 28g Carbohydrate; 25mg Cholesterol; 1111mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 1/2

Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit baking powder and salt. Nutr. Assoc.: 2819 2946 20088 0 4487 0 0 14 0 0 0 3394 0

Partridge-in-a-Pear-Tree Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

: Holiday Pies Categories

Amount	Measure	Ingredient Preparation Method
3 1 1/2	cups	cranberries (12 ounces) sugar
1	(8 3/4 ounce)	can crushed pineapple drained (reserve syrup) Favorite Pastry for 9-Inch Two-Crust Pie (see recipe)
3	tablespoons	
1/4 1/4	teaspoon teaspoon	salt ground cinnamon
1	(8 ounce) can	pear halves drained and cut into halves Sugar

Cook cranberries, 1 1/2 cups sugar, the pineapple and 1/4 cup of the reserved syrup, stirring constantly, until cranberries are tender, about 5 minutes. Cool.

Prepare pastry as directed-except flute bottom crust. Mix flour, salt and cinnamon; stir into cranberry mixture. Pour into pastry-lined pie plate. Gently press pear slices spoke-fashion onto cranberry mixture.

Heat oven to 400°. After rolling pastry for top crust, cut partridge, leaf and pear shapes (see photograph). Sprinkle with sugar, if desired; place on ungreased cookie sheet.

Bake pastry cutouts and pie until cutouts and pie are golden brown, 7 to 10 minutes for cutouts and about 40 minutes for pie. Arrange cutouts on pie.

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Yield:

"1 Pie"

Per serving: 340 Calories (kcal); 9g Total Fat; (22% calories from fat); 2g Protein; 65g Carbohydrate; 8mg Cholesterol; 203mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1 Fruit; 1 1/2 Fat; 2

1/2 Other Carbohydrates

^{*} Exported from MasterCook *

NOTES: You can fashion other pastry cutouts for your Christmas pies: Use a cookie cutter (bell, star, tree) or cut around your own

patterns

Nutr. Assoc. : 2928 0 0 0 0 0 0 0 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch Two-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
2		all-purpose flour
2/3	teaspoon cup	lard
2/3	cup	OR plus 2 tablespoons shortening
4 ′	tablespoons	cold water (4 to 5 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Divide pastry in half and shape into 2 flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Turn desired filling into pastry-lined pie plate. Trim overhanging edge of pastry 1/2 inch from rim of plate. Roll other round of pastry. Fold into fourths; cut slits so steam can escape.

Place over filling and unfold. Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

"2 Crusts"

Per serving: 268 Calories (kcal); 17g Total Fat; (59% calories from fat); 3g Protein; 24g Carbohydrate; 16mg Cholesterol; 267mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Pasta Casserole

Recipe By

Preparation Time :0:00 Serving Size : 8

Categories : Main and Side Dishes Pasta

Amount	Measure	Ingredient Preparation Method
1 1 1	(26 ounce) ja	ckage mostaccioli pasta r spaghetti sauce (1 jar, 26 to 30 ounces) ntainer Ricotta cheese
1 drain		ckage frozen chopped spinach thawed and squeezed to
uram		
2		green onions chopped
2	tablespoons	šliced pimiento-stuffed olives
2	tablespoons	grated Parmesan cheese
1	tablespoon	chopped fresh parsley
		OR
1	teaspoon	dried parsley flakes
1/8	teaspoon	pepper

Heat oven to 375°. Cook pasta as directed on package; drain. Mix pasta and remaining ingredients. Spoon into ungreased rectangular baking dish, 13 \times 9 \times 2 inches. Cover and bake about 40 minutes or until hot and bubbly.

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T(Bake): "0:40"

Per serving: 421 Calories (kcal); 13g Total Fat; (27% calories from fat); 17g Protein; 61g Carbohydrate; 28mg Cholesterol; 574mg Sodium Food Exchanges: 3 Grain(Starch); 1 Lean Meat; 3 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 4363 5072 0 0 0 3584 0 0 0 2130706543 0

* Exported from MasterCook *

Pastitsio

Recipe By

Serving Size : 8 Preparation Time :0:00

: Main and Side Dishes Categories Pasta

Amount	Measure	Ingredient Preparation Method
1 1/2 1 1/4	(16 ounce) pa pound medium teaspoon	ckage rigatoni pasta extra-lean ground beef onion chopped (about 1/2 cup) salt

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betty crocker best of baking recipes.txt
             teaspoon ground allspice
teaspoon ground cinnamon
teaspoon ground nutmeg
   1/4
   1/4
   1/4
   1/2
                        dry white wine
                   cup
                         OR
                   cup water
   1/2
1
         (6 ounce) can no-salt-added tomato paste
1
           tablespoon margarine
   1/4
                   cup all-purpose flour
2
         (12 ounce) cans evaporated skimmed milk
1
         (14 1/2 ounce) can 1/3 less-salt clear chicken broth
   1/4
                         pepper
              teaspoon
                         crumbled Feta cheese (4 ounces)
1
                   cup
   1/4
                   cup chopped fresh parsley
```

Heat oven to 350° . Grease rectangular baking dish, $13 \times 9 \times 2$ inches. Cook and drain pasta as directed on package. While pasta is cooking, cook ground beef and onion in 10-inch nonstick skillet over medium heat, stirring occasionally, until beef is brown; drain. Stir in salt, allspice, cinnamon, nutmeg, wine and tomato paste; remove from heat and reserve.

Melt margarine in 3-quart saucepan over medium heat. Stir in flour. Cook, stirring frequently, until bubbly. Stir in milk, broth and pepper. Cook, stirring frequently with wire whisk, until mixture begins to thicken (do not boil). Stir in cheese and parsley until cheese is melted. Stir in pasta.

Spread half of the pasta mixture in baking dish. Spread beef mixture evenly over pasta mixture. Spread remaining pasta mixture over beef mixture. Bake uncovered 30 minutes.

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T(Bake): '0:30"

Per serving: 447 Calories (kcal); 11g Total Fat; (21% calories from fat); 25g Protein; 62g Carbohydrate; 37mg Cholesterol; 438mg Sodium Food Exchanges: 3 Grain(Starch); 1 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 4363 9018 0 0 0 0 0 0 0 2130706543 26425 0 0 551 20115 0 20048 0

* Exported from MasterCook *

Peach-Almond Shortcake

Recipe By

Preparation Time :0:00 Serving Size : 8

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
2 2 3 1	tablespoons	baking powder

```
betty crocker best of baking recipes.txt
   1/3
3/4
                       shortening
                  cup
                       mi1k
                       margarine or butter -- softened
1
          tablespoon
   1/4
                       packed brown sugar
                  cup
   1/2
                       slivered almonds
                       Almond Whipped Cream -- (recipe follows)
4
                 cups
                       sweetened sliced peeled peaches
                       ALMOND WHIPPED CREAM
                       whipping (heavy) cream -- chilled
                  cup
3
         tablespoons
                       sugar
   1/2
                       almond extract
            teaspoon
```

Heat oven to 450°. Grease round pan, $9\times1~1/2$ inches. Mix flour, 2 tablespoons sugar, the baking powder and salt. Cut in shortening. Stir in milk. Spread in pan; brush with margarine. Sprinkle with brown sugar and almonds.

Bake until golden brown, about 20 minutes. Remove from pan; cool slightly. Split shortcake to make 2 layers. Fill layers with half of the Almond Whipped Cream and peaches. Top each serving with remaining whipped cream and peaches.

ALMOND WHIPPED CREAM:

Beat all ingredients in chilled bowl until soft peaks form.

6 to 8 servings

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Per serving: 466 Calories (kcal); 27g Total Fat; (50% calories from fat); 7g Protein; 52g Carbohydrate; 44mg Cholesterol; 493mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 5 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 4098 0 0 2130706543 4980 0 0 721 0 0

* Exported from MasterCook *

Peachy Cornish Game Hens

Recipe By :

Serving Size : 2 Preparation Time :0:00

Categories : Game Holiday

Main and Side Dishes

Amount Measure Ingredient -- Preparation Method 2 Rock Cornish hens (3/4 to 1 pound each) Salt Margarine or butter -- melted Orange Rice -- (recipe follows) peach jam 1/4 cup OR 1/4 cup orange marmalade 1 teaspoon soy sauce 1 garlic -- finely chopped clove Page 266

			ORANGE RICE
	1/2	cup	uncooked regular long grain rice
1	•	teaspoon	grated orange peel
	1/4	teaspoon	ground nutmeg
2		medium	carrots sliced (about 1 cup)*
1		cup	hot chicken broth
2		tablespoons	orange juice
1		tablespoon	orange juice chopped fresh parsley

Heat oven to 350° . Sprinkle cavities of hens with salt. Place breast sides up, on oven rack in shallow pan. Brush with margarine.

Roast uncovered 45 minutes, brushing with margarine 3 or 4 times.

While hens are roasting prepare Orange Rice. Add to oven with hens 35 minutes before hens are done. Mix jam, soy sauce and garlic. Brush hens with jam mixture.

Roast uncovered about 15 minutes longer, brushing once with jam mixture, until juices run clear. Serve with Orange Rice.

ORANGE RICE:

When grating orange peel, be sure not to grate in the white section—it has a bitter flavor.

Heat oven to 350°. Mix rice, orange peel and nutmeg in ungreased 1-quart casserole. Stir in carrots and broth. Cover and bake 30 to 35 minutes or until liquid is absorbed. Sprinkle with orange juice. Add parsley; toss until well mixed. Let stand 5 minutes before serving.

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Per serving: 1004 Calories (kcal); 50g Total Fat; (44% calories from fat); 65g Protein; 72g Carbohydrate; 339mg Cholesterol; 804mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 8 1/2 Lean Meat; 1 1/2 Vegetable; 0 Fruit;

5 Fat; 1 1/2 Other Carbohydrates

NOTES: *Use 1 cup frozen sliced carrots instead of preparing fresh

Nutr. Assoc. : 4770 0 4098 2130706543 4386 0 2130706543 0 0 0 0 209 0 0 0 327 0 0

Peachy Pinwheels

Recipe By :

Serving Size : 60 Preparation Time :0:00

Categories : Cookies & Brownies

Amount Measure Ingredient -- Preparation Method

1 cup finely chopped dried peaches
3/4 cup water
1/2 cup sugar
1/2 teaspoon freshly ground nutmeg
1/2 cup margarine or butter -- softened
Page 267

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt 1/4 cup shortening 1 2 cup sugar eggs teaspoon vanilla 1 2 1/2 all-purpose flour cups teaspoon baking powder 1/4 teaspoon salt

Mix peaches, water, 1/2 cup sugar and the nutmeg in 1-quart saucepan. Heat to boiling; reduce heat. Cover and simmer about 35 minutes or until peaches are tender and water is almost absorbed; cool slightly. Mash with fork.

Mix margarine, shortening, 1 cup sugar, the eggs and vanilla. Stir in remaining ingredients. Cover and refrigerate at least 1 hour.

Divide dough in half. Roll each half into rectangle, 11×7 inches, on floured surface. Spread half of the peach mixture to within 1/2 inch of edges of each rectangle. Roll up tightly, beginning at long side. Pinch to seal. Wrap and refrigerate at least 4 hours or until firm.

Heat oven to 375°. Cut roll into 1/4-inch slices. Place on ungreased cookie sheet.

Bake about 10 minutes or until light brown; cool.

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Yield: "60 Cookies"

T(Bake): "0:10"

Per serving: 68 Calories (kcal); 3g Total Fat; (33% calories from fat); 1g Protein; 11g Carbohydrate; 6mg Cholesterol; 37mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : For the freshest nutmeg flavor, grate your own nutmeg. Nutr. Assoc. : 3137 0 0 3620 4098 0 0 0 0 0 0

Peanut Butter Buttercream Frosting

Recipe By

Serving Size : 16 Preparation Time :0:00

: Cakes Categories Desserts

Amount Measure Ingredient -- Preparation Method 3 powdered sugar cups 1/3 cup peanut butter $1 \frac{1}{2}$ teaspoons vanilla cup mi1k

Mix powdered sugar and peanut butter in medium bowl. Stir in vanilla and milk.

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Beat until smooth and spreadable. Frosts one 13×9 -inch cake or fills and frosts one 8- or 9-inch two-layer cake.

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Yield:

"2 1/4 Cups"

Per serving: 123 Calories (kcal); 3g Total Fat; (20% calories from fat); 1g Protein; 24g Carbohydrate; 1mg Cholesterol; 27mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: Tip

Place all ingredients in food processor. Cover and process, stopping occasionally to scrape sides, until smooth and

spreadable.

Nutr. Assoc. : 0 0 0 0

* Exported from MasterCook *

Pear Tart Tatin

Recipe By

Serving Size : 8 Preparation Time :0:00

: Holiday Pies Categories

Amount Measure Ingredient -- Preparation Method 2 tablespoons margarine or butter 1/2 cup packed brown sugar medium pears or tart apples (about 3 pounds) -- peeled, cored 6 and cut into eighths

1/2 (17 1/4 ounce) package frozen puff pastry -- thawed Pear Chantilly Cream -- (recipe follows) PEAR CHANTILLY CREAM

whipping (heavy) cream pear liqueur, pear brandy, apple brandy or cup tablespoon apple juice

Heat margarine and brown sugar in 10-inch ovenproof skillet over medium heat, stirring constantly, until melted. Stir in pears. Cook 20 to 25 minutes, stirring frequently, until syrup thickens; remove from heat. If desired, use two forks and arrange pear slices overlapping in a pinwheel pattern.

Heat oven to 400°. Roll pastry into 10 1/2-inch square on lightly floured surface. Cut into 10 1/2-inch circle. Fold pastry into fourths; cut slits so steam can escape. Place over pears in skillet and unfold; carefully tuck edge down around pears.

Bake 15 to 20 minutes or until brown. Let stand 5 minutes; invert onto heatproof serving plate. Serve with Pear Chantilly Cream.

PEAR CHANTILLY CREAM:

Beat ingredients in chilled medium bowl until soft peaks form.

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Per serving: 429 Calories (kcal); 26g Total Fat; (53% calories from fat); 3g Protein; 47g Carbohydrate; 41mg Cholesterol; 127mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1 Fruit; 5 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 4098 0 4410 26911 2130706543 0 0 1616 26031

* Exported from MasterCook *

Pecan Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories Pies : Desserts

Amount	Measure	Ingredient Preparation Method
		Favorite Pastry for One-Crust Pie (see recipe)
2/3	cup	sugar
2/3 1/3		stick margarine or butter melted*
1	cup	corn syrup
1/2	teaspoon	salt
3	large	eggs
1	cup	pecan halves or broken pecans

Heat oven to 375°. Prepare pastry.

Beat sugar, margarine, corn syrup, salt and eggs in medium bowl with wire whisk or hand beater until well blended. Stir in pecans. Pour into pastry-lined pie plate.

Bake 40 to 50 minutes or until center is set.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "1 Pie"

Per serving: 496 Calories (kcal); 27g Total Fat; (47% calories from fat); 5g Protein; 63g Carbohydrate; 78mg Cholesterol; 426mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 5 Fat; 3 Other Carbohydrates

NOTES: *Spreads with at least 65% vegetable oil can be substituted.

Lighter Pecan Pie: For less fat and fewer calories per serving, decrease the margarine to 1/4 cup. Substitute 1 egg plus 4 egg whites for the 3 eggs. Add 1 teaspoon vanilla with the egg.

betty crocker best of baking recipes.txt Substitute 1/2 cup quick-cooking or old-fashioned oats and 1/2 cup chopped pecans for the 1 cup pecan halves.

Kentucky Pecan Pie: Add 2 tablespoons bourbon with the corn syrup. Stir in 1 package (6 ounces) semisweet chocolate chips (1 cup) with the pecans.

Nutr. Assoc. : 0 0 4098 0 0 0 4431

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
1 1/2 1/3	teaspoon	all-purpose flour salt lard
1/3	cup tablespoons	OR plus 1 tablespoon shortening cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
 "1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Peppernuts

Recipe By

Serving Size : 96 Preparation Time :0:00

Holiday Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
3/4 1/2 1/2	cup cup cup tablespoon	packed brown sugar shortening light molasses hot water
1 3	drops	egg anise oil OR
1/2 3 1/3 1/2 1/2	teaspoon cups teaspoon teaspoon	anise extract
1/2 1/4 1/8	teaspoon teaspoon teaspoon	ground cloves salt white pepper

Heat oven to 350°. Mix brown sugar, shortening, molasses, water, egg and anise oil in large bowl. Stir in remaining ingredients. Knead dough until stiff enough to mold. Shape dough into 3/4-inch balls. Place about 1 inch apart on ungreased cookie sheet.

Bake about 12 minutes or until bottoms are golden brown. Remove from cookie sheet. Cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"These spicy, crunchy morsels are Christmas favorites. The traditional German spelling is Pfeffernusse, and many people like to call them by this name.

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Yield: "96 Cookies"

Per serving: 37 Calories (kcal); 1g Total Fat; (28% calories from fat); 1g Protein; 6g Carbohydrate; 2mg Cholesterol; 14mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES: For traditionally hard Peppernuts, store in airtight container. For softer cookies, store with an apple or orange slice in airtight container, replacing fruit slice frequently.

Nutr. Assoc.: 0 0 0 0 0 0 2130706543 0 0 0 0 0

Pepperoni Pizza Bread (1 1/2-Pound Recipe)

^{*} Exported from MasterCook *

Recipe By : Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
1	cup	plus 2 tablespoons water
3	cups	bread flour [']
1/3	cup	shredded Mozzarella cheese
2	tablespoons	sugar
1 1/2	teaspoons	garlic salt
1 1/2	teaspoons	garlic salt dried oregano leaves
1 3/4	teaspoons	bread machine yeast sliced pepperoni
2/3	cup	sliced pepperoni

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer. Add pepperoni at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 210 Calories (kcal); 7g Total Fat; (31% calories from fat); 8g Protein; 28g Carbohydrate; 13mg Cholesterol; 539mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat;

O Other Carbohydrates

NOTES: We do not recommend this recipe for $1 \frac{1}{2}$ -pound bread machines

with cast-aluminum pans in horizontal-loaf shape. Nutr. Assoc. : 1582 0 0 0 0 3133 2019 0

* Exported from MasterCook *

Pepperoni Pizza Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine **Breads**

Am	ount	Measure	Ingredient Preparation Method
	3/4	cup	water
2		cups	bread flour
	1/4	cup	shredded Mozzarella cheese
1		tablespoon	sugar
1		teaspoon	garlic salt
1		teaspoon	ďried oregano leaves
1		teaspoon	bread machine yeast
	1/2	cup	sliced pepperoni

betty crocker best of baking recipes.txt Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer. Add pepperoni at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Loaf"

Per serving: 217 Calories (kcal); 8g Total Fat; (33% calories from fat); 8g Protein; 27g Carbohydrate; 15mg Cholesterol; 574mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; O Other Carbohydrates

NOTES: We do not recommend this recipe for 1 1/2-pound bread machines with cast-aluminum pans in horizontal-loaf shape. Nutr. Assoc. : 0 0 0 0 0 3133 2019 0

* Exported from MasterCook *

Pepperoni Pizza-Hamburger Pie

Recipe By Serving Size Categories

: 6 Preparation Time :0:00

: Beef Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
1	pound	lean ground beef
1/3	_ cup	dry bread crumbs
1	large	egg
1 1/2	teaspoons	chopped fresh oregano leaves
		OR
1/2	teaspoon	dried oregano leaves
1/4	teaspoon	salt
1/2	cup	sliced mushrooms
1	small	
1/3	cup	chopped pepperoni (2 ounces)
1/4	cup	sliced ripe olives
1	cup	spaghetti sauce
1	cup	shredded Mozzarella cheese (4 ounces)

Heat oven to 400° . Mix beef, bread crumbs, egg, oregano and salt; press evenly against bottom and side of ungreased pie plate, 9×1 1/4 inches. Sprinkle mushrooms, bell pepper, pepperoni and olives into meat—lined plate. Pour spaghetti sauce over toppings.

Bake uncovered 25 minutes or until beef is no longer pink in center and juice is clear; carefully drain. Sprinkle with cheese. Bake about 5 minutes longer or until cheese is light brown. Let pie stand 5 minutes before cutting.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

Description:

"Ring a new change on a family favorite! This pie has the flavors of traditional pizza-but with a ground beef crust!"

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Yield: "1 Pie"

Per serving: 362 Calories (kcal); 23g Total Fat; (58% calories from fat); 24g Protein; 14g Carbohydrate; 105mg Cholesterol; 791mg Sodium Food Exchanges: 1/2 Grain(Starch); 3 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 3 Fat; O Other Carbohydrates

Nutr. Assoc. : 9018 0 0 26053 0 2130706543 0 0 0 4441 4971 0 922

* Exported from MasterCook *

Pesto

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes Sauces

Amount	Measure	Ingredient Preparation Method
3/4 3/4 1/4	cup cup	firmly packed fresh basil leaves grated Parmesan cheese olive or vegetable oil pine nuts garlic

Place all ingredients in blender or food processor. Cover and blend on medium speed about 3 minutes, stopping occasionally to scrape sides, until smooth. Toss with hot cooked pasta, if desired.

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Yield:
"1 1/3 Cups"

Per serving: 323 Calories (kcal); 33g Total Fat; (91% calories from fat); 5g Protein; 2g Carbohydrate; 8mg Cholesterol; 191mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 6 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 3333 0 986 901127 0

* Exported from MasterCook *

Pesto Biscuits Page 275

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1/3	cup	shortening
1/4	cup	pesto
2	cups	all-purpose flour
3	teaspoons	baking powder
1/2	teaspoon	salt
1/2	cup	milk (about)
•	•	Grated Parmesan cheese

Heat oven to 450°. Cut shortening and pesto into flour, baking powder and salt with pastry blender in large bowl until mixture resembles fine crumbs. Stir in just enough milk so dough leaves side of bowl and forms a ball.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead lightly 10 times. Roll or pat 1/2 inch thick. Cut with floured 2 1/2-inch biscuit cutter. Place about 1 inch apart on ungreased cookie sheet. Sprinkle with cheese.

Bake 10 to 12 minutes or until golden brown. Immediately remove from cookie sheet. Serve hot.

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Yield:

"10 Biscuits"

Per serving: 188 Calories (kcal); 10g Total Fat; (48% calories from fat); 4g Protein; 20g Carbohydrate; 2mg Cholesterol; 301mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 0

Other Carbohydrates

Nutr. Assoc. : 0 4449 0 0 0 4038 0

* Exported from MasterCook *

Pesto Pinwheels

Recipe By Serving Size

: 40 Preparation Time :0:00

: Appetizers Holiday Categories

Amount	Measure	Ingredient Preparation Method
1 1	(17 1/4 ounce cup	e) package frozen puff pastry thawed Spinach Pesto (see recipe)
1 1	cup	OR other prepared pesto egg beaten

Heat oven to 400°. Roll each sheet of puff pastry on a very lightly floured surface into rectangle, 14 × 10 inches. Spread 1/2 cup of the Page 276

betty crocker best of baking recipes.txt Spinach Pesto evenly over each rectangle to within 1/2 inch of long sides. Loosely roll pastry from narrow end; brush edge of roll with egg and pinch into roll to seal. Cut into 1/2-inch slices, using sharp knife. Place on ungreased cookie sheet.

Bake 8 to 10 minutes or until golden brown.

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Yield:

"40 Appetizers"

Per serving: 78 Calories (kcal); 6g Total Fat; (65% calories from fat); 1g Protein; 6g Carbohydrate; 5mg Cholesterol; 41mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0

Other Carbohydrates

Nutr. Assoc. : 27140 0 0 2130706543 0

* Exported from MasterCook *

Spinach Pesto

Recipe By

Serving Śize : 60 Preparation Time :0:00

Categories : ноlidav Sauces

Amount	Measure	Ingredient Preparation Method
4 1	cups cup	firmly packed spinach (10 to 12 ounces) firmly packed fresh basil
1/2	cup cup	OR dried basil leaves grated Parmesan cheese
1 1/2	cup	olive oil chopped pine nuts
1/2	сир	OR chopped walnuts
1/2	teaspoon	salt
1/4 8	teaspoon cloves	pepper garlic

Place 2 cups of spinach and remaining ingredients in food processor. Cover and process 1 minute. Add remaining spinach and process about 2 minutes, stopping processor occasionally to scrape sides, until finely chopped and smooth. (Or place all ingredients except spinach in blender. Cover and blender occasionally to scrape sides. Add spinach, 1 cup at a time, blending until smooth after each addition.) Store covered in refrigerator up to 3 days or in freezer up to 3 months.

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Yield:
"7 1/2 Cups"

Per serving: 45 Calories (kcal); 5g Total Fat; (88% calories from fat); 1g Protein; trace Carbohydrate; 1mg Cholesterol; 44mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 1423 3332 0 2130706543 0 0 20187 0 2130706543 0 0 0

* Exported from MasterCook *

Pesto-Tomato Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

: Bread Machine **Breads** Categories

Amount	Measure	Ingredient Preparation Method
1/3	cup	<pre>coarsely chopped, softened* sun-dried tomatoes (not oil packed)</pre>
1	cup	plus 2 tablespoons water
1/3	cup	pesto
3	cups	bread flour
2	tablespoons	sugar
1 1/2	teaspoons	salt
1 1/4	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"The pesto adds a wonderful flavor to this bread. You can use any pesto you want, whether it is conveniently bought from the grocery store or you make it yourself with your favorite recipe. Either way, it's delicious!"

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Yield: "1 Loaf"

Per serving: 170 Calories (kcal); 4g Total Fat; (19% calories from fat); 6g

Protein; 28g Carbohydrate; 2mg Cholesterol; 343mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

NOTES: *Soak tomatoes in 1 cup very hot water about 10 minutes or until softened; drain.

Nutr. Assoc. : 1447 1582 4449 0 0 0 2019

* Exported from MasterCook *

Pesto-Tomato Bread (1-Pound Recipe)

Recipe By

Serving Śize Preparation Time :0:00 : 8

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
1/4	cup	<pre>coarsely chopped, softened* sun-dried tomatoes (not oil packed)</pre>
3/4	cup	water
1/4	cup	pesto
2		bread flour
1	tablespoon	sugar
1	teaspoon	saĪt
3/4	teaspoon	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"The pesto adds a wonderful flavor to this bread. You can use any pesto you want, whether it is conveniently bought from the grocery store or you make it yourself with your favorite recipe. Either way, it's delicious!

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Yield:

"1 Loaf"

Per serving: 173 Calories (kcal); 4g Total Fat; (21% calories from fat); 6g Protein; 28g Carbohydrate; 2mg Cholesterol; 352mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

NOTES: *Soak tomatoes in 1 cup very hot water about 10 minutes or until softened; drain. Nutr. Assoc. : 1447 0 4449 0 0 0 2019

* Exported from MasterCook *

Pizza Bites

Recipe By

Serving Size : 6 Preparation Time :0:00

Appetizers Baking with Kids Categories

Breads

Amount Measure Ingredient -- Preparation Method Page 279

