

Eightfold Path for the Householder

Ten talks

by Jack Kornfield

Transcribed and edited from audio tape by Evelyn Sweeney

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Contents

- [Right Understanding](#)
 - [Right Attitude](#)
 - [Right Speech](#)
 - [Right Action](#)
 - [Right Livelihood](#)
 - [Right Effort](#)
 - [Right Concentration](#)
 - [Right Awareness](#)
 - [Hindrances of the Householder \(I\)](#)
 - [Hindrances of the Householder \(II\)](#)
-

Notes:

(1) From [Access to Insight Home Page](#)

The Eightfold Path for the Householder [140k] by Jack Kornfield, 1995

"A series of ten talks, transcribed from audio tape, on the practice of the Eightfold Path, particularly geared to householders. There is a talk on each of the eight path factors, plus two concerning the five mental hindrances."

(2) From [Bill's Buddhist Page](#)

*"This piece comes here through the efforts of Dharma Net. These ten lectures (over 5,000 lines of text) were transcribed by Dharma Net and were released for non-profit use in spreading the Dharma. In his own uniquely accessible manner Mr. Kornfield teaches us, as average citizens, how we can practice the Dharma and maintain our everyday lives. In contrast to many Buddhist writings which concentrate on the practice of monastics, Mr. Kornfield's approach is refreshing, and very easy to read and learn from. Anyone who is interested in Buddhism should read **Jack Kornfield's Householder Series**".*

***** The HTML files of this book were taken from Bill's Buddhist Page.**

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