```
English muffins
  2
                            margarine or butter -- softened
             tablespoons
                            instant minced garlic
      1/8
                 teaspoon
            (3 1/2 ounce) package thinly sliced pepperoni cup shredded Mozzarella cheese (4 ounces)
      1/2
      1/2
                 teaspoon dried oregano leaves
Heat oven to 425°.
Split with fork, then toast: 3 English muffins
Mix in small bowl with spoon, then spread on muffin halves:
     2 tablespoons margarine or butter, softened
     1/8 teaspoon instant minced garlic
Cut each muffin half into 4 wedges. Put wedges, with sides touching, on
cookie sheet.
Put 1 slice on each muffin wedge:
     About 1/2 package (3 1/2-ounce size) thinly sliced pepperoni
Sprinkle over muffin wedges:
     1 cup shredded Mozzarella cheese (4 ounces)
     1/2 teaspoon dried oregano leaves
Bake 8 to 10 minutes or until cheese is melted. Separate into wedges.
Please note, if you should change this recipe it will no longer be an
approved Betty Crocker® Recipe.
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Per serving: 203 Calories (kcal); 13g Total Fat; (56% calories from fat); 8g Protein; 14g Carbohydrate; 23mg Cholesterol; 424mg Sodium Food Exchanges: 1 Grain(Starch); 1 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 0
Other Carbohydrates
NOTES: Utensils You Will Need
          Toaster • Small bowl • Small sharp knife • Measuring spoons •
Spoon • Sharp knife • Cutting board • Cookie sheet • Dry-ingredient measuring cup • Pot holders
Nutr. Assoc.: 0 4098 20130 4441 26153 1016
* Exported from MasterCook *
                                   Pizza Casserole
Recipe By
Serving Size
                           Preparation Time :0:00
                 : 6
                                                          Main and Side Dishes
Categories
                   Casseroles
                   Pasta
                             Ingredient -- Preparation Method
  Amount Measure
                            uncooked_wagon wheel pasta (8 ounces)
  4
                      cups
      1/2
                    pound
                            bulk Italian sausage
      1/4
                            sliced ripe olives
                       cup
            (4 ounce) can mushroom stems and pieces -- drained (28 ounce) jar spaghetti sauce
  1
                       cup shredded Mozzarella cheese (4 ounces)
                                            Page 280
```

Heat oven to 350°.

Cook and drain pasta as directed on package.

While pasta is cooking, cook sausage in 10-skillet over medium-high heat, stirring occasionally, until no longer pink; drain. Mix pasta, sausage and remaining ingredients except cheese in ungreased 2 1/2-quart casserole.

Cover and bake about 30 minutes or until hot and bubbly. Sprinkle with cheese. Bake uncovered about 5 minutes or until cheese is melted.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\circ}$ Recipe.

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Per serving: 606 Calories (kcal); 25g Total Fat; (36% calories from fat); 21g Protein; 75g Carbohydrate; 46mg Cholesterol; 1145mg Sodium Food Exchanges: 3 1/2 Grain(Starch); 1 1/2 Lean Meat; 4 1/2 Vegetable; 0 Fruit; 4 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 4363 3775 4971 2461 0 26153

* Exported from MasterCook *

Pocket Pizza

Recipe By

Serving Size : 2 Preparation Time :0:00

Categories : Baking with Kids

Am	ount	Measure	Ingredient Preparation Method
1	1 /2	cup	all-purpose flour
2	1/3	cup tablespoons	milk vegetable oil
$\bar{1}$	1 (2	teaspoon	baking powder
	1/2	teaspoon	salt Shortening
			Vegetable oil
	1/4 1/2	cup	pizza sauce
1	1/2	cup	shredded Mozzarella cheese (2 ounces)
		tablespoon	finely chopped onion OR
	1/4	teaspoon	onion powder
	1/8 1/2	teaspoon	garlic powder (1/8 to 1/4 teaspoon)
_	1/2	$(3 \frac{1}{2} \text{ ounce})$	package thinly sliced pepperoni
2	1 /2	tablespoons	pizza sauce (2 to 3 tablespoons)
	1/2	cup	shredded Mozzarella cheese (2 ounces)

Stir hard in small bowl with wooden spoon until dough leaves side of bowl (if dough seems dry, add 1 to 2 tablespoons milk):

1 cup all-purpose flour

1/3 cup milk

2 tablespoons vegetable oil

1 teaspoon baking powder

1/2 teaspoon salt

Sprinkle a clean surface (such as a kitchen counter or bread board) with flour. Put dough on surface. Roll ball of dough around 3 or 4 times. Knead Page 281

betty crocker best of baking recipes.txt dough quickly and lightly by folding, pressing and turning. Repeat 10 times. Cover dough with bowl and let stand 15 minutes.

Heat oven to 425°.

Grease cookie sheet with: Shortening

Roll or pat dough into 12-inch circle on lightly floured surface. Fold dough loosely in half. Put dough on cookie sheet, then unfold.

Brush dough lightly, using pastry brush, with: Vegetable oil

Layer on half of the dough circle in the order listed: 1/4 cup pizza sauce

1/2 cup shredded Mozzarella cheese (2 ounces)

1 tablespoon finely chopped onion or 1/4 teaspoon onion powder 1/8 to 1/4 teaspoon garlic powder About 1/2 package (3 1/2-ounce size) thinly sliced pepperoni 2 to 3 tablespoons pizza sauce

Another 1/2 cup shredded Mozzarella cheese (2 ounces)

Fold dough over filling. Turn edge of lower dough over edge of top dough, then pinch edge to seal. Poke top with fork.

Bake 20 to 25 minutes or until golden brown. Cut pizza in half.

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Per serving: 712 Calories (kcal); 42g Total Fat; (53% calories from fat); 26g Protein; 58g Carbohydrate; 76mg Cholesterol; 1834mg Sodium Food Exchanges: 3 Grain(Starch); 2 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 7 Fat; 0 Other Carbohydrates

NOTES: Utensils You Will Need

Cookie sheet • Pastry brush • Small bowl • Dry-ingredient measuring cups • Liquid measuring cup • Measuring spoons • Wooden spoon • Rolling pin • Ruler • Scissors • Fork • Pot holders

Nutr. Assoc. : 0 0 0 0 0 0 0 0 26153 0 0 2130706543 619 4440 4520 26153

* Exported from MasterCook *

Polenta with Cheese

Recipe By

Serving Size : 6 Preparation Time :0:00

Rice and Grains : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
3/4 3 1/4 2 1	cup cups teaspoons tablespoon	yellow cornmeal water boiling water salt margarine or butter grated Parmesan cheese Page 282

Heat oven to 350° . Grease 1 1/2 -quart casserole. Mix cornmeal and 3/4 cup water in 2-quart saucepan. Stir in 3 1/4 cups boiling water and the salt. Cook over medium-high heat, stirring constantly, until mixture thickens and boils; reduce heat. Cover and simmer 10 minutes, stirring occasionally; remove from heat. Stir until smooth.

Spread one-third of the polenta in casserole; dot with one-third of the margarine and sprinkle with 1/3 cup of the Parmesan cheese. Repeat twice. Sprinkle with Swiss cheese. Bake uncovered 15 to 20 minutes or until hot and bubbly.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 186 Calories (kcal); 8g Total Fat; (39% calories from fat); 9g Protein; 19g Carbohydrate; 16mg Cholesterol; 1003mg Sodium Food Exchanges: 1 Grain(Starch); 1 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Serving Ideas: Serve this satisfying polenta with grilled chicken.

Nutr. Assoc. : 0 0 0 0 4098 0 0

* Exported from MasterCook *

Pork Roast with Rosemary

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Main and Side Dishes Pork

Amount	Measure	Ingredient Preparation Method
2 1/2	pounds	pork loin roast (2 1/2 to 3-pounds)
2	tablespoons	chopped fresh rosemary leaves
4	cloves	chopped fresh rosemary leaves garlic finely chopped
1	teaspoon	salt
1/2	teaspoon	pepper
1	tablespoon	margarine or butter
1	small	onion chopped (about 1/4 cup)
2	tablespoons	onion chopped (about 1/4 cup) olive or vegetable oil

Heat oven to 350° . Trim fat from pork roast. Mix rosemary and garlic. Make 8 to 10 deep cuts about 2 inches apart in pork with sharp knife. Insert small amounts of garlic mixture in cuts. Sprinkle pork with salt and pepper.

Melt margarine in shallow roasting pan in oven; sprinkle with onion. Place pork in pan; drizzle with oil. Insert meat thermometer so that tip is in center of thickest part of pork and does not touch fat. Roast uncovered 1 3/4 to 2 hours or until thermometer reads 160°. Let stand 15 minutes before slicing.

Please note, if you should change this recipe it will no longer be an Page 283

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Per serving: 143 Calories (kcal); 7g Total Fat; (47% calories from fat); 17g Protein; 1g Carbohydrate; 43mg Cholesterol; 224mg Sodium Food Exchanges: 0 Grain(Starch); 2 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 26384 26055 0 0 0 4098 0 986

* Exported from MasterCook *

Potato Refrigerator Dough

Recipe By

Serving Size : 0 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1	nackago	active dry yeast
$\frac{1}{1} \frac{1}{2}$	runs	warm water (105° to 115°)
2/3	cup	sugar
$1 \ 1/2$	teaspoons	
2/3	cup	shortening
2		eggs
1	cup	lukewarm mashed potatoes*
6 1/2	cups	all-purpose flour** (6 1/2 to 7 cups)

Dissolve yeast in warm water in large mixing bowl. Stir in sugar, salt, shortening, eggs, potatoes and 4 cups of the flour. Beat until smooth. Mix in enough remaining flour to make dough easy to handle.

Turn dough onto lightly floured surface; knead until smooth and elastic, about 5 minutes. Place in greased bowl; turn greased side up. Cover bowl tightly; refrigerate at least 8 hours but no longer than 5 days. Punch down dough. Shape, let rise and bake as directed.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:
"This versatile dough makes so many delicious rolls! Use it to make Braided Dinner Rolls to Hamburger Buns.'

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Yield:
"10 1/3 cups"

Per serving: 4999 Calories (kcal); 158g Total Fat; (28% calories from fat); 102g Protein; 784g Carbohydrate; 378mg Cholesterol; 3832mg Sodium Food Exchanges: 42 1/2 Grain(Starch); 2 Lean Meat; 0 Vegetable; 0 Fruit; 29 Fat; 9 Other Carbohydrates

NOTES: *Instant mashed potatoes can be substituted for the mashed potatoes; prepare as directed on package for 2 servings

**If using self-rising flour, omit salt.

Nutr. Assoc. : 0 5472 0 0 0 0 4113 14

* Exported from MasterCook *

Potato Skins Olé

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Main and Side Dishes Potatoes

Amount	Measure	Ingredient Preparation Method
4	large	potatoes (about 2 pounds) baked
2	tablespoons	margarine or butter melted
1	cup	shredded Colby-Monterey Jack cheese (4
		ounces)
1/2	cup	sour cream
1/2	cup	sliced green onions (5 medium)
1/4	cup	salsa

Let potatoes stand until cool enough to handle. Cut potatoes lengthwise into fourths; carefully scoop out pulp, leaving 1/4-inch shells. Save potato pulp for another use.

Set oven control to broil. Place potato shells, skin sides down, in broiler pan. Brush potato flesh with margarine. Broil 4 to 5 inches from heat 8 to 10 minutes or until crisp and brown.

Sprinkle cheese over potato shells. Broil about 30 seconds or until cheese is melted. Mix sour cream and onions; spoon onto potatoes. Top with salsa.

8 servings (2 shells each)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker $^{\circ}$ Recipe.

Description:

"In this Tex-Mex version of a popular appetizer, the potato skins are baked, not fried."

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Per serving: 144 Calories (kcal); 9g Total Fat; (56% calories from fat); 2g Protein; 14g Carbohydrate; 6mg Cholesterol; 83mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

Nutr. Assoc.: 4600 4098 4923 0 20030 0

* Exported from MasterCook *

Potato-Chive Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine Breads

Amount Measure Ingredient -- Preparation Method

```
betty crocker best of baking recipes.txt
                         plus 2 tablespoons water margarine or butter -- softened
1
2
                   cup
          tablespoons
3
                         bread flour
                  cups
                        mashed potato mix (dry)
   1/2
                   cup
   1/4
                         chopped fresh chives
                   cup
                         OR
2
          tablespoons
                         freeze-dried chives
1
           tablespoon
                         sugar
  1/2
1
            teaspoons
                         salt
 3/4
            teaspoons
                        bread machine yeast
```

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:
 "1 Loaf"

Per serving: 155 Calories (kcal); 3g Total Fat; (14% calories from fat); 5g Protein; 28g Carbohydrate; 5mg Cholesterol; 290mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0

Other Carbohydrates

Serving Ideas: This bread, flavored with chives, is very nice toasted and served with salmon or salmon cream cheese.

Nutr. Assoc. : 1582 2394 0 4112 0 0 2130706543 0 0 2019

* Exported from MasterCook *

Potato-Chive Bread (1-Pound Recipe)

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount Measure Ingredient -- Preparation Method 3/4 cup water 1 tablespoon margarine or butter -- softened 2 cups bread flour mashed potato mix (dry) chopped fresh chives 1/3 cup 2 tablespoons OR 1 tablespoon freeze-dried chives 2 teaspoons sugar teaspoon salt 1 3/4 bread machine yeast teaspoons

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

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Yield:

"1 Loaf"

Per serving: 150 Calories (kcal); 2g Total Fat; (12% calories from fat); 5g Protein; 28g Carbohydrate; 4mg Cholesterol; 285mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Serving Ideas: This bread, flavored with chives, is very nice toasted and served with salmon or salmon cream cheese.

Nutr. Assoc. : 0 2394 0 4112 0 0 2130706543 0 0 2019

* Exported from MasterCook *

Potato-Tarragon Casserole Bread

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
3 1/2 1	cups tablespoon	all-purpose flour chopped fresh tarragon leaves OR
1	teaspoon	dried tarragon leaves
1	teaspoon	salt
1	package	regular or quick-acting active dry yeast
3/4	cup	regular or quick-acting active dry yeast very warm milk (120° to 130°)
1/2	cup	very warm water (120° to 130°)
1/3	cup	margarine or butter softened
1	·	egg
3/4	cup	lukewarm mashed potatoes

Grease 2-quart casserole. Mix 1 1/2 cups of the flour, the tarragon, salt and yeast in large bowl. Add warm milk, warm water, margarine and egg. Beat on low speed 30 seconds, scraping bowl constantly. Beat on medium speed 2 minutes, scraping bowl occasionally. Stir in remaining flour and the potatoes. Spread evenly in casserole. Cover and let rise in warm place about 45 minutes or until double. (Batter is ready if indentation remains when touched with floured finger.)

Place oven rack in lowest position. Heat oven to 375°. Bake 45 to 50 minutes or until loaf is golden brown and sounds hollow when tapped; remove from casserole. Cool on wire rack.

Please note, if you should change this recipe it will no longer be an Page 287

betty crocker best of baking recipes.txt approved Betty Crocker® Recipe.

Description:

"Casserole breads are no-knead yeast breads that are baked in casserole dishes. If you don't have any leftover mashed potatoes, prepare instant mashed potatoes as a quick alternative.

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Yield:

"1 Loaf"

Per serving: 205 Calories (kcal); 7g Total Fat; (29% calories from fat); 5g Protein; 31g Carbohydrate; 18mg Cholesterol; 281mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 3412 0 2130706543 0 2019 4138 5472 4098 0 4113

* Exported from MasterCook *

Pound Cake

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1 1/2	cups	margarine or butter softened
2 3/4	cups	sugar
5	•	eggs
1	teaspoon	vanilla
3	cups	all-purpose flour*
1	teaspoon	baking powder
1/4	teaspoon	
1	cup	evaporated milk

Heat oven to 350° . Grease and flour tube pan, 10×4 inches, or 12-cup bundt pan. Beat margarine, sugar, eggs and vanilla in large mixer bowl on low speed, scraping bowl constantly, 30 seconds. Beat on high speed, scraping bowl occasionally, 5 minutes. Beat in flour, baking powder and salt alternately with milk on low speed. Pour into pan.

Bake until toothpick inserted in center comes out clean, 70 to 80 minutes. Cool in pan about 20 minutes; remove from pan.

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Yield:

"1 cake"

Per serving: 826 Calories (kcal); 40g Total Fat; (42% calories from fat); 11g Protein; 109g Carbohydrate; 126mg Cholesterol; 597mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 7 1/2 Fat; 4 1/2 Other Carbohydrates

NOTES: *Do not use self-rising flour in this recipe. Nutr. Assoc.: 4098 0 0 0 14 0 0 0

Pull-Apart Coffee Cake

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Baking with Kids cakes

Amount	Measure	Ingredient Preparation Method
2	cups	all-purpose flour
1/3	cup	sugar
1 1	teaspoon	salt
	package	regular or quick-acting active dry yeast
1/2	· cup	miľk
1/2	cup	warm water
1/2 1/2 1/3	cup	shortening or margarine or butter (from a
•	•	stick) softened
1		egg
1 1/2	cups	
•		Shortening
3/4	cup	sugar
3/4 1/2	cup	finely chopped nuts
1 ′	teaspoon	
1/2	cup	margarine or butter (1 stick)

Mix in large bowl with wooden spoon:

2 cups all-purpose flour

1/3 cup sugar

1 teaspoon salt

1 package regular or quick-acting active dry yeast

Heat in saucepan until very warm:

1/2 cup milk

1/2 cup warm water

Stir into yeast mixture, then beat with wooden spoon until smooth:
The warm milk mixture

1/3 cup shortening or margarine or butter (from a stick), softened 1 egg

Mix in enough to make dough easy to handle: 1 1/2 to 2 cups all-purpose flour

Sprinkle a clean surface (such as a kitchen counter or bread board) with flour. Put dough on surface. Roll ball of dough around 3 or 4 times. Knead dough quickly and lightly by folding, pressing and turning. Continue kneading about 5 minutes or until dough is smooth and elastic.

Grease large bowl with:

Shortening

Put dough in bowl, then turn greased side up. Cover dough with towel and let rise in warm place about $1\ 1/2$ hours or until dough doubles. (Dough is ready if a mark stays when dough is touched.)

Grease tube pan with:

Shortening

Mix in small bowl:

3/4 cup sugar 1/2 cup finely chopped nuts 1 teaspoon ground cinnamon

^{*} Exported from MasterCook *

Melt in saucepan over low heat: 1/2 cup (1 stick) margarine or butter

Punch down dough with fist. Shape dough into 1 1/2-inch balls.

Dip each ball in margarine, then in sugar-nut mixture. Put a single layer of balls in pan so they just touch. (If pan has removable bottom, line with aluminum foil.) Top with another layer of balls. Cover and let rise in warm place about 40 minutes or until balls double.

Heat oven to 375°.

Bake 35 to 40 minutes or until golden brown. (If coffee cake browns too quickly, cover loosely with aluminum foil.) Adult help: Loosen coffee cake from pan. Immediately turn pan upside down onto serving plate. Let pan stay a minute so margarine-sugar mixture can drizzle over coffee cake, then remove pan. Serve coffee cake while warm by pulling it apart with fingers or breaking apart with 2 forks.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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"© General Mills, Inc. 1998." Yield: "1 Cake"

Per serving: 274 Calories (kcal); 13g Total Fat; (41% calories from fat); 4g Protein; 36g Carbohydrate; 13mg Cholesterol; 253mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1 Other Carbohydrates

NOTES: Utensils You Will Need 1-quart saucepan • Liquid measuring cup • 2 large bowls • Kitchen scissors • Wooden spoon • Dry-ingredient measuring cups • Small sharp knife • Measuring spoons • Kitchen towel • Ruler • Small bowl • Tube pan, 10x4 inches • Pastry brush • Pot holders • Serving plate • 2 forks
Nutr. Assoc. : 0 0 0 2019 0 0 4098 0 14 0 0 2677 0 4098

* Exported from MasterCook *

Pumpkin Bread

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Breads Holiday

Amount	Measure	Ingredient Preparation Method
1	cup	sugar canned pumpkin
1/3	cup cup	vegetable oil
2	teaspoon	vanilla eggs
$1 \ 1/2$	cups	all-purpose flour
1/2	cup	coarsely chopped walnuts or pecans
2	teaspoons	baking powder
1/2	teaspoon	ground cinnamon
1/4	teaspoon	salt
1/4	teaspoon	ground cloves

Heat oven to 350°. Grease bottom only of loaf pan, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 inches or 9 \times 5 \times 3 inches. Mix sugar, pumpkin, oil, vanilla and eggs in large bowl. Stir in remaining ingredients. Pour into pan.

Bake 50 to 60 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen sides of loaf from pan; remove from pan. Cool completely on wire rack before slicing. Store tightly wrapped in refrigerator up to 1 week.

1 loaf (24 slices)

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Yield: "1 Loaf"

Per serving: 116 Calories (kcal); 5g Total Fat; (39% calories from fat); 2g Protein; 16g Carbohydrate; 16mg Cholesterol; 69mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 2677 0 0 0 0

* Exported from MasterCook *

Pumpkin Cheesecake

Recipe By

Serving Size : 20 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1 1/2 1/2 1/3 1/2 3 1/2 1 2 1/2 1/2 1/4	cup cup cup (8 ounce) pac cup cup teaspoons teaspoon teaspoon teaspoon	graham cracker crumbs finely chopped pecans packed brown sugar margarine or butter melted kages cream cheese softened sour cream packed brown sugar ground cinnamon ground nutmeg ground allspice
1 3	(16 ounce) ca	n pumpkin eggs Caramelized Sugar (recipe follows)
1 3	cup tablespoons	CARAMELIZED SUGAR sugar water

Mix graham cracker crumbs, pecans, 1/3 cup brown sugar and the margarine. Press evenly on bottom and side of ungreased springform pan, 9×3 inches. Refrigerate 20 minutes.

Heat oven to 300°. Beat cream cheese, sour cream, 1 cup brown sugar and Page 291

betty crocker best of baking recipes.txt the spices in large bowl on medium speed until smooth. Add pumpkin. Beat in eggs on low speed. Pour over crumb mixture.

Bake about 1 hour 15 minutes or until center is firm. Cover and refrigerate at least 3 hours but no longer than 48 hours.

Prepare Caramelized Sugar; drizzle with fork over top of chilled cheesecake. Loosen cheesecake from side of pan; remove side of pan. Place cheesecake on plate. Refrigerate any remaining cheesecake immediately.

CARAMELIZED SUGAR:

Combine sugar and water in small saucepan. Boil mixture over medium heat, stirring until sugar is dissolved. Boil syrup, without stirring, until golden brown. Remove from heat and gently swirl until syrup stops cooking. Let caramel cool about 1 minute or until thick enough to drizzle from fork.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:
"A wonderful variation on cheesecake, which could easily become a favorite Thanksgiving dessert.' Copyright:

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Yield:

"1 Cheesecake"

Per serving: 329 Calories (kcal); 21g Total Fat; (55% calories from fat); 5g Protein; 33g Carbohydrate; 68mg Cholesterol; 210mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 0 20148 0 4098 0 0 0 0 0 0 0 0 2130706543 0 0 0

* Exported from MasterCook *

Pumpkin Pecan Cheesecake

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories Cakes Desserts

Holiday

Ingredient -- Preparation Method Amount Measure pecan shortbread cookie crumbs (about ten 1 1/4 cups 2 inch cookies) 2 margarine or butter -- melted tablespoons (8 ounce) packages cream cheese -- softened 1 cup sugar 1 teaspoon ground cinnamon ground ginger ground cloves 1 teaspoon 1/2 teaspoon 1 (16 ounce) can pumpkin 4 eggs 2 tablespoons sugar pecan halves 16 whipping (heavy) cream 3/4 cup

Heat oven to 350°. Mix cookie crumbs and margarine. Press evenly on bottom Page 292

betty crocker best of baking recipes.txt of ungreased springform pan, 9×3 inches. Bake 10 minutes; cool. Reduce oven temperature to 300° .

Beat cream cheese, 1 cup sugar, the cinnamon, ginger and cloves in large bowl on medium speed until smooth and fluffy. Beat in pumpkin. Beat in eggs, one at a time, on low speed. Pour over baked layer.

Bake about 1 1/4 hours or until center is firm. Cover and refrigerate at least 3 hours until chilled.

Cook 2 tablespoons sugar and the pecan halves over medium heat, stirring frequently, until sugar is melted and pecans are coated. Immediately spread on dinner plate or aluminum foil; cool. Carefully break nuts apart to separate if necessary.

Loosen cheesecake from side of pan; remove side of pan. Beat whipping cream in chilled small bowl until stiff. Serve cheesecake with whipped cream and garnish with pecans. Refrigerate any remaining cheesecake.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

Per serving: 338 Calories (kcal); 26g Total Fat; (66% calories from fat); 5g Protein; 24g Carbohydrate; 113mg Cholesterol; 205mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 4 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 582 2394 473 0 0 0 0 26007 0 0 0 721

* Exported from MasterCook *

Pumpkin-Cheese Pie

Recipe By

: 9 Serving Size Preparation Time: 0:00

Pies Categories : Desserts

Ingredient -- Preparation Method Amount Measure Favorite Pastry for 9-Inch One-Crust Pie -- (see recipe) (8 ounce) package cream cheese -- softened 3/4 cup sugar all-purpose flour* tablespoons 1 ground cinnamon grated lemon peel teaspoon 1 teaspoon teaspoon grated orange peel 1/4 ground nutmeg teaspoon 1/4 teaspoon ground ginger 1/4 vanilla teaspoon eggs 1 (16 ounce) can pumpkin Sour Cream Topping -- (recipe follows) SOUR CREAM TOPPING 3/4 dairy sour cream 1 tablespoon sugar

Page 293

[&]quot;1 Cheesecake"

betty crocker best of baking recipes.txt 1/4 teaspoon vanilla

Heat oven to 350°. Prepare pastry. Beat cream cheese, sugar and flour in large mixer bowl until blended. Add remaining ingredients except topping; beat on medium speed until smooth. Pour into pastry-lined pie plate.

Bake until knife inserted in center comes out clean, 50 to 55 minutes. Immediately spread with Sour Cream Topping; cool. Refrigerate at least 4 hours.

SOUR CREAM TOPPING:

Mix all ingredients.

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Yield:

"1 Pie"

Per serving: 324 Calories (kcal); 18g Total Fat; (49% calories from fat); 6g Protein; 35g Carbohydrate; 97mg Cholesterol; 215mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 3 1/2 Fat; 1 Other Carbohydrates

NOTES: *Self-rising flour can be used in this recipe.
Nutr. Assoc.: 0 0 0 14 0 20084 0 0 0 0 26007 2130706543 0 0 0 0

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
1	cup	all-purpose flour
1/2	teaspoon	
1/3	cup	lard
_, 5	cup	OR
1/3	cup	plus 1 tablespoon shortening
	Cup	hing I capieshoon shortening
2	tablespoons	cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with times of fork, dipping fork into flour

betty crocker best of baking recipes.txt occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

"1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Quiche Lorraine

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes

Amo	unt	Measure	Ingredient Preparation Method
4 2	1/3 1/4 1/4 1/8	slices cup cup large cups teaspoon teaspoon	shredded natural Swiss cheese (4 ounces) finely chopped onion eggs whipping (heavy) cream salt pepper
	1/3 1/3	cup cup cup	9-INCH ONE-CRUST PIE plus 1 tablespoon shortening OR lard all-purpose* or unbleached flour
2	1/4	teaspoon	

Heat oven to 425°. Prepare pastry. Ease into quiche dish, $9\times1~1/2$ inches, or pie plate, $9\times1~1/4$ inches. Sprinkle bacon, cheese and onion in pastry-lined quiche dish. Beat eggs slightly; beat in remaining ingredients. Pour into quiche dish.

Bake 15 minutes. Reduce oven temperature to 300°. Bake about 30 minutes longer or until knife inserted in center comes out clean. Let stand 10 minutes before cutting.

9-INCH ONE-CRUST PIE:

betty crocker best of baking recipes.txt
Cut shortening into flour and salt, using pastry blender or crisscrossing
2 knives, until particles are size of coarse crumbs. Sprinkle with cold
water, 1 tablespoon at a time, tossing with fork until all flour is
moistened and pastry almost cleans side of bowl (1 to 2 teaspoons more
water can be added if necessary).

Gather pastry into a ball. Shape into flattened round on lightly floured cloth-covered board.

Roll pastry into circle 2 inches larger than upside-down pie plate, 9×1 1/4 inches, or 2 inches larger than 10- or 11-inch tart pan, with floured cloth-covered rolling pin. Fold pastry into fourths; place in pie plate. Unfold and ease into plate, pressing firmly against bottom and side. Trim overhanging edge of pastry.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 617 Calories (kcal); 53g Total Fat; (77% calories from fat); 15g Protein; 20g Carbohydrate; 258mg Cholesterol; 429mg Sodium Food Exchanges: 1 Grain(Starch); 1 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 9 1/2 Fat; 0 Other Carbohydrates

NOTES: Mushroom Quiche: Add 1 can (4 ounces) mushroom stems and pieces, drained, and 1 jar (2 ounces) diced pimientos, well drained, with the bacon.

Seafood Quiche: Substitute 1 cup chopped cooked crabmeat, shrimp, seafood sticks or salmon for the bacon and green onion for the onion. (Pat crabmeat dry.) Increase salt to 1/2 teaspoon.

*If using self-rising flour, omit salt. Pie crusts made with self-rising flour differ in flavor and texture from those made with all-purpose flour.

Nutr. Assoc. : 2130706543 0 26154 0 0 721 0 0 2514 0 0 1368 0 2130706543 14 0 2777

Quick Blueberry Cobbler

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Baking with Kids Desserts

Amour	nt Measure	Ingredient Preparation Method
1	(21 ounce) can blueberry pie filling
1	teasp	oon grated orange peel. if you like
1		oon grated orange peel, if you like cup Bisquick Original baking mix
1	tablesp	oon sugar
1/	′4	cup orange juice oon margarine or butter (from a stick) softened
1	tablesp	oon margarine or butter (from a stick) softened

Heat oven to 400°.

Mix in casserole with wooden spoon: 1 can (21 ounces) blueberry pie filling 1 teaspoon grated orange peel, if you like Page 296

^{*} Exported from MasterCook *

Bake uncovered about 15 minutes or until hot and bubbly.

While blueberry mixture is baking, stir in small bowl to make a soft dough:

1 cup Bisquick Original baking mix

1 tablespoon sugar

1/4 cup orange juice 1 tablespoon (from a stick) margarine or butter, softened

Adult help: Drop dough by 6 spoonfuls onto hot blueberry mixture. Bake uncovered 20 to 25 minutes or until topping is light brown. Cool slightly on wire rack. Serve warm.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 227 Calories (kcal); 5g Total Fat; (18% calories from fat); 1g Protein; 45g Carbohydrate; 0mg Cholesterol; 320mg Sodium

Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 2 Other Carbohydrates

NOTES: Utensils You Will Need 1 1/2-quart casserole • Can opener • Wooden spoon • Small bowl • Dry-ingredient measuring cup • Measuring spoons • Liquid measuring cup • Small sharp knife • Tablespoon • Pot holders • Wire cooling

Here's another idea. . . Make Quick Cherry-Almond Cobbler: Use 1 can (21 ounces) cherry pie filling in place of the blueberry pie filling, 1/2 teaspoon almond extract in place of the orange peel and 1/4 cup milk in place of the orange juice. Stir 2 tablespoons toasted slivered almonds into the dough in Step 4.

Nutr. Assoc.: 0 20085 2250 0 0 4098

Quick Cheeseburger Pie

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Baking with Kids Beef

Amount	Measure	Ingredient Preparation Method
2	medium	onions
1	pound	Shortening ground beef
1/4 1 1/2	teaspoon cups	pepper milk
1 1/2 3	large	eggs
3/4 2	cup medium	Bisquick Original baking mix tomatoes
1	cup	shredded Cheddar (4 ounces) OR
1	cup	process American cheese (4 ounces)

Heat oven to 400°.

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Grease pie plate with: Shortening Adult help: Wash, then chop with sharp knife: 2 medium onions Cook in skillet over medium heat about 10 minutes, stirring often, until beef is brown: The chopped onions 1 pound ground beef 1/4 teaspoon pepper Pour beef mixture into strainer to drain off any fat. Spread beef mixture in pie plate. Put in blender, cover and blend on high speed 15 seconds (or use eggbeater or wire whisk), then pour over beef in pie plate: 1 1/2 cups milk 3 large eggs 3/4 cup Bisquick Original baking mix Bake 25 minutes. Adult help: Meanwhile, wash, then cut into slices: 2 medium tomatoes Adult help: Carefully remove pie from oven. Top with tomatoes, then sprinkle with: 1 cup shredded Cheddar or process American cheese (4 ounces) Bake 5 to 8 minutes longer or until knife poked in center of pie comes out clean. Cool 5 minutes. Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe. Yield: "1 Pie" Per serving: 372 Calories (kcal); 22g Total Fat; (53% calories from fat); 25g Protein; 18g Carbohydrate; 168mg Cholesterol; 394mg Sodium Food Exchanges: 1/2 Grain(Starch); 3 Lean Meat; 1 Vegetable; 0 Fruit; 2 1/2 Fat; O Other Carbohydrates NOTES: Utensils You Will Need Pie plate, 10x1 1/2 inches • Pastry brush • Sharp knife • Cutting board • 10-inch skillet • Wooden spoon • Measuring spoons • Strainer • Blender • Liquid measuring cup • Dry-ingredient measuring cups • Pot holders • Knife Nutr. Assoc. : 0 0 9018 0 0 0 2250 0 4922 0 2130706543 * Exported from MasterCook * Quick Praline Bars Recipe By

Serving Size : 48 Preparation Time :0:00

Categories : Cookies & Brownies

Amount Measure Ingredient -- Preparation Method

```
betty crocker best of baking recipes.txt
graham cracker squares

1/2 cup packed brown sugar
1/2 cup margarine or butter (1 stick)
1/2 teaspoon vanilla
1/2 cup chopped pecans
```

Heat oven to 350° . Arrange graham crackers in single layer in ungreased jelly roll pan, $15\ 1/2 \times 10\ 1/2 \times 1$ inch. Heat brown sugar and margarine to boiling. Boil and stir 1 minute; remove from heat. Stir in vanilla. Pour over crackers; spread evenly. Sprinkle with pecans.

Bake 8 to 10 minutes or until bubbly. Cool slightly. Cut into 2 $1/4 \times 1$ 1/4-inch bars.

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Yield:
 "48 Bars"

Per serving: 49 Calories (kcal); 3g Total Fat; (55% calories from fat); trace Protein; 5g Carbohydrate; 0mg Cholesterol; 44mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: Tip

Cookies are best baked on a rack in the center of the oven. If two cookie sheets are in the oven at the same time (placed on one oven rack in the upper third and one oven rack in the lower third of the oven), switch their positions halfway through baking time.

Nutr. Assoc.: 649 0 4098 0 0

* Exported from MasterCook *

Raspberry Jam Cake

Recipe By :

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1 1/2 1/2	cup	margarine or butter (2 sticks) softened granulated sugar packed brown sugar
4 1 3 1/4 1 1	cups teaspoon teaspoon teaspoon	eggs r red raspberry preserves (about 1 cup) all-purpose flour baking powder baking soda ground nutmeg
1 1/2 1/4 1	teaspoon teaspoon cup	ground cinnamon salt ground cloves buttermilk chopped pecans Caramel Frosting (recipe follows)
1/2	cup	CARAMEL FROSTING margarine or butter (1 stick) Page 299

betty crocker best of baking recipes.txt 1 cup packed brown sugar 1/4 milk cup

2 powdered sugar cups

Heat oven to 350°. Grease and flour tube pan, 10×4 inches. Beat margarine and sugars in 3-quart bowl on medium speed, scraping bowl constantly, until blended. Beat on high speed 1 minute. Beat in eggs and preserves until well blended. (Mixture will appear curdled.) Beat in flour, baking powder, baking soda, nutmeg, cinnamon, salt and cloves alternately with buttermilk, beginning and ending with flour mixture, until well blended. Stir in pecans. Pour into pan.

Bake until toothpick inserted in center comes out clean and top springs back when touched lightly, 70 to 75 minutes. Cool 10 minutes; remove from pan. Cool completely on wire rack. Frost with Caramel Frosting.

CARAMEL FROSTING:

Heat margarine in 2-quart saucepan until melted. Stir in brown sugar. Heat to boiling, stirring constantly. Boil and stir over low heat 2 minutes; stir in milk. Heat to boiling; remove from heat. Cool to lukewarm. Gradually stir in powdered sugar; beat until smooth and of spreading consistency. If frosting becomes too stiff, stir in additional milk, 1 teaspoon at a time.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

'This rich dense cake keeps well for several days, so it's easy to have on hand when neighbors and friends drop by to chat over a cup of coffee."

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Yield:

'1 Cake"

Per serving: 524 Calories (kcal); 24g Total Fat; (39% calories from fat); 6g Protein; 75g Carbohydrate; 48mg Cholesterol; 423mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 1/2 Fat; 3 1/2 Other Carbohydrates

NOTES: Southwesterners are particularly fond of traditional southern cakes, such as this spice-laden jam cake. You'll find that blackberry is the jam of choice in Texas and the western states, but in the Appalachian Mountain region, raspberry is the favorite. One thing everyone agrees on is that the buttery caramel frosting is just perfect! Nutr. Assoc. : 4098 0 0 0 4684 0 0 0 0 0 0 0 0 2130706543 0 0 4098 0 0 0

* Exported from MasterCook *

Raspberry-Cream Cheese Coffee Cake

Recipe By

: 12 Serving Size Preparation Time :0:00

Categories : Breads cakes

Ingredient -- Preparation Method Amount Measure all-purpose flour (1 1/2 to 2 cups) $1 \frac{1}{2}$ tablespoons sugar

			ty crocker best of baking recipes.txt
2		tablespoons	margarine or butter softened
	1/2	teaspoon	salt
1		package	regular or quick-acting active dry yeast
	2/3	cup	very warm water (120° to 130°)
			Cream Cheese Filling (recipe follows)
			Streusel Topping (recipe follows)
1		(10 ounce) ja	r raspberry or strawberry preserves
			CREAM CHEESE FILLING
1		(8 ounce) pac	kage cream cheese softened
	1/4		sugar
	1/2	teaspoon	almond extract
			STREUSEL TOPPING
1		tablespoon	firm margarine or butter
1 3 3		tablespoons	all-purpose flour
3		tablespoons	sugar
	1/4	cup	sliced almonds

Grease rectangular pan, $13\times 9\times 2$ inches. Mix 3/4 cup of the flour, the sugar, margarine, salt and yeast in large bowl. Stir in warm water. Beat on medium speed 2 minutes, scraping bowl occasionally. Stir in enough remaining flour until dough pulls away from side of bowl (dough will be sticky). Pat dough evenly in bottom and 1/2 inch up side of pan, using floured fingers. Cover and let rest 15 minutes.

Heat oven to 375°. Prepare Cream Cheese Filling and Streusel Topping; reserve.

Bake crust 10 to 15 minutes or just until edges begin to brown. Spread Cream Cheese Filling over crust, almost to edges. Stir raspberry preserves; spoon evenly over filling. Sprinkle with Streusel Topping. Bake 20 to 25 minutes or just until almonds in topping begin to brown. Serve warm or let stand until cool. Refrigerate any remaining coffee cake.

CREAM CHEESE FILLING:

Beat all ingredients on low speed about 1 minute or until smooth.

STREUSEL TOPPING:

Cut margarine into flour and sugar with pastry blender until crumbly. Stir in almonds.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

'Even though this elegant coffee cake is made with yeast, it's quick because there's no kneading or long rising time.

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Yield: "1 Cake"

Per serving: 268 Calories (kcal); 11g Total Fat; (36% calories from fat); 4g Protein; 39g Carbohydrate; 21mg Cholesterol; 189mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 1/2 Other Carbohydrates

Nutr. Assoc. : 14 0 4098 0 26366 5472 2130706543 2130706543 4684 0 0 0 0 0 0 0 4098 0 0 0

* Exported from MasterCook *

Raspberry-White Chocolate Cream Cake

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Cakes Holiday

Amount	Measure	Ingredient Preparation Method
3 2 1/4 1 1/2 2 1/4 1/2 1 2/3 3	ounces cups cups teaspoons teaspoon cups	Raspberry Filling (recipe follows) white baking bar chopped all-purpose flour sugar baking powder salt whipping (heavy) cream eggs almond extract White Chocolate Frosting (recipe follows)
1/4 2 1/8 1 1 1 1/8 2	cup tablespoons teaspoon cup tablespoon teaspoon drops	RASPBERRY FILLING sugar cornstarch salt raspberry-flavored wine cooler OR sparkling raspberry juice margarine or butter almond extract red food color (2 to 3 drops), if desired
3 3 1/2 1/4 3	ounces cups cup tablespoons	WHITE CHOCOLATE FROSTING white baking bar chopped powdered sugar margarine or butter softened plus 2 teaspoons raspberry-flavored wine cooler (3 to 4 tablespoons) OR
3 1/2	tablespoons teaspoon	plus 2 teaspoons water (3 to 4 tablespoons) almond extract
•		

Prepare Raspberry Filling. Heat oven to 350° . Grease and flour 2 round pans, 8×1 1/2 inches or 9×1 1/2 inches. Heat white baking bar over low heat, stirring occasionally, until melted; cool. Mix flour, sugar, baking powder and salt; reserve. Beat whipping cream in chilled large bowl until stiff; reserve. Beat eggs about 5 minutes or until thick and lemon colored; beat in melted baking bar and almond extract.

Fold egg mixture into whipped cream. Add flour mixture, about 1/2 cup at a time, folding gently after each addition until blended. Pour into pans.

Bake 8-inch rounds 35 to 40 minutes, 9-inch rounds 30 to 35 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans. Cool completely on wire racks.

Fill layers with Raspberry Filling. Prepare White Chocolate Frosting; spread over side and top of cake.

RASPBERRY FILLING:

Mix sugar, cornstarch and salt in $1\ 1/2$ -quart saucepan. Stir in wine cooler. Cook over medium heat, stirring constantly, until mixture thickens and boils. Boil and stir 1 minute; remove from heat. Stir in remaining ingredients. Cover and refrigerate until chilled.

WHITE CHOCOLATE FROSTING:

Heat white baking bar over low heat, stirring occasionally, until melted; cool. Beat melted baking bar and remaining ingredients in medium bowl on medium speed until smooth and of spreading consistency. If necessary, stir in additional wine cooler, 1 teaspoon at a time.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

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Yield:

"1 Cake"

Per serving: 862 Calories (kcal); 29g Total Fat; (30% calories from fat); 8g Protein; 141g Carbohydrate; 138mg Cholesterol; 388mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 5 1/2

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* Exported from MasterCook *

Fat; 6 1/2 Other Carbohydrates

Refrigerator Roll Dough

Recipe By

Serving Size : 0 Preparation Time :0:00

: Breads Categories Holiday

Amount	Measure	Ingredient Preparation Method
1	package	regular or quick-acting active dry yeast
1 1/2	cups	warm water (105° to 115°)
1	cup	unseasoned lukewarm mashed potatoes
2/3	cup	sugar
2/3		shortening
1 1/2	teaspoons	salt
2		eggs
6	cups	all-purpose flour (6 to 7 cups)

. .

Dissolve yeast in warm water in large bowl. Stir in potatoes, sugar, shortening, salt, eggs and 3 cups of the flour. Beat until smooth. Mix in enough remaining flour to make dough easy to handle.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead about 5 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover bowl tightly; refrigerate at least 8 hours but no longer than 5 days.

Punch down dough; divide into 4 equal parts.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

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betty crocker best of baking recipes.txt "© General Mills, Inc. 1998. Yield: "10 Cups"

Per serving: 4772 Calories (kcal); 158g Total Fat; (29% calories from fat); 95g Protein; 737g Carbohydrate; 378mg Cholesterol; 3830mg Sodium Food Exchanges: 39 1/2 Grain(Starch); 2 Lean Meat; 0 Vegetable; 0 Fruit; 29 Fat; 9 Other Carbohydrates

Nutr. Assoc. : 2019 5472 4113 0 0 0 0 14

* Exported from MasterCook *

Reuben Pitas

Recipe By

Serving Size : 4 Preparation Time :0:00

Categories : Appetizers Baking with Kids

Amount	Measure	Ingredient Preparation Method
 2 6 1 1 1/3	(8 ounce) can cup cup	pita breads thinly sliced corned beef coarsely chopped sauerkraut rinsed and well drained shredded Swiss cheese (4 ounces) Thousand Island dressing caraway seed, if you like

Heat oven to 425°.

Adult help: Cut in half around edge with knife: 2 pita breads (about 6 inches across)

Mix in medium bowl with wooden spoon:

6 ounces thinly sliced corned beef, coarsely chopped 1 can (8 ounces) sauerkraut, rinsed and well drained 1 cup shredded Swiss cheese (4 ounces) 1/3 cup Thousand Island dressing

2 teaspoons caraway seed, if you like

Spread beef mixture on pita bread halves. Put on cookie sheet.

Bake 5 to 7 minutes or until cheese is melted. Remove sandwiches from cookie sheet with spatula.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"4 Sandwiches"

Per serving: 335 Calories (kcal); 17g Total Fat; (46% calories from fat); 21g Protein; 24g Carbohydrate; 39mg Cholesterol; 1135mg Sodium Food Exchanges: 1 Grain(Starch); 2 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 1/2 Fat; O Other Carbohydrates

betty crocker best of baking recipes.txt
NOTES: Utensils You Will Need

Cutting board • Sharp knife • Medium bowl • Can opener • Dry-ingredient measuring cups • Liquid measuring cups • Measuring

spoon • Wooden spoon • Cookie sheet • Spatula

Nutr. Assoc. : 4513 5766 0 26154 1491 252

* Exported from MasterCook *

Roast Goose

Recipe By

Serving Size : 6

Preparation Time :0:00

: Game Categories

Main and Side Dishes

Holiday

Ingredient -- Preparation Method Amount Measure goose (9 to 11 pounds) 1 Salt

4

potatoes (4 to 6) -- peeled and cut in half large

Freshly ground pepper

Paprika

Heat oven to 350°. Trim excess fat from goose. Rub cavity of goose lightly with salt. Fasten neck skin of goose to back with skewer. Fold wings across back with tips touching. Tie drumsticks to tail. Prick skin all over with fork. Place goose, breast side up, on rack in shallow roasting pan. Insert meat thermometer so tip is in thigh muscle and does not touch

Roast uncovered 3 to 3 1/2 hours, removing excess fat from pan occasionally, until thermometer registers 180° or drumstick moves easily and juices run clear. If necessary, place a tent of aluminum foil loosely over goose to prevent excessive browning.

One hour and 15 minutes before goose is done, place potatoes in roasting pan around goose. Brush potatoes with goose fat; sprinkle with salt, pepper and paprika. When done, place goose and potatoes on heated platter. Cover and let stand 15 minutes for easier carving. Garnish with kumquats and parsley, if desired.

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Per serving: 508 Calories (kcal); 18g Total Fat; (33% calories from fat); 61g Protein; 22g Carbohydrate; 214mg Cholesterol; 230mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 8 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Serving Ideas: This is nice served with Apple-Raisin Dressing.

Nutr. Assoc. : 26639 0 2135 0 0

* Exported from MasterCook *

Roasted Garlic Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine **Breads**

_	Amount	Measure	Ingredient Preparation Method
_	2 1 1 3 2 1 1 1/4	cup tablespoon cups tablespoons teaspoon	Roasted Garlic (see directions) plus 2 tablespoons water olive or vegetable oil bread flour sugar salt bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Prepare Roasted Garlic. After squeezing garlic out of cloves, mash garlic slightly to measure 3 tablespoons.

Measure carefully, placing all ingredients except Roasted Garlic in bread machine pan in the order recommended by the manufacturer. Add mashed garlic at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Roasted Garlic:

Heat oven to 350°. Carefully peel away paperlike skin from around 2 garlic bulbs, leaving just enough to hold bulbs intact. Trim top of garlic bulb about 1/2 inch to expose cloves. Place stem end down on 12-inch square of aluminum foil. Drizzle each bulb with 2 teaspoons olive or vegetable oil. Wrap securely in foil; place in pie plate or shallow baking pan. Bake 45 to 50 minutes or until garlic is tender when pierced with toothpick or fork. Coal slightly coarse garlic out of cloves. fork. Cool slightly. Gently squeeze garlic out of cloves.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

"It's easy to roast your own garlic for this bread. The garlic adds such a wonderful flavor, you'll want to make it again and again."

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Yield: "1 Loaf"

Per serving: 143 Calories (kcal); 2g Total Fat; (10% calories from fat); 4g Protein; 27g Carbohydrate; 0mg Cholesterol; 179mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES: A 1-ounce bulb of garlic, roasted, equals about 1 tablespoon mashed garlic; a 2-ounce bulb equals about 2 tablespoons mashed garlic.

Nutr. Assoc. : 0 1582 986 0 0 0 2019

Roasted Garlic Bread (1-Pound Recipe)

^{*} Exported from MasterCook *

Recipe By Serving Size

: 8 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
1 2/3	bulb cup	Roasted Garlic (see directions) water olive or vegetable oil
2 1	cups tablespoon	bread flour sugar
1/2 1	teaspoon	salt bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Prepare Roasted Garlic. After squeezing garlic out of cloves, mash garlic slightly to measure 2 tablespoons.

Measure carefully, placing all ingredients except Roasted Garlic in bread machine pan in the order recommended by the manufacturer. Add mashed garlic at the Raisin/Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Roasted Garlic:

Heat oven to 350°. Carefully peel away paperlike skin from around 1 garlic bulbs, leaving just enough to hold bulb intact. Trim top of garlic bulb about 1/2 inch to expose cloves. Place stem end down on 12-inch square of aluminum foil. Drizzle bulb with 2 teaspoons olive or vegetable oil. Wrap securely in foil; place in pie plate or shallow baking pan. Bake 45 to 50 minutes or until garlic is tender when pierced with toothpick or fork. Cool slightly. Gently squeeze garlic out of cloves.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"It's easy to roast your own garlic for this bread. The garlic adds such a wonderful flavor, you'll want to make it again and again." Copyright:
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Yield:

"1 Loaf"

Per serving: 136 Calories (kcal); 1g Total Fat; (7% calories from fat); 4g Protein; 27g Carbohydrate; 0mg Cholesterol; 135mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES: A 1-ounce bulb of garlic, roasted, equals about 1 tablespoon mashed garlic; a 2-ounce bulb equals about 2 tablespoons mashed garlic.

Nutr. Assoc. : 0 0 986 0 0 0 2019

* Exported from MasterCook *

Rustic Pizza Pie Page 307

Recipe By

Serving Size : 8 Preparation Time :0:00

: Main and Side Dishes Categories

Amount	Measure	Ingredient Preparation Method
1 1/2 1 1/2 1 1/2 1/2 1/2 1 1 1	pound cup cup cup cup medium cup	Basic Pizza Dough for Two Crusts (see recipe) Simple Pizza Sauce (see recipe) bulk Italian sausage cooked and drained shredded Mozzarella cheese (4 ounces) shredded Provolone cheese (2 ounces) sliced fresh mushrooms chopped Genoa salami (about 3 ounces) onion sliced chopped fresh basil extra-virgin olive oil egg beaten

Prepare Basic Pizza Dough and Simple Pizza Sauce. Heat oven to 425°. Grease pie plate, 10×1 1/2 inches. Divide dough in half. Press or roll one half into 13-inch circle on lightly floured surface; place in pie plate. Sprinkle sausage over dough in pie plate. Mix cheeses; sprinkle over sausage. Top with Simple Pizza Sauce, mushrooms, salami, onion and basil; drizzle with oil.

Press or roll remaining dough into 11-inch circle on lightly floured surface; place over filling. Pinch edges of dough together to seal; roll edge of dough up, forming a rim. Prick top of dough thoroughly with fork; brush with egg.

Bake about 30 minutes or until golden brown. serve hot or cold.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"Rustic Pizza Pies, or focaccias, come from rural southern Italy. Focaccias are baked at a moderate heat to allow the ingredients inside to cook evenly, unlike pizza, which is cooked quickly at a high temperature.

Yield:
"2 Pizzas" T(Bake): "0:30"

Per serving: 332 Calories (kcal); 21g Total Fat; (57% calories from fat); 15g Protein; 20g Carbohydrate; 73mg Cholesterol; 760mg Sodium Food Exchanges: 1 Grain(Starch); 1 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 3 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 3775 26153 1198 0 4814 0 0 0 0

* Exported from MasterCook *

Basic Pizza Dough for Two Crusts

Recipe By

Preparation Time :0:00 Serving Size : 6

Categories : Main and Side Dishes

Page 308

Amount	Measure	Ingredient Preparation Method
2		active dry yeast
1	cup	warm water (105° to 115°)
2 1/3	cups	all-purpose flour* (2 1/3 to 2 2/3 cups)
2	teaspoons	olive oil
1	teaspoon	salt
1/2	teaspoon	sugar

Dissolve yeast in warm water in large bowl. Stir in half of the flour, the oil, salt and sugar. Stir in enough of the remaining flour to make dough easy to handle. Turn dough onto lightly floured surface; knead about 10 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place for 20 minutes.

Punch down dough. Cover and refrigerate for at least 2 hours but no longer than 48 hours. (Punch down dough as necessary.)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"Everyone loves pizza! This dough is great for Classic Four Seasons Pizza (see recipe) or to make pizza with your favorite toppings. Copyright:
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Yield: "2 Crusts"

Per serving: 198 Calories (kcal); 2g Total Fat; (9% calories from fat); 6g Protein; 38g Carbohydrate; Omg Cholesterol; 359mg Sodium Food Exchanges: 2 1/2 Grain(Starch); O Lean Meat; O Vegetable; O Fruit; 1/2 Fat; O Other Carbohydrates

NOTES: *If using self-rising flour, omit salt. One cup whole wheat flour can be substituted for 1 cup of the all-purpose flour if desired.

One pizza too many? Wrap the partially baked extra pizza, label and freeze no longer than two months. Heat oven to 375°. Bake a thin-crust pizza on a greased cookie sheet uncovered about 25 minutes and a thick-crust pizza about 55 minutes.

Nutr. Assoc.: 0 5472 14 0 0 0

* Exported from MasterCook *

Simple Pizza Sauce

Recipe By :
Serving Size : 0 Preparation Time :0:00
Categories : Main and Side Dishes Sauces

Amount	Measure	Ingredient Preparation Method
2		ns_ imported pear-shaped tomatoes drained
1		chopped fresh basil
1 1/2	teaspoons	dried oregano
1	teaspoon	freshly grated Romano cheese extra-virgin olive oil
2	teaspoons	extra-virgin olive oil
1/4	teaspoon	salt
1/4	teaspoon	pepper

betty crocker best of baking recipes.txt 4 cloves garlic

Place all ingredients in food processor or blender; cover and process until smooth. Use immediately or cover and refrigerate sauce up to 48 hours. Freeze up to 2 months. Thaw in refrigerator before using.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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'3 Cups"

Per serving: 417 Calories (kcal); 12g Total Fat; (22% calories from fat); 16g Protein; 75g Carbohydrate; 2mg Cholesterol; 2913mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 13 1/2 Vegetable; 0 Fruit; 2 Fat; O Other Carbohydrates

Nutr. Assoc. : 2470 0 0 20087 0 0 0 0

* Exported from MasterCook *

Rutabaga Casserole

Recipe By

Serving Size Preparation Time :0:00 : 6

Main and Side Dishes Casseroles Categories

Vegetables

Amount Ingredient -- Preparation Method Measure 2 medium rutabagas* (about 2 pounds) eggs -- beaten 2 1/4 dry bread crumbs cup half-and-half 1/4 cup 2 teaspoons sugar OR 2 teaspoons corn syrup 1 teaspoon salt 1/4 teaspoon ground nutmeg 2 margarine or butter tablespoons

Wash rutabagas; peel thinly. Cut into 1/2-inch cubes or 2-inch pieces. Boil cubes 20 to 25 minutes; boil pieces 30 to 40 minutes or until tender. Or steam 25 to 28 minutes or until tender.

Heat oven to 350°. Grease 11/2-quart casserole.

Drain rutabagas, reserving 1/4 cup cooking liquid. Mash rutabagas with reserved liquid. Stir remaining ingredients except margarine into rutabagas. Pour into casserole; dot with margarine.

Bake 45 to 50 minutes until top is light brown.

6 servings, about 3/4 cup each

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 109 Calories (kcal); 7g Total Fat; (55% calories from fat); 3g Protein; 9g Carbohydrate; 66mg Cholesterol; 470mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0

Other Carbohydrates

NOTES: *6 medium turnips (about 2 pounds) can be substituted for the

rutabagas

Nutr. Assoc. : 1292 0 0 704 0 0 2130706543 0 0 4098

Sally Lunn

Recipe By

Serving Size : 16

Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
2	packages	active dry yeast
1/2	cup	warm water (105° to 115°)
5 1/2	cups	all-purpose flour*
1/4	cup	shortening
$1 \frac{1}{2}$	cups	<pre>lukewarm milk (scalded then cooled)</pre>
2	tablespoons	sugar
1 1/2	teaspoons	saĬt
2		eggs

Dissolve yeast in warm water in large mixing bowl. Stir in remaining ingredients. Beat until smooth. Cover; let rise in warm place until double, about 1 hour.

Stir down batter by beating about 25 strokes. Spread in greased tube pan, 10×4 inches. Let rise to within 1 inch of top of pan, about 45 minutes.

Heat oven to 350°. Bake until loaf is golden brown and crusty, 45 to 50 minutes. Remove from pan; serve warm.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

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Yield: "1 Cake"

Per serving: 211 Calories (kcal); 4g Total Fat; (19% calories from fat); 6g Protein; 36g Carbohydrate; 24mg Cholesterol; 220mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt. Nutr. Assoc.: 0 5472 14 0 4038 0 0 0

Salsa Bread (1 1/2-Pound Recipe) Page 311

^{*} Exported from MasterCook *

^{*} Exported from MasterCook *

Recipe By : Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
3/4 1/3 2 3 2 2 1 1/2 2	tablespoons tablespoons teaspoons	bread flour

Make 1 1/2-pound recipe for bread machines that use 3 cups flour; make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

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Yield: "1 Loaf"

Per serving: 155 Calories (kcal); 3g Total Fat; (14% calories from fat); 5g Protein; 28g Carbohydrate; 5mg Cholesterol; 358mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 1325 1582 2394 0 0 0 0 2019

* Exported from MasterCook *

Salsa Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
1/2	cup	prepared salsa
1/4	cup	water
1	tablespoon	margarine or butter softened
2	cups	bread flour
1	tablespoon	chopped fresh cilantro
1	tablespoon	sugar
1	teaspoon	saĺt
1 1/4	teaspoons	bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour; make Page 312

betty crocker best of baking recipes.txt 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Loaf"

Per serving: 149 Calories (kcal); 2g Total Fat; (12% calories from fat); 5g Protein; 28g Carbohydrate; 4mg Cholesterol; 353mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 1325 0 2394 0 0 0 0 2019

* Exported from MasterCook *

Salted Peanut Crisps

Recipe By

Serving Size : 72 Preparation Time :0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
1 1/2	cups	packed brown sugar
1/2	cup	margarine or butter softened
1/2	cup	shortening
2		eggs
2	teaspoons	vanilla
3	cups	all-purpose flour*
2	cups	
1/2	teaspoon	salt
1/2	teaspoon	baking soda

Heat oven to 375°. Mix brown sugar, margarine, shortening, eggs and vanilla. Stir in remaining ingredients.

Drop dough by rounded teaspoonfuls about 2 inches apart onto lightly greased cookie sheet. Flatten with greased bottom of glass dipped in sugar.

Bake until golden brown, 8 to 10 minutes. Immediately remove from cookie sheet.

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Yield:

"72 Cookies"

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Per serving: 85 Calories (kcal); 5g Total Fat; (50% calories from fat); 2g Protein; 9g Carbohydrate; 5mg Cholesterol; 43mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2

Other Carbohydrates

NOTES : *If using self-rising flour, omit baking soda and salt. Nutr. Assoc. : 0 4098 0 0 0 14 4405 0 0

Santa Claus Cookies

Recipe By

Serving Size : 18 Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount	Measure	Ingredient Preparation Method
1 1/2 2 1 1/2 1/2 1/2	cup tablespoons teaspoon cups teaspoon	grated lemon peel egg all-purpose flour baking powder baking soda
1 1/2	cups	OR Chocolate Frosting (see recipe) Miniature marshmallows Red sugar Currants or semisweet chocolate chips Red cinnamon candies Shredded coconut
1 1/2 2 1/2		CREAMY FROSTING powdered sugar water (2 to 3 tablespoons) vanilla

Heat oven to 400°. Mix granulated sugar, shortening, milk, lemon peel and egg. Stir in flour, baking powder, baking soda and salt. Shape dough into 1 1/4-inch balls. Place about 2 inches apart on ungreased cookie sheet. Flatten to about 2 1/2-inches in diameter with greased bottom of glass dipped in sugar.

Bake until edges are light brown, 8 to 10 minutes. Cool on wire rack.

Spread 1 cookie with small amount of Creamy Frosting. (Frost and decorate cookies one at a time.) Sprinkle top third of cookie with red sugar. Press on miniature marshmallow for tassel of cap. Press 2 currants for the eyes and 1 red cinnamon candy for nose into center third of cookie. Sprinkle coconut over bottom third for beard.

CREAMY FROSTING:

Mix all ingredients until of desired consistency.

^{*} Exported from MasterCook *

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe .

Yield:

"18 Cookies"

Per serving: 236 Calories (kcal); 8g Total Fat; (29% calories from fat); 2g Protein; 40g Carbohydrate; 11mg Cholesterol; 135mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 2 Other Carbohydrates

NOTES: Santa Claus Cookie Pops: After shaping dough into balls, insert wooden ice-cream sticks halfway into balls; continue as directed.

> To divide dough easily, press dough evenly in the bottom of a loaf pan lined with waxed paper. Lift out the dough using the waxed paper. Cut 3 strips lengthwise and 5 strips crosswise, then shape into balls

Nutr. Assoc. : 0 0 0 20084 0 0 0 0 0 2130706543 0 2130706543 0 0 0 0 0 0 0 1582 0

Chocolate Frosting

Recipe By

Serving Size : 54

Preparation Time :0:00

: Cookies & Brownies Holiday Categories

Amount Measure Ingr	edient Preparation Method
2 tablespoons marg 3 tablespoons wate	eetened chocolate arine or butter r ered sugar (about)

Heat unsweetened chocolate and margarine in $1\ 1/2$ -quart saucepan over low heat, stirring until melted; remove from heat. Beat in water and powdered sugar until smooth and of spreading consistency.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"2 1/2 Cups"

Per serving: 27 Calories (kcal); 1g Total Fat; (31% calories from fat); trace Protein; 5g Carbohydrate; 0mg Cholesterol; 5mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 1/2

Other Carbohydrates

Nutr. Assoc. : 0 4098 0 1191

^{*} Exported from MasterCook *

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Sausage Biscuits

Recipe By

Serving Śize : 10 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
1/2	pound	bulk pork sausage
1/3	cup	shortening
2	cups	all-purpose flour
3	teaspoons	baking powder
1/4	teaspoon	
3/4	cup	milk (about)

Heat oven to 450°. Cook sausage in 10-inch skillet over medium heat, stirring frequently, until brown. Drain if necessary. Cool sausage slightly; crumble.

Cut shortening into flour, baking powder and salt with pastry blender in large bowl until mixture resembles fine crumbs. Stir in sausage. Stir in just enough milk so dough leaves side of bowl and forms a ball.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead lightly 10 times. Roll or pat 1/2 inch thick. Cut with floured 2 1/2-inch biscuit cutter. Place about 1 inch apart on ungreased cookie sheet.

Bake 10 to 12 minutes or until golden brown. Immediately remove from cookie sheet. Serve hot. Refrigerate any remaining biscuits.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"10 Biscuits"

Per serving: 254 Calories (kcal); 16g Total Fat; (58% calories from fat); 6g Protein; 21g Carbohydrate; 16mg Cholesterol; 361mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 0 Other Carbohydrates

NOTES: Making a delicious breakfast sandwich is a snap with these biscuits. Use a 3-inch biscuit cutter and bake the biscuits just a few minutes longer. Split the warm biscuits and fill with eggs and cheese.

Nutr. Assoc. : 2384 0 0 0 0 4038

* Exported from MasterCook *

Sausage Pie

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes Pork

Ingredient -- Preparation Method Amount Measure $1 \frac{1}{2}$ pounds bulk pork sausage medium onion -- chopped (about 1/2 cup) Page 316

```
betty crocker best of baking recipes.txt
             tablespoon
                         sugar
  1 1/2
              teaspoons
                          salt
                         green cabbage (1 3/4 pounds) -- cut into large chunks
  1
            medium head
and cored
           (16 ounce) can whole tomatoes -- undrained
Pastry for 9-inch One-Crust Pie -- (recipe follows)
  1
  2
            tablespoons
                          all-purpose flour
     1/4
                          cold water
                     cup
                          ONE-CRUST PIE PASTRY
     1/3
                          plus 1 tablespoon shortening
                     cup
                          OR
     1/3
                     cup
                          lard
  1
                          all-purpose flour
                     cup
     1/2
               teaspoon
                          salt
  2
                          cold water (2 to 3 tablespoons)
            tablespoons
```

Cook and stir sausage and onion in Dutch oven until sausage is done; drain. Stir in sugar, salt, cabbage and tomatoes. Heat to boiling; reduce heat. Cover and simmer 10 minutes.

Heat oven to 400°. Prepare pastry; shape into flattened round on lightly floured cloth-covered board, Roll to fit top of 2-quart casserole. Fold into fourths; cut slits so steam can escape.

Mix flour and water; stir into hot sausage mixture. Pour into ungreased casserole. Place pastry over top and unfold; seal pastry to edge of casserole. Bake until crust is brown, 25 to 30 minutes.

ONE-CRUST PIE PASTRY:

Cut shortening into flour and salt until particles are size of small peas. Sprinkle in water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

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Per serving: 727 Calories (kcal); 58g Total Fat; (71% calories from fat); 19g Protein; 34g Carbohydrate; 77mg Cholesterol; 1608mg Sodium Food Exchanges: 1 Grain(Starch); 2 Lean Meat; 2 1/2 Vegetable; 0 Fruit; 10 Fat; O Other Carbohydrates

Nutr. Assoc. : 2384 0 0 0 2416 2470 2130706543 0 0 0 0 1368 0 2130706543 0 0 2777

Savory Breadsticks

^{*} Exported from MasterCook *

Recipe By : Serving Size : 30 Prepara Tatagories : Bread Machine Preparation Time :0:00

Breads

Amount	Measure	Ingredient Preparation Method
3 1 3 2 2 1/4 2 1 1/2 1	cups cup tablespoons tablespoons teaspoons teaspoons teaspoon tablespoon	bread flour plus 2 tablespoons water margarine or butter softened sugar bread machine yeast dried rosemary leaves crushed salt dried oregano leaves crushed water egg white

Measure carefully, placing all ingredients except 1 tablespoon water and the egg white in bread machine pan in the order recommended by the manufacturer. Select Dough/ Manual cycle.

Grease cookie sheet. Divide dough into 30 equal pieces. Roll each piece into 8-inch rope. Place 1 inch apart on cookie sheet. Cover and let rise in warm place 20 to 25 minutes or until puffy.

Heat oven to 350°. Beat 1 tablespoon water and the egg white; brush over dough. Bake 15 to 20 minutes or until golden brown.

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Yield:
"30 Breadsticks"

Per serving: 64 Calories (kcal); 1g Total Fat; (19% calories from fat); 2g Protein; 11g Carbohydrate; trace Cholesterol; 123mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 1582 4098 0 3164 3152 0 3133 0 0

* Exported from MasterCook *

Savory Calzones

Recipe By : Serving Size : 6 Preparation Time :0:00 Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
2 1/2 1 1 2 1/4 1	cups cup tablespoon teaspoons teaspoon teaspoon	bread flour water olive or vegetable oil bread machine yeast sugar salt Savory Filling (recipe follows) Page 318

```
betty crocker best of baking recipes.txt
 1
                        egg -- slightly beaten
                        SAVORY FILLING
                        sun-dried tomato halves (not oil-packed)
    1/3
                   cup
 1 1/2
                  cups
                        shredded Mozzarella or Provolone cheese (6
                        ounces)
                        Canadian-style bacon or ham -- cut into thin strips
                ounces
(about 1 cup)
                        sliced mushrooms (3 ounces)
                   cup
                        Freshly ground pepper
```

Measure carefully, placing all ingredients except Savory Filling and egg in bread machine pan in the order recommended by the manufacturer. Select Dough/Manual cycle.

Heat oven to 375°. Grease cookie sheet. Divide dough into 6 equal pieces. Roll each piece into 7-inch circle on lightly floured surface with floured rolling pin. Add Savory Filling. Fold dough over filling; fold edge up and pinch securely to seal. Place on cookie sheet. Brush with egg. Bake 25 to 30 minutes or until golden brown.

SAVORY FILLING:

Soak tomatoes in 1 cup very hot water about 10 minutes or until softened; drain and finely chop. Spread 1 tablespoon pesto on each circle to within 1 inch of edge. Layer cheese, bacon, mushrooms and tomatoes on half of each circle to within 1 inch of edge. Sprinkle with pepper.

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Yield:

'6 Calzones"

Per serving: 434 Calories (kcal); 19g Total Fat; (38% calories from fat); 21g Protein; 45g Carbohydrate; 70mg Cholesterol; 844mg Sodium Food Exchanges: 3 Grain(Starch); 2 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 986 2019 0 0 2130706543 0 0 0 0 4449 26153 243 4977 0

* Exported from MasterCook *

Savory Cheese Swirl

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories **Holiday** : Breads

Amount	Measure	Ingredient Preparation Method
1/2	cup	Refrigerator Roll Dough (see recipe) shredded Swiss or Mozzarella cheese (4 ounces)
1/4 2 2	cup tablespoons tablespoons	finely chopped red or green bell pepper finely chopped onion

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tablespoons salad dressing
tablespoon chopped fresh cilantro leaves
OR
teaspoon dried cilantro leaves
1/2 teaspoon ground cumin

Grease large cookie sheet. Roll dough into rectangle, 15×10 inches, on lightly floured surface. Mix 1/2 cup of the cheese and the remaining ingredients. Spread cheese mixture over dough to within 1/2 inch of edges. Roll up tightly, beginning at 15-inch side. Pinch edge of dough into roll to seal. Stretch and shape until even.

Cut roll lengthwise in half, using kitchen scissors. Place end of one strip, cut side up, in center of cookie sheet; loosely coil strip. Place second strip, cut side up, end-to-end with first strip; pinch end together. Continue coiling second strip loosely around first strip; tuck end under coil. Cover and let rise in warm place about 25 minutes or until double. (Dough is ready if indentation remains when touched.)

Heat oven to 375°. Bake 20 to 25 minutes or until golden brown. Immediately sprinkle with remaining cheese. Serve warm.

1 loaf (16 slices)

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Yield:

"1 Loaf"

Per serving: 189 Calories (kcal); 8g Total Fat; (39% calories from fat); 5g Protein; 24g Carbohydrate; 19mg Cholesterol; 148mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

NOTES: You can substitute chopped, well-drained pimiento if red peppers are not available, and you'll have the same cheerful effect.

Nutr. Assoc.: 0 26154 20088 0 0 0 2130706543 20056 0 2130706543 0

* Exported from MasterCook *

Refrigerator Roll Dough

Recipe By

Serving Size : 0 Preparation Time :0:00

Categories : Breads Holiday

Amount	Measure	Ingredient Preparation Method
1	package	regular or quick-acting active dry yeast
$\bar{1} \ 1/2$	cups	warm water (105° to 115°)
1 ′	cup	unseasoned lukewarm mashed potatoes
2/3	cup	sugar
2/3	cup	shortening
1 1/2	teaspoons	salt
2		eggs
6	cups	all-purpose flour (6 to 7 cups)

Dissolve yeast in warm water in large bowl. Stir in potatoes, sugar, shortening, salt, eggs and 3 cups of the flour. Beat until smooth. Mix in Page 320

betty crocker best of baking recipes.txt enough remaining flour to make dough easy to handle.

Turn dough onto lightly floured surface; gently roll in flour to coat. Knead about 5 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover bowl tightly; refrigerate at least 8 hours but no longer than 5 days.

Punch down dough; divide into 4 equal parts.

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Yield: "10 Cups"

Per serving: 4772 Calories (kcal); 158g Total Fat; (29% calories from fat); 95g Protein; 737g Carbohydrate; 378mg Cholesterol; 3830mg Sodium Food Exchanges: 39 1/2 Grain(Starch); 2 Lean Meat; 0 Vegetable; 0 Fruit; 29 Fat; 9 Other Carbohydrates

Nutr. Assoc. : 2019 5472 4113 0 0 0 0 14

* Exported from MasterCook *

Savory Roasted Pepper Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
3/4 1/4	cup cup	water chopped roasted red bell peppers (from a iar)
1 2 3 3	tablespoon cloves cups tablespoons tablespoons	margarine or butter softened garlic crushed bread flour
1 1/2 1 1/2 2	teaspoons teaspoons teaspoons	saĬt

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker $^{\! \circ}$ Recipe.

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Per serving: 150 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 28g Carbohydrate; 4mg Cholesterol; 301mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 4752 2394 0 0 0 0 3091 2019

* Exported from MasterCook *

Savory Roasted Pepper Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method	
1/2	cup tablespoons	water chopped roasted red bell peppers iar)	(from a
2 1 2 2 1 1 1 1 1/4	cups tablespoons tablespoon teaspoon	margarine or butter softened garlic crushed	

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Basic/White cycle. Use Medium or Light crust color. Do not use delay cycles. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Loaf"

Per serving: 147 Calories (kcal); 2g Total Fat; (11% calories from fat); 5g Protein; 27g Carbohydrate; 1mg Cholesterol; 302mg Sodium

Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 4752 4098 0 0 0 0 3091 2019

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Savory Stuffed Mushrooms

Recipe By

Serving Size : 36 Preparation Time :0:00

Categories : Appetizers Holiday

Measure	Ingredient Preparation Method
medium small	
tablespoons cups	margarine or butter soft bread crumbs (about 2 1/2 slices
teaspoons	bread) chopped fresh thyme leaves OR
teaspoon	dried thyme leaves
teaspoon teaspoon teaspoon	salt ground turmeric pepper
	medium small cup tablespoons cups teaspoons teaspoon teaspoon teaspoon

Remove stems from mushrooms; reserve caps. Finely chop enough stems to measure 1/3 cup. Cook mushroom stems, onion and bell pepper in margarine in 10-inch skillet about 5 minutes, stirring occasionally, until tender; remove from heat. Stir in remaining ingredients.

Heat oven to 350°. Lightly grease shallow baking dish, 12 \times 7 \times 1 1/2 inches, with nonstick cooking spray. Fill mushroom caps with bread crumb mixture. Place mushrooms, filled sides up in baking dish.

Bake uncovered 15 minutes. Set oven control to broil. Broil with tops 3 to 4 inches from heat about 2 minutes or until light brown.

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Yield:

"36 Appetizers"

Per serving: 17 Calories (kcal); 1g Total Fat; (39% calories from fat); 1g Protein; 2g Carbohydrate; trace Cholesterol; 48mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 26405 0 0 4098 20226 26058 0 2130706543 0 0 0

* Exported from MasterCook *

Scalloped Corn

Recipe By

Serving Size : 4 Preparation Time :0:00

Categories : Main and Side Dishes Rice and Grains

Amount Measure Ingredient -- Preparation Method

```
betty crocker best of baking recipes.txt
                 ears
                        corn
                        margarine or butter
          tablespoons
                        onion -- chopped_(1/4 cup)
1
                small
   1/4
                       chopped green bell pepper
                  cup
2
          tablespoons
                        all-purpose flour
   1/2
             teaspoon
                       salt
   1/2
             teaspoon
                        paprika
   1/4
                        ground mustard (dry)
             teaspoon
                 Dash
                        pepper
   3/4
                  cup
                       milk
                        egg -- slightly beaten fine dry cracker crumbs
                large
   1/3
                  cup
1
           tablespoon margarine or butter -- melted
```

Prepare corn. Boil ears in enough unsalted cold water to cover. Add 1 tablespoon sugar and 1 tablespoon lemon juice to each gallon of water, if desired. Heat to boiling. Boil uncovered 2 minutes; remove from heat. Let stand uncovered 10 minutes. Or steam ears 6 to 9 minutes or until tender. Cut enough kernels from ears to measure 2 cups.

Heat oven to 350°.

Melt 2 tablespoons margarine in 1-quart saucepan over medium heat. Cook onion and bell pepper in margarine about 2 minutes, stirring occasionally, until onion is tender; remove from heat.

Stir in flour, salt, paprika, mustard and pepper. Cook, stirring constantly, until mixture is bubbly; remove from heat. Gradually stir in milk. Heat to boiling, stirring constantly. Boil and stir 1 minute. Stir in corn and egg. Pour into ungreased 1-quart casserole.

Mix cracker crumbs and 1 tablespoon melted margarine. Sprinkle over corn mixture. Bake uncovered 30 to 35 minutes or until bubbly.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Per serving: 256 Calories (kcal); 13g Total Fat; (43% calories from fat); 7g Protein; 30g Carbohydrate; 53mg Cholesterol; 507mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 1/2 Fat; 0 Other Carbohydrates

NOTES: Chile Scalloped Corn: Omit paprika and mustard. Add 1/2 teaspoon chile powder and 1/2 teaspoon ground cumin with the flour. Stir in 1 can (4 ounces) chopped green chiles drained, with the egg.

Substitute 1 package (10 ounces) frozen whole kernel corn, cooked and drained, or 1 can (16 ounces) whole kernel corn, drained, for the cooked fresh corn.

Nutr. Assoc. : 3209 4098 0 0 0 0 0 518 0 0 0 5696 4098

* Exported from MasterCook *

Shrimp with Prosciutto

Recipe By

Serving Size : 18 Preparation Time :0:00

Fish and Shellfish Categories

Holiday

Page 324

Appetizers

Amount	Measure	Ingredient Preparation Method
2		margarine or butter
2 2	tablespoons	olive or vegetable oil anchovy fillets in oil finely chopped
1	tablespoon	chopped fresh parsley
2 18 9	cloves	garlic finely chopped raw jumbo shrimp (in shells)
	thin slices	
1/2 1	cup tablespoon	dry white wine lemon juice (1 to 2 tablespoons)

Heat oven to 375°. Heat margarine and oil in baking dish, $9 \times 9 \times 2$ inches, in oven until margarine melts. Mix anchovies, parsley and garlic; spread over margarine mixture in baking dish. Peel shrimp, leaving tails intact. Make a shallow cut lengthwise down back of each shrimp; wash out vein. Wrap 1 half-slice prosciutto around each shrimp. Place shrimp on anchovy mixture.

Bake uncovered 10 minutes. Pour wine and lemon juice over shrimp. Bake about 10 minutes longer or until shrimp are pink.

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Yield:
"18 Appetizers"

Per serving: 161 Calories (kcal); 10g Total Fat; (58% calories from fat); 13g Protein; 2g Carbohydrate; 49mg Cholesterol; 931mg Sodium Food Exchanges: 0 Grain(Starch); 2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 4098 986 26004 0 0 3803 2819 0 797

* Exported from MasterCook *

Simple Pizza Sauce

Recipe By

Serving Size : 0 Preparation Time :0:00

Categories : Main and Side Dishes Sauces

Amount	Measure	Ingredient Preparation Method
2 1 1 1/2 1	tablespoon teaspoons	ns imported pear-shaped tomatoes drained chopped fresh basil dried oregano freshly grated Romano cheese extra-virgin olive oil
1/4 1/4 4	teaspoon teaspoon cloves	salt pepper garlic

Place all ingredients in food processor or blender; cover and process until smooth. Use immediately or cover and refrigerate sauce up to 48 hours. Freeze up to 2 months. Thaw in refrigerator before using.

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Yield: "3 Cups"

Per serving: 417 Calories (kcal); 12g Total Fat; (22% calories from fat); 16g Protein; 75g Carbohydrate; 2mg Cholesterol; 2913mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 13 1/2 Vegetable; 0 Fruit; 2 Fat; O Other Carbohydrates

Nutr. Assoc. : 2470 0 0 20087 0 0 0 0

* Exported from MasterCook *

Skillet Chile-Cheese Cornbread

Recipe By

Serving Size : 12

Preparation Time :0:00

Categories : Breads Holiday

Amount	Measure	Ingredient Preparation Method
1 1/2 1/2 1/2 1/2 1/4	cups cup cup cup	cornmeal all-purpose flour shredded Cheddar cheese (2 ounces) shortening
1 1/2 2 1	cups teaspoons teaspoon	buttermilk baking powder sugar
1 1/2 1/2 2 1	teaspoon teaspoon	salt baking soda chile powder eggs
T	(4 ounce) can	chopped green chiles well drained

Heat oven to 450°. Grease 10-inch ovenproof skillet, round pan, 9 \times 1 1/2 inches, or square pan, 8 \times 8 \times 2 inches. Mix all ingredients; beat vigorously 30 seconds. Pour into skillet or pan.

Bake skillet about 20 minutes, round or square pan 25 to 30 minutes or until golden brown. Serve warm.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\otimes}$ Recipe.

Description:

'A down-home favorite, perfect served right from the skillet."

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Per serving: 166 Calories (kcal); 7g Total Fat; (39% calories from fat); 5g Protein; 20g Carbohydrate; 37mg Cholesterol; 494mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES: For festive flair, just before baking arrange thin slices of red or green bell peppers in the shape of Christmas trees on top of

the batter.

Nutr. Assoc. : 0 0 4922 0 0 0 0 0 0 2614 0 27203

Soft Pumpkin Drops

Recipe By

Serving Size : 48 Preparation Time :0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
1 1 1/2 1 2	cup tablespoon	sugar canned pumpkin shortening grated orange peel all-purpose flour OR
2 1 1 1 1 1/4 1/2 1/2	teaspoon teaspoon teaspoon cup	whole wheat flour baking powder baking soda ground cinnamon
3 1/3 1/2	teaspoons	CREAMY VANILLA FROSTING powdered sugar margarine or butter softened vanilla milk (about)

Heat oven to 375°. Mix sugar, pumpkin, shortening and orange peel. Stir in flour, baking powder, baking soda, cinnamon and salt. Mix in raisins and nuts.

Drop by rounded teaspoonfuls about 2 inches apart onto ungreased cookie

Bake until light brown, 8 to 10 minutes; cool. Frost with Creamy Vanilla Frosting.

CREAMY VANILLA FROSTING:

Mix powdered sugar and margarine. Stir in vanilla and milk; beat until smooth and of spreading consistency.

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Yield: "48 Cookies"

Per serving: 111 Calories (kcal); 4g Total Fat; (34% calories from fat); 1g Protein; 18g Carbohydrate; 3mg Cholesterol; 62mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Page 327

^{*} Exported from MasterCook *

Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 14 0 2130706543 0 0 0 0 0 0 2130706543 0 0 0 2394 0

4038

* Exported from MasterCook *

Sole Parmesan

Recipe By

Serving Size : 4 Preparation Time :0:00

Main and Side Dishes : Fish and Shellfish Categories

Amo	ount	Measure	Ingredient Preparation Method
8			thin sole fillets
8			OR thin orange roughy fillets (about 2 1/2 pounds)
_	1/2	cup	all-purpose flour
2 2		tablespoons	margarine or butter green onions thinly sliced
	1/2 1/2	teaspoon	salt
	1/2	teaspoon	pepper
1		cup	dry white wine
			OR
1		cup	chicken broth
3		tablespoons	lemon juice
	1/2	· cup	freshly grated Parmesan cheese

Heat oven to 375°. Coat fish fillets with flour; set aside. Melt margarine in 12-inch ovenproof skillet over medium-low heat. Cook onions in margarine 3 to 5 minutes, stirring occasionally, until crisp-tender. Add fish and cook uncovered 4 minutes. Turn fish carefully. Cook 4 minutes longer. Sprinkle with salt and pepper. Pour wine and lemon juice into skillet. Sprinkle with cheese. Bake uncovered 15 minutes or until hot and bubbly.

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T(Bake): "0:15"

Per serving: 496 Calories (kcal); 13g Total Fat; (25% calories from fat); 67g Protein; 15g Carbohydrate; 164mg Cholesterol; 788mg Sodium Food Exchanges: 1 Grain(Starch); 9 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 5030 0 2130706543 0 4098 0 0 0 0 0 2130706543 0 20086

* Exported from MasterCook *

Sour Cream Coffee Cake

Recipe By

Serving Size : 16 Preparation Time :0:00 Page 328 betty crocker best of baking recipes.txt
Categories : Cakes Holiday

Amount	Measure	Ingredient Preparation Method
1 1/2 3/4 1 1/2 3 3	cups cup teaspoons cups	vanilla eggs all-purpose flour OR
3 1 1/2 1 1/2 3/4 1 1/2	cups teaspoons teaspoons teaspoon cups	baking soda salt
1/2 1/2 1 1/2	cup cup teaspoons	finely chopped nuts
1/4 2 1 1	cup cups teaspoon tablespoon	powdered sugar

Heat oven to 350°. Grease tube pan, 10 \times 4 inches, 12-cup bundt cake pan or 2 loaf pans, 9 \times 5 \times 3 inches. Beat sugar, margarine, vanilla and eggs in large bowl on medium speed 2 minutes, scraping bowl occasionally. Beat in flour, baking powder, baking soda and salt alternately with sour cream on low speed. Prepare Filling by mixing all ingredients.

For tube or bundt cake pan, spread one-third of the batter (about 2 cups) in pan and sprinkle with one-third of the filling (about 6 tablespoons); repeat twice. For loaf pans, spread one-fourth of the batter (about 1 1/2 cups) in each pan and sprinkle each with one-fourth of the filling (about 5 tablespoons); repeat once.

Bake tube pan or bundt cake pan about 1 hour, loaf pans about 45 minutes or until toothpick inserted near center comes out clean. Cool slightly; remove from pan to wire rack. Cool 10 minutes. Drizzle Light Brown Glaze over warm coffee cake. Serve warm or cool.

LIGHT BROWN GLAZE:

Heat margarine in $1\ 1/2$ quart saucepan over medium heat until light brown; remove from heat. Stir in powdered sugar and vanilla. Stir in milk, 1 tablespoon at a time, until smooth and of drizzling consistency.

14 to 16 servings

"1 Cake"

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:
 "This coffee cake is perfect to serve a crowd! When baked in loaf pans, you can serve one, and give the other as a gift."
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Yield:

Per serving: 509 Calories (kcal); 20g Total Fat; (34% calories from fat); 8g Protein; 77g Carbohydrate; 45mg Cholesterol; 424mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 Fat; 2 1/2 Other Carbohydrates

Nutr. Assoc. : 0 4098 0 0 14 0 0 0 0 0 0 2130706543 2130706543 0 0 2677 0 0 0 4098 0 0 4038

Sour Cream-Banana Bars

Recipe By

Serving Size : 48 Preparation Time :0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
1 1/2 1 1/2 2 1 1/2 2 1 1/2 2 1 1/2	cup cups teaspoons cups teaspoon teaspoon	all-purpose flour
1/3 3 1 1/2 2	cup cups teaspoons tablespoons	BROWNED BUTTER FROSTING margarine or butter powdered sugar vanilla milk (about)

Heat oven to 375° . Grease and flour jelly roll pan, $15 \ 1/2 \times 10 \ 1/2 \times 1$ inch. Mix sugar, sour cream, margarine and eggs in large mixer bowl on low speed, scraping bowl occasionally, 1 minute. Beat in bananas and vanilla on low speed 30 seconds. Beat in flour, salt and baking soda on medium speed, scraping bowl occasionally, 1 minute. Stir in nuts. Spread dough in pan.

Bake until light brown, 20 to 25 minutes. Cool; frost with Browned Butter Frosting. Cut into bars, about $2 \times 1 \frac{1}{2}$ inches.

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Yield: "48 Bars"

Per serving: 130 Calories (kcal); 5g Total Fat; (35% calories from fat); 1g Protein; 20g Carbohydrate; 10mg Cholesterol; 113mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1 Other Carbohydrates

NOTES : Tip

^{*} Exported from MasterCook *

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betty crocker best of baking recipes.txt Always check cookies at minimum bake times, as even one minute can make a difference with cookies, especially those high in sugar and

Nutr. Assoc. : 0 0 4098 0 4111 0 0 0 0 0 2130706543 0 4098 0 0 4138

* Exported from MasterCook *

Sour Cream-Chocolate Cake

Recipe By

Serving Śize : 8 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
		-11
Z	cups	all-purpose flour*
2	cups	sugar
1/4	cup	shortening
1	cup	water
3/4	cup	dairy sour cream
1 1/4	teaspoons	baking soda
1	teaspoon	salt
1/2	teaspoon	
1	teaspoon	vanilla
2		eggs
4	ounces	
1 1/2	cups	Chocolate Butter Frosting (see recipe)

Heat oven to 350° . Grease and flour rectangular pan, $13\times 9\times 2$ inches, or 2 round pans, 9×1 1/2 inches. Beat all ingredients except frosting in large mixer bowl on low speed, scraping bowl constantly, 30 seconds. Beat on high speed, scraping bowl occasionally, 3 minutes. Pour into pan(s).

Bake until top springs back when touched lightly, rectangular 40 to 45 minutes, layers 30 to 35 minutes. Cool layers 10 minutes; remove from pans. Cool completely. Frost rectangular or fill and frost layers with Chocolate Butter Frosting (see recipe).

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield: "1 Cake"

Per serving: 751 Calories (kcal); 35g Total Fat; (39% calories from fat); 8g Protein; 111g Carbohydrate; 56mg Cholesterol; 646mg Sodium Food Exchanges: 2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 6 1/2 Fat; 5 1/2 Other Carbohydrates

NOTES : *If using self-rising flour, decrease baking soda to 1/4 teaspoon and omit salt and baking powder. Nutr. Assoc. : 14 0 0 0 1394 0 0 0 0 1323 0

* Exported from MasterCook *

Chocolate Butter Frosting

Recipe By

Serving Size : 16 Preparation Time :0:00

Page 331

betty crocker best of baking recipes.txt Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1/3 2 2 2 1 1/2 2	ounces cups teaspoons	margarine or butter softened melted unsweetened chocolate (cool) powdered sugar vanilla milk (about)

Mix margarine and chocolate. Mix in powdered sugar. Beat in vanilla and milk until smooth and of spreading consistency.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker $^{\circ}$ Recipe.

Yield:

"1 1/2 Cups"

Per serving: 125 Calories (kcal); 7g Total Fat; (49% calories from fat); trace Protein; 16g Carbohydrate; Omg Cholesterol; 62mg Sodium Food Exchanges: O Grain(Starch); O Lean Meat; O Vegetable; O Fruit; 1 1/2 Fat; 1 Other Carbohydrates

Nutr. Assoc.: 4098 5387 0 0 4098

* Exported from MasterCook *

Southern Buttermilk Cornbread

Recipe By

Serving Size : 12 Preparation Time :0:00

: Breads Categories

Amount	Measure	Ingredient Preparation Method
1 1/2	cups	yellow, white or blue cornmeal
1/2	cup	all-purpose flour*
1 1/2	cups	buttermilk
1/4	cup	vegetable oil or shortening
2	teaspoons	baking powder
1	teaspoon	sugar
1	teaspoon	salt
1/2	teaspoon	baking soda
2	large	eggs

Heat oven to 450°. Grease bottom and side of round pan, 9 \times 1 1/2 inches, square pan, 8 \times 8 \times 2 inches, or 10-inch ovenproof skillet with shortening.

Mix all ingredients. Beat vigorously 30 seconds. Pour batter into pan.

Bake round or square pan 25 to 30 minutes, skillet about 20 minutes or until golden brown. Serve warm.

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ Recipe .

Yield: "1 Loaf"

Per serving: 147 Calories (kcal); 6g Total Fat; (36% calories from fat); 4g Protein; 19g Carbohydrate; 32mg Cholesterol; 353mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

NOTES: * If using self-rising flour, decrease baking powder to 1 teaspoon and omit salt.

Lighter Southern Buttermilk Cornbread: For 3 grams of fat and 120 calories per serving, use fat-free buttermilk, decrease oil to 2 tablespoons and substitute 1/2 cup fat-free cholesterol-free egg product for the eggs.

Cheesy Mexican Cornbread: Decrease buttermilk to 1 cup. Stir in 1 can (about 8 ounces) cream-style corn, 1 can (4 ounces) chopped green chiles, well drained, 1/2 cup shredded Monterey Jack or Cheddar cheese (2 ounces) and 1 teaspoon chile powder.

Corn Sticks: Grease 18 corn stick pans with shortening. Fill about 7/8 full. Bake 12 to 15 minutes. Makes 18 corn sticks. Nutr. Assoc. : 5638 14 0 1563 0 0 0 0

* Exported from MasterCook *

Southwest Riblets

Recipe By

: 28 Serving Size Preparation Time :0:00

Categories : Appetizers Holiday Pork

Amount	Measure	Ingredient Preparation Method
1	medium	onion chopped (about 1/2 cup)
2		vegetable oil
2 1 6 3	tablespoon	ground red chiles
6	_	dried juniper berries crushed, if desired
	cloves	garlic finely chopped
1/2	teaspoon	
1/2		unsweetened chocolate grated
1 2	cup	water cider vinegar
<u> </u>		tomato paste
2	tablespoons	
1 2 1 2 3		rack fresh pork back ribs cut lengthwise across bone
in half	pourius	Tack Tresh pork back Tros - cae Tengenwise across bone

Cook onion in oil in 2-quart saucepan 2 minutes, stirring frequently. Stir in ground red chiles, juniper berries, garlic and salt. Cover and cook 5 minutes, stirring occasionally. Stir in chocolate until melted.

Pour water, vinegar and tomato paste into food processor or blender. Add onion mixture and sugar. Cover and process, or blend, until well blended.

Heat oven to 375°. Cut between pork back ribs to separate. Place in single layer in roasting pan. Pour sauce evenly over pork.

Bake uncovered 30 minutes; turn pork. Bake about 30 minutes longer or Page 333

until done.

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Yield: "28 Appetizers"

Per serving: 107 Calories (kcal); 8g Total Fat; (70% calories from fat); 5g Protein; 3g Carbohydrate; 24mg Cholesterol; 109mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 3624 0 0 0 0 0 0 0 4547 0

* Exported from MasterCook *

Spiced Honey-Lemon Muffins

Recipe By Serving Size : 8 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
3/4 1/3 1/4 2 1 2 2 1/2 1/2 1/2 1/4	cup cup teaspoons teaspoons teaspoon teaspoon teaspoon	grated lemon peel egg all-purpose flour baking powder salt ground cinnamon
2 1/4 2	tablespoons teaspoon teaspoons	HONEY-LEMON GLAZE honey grated lemon peel lemon juice

Heat oven to 400° . Grease bottoms only of 8 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Beat milk, oil, honey, lemon peel and egg in large bowl. Stir in remaining ingredients except Honey-Lemon Glaze just until flour is moistened. Divide batter evenly among muffin cups (cups will be about 3/4 full).

Bake 20 to 22 minutes or until golden brown. Immediately remove from pan. Brush Honey-Lemon Glaze over warm muffins.

To make the Honey-Lemon Glaze:

Mix all ingredients until well blended.

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Yield:
"8 Muffins"

Per serving: 267 Calories (kcal); 11g Total Fat; (35% calories from fat); 5g Protein; 39g Carbohydrate; 26mg Cholesterol; 305mg Sodium

Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 Other Carbohydrates

NOTES: Some of the warm glaze will drip off the warm muffins, so place muffins on a serving plate, cookie sheet or waxed paper for easier cleanup.

Nutr. Assoc. : 0 0 0 20084 0 0 0 0 0 0 2130706543 0 0 0 20084 0

Spicy Apple Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size

: 12 Preparation Time :0:00

: Bread Machine Categories Breads

Amount	Measure	Ingredient Preparation Method
1 2 3 1/3 2 2 1 1/2 2 1/2 2	cup tablespoons cups cup tablespoons tablespoons teaspoons teaspoons teaspoons	plus 1 tablespoon water margarine or butter softened bread flour cut-up dried apples dry milk sugar salt apple pie spice bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 164 Calories (kcal); 3g Total Fat; (15% calories from fat); 5g Protein; 30g Carbohydrate; 1mg Cholesterol; 297mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

NOTES: Apple Pie Spice can be made by mixing 2 parts cinnamon with 1 part

nutmeg to equal the amount called for. Nutr. Assoc.: 1582 4098 0 514 0 0 0 385 2019

^{*} Exported from MasterCook *

* Exported from MasterCook *

Spicy Apple Bread (1-Pound Recipe)

Recipe By

Serving Śize : 8 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
2/3 1 2 1/4 1 1 1 1 1/2 1 1/2	cup tablespoon cups cup tablespoon tablespoon teaspoon teaspoons teaspoons	water margarine or butter softened bread flour cut-up dried apples dry milk sugar salt apple pie spice bread machine yeast

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer.

Select Sweet or Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

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Yield: "1 Loaf"

Per serving: 158 Calories (kcal); 2g Total Fat; (14% calories from fat); 5g Protein; 29g Carbohydrate; 1mg Cholesterol; 291mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; O Other Carbohydrates

NOTES: Apple Pie Spice can be made by mixing 2 parts cinnamon with 1 part nutmeg to equal the amount called for.

Nutr. Assoc.: 0 4098 0 514 0 0 0 962 2019

* Exported from MasterCook *

Spicy Walnut-Raisin Pie

Recipe By

: 8 Serving Size Preparation Time :0:00

: Desserts Pies Categories

Ingredient -- Preparation Method Amount Measure Favorite Pastry for 9-Inch One-Crust Pie -- (see recipe) eggs 2/3 cup sugar

betty crocker best of baking recipes.txt 1/2 teaspoon salt 1/2 ground cinnamon teaspoon $\frac{1}{2}$ ground nutmeg teaspoon ground cloves light or dark corn syrup 1/2 teaspoon 1 cup 1/3 margarine or butter -- melted cup 1/2 cup coarsely chopped walnuts raisins 1/2 cup

Heat oven to 375°. Prepare pastry. Beat eggs, sugar, salt, cinnamon, nutmeg, cloves, corn syrup and margarine with hand beater until blended. Stir in walnuts and raisins. Pour into pastry-lined pie plate.

Bake until set, 40 to 50 minutes.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

Love nuts? Then this is the pie for you!"

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Yield: "1 Pie"

Per serving: 482 Calories (kcal); 22g Total Fat; (40% calories from fat); 6g Protein; 69g Carbohydrate; 78mg Cholesterol; 428mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 1/2 Fruit; 4 Fat; 3 Other Carbohydrates

Nutr. Assoc. : 0 3218 0 0 0 0 3615 428 4098 20187 4680

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Desserts Pies

Amount	Measure	Ingredient Preparation Method
1	cup	all-purpose flour
1/2	teaspoon	
$\frac{1}{3}$		lard
_, 5	cup	OR
1/3	cup	plus 1 tablespoon shortening
2 1/3		cold water (2 to 2 tablespoons)
	tabiespoons	cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

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Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll
pastry under, even with plate. Flatten pastry evenly on rim of pie plate.
Press firmly around edge with times of fork, dipping fork into flour
occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield: "1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Spinach Pesto

Recipe By

Serving Size : 60 Preparation Time :0:00

Categories : Holiday Sauces

Amount	Measure	Ingredient Preparation Method
4 1	cups cup	firmly packed spinach (10 to 12 ounces) firmly packed fresh basil OR
1/2	cup cup	dried basil leaves grated Parmesan cheese
1 1/2		olive oil chopped pine nuts OR
1/2 1/2	cup teaspoon	chopped walnuts salt
1/4 8	teaspoon cloves	pepper garlic

Place 2 cups of spinach and remaining ingredients in food processor. Cover and process 1 minute. Add remaining spinach and process about 2 minutes, stopping processor occasionally to scrape sides, until finely chopped and smooth. (Or place all ingredients except spinach in blender. Cover and blend on high speed about 1 minute, stopping blender occasionally to scrape sides. Add spinach, 1 cup at a time, blending until smooth after each addition.) Store covered in refrigerator up to 3 days or in freezer up to 3 months.

Please note, if you should change this recipe it will no longer be an Page 338

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Yield:
 "7 1/2 Cups"

- - - - - - - - - - - - - - - - - - -

Per serving: 45 Calories (kcal); 5g Total Fat; (88% calories from fat); 1g Protein; trace Carbohydrate; 1mg Cholesterol; 44mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 1423 3332 0 2130706543 0 0 20187 0 2130706543 0 0 0

* Exported from MasterCook *

Spinach Phyllo Pie

Recipe By :

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes Vegetarian

Amount	Measure	Ingredient Preparation Method
1 1 1	medium	olive or vegetable oil onion chopped (1/2 cup) red bell pepper chopped (1 cup)
1 2 .	clove	garlic finely chopped kages frozen chopped spinach thawed and squeezed to
drain 1	(8 ounce) pac	kage cream cheese softened
1/2		crumbled Feta or Gorgonzola cheese (2 ounces)
2	. large	eggs
1	tablespoon	chopped fresh dill OR
1		dried dill weed
1/2 1/4	teaspoon teaspoon	pepper
8 2		frozen phyllo (18 \times 14 inches) thawed

Heat oven to 375°. Grease bottom and side of pie plate, $9\times1~1/4$ inches with margarine. Heat oil in 10-inch skillet over medium-high heat. Cook onion, bell pepper and garlic in oil, stirring frequently, until vegetables are crisp-tender; remove from heat. Stir in spinach, cream cheese, Feta cheese, eggs, dill weed, salt and pepper.

Cut stack of phyllo sheets into 12-inch square; discard extra phyllo. Cover with waxed paper, then with damp towel to prevent them from drying out. Brush each of 4 phyllo squares with margarine and layer in pie plate. Gently press into pie plate, allowing corners to drape over edge.

Spread spinach mixture evenly over phyllo. Fold ends of phyllo up and over filling so corners overlap on top. Brush with margarine and layer remaining 4 phyllo sheets over pie, allowing corners to drape over edge.

Gently tuck phyllo draping over top inside edge of pie plate. Cut through top phyllo layers into 6 wedges, using sharp knife or scissors.

Bake 35 to 45 minutes or until crust is golden brown and filling is hot. Let stand 10 minutes before serving.

betty crocker best of baking recipes.txt Fold ends of phyllo up and over filling so corners overlap on top. Brush with margarine and layer remaining 4 phyllo sheets over pie, allowing corners to drape over edge.

Carefully lift bottom layers of phyllo and tuck top corners between bottom layers and plate to seal.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield:

"1 Pie"

Per serving: 350 Calories (kcal); 25g Total Fat; (63% calories from fat); 11g Protein; 22g Carbohydrate; 115mg Cholesterol; 678mg Sodium Food Exchanges: 1 Grain(Starch); 1 Lean Meat; 1 Vegetable; 0 Fruit; 4 1/2 Fat; 0 Other Carbohydrates

NOTES: *We do not recommend using vegetable oil spreads. Nutr. Assoc. : 986 0 0 0 0 0 20048 3218 26124 0 2130706543 0 0 1290 4098

* Exported from MasterCook *

Stained Glass Cookies

Recipe By

Serving Size : 60 Preparation Time :0:00

Categories : Cookies & Brownies Holiday

Amount Measure Ingredient -- Preparation Method

Mary's Sugar Cookies -- see recipe

Food colors

Prepare dough for Mary's Sugar Cookies. Before refrigerating, divide dough in half. Divide one half into 3 to 5 parts. Tint each part with a different food color. Wrap each tinted dough and the plain dough separately. Refrigerate at least 2 hours.

Heat oven to 375°. Grease cookie sheet lightly. Roll plain dough 1/8 inch thick on lightly floured surface. Cut with bell, star, tree or other decorative cookie cutter. Place on cookie sheet. Roll each tinted dough 1/8 inch thick; cut out different shapes and arrange on plain dough shapes.

Bake 7 to 8 minutes or until edges are light brown. Remove from cookie sheet. Cool on wire rack.

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Yield:

"60 Cookies"

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Per serving: 59 Calories (kcal); 3g Total Fat; (47% calories from fat); 1g
Protein; 7g Carbohydrate; 3mg Cholesterol; 58mg Sodium
Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0

* Exported from MasterCook *

Mary's Sugar Cookies

Recipe By

Serving Size : 60 Preparation Time :0:00

: Chapter 6 Rolling in Dough Categories

Amount	Measure	Ingredient Preparation Method
1 1/2	cups	powdered sugar
1	cup	butter or margarine softened
1	teaspoon	vanilla
1/2	teaspoon	almond extract
1	•	egg
2 1/2	cups	all-purpose flour
1	teaspoon	baking soda
1	teaspoon	cream of tartar
	•	Granulated sugar

Beat powdered sugar and butter in large bowl with electric mixer on medium speed, or mix with spoon. Stir in vanilla, almond extract and egg. Stir in flour, baking soda and cream of tartar. Cover and refrigerate about 2 hours or until firm.

Heat oven to 375°. Roll half of dough at a time 1/8 inch thick on lightly floured cloth-covered surface. Cut into desired shapes. Place about 2 inches apart on ungreased cookie sheet. Sprinkle with granulated sugar. Bake 7 to 8 minutes or until light brown. Remove from cookie sheet to wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

You may notice that the nutritional information calculated by MasterCook is different from the nutritional information listed in the Betty Crocker® cookbooks. Because MasterCook and Betty Crocker® use different nutritional analysis programs and different nutrient databases, variations in results are expected.

"Sweet, crisp sugar cookies have made the grade throughout the years. Whether sprinkled with colored sugar, frosted or elaborately decorated, they're as popular as ever."

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T(Chill): "2:00"

Per serving: 59 Calories (kcal); 3g Total Fat; (47% calories from fat); 1g Protein; 7g Carbohydrate; 3mg Cholesterol; 58mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: Cookie Tips
One of the nice things about rolled cookies is that they will wait until you are ready to bake them. Because the dough can always be refrigerated (and can be frozen, too), they're very convenient. We love them because they present lots of opportunity for creativity. Simple cookies are ideal for teaching the beginning baker how to handle a rolling pin.

Make It Your Way

Fruit-Flavored Sugar Cookies are very easy to make. Just sprinkle the cut out cookies with fruit-flavored gelatin instead of

granulated sugar

Nutr. Assoc. : 0 4098 0 0 0 0 0 0

Standing Beef Rib Roast with Yorkshire Pudding

Recipe By

Serving Size : 6 Preparation Time :0:00

Main and Side Dishes Categories : Beef

Amount Measure Ingredient -- Preparation Method 4 pounds beef rib roast (4 to 6 pounds) Salt and pepper Yorkshire Pudding Batter -- (recipe follows) YORKSHIRE PUDDING BATTER all-purpose flour 1 cup 1 cup milk 1/2 teaspoon salt eggs

Heat oven to 325°. Place beef roast, fat side up, on rack in shallow roasting pan. Sprinkle with salt and pepper. Insert meat thermometer so tip is in center of thickest part of beef and does not touch bone or rest in fat. Do not add water.

Roast uncovered to desired degree of doneness: 135° for rare, 23 to 25 minutes per pound; 155° for medium, 27 to 30 minutes per pound.

About 30 minutes before roast reaches desired temperature, prepare Yorkshire Pudding Batter. Heat square pan, $9\times 9\times 2$ inches, or rectangular baking dish, $11\times 7\times 1$ 1/2 inches, in oven.

When roast reaches desired temperature, remove from oven. Increase oven temperature to 425°. Transfer roast to warm platter; cover with aluminum foil. Pour 1/4 cup drippings from roasting pan; place drippings in heated square pan. Pour in pudding batter.

Bake about 25 minutes or until puffed and golden brown. Cut into squares; serve with beef.

YORKSHIRE PUDDING BATTER:

Mix all ingredients with hand beater just until smooth.

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Copyright:

Per serving: 753 Calories (kcal); 50g Total Fat; (61% calories from fat); 53g Protein; 18g Carbohydrate; 243mg Cholesterol; 368mg Sodium Food Exchanges: 1 Grain(Starch); 7 Lean Meat; 0 Vegetable; 0 Fruit; 5 1/2 Fat; 0 Other Carbohydrates

NOTES: Yorkshire Pudding is an English classic, similar to a popover. However, instead of baking in individual cups, Yorkshire Pudding is baked in a pan, with the roast beef drippings. When puffed and golden, it is cut into squares and served with the roast beef.

Nutr. Assoc.: 2206 0 2130706543 0 0 0 0 0 3218

* Exported from MasterCook *

Starlight Yellow Cake

Recipe By Serving Size

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
		7.7
2 1/4	cups	all-purpose flour*
1 1/2	cups	sugar
1/2	cup	shortening
1 1/4	cups	milk
3 1/2	teaspoons	baking powder
1	teaspoon	salt
1	teaspoon	vanilla
3	large	eggs
2 1/4	cups	Chocolate Buttercream Frosting (see recipe), if
desired	•	
		OR
2 1/4	cups	Peanut Butter Buttercream Frosting (see recipe), if
desiréd		3 (3.5.5)

Heat oven to 350°. Grease bottom and sides of rectangular pan, 13 \times 9 \times 2 inches, 2 round pans, 9 \times 1 1/2 inches, or 3 round pans, 8 \times 1 1/2 inches, with shortening; lightly flour.

Beat all ingredients except Chocolate Buttercream Frosting with electric mixer on low speed 30 seconds, scraping bowl constantly. Beat on high speed 3 minutes, scraping bowl occasionally. Pour into pan(s).

Bake rectangle 40 to 45 minutes, 9-inch rounds 30 to 35 minutes, 8-inch rounds 20 to 25 minutes, or until toothpick inserted in center comes out clean or until cake springs back when touched lightly in center. Cool rectangle in pan on wire rack. Cool rounds 10 minutes; remove from pans to wire rack. Cool completely.

Frost rectangle or fill and frost layers with Chocolate Buttercream Frosting.

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Yield: "1 Cake"

betty crocker best of baking recipes.txt Per serving: 493 Calories (kcal); 18g Total Fat; (31% calories from fat); 6g Protein; 81g Carbohydrate; 38mg Cholesterol; 334mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 3 1/2 Fat; 4 1/2 Other Carbohydrates

NOTES: Jazz up this favorite cake by stirring in 1/2 cup chopped nuts, dried cherries or flaked coconut before pouring into pans.

*If using self-rising flour, omit baking powder and salt.

Peanut Butter Marble Cake: Substitute peanut butter for the shortening. Pour two-thirds of the batter (about 3 cups) into pan(s). Stir 3 tablespoons baking cocoa and 1/8 teaspoon baking soda into remaining batter. Drop chocolate batter by generous tablespoonfuls randomly in mounds onto peanut butter batter. Pull knife through batters in S-shaped curves in one continuous motion for marbled design. Turn pan one-fourth turn; repeat marbling. Bake and cool as directed in main recipe. Frost with Peanut Butter Buttercream Frosting (see recipe). If desired, drop about 1/4 cup prepared fudge topping by teaspoonfuls randomly over the top and marble as directed for the batter.

Poppy Seed Cake: Stir in 1/4 cup poppy seed with the sugar. Nutr. Assoc. : 14~0~0~0~0~0~3218~0~0~2130706543

Chocolate Buttercream Frosting

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
3 1/3 2 3 2	cup teaspoons ounces	powdered sugar stick margarine or butter softened* vanilla unsweetened baking chocolate melted and cooled milk (2 to 3 tablespoon)

Mix all ingredients except milk in medium bowl. Stir in milk until smooth and spreadable. Frosts one 13 \times 9-inch cake generously or fills and frosts one 8- or 9-inch two-layer cake.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:
"2 1/4 Cups"

Per serving: 151 Calories (kcal); 7g Total Fat; (38% calories from fat); 1g Protein; 24g Carbohydrate; trace Cholesterol; 46mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: *We do not recommend using vegetable oil spreads.

To fill and frost one 8-inch three-layer cake, use 4 1/2 cups powdered sugar, 1/2 cup stick margarine or butter, softened, 3 Page 344

^{*} Exported from MasterCook *

teaspoons vanilla and about 1/4 cup milk. Nutr. Assoc.: 0 4098 0 0 4038

* Exported from MasterCook *

Peanut Butter Buttercream Frosting

Recipe By

Serving Size : 16

Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
3	cups	powdered sugar
1/3	cup	peanut butter
1 1/2	teaspoons	vanilla
1/4	cup	milk

Mix powdered sugar and peanut butter in medium bowl. Stir in vanilla and milk.

Beat until smooth and spreadable. Frosts one 13 \times 9-inch cake or fills and frosts one 8- or 9-inch two-layer cake.

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Yield:
"2 1/4 Cups"

Per serving: 123 Calories (kcal); 3g Total Fat; (20% calories from fat); 1g Protein; 24g Carbohydrate; 1mg Cholesterol; 27mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1

1/2 Other Carbohydrates

NOTES : Tip

Place all ingredients in food processor. Cover and process,

stopping occasionally to scrape sides, until smooth and spreadable.

Nutr. Assoc. : 0 0 0 0

* Exported from MasterCook *

Sticky Orange Rolls

Recipe By : Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
1 1/4 3 1/2 1/3 1 1/2 1/2	cups cup teaspoon	water margarine or butter (1/2 stick) softened bread flour packed brown sugar salt bread machine yeast margarine or butter (1 stick) melted Page 345

betty crocker best of baking recipes.txt tablespoons grated orange peel cup granulated sugar 2 1/2

Measure carefully, placing all ingredients except 1/2 cup melted margarine, the orange peel and granulated sugar in bread machine pan in the order recommended by the manufacturer. Select Dough/Manual cycle.

Grease rectangular pan, $13\times 9\times 2$ inches. Divide dough in half. Roll each half into 12-inch rope on lightly floured surface. Cut each rope into 6 pieces.

Mix 1/2 cup melted margarine, the orange peel and granulated sugar in medium bowl. Dip dough pieces into orange mixture, covering dough completely. Place slightly apart in pan. Cover and let rise in warm place about 30 minutes or until double.

Heat oven to 350°. Bake 20 to 30 minutes or until golden brown.

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Per serving: 303 Calories (kcal); 12g Total Fat; (35% calories from fat); 5g Protein; 44g Carbohydrate; 0mg Cholesterol; 315mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1 Other Carbohydrates

NOTES: Sticky Orange-Almond Rolls: Place 1 cup sliced unblanched almonds in small bowl. Roll dough pieces in almonds after dipping into orange mixture.

If you prefer evenly shaped rolls, roll dough pieces into balls before dipping into orange mixture. Nutr. Assoc.: 0 4098 0 0 0 2019 4098 0 0

Stollen

Recipe By

Serving Size : 24 Preparation Time :0:00

Categories : Cakes Holiday

Amount Measure Ingredient -- Preparation Method 3 1/2 all-purpose flour cups 1/2 sugar cup 1/2 teaspoon salt regular or quick-acting active dry yeast warm water (105° to 115°) 1 package 3/4 cup margarine or butter (1 stick) -- softened 1/2 cup eggs egg -- separated 1/2 chopped blanched almonds cup 1/4 chopped citron cup 1/4 chopped candied cherries, if desired cup 1/4 cup raisins 1 tablespoon grated lemon peel Page 346

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Margarine or butter -- softened 1 tablespoon water Creamy Frosting -- (recipe follows) CREAMY FROSTING powdered sugar water (2 to 3 tablespoons) vanilla 1 1/2 cups 2 tablespoons

Mix 1 3/4 cups of the flour, the sugar, salt and yeast in large bowl. Add water, 1/2 cup margarine, the eggs and egg yolk. Beat on low speed 1 minute, scraping bowl frequently. Beat on medium speed 10 minutes, scraping bowl frequently. Stir in remaining flour, the almonds, citron, candied cherries, raisins and lemon peel. Scrape batter from side of bowl. Cover and let rise in warm place 1 1/2 to 2 hours or until double. (Dough is ready if indentation remains when touched) is ready if indentation remains when touched.)

Stir down batter by beating about 25 strokes. Cover tightly and refrigerate at least 8 hours.

Grease cookie sheet. Turn dough onto well-floured surface; gently roll in flour to coat. Divide in half. Press each half into oval, 10×7 inches. Spread with margarine. Fold lengthwise in half; press only folded edge firmly. Place on cookie sheet. Beat egg white and 1 tablespoon water; brush over dough. Cover and let rise 45 to 60 minutes or until double.

Heat oven to 375°. Bake 20 to 25 minutes or until golden brown. Cool 15 minutes. Drizzle Creamy Frosting over warm coffee cakes. If desired, decorate with almond halves, pieces of citron and candied cherry halves to resemble poinsettias, or dust frosting with powdered sugar. Serve warm or cool.

2 coffee cakes (12 slices each)

teaspoon

CREAMY FROSTING:

1/2

Mix all ingredients until of drizzling consistency.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

'This rich, classic Christmas bread originated in Germany, where it is called Weihnachts-stollen. Each province in the country has its own recipe and shape for the bread.

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Yield:

'2 Coffee Cakes"

Per serving: 186 Calories (kcal); 7g Total Fat; (34% calories from fat); 3g Protein; 27g Carbohydrate; 29mg Cholesterol; 119mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

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* Exported from MasterCook *

Strawberries and Cream Cake

Recipe By Serving Size : 16 Preparation Time :0:00

Categories : Cakes Desserts

Amount	Measure	Ingredient Preparation Method
1	pint	Whipped Cream Cake (recipe follows) Whipped Cream Cheese Frosting (recipe follows) strawberries sliced
2	cups	WHIPPED CREAM CAKE all-purpose flour OR
2 1/4	cups	
1 1/2 2		sugar baking nawdan
1/2		baking powder salt
1 1/2	Cups	whipping (heavy) cream
1 1/2 3	Cups	eggs
1 1/2	teaspoons	vanilla
		WHIPPED CREAM CHEESE FROSTING
1 1 2 2/3	tablespoon	kage cream cheese softened milk whipping (heavy) cream powdered sugar

Bake Whipped Cream Cake as directed. Spread 1 layer with 1/2 cup of the Whipped Cream Cheese Frosting; top with layer of sliced strawberries.
Place remaining cake layer on top. Spread thin layer of frosting on side of cake.

Place remaining frosting in decorating bag with large open star tip #4B. Pipe vertical rows on side of cake. Pipe shell border around top edge of cake. Arrange sliced strawberries on top of cake. Refrigerate remaining cake.

WHIPPED CREAM CAKE:

Heat oven to 350° . Grease and flour 2 round pans, $8 \times 1 \ 1/2$ or $9 \times 1 \ 1/2$ inches. Mix flour, sugar, baking powder and salt.

Beat whipping cream in chilled large bowl until stiff. Beat eggs in small bowl about 5 minutes or until very thick and lemon colored. Fold eggs and vanilla into whipped cream. Add flour mixture, about 1/2 cup at a time, folding gently after each addition until blended. Pour batter into pans.

Bake 30 to 35 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans. Cool completely.

WHIPPED CREAM CHEESE FROSTING:

Beat cream cheese and milk in chilled bowl on low speed until smooth; beat in whipping cream and powdered sugar. Beat on high speed, scraping bowl occasionally, until stiff peaks form.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

[&]quot;Do you love raspberries or peaches? Any berries or cut-up fruit can be substituted for the strawberries in this luscious cake."

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"1 cake"

Per serving: 367 Calories (kcal); 22g Total Fat; (53% calories from fat); 4g Protein; 39g Carbohydrate; 112mg Cholesterol; 174mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 4 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: Tip

Substitute 1 package (18.25 ounces) yellow cake mix with pudding for the Whipped Cream Cake. Prepare and bake as directed on

package.

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3218 0 0 0 0 0 721 0

Strawberry Pie

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Baking with Kids Pies

Amount	Measure	Ingredient Preparation Method
1 1/2 1/3	cup teaspoon cup	all-purpose flour salt plus 1 tablespoon shortening
2	tablespoons	plus 1 tablespoon shortening cold water (2 to 3 tablespoons)
6	cups	
Ţ	cup	sugar
2	tablespoons	
1/2	cup	water
1	(3 ounce) pac	kage cream cheese softened

Heat oven to 475°.

Mix in medium bowl with fork: 1 cup all-purpose flour 1/2 teaspoon salt

Cut into flour mixture with pastry blender until pieces are the size of small peas: 1/3 cup plus 1 tablespoon shortening

Sprinkle in, 1 tablespoon at a time, tossing with fork until all the flour is wet and pastry almost leaves side of bowl: 2 to 3 tablespoons cold water

Cover a breadboard with a pastry cloth. Sprinkle flour lightly over cloth. Shape pastry into a ball on floured cloth. Shape ball into a flattened round. Roll pastry with floured cloth-covered rolling pin until pastry is 2 inches larger than pie plate turned upside down.

Fold pastry into fourths. Put pastry into pie plate, 9×1 1/2 inches. Unfold and fit pastry into plate, pressing firmly against bottom and side. Trim edge of pastry that hangs over pie plate to 1 inch from rim of plate. Fold and roll pastry under, even with pie plate, then press around edge with fork dipped in flour. Poke bottom and side of pastry many times with fork.

Bake 8 to 10 minutes or until crust is light brown. Cool completely on wire rack.

wash in colander, then remove stems from:

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betty crocker best of baking recipes.txt 6 cups whole strawberries

Mash 2 cups of the strawberries in medium bowl with potato masher or fork to measure 1 cup mashed strawberries. Save the rest of the strawberries for step #14.

Mix in saucepan with wooden spoon:

1 cup_sugar

2 tablespoons cornstarch

Stir in:

The mashed strawberries

1/2 cup water

Adult help: Cook sugar-strawberry mixture over medium-high heat, stirring all the time, until mixture thickens and boils. Boil and stir 1 minute, then cool.

Beat until smooth with wooden spoon, then spread over bottom of pie crust: 1 package (3 ounces) cream cheese, softened

Pile whole strawberries on cream cheese in pie crust. Pour cooked strawberry mixture over top. Refrigerate about 2 hours or until set. Cover and refrigerate any leftover pie.

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Yield: "1 Pie"

Per serving: 307 Calories (kcal); 13g Total Fat; (36% calories from fat); 3g Protein; 47g Carbohydrate; 12mg Cholesterol; 167mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 2 1/2 Fat;

Food Exchanges: I Grain(Starch); O Lean Meat; O Vegetable; 1/2 Fruit; 2 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: Utensils You Will Need

2 Medium bowls • Dry-ingredient measuring cups • Measuring spoons • Fork • Pastry blender • Pastry cloth and cloth cover for rolling pin • Rolling pin • Pie plate, 9×1 1/2 inches • Colander • Sharp knife • Potato masher • Pot holders • Wire cooling rack • 1 1/2-quart saucepan • Liquid measuring cup • Wooden spoon

Here's another idea. . . Make Raspberry Pie: Use 6 cups raspberries in place of the strawberries.

Nutr. Assoc. : 0 0 1368 2777 1436 0 0 0 0

* Exported from MasterCook *

Strawberry-Macadamia Nut Muffins

Recipe By :

Serving Size : 12 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
3/4 1/3	cup	milk margarine or butter melted
2	cups	egg all-purpose flour Page 350

	2/3	cup	sugar
2		teaspoons	baking powder
	1/2	teaspoon	salt
1		cup	chopped fresh strawberries
	1/2	cup	chopped macadamia nuts

Heat oven to 400°. Grease bottoms only of 12 medium muffin cups, 2 $1/2 \times 1$ 1/4 inches, or line with paper baking cups. Beat milk, margarine and egg in large bowl. Stir in flour, sugar, baking powder and salt just until flour is moistened. Fold in strawberries and macadamia nuts. Divide batter evenly among muffin cups (cups will be almost full). Sprinkle with sugar if desired.

Bake 20 to 22 minutes or until golden brown. Immediately remove from pan.

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Yield:

"12 Muffins"

Per serving: 222 Calories (kcal); 10g Total Fat; (40% calories from fat); 4g Protein; 30g Carbohydrate; 18mg Cholesterol; 242mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 Fat; 1 Other Carbohydrates

NOTES: Macadamia nuts have a rich, buttery, slightly sweet flavor. To keep them fresh, store opened containers of macadamia nuts in the refrigerator or freezer. If you'd like, you can substitute chopped pecans or almonds for the macadamia nuts in this recipe.

Nutr. Assoc. : 0 4098 0 0 0 0 3411 20125

Stuffed Zucchini

Recipe By :

Serving Size : 8 Preparation Time :0:00

Categories : Main and Side Dishes Vegetables

Amount	Measure	Ingredient Preparation Method
1 1/4 1 1/4 1 1/2 3/4	medium cup (4 ounce) can (2 ounce) jar	chopped green chiles drained diced pimientos drained herb-seasoned stuffing mix (dry)

Heat 2 inches water (salted if desired) to boiling. Add zucchini. Heat to boiling; reduce heat. Cover and simmer just until tender, 8 to 10 minutes; drain. Cool slightly; cut each zucchini lengthwise in half. Spoon out pulp; chop coarsely. Place zucchini, cut sides up, in ungreased baking dish, $13\times 9\times 2$ inches.

Heat oven to 350°. Cook and stir onion in margarine in 10-inch skillet until onion is tender. Stir in chopped pulp, chiles, pimientos and stuffing mix. Divide stuffing mixture among zucchini halves. Sprinkle each

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betty crocker best of baking recipes.txt with about 1 tablespoon cheese. Bake uncovered until hot, 30 to 35 minutes.

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Per serving: 130 Calories (kcal); 9g Total Fat; (57% calories from fat); 5g Protein; 10g Carbohydrate; 10mg Cholesterol; 265mg Sodium Food Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 1 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 26408 0 4098 20197 4487 3686 26153

* Exported from MasterCook *

Super Snack Bars

Recipe By

Serving Size : 32 Preparation Time :0:00

Cookies & Brownies : Baking with Kids Categories

Amount	Measure	Ingredient Preparation Method
3/4 3/4 3/4 1 2 2 1 1/2 1/2 1 3/4 3/4 2/3 1/3 1/4	cup cup teaspoon large cups teaspoon teaspoon cup cup cup cup	Shortening granulated sugar packed brown sugar margarine or butter (1 1/2 sticks) softened vanilla eggs all-purpose flour baking soda baking powder salt whole-grain wheat flake cereal slightly crushed quick-cooking oats chopped pecans candy-coated chocolate candies candy-coated chocolate candies chopped pecans

Heat oven to 350°.

Grease rectangular pan with: Shortening

Mix in large bowl with wooden spoon:

3/4 cup granulated sugar 3/4 cup packed brown sugar

3/4 cup (1 1/2 sticks) margarine or butter, softened

1 teaspoon vanilla

2 large eggs

Stir in:

2 cups all-purpose flour 1 teaspoon baking soda

1/2 teaspoon baking powder 1/2 teaspoon salt

1 cup whole-grain wheat flake cereal, slightly crushed

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3/4 cup quick-cooking oats

3/4 cup chopped pecans

2/3 cup candy-coated chocolate candies

Spread batter in pan.

Sprinkle with:

1/3 cup candy-coated chocolate candies

1/4 cup chopped pecans

Bake 30 to 40 minutes or until golden brown. Cool completely on wire rack. Cut into about $2 \times 1 \frac{1}{4}$ -inch bars.

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Yield: "32 Bars"

Per serving: 179 Calories (kcal); 9g Total Fat; (43% calories from fat); 2g Protein; 23g Carbohydrate; 13mg Cholesterol; 147mg Sodium

Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

NOTES: Utensils You Will Need Large Bowl • Dry-ingredient measuring cups • Small sharp knife • Measuring spoons • Wooden spoon • Rectangular pan, $13\times 9\times 2$ inches • Pot holders • Wire cooling rack • Ruler • Sharp knife Nutr. Assoc. : 0 0 0 4098 0 3218 0 0 0 0 885 20223 20148 4072 4072 20148

Supper Popover

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
1		ground beef n tomato sauce
1/4	cup	chopped green pepper all-purpose flour*
1/2 1/2	teaspoon teaspoon	salt
1 2	teaspoon	parsley flakes
2 1	cup	eggs milk
1 1	tablespoon	vegetable oil
1/2 2	cup teaspoon tablespoons	salt

Heat oven to 425°. Cook and stir ground beef in 10-inch skillet until brown; drain. Stir in tomato sauce, green pepper, 2 tablespoons flour, 1/2 teaspoon salt, the pepper and parsley. Heat to boiling. Boil and stir 1 minute. Pour into ungreased baking pan, 13 \times 9 \times 2 inches. Sprinkle cheese on top.

^{*} Exported from MasterCook *

betty crocker best of baking recipes.txt Beat eggs, milk, oil, 1 cup flour and 1/2 teaspoon salt with hand beater; pour over cheese. Sprinkle with onions.

Bake until puffy and golden brown, 25 to 30 minutes. Serve immediately.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield:

"6 Popovers"

Per serving: 471 Calories (kcal); 27g Total Fat; (51% calories from fat); 30g Protein; 26g Carbohydrate; 154mg Cholesterol; 1097mg Sodium Food Exchanges: 1 Grain(Starch); 3 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 3 Fat; 0 Other Carbohydrates

NOTES : *Do not use self-rising flour in this recipe. Nutr. Assoc. : 9018 0 20088 14 0 0 3135 4922 3218 0 0 14 0 2665

Sweet Bread Wreath

Recipe By

Serving Size : 16 Preparation Time :0:00

Categories : Breads

Amount	Measure	Ingredient Preparation Method
2 1/4 1/2 1/2 1/4	teaspoon	Basic Pizza Dough for Three Crusts (see recipe) eggs beaten sugar ground cinnamon ground anise freshly grated nutmeg

Prepare Basic Pizza Dough. Heat oven to 350°. Grease cookie sheet. Divide dough into thirds. Roll each third dough into rope, 26 inches long. Braid ropes gently and loosely; pinch ends together. Shape braid into wreath on cookie sheet; pinch ends together. Let rise in warm place about 1 hour or until double.

Brush wreath with eggs. Mix remaining ingredients; sprinkle on wreath.

Bake 25 to 30 minutes or until golden brown.

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Description:

"Pizza dough takes on a new life in this pretty-and delicious-wreath."

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Yield:
"1 Wreath"

Per serving: 60 Calories (kcal); 1g Total Fat; (14% calories from fat); 2g Page 354

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betty crocker best of baking recipes.txt Protein; 11g Carbohydrate; 23mg Cholesterol; 52mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 23 3388

* Exported from MasterCook *

Basic Pizza Dough for Three Crusts

Recipe By

Preparation Time :0:00 Serving Size : 6

Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
2 1 1/2 3 3/4 1 1	cups cups tablespoon teaspoon	

Dissolve yeast in warm water in large bowl. Stir in half of the flour, the oil, salt and sugar. Stir in enough of the remaining flour to make dough easy to handle. Turn dough onto lightly floured surface; knead about 10 minutes or until smooth and elastic. Place in greased bowl; turn greased side up. Cover and let rise in warm place for 20 minutes.

Punch down dough. Cover and refrigerate for at least 2 hours but no longer than 48 hours. (Punch down dough as necessary.)

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

'Everyone loves pizza! This dough is great for Classic Four Seasons Pizza (see recipe) or to make pizza with your favorite toppings. Copyright:
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Yield:
"3 Crusts"

Per serving: 312 Calories (kcal); 3g Total Fat; (9% calories from fat); 9g Protein; 61g Carbohydrate; 0mg Cholesterol; 360mg Sodium Food Exchanges: 4 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt. One cup whole wheat flour can be substituted for 1 cup of the all-purpose flour if desired.

One pizza too many? Wrap the partially baked extra pizza, label and freeze no longer than two months. Heat oven to 375°. Bake a thin-crust pizza on a greased cookie sheet uncovered about 25 minutes and a thick-crust pizza about 55 minutes.

Nutr. Assoc. : 0 5472 14 0 0 0

Sweet Potato Pie Page 355

^{*} Exported from MasterCook *

Recipe By

Serving Size : 8 Preparation Time :0:00

: Desserts Pies Categories

Am	ount	Measure	Ingredient Preparation Method
2 1	3/4 1/2	cup teaspoon teaspoon	Pastry for 9-Inch One-Crust Pie (see recipe) eggs sugar ground cinnamon salt
	1/2 1/4	teaspoon	ground ginger ground cloves
1 1			n sweet potatoes drained and mashed (1 3/4 to 2 cups) n evaporated milk Whipped Cream, if desired

Heat oven to 425°. Prepare Pastry. Beat eggs slightly in 2-quart bowl with hand beater; beat in remaining ingredients except whipped cream. Place pastry-lined pie plate on oven rack; pour sweet potato mixture into plate. Cover edge with 2-inch strip of aluminum foil to prevent excessive browning; remove foil last 15 minutes of baking. Bake 15 minutes.

Reduce oven temperature to 350°. Bake until knife inserted in center comes out clean, 45 to 50 minutes. Refrigerate until chilled, at least 4 hours. Serve with whipped cream, if desired. Immediately refrigerate remaining pie.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

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Yield: "1 Pie"

Per serving: 369 Calories (kcal); 13g Total Fat; (32% calories from fat); 7g Protein; 56g Carbohydrate; 67mg Cholesterol; 358mg Sodium Food Exchanges: 2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 2 1/2 Fat; 1 1/2 Other Carbohydrates

NOTES: Praline Sweet Potato Pie: Decrease second baking time to 35 minutes. Mix 1/3 cup packed brown sugar, 1/3 cup chopped pecans and 1 tablespoon margarine or butter, softened; sprinkle over pie. Bake until knife inserted in center comes out clean, about 10

minutes longer. Nutr. Assoc. : 0 3218 0 0 0 0 3615 27082 0 2130706543

* Exported from MasterCook *

Favorite Pastry for 9-Inch One-Crust Pie

Recipe By

: 8 Serving Size Preparation Time :0:00

Categories : Desserts Pies

Ingredient -- Preparation Method Amount Measure 1 cup all-purpose flour 1/2 teaspoon salt

betty crocker best of baking recipes.txt 1/3 lard cup OR 1/3 plus 1 tablespoon shortening cup 2 tablespoons cold water (2 to 3 tablespoons)

Mix flour and salt. Cut in lard until particles are size of small peas. Sprinkle with water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons water can be added if necessary).

Gather pastry into ball; shape into flattened round on lightly floured cloth-covered surface.

Roll pastry 2 inches larger than inverted pie plate with floured cloth-covered rolling pin. Fold pastry into fourths; unfold and ease into plate, pressing firmly against bottom and side.

Trim overhanging edge of pastry 1 inch from rim of plate. Fold and roll pastry under, even with plate. Flatten pastry evenly on rim of pie plate. Press firmly around edge with tines of fork, dipping fork into flour occasionally to prevent sticking. Or build up edge of pastry. Place index finger on inside of pastry edge and knuckles (or thumb and index finger) on outside. Pinch pastry into V shape; pinch again to sharpen. Fill and bake as directed in recipe.

For Baked Pie Shell: Heat oven to 475°. Prick bottom and side thoroughly with fork. Bake 8 to 10 minutes or until light brown; cool.

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Yield:

"1 Crust"

Per serving: 134 Calories (kcal); 9g Total Fat; (59% calories from fat); 2g Protein; 12g Carbohydrate; 8mg Cholesterol; 134mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 2130706543 2777

* Exported from MasterCook *

Sweetened Whipped Cream

Recipe By Serving Size : 0 Preparation Time :0:00

: Baking with Kids Categories Cakes

Amount Measure Ingredient -- Preparation Method cup whipping (heavy) cream tablespoons granulated or powdered sugar

Chill medium bowl in freezer about 15 minutes or until cold.

Beat in chilled bowl with eggbeater until stiff:

3/4 cup whipping (heavy) cream

2 tablespoons granulated or powdered sugar

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Yield:

"1 1/2 Cups"

Per serving: 712 Calories (kcal); 66g Total Fat; (81% calories from fat); 4g Protein; 30g Carbohydrate; 245mg Cholesterol; 67mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 13 Fat; 1 1/2 Other Carbohydrates

NOTES: Utensils You Will Need

Medium bowl • Liquid measuring cup • Measuring spoon • Egg beater

Nutr. Assoc. : 721 652

Taco Casserole

Recipe By Serving Size : 6 Preparation Time :0:00

: Beef Categories

Casseroles

Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
1 1 1 2 2 2 1 2 1 1/2 1	(15 ounce) can (8 ounce) can tablespoons	coarsely broken tortilla chips sour cream sliced green onions (5 medium)

Heat oven to 350°. Cook beef in 10-inch skillet over medium-high heat, stirring occasionally, until brown; drain. Stir in beans, tomato sauce, 2 tablespoons taco sauce, the chile powder and garlic powder. Heat to boiling, stirring occasionally.

Place tortilla chips in ungreased 2-quart casserole. Top with beef mixture. Spread with sour cream. Sprinkle with onions, tomato and cheese.

Bake uncover 20 to 30 minutes or until hot and bubbly. Arrange additional tortilla chips around edge of casserole if desired. Serve with lettuce and taco sauce.

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Per serving: 509 Calories (kcal); 31g Total Fat; (52% calories from fat); 27g Protein; 35g Carbohydrate; 84mg Cholesterol; 1107mg Sodium Food Exchanges: 2 Grain(Starch); 3 Lean Meat; 1/2 Vegetable; 0 Fruit; 4 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 9018 815 0 1472 2614 0 1619 0 20030 0 4922 2130706543

* Exported from MasterCook *

Tamale Lentil Casserole

Recipe By

Serving Size : 6 Preparation Time :0:00

Categories : Casseroles Main and Side Dishes

Vegetarian

Amount	Measure	Ingredient Preparation Method
1 1 1 2 3 1 1/4 1	medium cloves cups cups (14 ounce) ca	vegetable oil onion chopped (1 cup) green bell pepper chopped (1 cup) garlic finely chopped water dried lentils (10 ounces) sorted and rinsed n tomato sauce package taco seasoning mix
1/2 1/4 1 1	cup (8 1/2 ounce)	CHEESE CORNBREAD TOPPING shredded Cheddar cheese (2 ounces) milk package cornbread muffin mix can cream-style corn egg

Heat oil in 3-quart saucepan over medium-high heat. Cook onion, bell pepper and garlic in oil, stirring frequently, until vegetables are tender. Stir in water, lentils, tomato sauce and seasoning mix; reduce heat to low. Partially cover and simmer 35 to 40 minutes or until lentils are tender.

Heat oven to 400°. Grease 2-quart casserole with shortening. Prepare Cheese Cornbread Topping by mixing all ingredients until moistened. Spoon lentil mixture into casserole. Spread topping evenly over lentil mixture.

Bake uncovered 15 to 20 minutes until topping is golden brown.

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Per serving: 459 Calories (kcal); 11g Total Fat; (22% calories from fat); 19g Protein; 72g Carbohydrate; 42mg Cholesterol; 1322mg Sodium Food Exchanges: 4 Grain(Starch); 1 1/2 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 3123 0 0 0 0 4922 0 555 429 0

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* Exported from MasterCook *

Three-Bean and Cornbread Casserole

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Casseroles Main and Side Dishes

Vegetarian

Amount	Measure	Ingredient Preparation Method
2 2 1 1 1 2 2 2 1/2 1/2 1/4	(15 ounce) ca (8 1/2 ounce) (8 ounce) can cup tablespoons tablespoons teaspoon teaspoon	
2/3 1/3 1/2 2 1 1 1/2	cup tablespoons tablespoon	yellow cornmeal milk margarine or butter softened sugar baking powder

Heat oven to 425°. Mix all ingredients except Cornbread Topping; pour into ungreased baking dish, $13\times 9\times 2$ inches. Prepare Cornbread Topping by beating all ingredients with hand beater until smooth. Spoon evenly over bean mixture to within 1 inch of edges.

Bake until topping is deep golden brown, 25 to 30 minutes.

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Per serving: 392 Calories (kcal); 5g Total Fat; (11% calories from fat); 18g Protein; 74g Carbohydrate; 25mg Cholesterol; 1692mg Sodium Food Exchanges: 4 1/2 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

NOTES : *If using self-rising flour, omit baking powder and salt. Nutr. Assoc. : 2128 26001 784 1506 0 0 20220 0 0 0 2130706543 0 14 0 0 4098 0 0 0 0

* Exported from MasterCook *

Top-It-Your-Way Pizza

Recipe By :

Serving Size : 4 Preparation Time :0:00 Page 360

Categories : Appetizers

Amount	Measure	Ingredient Preparation Method
1	1 pound (8 ounce) can	Shortening loaf frozen pizza dough
ī		sliced mushrooms
1/2 1/4	cup	chopped green bell pepper sliced ripe olives
1/4		A few thinly sliced onion rings
1/2 1/4	(3 1/2 ounce)	package thinly sliced pepperoni
1/4	pound	hamburger cooked
		OR
1/4		sausage cooked_
1 1/2	cups	shredded Mozzarella cheese (6 ounces)

Move oven rack to lowest position. Heat oven to 350°.

Grease cookie sheet or pizza pan with: Shortening

Thaw pizza dough as directed on package, then shape into 14×11 -inch rectangle on

cookie sheet or 14-inch circle on pizza pan:

1 loaf (1 pound) frozen pizza dough

Spread over dough with rubber scraper:

1 can (8 ounces) pizza sauce

Choose 2 or 3 of your favorite toppings and sprinkle them over the sauce:

1 cup sliced mushrooms

1/2 cup chopped green bell pepper 1/4 cup sliced ripe olives

A few thinly sliced onion rings 1/2 package (3 1/2-ounce size) thinly sliced pepperoni

1/4 pound hamburger or sausage, cooked

Other favorite topping

Sprinkle over the toppings:

1 1/2 cups shredded Mozzarella cheese (6 ounces)

Bake 25 to 35 minutes or until cheese is melted and light brown. Cut pizza into wedges.

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Yield:

"1 Pie"

Per serving: 659 Calories (kcal); 27g Total Fat; (37% calories from fat); 29g Protein; 74g Carbohydrate; 59mg Cholesterol; 1617mg Sodium Food Exchanges: 1 Grain(Starch); 2 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 3 1/2

Fat; O Other Carbohydrates

NOTES: Utensils You Will Need

Cookie sheet or pizza pan, 15 inches • Pastry brush • Ruler • Can opener • Rubber scraper • Sharp knife • Cutting board • Dry-ingredient measuring cups • Pot holders • Wire cooling rack •

Pizza cutter

Nutr. Assoc. : 0 345 0 4977 0 4971 0 4981 0 0 2130706543 26153

* Exported from MasterCook *

Traditional Almond Cookies

Recipe By

Serving Size : 48 Preparation Time :0:00

: Cookies & Brownies Categories

Amount	Measure	Ingredient Preparation Method
3 3	cups	slivered almonds toasted egg whites
1 1/2	cups	granulated sugar
1	teaspoon	powdered sugar
1	teaspoon	amaretto
		OR
1/4	teaspoon	almond extract Granulated sugar

Heat oven to 300°. Line cookie sheet with cooking parchment paper, or grease and flour cookie sheet. Place almonds in food processor or blender. Cover and process, or blend, until finely ground but not pastelike.

Beat egg whites in medium bowl on high speed until stiff. Stir in almonds, 1 1/2 cups granulated sugar and the powdered sugar. Stir in amaretto.

Drop mixture by rounded teaspoonfuls about 2 inches apart onto cookie sheet. Sprinkle with granulated sugar. Bake 20 to 25 minutes or until brown. Remove from cookie sheet. Cool on wire rack. Drizzle with melted bittersweet chocolate, if desired.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Yield: "48 Cookies"

Per serving: 79 Calories (kcal); 5g Total Fat; (51% calories from fat); 2g Protein; 8g Carbohydrate; 0mg Cholesterol; 4mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 3231 0 0 0 0 2130706543 0

* Exported from MasterCook *

Traditional White Bread

Recipe By

Serving Size : 32 Preparation Time :0:00

: Breads Categories

Amount	Measure	Ingredient Preparation Method
6	cups	all-purpose* flour (6 to 7 cups)
6 3	cups tablespoons	bread flour (6 to 7 cups) sugar

Page 362

tablespoon salt shortening packages regular or quick active dry yeast very warm water (120° to 130°)

Margarine or butter -- melted

Mix 3 1/2 cups of the flour, the sugar, salt, shortening and yeast in large bowl. Add warm water. Beat with electric mixer on low speed 1 minute, scraping bowl frequently. Stir in enough remaining flour, 1 cup at a time, to make dough easy to handle.

Turn dough onto lightly floured surface. Knead about 10 minutes or until smooth and elastic. Place in greased bowl and turn greased side up. Cover and let rise in warm place 40 to 60 minutes or until double. Dough is ready if indentation remains when touched.

Grease bottoms and sides of 2 loaf pans, 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 or 9 \times 5 \times 3 inches, with shortening.

Punch down dough and divide in half. Flatten each half with hands or rolling pin into rectangle, 18×9 inches, on lightly floured surface. Roll dough up tightly, beginning at 9-inch side, to form a loaf. Press with thumbs to seal after each turn. Pinch edge of dough into roll to seal. Press each end with side of hand to seal. Fold ends under loaf. Place seam side down in pan. Brush loaves lightly with margarine. Cover and let rise in warm place 35 to 50 minutes or until double.

Move oven rack to low position so that tops of pans will be in center of oven. Heat oven to 425° .

Bake 25 to 30 minutes or until loaves are deep golden brown and sound hollow when tapped. Remove from pans to wire rack. Brush loaves with margarine; cool.

2 loaves, 16 slices each

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Yield:
"2 Loaves"

Per serving: 98 Calories (kcal); 1g Total Fat; (9% calories from fat); 3g Protein; 19g Carbohydrate; 0mg Cholesterol; 201mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates

NOTES: *If using self-rising flour, omit salt.

Cinnamon-Raisin Bread: Stir in 1 cup raisins with the second addition of flour. Mix 1/4 cup sugar and 2 teaspoons ground cinnamon. After rolling dough into rectangles, sprinkle each with 1 tablespoon water and half of the sugar mixture.

Fresh Herb Bread: Stir in 2 tablespoons chopped fresh chives, 2 tablespoons chopped fresh sage leaves and 2 tablespoons chopped fresh thyme leaves just before the second addition of flour.

Do you need to use less salt in your diet? If so, decrease sugar to 2 tablespoons and salt to 1 teaspoon. Substitute vegetable oil for the shortening. Each rising time will be 10 to 15 minutes shorter.

Nutr. Assoc. : 14 0 2130706543 0 0 0 26366 5472 4098

* Exported from MasterCook *

Triple Cheese Pesto Pita Pizzas

Recipe By : Serving Size : 6 Preparation Time :0:00

: Main and Side Dishes Categories

Amount	Measure	Ingredient Preparation Method
1 2	(8 ounce) pac	kage cream cheese softened
6	cabicopoons	whole wheat or white pita breads (6 inches in diameter)
6	tablespoons	Pesto (see recipe)
1	(2 1/4 ounce)	can sliced ripe olives drained
1	cup	shredded Mozzarella cheese (4 ounces)
2		grated Parmesan cheese
2	tablespoons	chopped fresh parsley

Heat oven to 425° . Mix cream cheese and milk until smooth. Place pita breads on ungreased large cookie sheet. Spread cream cheese mixture on pita breads to within 1/4 inch of edge. Carefully spread pesto over cream cheese. Top with olives. Sprinkle with cheeses and parsley.

Bake 7 to 12 minutes or until thoroughly heated and cheese is melted.

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Yield:
"6 Pitas"

Per serving: 477 Calories (kcal); 31g Total Fat; (56% calories from fat); 16g Protein; 38g Carbohydrate; 63mg Cholesterol; 711mg Sodium Food Exchanges: 2 1/2 Grain(Starch); 1 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 5 1/2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 26190 0 4971 26153 0 0

* Exported from MasterCook *

Pesto

Recipe By

Serving Size : 6 Preparation Time :0:00

: Main and Side Dishes Sauces

Amount	Measure	Ingredient Preparation Method
2 3/4 3/4 1/4 3	cup cup cup	firmly packed fresh basil leaves grated Parmesan cheese olive or vegetable oil pine nuts garlic

betty crocker best of baking recipes.txt Place all ingredients in blender or food processor. Cover and blend on medium speed about 3 minutes, stopping occasionally to scrape sides, until smooth. Toss with hot cooked pasta, if desired.

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Yield:
"1 1/3 Cups"

Per serving: 323 Calories (kcal); 33g Total Fat; (91% calories from fat); 5g Protein; 2g Carbohydrate; 8mg Cholesterol; 191mg Sodium Food Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 6 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 3333 0 986 901127 0

* Exported from MasterCook *

Triple-Chocolate Chunk Cookies

Recipe By

Serving Size : 36 Preparation Time :0:00

Categories : Cookies & Brownies

Amount	Measure	Ingredient Preparation Method
1 1/2 1 1 2 1/4 2 1/4 1 1/2 1 4 4 4	cups cups teaspoons teaspoon teaspoon cup ounces ounces	margarine or butter (2 sticks) softened egg all-purpose flour ground cinnamon baking soda salt chopped nuts bittersweet chocolate chopped sweet cooking chocolate chopped
3 3 3 3	teaspoons ounces ounces ounces	bittersweet chocolate sweet cooking chocolate

Heat oven to 375°. Mix brown sugar, margarine and egg in large bowl. Stir in flour, cinnamon, baking soda and salt (dough will be soft). Stir in nuts, chocolates and white chocolate.

Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie sheet.

Bake 8 to 10 minutes or until light golden brown. Cool slightly; remove from cookie sheet. Dip cookies in Three-Chocolate Glaze.

THREE-CHOCOLATE GLAZE:

Heat 1 teaspoon of the shortening with bittersweet chocolate over low heat, stirring constantly, until chocolate is melted and smooth. Remove Page 365

betty crocker best of baking recipes.txt from heat. Dip each cookie 1/2 inch deep into chocolate along one edge. Repeat with remaining shortening and chocolates. Rotate dipped edge of cookie for each type of chocolate if desired.

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Description:

'A sweet trio of chocolate makes these cookies three times as delightful-creamy milk chocolate, more assertive bittersweet chocolate and soft white chocolate.

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Yield:

"36 Cookies"

Per serving: 222 Calories (kcal); 15g Total Fat; (55% calories from fat); 3g Protein; 24g Carbohydrate; 5mg Cholesterol; 132mg Sodium Food Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1 Other Carbohydrates

Nutr. Assoc. : 0 4098 0 0 0 0 0 2677 0 5195 5519 2130706543 0 0 0 0 5195 5519

* Exported from MasterCook *

Tuna-Broccoli Casserole

Recipe By

Serving Size : 4 Preparation Time :0:00

Main and Side Dishes Categories : Casseroles

Amount	Measure	Ingredient Preparation Method
1 1/2 1 1 1 1 1	(6 ounce) can (10 3/4 ounce	uncooked small pasta shells (6 ounces) ckage frozen broccoli cuts thawed tuna drained can condensed Cheddar cheese soup soup can of milk crushed potato chips

Heat oven to 350°.

Mix all ingredients except potato chips in casserole. Sprinkle with potato chips. Bake uncovered 30 to 40 minutes or until hot and bubbly.

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Per serving: 446 Calories (kcal); 16g Total Fat; (32% calories from fat); 24g Protein; 52g Carbohydrate; 39mg Cholesterol; 876mg Sodium Food Exchanges: 3 Grain(Starch); 2 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 1/2 Fat; O Other Carbohydrates

Nutr. Assoc.: 4365 3439 26332 2542 4138 0

* Exported from MasterCook *

Tuna-Macaroni Casserole

Recipe By

Serving Size : 6 Preparation Time :0:00

Main and Side Dishes Categories : Casseroles

Amount	Measure Ing	redient Preparation Method
1	(7 ounce) package	elbow macaroni (2 cups)
2	cups gra	ted Cheddar cheese (8 ounces) on finely chopped (1/2 cup)
1	medium oni	on finely chopped (1/2 cup)
1	(6 ounce) can tu	na drained
1	(10 3/4 ounce) ca	n condensed cream of mushroom
	OR	
1		n condensed cream of celery soup
1	sou	p can of milk

Heat oven 350°. Grease 2-quart casserole.

Cook and drain macaroni as directed on package.

Mix macaroni and remaining ingredients in casserole. Bake uncovered 30 to 40 minutes or until hot and bubbly.

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Per serving: 400 Calories (kcal); 20g Total Fat; (44% calories from fat); 23g Protein; 32g Carbohydrate; 56mg Cholesterol; 680mg Sodium Food Exchanges: 2 Grain(Starch); 2 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 26044 20081 0 0 2947 0 2130706543 4138

* Exported from MasterCook *

Tuscan Chicken Rolls with Pork Stuffing

Recipe By : Serving Size : 6 Preparation Time Categories : Main and Side Dishes Preparation Time :0:00

Poultry

Amount	Measure	Ingredient Preparation Method
6		boneless, skinless chicken breast halves (about 1 1/2
pounds) 1/2 1 1 1 1 1/2	small clove	ground pork onion finely chopped (about 1/4 cup) garlic finely chopped egg beaten soft bread crumbs
		Page 367

		bet	ty crocker best of baking recipes.txt
	1/2 1/4	teaspoon	salt
	1/4	teaspoon	ground savory or crushed dried savory
			leaves
	1/4	teaspoon	pepper
2		tablespoons	margarine or butter melted
	1/2	teaspoon	
	1/2	cup	dry white wine
			OR
	1/2	cup	chicken broth
2	1/2	cup	cold water
			cornstarch
	1/2	teaspoon	chicken bouillon granules
			Chopped fresh parsley

Heat oven to 400° . Grease rectangular baking dish, $11 \times 7 \times 1$ 1/2 inches. Flatten each chicken breast half to 1/4-inch thickness between sheets of plastic wrap or waxed paper. Cook ground pork, onion and garlic in 10-inch skillet over medium heat, stirring occasionally, until pork is no longer pink; drain. Stir in egg, bread crumbs, 1/2 teaspoon salt, the savory and pepper.

Place about 1/3 cup pork mixture on each chicken breast half to within 1/2 inch of edges. Roll up tightly; secure with toothpicks. Place in greased dish. Drizzle rolls with margarine. Sprinkle with 1/2 teaspoon salt. Pour wine into dish. Bake uncovered 35 to 40 minutes or until chicken is no longer pink when center of thickest pieces are cut.

Remove chicken to warm platter; remove toothpicks. Keep chicken warm. Pour liquid from dish into 1-quart saucepan. Stir cold water into cornstarch; pour into liquid in saucepan. Stir in bouillon granules. Heat to boiling over medium heat, stirring constantly. Boil and stir 1 minute. Pour gravy over chicken. Sprinkle with parsley.

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Per serving: 309 Calories (kcal); 14g Total Fat; (44% calories from fat); 35g Protein; 5g Carbohydrate; 127mg Cholesterol; 560mg Sodium Food Exchanges: 0 Grain(Starch); 5 Lean Meat; 1/2 Vegetable; 0 Fruit; 2 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 2313 0 0 0 0 0 0 3155 0 4098 0 0 0 2130706543 0 0 0 0

* Exported from MasterCook *

Upside-Down Pineapple Cake

Recipe By

Serving Size : 9 Preparation Time :0:00

Categories : Baking with Kids Cakes

Amount Measure Ingredient -- Preparation Method

1/4 cup margarine or butter (1/2 stick)
2/3 cup packed brown sugar
1 (16 ounce) can sliced pineapple -- drained
Maraschino cherries
1 1/3 cups all-purpose flour
Page 368

betty crocker best of baking recipes.txt 1 granulated sugar cup 1/3 šhortening cup 3/4 milk cup $1 \frac{1}{2}$ baking powder teaspoons 1/2 teaspoon salt large egg $1 \frac{1}{2}$ cups Sweetened Whipped Cream -- (see recipe) Heat oven to 350°. Melt in square pan in oven: 1/4 cup (1/2 stick) margarine or butter Sprinkle over margarine: 2/3 cup packed brown sugar Put on top of brown sugar mixture: 1 can (about 16 ounces) sliced pineapple, drained If you like, put in centers of pineapple slices: Maraschino cherries Beat in large bowl with electric mixer on low speed 30 seconds, scraping bowl all the time: 1 1/3 cups all-purpose flour 1 cup granulated sugar 1/3 cup shortening 3/4 cup milk 1 1/2 teaspoons baking powder 1/2 teaspoon salt 1 large egg Beat batter with electric mixer on high speed 3 minutes, scraping bowl a few times. Pour batter over fruit mixture in pan. Bake 55 to 60 minutes or until toothpick poked in center comes out clean. Adult help: Immediately turn pan upside down onto heatproof serving plate. Let pan remain over cake a few minutes, then remove pan. Serve warm and, if you like, with: Sweetened Whipped Cream (see recipe) Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe. Copyright:
"@ General Mills, Inc. 1998." Yield: "1 Cake" Per serving: 456 Calories (kcal); 21g Total Fat; (41% calories from fat); 4g Protein; 65g Carbohydrate; 51mg Cholesterol; 290mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fruit; 4 Fat; 2 NOTES: Utensils You Will Need Square pan, $9 \times 9 \times 2$ inches • Small sharp knife • Pot holders • Dry-ingredient measuring cups • Can opener • Large Bowl • Liquid measuring cup • Measuring spoons • Electric mixer • Rubber scraper

1/2 Other Carbohydrates

Toothpick • Heatproof serving plate

If any pieces of pineapple or cherries stick to the pan when you remove it, just pick them off and place on cake where they go. Page 369

Nutr. Assoc. : 4098 0 4498 0 0 0 0 0 0 0 0

* Exported from MasterCook *

Sweetened Whipped Cream

Recipe By

Serving Size : 0 Preparation Time :0:00

: Baking with Kids cakes Categories

Amount Measure Ingredient -- Preparation Method cup whipping (heavy) cream tablespoons granulated or powdered sugar 2

Chill medium bowl in freezer about 15 minutes or until cold.

Beat in chilled bowl with eggbeater until stiff:

3/4 cup whipping (heavy) cream 2 tablespoons granulated or powdered sugar

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\circ}$ Recipe.

Yield:

"1 1/2 Cups"

Per serving: 712 Calories (kcal); 66g Total Fat; (81% calories from fat); 4g Protein; 30g Carbohydrate; 245mg Cholesterol; 67mg Sodium Food Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 13 Fat; 1 1/2 Other Carbohydrates

NOTES: Utensils You Will Need

Medium bowl • Liquid measuring cup • Measuring spoon • Egg beater

Nutr. Assoc. : 721 652

Vegetable Frittata

Recipe By

Serving Size : 4 Preparation Time :0:00

: Main and Side Dishes Vegetarian Categories

Amo	ount	Measure	Ingredient Preparation Method
1		tablespoon	vegetable oil
1		cup	broccoli flowerets
1		medium	carrot shredded (1/2 cup)
1		medium	onion chopped (1/2 cup)
	1/4	cup	sliced ripe olives
4		large	eggs
	1/4	cup	milk
1		tablespoon	chopped parsley
	1/4	teaspoon	salt
	$\frac{1}{4}$	teaspoon	pepper sauce
1	-	cup	shredded Cheddar cheese (4 ounces)
1		tablespoon	grated Parmesan cheese
			Page 270

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^{*} Exported from MasterCook *

Heat oil in 10-inch skillet over medium-high heat. Cook broccoli, carrot, onion, and olives in oil about 5 minutes, stirring frequently, until vegetables are crisp-tender.

Meanwhile beat eggs, milk, parsley, salt and pepper sauce thoroughly with fork or wire whisk until a uniform yellow color. Pour egg mixture over vegetables. sprinkle with cheese, reduce heat to low.

Cover and cook about 10 minutes or until set in center. Cut into 4 wedges. Serve immediately.

Please note, if you should change this recipe it will no longer be an approved Betty $Crocker^{\circ}$ Recipe.

Description:

"Frittatas are Italian omelets that have the ingredients stirred into the egg before cooking rather than being folded inside after the eggs are set."

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Per serving: 258 Calories (kcal): 19g Total Fat: (66% calories from fat):

Per serving: 258 Calories (kcal); 19g Total Fat; (66% calories from fat); 15g Protein; 7g Carbohydrate; 220mg Cholesterol; 488mg Sodium Food Exchanges: 0 Grain(Starch); 2 Lean Meat; 1 Vegetable; 0 Fruit; 2 1/2 Fat; 0 Other Carbohydrates

NOTES : Tip

Substitute 2 cups broccoli slaw for the broccoli flowerets and carrot. Pick up chopped onion and sliced ripe olives at the salad

bar of your supermarket. Nutr. Assoc. : 0 2358 0 0 4971 3218 0 0 0 3726 4922 0

Venetian Scallops

Recipe By :

Serving Size : 4 Preparation Time :0:00

Categories : Fish and Shellfish Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
1	tablespoon	margarine or butter
$\bar{1}$	small	onion thinly sliced
1	pound	sea scallops cut in half
1/2	· cup	dry white wine
		OR
1/2	cup	chicken broth
1/2	cup	whipping (heavy) cream
1/4	teaspoon	freshly grated nutmeg
1/4	cup	seasoned dry bread crumbs freshly grated Parmesan cheese
1/4	cup	freshly grated Parmesan cheese

Heat oven to 400°. Melt margarine in 10-inch ovenproof skillet over medium-low heat. Cook onion in margarine, stirring occasionally, until tender. Add scallops. Cook 5 minutes. Stir in wine. Cook uncovered until liquid is evaporated. Stir in whipping cream and nutmeg. Mix bread crumbs and cheese; sprinkle over scallops. Bake uncovered 12 to 15 minutes or until hot and bubbly.

^{*} Exported from MasterCook *

Please note, if you should change this recipe it will no longer be an approved Betty $\mathsf{Crocker}^{\otimes}$ $\mathsf{Recipe}.$

Description:

"This dish is best made with sea scallops, which are large, rather than small bay scallops."

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Per serving: 312 Calories (kcal); 17g Total Fat; (51% calories from fat); 25g Protein; 11g Carbohydrate; 94mg Cholesterol; 579mg Sodium Food Exchanges: 1/2 Grain(Starch); 3 Lean Meat; 1/2 Vegetable; 0 Fruit; 3 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 4098 0 26455 0 0 2130706543 721 3388 4866 20086

* Exported from MasterCook *

Western Meat Loaf

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Main and Side Dishes

Amount	Measure	Ingredient Preparation Method
1 1 1/2 1/2 2 2 2 1		ground beef ground pork
$\frac{1}{4}$ 1 2 1 1/4	teaspoon medium tablespoon teaspoon	pepper onion finely chopped (about 1/2 cup) eggs slightly beaten packed brown sugar

Heat oven to 350° . Reserve 1/4 cup of the tomato sauce. Mix the remaining tomato sauce and remaining ingredients except brown sugar and 1/4 teaspoon dry mustard. Spread in ungreased loaf pan. 8 $1/2 \times 4$ $1/2 \times 2$ 1/2 or $9 \times 5 \times 3$ inches, or shape mixture into loaf in ungreased rectangular pan, $13 \times 9 \times 2$ inches.

Mix reserved tomato sauce, brown sugar and 1/4 teaspoon dry mustard; spread over loaf. Bake uncovered until done, 1 to 1 1/4 hours. Cover loosely with aluminum foil; let stand 10 minutes. Remove from pan.

Description:

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Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

[&]quot;With the pungent flavor of horseradish and dry mustard, our Western Meat Loaf recipe reflects its frontier heritage. This hearty meat loaf has been a favorite of western ranch hands through the years."

Copyright:

betty crocker best of baking recipes.txt Per serving: 306 Calories (kcal); 18g Total Fat; (53% calories from fat); 24g Protein; 11g Carbohydrate; 120mg Cholesterol; 441mg Sodium Food Exchanges: 1/2 Grain(Starch); 3 Lean Meat; 1/2 Vegetable; 0 Fruit; 1 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 0 9018 0 0 4624 0 0 0 0 3218 0 0

* Exported from MasterCook *

Whole Wheat Dinner Rolls

Recipe By

: 12 Serving Size Preparation Time :0:00

: Bread Machine Categories Breads

Amount	Measure	Ingredient Preparation Method
1 1/4 1 1	cup tablespoon	bread flour whole wheat flour shortening
3/4	cup	water
2	tablespoons	packed brown sugar
1	tablespoon	dry milk
1 1/4	teaspoons	bréad machine yeast
1/2	teaspoon	salt

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer. Select Dough/ Manual cycle.

Grease large cookie sheet. Punch down dough; place on lightly floured surface. Divide dough into 12 equal pieces. Shape each piece into a ball. Place slightly apart on cookie sheet. Cover and let rise in warm place about 30 minutes or until double.

Heat oven to 375°. Bake 15 to 20 minutes or until golden brown.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"Bring back memories of grandmother's kitchen and treat your family to the heavenly aroma of homemade rolls baking in the oven." Copyright: "@ General Mills, Inc. 1998."

Yield:

"12 Rolls"

Per serving: 108 Calories (kcal); 2g Total Fat; (13% calories from fat); 3g Protein; 20g Carbohydrate; 1mg Cholesterol; 94mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 0

Other Carbohydrates

Nutr. Assoc. : 0 0 0 0 0 0 2019 0

* Exported from MasterCook *

Whole Wheat-Cranberry Bread (1 1/2-Pound Recipe)

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
1	cup	plus 2 tablespoons water
1/4	cup	honey
2	tablespoons	margarine or butter softened
2	cups	bread flour
1 1/4	cups	
1 1/2	teaspoons	salt
3/4	teaspoon	ground mace
2	teaspoons	bread machine yeast
1/2	· cup	bread machine yeast dried cranberries
		OR
1/2	cup	golden raisins

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except cranberries in bread machine pan in the order recommended by the manufacturer. Add cranberries at the Raisin/ Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"Try this for the Thanksgiving holidays!"

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Yield: "1 Loaf"

Per serving: 166 Calories (kcal); 3g Total Fat; (13% calories from fat); 5g Protein; 32g Carbohydrate; 0mg Cholesterol; 291mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 1582 0 4098 0 0 0 0 2019 26507 0 2130706543

* Exported from MasterCook *

Whole Wheat-Cranberry Bread (1-Pound Recipe)

Recipe By

Serving Size : 8 Preparation Time :0:00

Categories : Bread Machine **Breads**

Amount	Measure	Ingredient Preparation Method
3/4 2 1 1 1/4 3/4	cups	water honey margarine or butter softened bread flour whole wheat flour Page 374

betty crocker best of baking recipes.txt teaspoon salt ground mace 1/4 teaspoon 1 1/4 bread machine yeast teaspoons 1/3 dried cranberries cup OR

cup golden raisins

Make 1 1/2-pound recipe for bread machines that use 3 cups flour, or make 1-pound recipe for bread machines that use 2 cups flour.

Measure carefully, placing all ingredients except cranberries in bread machine pan in the order recommended by the manufacturer. Add cranberries at the Raisin/ Nut signal or 5 to 10 minutes before last kneading cycle ends.

Select Basic/White cycle. Use Medium or Light crust color. Remove baked bread from pan and cool on wire rack.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:
"Try this for the Thanksgiving holidays!"

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1

1/3

Yield: "1 Loaf"

Per serving: 147 Calories (kcal); 2g Total Fat; (12% calories from fat); 4g Protein; 28g Carbohydrate; 0mg Cholesterol; 285mg Sodium Food Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Fat; 1/2 Other Carbohydrates

Nutr. Assoc. : 0 0 4098 0 0 0 0 2019 26507 0 2130706543

* Exported from MasterCook *

Wild Mushroom Pie

Recipe By

Serving Size : 6 Preparation Time :0:00

: Main and Side Dishes Categories Vegetarian

Amount	Measure	Ingredient Preparation Method
2 3/4	cups cup	all-purpose flour butter softened
1 2 1 2 2 1 1 1 1/4 1/2	cups cup cup cups teaspoon	jumbo egg butter onion thinly sliced sliced fresh mushrooms sliced porcini mushrooms whole morel mushrooms Marsala or dry red wine whipping (heavy) cream salt
1/4 1 1/2 1 1/2	teaspoon cups cup cup	pepper Ricotta cheese shredded Fontina cheese (4 ounces) freshly grated Parmesan cheese

betty crocker best of baking recipes.txt Mix flour, 3/4 cup butter and the egg in large bowl until dough forms. Turn dough onto lightly floured surface. Knead lightly 1 or 2 minutes or until smooth. Cover and refrigerate 30 minutes.

Heat 2 tablespoons butter in 10-inch skillet over medium-high heat. Sauté onion in butter. Reduce heat to medium; stir in mushrooms. Cook uncovered 5 minutes. Stir in wine; cook until wine is evaporated. Stir in whipping cream; sprinkle with salt and pepper. Heat to boiling over medium heat; reduce heat. Cover and simmer 10 minutes; cool.

Move oven rack to lowest position. Heat oven to 350° . Roll dough into 14-inch circle. Ease dough into pie plate, 10×1 1/2 inches, pressing firmly against bottom and side. Mix mushroom mixture and cheeses. Spoon into pie plate; spread to make even. Trim excess dough from edge of plate. Bake 35 to 40 minutes or until set and crust is golden brown. Cool 10 to 15 minutes before cutting.

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Per serving: 828 Calories (kcal); 62g Total Fat; (69% calories from fat); 22g Protein; 40g Carbohydrate; 234mg Cholesterol; 806mg Sodium Food Exchanges: 2 Grain(Starch); 2 Lean Meat; 1 Vegetable; 0 Fruit; 11 Fat; 0 Other Carbohydrates

Nutr. Assoc. : 0 0 26310 0 0 4977 4977 4175 4106 721 0 0 0 588 3562

* Exported from MasterCook *

Wild Rice Breadsticks

Recipe By

Serving Size : 10 Preparation Time :0:00

Categories : Bread Machine Breads

Amount	Measure	Ingredient Preparation Method
1 2/3 1/2 1/2 3/4 1 1 1	cup cup cup tablespoon tablespoon teaspoon teaspoon	vegetable oil fennel seed, if desired salt
1	teaspoon	bread machine yeast

Measure carefully, placing all ingredients in bread machine pan in the order recommended by the manufacturer. Select Dough/ Manual cycle.

Grease large cookie sheet. Divide dough into 10 equal pieces. Roll each piece into 9-inch rope. Place on cookie sheet. Brush with vegetable oil. Cover and let rise in warm place 5 to 15 minutes or until slightly risen.

Heat oven to 375°. To make breadsticks resemble sheaves of grain, make short angled cuts with scissors at one end of each breadstick. For a shiny finish, brush breadsticks with slightly beaten egg, if desired.

betty crocker best of baking recipes.txt Bake 15 to 20 minutes or until golden brown. Remove from cookie sheet to wire rack. Serve warm or cool.

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

Description:

"The wild rice in these breadsticks gives them a great, nutty flavor."

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Yield:

"10 Breadsticks"

Per serving: 130 Calories (kcal); 2g Total Fat; (13% calories from fat); 4g Protein; 24g Carbohydrate; Omg Cholesterol; 216mg Sodium Food Exchanges: 1 1/2 Grain(Starch); O Lean Meat; O Vegetable; O Fruit; 1/2 Fat; O Other Carbohydrates

Nutr. Assoc. : 0 0 2851 0 0 0 3269 0 2019

* Exported from MasterCook *

Wine-and-Cheese Muffins

Recipe By

Serving Size : 12 Preparation Time :0:00

Categories : Breads Holiday

Amount	Measure	Ingredient Preparation Method
2 2/3	cups cup	Bisquick Original baking mix white wine OR
2/3 2 1	cup tablespoons	apple juice vegetable oil egg
ī	cup	shredded Swiss, Gruyère or Cheddar cheese (4 ounces)
2	teaspoons	chopped fresh or freeze-dried chives

Heat oven to 400° . Line 12 medium muffin cups 2 $1/2 \times 1$ 1/4 inches, with paper baking cups or grease entire cup generously. Mix baking mix, wine, oil and egg with fork in medium bowl; beat vigorously 30 strokes. Stir in cheese and chives. Divide batter evenly among cups.

Bake about 20 minutes or until golden brown. Immediately remove from pan. Serve warm.

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Yield: "12 Muffins"

Please note, if you should change this recipe it will no longer be an approved Betty Crocker® Recipe.

betty crocker best of baking recipes.txt Protein; 13g Carbohydrate; 24mg Cholesterol; 263mg Sodium Food Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; O Other Carbohydrates

NOTES: Tip

Buy shredded cheese, or cut a 4-ounce chunk of cheese. You can then shred without having to stop and measure.

Nutr. Assoc.: 2250 0 0 2130706543 0 0 26154 26050

* Exported from MasterCook *

Yummy Yogurt Cups

Recipe By

Serving Size : 4 Preparation Time :0:00

: Baking with Kids Categories Desserts

Amount	Measure	Ingredient Preparation Method
3/4 1/4 3 2 1 1/3	cup tablespoons teaspoons	all-purpose flour margarine or butter (1/2 stick) softened powdered sugar cold water (2 to 3 teaspoons) yogurt (any flavor) Fresh fruit

Heat oven to 375°.

Mix in medium bowl with fork until crumbly: 3/4 cup all-purpose flour 1/4 cup (1/2 stick) margarine or butter, softened 3 tablespoons powdered sugar

Sprinkle in, 1 teaspoon at a time, stirring to make a dough: 2 to 3 teaspoons cold water

Press about 3 tablespoons of the dough in bottom and up side of each 6-ounce custard cup to within 1/2 inch of top.

Bake 10 to 12 minutes or until golden brown. Cool 10 minutes. Adult help: Carefully remove shells from custard cups with small metal spatula to wire rack. Cool completely.

Spoon evenly into shells: 1 1/3 cups yogurt (any flavor)

If you like, top with: Fresh fruit

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Per serving: 259 Calories (kcal); 14g Total Fat; (49% calories from fat); 5g Protein; 27g Carbohydrate; 10mg Cholesterol; 172mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 3 Fat; 1/2 Other Carbohydrates

NOTES: Utensils You Will Need Medium bowl • Dry-ingredient measuring cups • Small sharp knife • Page 378

betty crocker best of baking recipes.txt Measuring spoons • Fork • Tablespoon • Four 6-ounce custard cups • Pot holders • Small metal spatula • Wire cooling rack • Spoon

Tip

Keep edges of dough even when pressing it into custard cups. Nutr. Assoc. : 0 4098 0 2777 1671 0

* Exported from MasterCook *

Zesty Roasted Chicken and Potatoes

Recipe By

Serving Size : 6

: 6 Preparation Time :0:00

Categories : Main and Side Dishes Poultry

Amount	Measure	Ingredient Preparation Method
6 1 1/3 1/3 3 1/2	pound cup cup tablespoons teaspoon	skinless boneless chicken breast halves small red potatoes cut in quarters mayonnaise OR salad dressing Dijon mustard pepper
۷	cloves	garlic crushed Chopped fresh chives if desired

Heat oven to 350°. Grease jelly roll pan, 15 $1/2 \times 10 \ 1/2 \times 1$ inch.

Place chicken and potatoes in pan. Mix remaining ingredients except chives; brush over chicken and potatoes.

Bake uncovered 30 to 35 minutes or until potatoes are tender and juice of chicken is no longer pink when centers of thickest pieces are cut. Sprinkle with chives.

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Per serving: 285 Calories (kcal); 12g Total Fat; (38% calories from fat); 29g Protein; 15g Carbohydrate; 73mg Cholesterol; 245mg Sodium Food Exchanges: 1 Grain(Starch); 4 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat; 0 Other Carbohydrates

Serving Ideas: Serve this family favorite with a super-quick salad. Simply pick up prepared salad greens at your local fast-food restaurant or supermarket, toss them with your favorite dressing, and you'll have a meal on the table in a snap!

Nutr. Assoc. : 2313 4716 881 0 2130706543 0 0 0 2130706543

* Exported from MasterCook *

Zucchini Bread

Recipe By :

Serving Size : 24 Preparation Time :0:00

Categories : Breads

Page 379

Amount	Measure	Ingredient Preparation Method
3	cups	shredded zucchini (about 3 medium)
1 2/3	cups	sugar
1 2/3 2/3	cup	vegetable oil
2	teaspoons	vanilla
4 3		eggs
	cups	all-purpose flour
1/2	cup	coarsely chopped walnuts or pecans
1/2 1/2	cup	raisins, if desired
4	teaspoons	baking powder
1	teaspoon	salt
1	teaspoon	ground cinnamon
1/2	teaspoon	ground cloves

Heat oven to 350°. Grease bottoms only of 2 loaf pans, 8 1/2 \times 4 1/2 \times 2 1/2 inches or 9 \times 5 \times 3 inches. Mix zucchini, sugar, oil, vanilla and eggs in large bowl. Stir in remaining ingredients. Pour into pans.

Bake 50 to 60 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen sides of loaves from pans; remove from pans. Cool completely on wire rack before slicing. Store tightly wrapped in refrigerator up to 1 week.

2 loaves (24 slices)

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Yield: "2 Loaves"

Per serving: 204 Calories (kcal); 8g Total Fat; (36% calories from fat); 3g Protein; 29g Carbohydrate; 31mg Cholesterol; 181mg Sodium Food Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 1/2 Fat; 1 Other Carbohydrates

NOTES: Cut sliced Zucchini Bread into interesting shapes with cookie cutters. Spread the cutouts with cream cheese for pretty (and delicious) treats.

Nutr. Assoc. : 27096 0 0 0 3218 0 20187 4680 0 0 0 3615